

LCL DECLARATION FORM

VENUE : GRIFFITHSTOWN

DATE : 25th MAY 2010

ENTER NAMES AND RACE NUMBERS OF RUNNERS REPRESENTING **ISLWYN**:

756	BILLS	Sian		788	BARRINGTON	Gareth		741	JOHNSTONE,	Richard	
740	BIRCH,	Coleene		749	BENGER,	Chris		773	JONES	Gareth	
764	CLAYTON	Rhian		751	BIRCH,	Kain		716	JONES,	Steve	
761	DAVIES	Paula		732	BIRCH,	Sean		719	LAMBETH,	Dafydd	
795	DOUGLAS	Shona		758	BRAIN,	Robert		775	LEWIS	Terry	
771	FINCH,	Linda		743	BUNSTON,	Michael		728	LUNDIE,	Blair	
735	FITZGERALD	Ange		702	CANHAM	Mark		789	McPHERSON	James	
776	HAINES	Mandy		704	CHESHIRE	Noel		721	PARKER,	Malcolm	
737	HOLLYFIELD,	Clair		768	DAVIES	Alun		722	PARKER,	Neil	
730	HOPKINS,	Susan		720	DAVIES	Andy		723	PASK,	John	
793	JOHNSON,	Melanie		760	DAVIES,	Chris		780	PAYTON,	Peter	
729	JONES,	Jackie		792	DAVIES,	Conner		767	PEACOCK	Kim	
726	JONES,	Mandy		785	DAVIES,	Hywel		707	PERCY	Andrew	
703	LEWIS,	Julie		753	DAVIES,	Johnathan		725	PRICE,	Kerry	
733	LODDER,	Helen		744	DAVIES,	Robert		772	PRICE,	Neil	
742	MATTHEWS	Donna		774	DAVIES,	Robert		736	ROBINSON	Andrew	
746	OWEN,	Lyn		777	DIXON	Colin		791	SAUNDERS	Mark	
705	POINTON,	Rhiannon		757	DOBBS,	Jim		784	SELDON	Gary	
747	PORTER,	Maria		739	DOBBS,	Russel		778	SULLIVAN,	Patrick	
717	PRICE,	Helen		706	DURY,	Mike		798	SUTTON,	Lyndon	
738	REES,	Gemma		750	EDWARDS,	Stephen		708	TAPPER,	Dave	
766	RICHARDS	Maria		709	FAWKES,	Roger		782	THOMAS	Mike	
783	RICHARDSON	Pat		770	FISHER,	Steve		762	THOMAS,	Calvin	
715	ROWLANDS,	Kate		700	FOSTER,	Simon		701	THOMAS,	Steve	
748	RUTTER,	Karen		718	HARRIS,	Rhydwyn		781	THOMPSON,	Keith	
790	SPRING	Paula		799	HARTNELL	Haydn		796	WALKER	Martin	
734	TREHARNE	Ruth		794	HARTNELL	Nathan		755	WALKLEY	Leighton	
779	WAIN,	Janet		745	HARVEY,	Colin		763	WEEKES,	John	
765	WAITE	Kelly		711	HEARE,	Mike		724	WEHDEN	Kim	
710	WATKINS	Leanne		713	HICKS,	Glyn		759	WHITE,	Ade	
752	WILLIAMS	Helen		787	HOSKINS,	Wayne		769	WILDE,	Shane	
731	WILLIAMS,	Elaine		754	JAMES	Clinton		797	WILLIAMS,	Elliott	
786	WRIGHT	Leanne		727	JAMES,	Stephen		712	WILLIAMS,	Selwyn	
				714	JAMES,	Tony					