

## 2015 Richard Burton 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
1	0:30:24	1	Dewi Griffiths	M		Swansea Harriers (NS)	1	0:30:24
2	0:31:10	2	Jon Hopkins	M		Cardiff AAC	2	0:31:10
3	0:31:31	75	Chris Carpanini	M		Swansea Harriers (NS)	3	0:31:31
4	0:31:52	14	Marc Hobbs	M		Swansea Harriers	4	0:31:52
5	0:32:00	3	Christian Lovatt	M		Swansea Harriers	5	0:32:00
6	0:32:55	15	Matthew Harvey	M		Swansea Harriers	6	0:32:55
7	0:33:32	655	Josh Dixon	M			7	0:33:31
8	0:34:36	24	Lee Aherne	M	45	Parc Bryn Bach	8	0:34:35
9	0:34:43	531	Stefan Simms	M	45	Micky Morris Racing Team	9	0:34:41
10	0:34:57	250	James Hockin	M		Welsh Coast Cycles	10	0:34:55
11	0:35:00	268	Matthew Hurford	M	40	Les Croupiers	11	0:34:59
12	0:35:13	468	Mike Pfeiffer	M	50	Brecon AC	12	0:35:12
13	0:35:26	35	Gareth Ayres	M		Port Talbot Harriers	13	0:35:26
14	0:35:32	182	Matthew Evans	M		Aberdare Valley AAC	14	0:35:31
15	0:35:40	271	Richard Jackson-Hookins	M		Penarth & Dinas Runners	15	0:35:39
16	0:35:52	499	Steve Rhind	M	50	Hendre Lake Running Club	16	0:35:51
17	0:36:22	675	Andrew Hodgson	M	40	Bridgend AC	17	0:36:21
18	0:36:28	729	Paul Graham	M		Pontypridd Roadents	18	0:36:26
19	0:36:46	728	Clara Evans	F		Pontypridd Roadents	19	0:36:45
20	0:37:13	70	Ben Butler-Madden	M		Penarth & Dinas Runners	20	0:37:11
21	0:37:13	737	Carys Hughes	F		Les Croupiers	21	0:37:12
22	0:37:27	541	Paul Speyer	M	40	Brackla Harriers	22	0:37:25
23	0:37:33	506	Kate Roberts	F		Swansea Harriers	23	0:37:32
24	0:37:41	385	James Manson	M		Cardiff Tri	24	0:37:38
25	0:37:43	683	Marcus David	M			27	0:37:42
26	0:37:43	618	Damian Williams	M	45	Parc Bryn Bach	26	0:37:41
27	0:37:44	335	Sam Jones	M		Parc Bryn Bach	25	0:37:41
28	0:37:59	36	Simon David Bagguley	M			28	0:37:55
29	0:38:09	199	Craig Foley	M			29	0:37:56
30	0:38:26	20	Adrien Pilat	M		Nike+ Run Club Cardiff	30	0:38:19
31	0:38:35	504	Michael Riley	M		Les Croupiers	31	0:38:33
32	0:38:41	422	David Moore	M	40	Brackla Harriers	32	0:38:38
33	0:38:54	37	William Bailey	M			33	0:38:51
34	0:39:21	89	Martin Cole	M	45	Run4All	35	0:39:18
35	0:39:23	602	Kristian Watts	M		Tata Steel	34	0:39:15
36	0:39:25	284	Jonathan Jarvis	M		Run4All	36	0:39:20
37	0:39:28	66	James Bruce	M	40	Les Croupiers	37	0:39:26
38	0:39:34	245	John Hill	M		Bridgend AC	38	0:39:31
39	0:39:46	758	Peter Miskell	M	40	Reading Roadrunners	39	0:39:39
40	0:39:47	682	Joe Tobin	M			40	0:39:46
41	0:39:53	570	Jeff Thomas	M	45	Bridgend AC	41	0:39:49
42	0:39:56	360	Sharon Leech	F	45	Carmarthen Harriers	42	0:39:54
43	0:39:58	149	Steven Warren Dinham	M		Port Talbot Harriers	43	0:39:54
44	0:40:06	432	Richard Morgan	M		Taff Ely Triathlon	44	0:39:58
45	0:40:07	62	Andrew Brasington	M	50	Brecon AC	45	0:39:59
46	0:40:12	367	Sean Lewis	M		Brackla Harriers	46	0:40:09
47	0:40:17	465	Miles Pearce	M	45		48	0:40:14
48	0:40:19	613	Alec Williams	M	45	Pembrokeshire Harriers	47	0:40:12
49	0:40:19	592	Charles Thomas Walsh	M	40	Pontrhydyfen RFC	50	0:40:16
50	0:40:21	429	John Morgan	M	50	Bridgend AC	49	0:40:14
51	0:40:30	304	Ashley Jones	M		Tata Steel	51	0:40:24
52	0:40:41	489	Nathan Reeks	M		Caldicot Running Club	52	0:40:34
53	0:40:46	684	Karl Harry	M		Triathlon Coaching Wales	54	0:40:41
54	0:40:48	744	Andrew Davies	M	40		53	0:40:39
55	0:40:57	161	Robin Edwards	M	40		55	0:40:53
56	0:40:58	697	Michael Roderick	M		Swansea Harriers	58	0:40:57
57	0:41:00	402	Colin Mcqueen	M	50	Brackla Harriers	57	0:40:56
58	0:41:02	371	John Lloyd	M	50		61	0:40:59
59	0:41:03	440	Daniel Murtagh	M		Port Talbot Harriers	59	0:40:58
60	0:41:05	156	Alex Duckett	M			62	0:41:02
61	0:41:09	741	Steve Williams	M	55	Neath Harriers	60	0:40:58
62	0:41:11	51	Ian Bird	M		Port Talbot Harriers	63	0:41:07
63	0:41:13	370	Chris Lloyd	M		Run4All	64	0:41:09
64	0:41:14	341	Steven Jones	M	40	Port Talbot Harriers	65	0:41:10
65	0:41:29	134	Nigel Davies	M	40	Sarn Helen	66	0:41:23
66	0:41:34	668	Keith Powell	M	60	Cornelly Striders	67	0:41:30
67	0:41:35	733	Alex Williams	M	45	Port Talbot Harriers	68	0:41:31
68	0:41:41	671	Andy Wicks	M		Bridgend AC	69	0:41:34
69	0:41:48	242	Mark Hiddlestone	M	40	Port Talbot Harriers	70	0:41:40
70	0:41:52	197	Nathan Flear	M			71	0:41:47
71	0:41:53	318	Gareth Jones	M			56	0:40:56
72	0:41:55	705	Jamey Taylor	M		Port Talbot Harriers	72	0:41:50
73	0:41:59	379	Daniel Luffman	M	40	Les Croupiers	73	0:41:52
74	0:42:13	690	Neil Davies	M	55	Cornelly Striders	75	0:42:09
75	0:42:22	58	Andrew Bowen	M	40		74	0:42:08

## 2015 Richard Burton 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
76	0:42:27	326	Llyr Jones	M	40	Port Talbot Harriers	76	0:42:16
77	0:42:34	88	Jamie Clode	M		Bridgend AC	77	0:42:27
78	0:42:35	28	Tony Allen	M			78	0:42:31
79	0:42:39	255	Janet Holmes	F		Les Croupiers	79	0:42:32
80	0:42:52	295	Chris John	M			81	0:42:45
81	0:42:54	38	Richard Baker	M		Clwb Rhedeg Pontardawe	82	0:42:49
82	0:42:55	448	Terry O'brien	M	55		80	0:42:44
83	0:42:56	517	David Rowland	M		Ebbw Vale RC	83	0:42:50
84	0:42:59	439	Andrew Mundy	M	40	Brackla Harriers	86	0:42:56
85	0:43:00	56	Colleen Bond	F	55		84	0:42:53
86	0:43:02	169	Alun Evans	M	50		88	0:42:59
87	0:43:03	126	Liz Davies	F		Cardiff AAC	87	0:42:58
88	0:43:13	186	Rachel Evans	F	40	Run4All	90	0:43:09
89	0:43:20	704	Jamie barton	M			89	0:43:05
90	0:43:26	215	David Goodall	M	60	White Rock Runners	85	0:42:54
91	0:43:27	394	Rachel Matthews	F	40	Cardiff AAC	91	0:43:21
92	0:43:32	720	Howard Kent	M	60	Les Croupiers	94	0:43:29
93	0:43:33	612	Robert Wilcox	M	45	Penarth & Dinas Runners	92	0:43:26
94	0:43:35	364	Des Lewis	M		Energie	93	0:43:27
95	0:43:44	321	Helen Jones	F	45	Port Talbot Harriers	96	0:43:39
96	0:43:45	249	Martin Hines	M	40	Run4All	98	0:43:43
97	0:43:47	529	Richard David Sheehy	M		Parc Bryn Bach	95	0:43:34
98	0:43:55	71	Richard Callaghan	M		Llanelli AAC	97	0:43:42
99	0:44:00	721	Catherine Stephens	F	40	Bridgend AC	99	0:43:50
100	0:44:01	412	Cassandra Miles	F		Run4All	101	0:43:56
101	0:44:02	45	Richard Beech	M	55	Brackla Harriers	100	0:43:55
102	0:44:12	97	Jon Cousins	M	45		102	0:43:59
103	0:44:14	760	David Miskell	M			103	0:44:01
104	0:44:16	48	Michael Bennis	M	40		108	0:44:16
105	0:44:16	290	Geraint Jenkins	M	40	Port Talbot Harriers	105	0:44:07
106	0:44:17	483	Teaghan Price	M			107	0:44:10
107	0:44:24	409	Philip Meyler	M	60	Pontypridd Roadents	110	0:44:22
108	0:44:26	253	David Holloway	M		Caldicot Running Club	106	0:44:09
109	0:44:30	208	John Gardener	M	70	Pembrokeshire Harriers	112	0:44:27
110	0:44:31	8	James Davies	M		Warehouse	104	0:44:05
111	0:44:34	195	Marcus Fitchett	M			109	0:44:19
112	0:44:35	560	Mark Taylor	M		Port Talbot Harriers	113	0:44:29
113	0:44:38	434	Mandy Morris	F	40	Port Talbot Harriers	114	0:44:33
114	0:44:45	67	Liam Bryson	M	45		116	0:44:37
115	0:44:48	585	Richard Vaughan	M	40		115	0:44:35
116	0:44:49	119	Gareth Davies	M	45	Bridgend AC	117	0:44:38
117	0:44:53	155	Beverley Dowrick	F	35	Plymstock road runners	118	0:44:46
118	0:44:58	235	Nick Harris	M		Cwm Ogwr RC	111	0:44:25
119	0:44:59	265	Michael Hughes	M	45		119	0:44:46
120	0:45:02	685	Darren Roche	M	40		120	0:44:56
121	0:45:06	724	John Young	M	40	Tata Steel	121	0:44:57
122	0:45:13	203	Nick Francis	M		Swansea Vale Runners	124	0:45:05
123	0:45:18	608	Richard Webster	M	60		128	0:45:15
124	0:45:19	725	Stacey Farnell	F	35	Swansea Vale Runners	125	0:45:11
125	0:45:23	87	Neil Clifford	M	45		123	0:45:03
126	0:45:31	392	Alan Mason	M	55	Les Croupiers	127	0:45:15
127	0:45:31	511	Gemma Roche-Clarke	F		Bridgend AC	131	0:45:21
128	0:45:34	714	Huw Edwards	M	40	Run4All	126	0:45:15
129	0:45:37	212	Mathew Giles	M		Run4All	130	0:45:21
130	0:45:39	496	Darren Rees-Morgan	M	40	Brackla Harriers	135	0:45:33
131	0:45:40	584	Jamie Vanstone	M			129	0:45:16
132	0:45:40	772	Rhys Jones	M		Dragons Running Club	132	0:45:22
133	0:45:43	298	Michelle John	F	45		138	0:45:39
134	0:45:44	59	Ryan Bowen	M		Aim2Tri	136	0:45:38
135	0:45:50	107	Georgina Dando	F	35	Bridgend AC	139	0:45:40
136	0:45:51	356	Chris Latham	M			133	0:45:28
137	0:45:52	454	Clive Osmond	M	55	Les Croupiers	142	0:45:46
138	0:45:57	131	Michael H Davies	M	65	Les Croupiers	140	0:45:40
139	0:46:00	623	Jordan Williams	M		Celtic Tri	122	0:45:03
140	0:46:03	518	Gavin Rowlands	M			143	0:45:48
141	0:46:05	22	Julia Abbott	F			145	0:45:54
142	0:46:11	151	Chris Dodds	M	50		147	0:45:59
143	0:46:12	508	Rhys Roberts	M		Swansea University	144	0:45:51
144	0:46:18	315	David Wayne Jones	M	50	Bynea Triathlon Club	151	0:46:13
145	0:46:21	742	James Thomas	M		Parc Bryn Bach	146	0:45:56
146	0:46:23	103	Gerry Crispie	M	50	Les Croupiers	154	0:46:16
147	0:46:24	264	Clare Hughes	F	40	Bridgend AC	153	0:46:14
148	0:46:24	46	Danothy Bennett	M		Team AM	156	0:46:19
149	0:46:26	708	Elinor McNamara	F	40	Nike+ Run Club Cardiff	141	0:45:43
150	0:46:28	181	Mark Evans	M	50	Brackla Harriers	155	0:46:16

## 2015 Richard Burton 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
151	0:46:28	664	Alex Roberts	M			157	0:46:19
152	0:46:28	113	Daryn David	M			159	0:46:26
153	0:46:30	32	Paul Arnold	M	45	Celtic Tri	134	0:45:32
154	0:46:32	692	Andrew Evans	M	50		158	0:46:23
155	0:46:33	759	Andrew Davis	M			137	0:45:38
156	0:46:37	289	Gareth Jenkins	M		Cwm Ogwr RC	149	0:46:03
157	0:46:38	619	James Williams	M		Parc Bryn Bach	162	0:46:32
158	0:46:40	173	Dean Evans	M			148	0:46:00
159	0:46:40	4	Leon Murnieks	M		Warehouse	150	0:46:13
160	0:46:42	170	Andrew Evans	M		Run4All	152	0:46:13
161	0:46:44	633	Pauline Williams	F	55	Port Talbot Harriers	163	0:46:40
162	0:46:55	561	Andrew Thomas	M	50	3M Gorseinon RR	161	0:46:32
163	0:46:58	435	Paul Morris	M	60	Les Croupiers	165	0:46:47
164	0:47:04	656	Ian Lloyd	M			169	0:46:56
165	0:47:05	669	Ryan Thomas	M			173	0:47:01
166	0:47:07	557	Courtney Taylor	M	60	San Domenico	164	0:46:46
167	0:47:08	395	Roland Matthews	M	50	Brackla Harriers	174	0:47:02
168	0:47:09	263	Nicola Howls	F	35	Islwyn	168	0:46:53
169	0:47:16	365	Jamie Lewis	M		Port Talbot Harriers	178	0:47:08
170	0:47:18	447	Paul O'brien	M	45		177	0:47:08
171	0:47:19	340	Steve Jones	M	45		176	0:47:06
172	0:47:20	748	Stephen Bendle	M	50	Swansea Harriers	160	0:46:31
173	0:47:25	591	Andrew Walsh	M			171	0:46:57
174	0:47:30	95	Brian Cotton	M			181	0:47:18
175	0:47:30	417	Ryan Minard	M			167	0:46:53
176	0:47:33	311	Christopher Jones	M	50		180	0:47:17
177	0:47:34	659	Helen Walton	F	40		166	0:46:50
178	0:47:35	145	Kris Denholm	M	45	Brackla Harriers	184	0:47:26
179	0:47:39	221	Barry Griffiths	M	50	Brecon AC	170	0:46:56
180	0:47:41	746	Chris Economides	M	60	Penarth & Dinas Runners	188	0:47:38
181	0:47:45	117	Andy Davies	M	50	Pontypridd Roadents	186	0:47:34
182	0:47:49	224	Matthew Griffiths	M			190	0:47:40
183	0:47:51	86	Janice Clement	F	55	Penarth & Dinas Runners	175	0:47:03
184	0:47:52	162	Stephen Edwards	M	40		187	0:47:37
185	0:47:56	648	Linda Woodland	F	55	Port Talbot Harriers	194	0:47:50
186	0:47:58	590	Andrew Wall	M			172	0:46:59
187	0:47:59	505	Chris Roberts	M	45	Cwm Ogwr RC	182	0:47:21
188	0:48:00	418	Louise Miskell	F	40	3M Gorseinon RR	192	0:47:47
189	0:48:02	540	Gareth Snook	M	50	British Airways AC	193	0:47:48
190	0:48:03	640	Scott Williams	M			179	0:47:12
191	0:48:09	709	Hannah Roberts	F		Nike+ Run Club Cardiff	183	0:47:25
192	0:48:19	657	Ian Henrey	M		Neath Harriers	185	0:47:33
193	0:48:23	544	Mark Steedman	M	40		197	0:48:01
194	0:48:24	68	Matthew Bunce	M	40		191	0:47:44
195	0:48:25	593	Peter Walsh	M			198	0:48:11
196	0:48:25	735	David McDonald	M	45	Les Croupiers	201	0:48:16
197	0:48:26	141	Chris Deere	M		Brackla Harriers	200	0:48:13
198	0:48:28	700	Lloyd Hayden	M			204	0:48:28
199	0:48:29	101	Nigel Crawford	M	50		189	0:47:40
200	0:48:31	450	Jane Ogilvie	F	50	Brackla Harriers	202	0:48:19
201	0:48:40	427	David Morgan	M		Celtic Tri	195	0:47:56
202	0:48:46	125	Liam Davies	M	55	Ferc	206	0:48:32
203	0:48:50	631	Neil Williams	M			207	0:48:32
204	0:48:52	478	Mike Prasad	M	45	3M Gorseinon RR	205	0:48:29
205	0:48:57	31	Jayne Arnold	F	40	Celtic Tri	196	0:47:59
206	0:48:59	172	Cian Evans	M		Run4All	203	0:48:21
207	0:49:03	695	Sean Hosking	M	45		199	0:48:13
208	0:49:04	545	Richard Steele	M		Brackla Harriers	210	0:48:55
209	0:49:05	614	Andrew Williams	M		Parc Bryn Bach	214	0:49:00
210	0:49:06	83	Debra Clarke	F	45	Run4All	212	0:48:58
211	0:49:08	555	Nicola Symmonds	F			208	0:48:36
212	0:49:16	632	Paul Williams	M			218	0:49:07
213	0:49:21	174	Gareth Evans	M		Port Talbot Harriers	220	0:49:10
214	0:49:21	486	Mario Rabaiotti	M	50	Port Talbot Harriers	215	0:49:01
215	0:49:22	738	Dorian Thomas	M	45		211	0:48:57
216	0:49:24	78	Julie Cashell	F	35	Parc Bryn Bach	219	0:49:10
217	0:49:29	607	Gary Webber	M	45	Rhondda Valley Runners	209	0:48:49
218	0:49:32	165	Andrew Elliott	M	40	Celtic Tri	221	0:49:11
219	0:49:32	512	Alan Rockliffe	M	55		222	0:49:16
220	0:49:33	280	Paul James	M			213	0:48:58
221	0:49:37	453	Richard Oram	M	40		216	0:49:01
222	0:49:45	325	Lee-Michelle Jones	F	40	Bynea Triathlon Club	232	0:49:41
223	0:49:47	177	Jenson Evans	M			217	0:49:06
224	0:49:47	277	Jennet James	F	45	Cornelly Striders	226	0:49:25
225	0:49:48	133	Neil Davies	M	55		231	0:49:41

## 2015 Richard Burton 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
226	0:49:48	731	Joanne Davies	F			230	0:49:41
227	0:49:53	736	Matthew Williams	M	40		224	0:49:18
228	0:49:56	384	Claire Manson	F		Cardiff Tri	235	0:49:45
229	0:49:58	438	Chris Morton	M	45	BHF Toon Army	229	0:49:40
230	0:50:00	399	Gregg Mcleod	M		Clapham Chasers	234	0:49:43
231	0:50:01	767	Jamie Doxey	M			236	0:49:46
232	0:50:06	18	David Sinclair	M	45	Nike+ Run Club Cardiff	225	0:49:21
233	0:50:06	749	Karl Davies	M			233	0:49:41
234	0:50:06	142	Sophie Deere	F		Brackla Harriers	242	0:49:54
235	0:50:09	262	Mckenzie Howells	M			223	0:49:18
236	0:50:11	586	Simon Vaughan	M	40	3M Gorseinon RR	249	0:50:09
237	0:50:11	346	Penny Kennedy	F	45	Swansea Harriers	237	0:49:46
238	0:50:14	175	Gerwyn Evans	M	55		240	0:49:53
239	0:50:18	282	Steve James	M	40		246	0:50:03
240	0:50:19	698	Oaul Roberts	M	40	Port Talbot Harriers	227	0:49:27
241	0:50:24	114	Dean David	M		Bynea CC	228	0:49:27
242	0:50:29	274	Anthony James	M	40	Wect Coast Tri	243	0:49:59
243	0:50:30	765	Ian Hutchinson	M	55	Run4All	247	0:50:03
244	0:50:34	411	Greg Milello	M		Dredgers	238	0:49:47
245	0:50:36	82	Ania Ciolek	F	35	Brecon AC	241	0:49:54
246	0:50:36	672	Mark Jordan	M	45	Celtic Tri	239	0:49:50
247	0:50:37	225	Tanya Guest	F	35	Port Talbot Harriers	259	0:50:25
248	0:50:38	509	Steve Roberts	M	45		253	0:50:16
249	0:50:38	723	Cheryl Raybould	F	45	Brackla Harriers	261	0:50:31
250	0:50:38	44	Mary Beech	F	50	Brackla Harriers	258	0:50:24
251	0:50:41	491	David Rees	M	45		254	0:50:18
252	0:50:41	462	Gareth Park	M	45	Merthyr Tydfil	250	0:50:12
253	0:50:42	254	Victoria Holloway	F	45		252	0:50:12
254	0:50:43	479	Chris Pratt	M	45	Cwm Ogwr RC	248	0:50:03
255	0:50:51	163	Lauren Eley	F		#buzzfit	256	0:50:21
256	0:50:53	752	Steve Goodfellow	M	50	Penarth & Dinas Runners	245	0:50:02
257	0:50:53	257	Aled Hopton	M			265	0:50:41
258	0:50:58	727	Shaun Edwards	M		Cwmafan RFC	244	0:49:59
259	0:50:59	391	Dennis Marsh	M	45		251	0:50:12
260	0:50:59	484	Robert-Paul Pritchard	M	40	Cwm Ogwr RC	257	0:50:22
261	0:51:00	610	Royston Whitney	M			269	0:50:46
262	0:51:01	451	Ian O'kane	M	45	Cwmafan FC	264	0:50:38
263	0:51:02	740	Lyndon Thomas	M	45	Rhondda Valley Runners	255	0:50:19
264	0:51:03	99	Barry Cox	M			263	0:50:37
265	0:51:07	5	Rebecca Jones	F		Warehouse	270	0:50:47
266	0:51:10	594	Joe Walters	M			272	0:50:54
267	0:51:11	164	Alexander Elliott	M	50		275	0:50:56
268	0:51:14	194	Andy Fisher Fisher	M	50	Brackla Harriers	266	0:50:42
269	0:51:17	23	Lee Adams	M	45	Run4All	276	0:50:59
270	0:51:18	677	Antony Williams	M	45	Port Talbot Harriers	260	0:50:25
271	0:51:20	192	Lizzy Felton	F		Clwb Rhedeg Pontardawe	286	0:51:15
272	0:51:24	43	Martin Beard	M	45	Cwm Ogwr RC	267	0:50:43
273	0:51:24	213	Steve Godwin	M	40	Cornelly Striders	285	0:51:15
274	0:51:26	29	Juliet Amner	F	55	Cwm Ogwr RC	262	0:50:36
275	0:51:29	54	Christopher Bloodworth	M	55		279	0:51:04
276	0:51:29	598	Steven Waters	M	45		268	0:50:43
277	0:51:34	73	Heidel Campbell	F	35	Energie	289	0:51:18
278	0:51:34	205	Mark Gabb	M		Run4All	273	0:50:54
279	0:51:34	267	Lindsey Hunt	F		Penarth & Dinas Runners	277	0:51:01
280	0:51:36	579	Benoit Turbervill	M			271	0:50:50
281	0:51:36	635	Rhys Williams	M			290	0:51:23
282	0:51:37	347	Adam Khadiri	M			283	0:51:13
283	0:51:38	419	Michael Monaghan	M			284	0:51:14
284	0:51:41	10	Stephen Kinnock	M	45		274	0:50:55
285	0:51:41	306	Byron Jones	M	45	Dragons Running Club	281	0:51:06
286	0:51:45	716	Allen Stark	M		Mumbles Milers RRC	292	0:51:25
287	0:51:45	617	Claire Williams	F	55	Clwb Rhedeg Pontardawe	288	0:51:16
288	0:51:45	157	Grant Duncan	M	55	Pontardawe Running Club	287	0:51:16
289	0:51:53	285	Mark Jarvis	M			278	0:51:01
290	0:51:57	420	Margrett Monk	F	60	Parc Bryn Bach	299	0:51:43
291	0:51:57	33	Jeffrey Aston	M	65	Les Croupiers	296	0:51:37
292	0:52:00	90	Christie Coleman	M	45	Cwm Ogwr RC	293	0:51:27
293	0:52:01	680	Paul Jones	M	40	Energie	300	0:51:48
294	0:52:02	236	Jane Harwood	F		Port Talbot Harriers	301	0:51:50
295	0:52:03	519	Joanne Ryan	F	40	Rhondda Valley Runners	291	0:51:24
296	0:52:05	730	Sean Harrington	M		Cwmafan RFC	280	0:51:05
297	0:52:09	643	Surinder Williams	F	40	Run4All	298	0:51:41
298	0:52:10	376	Eleri Lougher	F		Bournville Harriers	282	0:51:11
299	0:52:16	485	Darren Purcell	M	45		295	0:51:35
300	0:52:20	293	Nick Jenkins	M	50	Run4All	302	0:51:51

## 2015 Richard Burton 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
301	0:52:22	211	Stephen Gibbins	M	60	Porthcawl Runners	313	0:52:09
302	0:52:25	621	Joanna Williams	F	40		318	0:52:14
303	0:52:27	378	Terri Lucas	F			312	0:52:06
304	0:52:28	349	Sian Khalil	F	45	Pontypridd Roadents	306	0:51:59
305	0:52:29	482	Philip Price	M	65	Lliswerry Runners	294	0:51:35
306	0:52:32	138	Peter Deacon	M	55	Port Talbot Harriers	316	0:52:12
307	0:52:33	115	Christopher Davie	M	40		297	0:51:41
308	0:52:33	53	Rebecca Bland	F	35	Brackla Harriers	305	0:51:58
309	0:52:33	104	Martin Croshaw	M	40		322	0:52:25
310	0:52:33	472	Rachel Phillips	F	45	Emersons Green Running Club	311	0:52:06
311	0:52:35	209	Jason Garrahan	M	40	Caerphilly Runners	319	0:52:22
312	0:52:36	568	Heidi Louise Thomas	F			324	0:52:30
313	0:52:37	539	Shelley Smithson	F		Cwm Ogwr RC	309	0:52:00
314	0:52:37	487	Kevin Raymond	M	50	Cwm Ogwr RC	310	0:52:01
315	0:52:41	41	Gary Bartram	M			308	0:52:00
316	0:52:42	223	Garry Griffiths	M	40	Rhondda Valley Runners	303	0:51:56
317	0:52:44	553	Gareth Sullivan	M		Mumbles Milers RRC	304	0:51:57
318	0:52:45	342	Stuart Jones	M			317	0:52:13
319	0:52:45	580	Denzil-John Turbervill	M			307	0:52:00
320	0:52:49	351	Stephen Bond	M	65	Brackla Harriers	315	0:52:11
321	0:52:54	328	Martin Jones	M	50	Celtic Tri	330	0:52:42
322	0:52:54	260	Steven Hovvels	M			314	0:52:10
323	0:52:55	270	Hayley Jackson	F	40	Parc Bryn Bach	323	0:52:28
324	0:52:55	278	Mike James	M	40		332	0:52:46
325	0:52:57	383	Antoni Maiello	M			320	0:52:22
326	0:52:58	497	Kelli Rees-Thompson	F	40	Clwb Rhedeg Pontardawe	321	0:52:24
327	0:53:02	40	Craig Bartlett	M			333	0:52:49
328	0:53:09	645	Yvonne Williams	F	60	Penarth & Dinas Runners	326	0:52:35
329	0:53:10	455	Gary Owen	M	45	Run4All	325	0:52:32
330	0:53:10	689	Rachel Miles	F			334	0:52:53
331	0:53:20	329	Martyn Jones	M	50	Lliswerry Runners	340	0:53:15
332	0:53:25	691	Rachel Davies	F			336	0:53:07
333	0:53:26	387	Roni Margerison	F	40	Lliswerry Runners	343	0:53:21
334	0:53:26	222	Colin Griffiths	M	50	Port Talbot Harriers	327	0:52:39
335	0:53:29	549	Ian Stratton	M	45	Brackla Harriers	331	0:52:45
336	0:53:31	663	Martyn Barnes	M			341	0:53:19
337	0:53:31	524	Donna Saunders	F			348	0:53:31
338	0:53:32	330	Naidine Jones	F			339	0:53:13
339	0:53:34	218	Sharon Graham	F	35	Port Talbot Harriers	347	0:53:27
340	0:53:35	160	Lee Edwards	M	40		345	0:53:26
341	0:53:35	717	Morgan James	M			328	0:52:39
342	0:53:37	374	Gareth Logan	M			342	0:53:20
343	0:53:39	751	James Davies	M	45	3M Gorseinon RR	329	0:52:41
344	0:53:54	206	Neal Galsworthy	M			335	0:52:55
345	0:53:55	6	Sam Singh	M	45	Warehouse	349	0:53:34
346	0:53:59	61	Denise Bradley	F	50	Cwm Ogwr RC	337	0:53:09
347	0:54:00	111	Claire Date	F	35		350	0:53:35
348	0:54:02	719	John Sheehy	M	55		352	0:53:36
349	0:54:08	510	Andrew Robinson	M		Port Talbot Harriers	338	0:53:09
350	0:54:11	630	Nathan Williams	M		Dragons Running Club	351	0:53:35
351	0:54:14	556	Cheryl Tanner	F	35		357	0:54:00
352	0:54:20	275	Chris James	M	45		344	0:53:25
353	0:54:24	674	Josie Bishop	F			354	0:53:40
354	0:54:25	185	Nigel Evans	M	55		346	0:53:27
355	0:54:30	331	Nerys Jones	F	35	Run4All	356	0:53:55
356	0:54:32	745	Sara Davies	F	50		360	0:54:06
357	0:54:33	137	Jayne Dawson	F	40		363	0:54:18
358	0:54:35	500	Gavin Richards	M		Port Talbot Harriers	353	0:53:39
359	0:54:36	153	Lorna Domachowski	F	40	Cwm Ogwr RC	358	0:54:01
360	0:54:40	687	Shirley Davies	F	50		364	0:54:20
361	0:54:42	184	Michael Evans	M	50		359	0:54:05
362	0:54:42	343	Terry Jones	M	60	Triathlon Coaching Wales	355	0:53:47
363	0:54:43	147	Jodie Denniss	F	40	Clwb Rhedeg Pontardawe	362	0:54:10
364	0:54:47	452	Kenneth Wayne Oliver	M	55	Islwyn	366	0:54:24
365	0:54:53	603	Steve Waygood	M	55	RAF	365	0:54:21
366	0:54:57	550	Richard Street	M	60	Pegasus RC	369	0:54:30
367	0:55:05	322	Howard Jones	M	55	Brackla Harriers	367	0:54:28
368	0:55:10	757	Anna Bastek	F	35		374	0:54:56
369	0:55:10	732	Kelvin Thomas	M	45		361	0:54:10
370	0:55:11	726	Paul French	M			371	0:54:43
371	0:55:18	279	Nichola James	F	40		373	0:54:48
372	0:55:19	564	Ceri Thomas	F	50		376	0:54:58
373	0:55:23	480	Gethin Price	M		Nike+ Run Club Cardiff	370	0:54:38
374	0:55:28	105	Sharonne Crowley	F	40		378	0:55:13
375	0:55:28	408	Simon Melksham	M			372	0:54:45

## 2015 Richard Burton 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
376	0:55:35	69	Natalie Bunston	F			380	0:55:17
377	0:55:37	766	Andrew Rowland	M			368	0:54:30
378	0:55:41	449	Ian Ogilvie	M	45	Brackla Harriers	375	0:54:57
379	0:55:46	661	Jonathan Misen	M			398	0:55:44
380	0:55:47	654	Evan Smith	M			396	0:55:41
381	0:55:47	771	Carl O'Brien	M	40		382	0:55:23
382	0:55:47	60	Raymond Boyce	M	50	Cornelly Striders	385	0:55:27
383	0:55:49	404	Jon Mead	M	55		381	0:55:18
384	0:55:49	204	Georgina Fraser	F	45	Cornelly Striders	379	0:55:15
385	0:55:50	96	Catherine Courts	F	40	Port Talbot Harriers	395	0:55:39
386	0:55:53	445	Andrzej (andy) Nowak	M			397	0:55:41
387	0:55:56	573	Andrew Tidy	M			394	0:55:39
388	0:55:57	552	Claire Sullivan	F		Parc Bryn Bach	384	0:55:27
389	0:56:01	92	Clive Cooksey	M	70	Parc Bryn Bach	389	0:55:34
390	0:56:06	747	Paul Rowley	M	55	Tata Steel	377	0:55:05
391	0:56:07	234	Gemma Harris	F		Run4All	386	0:55:28
392	0:56:07	368	Alew-Marie Llewellyn	F		Caldicot Running Club	401	0:55:48
393	0:56:07	576	Alex Tovey	M	40	Run4All	387	0:55:30
394	0:56:07	542	Emma Spuffard	F	35	Caldicot Running Club	402	0:55:49
395	0:56:09	118	Desmond Davies	M	65	Les Croupiers	392	0:55:37
396	0:56:14	493	Julia Rees	F		Port Talbot Harriers	404	0:56:03
397	0:56:15	393	Jo Mather	F	45	Run4All	393	0:55:39
398	0:56:18	252	Christopher Hockley	M	45		399	0:55:45
399	0:56:20	112	Ralph Davey	M	70	Les Croupiers	409	0:56:09
400	0:56:23	261	Leanne Howells	F	35	Rhondda Valley Runners	388	0:55:33
401	0:56:23	359	Scott Lawrence	M			412	0:56:21
402	0:56:24	42	Nicola Bate	F	45		407	0:56:09
403	0:56:25	609	Gavin Wellington	M		Cwmafan RFC	391	0:55:36
404	0:56:29	77	Carra Carter	F	35	Run4All	383	0:55:25
405	0:56:40	433	Heidi Morris	F	40		390	0:55:35
406	0:56:43	80	Karen Chadwell	F	45	Les Croupiers	410	0:56:13
407	0:56:43	413	Josh Miles	M			400	0:55:47
408	0:56:44	492	John Rees	M	65		411	0:56:16
409	0:56:44	102	Jon Crecraft	M		Port Talbot Fit Body Bootcamp	416	0:56:25
410	0:56:46	502	Sulwyn Richards	M	40		417	0:56:26
411	0:56:49	649	Rhys Woolcock	M	40	Cwmafan RFC	422	0:56:32
412	0:56:50	801	Emma-Jane Jones	F			429	0:56:43
413	0:56:51	319	Gavin Jones	M			403	0:55:56
414	0:56:52	269	Katherine Iles	F		Pencoed Tri	413	0:56:21
415	0:56:55	711	Bernie Martin	M			405	0:56:08
416	0:56:59	597	Ricky Waters	M	45		414	0:56:21
417	0:57:00	57	Captain Beany	M	60		406	0:56:08
418	0:57:05	276	Dominic James	M		Port Talbot Harriers	408	0:56:09
419	0:57:12	543	Sam Standerwick	F	40	Parc Bryn Bach	431	0:56:44
420	0:57:14	647	Carol Woodford	F	55	Lliswerry Runners	439	0:57:02
421	0:57:16	558	Gareth Taylor	M			448	0:57:16
422	0:57:18	307	Carl Jones	M	40		434	0:56:50
423	0:57:19	526	Stephen Saunders	M	60		450	0:57:19
424	0:57:19	294	Kath Jervis	F	55	Parc Bryn Bach	435	0:56:52
425	0:57:20	754	Tania Miranda	F	45	Penarth & Dinas Runners	421	0:56:32
426	0:57:20	750	Sian Wigley	F	50	Rhondda Valley Runners	420	0:56:31
427	0:57:20	475	Christopher Powell	M	50		424	0:56:35
428	0:57:26	220	Laura Grey	F	40	Run4All	415	0:56:24
429	0:57:27	527	Richard Scott	M		Port Talbot Harriers	443	0:57:09
430	0:57:31	334	Robert Jones	M	45		418	0:56:28
431	0:57:31	52	Colin Blackwell	M	55		442	0:57:06
432	0:57:32	620	Jan Williams	F	55	Run4All	419	0:56:29
433	0:57:33	566	Dafydd Thomas	M			423	0:56:33
434	0:57:33	548	Jennifer Stone	F	45	Cardiff AAC	427	0:56:41
435	0:57:36	377	Helen Lougher	F			426	0:56:37
436	0:57:36	9	Cheryl Parkhouse	F	35	Warehouse	446	0:57:15
437	0:57:38	466	Alan Perkins	M	60	Port Talbot Harriers	428	0:56:42
438	0:57:39	226	Dennis Haines	M	65	Port Talbot Harriers	430	0:56:43
439	0:57:41	575	Liz Tobin	F	40	Run4All	425	0:56:37
440	0:57:43	407	Andrew Meadows	M			440	0:57:03
441	0:57:44	136	Liz Davis	F	35	Cwm Ogwr RC	436	0:56:58
442	0:57:44	456	Kate Owen	F	45		432	0:56:46
443	0:57:46	352	Andy Kreppel	M			433	0:56:47
444	0:57:49	513	Kim Rockcliffe	F	55		444	0:57:10
445	0:57:50	768	Jonathan Misen	M			437	0:56:59
446	0:57:53	299	Clare Johnson	F	70	Les Croupiers	460	0:57:42
447	0:57:54	702	Andy Wilkins	M	60	Brackla Harriers	452	0:57:23
448	0:57:58	628	Martin Williams	M	45		441	0:57:05
449	0:58:01	130	Mairead Davies	F	45		455	0:57:34
450	0:58:02	441	Gemma Nesbitt	F			438	0:56:59

## 2015 Richard Burton 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
451	0:58:03	312	Christopher Jones	M			445	0:57:14
452	0:58:07	85	Clem Clement	M	55	Penarth & Dinas Runners	454	0:57:34
453	0:58:07	706	Richard Jones	M	40	Cwmafan RFC	449	0:57:17
454	0:58:09	470	Christopher Phillips	M	40	Clwb Rhedeg Pontardawe	453	0:57:33
455	0:58:10	191	Michael Faulds	M		Lliswerry Runners	463	0:57:55
456	0:58:11	425	Alison Morgan	F	50		451	0:57:19
457	0:58:15	382	Sian Mahoney	F	40	Celtic Tri	447	0:57:15
458	0:58:17	11	Jenna Davies	F		Warehouse	462	0:57:53
459	0:58:21	19	Lee Harding	M		Bitton Road Runners	456	0:57:35
460	0:58:24	317	Eryl Jones	M	45		458	0:57:41
461	0:58:24	554	Ian Swanson	M	65	Port Talbot Harriers	466	0:58:05
462	0:58:29	596	Darren Waters	M	40		459	0:57:42
463	0:58:32	431	Rhian Morgan	F			472	0:58:17
464	0:58:32	214	Wendy Godwin	F	40	Clwb Rhedeg Pontardawe	471	0:58:17
465	0:58:36	405	Vicky Mead	F	45		465	0:58:04
466	0:58:37	604	Emma Weaver	F	40	Iron Maidens	457	0:57:38
467	0:58:38	446	Gareth Oakey	M	40		470	0:58:17
468	0:58:38	109	Melanie Daniels	F	40		468	0:58:10
469	0:58:38	74	Alys Carlisle	F	40		473	0:58:18
470	0:58:38	693	Daniel Griffiths	M			469	0:58:15
471	0:58:40	154	Lucy Dowell	F		Rhondda Valley Runners	480	0:58:40
472	0:58:41	678	James Davies	M			461	0:57:51
473	0:58:42	565	Claire Thomas	F	35	Port Talbot Harriers	476	0:58:24
474	0:58:48	183	Micha Evans	F		Dredgers	464	0:58:01
475	0:58:51	248	Amy Hines	F	35	Cwmafan RFC	479	0:58:35
476	0:58:54	348	Maad Khalil	M	55		475	0:58:24
477	0:58:56	582	Anthony Turner	M	55		474	0:58:18
478	0:59:06	688	Angela Rees	F			482	0:58:44
479	0:59:06	710	Tracy Waters	F			483	0:58:45
480	0:59:12	626	Lloyd Williams	M	40		477	0:58:25
481	0:59:13	127	Llinos Davies	F	35	Run4All	467	0:58:09
482	0:59:19	308	Catrin Jones	F			491	0:58:58
483	0:59:21	622	Jodie Williams	F		Les Croupiers	492	0:59:10
484	0:59:23	27	Lee Allen	M			494	0:59:12
485	0:59:23	283	Maxine January	F	50		490	0:58:58
486	0:59:24	770	Lewis Nash	M		Cwm Ogwr RC	478	0:58:33
487	0:59:26	715	Kevin Morgan	M	45		497	0:59:26
488	0:59:29	314	Daniel Jones	M			481	0:58:44
489	0:59:30	180	Lucy Evans	F		Dragons Running Club	487	0:58:52
490	0:59:30	332	Nicola Jones	F	40	Dragons Running Club	486	0:58:51
491	0:59:33	528	Fay Sharpe	F	55	3M Gorseinon RR	493	0:59:10
492	0:59:38	13	Hollie O'Connor	F			496	0:59:24
493	0:59:41	310	Chris Jones	M			501	0:59:39
494	0:59:46	734	Catherine Llewellyn	F	50	Merthyr Tydfil	502	0:59:40
495	0:59:47	572	Amanda Thompson	F	55	Les Croupiers	500	0:59:38
496	0:59:52	247	Thomas Martin Hillier	M	65	Run4All	484	0:58:48
497	0:59:53	467	Elizabeth Perriman	F	35		489	0:58:58
498	0:59:54	458	Susan Owen	F		Run4All	485	0:58:50
499	0:59:57	296	Conrad John	M	45		508	0:59:57
500	0:59:59	65	Ceri Anne Brown	F	35	Run4All	488	0:58:55
501	1:00:02	230	Sharon Hanford	F	45	Port Talbot Harriers	504	0:59:41
502	1:00:11	237	Darren Haste	M			517	1:00:11
503	1:00:11	421	Amanda Moore	F		Brackla Harriers	499	0:59:34
504	1:00:19	227	Samantha Haines	F		Les Croupiers	515	1:00:07
505	1:00:22	667	Dermot Nolan	M	45	Cwm Ogwr RC	503	0:59:40
506	1:00:23	139	Andrew Deans	M			495	0:59:20
507	1:00:26	240	Tony Henebery	M	45	Mumbles Milers RRC	512	1:00:04
508	1:00:29	442	Tracy Newman	M	45	Les Croupiers	509	0:59:59
509	1:00:30	469	Ann Phillips	F	40		521	1:00:19
510	1:00:34	761	Lisa Ronan	F			498	0:59:27
511	1:00:35	587	Terry Vaughan	M	40	Parc Bryn Bach	511	1:00:02
512	1:00:37	401	Mark Mcneish	M	45		510	1:00:02
513	1:00:37	521	Julie Samual	F	50	Tata Steel	514	1:00:07
514	1:00:38	755	Richard Donne	M	50	3M Gorseinon RR	518	1:00:15
515	1:00:40	144	Joanne Dendle	F	45		505	0:59:44
516	1:00:49	273	Angela James	F	40	Run4All	506	0:59:46
517	1:00:56	514	Sian Rogets	F	45		524	1:00:52
518	1:00:57	258	Jenna Horn	F	35	Run4All	507	0:59:53
519	1:01:07	430	Michael Morgan	M			513	1:00:06
520	1:01:14	616	Bryony Williams	F		Run4All	516	1:00:10
521	1:01:20	686	Lesley Nicolson	F	50		525	1:00:56
522	1:01:23	676	Laise Attwood	F		Cornelly Striders	522	1:00:48
523	1:01:24	756	Stacy Thomas	F			520	1:00:16
524	1:01:24	762	Anthony Bwye	M	55		519	1:00:15
525	1:01:34	79	Shan Castley	F	35	Port Talbot Fit Body Bootcamp	532	1:01:16

## 2015 Richard Burton 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
526	1:01:34	588	Julie Vile	F		Run4All	523	1:00:50
527	1:01:37	287	Andrew Jenkins	M			535	1:01:27
528	1:01:42	363	Angie Lewis	F	35		536	1:01:27
529	1:01:50	739	Hannah Jones	F			541	1:01:38
530	1:01:52	673	Glen McNaughton	M			527	1:01:07
531	1:02:00	651	Shaun Youngman	M		Dredgers	530	1:01:13
532	1:02:00	416	Victoria Millard	F	35		543	1:01:44
533	1:02:01	601	Stina Watkins	F			528	1:01:08
534	1:02:03	638	Ryan Williams	M			529	1:01:08
535	1:02:03	522	Aled Samuel	M	55		542	1:01:41
536	1:02:04	474	Scott Phillips	M	45	Dredgers	533	1:01:17
537	1:02:06	193	Nicola Felton	F			526	1:01:03
538	1:02:09	495	Lynne Rees	F	55		539	1:01:32
539	1:02:10	132	Mike Davies	M	65		538	1:01:31
540	1:02:10	753	Andrea Goodfellow	F	45	Penarth & Dinas Runners	534	1:01:19
541	1:02:11	381	Shannon Lyons	F			531	1:01:14
542	1:02:21	189	Joanne Fairgray	F	50		540	1:01:33
543	1:02:23	583	Steve Twigg	M	40		537	1:01:29
544	1:02:26	520	David Salt	M	60		546	1:01:54
545	1:02:31	535	Amy Smith	F		Parc Bryn Bach	548	1:02:02
546	1:02:46	396	Peter Mccarthy	M	45		544	1:01:45
547	1:02:47	108	Paul Daniel	M			547	1:01:58
548	1:02:48	178	Kathleen Evans	F	65	Brackla Harriers	551	1:02:12
549	1:02:48	703	Susan Wilkins	F	55	Brackla Harriers	552	1:02:13
550	1:02:51	670	Tara Roche	F	35	Cornelly Striders	545	1:01:47
551	1:02:52	288	Anthony Jenkins	M	55		555	1:02:28
552	1:02:59	498	Laura Rendell	F		Lliswerry Runners	556	1:02:45
553	1:03:01	769	Anthony tanner	M			550	1:02:10
554	1:03:06	599	Craig Watkins	M			554	1:02:25
555	1:03:06	600	Jason Watkins	M	55		553	1:02:24
556	1:03:10	532	Graham Singer	M	55		559	1:03:05
557	1:03:11	536	Gail Smith	F	40		549	1:02:07
558	1:03:14	116	Amie Davies	F	35		558	1:02:56
559	1:03:28	660	Richard Walton	M		Tata Steel	560	1:03:12
560	1:03:41	406	Ruselle Meade	F	35		557	1:02:50
561	1:03:49	707	Amy Saunders	F			566	1:03:49
562	1:03:50	523	Neil Samuel	M	60	Tata Steel	563	1:03:31
563	1:03:53	196	Ed Fitzgerald	M	45	Port Talbot Harriers	562	1:03:30
564	1:03:54	694	Rebecca Wood	F			564	1:03:37
565	1:03:57	25	Alex Aldworth	M		Caerphilly Runners	561	1:03:28
566	1:04:09	373	Tina Lloyd	F	50		568	1:04:04
567	1:04:11	534	Allan Smith	M	80	3M Gorseinon RR	565	1:03:41
568	1:04:33	615	Beth Williams	F	45		569	1:04:08
569	1:04:41	34	Maddy Austin	F	55		567	1:04:04
570	1:04:51	93	Rebecca Cooksey	F	40	Parc Bryn Bach	571	1:04:20
571	1:04:54	563	Cecilia Thomas	F	60	Outdoor Fitness	572	1:04:27
572	1:05:01	410	Dawne Meynell-Western	F	35	Rhondda Valley Runners	570	1:04:12
573	1:05:04	577	Scott Tozer	M			577	1:04:40
574	1:05:06	437	Simon Morse-Jones	M	45		579	1:04:47
575	1:05:18	386	Judith Maragna	F	60	Penarth & Dinas Runners	573	1:04:29
576	1:05:20	397	Joseph Mcgimpsey	M	55		581	1:05:03
577	1:05:21	658	Catherine Rose	F	40		582	1:05:05
578	1:05:21	159	Amanda Edwards	F	50		578	1:04:44
579	1:05:34	595	Kate Walters	F		Cornelly Striders	575	1:04:32
580	1:05:34	313	Claire Jones	F	35	Cornelly Striders	574	1:04:32
581	1:05:36	232	Andrew Harman	M			588	1:05:29
582	1:05:42	634	Philip Williams	M	40		576	1:04:33
583	1:05:42	743	Hannah Griffiths	F			586	1:05:18
584	1:05:49	629	Natalie Williams	F	40		589	1:05:31
585	1:05:53	339	Sonja Jones	F	40		583	1:05:11
586	1:05:59	641	Stacey Williams	F			580	1:04:56
587	1:06:00	625	Kevin Williams	M	50		585	1:05:12
588	1:06:00	637	Rosemarie Williams	F	50		584	1:05:11
589	1:06:09	372	Nia Lloyd	F	40		590	1:05:35
590	1:06:13	574	Chris Tidy	F	55	Run4All	592	1:05:56
591	1:06:21	362	Angelina Lewis	F	50	Port Talbot Harriers	593	1:06:01
592	1:06:25	627	Lowri Williams	F		The Brit	595	1:06:11
593	1:06:28	436	Tracey Morris	F	40		587	1:05:21
594	1:06:53	229	Sarah Hancock	F			599	1:06:26
595	1:06:55	246	Teresa Hillier	F	50	Run4All	591	1:05:50
596	1:06:59	562	Ann Thomas	F	60	Port Talbot Harriers	605	1:06:42
597	1:07:05	569	Jane Thomas	F	45		594	1:06:07
598	1:07:06	152	Stuart Dolbel	M	45	Caldicot Running Club	597	1:06:26
599	1:07:06	488	Gemma Reeks	F		Caldicot Running Club	598	1:06:26
600	1:07:10	460	Leighanne Palmer	F	35		596	1:06:12



## 2015 Richard Burton 10k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club	Chip Pos	Chip Time
601	1:07:11	400	Kelly Mcneish	F	40		602	1:06:36
602	1:07:13	712	Ian Staddon	M	45		604	1:06:41
603	1:07:23	140	Elaine Debenham	F	45		607	1:07:11
604	1:07:30	291	Leighton Jenkins	M		Cwmafan RFC	603	1:06:39
605	1:07:32	538	Tash Smith	F			606	1:06:49
606	1:07:39	644	Tracey Williams	F	50	Celtic Tri	600	1:06:33
607	1:07:40	327	Marina Jones	F		Team Swansea NSPCC	601	1:06:34
608	1:07:52	501	Kathryn Richards	F	40		610	1:07:31
609	1:07:56	344	Sarah Joseph	F	50		608	1:07:25
610	1:08:22	681	Lisa Slee	F	40		609	1:07:30
611	1:08:37	233	Anita Harper	F	45		611	1:07:40
612	1:08:43	366	Janine Lewis	F	40		613	1:08:16
613	1:08:44	216	Sarah Gould	F	45		612	1:08:16
614	1:08:52	389	Linzi Margetson	F	35	Port Talbot Fit Body Bootcamp	615	1:08:33
615	1:09:15	146	Amanda Denner	F	40		614	1:08:19
616	1:10:11	679	Dean Coombes	M			616	1:09:11
617	1:10:26	122	Janet Davies	F	40		617	1:09:23
618	1:10:26	388	Cariad Margetson	F		Port Talbot Fit Body Bootcamp	620	1:10:07
619	1:10:35	476	Rhian Powell	F	40	Port Talbot Harriers	621	1:10:13
620	1:10:35	323	Jules Jones	F	35	Port Talbot Harriers	622	1:10:13
621	1:10:41	239	Angela Hearing	F	35		618	1:09:47
622	1:11:03	91	Jeanette Conti	F	45		619	1:10:06
623	1:11:14	666	Kelan Taylor	M		Cwmafan Hornets	627	1:11:04
624	1:11:14	665	Ciaran Webber	M		Cwmafan Hornets	628	1:11:05
625	1:11:16	701	Rhys Lawrence	M			626	1:10:48
626	1:11:19	120	Hayley Davies	F	35		623	1:10:15
627	1:11:19	301	Adele Jones	F	35	Run4All	624	1:10:16
628	1:11:35	459	Tony Paget	M	55		625	1:10:33
629	1:11:45	636	Ria Williams	F		The Brit	631	1:11:30
630	1:12:06	581	Helen Turbervill	F	50		630	1:11:21
631	1:12:13	652	Shannon John	F			637	1:12:13
632	1:12:24	355	Jessica Lang	F		Team Swansea NSPCC	629	1:11:17
633	1:12:27	380	Suzanne Luker-Davies	F	40	Dragons Running Club	634	1:11:45
634	1:12:27	121	Huw Davies	M	45		632	1:11:44
635	1:12:27	171	Carwyn Evans	M	45	Dragons Running Club	633	1:11:45
636	1:12:45	244	Diane Hill	F	55	Port Talbot Harriers	638	1:12:24
637	1:12:49	403	Laura Mcqueen	F			635	1:11:49
638	1:13:11	228	Steve Hamer	M	40	Parc Bryn Bach	639	1:12:38
639	1:13:13	423	Emma S C Moore	F	45		636	1:12:09
640	1:13:32	464	Meryl Partidge	F	40		645	1:13:02
641	1:13:32	490	Carly Rees	F			646	1:13:02
642	1:13:36	642	Stephen Williams	M	40	Port Talbot Harriers	641	1:12:53
643	1:13:36	207	Ceri Gammond	F	45		642	1:12:54
644	1:13:36	537	Jayne Smith	F			643	1:12:55
645	1:13:37	605	Rhian Weaver	F			640	1:12:39
646	1:13:55	320	Gemma Jones	F			644	1:12:56
647	1:15:19	337	Sarah Jones	F			647	1:14:17
648	1:15:29	128	Lorraine Davies	F	40		649	1:14:33
649	1:15:32	763	Neve Cronin	F		Cwmafan RFC	648	1:14:33
650	1:15:35	764	Dean Cronin	M	40	Cwmafan RFC	650	1:14:35
651	1:15:52	713	Jenny Carroll	F	50	Run4All	651	1:15:00
652	1:16:14	188	Rhydian Eynon	M			654	1:15:41
653	1:16:35	338	Sian Jones	F	35	Lliswerry Runners	655	1:16:19
654	1:16:41	494	Kathryn Rees	F	45	Cornelly Striders	653	1:15:39
655	1:16:41	696	Emily Fraser	F		Cornelly Striders	652	1:15:38
656	1:17:09	369	Sian Llewellyn-Goring	F		Cwm Ogwr RC	657	1:16:26
657	1:17:09	444	Rhian Nolan	F	35	Cwm Ogwr RC	656	1:16:26
658	1:17:49	106	Kristian Cucuz	M			659	1:17:40
659	1:18:10	84	Terrence Clarke	M	75		658	1:17:09
660	1:18:11	292	Mark Jenkins	M			660	1:18:01
661	1:19:43	241	Sara Hewitt	F	35		661	1:18:43
662	1:19:44	94	Cheryl Copestake	F	45		662	1:18:44
663	1:20:01	12	Gaynor Jones	F	45	Warehouse	666	1:19:35
664	1:20:07	202	Evie Forrester	M		Run4All	663	1:19:05
665	1:20:17	201	Darren Forrester	M	45	Run4All	664	1:19:14
666	1:20:26	286	Robert Jelley	M			665	1:19:30
667	1:20:59	167	Wayne Entwistle	M	45	Weston AC	668	1:20:59
668	1:20:59	166	Dee Entwistle	F	50	Weston AC	667	1:20:19
669	1:21:44	81	Alana Charles	F	40		669	1:21:20
670	1:23:34	653	Martin Ruck	M			670	1:22:40
671	1:23:53	375	Deborah Longman	F	40	Celtic Tri	671	1:22:53
672	1:24:31	150	Lilian Dobby	F	75		673	1:23:56
673	1:24:37	515	Carys Rose	F	40		672	1:23:40