

## 2016 Brecon 10

Pos	Time	No	Name	M/F	Cat	Club
1	00:54:22	349	Phillip Matthews	M		Swansea Harriers
2	00:56:01	41	Mark Jennings	M	40	MMRT
3	00:57:19	33	Daniel Bodman	M		Aberdare
4	00:57:46	126	Ian Harris	M		Swansea Harriers
5	00:58:55	42	Matt Collins	M		MMRT
6	00:59:53	111	John Morgan	M		Newport
7	01:00:16	73	Ian Owen	M		San Domenico RC
8	01:00:19	102	Jon Pugh	M		
9	01:00:21	391	Richard Smith	M		Worcester AC
10	01:00:32	393	Stephen Bartlett	M	40	Pontypridd Roadents
11	01:01:02	364	Martin Shaw	M	40	Brecon AC
12	01:01:27	96	Nathaniel Poolton	M		
13	01:01:31	38	Leighton Rawlinson	M		MMRT
14	01:02:00	40	Robert John	M	40	MMRT
15	01:02:21	392	Richard Wilder	M	40	San Domenico RC
16	01:03:17	23	Paul Morgan	M		Swansea Harriers
17	01:03:25	37	Martin Norton	M		MMRT
18	01:03:39	977	Geraint Lewis	M		Porthcawl Runners
19	01:03:47	50	Ben Butler-Madden	M		Penarth & Dinas
20	01:03:57	124	Renatas Plytnikas	M	40	
21	01:04:14	350	Hugh M F Davies	M	40	Black Pear Joggers
22	01:04:19	938	David Hodgins	M	40	
23	01:04:26	113	Barney Goodrich	M	40	Brecon AC
24	01:04:38	115	Raul Reismann	M	40	Swansea Harriers
25	01:05:10	24	Angharad Mair	F	55	Les Croupiers
26	01:05:35	365	James Bruce	M	40	Les Croupiers
27	01:05:43	395	Nick Hichings	M	40	Worcester AC
28	01:05:44	396	Dan Tracey	M	40	
29	01:06:00	390	Rob Jones	M		Worcester AC
30	01:06:02	128	Karl James	M	50	Neath Harriers
31	01:06:05	934	Laurence Pole	M	40	Pontypridd Roadents
32	01:06:15	26	Rhian Jinny-Jones	F		Bristol & West
33	01:06:21	59	David Hazell	M		Caerphilly Runners
34	01:06:35	351	Robert Williams	M		Wye Valley Runners
35	01:06:47	108	Paul Davies	M		Aberdare
36	01:06:54	967	Niki Pulgio	M		Cwm Ogwr
37	01:07:10	84	Richard Marks	M	60	Sarn Helen
38	01:07:28	35	Michael Ramsey	M	50	
39	01:07:37	387	David Coles	M	50	Les Croupiers
40	01:07:37	980	Chris Guy	M		Steel City Striders
41	01:07:52	101	Sion Parry	M		Builth & District
42	01:08:06	989	Steven Jones	M	40	Port Talbet Harriers
43	01:08:11	118	Kneath Philippart	M	50	Swansea Harriers
44	01:08:21	103	Haydn Hartnell	M	50	Islwyn RC
45	01:08:40	358	Steven Hooper	M	50	Pontypridd Roadents
46	01:10:05	913	Nick Lewis	M		White Rock Runners
47	01:10:27	70	Kevin Jones	M	50	Les Croupiers
48	01:10:33	85	Darren Stevens	M	40	Merthyr RC
49	01:10:39	372	Michael Murphy	M	60	Les Croupiers
50	01:10:53	80	Neil Price	M		

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Pos	Time	No	Name	M/F	Cat	Club
51	01:11:17	130	Mark Evans	M		Les Croupiers
52	01:11:29	93	Mike Warrick	M	60	Rhayader RC
53	01:11:36	77	gary Webber	M	40	Rhondda Valley Runners
54	01:11:44	363	Robert Hector	M	40	
55	01:12:32	937	Dave Lowthian	M	40	Forest of Dean AC
56	01:12:53	911	Brian Cotton	M	40	Cwm Ogwr
57	01:13:06	347	Jason Dickinson	M	40	TROTS
58	01:13:13	55	Barry Griffiths	M	50	Brecon AC
59	01:13:16	76	Wendy Price	F	35	
60	01:13:21	104	Andrew Wall	M		
61	01:13:22	928	David Goodall	M	60	White Rock Runners
62	01:13:35	990	Helen Jones	F	45	Port Talbet Harriers
63	01:13:59	370	Tim Edwards	M		
64	01:14:03	131	Dan Johns	M		Brecon AC
65	01:14:10	92	Philip Kendrick	M	50	Brecon AC
66	01:14:16	952	Andrew Jones	M	40	Parc Bryn Bach
67	01:14:21	336	Trish Chalk	F	35	Spirit of Monmouth
68	01:14:25	97	John Young	M	40	Port Talbet Harriers
69	01:14:38	991	Mike Bessell	M		White Rock Runners
70	01:14:52	356	Ross Owen	M		Rhondda Valley Runners
71	01:15:01	95	Michael Thomas	M	50	
72	01:15:32	953	John Gardener	M	60	Pembrokeshire Harriers
73	01:15:36	45	Gavin Evans	M		Penarth & Dinas
74	01:15:37	112	Alex Williams	M	40	Port Talbet Harriers
75	01:15:38	943	Ian Bell	M	50	San Domenico RC
76	01:15:50	58	Richard Hazell	M		Caerphilly Runners
77	01:16:05	386	Stephen Davies	M		
78	01:16:07	939	Christopher Haworth	M	40	
79	01:16:10	912	Simon Waller	M	40	
80	01:16:11	951	Amy Edwards	F		Rhondda Valley Runners
81	01:16:31	106	Geraint Evans	M	40	
82	01:16:32	355	Carl Walsh	M	40	Rhondda Valley Runners
83	01:16:39	121	Steve Smith	M		Rhayader RC
84	01:16:41	343	James Hopkins	M		
85	01:16:42	949	Paul Morris	M	50	Les Croupiers
86	01:16:43	90	Brendan Price	M	40	Dragons RC
87	01:16:53	83	Anthony Champken	M	60	Wye Valley Runners
88	01:17:27	946	Richard Goff	M		Buxton
89	01:17:30	362	Laurie Carterr	M	50	Chepstow Harriers
90	01:17:35	98	Kelly Bowen	F		Croft Ambrey
91	01:17:45	379	Adrian Taylor	M	55	Merthyr RC
92	01:17:51	381	Keith Verheyden	M	55	FERC
93	01:18:00	910	Phillip Mears	M	40	White Rock Runners
94	01:18:25	56	Andrew Ramsey	M		Caerphilly Runners
95	01:18:36	27	Paddy Maloney	M	50	
96	01:18:38	87	Malcolm Edwards	M	40	Wye Valley Runners
97	01:18:49	376	June Avery	F	55	Hastings Runners
98	01:18:54	54	Vanessa Turnbull	F	45	Caerphilly Runners
99	01:19:19	385	Kevin Bounds	M	40	
100	01:19:24	105	Clara Davies	F		

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Pos	Time	No	Name	M/F	Cat	Club
101	01:19:42	81	Sian Price	F	35	
102	01:19:45	361	Michael H Davies	M	60	Les Croupiers
103	01:19:49	79	Terry Vaughan	M	40	Parc Bryn Bach
104	01:19:56	337	Chris Adams	M	40	
105	01:20:02	400	Przemyslaw Luszcz	M		
106	01:20:20	969	Alan Mason	M	50	Les Croupiers
107	01:20:22	120	Alun Jenkins	M	50	Rhayader RC
108	01:20:23	917	Leanne Hockey	F		White Rock runners
109	01:20:42	28	Aimee Ferguson	F		Brecon AC
110	01:20:44	998	Dean Thomas	M	40	
111	01:20:50	338	Richard Purnell	M	40	Cwm Ogwr
112	01:20:50	65	Rachel Lewis	F	40	Parc Bryn Bach
113	01:20:58	20	Dean Birt	M	40	Pontypridd Roadents
114	01:21:01	71	Clive Denton	M	40	Rhondda Valley Runners
115	01:21:36	357	Clive Osmond	M	50	Les Croupiers
116	01:21:40	367	Tim O'Sullivan	M	50	Les Croupiers
117	01:21:52	100	Maad Khalil	M	50	Pontypridd Roadents
118	01:22:07	384	Andrew Betts	M	45	West End Runners
119	01:22:21	114	Gareth Davies	M		Myddfai Milers
120	01:22:21	66	Sara Williams	F	40	Caerphilly Runners
121	01:22:23	374	Cath Watkins	F	35	Wye Valley Runners
122	01:22:29	394	Justin Jones	M	40	Pontypridd Roadents
123	01:22:49	34	Richard Sewell	M	50	Les Croupiers
124	01:23:25	981	Noel Gaskell	M	60	
125	01:23:45	354	Garry]Griffiths 354	M	40	Rhondda Valley Runners
126	01:23:50	956	Robert Flanagan	M	50	Pontypridd Roadents
127	01:23:53	352	Ian Payne	M	50	
128	01:24:05	962	Mithu Rahman	M	40	White Rock Runners
129	01:24:22	43	Anne-Marie Montoto	F	45	Merthyr RC
130	01:24:22	360	Jan Edwards	F	55	Wye Valley Runners
131	01:24:22	945	Deborah Evans	F	55	Dragons RC
132	01:24:26	359	Brian Symonds	M	60	Wye Valley Runners
133	01:24:40	923	Mike Green	M	50	Vegan Runners UK
134	01:24:45	125	Paula Allen	F	35	Pegasus RC
135	01:24:46	127	Stephen Wood	M		Pegasus RC
136	01:24:49	345	Martin Croshaw	M	40	
137	01:24:56	380	Gareth Lawrence	M		
138	01:25:03	53	Bob Gardiner	M	50	Team Wecori
139	01:25:08	377	Christie Coleman	F	45	Cwm Ogwr
140	01:25:31	399	Beata Mazurkiewicz	M	40	
141	01:25:31	68	Lynne Compton	F	45	Wye Valley Runners
142	01:25:36	997	Peter Harrop	M	50	Cwm Ogwr
143	01:25:52	122	Jason Dewe	M		
144	01:26:12	86	Simon Jones	M	50	
145	01:26:18	75	Roni Margerison	F	35	Lliswerry Runners
146	01:26:29	971	Chris Bloodworth	M	50	
147	01:26:38	942	A. John Williams	M	60	
148	01:26:50	982	Helen Williams	F	35	
149	01:26:56	348	Kevin Williams	M	40	
150	01:27:05	972	Kirsty Evans	F		Cwm Ogwr

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Pos	Time	No	Name	M/F	Cat	Club
151	01:27:12	925	Glyn Hughes	M	50	Penny Lane Striders
152	01:27:14	64	Anthony Lewis	M	40	Parc Bryn Bach
153	01:27:15	129	Julia Evans	F	55	Pegasus RC
154	01:27:16	922	Edward Brown	M	40	White Rock Runners
155	01:27:30	333	Philip Spiteri	M	40	
156	01:27:30	965	Julie Toy	F	45	Merthyr RC
157	01:27:44	99	Sian Khalil	F	45	Pontypridd Roadents
158	01:27:50	353	Eve Gallop-Evans	F	45	Les Croupiers
159	01:27:53	931	Matthew Price	M		Lliswerry Runners
160	01:28:15	383	Vivien Betts	M	40	West End Runners
161	01:28:30	979	Fiona Drysdale	F	45	Cwm Ogwr
162	01:28:47	39	Shaun Cotter	M	50	
163	01:28:54	995	Rob Rees	M	50	
164	01:28:58	74	Steven Williams	M	40	Lliswerry Runners
165	01:29:04	67	Becky Humphreys	F		Wye Valley Runners
166	01:29:12	375	Paul Garston	M	60	Surrey Race Walking Club
167	01:29:16	954	Barrie Edwards	M	40	Caerphilly Runners
168	01:29:16	955	Jennet Holmes	F	35	Pontypridd Roadents
169	01:30:14	69	Emily Davies	F	35	Wye Valley Runners
170	01:30:18	107	Pamela Carter	F	35	
171	01:30:46	89	Lucy Evans	F		Dragons RC
172	01:31:27	30	Daniel Kanaris	M		
173	01:31:35	389	Kev Fitzgerald	M	60	
174	01:31:50	57	Bridget Woodward	F	45	
175	01:31:58	371	Rob Pritchard	M	40	Cwm Ogwr
176	01:32:11	366	Graeme Donnan	M	60	Les Croupiers
177	01:32:20	22	Paul Overfield	M	40	
178	01:32:22	44	Louise Munkley	F	35	Merthyr RC
179	01:32:46	346	Huw Williams	M		Rhondda Valley Runners
180	01:32:52	52	Roy Williams	M	50	Rhayader RC
181	01:33:10	397	Barb Lilygreen	F	45	
182	01:33:10	398	Paul Lilygreen	M	50	
183	01:33:36	123	Joanne Meredith	F		Pegasus RC
184	01:33:45	82	Sian Champken	F	45	Wye Valley Runners
185	01:33:49	369	Nicola Prior	F	45	Cwm Ogwr
186	01:34:04	373	Gill Murphy	M	55	Les Croupiers
187	01:34:17	986	Lan Lewis	M	50	
188	01:34:23	936	Eleanor Preece	F		White Rock Runners
189	01:34:43	932	Anthony Turner	M	50	
190	01:34:44	94	Stephanie Warrick	F	55	Rhayader RC
191	01:34:54	61	Brigitte Widdal	F	45	Lliswerry Runners
192	01:34:55	378	Mark Worrall	M	50	Cwm Ogwr
193	01:35:05	919	Nicola Davies	F	35	White Rock Runners
194	01:35:18	948	Jayne Powney	F	35	Cwm Ogwr
195	01:35:18	60	Lisa Bateman	F	45	Lliswerry Runners
196	01:35:20	388	Alison Wolton	F	35	Parc Bryn Bach
197	01:35:46	78	Carol Farrington	F	55	Rhayader RC
198	01:35:51	335	Sarah Littlewood	F	35	Cwm Ogwr
199	01:36:05	926	Michael Gowing	M	60	
200	01:36:39	941	Graham Bingham	M	50	Pontypridd Roadents

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Pos	Time	No	Name	M/F	Cat	Club
201	01:36:53	914	John Fry	M	60	Fairwater Runners
202	01:37:07	344	Mark Douglas	M		Rhondda Valley Runners
203	01:37:10	382	David Munday	M	40	Brecon AC
204	01:37:12	88	Leanne Howells	F	35	Rhondda Valley Runners
205	01:37:15	91	Lucy Dowell	F		Rhondda Valley Runners
206	01:37:29	916	Annabel Price	F	45	
207	01:37:43	929	Dave Reed	M	50	Rhondda Valley Runners
208	01:37:53	984	Rosie Bristow	F	35	Pegasus RC
209	01:37:58	964	Fionia Campbell	F	35	Pontypridd Roadents
210	01:38:00	985	Tricia Curtis	F	35	Dragons RC
211	01:38:03	918	Natalie Williams	F	35	
212	01:38:13	915	Claire Jones	F	45	Merthyr RC
213	01:38:28	999	Elizabeth Steed	F	55	
214	01:38:40	117	Neil Stone	M	50	Brecon AC
215	01:38:44	983	Colin Crooks	M	60	Pegasus RC
216	01:38:49	49	Claire Thomas	F	35	
217	01:39:08	109	Stephanie James	F		
218	01:40:31	340	Kam Panesar	M		
219	01:40:41	993	Diana Purnell	F	35	Cwm Ogwr
220	01:40:54	368	Joanne Kendall	F	35	Cwm Ogwr
221	01:41:07	25	Max Bergmunski	M	55	Caerphilly Runners
222	01:42:38	119	Tim Webb	M	60	Pegasus RC
223	01:42:43	29	Alex Marsh	M		
224	01:43:59	116	Liz Rijnenberg	F	55	Brecon AC
225	01:44:24	927	Charlotte Grose	F	35	
226	01:45:02	36	Owain Griffiths	M	40	
227	01:45:41	339	Katie Edwards	F		
228	01:46:17	987	Anita Thomas	F		
229	01:46:17	988	Solanne Rose	F	35	
230	01:46:25	974	Charlotte Leigh	F	35	Caerleon RC
231	01:46:38	940	Carl Peacock	M	45	
232	01:46:44	46	Gerry Blake	M	40	Brecon AC
233	01:47:21	958	Pamela Flanagan	F	45	Pontypridd Roadents
234	01:47:52	21	Kieran Gingell	M		
235	01:47:54	62	Rachel Powell	F		Brecon AC
236	01:48:06	47	Penny Mausey	F	45	
237	01:48:14	72	Amanda Richards	F	45	Lliswerry Runners
238	01:48:50	924	January Hughes	F	55	Penny Lane Striders
239	01:49:48	334	Dai Power	M	40	Cwm Ogwr
240	01:50:28	63	Yvonne Forsey	F	55	Lliswerry Runners
241	01:50:38	996	Karen Minto	F	45	White Rock Runners
242	01:50:46	968	Sarah Rogers	F	35	
243	01:51:03	950	Amanda Thompson	F	55	Les Croupiers
244	01:51:09	975	Tania Price	F	45	
245	01:53:01	976	Suzanne Spiteri	F	45	
246	01:53:03	947	Sara Bayliss	F	35	Cwm Ogwr
247	01:54:05	31	Nicola Lewis	F	35	Parc Bryn Bach
248	01:54:06	32	Rhys Lewis	M	40	Parc Bryn Bach
249	01:54:18	963	Jo Gwynne	F	35	Pontypridd Roadents
250	01:54:30	966	Dawn Hopkins	F	35	Cwm Ogwr

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<b>Pos</b>	<b>Time</b>	<b>No Name</b>	<b>M/F</b>	<b>Cat</b>	<b>Club</b>
251	01:54:34	992 Kirstie Edwards	F		Cwm Ogwr
252	01:57:47	944 Carwyn Evans	M	40	Dragons RC
253	01:57:57	973 Bethan Cross	F		Cwm Ogwr
254	01:58:07	930 Joanne Price	F	35	Llswerry Runners
255	01:58:17	110 Tracy Lewis	F	35	
256	01:58:17	341 Louise Ahern	F	45	Llswerry Runners
257	02:14:54	960 Sian Llewellyn-Goring	F	35	Cwm Ogwr
258	02:15:14	342 Louise Bennett	F	35	Cwm Ogwr
259	02:15:21	48 Ann Thomas	F	55	Port Talbet Harriers
260	02:15:27	961 Rhiannon Buckley	F		Cwm Ogwr
261	02:30:26	51 Helen Lloyd-Jones	F	55	Pegasus RC