

GLCL ROAD RACE SERIES 2012 ; RACE 4/5 ; PONTYPOOL 17 JULY 2012

RACE RESULT :

Place	No.	NAME	Club	Category	Gender	Gender position	Category position
1	530	Daryll BARNBY	Fairwater	M1739	MEN	1	1
2	520	Mark JENNINGS	Fairwater	M1739	MEN	2	2
3	537	Stefan SIMMS	Fairwater	M4044	MEN	3	1
4	533	Matthew COLLINS	Fairwater	M1739	MEN	4	3
5	31	Leighton RAWLINSON	Caerleon	M1739	MEN	5	4
6	660	Ryan McFLYNN	Griffithstown	M1739	MEN	6	5
7	522	Grant LEWIS	Fairwater	M1739	MEN	7	6
8	360	Robin SMOULT	Lliswerry	M1739	MEN	8	7
9	199	Steve CALDWELL,	Chepstow	M4044	MEN	9	2
10	956	Steve DAVIES	Pont-Y-Pwl	M5054	MEN	10	1
11	193	James BLORE	Chepstow	M1739	MEN	11	8
12	121	Pete WARD	Chepstow	M4044	MEN	12	3
13	799	Haydn HARTNELL	Islwyn	M4549	MEN	13	1
14	379	Andrew DAWE	Lliswerry	M4549	MEN	14	2
15	M13	Allan MEEK	Monmouth	M4549	MEN	15	3
16	509	Richard LLOYD,	Fairwater	M1739	MEN	16	9
17	517	Jim RICHARDS	Fairwater	M1739	MEN	17	10
18	719	Dafydd LAMBETH,	Islwyn	M1739	MEN	18	11
19	376	Emma WOOKEY	Lliswerry	F1734	LADIES	1	1
20	M08	Ben WILLS	Monmouth	M1739	MEN	19	12
21	207	Simon LEWIS,	Parc Bryn Bach	M4549	MEN	20	4
22	M21	Russell FINCH	Monmouth	M4549	MEN	21	5
23	710	Philip WILLIAMS	Islwyn	M1739	MEN	22	13
24	247	Paul POWELL	Parc Bryn Bach	M4044	MEN	23	4
25	744	Robert DAVIES	Islwyn	M4044	MEN	24	5
26	659	Gerard GORMLEY	Griffithstown	M4549	MEN	25	6
27	962	Chris SILVESTER	Pont-Y-Pwl	M1739	MEN	26	14
28	110	Laurie CARTER	Chepstow	M5054	MEN	27	2
29	352	Paul HARRIS,	Lliswerry	M4549	MEN	28	7
30	542	Matthew LLOYD	Fairwater	M1739	MEN	29	15
31	540	Alun WILLIAMS,	Fairwater	M4549	MEN	30	8
32	955	Ray MORGAN	Pont-Y-Pwl	M1739	MEN	31	16
33	683	Robert WITHERALL	Griffithstown	M1739	MEN	32	17
34	143	Luke MALARZ,	Chepstow	M1739	MEN	33	18
35	676	Andrew THOMPSON	Griffithstown	M5054	MEN	34	3
36	M09	Darren RAMAGE	Monmouth	M1739	MEN	35	19
37	519	Jenna ROBERTS	Fairwater	F1734	LADIES	2	2
38	215	Nichola GETHING	Parc Bryn Bach	F4044	LADIES	3	1
39	544	David STANDING	Fairwater	M1739	MEN	36	20
40	541	Jon WILLIAMS,	Fairwater	M4044	MEN	37	6
41	37	Peter THOMAS	Caerleon	M5054	MEN	38	4
42	965	Paul DONOVAN	Pont-Y-Pwl	M4044	MEN	39	7
43	135	Mathew LAWSON,	Chepstow	M4044	MEN	40	8
44	124	Niki MORGAN,	Chepstow	F4549	LADIES	4	1
45	M15	Robert PRINGLE	Monmouth	M1739	MEN	41	21

GLCL ROAD RACE SERIES 2012 ; RACE 4/5 ; PONTYPOOL 17 JULY 2012

RACE RESULT (cont.):

Place	No.	NAME	Club	Category	Gender	Gender position	Category position
46	123	Neil GRANT,	Chepstow	M6064	MEN	42	1
47	730	Chris GAPPER	Islwyn	M1739	MEN	43	22
48	679	Nick WALSH	Griffithstown	M4044	MEN	44	9
49	753	Johnathan DAVIES	Islwyn	M4044	MEN	45	10
50	724	Kim WEHDEN	Islwyn	M4549	MEN	46	9
51	661	Thomas GUY	Griffithstown	M4044	MEN	47	11
52	205	Adrian TAYLOR	Parc Bryn Bach	M5054	MEN	48	5
53	506	Andrew SPENCER,	Fairwater	M4549	MEN	49	10
54	M25	Paul MERRICK	Monmouth	M5559	MEN	50	1
55	98	Graeme VINER	Caerleon	M5054	MEN	51	6
56	906	Emma BAYLISS	Pont-Y-Pwl	F1734	LADIES	5	3
57	317	Paul DAY,	Lliswerry	M6064	MEN	52	2
58	10	Jade GITTINS	Caerleon	F1734	LADIES	6	4
59	827	Geraint HEATH	Lliswerry	M1739	MEN	53	23
60	185	Helen DUFFIELD,	Chepstow	F3539	LADIES	7	1
61	238	David SMOUT	Parc Bryn Bach	M6064	MEN	54	3
62	525	Richard BOWIE	Fairwater	M5054	MEN	55	7
63	M16	Mark HURFORD	Monmouth	M1739	MEN	56	24
64	2	Howard MASON,	Caerleon	M4549	MEN	57	11
65	830	Paul HARMES	Lliswerry	M4549	MEN	58	12
66	M20	Richard RAWLINGS	Monmouth	M4044	MEN	59	12
67	915	Samantha TOOP	Pont-Y-Pwl	F1734	LADIES	8	5
68	842	Martyn BIDWELL	Lliswerry	M4549	MEN	60	13
69	164	Rob TAYLOR	Chepstow	M1739	MEN	61	25
70	136	Vanessa LAWSON,	Chepstow	F4044	LADIES	9	2
71	513	Michael SKYRME	Fairwater	M4044	MEN	62	13
72	959	Iestyn RHODES	Pont-Y-Pwl	M1739	MEN	63	26
73	527	Roger MILLS	Fairwater	M1739	MEN	64	27
74	211	Phillip MILES,	Parc Bryn Bach	M6064	MEN	65	4
75	539	Adrian GWILLIAM	Fairwater	M4549	MEN	66	14
76	874	Rob DAVIES	Lliswerry	M4044	MEN	67	14
77	714	Hywel MORGAN	Islwyn	M1739	MEN	68	28
78	210	Dean THOMAS	Parc Bryn Bach	M4044	MEN	69	15
79	M17	Stuart KRAMER	Monmouth	M4549	MEN	70	15
80	335	Nick PRINGLE,	Lliswerry	M5054	MEN	71	8
81	666	Colin WILMOTT	Griffithstown	M5054	MEN	72	9
82	M10	Vinny DUFFIN	Monmouth	M1739	MEN	73	29
83	743	Michael BUNSTON,	Islwyn	M4044	MEN	74	16
84	524	Richard THOMAS	Fairwater	M1739	MEN	75	30
85	418	Louise SUMMERS	Chepstow	F4044	LADIES	10	3
86	790	Sean LEWIS	Islwyn	M1739	MEN	76	31
87	163	Andy STOTT,	Chepstow	M5054	MEN	77	10
88	871	Louise HOWELLS	Lliswerry	F1734	LADIES	11	6
89	315	Paul DURSLEY,	Lliswerry	M5559	MEN	78	2
90	44	Peter ROGER	Caerleon	M5559	MEN	79	3
91	609	Claire THOMPSON	Griffithstown	F1734	LADIES	12	7

GLCL ROAD RACE SERIES 2012 ; RACE 4/5 ; PONTYPOOL 17 JULY 2012

RACE RESULT (cont.):

Place	No.	NAME	Club	Category	Gender	Gender position	Category position
92	766	Maria RICHARDS	Islwyn	F3539	LADIES	13	2
93	313	Chris DAVIES,	Lliswerry	M5054	MEN	80	11
94	198	Kevin MCENTEE,	Chepstow	M5559	MEN	81	4
95	354	Christopher MATTEWS	Lliswerry	M4549	MEN	82	16
96	754	Clinton JAMES	Islwyn	M4549	MEN	83	17
97	876	Nikki HAINES-JONES	Lliswerry	F4549	LADIES	14	2
98	957	Luke DAVIES	Pont-Y-Pwl	M1739	MEN	84	32
99	368	Steve WILLIAMS	Lliswerry	M5559	MEN	85	5
100	168	Gareth JONES	Chepstow	M6064	MEN	86	5
101	214	Jukes DAMAN	Parc Bryn Bach	M4044	MEN	87	17
102	722	Neil PARKER,	Islwyn	M4044	MEN	88	18
103	916	Emma SOWREY	Pont-Y-Pwl	F3539	LADIES	15	3
104	535	Rob SYMONS	Fairwater	M4549	MEN	89	18
105	503	Peter EDWARDS	Fairwater	M1739	MEN	90	33
106	227	Jacky MILES,	Parc Bryn Bach	F5559	LADIES	16	1
107	745	Chris LLOYD	Islwyn	M1739	MEN	91	34
108	667	Barry PARHAM	Griffithstown	M6064	MEN	92	6
109	868	Tyrone BROOME	Lliswerry	M4549	MEN	93	19
110	648	Elizabeth STOKES	Griffithstown	F4044	LADIES	17	4
111	200	Clive COOKSEY,	Parc Bryn Bach	M6599	MEN	94	1
112	675	Peter ROBERTS	Griffithstown	M5559	MEN	95	6
113	708	Jason DIXON	Islwyn	M4044	MEN	96	19
114	532	Deb COCKRAM	Fairwater	F4549	LADIES	18	3
115	614	Amanda WATERS	Griffithstown	F1734	LADIES	19	8
116	M14	Stephen BARRATT	Monmouth	M4044	MEN	97	20
117	684	Steve MATTHEWS	Griffithstown	M4549	MEN	98	20
118	699	Rhys THOMAS	Griffithstown	M1739	MEN	99	35
119	344	Peta DANIELS,	Lliswerry	F4549	LADIES	20	4
120	115	Esther BARRETT,	Chepstow	F3539	LADIES	21	4
121	783	Laura HOLMES	Islwyn	F1734	LADIES	22	9
122	154	Chris REES,	Chepstow	M4549	MEN	100	21
123	650	Mike SHIRLOW	Griffithstown	M4549	MEN	101	22
124	M32	Lawrence MOORE	Monmouth	M4549	MEN	102	23
125	222	Susan TAGG	Parc Bryn Bach	F4044	LADIES	23	5
126	760	Andrew DAVIES	Islwyn	M4549	MEN	103	24
127	73	Mike DAVIES	Caerleon	M5054	MEN	104	12
128	545	Martyn JENKINS	Fairwater	M5054	MEN	105	13
129	964	Dave TIMSON	Pont-Y-Pwl	M4549	MEN	106	25
130	169	Ian WADE,	Chepstow	M5054	MEN	107	14
131	759	Ade WHITE,	Islwyn	M4549	MEN	108	26
132	543	Garry WOODS,	Fairwater	M5054	MEN	109	15
133	723	Paul HARVEY	Islwyn	M1739	MEN	110	36
134	613	Leonie ROBERTS	Griffithstown	F3539	LADIES	24	5
135	655	Malcolm COX	Griffithstown	M6064	MEN	111	7
136	M11	Lee JAMES	Monmouth	M4044	MEN	112	21
137	775	Terry LEWIS	Islwyn	M5054	MEN	113	16

GLCL ROAD RACE SERIES 2012 ; RACE 4/5 ; PONTYPOOL 17 JULY 2012

RACE RESULT (cont.):

Place	No.	NAME	Club	Category	Gender	Gender position	Category position
138	734	Ruth TREHARNE	Islwyn	F4549	LADIES	25	5
139	M01	Emma KING	Monmouth	F1734	LADIES	26	10
140	57	Alison SCRIVENS,	Caerleon	F4044	LADIES	27	6
141	329	Howard ATTWOOD,	Lliswerry	M6064	MEN	114	8
142	119	Dick FINCH,	Chepstow	M6599	MEN	115	2
143	919	Sarah WAKEFIELD	Pont-Y-Pwl	F3539	LADIES	28	6
144	960	Rhys PARFITT	Pont-Y-Pwl	M1739	MEN	116	37
145	901	Sharon WOODS	Pont-Y-Pwl	F5054	LADIES	29	1
146	22	Philip HYATT	Caerleon	M5054	MEN	117	17
147	502	Julie ROCHE,	Fairwater	F4044	LADIES	30	7
148	133	Dave ANDREWS	Chepstow	M6064	MEN	118	9
149	538	Rebecca REYNOLDS	Fairwater	F1734	LADIES	31	11
150	603	Daniela WOODBRIDGE	Griffithstown	F4044	LADIES	32	8
151	109	Berna CANTWELL	Chepstow	F4549	LADIES	33	6
152	26	Amy RACKHAM	Caerleon	F1734	LADIES	34	12
153	1	Andrew TAYLOR,	Caerleon	M5559	MEN	119	7
154	213	Bernie MONK,	Parc Bryn Bach	M6599	MEN	120	3
155	792	Adam PRESTON	Islwyn	M1739	MEN	121	38
156	161	Jackie WEBB	Chepstow	F5054	LADIES	35	2
157	515	Jeanette JENKINS,	Fairwater	F5054	LADIES	36	3
158	758	Lowri WILLIAMS	Islwyn	F1734	LADIES	37	13
159	797	Rachel PRANGLEY	Islwyn	F1734	LADIES	38	14
160	134	Brenda AVERY	Chepstow	F6099	LADIES	39	1
161	765	Kelly WAITE	Islwyn	F1734	LADIES	40	15
162	402	Andy SILK	Chepstow	M5559	MEN	122	8
163	618	Gemma THOMAS	Griffithstown	F1734	LADIES	41	16
164	58	Joanne PEACOCK	Caerleon	F4549	LADIES	42	7
165	212	Margrett MONK,	Parc Bryn Bach	F6099	LADIES	43	2
166	651	Daniel PAYTON	Griffithstown	M1739	MEN	123	39
167	625	Natalie HERN	Griffithstown	F4044	LADIES	44	9
168	32	Ian PRICE	Caerleon	M4044	MEN	124	22
169	864	Mark ANSLOW	Lliswerry	M1739	MEN	125	40
170	M02	Taryn RAYNER	Monmouth	F1734	LADIES	45	17
171	749	Stephanie DAVIES	Islwyn	F1734	LADIES	46	18
172	662	Barrie DESMOND	Griffithstown	M4549	MEN	126	27
173	137	Stuart DUNCAN	Chepstow	M5054	MEN	127	18
174	863	Martyn JONES	Lliswerry	M4549	MEN	128	28
175	796	Chloe MAXWELL	Islwyn	F1734	LADIES	47	19
176	218	Kelly COLLINS	Parc Bryn Bach	F1734	LADIES	48	20
177	779	Helen MEREDITH	Islwyn	F4549	LADIES	49	8
178	914	Nadine DONOVAN	Pont-Y-Pwl	F3539	LADIES	50	7
179	782	Steve HAYDN	Islwyn	M5054	MEN	129	19
180	108	Andy BRAY,	Chepstow	M5559	MEN	130	9
181	875	Leanne PHILLIPS	Lliswerry	F3539	LADIES	51	8
182	105	Geoff BAYLISS,	Chepstow	M6599	MEN	131	4
183	307	Neil CHIPPER,	Lliswerry	M5054	MEN	132	20

GLCL ROAD RACE SERIES 2012 ; RACE 4/5 ; PONTYPOOL 17 JULY 2012

RACE RESULT (cont.):

Place	No.	NAME	Club	Category	Gender	Gender position	Category position
184	28	Katie CREE	Caerleon	F1734	LADIES	52	21
185	752	Helen WILLIAMS	Islwyn	F1734	LADIES	53	22
186	777	Colin DIXON	Islwyn	M6064	MEN	133	10
187	415	Karen ELVERS	Chepstow	F4044	LADIES	54	10
188	776	Hailey STEPHENS	Islwyn	F3539	LADIES	55	9
189	861	Mervyn WEIGHTMAN-BENT	Lliswerry	M5054	MEN	134	21
190	369	Carol WOODFORD	Lliswerry	F5054	LADIES	56	4
191	523	Helen GWILLIAM	Fairwater	F4044	LADIES	57	11
192	439	Helen CLANCY	Chepstow	F4549	LADIES	58	9
193	729	Jackie JONES,	Islwyn	F4044	LADIES	59	12
194	M24	Anne HALL	Monmouth	F4044	LADIES	60	13
195	721	Malcolm PARKER,	Islwyn	M6599	MEN	135	5
196	M07	Sally FLETCHER	Monmouth	F3539	LADIES	61	10
197	216	Michelle JAYNE	Parc Bryn Bach	F3539	LADIES	62	11
198	34	Mary TRENFIELD	Caerleon	F5054	LADIES	63	5
199	104	Jayne BAYLISS,	Chepstow	F5559	LADIES	64	2
200	859	Nick JACKSON	Lliswerry	M4549	MEN	136	29
201	750	John FORAY	Islwyn	M4044	MEN	137	23
202	170	Syd WHEELER,	Chepstow	M6599	MEN	138	6
203	20	Kim HOWELL,	Caerleon	F5054	LADIES	65	6
204	302	Yvonne FORSEY,	Lliswerry	F5054	LADIES	66	7
205	M06	Heather GONZALEZ	Monmouth	F3539	LADIES	67	12
206	860	Tony EDWARDS	Lliswerry	M4044	MEN	139	24
207	100	Roberta HAVERS	Chepstow	F1734	LADIES	68	23
208	19	Gwyn HOWELLS,	Caerleon	F6099	LADIES	69	3
209	150	Virginia STONE	Chepstow	F4044	LADIES	70	14
210	548	Sheree MANN	Fairwater	F4549	LADIES	71	10
211	784	Susan WHITE,	Islwyn	F3539	LADIES	72	13
212	M22	Mike BAKER	Monmouth	M5054	MEN	140	22
213	632	Wendy REES	Griffithstown	F5054	LADIES	73	8
214	653	Peter BROWNE	Griffithstown	M5559	MEN	141	10
215	M33	Lawrence MINTON	Monmouth	M1739	MEN	142	41
216	607	Daune GREEN	Griffithstown	F3539	LADIES	74	14
217	126	Geoff CRAM,	Chepstow	M6599	MEN	143	7
218	921	Sarah EVANS	Pont-Y-Pwl	F4044	LADIES	75	15
219	617	Dilwen THONGER	Griffithstown	F6099	LADIES	76	4
220	631	Claire SUTTON	Griffithstown	F4549	LADIES	77	11
221	644	Barbara GRAHAM	Griffithstown	F5559	LADIES	78	3
222	181	Gill ELLIS	Chepstow	F5054	LADIES	79	9
223	969	Lee DURKEE	Pont-Y-Pwl	M1739	MEN	144	42
224	877	Joanne CAVILL	Lliswerry	F1734	LADIES	80	24
225	303	Hannah LONGFORD	Lliswerry	F1734	LADIES	81	25
226	738	Lisa FORAY	Islwyn	F1734	LADIES	82	26
227	33	Suzy AHMAD	Caerleon	F4044	LADIES	83	16
228	772	Leanne LEWIS	Islwyn	F1734	LADIES	84	27
229	728	Blair LUNDIE,	Islwyn	M6064	MEN	145	11

TEAM RACE RESULT :

MENS TEAM :

(10 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	FAIRWATER	10	865	9
2	CHEPSTOW	10	617	8
3	ISLWYN	10	581	7
4	MONMOUTH	10	571	6
5	LLISWERRY	10	521	5
6	GRIFFITHSTOWN	10	465	4
7	PONT-Y-PWL	9	356	3
8	PARC BRYN BACH	9	349	2
9	CAERLEON	9	279	1

LADIES TEAM :

(6 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	522	9
2	PONT-Y-PWL	6	471	8
3	GRIFFITHSTOWN	6	461	7
4	LLISWERRY	6	453	6
5	FAIRWATER	6	432	5
6	ISLWYN	6	431	4
7	PARC BRYN BACH	6	411	3
8	CAERLEON	6	382	2
9	MONMOUTH	5	246	1