

GLCL ROAD RACE SERIES 2013 ; RACE 1/5 ; CHEPSTOW 21st MAY 2013

RACE RESULT :

Race position	No.	NAME	Club	Category	Gender	Gender position	Category position
1	520	Mark JENNINGS	Fairwater	M1739	MEN	1	1
2	537	Stefan SIMMS	Fairwater	M4044	MEN	2	1
3	530	Daryll BARNBY	Fairwater	M1739	MEN	3	2
4	118	Mathew STOTT,	Chepstow	M1739	MEN	4	3
5	741	Richard JOHNSON,	Islwyn	M4044	MEN	5	2
6	195	Paul MURRIN,	Chepstow	M1739	MEN	6	4
7	201	Simon A LEWIS,	Parc Bryn Bach	M1739	MEN	7	5
8	128	Richard MATTHEWS	Chepstow	M1739	MEN	8	6
9	199	Steve CALDWELL,	Chepstow	M4044	MEN	9	3
10	522	Grant LEWIS	Fairwater	M1739	MEN	10	7
11	193	James BLORE	Chepstow	M1739	MEN	11	8
12	376	Emma WOOKEY	Lliswerry	F1734	LADIES	1	1
13	719	Dafydd LAMBETH,	Islwyn	M4044	MEN	12	4
14	685	Craig STEPHENS	Griffithstown	M1739	MEN	13	9
15	194	Mark HARVEY (jr)	Chepstow	M1739	MEN	14	10
16	799	Haydn HARTNELL	Islwyn	M5054	MEN	15	1
17	978	Gareth REES	Pont-Y-Pwl	M1739	MEN	16	11
18	228	Gethin PARHAM	Parc Bryn Bach	M1739	MEN	17	12
19	956	Steve DAVIES	Pont-Y-Pwl	M5054	MEN	18	2
20	207	Simon LEWIS,	Parc Bryn Bach	M4549	MEN	19	1
21	444	Paul DODD	Chepstow	M5559	MEN	20	1
22	172	David SOMERSALL,	Chepstow	M4044	MEN	21	5
23	35	Mike HARRIS	Caerleon	M1739	MEN	22	13
24	414	Jane HORLER	Chepstow	F4044	LADIES	2	1
25	111	Paul LIDGETT	Chepstow	M4549	MEN	23	2
26	7711	Martin JONES	Islwyn	M1739	MEN	24	14
27	135	Mathew LAWSON,	Chepstow	M4044	MEN	25	6
28	350	Christopher JONES	Lliswerry	M5054	MEN	26	3
29	M21	Russell FINCH	Monmouth	M4549	MEN	27	3
30	356	Patrick HOARE	Lliswerry	M4549	MEN	28	4
31	110	Laurie CARTER	Chepstow	M5559	MEN	29	2
32	659	Gerard GORMLEY	Griffithstown	M4549	MEN	30	5
33	509	Richard LLOYD,	Fairwater	M1739	MEN	31	15
34	744	Robert DAVIES	Islwyn	M4044	MEN	32	7
35	215	Nichola GETHING	Parc Bryn Bach	F4044	LADIES	3	2
36	M13	Allan MEEK	Monmouth	M4549	MEN	33	6
37	676	Andrew THOMPSON	Griffithstown	M5559	MEN	34	3
38	214	Daman JUKES	Parc Bryn Bach	M4044	MEN	35	8
39	358	Steve PEMBERTON	Lliswerry	M1739	MEN	36	16
40	950	Dimitri VORRÉS	Pont-Y-Pwl	M5054	MEN	37	4
41	706	Mike DURY,	Islwyn	M1739	MEN	38	17
42	124	Niki MORGAN,	Chepstow	F4549	LADIES	4	1
43	759	Ade WHITE,	Islwyn	M4549	MEN	39	7
44	884	Simon GILL	Lliswerry	M1739	MEN	40	18
45	418	Louise SUMMERS	Chepstow	F4549	LADIES	5	2

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RACE RESULT (cont.):

Race position	No.	NAME	Club	Category	Gender	Gender position	Category position
46	519	Jenna ROBERTS	Fairwater	F1734	LADIES	6	2
47	7715	Steve EDWARDS	Islwyn	M1739	MEN	41	19
48	540	Alun WILLIAMS,	Fairwater	M4549	MEN	42	8
49	544	David STANDING	Fairwater	M1739	MEN	43	20
50	527	Roger MILLS	Fairwater	M4044	MEN	44	9
51	M51	Oliver MASTERS	Monmouth	M1739	MEN	45	21
52	666	Colin WILMOTT	Griffithstown	M5559	MEN	46	4
53	827	Geraint HEATH	Lliswerry	M1739	MEN	47	22
54	661	Thomas GUY	Griffithstown	M4044	MEN	48	10
55	724	Kim WEHDEN	Islwyn	M5054	MEN	49	5
56	2	Howard MASON,	Caerleon	M4549	MEN	50	9
57	408	Judith AUSTERBERRY	Chepstow	F3539	LADIES	7	1
58	163	Andy STOTT,	Chepstow	M5054	MEN	51	6
59	154	Chris REES,	Chepstow	M4549	MEN	52	10
60	10	Jade GITTINS	Caerleon	F1734	LADIES	8	3
61	185	Helen DUFFIELD,	Chepstow	F4044	LADIES	9	3
62	915	Samantha TOOP	Pont-Y-Pwl	F1734	LADIES	10	4
63	525	Richard BOWIE	Fairwater	M5054	MEN	53	7
64	871	Louise HOWELLS	Lliswerry	F1734	LADIES	11	5
65	U016	Mark HURFORD	Usk	M1739	MEN	54	23
66	156	Dave AUSTIN	Chepstow	M4044	MEN	55	11
67	98	Graeme VINER	Caerleon	M5054	MEN	56	8
68	730	Chris GAPPER	Islwyn	M1739	MEN	57	24
69	44	Peter RODGER	Caerleon	M5559	MEN	58	5
70	9	Tom EVANS	Caerleon	M1739	MEN	59	25
71	973	Shaw JONES	Pont-Y-Pwl	M1739	MEN	60	26
72	968	Andrew DICKENS	Pont-Y-Pwl	M4044	MEN	61	12
73	542	Matthew LLOYD	Fairwater	M1739	MEN	62	27
74	222	Susan TAGG	Parc Bryn Bach	F4549	LADIES	12	3
75	112	Rob BEVES	Chepstow	M4549	MEN	63	11
76	791	Mark SAUNDERS	Islwyn	M5054	MEN	64	9
77	753	Johnathan DAVIES	Islwyn	M4044	MEN	65	13
78	535	Rob SYMONS	Fairwater	M4549	MEN	66	12
79	125	Rob HOOK	Chepstow	M4549	MEN	67	13
80	136	Vanessa LAWSON,	Chepstow	F4044	LADIES	13	4
81	539	Adrian GWILLIAM	Fairwater	M4549	MEN	68	14
82	972	Peter TOWNSEND	Pont-Y-Pwl	M1739	MEN	69	28
83	656	Alex SMITH	Griffithstown	M1739	MEN	70	29
84	122	Andy GREEN,	Chepstow	M4549	MEN	71	15
85	957	Luke DAVIES	Pont-Y-Pwl	M1739	MEN	72	30
86	7716	David WATERS	Islwyn	M1739	MEN	73	31
87	238	David SMOUT	Parc Bryn Bach	M6064	MEN	74	1
88	U034	Iestyn RHODES	Usk	M1739	MEN	75	32
89	501	Nud REHMAN	Fairwater	M1739	MEN	76	33
90	725	Kerry PRICE,	Islwyn	M5559	MEN	77	6

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RACE RESULT (cont.):

Race position	No.	NAME	Club	Category	Gender	Gender position	Category position
91	966	Stewart THOMSON	Pont-Y-Pwl	M5054	MEN	78	10
92	168	Gareth JONES	Chepstow	M6569	MEN	79	1
93	90	Gareth HART	Caerleon	M4044	MEN	80	14
94	354	Christopher MATTHEWS	Llswerry	M4549	MEN	81	16
95	775	Terry LEWIS	Islwyn	M5054	MEN	82	11
96	699	Rhys THOMAS	Griffithstown	M1739	MEN	83	34
97	974	Ricci WATTS	Pont-Y-Pwl	M1739	MEN	84	35
98	432	Becky COMINS	Chepstow	F4044	LADIES	14	5
99	667	Barry PARHAM	Griffithstown	M6569	MEN	85	2
100	891	James PEARCE	Llswerry	M1739	MEN	86	36
101	M55	Kirk HILL	Monmouth	M4044	MEN	87	15
102	927	Maria RICHARDS	Pont-Y-Pwl	F3539	LADIES	15	2
103	158	Tom RIDDINGTON	Chepstow	M4044	MEN	88	16
104	227	Jacky MILES,	Parc Bryn Bach	F6099	LADIES	16	1
105	U019	Brian JONES	Usk	M4549	MEN	89	17
106	684	Steve MATTHEWS	Griffithstown	M5054	MEN	90	12
107	769	Ian LEWIS	Islwyn	M1739	MEN	91	37
108	344	Peta DANIELS,	Llswerry	F4549	LADIES	17	4
109	885	Sarah LAUDER	Llswerry	F1734	LADIES	18	6
110	964	Dave TIMSON	Pont-Y-Pwl	M4549	MEN	92	18
111	7710	Garfield JONES	Islwyn	M5559	MEN	93	7
112	117	Jane HALL	Chepstow	F3539	LADIES	19	3
113	545	Martyn JENKINS	Fairwater	M5054	MEN	94	13
114	979	Keith LANGLEY	Pont-Y-Pwl	M5559	MEN	95	8
115	734	Ruth TREHARNE	Islwyn	F4549	LADIES	20	5
116	722	Neil PARKER,	Islwyn	M4549	MEN	96	19
117	889	Suzie PRZESLAK	Llswerry	F1734	LADIES	21	7
118	164	Rob TAYLOR	Chepstow	M1739	MEN	97	38
119	650	Mike SHIRLOW	Griffithstown	M4549	MEN	98	20
120	M37	David MATHER	Monmouth	M4549	MEN	99	21
121	M46	Ruth WARD	Monmouth	F3539	LADIES	22	4
122	538	Rebecca REYNOLDS	Fairwater	F1734	LADIES	23	8
123	169	Ian WADE,	Chepstow	M5054	MEN	100	14
124	723	Paul HARVEY	Islwyn	M1739	MEN	101	39
125	M52	Nick LLOYD	Monmouth	M1739	MEN	102	40
126	437	Mike EVANS	Chepstow	M5559	MEN	103	9
127	916	Emma SOWREY	Pont-Y-Pwl	F3539	LADIES	24	5
128	M47	Martin BLAKEBROUGH	Monmouth	M4549	MEN	104	22
129	329	Howard ATTWOOD,	Llswerry	M6064	MEN	105	2
130	198	Kevin MCENTEE,	Chepstow	M5559	MEN	106	10
131	73	Mike DAVIES	Caerleon	M5054	MEN	107	15
132	M30	Will THOMAS	Monmouth	M1739	MEN	108	41
133	502	Julie ROCHE,	Fairwater	F4549	LADIES	25	6
134	675	Peter ROBERTS	Griffithstown	M5559	MEN	109	11
135	367	Rob ANDERSON	Llswerry	M7099	MEN	110	1

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Race position	No.	NAME	Club	Category	Gender	Gender position	Category position
136	655	Malcolm COX	Griffithstown	M6064	MEN	111	3
137	101	Gerry ASHTON,	Chepstow	M5559	MEN	112	12
138	7718	Alun WOOD	Islwyn	M1739	MEN	113	42
139	M31	Simone TRAYLEN	Monmouth	F1734	LADIES	26	9
140	532	Deb COCKRAM	Fairwater	F4549	LADIES	27	7
141	765	Kelly WAITE	Islwyn	F1734	LADIES	28	10
142	218	Kelly COLLINS	Parc Bryn Bach	F1734	LADIES	29	11
143	M54	Robert NELSON	Monmouth	M4044	MEN	114	17
144	609	Claire THOMPSON	Griffithstown	F1734	LADIES	30	12
145	713	Glyn HICKS,	Islwyn	M6064	MEN	115	4
146	868	Tyrone BROOME	Lliswerry	M5054	MEN	116	16
147	212	Margrett MONK,	Parc Bryn Bach	F6099	LADIES	31	2
148	M38	Jeremy CREASEY	Monmouth	M4549	MEN	117	23
149	137	Stuart DUNCAN	Chepstow	M5054	MEN	118	17
150	648	Elizabeth STOKES	Griffithstown	F4044	LADIES	32	6
151	625	Natalie HERN	Griffithstown	F4044	LADIES	33	7
152	119	Dick FINCH,	Chepstow	M6569	MEN	119	3
153	13	Liz RICHARDS	Caerleon	F4549	LADIES	34	8
154	180	Maddy TULETT	Chepstow	F1734	LADIES	35	13
155	5	Karen PAYNE	Caerleon	F4044	LADIES	36	8
156	134	Brenda AVERY	Chepstow	F6099	LADIES	37	3
157	M18	Emma DAVIES	Monmouth	F4044	LADIES	38	9
158	7708	Jordan KIBBLE	Islwyn	M1739	MEN	120	43
159	133	Dave ANDREWS	Chepstow	M6569	MEN	121	4
160	668	Anthony PHILIPS	Griffithstown	M5559	MEN	122	13
161	1	Andrew TAYLOR,	Caerleon	M5559	MEN	123	14
162	U045	Rachel HISCOCKS	Usk	F1734	LADIES	39	14
163	415	Karen ELVERS	Chepstow	F4044	LADIES	40	10
164	M50	Luke BLAKEBROUGH	Monmouth	M1739	MEN	124	44
165	409	Louise CROCKETT	Chepstow	F4549	LADIES	41	9
166	515	Jeanette JENKINS,	Fairwater	F5054	LADIES	42	1
167	165	Allan McCALL	Chepstow	M4549	MEN	125	24
168	M14	Stephen BARRATT	Monmouth	M4044	MEN	126	18
169	440	Denise EVANS	Chepstow	F4549	LADIES	43	10
170	783	Laura HOLMES	Islwyn	F1734	LADIES	44	15
171	202	Lauri COWDELL	Parc Bryn Bach	F1734	LADIES	45	16
172	307	Neil CHIPPER,	Lliswerry	M5054	MEN	127	18
173	429	Jane RYMER	Chepstow	F4549	LADIES	46	11
174	M56	Richard TONKIN	Monmouth	M1739	MEN	128	45
175	888	Ceri JENKINS	Lliswerry	F3539	LADIES	47	6
176	81	Olga FOWLER	Caerleon	F4044	LADIES	48	11
177	200	Clive COOKSEY,	Parc Bryn Bach	M7099	MEN	129	2
178	322	Chris CHOULS	Lliswerry	M4044	MEN	130	19
179	782	Steve HAYDN	Islwyn	M5054	MEN	131	19
180	153	Gemma BEVES	Chepstow	F1734	LADIES	49	17

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RACE RESULT (cont.):

Race position	No.	NAME	Club	Category	Gender	Gender position	Category position
181	105	Geoff BAYLISS,	Chepstow	M6569	MEN	132	5
182	U008	Alan DAVIES	Usk	M5559	MEN	133	15
183	355	Alison SHEEDY	Lliswerry	F4549	LADIES	50	12
184	147	Rob BROWN,	Chepstow	M6064	MEN	134	5
185	747	Helen LEWIS	Islwyn	F1734	LADIES	51	18
186	797	Rachel PRANGLEY	Islwyn	F1734	LADIES	52	19
187	652	Dave BASSETT	Griffithstown	M6569	MEN	135	6
188	511	Stella SYMONS	Fairwater	F4549	LADIES	53	13
189	104	Jayne BAYLISS,	Chepstow	F6099	LADIES	54	4
190	740	Coleen BIRCH,	Islwyn	F3539	LADIES	55	7
191	216	Michelle JAYNE	Parc Bryn Bach	F3539	LADIES	56	8
192	618	Gemma THOMAS	Griffithstown	F1734	LADIES	57	20
193	7717	Ken OLIVER	Islwyn	M5054	MEN	136	20
194	106	Bill BEWG,	Chepstow	M7099	MEN	137	3
195	U027	Amberley MORGAN	Usk	F1734	LADIES	58	21
196	M24	Anne HALL	Monmouth	F4044	LADIES	59	12
197	100	Roberta HAVERS	Chepstow	F1734	LADIES	60	22
198	M53	Katie WINTERBOURNE	Monmouth	F4044	LADIES	61	13
199	662	Barrie DESMOND	Griffithstown	M4549	MEN	138	25
200	929	Amanda WILD	Pont-Y-Pwl	F3539	LADIES	62	9
201	862	Chris GENTLE	Lliswerry	M4549	MEN	139	26
202	859	Nick JACKSON	Lliswerry	M4549	MEN	140	27
203	750	John FORAY	Islwyn	M4044	MEN	141	20
204	108	Andy BRAY,	Chepstow	M5559	MEN	142	16
205	439	Helen CLANCY	Chepstow	F4549	LADIES	63	14
206	864	Mark ANSLOW	Lliswerry	M1739	MEN	143	46
207	721	Malcolm PARKER,	Islwyn	M7099	MEN	144	4
208	848	Ceri DONOVAN	Lliswerry	F4044	LADIES	64	14
209	976	Gareth JENKINS	Pont-Y-Pwl	M4549	MEN	145	28
210	779	Helen MEREDITH	Islwyn	F4549	LADIES	65	15
211	887	Ruth PHILLIPS	Lliswerry	F1734	LADIES	66	23
212	M42	Carol Anne USHER	Monmouth	F5054	LADIES	67	2
213	914	Nadine DONOVAN	Pont-Y-Pwl	F4044	LADIES	68	15
214	900	Christine VORRÉS	Pont-Y-Pwl	F5054	LADIES	69	3
215	7712	Mel SENIOR	Islwyn	F4044	LADIES	70	16
216	196	Brett REGULSKI,	Chepstow	M5054	MEN	146	21
217	U038	Tom SOUTHWELL	Usk	M1739	MEN	147	47
218	19	Gwyn HOWELLS,	Caerleon	F6099	LADIES	71	5
219	173	Becca LANE	Chepstow	F3539	LADIES	72	10
220	600	Lauren SAVIGAR	Griffithstown	F1734	LADIES	73	24
221	606	Gail BASSETT	Griffithstown	F6099	LADIES	74	6
222	632	Wendy REES	Griffithstown	F5054	LADIES	75	4
223	861	Mervyn WEIGHTMAN-	Lliswerry	M5054	MEN	148	22
224	548	Sheree MANN	Fairwater	F4549	LADIES	76	16
225	930	Emma MORGAN	Pont-Y-Pwl	F3539	LADIES	77	11

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Race position	No.	NAME	Club	Category	Gender	Gender position	Category position
226	3	Debbie CUMMING	Caerleon	F4549	LADIES	78	17
227	631	Claire SUTTON	Griffithstown	F4549	LADIES	79	18
228	766	Gwilyn PARR	Islwyn	M5054	MEN	149	23
229	116	Carol DUNSBEE	Chepstow	F4044	LADIES	80	17
230	181	Gill ELLIS	Chepstow	F5054	LADIES	81	5
231	877	Joanne CAVILL	Lliswerry	F3539	LADIES	82	12
232	24	Ben MORSE	Caerleon	M1739	MEN	150	48
233	738	Lisa FORAY	Islwyn	F3539	LADIES	83	13
234	890	Michelle UNSWORTH	Lliswerry	F4549	LADIES	84	19
235	910	Rachel WATERS	Pont-Y-Pwl	F1734	LADIES	85	25
236	926	Kay MORGAN	Pont-Y-Pwl	F3539	LADIES	86	14
237	772	Leanne LEWIS	Islwyn	F1734	LADIES	87	26
238	763	Nicola FENNER	Islwyn	F3539	LADIES	88	15

TEAM RACE RESULT :

MENS TEAM :

(10 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	10	9869	10
2	FAIRWATER	10	9719	9
3	ISLWYN	10	9698	8
4	PONT-Y-PWL	10	9423	7
5	GRIFFITHSTOWN	10	9413	6
6	LLISWERRY	10	9335	5
7	MONMOUTH	10	9174	4
8	CAERLEON	9	8304	3
9	PARC BRYN BACH	6	5725	2
10	USK	5	4507	1

LADIES TEAM :

(6 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	5966	10
2	LLISWERRY	6	5891	9
3	PARC BRYN BACH	6	5870	8
4	FAIRWATER	6	5830	7
5	PONT-Y-PWL	6	5758	6
6	ISLWYN	6	5756	5
7	MONMOUTH	6	5733	4
8	CAERLEON	6	5731	3
9	GRIFFITHSTOWN	6	5707	2
10	USK	2	1905	1