

GLCL ROAD RACE SERIES 2013 ; RACE 4/5 ; ISLWYN (Parc Penallta) 30th JULY 2013

RACE RESULT :

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
1	530	Daryll BARNBY	Fairwater	M1739	MEN	1	1
2	231	Lee AHERNE	Parc Bryn Bach	M4549	MEN	2	1
3	201	Simon A LEWIS	Parc Bryn Bach	M1739	MEN	3	2
4	533	Matthew COLLINS	Fairwater	M1739	MEN	4	3
5	741	Richard JOHNSON	Islwyn	M4044	MEN	5	1
6	199	Steve CALDWELL	Chepstow	M4044	MEN	6	2
7	706	Mike DURY	Islwyn	M1739	MEN	7	4
8	360	Robin SMOULT	Llswerry	M1739	MEN	8	5
9	193	James BLORE	Chepstow	M1739	MEN	9	6
10	956	Steve DAVIES	Pont-Y-Pwl	M5054	MEN	10	1
11	719	Dafydd LAMBETH	Islwyn	M4044	MEN	11	3
12	799	Haydn HARTNELL	Islwyn	M5054	MEN	12	2
13	228	Gethin PARHAM	Parc Bryn Bach	M1739	MEN	13	7
14	194	Mark HARVEY (jr)	Chepstow	M1739	MEN	14	8
15	M08	Ben WILLS	Monmouth	M1739	MEN	15	9
16	744	Robert DAVIES	Islwyn	M4044	MEN	16	4
17	M13	Allan MEEK	Monmouth	M4549	MEN	17	2
18	U001	Mark BALCH	Usk	M4549	MEN	18	3
19	7715	Steve EDWARDS	Islwyn	M1739	MEN	19	10
20	159	Katherine MATTHEWS	Chepstow	F3539	LADIES	1	1
21	7705	Darren OWEN	Islwyn	M1739	MEN	20	11
22	710	Philip WILLIAMS	Islwyn	M1739	MEN	21	12
23	884	Simon GILL	Llswerry	M1739	MEN	22	13
24	950	Dimitri VORRÉS	Pont-Y-Pwl	M5054	MEN	23	3
25	M09	Darren RAMAGE	Monmouth	M1739	MEN	24	14
26	540	Alun WILLIAMS	Fairwater	M4549	MEN	25	4
27	955	Ray MORGAN	Pont-Y-Pwl	M1739	MEN	26	15
28	111	Paul LIDGETT	Chepstow	M4549	MEN	27	5
29	220	Damian WILLIAMS	Parc Bryn Bach	M4549	MEN	28	6
30	M21	Russell FINCH	Monmouth	M4549	MEN	29	7
31	43	Keith GITTINS	Caerleon	M5054	MEN	30	4
32	376	Emma WOOKEY	Llswerry	F1734	LADIES	2	1
33	110	Laurie CARTER	Chepstow	M5559	MEN	31	1
34	214	Daman JUKES	Parc Bryn Bach	M4044	MEN	32	5
35	7733	Lee SHANKLAND	Islwyn	M4549	MEN	33	8
36	135	Mathew LAWSON	Chepstow	M4044	MEN	34	6
37	143	Luke MALARZ	Chepstow	M1739	MEN	35	16
38	682	Jonathan SLICZNY	Griffithstown	M1739	MEN	36	17
39	724	Kim WEHDEN	Islwyn	M5054	MEN	37	5
40	544	David STANDING	Fairwater	M1739	MEN	38	18
41	9	Tom EVANS	Caerleon	M1739	MEN	39	19
42	371	Keith JAMES	Llswerry	M1739	MEN	40	20
43	759	Ade WHITE	Islwyn	M4549	MEN	41	9
44	827	Geraint HEATH	Llswerry	M1739	MEN	42	21
45	326	Tony FIDO	Llswerry	M5559	MEN	43	2

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RACE RESULT (cont.):

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
46	676	Andrew THOMPSON	Griffithstown	M5559	MEN	44	3
47	379	Andrew DAWE	Llswerry	M4549	MEN	45	10
48	211	Phillip MILES	Parc Bryn Bach	M6064	MEN	46	1
49	132	Simon DURY	Chepstow	M1739	MEN	47	22
50	654	Andrew SPENCER	Griffithstown	M5054	MEN	48	6
51	661	Thomas GUY	Griffithstown	M4044	MEN	49	7
52	681	Terry WHITE	Griffithstown	M6064	MEN	50	2
53	156	Dave AUSTIN	Chepstow	M4044	MEN	51	8
54	882	James FOULKES-	Llswerry	M1739	MEN	52	23
55	418	Louise SUMMERS	Chepstow	F4549	LADIES	3	1
56	215	Nichola GETHING	Parc Bryn Bach	F4044	LADIES	4	1
57	M54	Robert NELSON	Monmouth	M4044	MEN	53	9
58	123	Neil GRANT	Chepstow	M6064	MEN	54	3
59	7718	Alun WOOD	Islwyn	M1739	MEN	55	24
60	842	Martyn BIDWELL	Llswerry	M4549	MEN	56	11
61	730	Chris GAPPER	Islwyn	M1739	MEN	57	25
62	M51	Oliver MASTERS	Monmouth	M1739	MEN	58	26
63	7716	David WATERS	Islwyn	M1739	MEN	59	27
64	250	Richard BRACHER	Parc Bryn Bach	M1739	MEN	60	28
65	671	Ben JENKINS	Griffithstown	M1739	MEN	61	29
66	527	Roger MILLS	Fairwater	M4044	MEN	62	10
67	124	Niki MORGAN	Chepstow	F4549	LADIES	5	2
68	2	Howard MASON	Caerleon	M4549	MEN	63	12
69	513	Michael SKYRME	Fairwater	M4044	MEN	64	11
70	M59	Anthony BANGHAM	Monmouth	M4044	MEN	65	12
71	7723	Jon PARSONS	Islwyn	M1739	MEN	66	30
72	354	Christopher MATTHEWS	Llswerry	M4549	MEN	67	13
73	871	Louise HOWELLS	Llswerry	F1734	LADIES	6	2
74	732	Sean BIRCH	Islwyn	M4044	MEN	68	13
75	44	Peter RODGER	Caerleon	M5559	MEN	69	4
76	525	Richard BOWIE	Fairwater	M5054	MEN	70	7
77	335	Nick PRINGLE	Llswerry	M5054	MEN	71	8
78	541	Jon WILLIAMS	Fairwater	M4044	MEN	72	14
79	7722	Russell WAREHAM	Islwyn	M4044	MEN	73	15
80	542	Matthew LLOYD	Fairwater	M1739	MEN	74	31
81	90	Gareth HART	Caerleon	M4044	MEN	75	16
82	702	Ceri BARTLEY	Islwyn	F1734	LADIES	7	3
83	10	Jade GITTINS	Caerleon	F1734	LADIES	8	4
84	915	Samantha TOOP	Pont-Y-Pwl	F1734	LADIES	9	5
85	154	Chris REES	Chepstow	M4549	MEN	76	14
86	330	Antoinette DUMAYNE	Llswerry	F1734	LADIES	10	6
87	897	Dean TURNER	Llswerry	M1739	MEN	77	32
88	670	Mark ROBBINS	Griffithstown	M4549	MEN	78	15
89	238	David SMOUT	Parc Bryn Bach	M6064	MEN	79	4
90	775	Terry LEWIS	Islwyn	M5054	MEN	80	9

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RACE RESULT (cont.):

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
91	979	Keith LANGLEY	Pont-Y-Pwl	M5559	MEN	81	5
92	769	Ian LEWIS	Islwyn	M1739	MEN	82	33
93	408	Judith AUSTERBERRY	Chepstow	F3539	LADIES	11	2
94	881	Nigel FOULKES-NOCK	Lliswerry	M4044	MEN	83	17
95	708	Jason DIXON	Islwyn	M4044	MEN	84	18
96	168	Gareth JONES	Chepstow	M6569	MEN	85	1
97	M52	Nick LLOYD	Monmouth	M1739	MEN	86	34
98	M37	David MATHER	Monmouth	M4549	MEN	87	16
99	112	Rob BEVES	Chepstow	M4549	MEN	88	17
100	754	Clinton JAMES	Islwyn	M4549	MEN	89	18
101	U019	Brian JONES	Usk	M4549	MEN	90	19
102	M11	Lee JAMES	Monmouth	M4044	MEN	91	19
103	650	Mike SHIRLOW	Griffithstown	M4549	MEN	92	20
104	158	Tom RIDDINGTON	Chepstow	M4044	MEN	93	20
105	539	Adrian GWILLIAM	Fairwater	M4549	MEN	94	21
106	874	Rob DAVIES	Lliswerry	M4044	MEN	95	21
107	699	Rhys THOMAS	Griffithstown	M1739	MEN	96	35
108	665	Terry SCREEN	Griffithstown	M6064	MEN	97	5
109	437	Mike EVANS	Chepstow	M5559	MEN	98	6
110	M38	Jeremy CREASEY	Monmouth	M4549	MEN	99	22
111	545	Martyn JENKINS	Fairwater	M5054	MEN	100	10
112	667	Barry PARHAM	Griffithstown	M6569	MEN	101	2
113	7708	Jordan KIBBLE	Islwyn	M1739	MEN	102	36
114	7725	Olly NEWMAN	Islwyn	M1739	MEN	103	37
115	185	Helen DUFFIELD	Chepstow	F4044	LADIES	12	2
116	169	Ian WADE	Chepstow	M5054	MEN	104	11
117	675	Peter ROBERTS	Griffithstown	M5559	MEN	105	7
118	505	Gary ADAMS	Fairwater	M1739	MEN	106	38
119	7726	Paul FISHER	Islwyn	M1739	MEN	107	39
120	U043	Thomas WILLIAMS	Usk	M5054	MEN	108	12
121	723	Paul HARVEY	Islwyn	M1739	MEN	109	40
122	115	Esther BARRETT	Chepstow	F3539	LADIES	13	3
123	790	Sean LEWIS	Islwyn	M1739	MEN	110	41
124	315	Paul DURSLEY	Lliswerry	M5559	MEN	111	8
125	916	Emma SOWREY	Pont-Y-Pwl	F3539	LADIES	14	4
126	957	Luke DAVIES	Pont-Y-Pwl	M1739	MEN	112	42
127	198	Kevin MCENTEE	Chepstow	M5559	MEN	113	9
128	27	Emma WILLIAMS	Caerleon	F1734	LADIES	15	7
129	765	Kelly WAITE	Islwyn	F1734	LADIES	16	8
130	73	Mike DAVIES	Caerleon	M5054	MEN	114	13
131	713	Glyn HICKS	Islwyn	M6064	MEN	115	6
132	M46	Ruth WARD	Monmouth	F3539	LADIES	17	5
133	432	Becky COMINS	Chepstow	F4044	LADIES	18	3
134	344	Peta DANIELS	Lliswerry	F4549	LADIES	19	3
135	735	David ADAMS	Islwyn	M4044	MEN	116	22

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RACE RESULT (cont.):

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
136	668	Anthony PHILIPS	Griffithstown	M5559	MEN	117	10
137	734	Ruth TREHARNE	Islwyn	F4549	LADIES	20	4
138	M31	Simone TRAYLEN	Monmouth	F1734	LADIES	21	9
139	655	Malcolm COX	Griffithstown	M6064	MEN	118	7
140	47	Celia BROWN	Caerleon	F1734	LADIES	22	10
141	M18	Emma DAVIES	Monmouth	F4044	LADIES	23	4
142	133	Dave ANDREWS	Chepstow	M6569	MEN	119	3
143	850	Janet RICHARDS	Llswerry	F4549	LADIES	24	5
144	32	Ian PRICE	Caerleon	M4044	MEN	120	23
145	119	Dick FINCH	Chepstow	M6569	MEN	121	4
146	893	Katie GORMLEY	Llswerry	F1734	LADIES	25	11
147	13	Liz RICHARDS	Caerleon	F4549	LADIES	26	6
148	879	Michael BONNETT	Llswerry	M5559	MEN	122	11
149	M30	Will THOMAS	Monmouth	M1739	MEN	123	43
150	81	Olga FOWLER	Caerleon	F4044	LADIES	27	5
151	538	Rebecca POOLE	Fairwater	F1734	LADIES	28	12
152	U008	Alan DAVIES	Usk	M5559	MEN	124	12
153	15	Sian JONES	Caerleon	F1734	LADIES	29	13
154	368	Steve WILLIAMS	Llswerry	M5559	MEN	125	13
155	502	Julie ROCHE	Fairwater	F4549	LADIES	30	7
156	801	Andrew RALPH	Llswerry	M5054	MEN	126	14
157	709	Roger FAWKES	Islwyn	M5559	MEN	127	14
158	212	Margrett MONK	Parc Bryn Bach	F6099	LADIES	31	1
159	7717	Ken OLIVER	Islwyn	M5054	MEN	128	15
160	109	Berna CANTWELL	Chepstow	F4549	LADIES	32	8
161	894	Clare SHEPPARD	Llswerry	F3539	LADIES	33	6
162	440	Denise EVANS	Chepstow	F4549	LADIES	34	9
163	108	Andy BRAY	Chepstow	M5559	MEN	129	15
164	105	Geoff BAYLISS	Chepstow	M6569	MEN	130	5
165	739	Russel DOBBS	Islwyn	M1739	MEN	131	44
166	515	Jeanette JENKINS	Fairwater	F5054	LADIES	35	1
167	860	Jeff UNSWORTH	Llswerry	M5054	MEN	132	16
168	415	Karen ELVERS	Chepstow	F4044	LADIES	36	6
169	855	Martyn JONES	Llswerry	M4549	MEN	133	23
170	M01	Emma KING	Monmouth	F1734	LADIES	37	14
171	887	Ruth PHILLIPS	Llswerry	F1734	LADIES	38	15
172	703	Julie LEWIS	Islwyn	F4549	LADIES	39	10
173	U038	Tom SOUTHWELL	Usk	M1739	MEN	134	45
174	369	Carol WOODFORD	Llswerry	F5054	LADIES	40	2
175	48	Peter OLIVER	Caerleon	M4549	MEN	135	24
176	126	Geoff CRAM	Chepstow	M6569	MEN	136	6
177	848	Ceri DONOVAN	Llswerry	F4044	LADIES	41	7
178	7719	Helen LOUGHER	Islwyn	F1734	LADIES	42	16
179	888	Ceri JENKINS	Llswerry	F3539	LADIES	43	7
180	106	Bill BEWG	Chepstow	M7099	MEN	137	1

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RACE RESULT (cont.):

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
181	826	Keri JONES	Llswerry	F4044	LADIES	44	8
182	420	Sian GRIFFITH	Chepstow	F3539	LADIES	45	8
183	7734	Rhiannon REES	Islwyn	F3539	LADIES	46	9
184	836	David BATEMAN	Llswerry	M4549	MEN	138	25
185	752	Helen WILLIAMS	Islwyn	F1734	LADIES	47	17
186	104	Jayne BAYLISS	Chepstow	F6099	LADIES	48	2
187	875	Leanne PHILLIPS	Llswerry	F4044	LADIES	49	9
188	930	Emma MORGAN	Pont-Y-Pwl	F3539	LADIES	50	10
189	100	Roberta HAVERS	Chepstow	F1734	LADIES	51	18
190	M53	Katie WINTERBOURNE	Monmouth	F4044	LADIES	52	10
191	750	John FORAY	Islwyn	M4044	MEN	139	24
192	605	Rose CHARLES	Griffithstown	F1734	LADIES	53	19
193	607	Daune GREEN	Griffithstown	F3539	LADIES	54	11
194	904	Helen MARRINER	Pont-Y-Pwl	F1734	LADIES	55	20
195	729	Jackie LAMBETH	Islwyn	F4044	LADIES	56	11
196	170	Syd WHEELER	Chepstow	M7099	MEN	140	2
197	859	Nick JACKSON	Llswerry	M4549	MEN	141	26
198	M42	Carol USHER	Monmouth	F5054	LADIES	57	3
199	355	Alison SHEEDY	Llswerry	F4549	LADIES	58	11
200	758	Lowri WILLIAMS	Islwyn	F1734	LADIES	59	21
201	507	John FRY	Fairwater	M6569	MEN	142	7
202	155	Suzie SHEPHERD	Chepstow	F4044	LADIES	60	12
203	7720	Sara ARNOLD	Islwyn	F3539	LADIES	61	12
204	216	Michelle JAYNE	Parc Bryn Bach	F3539	LADIES	62	13
205	632	Wendy REES	Griffithstown	F5054	LADIES	63	4
206	969	Lee DURKEE	Pont-Y-Pwl	M1739	MEN	143	46
207	766	Gwilyn PARR	Islwyn	M5054	MEN	144	17
208	523	Helen GWILLIAM	Fairwater	F4549	LADIES	64	12
209	34	Mary TRENFIELD	Caerleon	F5054	LADIES	65	5
210	838	Lisa BATEMAN	Llswerry	F4549	LADIES	66	13
211	7731	Claire LEWIS	Islwyn	F3539	LADIES	67	14
212	7712	Mel SENIOR	Islwyn	F4044	LADIES	68	13
213	M60	Madeleine NEWCOMB	Monmouth	F6099	LADIES	69	3
214	861	Mervyn WEIGHTMAN-BENT	Llswerry	M5054	MEN	145	18
215	7732	Andrea JONES	Islwyn	F4044	LADIES	70	14
216	19	Gwyn HOWELLS	Caerleon	F6099	LADIES	71	4
217	161	Jackie WEBB	Chepstow	F5054	LADIES	72	6
218	604	Rachel REES	Griffithstown	F3539	LADIES	73	15
219	902	Sam HAWKSWORTH	Pont-Y-Pwl	F3539	LADIES	74	16
220	921	Sarah EVANS	Pont-Y-Pwl	F4044	LADIES	75	15
221	127	Ann MASTERS	Chepstow	F6099	LADIES	76	5
222	548	Sheree MANN	Fairwater	F4549	LADIES	77	14
223	922	Rosie TIMSON	Pont-Y-Pwl	F1734	LADIES	78	22
224	3	Debbie CUMMING	Caerleon	F4549	LADIES	79	15
225	309	Linda DURSLEY	Llswerry	F5054	LADIES	80	7

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RACE RESULT (cont.):

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
226	631	Claire SUTTON	Griffithstown	F4549	LADIES	81	16
227	926	Kay MORGAN	Pont-Y-Pwl	F3539	LADIES	82	17
228	617	Dilwen THONGER	Griffithstown	F6099	LADIES	83	6
229	181	Gill ELLIS	Chepstow	F5054	LADIES	84	8
230	644	Barbara GRAHAM	Griffithstown	F5559	LADIES	85	1
231	738	Lisa FORAY	Islwyn	F3539	LADIES	86	18
232	890	Michelle UNSWORTH	Llswerry	F4549	LADIES	87	17
233	772	Leanne LEWIS	Islwyn	F1734	LADIES	88	23
234	1	Andrew TAYLOR	Caerleon	M5559	MEN	146	16

RACE SUMMARY :

NUMBER OF RUNNERS BY CATEGORY			
F1734	23	M1739	46
F3539	18	M4044	24
F4044	15	M4549	26
F4549	17	M5054	18
F5054	8	M5559	16
F5559	1	M6064	7
F6099	6	M6569	7
		M7099	2
LADIES TOTAL	88	MENS TOTAL	146

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	9	9	18
CHEPSTOW	17	24	41
FAIRWATER	5	13	18
GRIFFITHSTOWN	7	14	21
ISLWYN	15	33	48
LLISWERRY	17	22	39
MONMOUTH	7	12	19
PARC BRYN BACH	3	8	11
PONTYPOOL	8	6	14
USK	0	5	5
TOTAL	88	146	234

TEAM RACE RESULT :

MENS TEAM :

(10 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	ISLWYN	10	9829	10
2	CHEPSTOW	10	9702	9
3	LLISWERRY	10	9564	8
4	FAIRWATER	10	9506	7
5	MONMOUTH	10	9485	6
6	GRIFFITHSTOWN	10	9359	5
7	CAERLEON	9	8218	4
8	PARC BRYN BACH	8	7745	3
9	PONT-Y-PWL	6	5611	2
10	USK	5	4531	1

LADIES TEAM :

(6 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	5961	10
2	LLISWERRY	6	5920	9
3	CAERLEON	6	5879	8
4	ISLWYN	6	5836	7
5	MONMOUTH	6	5799	6
6	PONT-Y-PWL	6	5729	5
7	GRIFFITHSTOWN	6	5599	4
8	FAIRWATER	5	4771	3
9	PARC BRYN BACH	3	2906	2
10	USK	0	0	0