

**GLCL ROAD RACE SERIES 2013 ; RACE 5/5 ; MONMOUTH 20th AUGUST 2013**

**RACE RESULT :**

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
1	530	Daryll BARNBY	Fairwater	M1739	MEN	1	1
2	118	Mathew STOTT	Chepstow	M1739	MEN	2	2
3	533	Matthew COLLINS	Fairwater	M1739	MEN	3	3
4	231	Lee AHERNE	Parc Bryn Bach	M4549	MEN	4	1
5	31	Leighton RAWLINSON	Caerleon	M1739	MEN	5	4
6	201	Simon A LEWIS	Parc Bryn Bach	M1739	MEN	6	5
7	199	Steve CALDWELL	Chepstow	M4044	MEN	7	1
8	706	Mike DURY	Islwyn	M1739	MEN	8	6
9	128	Richard MATTHEWS	Chepstow	M1739	MEN	9	7
10	193	James BLORE	Chepstow	M1739	MEN	10	8
11	741	Richard JOHNSON	Islwyn	M4044	MEN	11	2
12	956	Steve DAVIES	Pont-Y-Pwl	M5054	MEN	12	1
13	799	Haydn HARTNELL	Islwyn	M5054	MEN	13	2
14	376	Emma WOOKEY	Llswerry	F1734	LADIES	1	1
15	744	Robert DAVIES	Islwyn	M4044	MEN	14	3
16	955	Ray MORGAN	Pont-Y-Pwl	M1739	MEN	15	9
17	7715	Steve EDWARDS	Islwyn	M1739	MEN	16	10
18	U001	Mark BALCH	Usk	M4549	MEN	17	2
19	214	Daman JUKES	Parc Bryn Bach	M4044	MEN	18	4
20	978	Gareth REES	Pont-Y-Pwl	M1739	MEN	19	11
21	884	Simon GILL	Llswerry	M1739	MEN	20	12
22	111	Paul LIDGETT	Chepstow	M4549	MEN	21	3
23	950	Dimitri VORRÉS	Pont-Y-Pwl	M5054	MEN	22	3
24	710	Philip WILLIAMS	Islwyn	M1739	MEN	23	13
25	M21	Russell FINCH	Monmouth	M4549	MEN	24	4
26	50	James CASBURN	Caerleon	M1739	MEN	25	14
27	194	Mark HARVEY (jr)	Chepstow	M1739	MEN	26	15
28	110	Laurie CARTER	Chepstow	M5559	MEN	27	1
29	7733	Lee SHANKLAND	Islwyn	M4549	MEN	28	5
30	135	Mathew LAWSON	Chepstow	M4044	MEN	29	5
31	827	Geraint HEATH	Llswerry	M1739	MEN	30	16
32	43	Keith GITTINS	Caerleon	M5054	MEN	31	4
33	215	Nichola GETHING	Parc Bryn Bach	F4044	LADIES	2	1
34	M25	George SMITH	Monmouth	M1739	MEN	32	17
35	957	Luke DAVIES	Pont-Y-Pwl	M1739	MEN	33	18
36	326	Tony FIDO	Llswerry	M5559	MEN	34	2
37	745	Chris LLOYD	Islwyn	M1739	MEN	35	19
38	418	Louise SUMMERS	Chepstow	F4549	LADIES	3	1
39	124	Niki MORGAN	Chepstow	F4549	LADIES	4	2
40	132	Simon DURY	Chepstow	M1739	MEN	36	20
41	37	Peter THOMAS	Caerleon	M5054	MEN	37	5
42	377	Steve HARRHY	Llswerry	M4549	MEN	38	6
43	847	Jamie DAVIES	Llswerry	M1739	MEN	39	21
44	676	Andrew THOMPSON	Griffithstown	M5559	MEN	40	3
45	172	David SOMERSALL	Chepstow	M4044	MEN	41	6

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**RACE RESULT (cont.):**

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
46	959	Brian WILLIAMS	Pont-Y-Pwl	M1739	MEN	42	22
47	9	Tom EVANS	Caerleon	M1739	MEN	43	23
48	724	Kim WEHDEN	Islwyn	M5054	MEN	44	6
49	M51	Oliver MASTERS	Monmouth	M1739	MEN	45	24
50	190	Edwin GREEN	Chepstow	M4549	MEN	46	7
51	U050	Jon HANCOCK	Usk	M5559	MEN	47	4
52	681	Terry WHITE	Griffithstown	M6064	MEN	48	1
53	156	Dave AUSTIN	Chepstow	M4044	MEN	49	7
54	671	Ben JENKINS	Griffithstown	M1739	MEN	50	25
55	211	Phillip MILES	Parc Bryn Bach	M6064	MEN	51	2
56	702	Ceri BARTLEY	Islwyn	F1734	LADIES	5	2
57	535	Rob SYMONS	Fairwater	M4549	MEN	52	8
58	45	Dave RUDMAN	Caerleon	M1739	MEN	53	26
59	679	Nick WALSH	Griffithstown	M4044	MEN	54	8
60	335	Nick PRINGLE	Llswerry	M5054	MEN	55	7
61	330	Antoinette DUMAYNE	Llswerry	F1734	LADIES	6	3
62	527	Roger MILLS	Fairwater	M4044	MEN	56	9
63	730	Chris GAPPER	Islwyn	M1739	MEN	57	27
64	7718	Alun WOOD	Islwyn	M1739	MEN	58	28
65	148	Rob BRONLY	Chepstow	M1739	MEN	59	29
66	123	Neil GRANT	Chepstow	M6064	MEN	60	3
67	654	Andrew SPENCER	Griffithstown	M5054	MEN	61	8
68	871	Louise HOWELLS	Llswerry	F1734	LADIES	7	4
69	125	Rob HOOK	Chepstow	M4549	MEN	62	9
70	504	Angela JONES	Fairwater	F4549	LADIES	8	3
71	44	Peter RODGER	Caerleon	M5559	MEN	63	5
72	M54	Robert NELSON	Monmouth	M4044	MEN	64	10
73	112	Rob BEVES	Chepstow	M4549	MEN	65	10
74	2	Howard MASON	Caerleon	M4549	MEN	66	11
75	230	Martin CHAMMINGS	Parc Bryn Bach	M1739	MEN	67	30
76	65	Mike THURGOOD	Caerleon	M4549	MEN	68	12
77	882	James FOULKES-	Llswerry	M1739	MEN	69	31
78	168	Gareth JONES	Chepstow	M6569	MEN	70	1
79	7716	David WATERS	Islwyn	M1739	MEN	71	32
80	7722	Russell WAREHAM	Islwyn	M4044	MEN	72	11
81	753	Jonathan DAVIES	Islwyn	M4044	MEN	73	12
82	891	James PEARCE	Llswerry	M1739	MEN	74	33
83	408	Judith AUSTERBERRY	Chepstow	F3539	LADIES	9	1
84	974	Ricci WATTS	Pont-Y-Pwl	M1739	MEN	75	34
85	525	Richard BOWIE	Fairwater	M5054	MEN	76	9
86	722	Neil PARKER	Islwyn	M4549	MEN	77	13
87	670	Mark ROBBINS	Griffithstown	M4549	MEN	78	14
88	8801	Oliver HARRIS	Llswerry	M1739	MEN	79	35
89	222	Susan TAGG	Parc Bryn Bach	F4549	LADIES	10	4
90	885	Sarah LAUDER	Llswerry	F1734	LADIES	11	5

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**RACE RESULT (cont.):**

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
91	699	Rhys THOMAS	Griffithstown	M1739	MEN	80	36
92	129	Jan MORRIS	Chepstow	F4549	LADIES	12	5
93	M55	Kirk HILL	Monmouth	M4044	MEN	81	13
94	708	Jason DIXON	Islwyn	M4044	MEN	82	14
95	979	Keith LANGLEY	Pont-Y-Pwl	M5559	MEN	83	6
96	315	Paul DURSLEY	Lliswerry	M5559	MEN	84	7
97	501	Nud REHMAN	Fairwater	M1739	MEN	85	37
98	M37	David MATHER	Monmouth	M4549	MEN	86	15
99	513	Michael SKYRME	Fairwater	M4044	MEN	87	15
100	966	Stewart THOMSON	Pont-Y-Pwl	M5054	MEN	88	10
101	725	Kerry PRICE	Islwyn	M5559	MEN	89	8
102	965	Paul DONOVAN	Pont-Y-Pwl	M4549	MEN	90	16
103	98	Graeme VINER	Caerleon	M5054	MEN	91	11
104	684	Steve MATTHEWS	Griffithstown	M5054	MEN	92	12
105	M52	Nick LLOYD	Monmouth	M1739	MEN	93	38
106	165	Allan McCALL	Chepstow	M4549	MEN	94	17
107	313	Chris DAVIES	Lliswerry	M5559	MEN	95	9
108	437	Mike EVANS	Chepstow	M5559	MEN	96	10
109	191	Andy OST	Chepstow	M1739	MEN	97	39
110	916	Emma SOWREY	Pont-Y-Pwl	F3539	LADIES	13	2
111	174	John THOMAS	Chepstow	M4549	MEN	98	18
112	539	Adrian GWILLIAM	Fairwater	M4549	MEN	99	19
113	M11	Lee JAMES	Monmouth	M4044	MEN	100	16
114	M58	Emily PARDINGTON	Monmouth	F1734	LADIES	14	6
115	769	Ian LEWIS	Islwyn	M1739	MEN	101	40
116	754	Clinton JAMES	Islwyn	M4549	MEN	102	20
117	158	Tom RIDDINGTON	Chepstow	M4044	MEN	103	17
118	M38	Jeremy CREASEY	Monmouth	M4549	MEN	104	21
119	U019	Brian JONES	Usk	M4549	MEN	105	22
120	M47	Martin BLAKEBROUGH	Monmouth	M4549	MEN	106	23
121	545	Martyn JENKINS	Fairwater	M5054	MEN	107	13
122	850	Janet RICHARDS	Lliswerry	F4549	LADIES	15	6
123	47	Celia BROWN	Caerleon	F1734	LADIES	16	7
124	432	Becky COMINS	Chepstow	F4044	LADIES	17	2
125	M30	Will THOMAS	Monmouth	M1739	MEN	108	41
126	73	Mike DAVIES	Caerleon	M5054	MEN	109	14
127	927	Maria RICHARDS	Pont-Y-Pwl	F3539	LADIES	18	3
128	765	Kelly WAITE	Islwyn	F1734	LADIES	19	8
129	7725	Oly NEWMAN	Islwyn	M1739	MEN	110	42
130	169	Ian WADE	Chepstow	M5054	MEN	111	15
131	27	Emma WILLIAMS	Caerleon	F1734	LADIES	20	9
132	7708	Jordan KIBBLE	Islwyn	M1739	MEN	112	43
133	202	Lauri COWDELL	Parc Bryn Bach	F1734	LADIES	21	10
134	846	Nick DAVIES	Lliswerry	M5054	MEN	113	16
135	138	Samual WELSH	Chepstow	M1739	MEN	114	44

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**RACE RESULT (cont.):**

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
136	218	Kelly COLLINS	Parc Bryn Bach	F1734	LADIES	22	11
137	M18	Emma DAVIES	Monmouth	F4044	LADIES	23	3
138	893	Katie GORMLEY	Llswerry	F1734	LADIES	24	12
139	975	Paul GRAINGER	Pont-Y-Pwl	M4044	MEN	115	18
140	117	Jane HALL	Chepstow	F3539	LADIES	25	4
141	538	Rebecca POOLE	Fairwater	F1734	LADIES	26	13
142	329	Howard ATTWOOD	Llswerry	M6064	MEN	116	4
143	897	Dean TURNER	Llswerry	M1739	MEN	117	45
144	13	Liz RICHARDS	Caerleon	F4549	LADIES	27	7
145	119	Dick FINCH	Chepstow	M6569	MEN	118	2
146	734	Ruth TREHARNE	Islwyn	F4549	LADIES	28	8
147	894	Clare SHEPPARD	Llswerry	F3539	LADIES	29	5
148	M29	Sian STROUD	Monmouth	F5054	LADIES	30	1
149	212	Margrett MONK	Parc Bryn Bach	F6099	LADIES	31	1
150	655	Malcolm COX	Griffithstown	M6064	MEN	119	5
151	367	Rob ANDERSON	Llswerry	M7099	MEN	120	1
152	713	Glyn HICKS	Islwyn	M6064	MEN	121	6
153	137	Stuart DUNCAN	Chepstow	M5054	MEN	122	17
154	415	Karen ELVERS	Chepstow	F4044	LADIES	32	4
155	440	Denise EVANS	Chepstow	F4549	LADIES	33	9
156	198	Kevin MCENTEE	Chepstow	M5559	MEN	123	11
157	18	Rachel DOREL	Caerleon	F1734	LADIES	34	14
158	368	Steve WILLIAMS	Llswerry	M5559	MEN	124	12
159	668	Anthony PHILIPS	Griffithstown	M5559	MEN	125	13
160	651	Daniel PAYTON	Griffithstown	M1739	MEN	126	46
161	140	Laurance LLEWELLYN	Chepstow	M5054	MEN	127	18
162	U048	Laura POWELL	Usk	F1734	LADIES	35	15
163	502	Julie ROCHE	Fairwater	F4549	LADIES	36	10
164	625	Natalie HERN	Griffithstown	F4044	LADIES	37	5
165	648	Elizabeth STOKES	Griffithstown	F4044	LADIES	38	6
166	32	Ian PRICE	Caerleon	M4044	MEN	128	19
167	7735	Sali JAMES	Islwyn	F1734	LADIES	39	16
168	51	Helen THOMAS	Caerleon	F5054	LADIES	40	2
169	515	Jeanette JENKINS	Fairwater	F5054	LADIES	41	3
170	879	Michael BONNETT	Llswerry	M5559	MEN	129	14
171	M01	Emma KING	Monmouth	F1734	LADIES	42	17
172	887	Ruth PHILLIPS	Llswerry	F1734	LADIES	43	18
173	886	Ruth OVEY	Llswerry	F3539	LADIES	44	6
174	M26	Lisa EVANS	Monmouth	F3539	LADIES	45	7
175	M39	Paul McAFEE	Monmouth	M4549	MEN	130	24
176	7717	Ken OLIVER	Islwyn	M5054	MEN	131	19
177	186	Andy CREBER	Chepstow	M5054	MEN	132	20
178	742	Donna MATTHEWS	Islwyn	F5054	LADIES	46	4
179	322	Chris CHOULS	Llswerry	M4044	MEN	133	20
180	809	Dave WESTLEY	Llswerry	M5559	MEN	134	15

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**RACE RESULT (cont.):**

Race position	#	NAME	Club	Category	Gender	Gender position	Category position
181	402	Andy SILK	Chepstow	M5559	MEN	135	16
182	U008	Alan DAVIES	Usk	M5559	MEN	136	17
183	58	Joanne PEACOCK	Caerleon	F4549	LADIES	47	11
184	48	Peter OLIVER	Caerleon	M4549	MEN	137	25
185	831	Sinead THOMSON	Lliswerry	F1734	LADIES	48	19
186	888	Ceri JENKINS	Lliswerry	F3539	LADIES	49	8
187	213	Bernie MONK	Parc Bryn Bach	M6569	MEN	138	3
188	153	Gemma BEVES	Chepstow	F1734	LADIES	50	20
189	848	Ceri DONOVAN	Lliswerry	F4044	LADIES	51	7
190	105	Geoff BAYLISS	Chepstow	M6569	MEN	139	4
191	855	Martyn JONES	Lliswerry	M4549	MEN	140	26
192	420	Sian GRIFFITH	Chepstow	F3539	LADIES	52	9
193	108	Andy BRAY	Chepstow	M5559	MEN	141	18
194	U038	Tom SOUTHWELL	Usk	M1739	MEN	142	47
195	141	Paul MAYO	Chepstow	M1739	MEN	143	48
196	859	Nick JACKSON	Lliswerry	M4549	MEN	144	27
197	905	Zoe ELVER	Pont-Y-Pwl	F4044	LADIES	53	8
198	930	Emma MORGAN	Pont-Y-Pwl	F3539	LADIES	54	10
199	355	Alison SHEEDY	Lliswerry	F4549	LADIES	55	12
200	729	Jackie LAMBETH	Islwyn	F4044	LADIES	56	9
201	104	Jane BAYLISS	Chepstow	F6099	LADIES	57	2
202	875	Leanne PHILLIPS	Lliswerry	F4044	LADIES	58	10
203	M05	Karen BARRATT	Monmouth	F3539	LADIES	59	11
204	862	Chris GENTLE	Lliswerry	M4549	MEN	145	28
205	740	Coleen BIRCH	Islwyn	F3539	LADIES	60	12
206	M42	Carol Anne USHER	Monmouth	F5054	LADIES	61	5
207	511	Stella SYMONS	Fairwater	F4549	LADIES	62	13
208	7736	Coral REES	Islwyn	F3539	LADIES	63	13
209	523	Helen GWILLIAM	Fairwater	F4549	LADIES	64	14
210	216	Michelle JAYNE	Parc Bryn Bach	F3539	LADIES	65	14
211	107	Jenny BELL	Chepstow	F3539	LADIES	66	15
212	907	Nadine FLETCHER	Pont-Y-Pwl	F1734	LADIES	67	21
213	100	Roberta HAVERS	Chepstow	F1734	LADIES	68	22
214	170	Syd WHEELER	Chepstow	M7099	MEN	146	2
215	M53	Katie WINTERBOURNE	Monmouth	F4044	LADIES	69	11
216	7712	Mel SENIOR	Islwyn	F4044	LADIES	70	12
217	607	Daune GREEN	Griffithstown	F3539	LADIES	71	16
218	302	Yvonne FORSEY	Lliswerry	F5559	LADIES	72	1
219	439	Helen CLANCY	Chepstow	F4549	LADIES	73	15
220	M60	Madeleine NEWCOMB	Monmouth	F6099	LADIES	74	3
221	632	Wendy REES	Griffithstown	F5054	LADIES	75	6
222	898	Karen PENNY	Lliswerry	F4549	LADIES	76	16
223	721	Malcolm PARKER	Islwyn	M7099	MEN	147	3
224	M24	Anne HALL	Monmouth	F4044	LADIES	77	13
225	323	Elizabeth PARKER	Lliswerry	F4044	LADIES	78	14

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Race position	#	NAME	Club	Category	Gender	Gender position	Category position
226	861	Mervyn WEIGHTMAN-BENT	Lliswerry	M5054	MEN	148	21
227	872	Nicola MURREY	Lliswerry	F4549	LADIES	79	17
228	19	Gwyn HOWELLS	Caerleon	F6099	LADIES	80	4
229	3	Debbie CUMMING	Caerleon	F4549	LADIES	81	18
230	902	Sam HAWKSWORTH	Pont-Y-Pwl	F3539	LADIES	82	17
231	U027	Amberley MORGAN	Usk	F1734	LADIES	83	23
232	548	Sheree MANN	Fairwater	F4549	LADIES	84	19
233	766	Gwilyn PARR	Islwyn	M5054	MEN	149	22
234	617	Dilwen THONGER	Griffithstown	F6099	LADIES	85	5
235	309	Linda DURSLEY	Lliswerry	F5054	LADIES	86	7
236	926	Kay MORGAN	Pont-Y-Pwl	F3539	LADIES	87	18
237	631	Claire SUTTON	Griffithstown	F4549	LADIES	88	20
238	892	Sue WILLIAMS	Lliswerry	F1734	LADIES	89	24
239	896	Maxine RHODES	Lliswerry	F4549	LADIES	90	21
240	890	Michelle UNSWORTH	Lliswerry	F4549	LADIES	91	22
241	899	Morwenna PHILLIPS	Lliswerry	F1734	LADIES	92	25
242	364	Christine LEWIS	Lliswerry	F5054	LADIES	93	8
243	914	Nadine DONOVAN	Pont-Y-Pwl	F4044	LADIES	94	15

**RACE SUMMARY :**

NUMBER OF RUNNERS BY CATEGORY			
F1734	25	M1739	48
F3539	18	M4044	20
F4044	15	M4549	28
F4549	22	M5054	22
F5054	8	M5559	18
F5559	1	M6064	6
F6099	5	M6569	4
		M7099	3
LADIES TOTAL	94	MENS TOTAL	149

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	8	13	21
CHEPSTOW	14	34	48
FAIRWATER	7	9	16
GRIFFITHSTOWN	6	11	17
ISLWYN	9	25	34
LLISWERRY	24	23	47
MONMOUTH	10	12	22
PARC BRYN BACH	6	6	12
PONTYPOOL	8	11	19
USK	2	5	7
TOTAL	94	149	243

**TEAM RACE RESULT :**

**MENS TEAM :**

(10 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

<b>Position</b>	<b>TEAM</b>	<b>RUNNERS SCORING</b>	<b>Score</b>	<b>Points</b>
1	CHEPSTOW	10	9802	10
2	ISLWYN	10	9761	9
3	PONT-Y-PWL	10	9531	8
4	CAERLEON	10	9528	7
5	LLISWERRY	10	9488	6
6	MONMOUTH	10	9275	5
7	GRIFFITHSTOWN	10	9263	4
8	FAIRWATER	9	8443	3
9	PARC BRYN BACH	6	5722	2
10	USK	5	4558	1

**LADIES TEAM :**

(6 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

<b>Position</b>	<b>TEAM</b>	<b>RUNNERS SCORING</b>	<b>Score</b>	<b>Points</b>
1	LLISWERRY	6	5942	10
2	CHEPSTOW	6	5936	9
3	PARC BRYN BACH	6	5855	8
4	CAERLEON	6	5822	7
5	ISLWYN	6	5813	6
6	MONMOUTH	6	5793	5
7	FAIRWATER	6	5769	4
8	PONT-Y-PWL	6	5719	3
9	GRIFFITHSTOWN	6	5612	2
10	USK	2	1884	1