

GLCL XC RACE SERIES 2012 ~ 13; RACE 3/5 ; ISLWYN 6th JAN. 2013

MENS RACE RESULT :

Race position	No.	NAME	Club	Category	Category position
1	520	Mark JENNINGS	Fairwater	M1739	1
2	660	Ryan McFLYNN	Griffithstown	M1739	2
3	537	Stefan SIMMS	Fairwater	M4044	1
4	530	Daryll BARNBY	Fairwater	M1739	3
5	533	Matthew COLLINS	Fairwater	M1739	4
6	516	Sean TAYLOR	Fairwater	M1739	5
7	31	Leighton RAWLINSON	Caerleon	M1739	6
8	521	Laurence HUMPHRIES	Fairwater	M1739	7
9	820	Matthew EDMONDS	Lliswerry	M1739	8
10	338	Chris HARRHY	Lliswerry	M4549	1
11	201	Simon A LEWIS,	Parc Bryn Bach	M1739	9
12	741	Richard JOHNSTONE,	Islwyn	M4044	2
13	397	James ELGAR	Lliswerry	M1739	10
14	509	Richard LLOYD,	Fairwater	M1739	11
15	207	Simon LEWIS,	Parc Bryn Bach	M4549	2
16	71	Jim KING	Caerleon	M1739	12
17	444	Paul DODD	Chepstow	M5054	1
18	719	Dafydd LAMBETH,	Islwyn	M1739	13
19	7702	Aled JONES	Islwyn	M1739	14
20	706	Mike DURY,	Islwyn	M1739	15
21	194	Mark HARVEY (jr)	Chepstow	M1739	16
22	384	Oliver ANTHONY,	Lliswerry	M1739	17
23	956	Steve DAVIES	Pont-Y-Pwl	M5054	2
24	799	Haydn HARTNELL	Islwyn	M5054	3
25	682	Jonathan SLICZNY	Griffithstown	M1739	18
26	950	Dimitri VORRÉS	Pont-Y-Pwl	M5054	4
27	226	Scott MORRIS	Parc Bryn Bach	M1739	19
28	361	Gareth HALL	Lliswerry	M1739	20
29	228	Gethin PARHAM	Parc Bryn Bach	M1739	21
30	111	Paul LIDGETT	Chepstow	M4549	3
31	805	Paul haig THOMAS	Lliswerry	M4044	3
32	214	Daman JUKES	Parc Bryn Bach	M4044	4
33	221	David FROST	Parc Bryn Bach	M4549	4
34	544	David STANDING	Fairwater	M1739	22
35	666	Colin WILMOTT	Griffithstown	M5054	5
36	965	Paul DONOVAN	Pont-Y-Pwl	M4549	5
37	65	Mike THURGOOD	Caerleon	M4044	5
38	2	Howard MASON,	Caerleon	M4549	6
39	211	Phillip MILES,	Parc Bryn Bach	M6064	1
40	M21	Russell FINCH	Monmouth	M4549	7
41	884	Simon GILL	Lliswerry	M1739	23
42	961	Gary JONES	Pont-Y-Pwl	M5054	6
43	7705	Darren OWEN	Islwyn	M1739	24
44	37	Peter THOMAS	Caerleon	M5054	7
45	654	Andrew SPENCER	Griffithstown	M4549	8

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MENS RACE RESULT (cont.):

Race position	No.	NAME	Club	Category	Category position
46	710	Philip WILLIAMS	Islwyn	M1739	25
47	377	Steve HARRHY	Llisbury	M4549	9
48	7711	Martin JONES	Islwyn	M1739	26
49	676	Andrew THOMPSON	Griffithstown	M5559	1
50	541	Jon WILLIAMS,	Fairwater	M4044	6
51	835	Bleddyn JONES	Llisbury	M1739	27
52	326	Tony FIDO	Llisbury	M5559	2
53	186	Andy CREBER,	Chepstow	M5054	8
54	661	Thomas GUY	Griffithstown	M4044	7
55	317	Paul DAY,	Llisbury	M6064	2
56	724	Kim WEHDEN	Islwyn	M5054	9
57	759	Ade WHITE,	Islwyn	M4549	10
58	7701	Gary JONES	Islwyn	M5054	10
59	975	Paul GRAINGER JONES	Pont-Y-Pwl	M1739	28
60	745	Chris LLOYD	Islwyn	M1739	29
61	386	Matt CREED	Llisbury	M1739	30
62	830	Paul HARMES	Llisbury	M4549	11
63	966	Stewart THOMSON	Pont-Y-Pwl	M5054	11
64	354	Christopher MATTHEWS	Llisbury	M4549	12
65	238	David SMOUT	Parc Bryn Bach	M6064	3
66	968	Andrew DICKENS	Pont-Y-Pwl	M4044	8
67	539	Adrian GWILLIAM	Fairwater	M4549	13
68	90	Gareth HART	Caerleon	M4044	9
69	44	Peter RODGER	Caerleon	M5559	3
70	964	Dave TIMSON	Pont-Y-Pwl	M4549	14
71	878	Paul CHICK	Llisbury	M4044	10
72	527	Roger MILLS	Fairwater	M4044	11
73	775	Terry LEWIS	Islwyn	M5054	12
74	M19	John PRINGLE	Monmouth	M5559	4
75	313	Chris DAVIES,	Llisbury	M5559	5
76	974	Ricci WATTS	Pont-Y-Pwl	M1739	31
77	545	Martyn JENKINS	Fairwater	M5054	13
78	959	Iestyn RHODES	Pont-Y-Pwl	M1739	32
79	743	Michael BUNSTON,	Islwyn	M4044	12
80	525	Richard BOWIE	Fairwater	M5054	14
81	M17	Stuart KRAMER	Monmouth	M4549	15
82	675	Peter ROBERTS	Griffithstown	M5559	6
83	M37	David MATHER	Monmouth	M4549	16
84	M39	Paul McAFEE	Monmouth	M4549	17
85	760	Andrew DAVIES	Islwyn	M4549	18
86	651	Daniel PAYTON	Griffithstown	M1739	33
87	7710	Garfield JONES	Islwyn	M5559	7
88	30	Justin POCKNELL	Caerleon	M4044	13
89	790	Sean LEWIS	Islwyn	M1739	34
90	402	Andy SILK	Chepstow	M5559	8

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MENS RACE RESULT (cont.):

Race position	No.	NAME	Club	Category	Category position
91	708	Jason DIXON	Islwyn	M4044	14
92	713	Glyn HICKS,	Islwyn	M6064	4
93	960	Rhys PARFITT	Pont-Y-Pwl	M1739	35
94	M11	Lee JAMES	Monmouth	M4044	15
95	119	Dick FINCH,	Chepstow	M6569	1
96	769	Ian LEWIS	Islwyn	M1739	36
97	329	Howard ATTWOOD,	Lliswerry	M6064	5
98	782	Steve HAYDN	Islwyn	M5054	15
99	1	Andrew TAYLOR,	Caerleon	M5559	9
100	M38	Jeremy CREASEY	Monmouth	M4549	19
101	668	Anthony PHILIPS	Griffithstown	M5559	10
102	879	Michael BONNETT	Lliswerry	M5559	11
103	137	Stuart DUNCAN	Chepstow	M5054	16
104	836	David BATEMAN	Lliswerry	M4549	20
105	105	Geoff BAYLISS,	Chepstow	M6569	2
106	307	Neil CHIPPER,	Lliswerry	M5054	17
107	777	Colin DIXON	Islwyn	M6064	6
108	969	Lee DURKEE	Pont-Y-Pwl	M1739	37
109	108	Andy BRAY,	Chepstow	M5559	12
110	126	Geoff CRAM,	Chepstow	M6569	3

OVER 70 MENS RACE RESULT.

Race position	No.	NAME	Club
1	367	Rob ANDERSON	Lliswerry
2	170	Syd WHEELER,	Chepstow

TEAM RACE RESULT :

MENS TEAM :

(6 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	FAIRWATER	6	5979	9
2	LLISWERRY	6	5893	8
3	ISLWYN	6	5870	7
4	PARC BRYN BACH	6	5859	6
=5	CAERLEON	6	5796	4.5
=5	GRIFFITHSTOWN	6	5796	4.5
7	PONT-Y-PWL	6	5750	3
8	CHEPSTOW	6	5700	2
9	MONMOUTH	6	5550	1

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LADIES RACE RESULT.

Race position	No.	NAME	Club	Category	Category position
1	414	Jane HORLER	Chepstow	F4044	1
2	215	Nichola GETHING	Parc Bryn Bach	F4044	2
3	124	Niki MORGAN,	Chepstow	F4549	1
4	408	Judith AUSTERBERRY	Chepstow	F3539	1
5	915	Samantha TOOP	Pont-Y-Pwl	F1734	1
6	876	Nicci HAINES-JONES	Lliswerry	F4549	2
7	916	Emma SOWREY	Pont-Y-Pwl	F3539	2
8	330	Antoinette DUMAYNE	Lliswerry	F1734	2
9	136	Vanessa LAWSON,	Chepstow	F4044	3
10	885	Sarah LAUDER	Lliswerry	F1734	3
11	418	Louise SUMMERS	Chepstow	F4549	3
12	911	Julie DAVIES	Pont-Y-Pwl	F4044	4
13	927	Maria RICHARDS	Pont-Y-Pwl	F3539	3
14	432	Becky COMINS	Chepstow	F4044	5
15	901	Sharon WOODS	Pont-Y-Pwl	F5054	1
16	222	Susan TAGG	Parc Bryn Bach	F4549	4
17	871	Louise HOWELLS	Lliswerry	F1734	4
18	850	Janet RICHARDS	Lliswerry	F4549	5
19	202	Lauri COWDELL	Parc Bryn Bach	F1734	5
20	15	Sian JONES,	Caerleon	F1734	6
21	114	Joc DODD	Chepstow	F5559	1
22	51	Helen THOMAS	Caerleon	F5054	2
23	797	Rachel PRANGLEY	Islwyn	F1734	7
24	7713	Alma DURY	Islwyn	F1734	8
25	52	Shelagh ADKINS,	Caerleon	F6099	1
26	648	Elizabeth STOKES	Griffithstown	F4044	6
27	5	Karen PAYNE	Caerleon	F4044	7
28	538	Rebecca REYNOLDS	Fairwater	F1734	9
29	734	Ruth TREHARNE	Islwyn	F4549	6
30	515	Jeanette JENKINS,	Fairwater	F5054	3
31	886	Ruth OVEY	Lliswerry	F3539	4
32	M01	Emma KING	Monmouth	F1734	10
33	703	Julie LEWIS	Islwyn	F4549	7
34	845	Zara CUMPSTONE	Lliswerry	F3539	5
35	26	Amy RACKHAM	Caerleon	F1734	11
36	369	Carol WOODFORD	Lliswerry	F5054	4
37	758	Lowri WILLIAMS	Islwyn	F1734	12
38	928	Bethan ADAMS	Pont-Y-Pwl	F1734	13
39	7706	Wendy DAVIES	Islwyn	F4549	8
40	914	Nadine DONOVAN	Pont-Y-Pwl	F3539	6
41	729	Jackie LAMBETH,	Islwyn	F4044	8
42	900	Christine VORRÉS	Pont-Y-Pwl	F5054	5
43	340	Claire DUNKERTON	Lliswerry	F1734	14
44	429	Jane RYMER	Chepstow	F4549	9
45	440	Denise EVANS	Chepstow	F4549	10

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LADIES RACE RESULT (cont).

Race position	No.	NAME	Club	Category	Category position
46	M42	Carol Anne USHER	Monmouth	F5054	6
47	838	Lisa BATEMAN	Lliswerry	F4549	11
48	192	Sue OST,	Chepstow	F3539	7
49	903	Amie SYMES	Pont-Y-Pwl	F1734	15
50	365	Alexandra LEADLEY	Lliswerry	F3539	8
51	100	Roberta HAVERS	Chepstow	F1734	16
52	523	Helen GWILLIAM	Fairwater	F4549	12
53	7712	Mel SENIOR	Islwyn	F4044	9
54	M44	Susan REES	Monmouth	F4549	13
55	7707	Yvonne BERRIMAN	Islwyn	F4549	14
56	302	Yvonne FORSEY,	Lliswerry	F5054	7
57	19	Gwyn HOWELLS,	Caerleon	F6099	2
58	548	Sheree MANN	Fairwater	F4549	15
59	M43	Rhian MITCHELL	Monmouth	F3539	9
60	3	Debbie CUMMING	Caerleon	F4549	16

TEAM RACE RESULT :

LADIES TEAM :

(4 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	4	3987	9
2	PONT-Y-PWL	4	3965	8
3	LLISWERRY	4	3963	7
4	CAERLEON	4	3910	6
5	ISLWYN	4	3895	5
6	FAIRWATER	4	3836	4
7	MONMOUTH	4	3813	3
8	PARC BRYN BACH	3	2966	2
9	GRIFFITHSTOWN	1	975	1