

GLCL XC RACE SERIES 2012 ~ 13; RACE 5/5 ; LLISWERRY 24th MAR. 2013**MENS RACE RESULT :**

Race position	No.	NAME	Club	Category	Category position
1	530	Daryll BARNBY	Fairwater	M1739	1
2	31	Leighton RAWLINSON	Caerleon	M1739	2
3	397	James ELGAR	Lliswerry	M1739	3
4	201	Simon A LEWIS,	Parc Bryn Bach	M1739	4
5	870	Michael GRIFFITHS	Lliswerry	M1739	5
6	142	Mike LOVELL	Chepstow	M1739	6
7	516	Sean TAYLOR	Fairwater	M1739	7
8	828	Miles THOMAS	Lliswerry	M1739	8
9	194	Mark HARVEY (jr)	Chepstow	M1739	9
10	741	Richard JOHNSTONE,	Islwyn	M4044	1
11	706	Mike DURY,	Islwyn	M1739	10
12	951	Adrian WOODS	Pont-Y-Pwl	M5054	1
13	207	Simon LEWIS,	Parc Bryn Bach	M4549	1
14	719	Dafydd LAMBETH,	Islwyn	M1739	11
15	522	Grant LEWIS	Fairwater	M1739	12
16	799	Haydn HARTNELL	Islwyn	M5054	2
17	226	Scott MORRIS	Parc Bryn Bach	M1739	13
18	71	Jim KING	Caerleon	M1739	14
19	956	Steve DAVIES	Pont-Y-Pwl	M5054	3
20	509	Richard LLOYD,	Fairwater	M1739	15
21	955	Ray MORGAN	Pont-Y-Pwl	M1739	16
22	111	Paul LIDGETT	Chepstow	M4549	2
23	444	Paul DODD	Chepstow	M5054	4
24	135	Mathew LAWSON,	Chepstow	M4044	2
25	214	Daman JUKES	Parc Bryn Bach	M4044	3
26	710	Philip WILLIAMS	Islwyn	M1739	17
27	386	Matt CREED	Lliswerry	M1739	18
28	884	Simon GILL	Lliswerry	M1739	19
29	7715	Steve EDWARDS	Islwyn	M1739	20
30	377	Steve HARRHY	Lliswerry	M4549	3
31	666	Colin WILMOTT	Griffithstown	M5054	5
32	M21	Russell FINCH	Monmouth	M4549	4
33	759	Ade WHITE,	Islwyn	M4549	5
34	950	Dimitri VORRÉS	Pont-Y-Pwl	M5054	6
35	7701	Gary JONES	Islwyn	M5054	7
36	676	Andrew THOMPSON	Griffithstown	M5559	1
37	791	Mark SAUNDERS	Islwyn	M5054	8
38	882	James FOULKES-NOCK	Lliswerry	M1739	21
39	7711	Martin JONES	Islwyn	M1739	22
40	724	Kim WEHDEN	Islwyn	M5054	9

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Race position	No.	NAME	Club	Category	Category position
41	350	Christopher JONES	Lliswerry	M5054	10
42	2	Howard MASON,	Caerleon	M4549	6
43	326	Tony FIDO	Lliswerry	M5559	2
44	37	Peter THOMAS	Caerleon	M5054	11
45	830	Paul HARMES	Lliswerry	M4549	7
46	753	Johnathan DAVIES	Islwyn	M4044	4
47	143	Luke MALARZ,	Chepstow	M1739	23
48	739	Russel DOBBS,	Islwyn	M1739	24
49	527	Roger MILLS	Fairwater	M4044	5
50	354	Christopher MATTHEWS	Lliswerry	M4549	8
51	238	David SMOUT	Parc Bryn	M6064	1
52	98	Graeme VINER	Caerleon	M5054	12
53	968	Andrew DICKENS	Pont-Y-Pwl	M4044	6
54	44	Peter RODGER	Caerleon	M5559	3
55	966	Stewart THOMSON	Pont-Y-Pwl	M5054	13
56	539	Adrian GWILLIAM	Fairwater	M4549	9
57	725	Kerry PRICE,	Islwyn	M5054	14
58	205	Adrian TAYLOR	Parc Bryn	M5054	15
59	775	Terry LEWIS	Islwyn	M5054	16
60	198	Kevin MCENTEE,	Chepstow	M5559	4
61	101	Gerry ASHTON,	Chepstow	M5559	5
62	959	Iestyn RHODES	Pont-Y-Pwl	M1739	25
63	535	Rob SYMONS	Fairwater	M4549	10
64	545	Martyn JENKINS	Fairwater	M5054	17
65	722	Neil PARKER,	Islwyn	M4549	11
66	23	Sean DAVEY	Caerleon	M4549	12
67	760	Andrew DAVIES	Islwyn	M4549	13
68	730	Chris GAPPER	Islwyn	M1739	26
69	863	Richard ELGAR	Lliswerry	M1739	27
70	743	Michael BUNSTON,	Islwyn	M4044	7
71	7716	David WATERS	Islwyn	M1739	28
72	M50	Luke BLAKEBROUGH	Monmouth	M1739	29
73	M47	Martin BLAKEBROUGH	Monmouth	M4549	14
74	525	Richard BOWIE	Fairwater	M5054	18
75	541	Jon WILLIAMS,	Fairwater	M4044	8
76	M37	David MATHER	Monmouth	M4549	15
77	708	Jason DIXON	Islwyn	M4044	9
78	543	Garry WOODS,	Fairwater	M5054	19
79	437	Mike EVANS	Chepstow	M5559	6
80	846	Nick DAVIES	Lliswerry	M5054	20

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MENS RACE RESULT (cont.):

Race position	No.	NAME	Club	Category	Category position
81	329	Howard ATTWOOD,	Lliswerry	M6064	2
82	M38	Jeremy CREASEY	Monmouth	M4549	16
83	881	Nigel FOULKES-NOCK	Lliswerry	M4044	10
84	964	Dave TIMSON	Pont-Y-Pwl	M4549	17
85	1	Andrew TAYLOR,	Caerleon	M5559	7
86	713	Glyn HICKS,	Islwyn	M6064	3
87	879	Michael BONNETT	Lliswerry	M5559	8
88	307	Neil CHIPPER,	Lliswerry	M5054	21
89	859	Nick JACKSON	Lliswerry	M4549	18
90	969	Lee DURKEE	Pont-Y-Pwl	M1739	30
91	322	Chris CHOULS	Lliswerry	M4044	11
92	108	Andy BRAY,	Chepstow	M5559	9

OVER 70 MENS RACE RESULT.

Race position	No.	NAME	Club
1	367	Rob ANDERSON	Lliswerry
2	170	Syd WHEELER,	Chepstow

TEAM RACE RESULT :

MENS TEAM :

(6 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	Lliswerry	6	5905	9
2	Islwyn	6	5900	8
3	Chepstow	6	5875	7
4	Fairwater	6	5858	6
5	Parc Bryn Bach	6	5838	5
6	Pont-y-pwl	6	5812	4
7	Caerleon	6	5794	3
8	Monmouth	5	4670	2
9	Griffithstown	2	1935	1

GLCL XC RACE SERIES 2012 ~ 13; RACE 5/5 ; LLISWERRY 24th MAR. 2013**LADIES RACE RESULT.**

Race position	No.	NAME	Club	Category	Category position
1	414	Jane HORLER	Chepstow	F4044	1
2	215	Nichola GETHING	Parc Bryn Bach	F4044	2
3	136	Vanessa LAWSON,	Chepstow	F4044	3
4	418	Louise SUMMERS	Chepstow	F4549	1
5	915	Samantha TOOP	Pont-Y-Pwl	F1734	1
6	871	Louise HOWELLS	Lliswerry	F1734	2
7	330	Antoinette DUMAYNE	Lliswerry	F1734	3
8	746	Alice BEDWELL	Islwyn	F5054	1
9	885	Sarah LAUDER	Lliswerry	F1734	4
10	916	Emma SOWREY	Pont-Y-Pwl	F3539	1
11	222	Susan TAGG	Parc Bryn Bach	F4549	2
12	927	Maria RICHARDS	Pont-Y-Pwl	F3539	2
13	305	Sandra CHIPPER,	Lliswerry	F4044	4
14	901	Sharon WOODS	Pont-Y-Pwl	F5054	2
15	202	Lauri COWDELL	Parc Bryn Bach	F1734	5
16	538	Rebecca REYNOLDS	Fairwater	F1734	6
17	734	Ruth TREHARNE	Islwyn	F4549	3
18	M01	Emma KING	Monmouth	F1734	7
19	13	Liz RICHARDS	Caerleon	F4549	4
20	M18	Emma DAVIES	Monmouth	F4044	5
21	765	Kelly WAITE	Islwyn	F1734	8
22	758	Lowri WILLIAMS	Islwyn	F1734	9
23	52	Shelagh ADKINS,	Caerleon	F6099	1
24	703	Julie LEWIS	Islwyn	F4549	5
25	515	Jeanette JENKINS,	Fairwater	F5054	3
26	51	Helen THOMAS	Caerleon	F5054	4
27	875	Leanne PHILLIPS	Lliswerry	F4044	6
28	886	Ruth OVEY	Lliswerry	F3539	3
29	114	Joc DODD	Chepstow	F5559	1
30	795	Claire BARNET	Islwyn	F3539	4
31	502	Julie ROCHE,	Fairwater	F4044	7
32	218	Kelly COLLINS	Parc Bryn Bach	F1734	10
33	511	Stella SYMONS	Fairwater	F4549	6
34	100	Roberta HAVERS	Chepstow	F1734	11
35	729	Jackie LAMBETH,	Islwyn	F4044	8

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LADIES RACE RESULT (cont.):

Race position	No.	NAME	Club	Category	Category position
36	749	Stephanie DAVIES	Islwyn	F1734	12
37	7712	Mel SENIOR	Islwyn	F4044	9
38	523	Helen GWILLIAM	Fairwater	F4549	7
39	920	Fiona CROSS	Pont-Y-Pwl	F1734	13
40	429	Jane RYMER	Chepstow	F4549	8
41	817	Linda SPILLANE	Lliswerry	F6099	2
42	216	Michelle JAYNE	Parc Bryn Bach	F3539	5
43	900	Christine VORRÉS	Pont-Y-Pwl	F5054	5
44	761	Paula DAVIES	Islwyn	F4044	10
45	28	Katie CREE	Caerleon	F1734	14
46	302	Yvonne FORSEY,	Lliswerry	F5054	6
47	19	Gwyn HOWELLS,	Caerleon	F6099	3
48	731	Elaine HICKS	Islwyn	F5559	2
49	865	Tracy BURTON	Lliswerry	F6099	4
50	3	Debbie CUMMING	Caerleon	F4549	9

TEAM RACE RESULT :

LADIES TEAM :

(4 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	Lliswerry	4	3969	9
2	Chepstow	4	3967	8
3	Pont-y-pwl	4	3963	7
4	Parc Bryn Bach	4	3944	6
5	Islwyn	4	3936	5
6	Fairwater	4	3899	4
7	Caerleon	4	3891	3
8	Monmouth	2	1964	2
9	Griffithstown	0	0	0