

GLCL X/C RACE SERIES 2012/13 ; RACE 1/5 ; PONTYPOOL 7th OCT. 2012**MENS RACE RESULT :**

Race position	Number	NAME	Club	Category	Category position
1	660	Ryan McFLYNN	Griffithstown	M1739	1
2	516	Sean TAYLOR	Fairwater	M1739	2
3	397	James ELGAR	Lliswerry	M1739	3
4	741	Richard JOHNSTONE,	Islwyn	M4044	1
5	31	Leighton RAWLINSON	Caerleon	M1739	4
6	338	Chris HARRHY	Lliswerry	M4549	1
7	719	Dafydd LAMBETH,	Islwyn	M1739	5
8	509	Richard LLOYD,	Fairwater	M1739	6
9	955	Ray MORGAN	Pont-Y-Pwl	M1739	7
10	207	Simon LEWIS,	Parc Bryn Bach	M4549	2
11	956	Steve DAVIES	Pont-Y-Pwl	M5054	1
12	201	Simon A LEWIS,	Parc Bryn Bach	M1739	8
13	135	Mathew LAWSON,	Chepstow	M4044	2
14	799	Haydn HARTNELL	Islwyn	M5054	2
15	71	Jim KING	Caerleon	M1739	9
16	444	Paul DODD	Chepstow	M5054	3
17	367	Rob ANDERSON	Lliswerry	M7099	1
18	194	Mark HARVEY,	Chepstow	M1739	10
19	111	Paul LIDGETT	Chepstow	M4549	3
20	377	Steve HARRHY	Lliswerry	M4549	4
21	805	Paul Haig THOMAS	Lliswerry	M4044	3
22	959	Iestyn RHODES	Pont-Y-Pwl	M1739	11
23	706	Mike DURY,	Islwyn	M1739	12
24	710	Philip WILLIAMS	Islwyn	M1739	13
25	666	Colin WILMOTT	Griffithstown	M5054	4
26	524	Richard THOMAS	Fairwater	M1739	14
27	211	Phillip MILES,	Parc Bryn Bach	M6064	1
28	37	Peter THOMAS	Caerleon	M5054	5
29	676	Andrew THOMPSON	Griffithstown	M5559	1
30	882	James FOULKES-NOCK	Lliswerry	M1739	15
31	326	Tony FIDO	Lliswerry	M5559	2
32	M21	Russell FINCH	Monmouth	M4549	5
33	542	Matthew LLOYD	Fairwater	M1739	16
34	830	Paul HARMES	Lliswerry	M4549	6
35	527	Roger MILLS	Fairwater	M4044	4
36	2	Howard MASON,	Caerleon	M4549	7
37	230	Martin CHAMMINGS	Parc Bryn Bach	M1739	17
38	541	Jon WILLIAMS,	Fairwater	M4044	5
39	679	Nick WALSH	Griffithstown	M4044	6
40	214	Daman JUKES	Parc Bryn Bach	M4044	7

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MENS RACE RESULT (cont.):

Race position	Number	NAME	Club	Category	Category position
41	973	Shaw JONES	Pont-Y-Pwl	M1739	18
42	661	Thomas GUY	Griffithstown	M4044	8
43	174	John THOMAS	Chepstow	M4549	8
44	73	Mike DAVIES	Caerleon	M5054	6
45	238	David SMOUT	Parc Bryn Bach	M6064	2
46	966	Stewart THOMSON	Pont-Y-Pwl	M5054	7
47	964	Dave TIMSON	Pont-Y-Pwl	M4549	9
48	545	Martyn JENKINS	Fairwater	M5054	8
49	543	Garry WOODS,	Fairwater	M5054	9
50	101	Gerry ASHTON,	Chepstow	M5559	3
51	317	Paul DAY,	Llisbury	M6064	3
52	M10	Vinny DUFFIN	Monmouth	M1739	19
53	30	Justin POCKNELL	Caerleon	M4044	9
54	724	Kim WEHDEN	Islwyn	M5054	10
55	960	Rhys PARFITT	Pont-Y-Pwl	M1739	20
56	700	Joe FULLALOVE	Islwyn	M1739	21
57	525	Richard BOWIE	Fairwater	M5054	11
58	713	Glyn HICKS,	Islwyn	M6064	4
59	198	Kevin MCENTEE,	Chepstow	M5559	4
60	44	Peter ROGER	Caerleon	M5559	5
61	393	Richard DAVIES,	Llisbury	M4549	10
62	368	Steve WILLIAMS	Llisbury	M5559	6
63	23	Sean DAVEY	Caerleon	M4549	11
64	437	Mike EVANS	Chepstow	M5559	7
65	782	Steve HAYDN	Islwyn	M5054	12
66	879	Michael BONNETT	Llisbury	M5559	8
67	329	Howard ATTWOOD,	Llisbury	M6064	5
68	M11	Lee JAMES	Monmouth	M4044	10
69	859	Nick JACKSON	Llisbury	M4549	12
70	1	Andrew TAYLOR,	Caerleon	M5559	9
71	M38	Jeremy CREASET	Monmouth	M4549	13
72	147	Rob BROWN,	Chepstow	M6064	6
73	969	Lee DURKEE	Pont-Y-Pwl	M1739	22
74	858	Andy COCKERAM	Llisbury	M4549	14
75	105	Geoff BAYLISS,	Chepstow	M6569	1

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Race position	Number	NAME	Club	Category	Category position
1	414	Jane HORLER	Chepstow	F4044	1
2	519	Jenna ROBERTS	Fairwater	F1734	1
3	215	Nichola GETHING	Parc Bryn Bach	F4044	2
4	136	Vanessa LAWSON,	Chepstow	F4044	3
5	376	Emma WOOKEY	Lliswerry	F1734	2
6	915	Samantha TOOP	Pont-Y-Pwl	F1734	3
7	733	Helen LODDER,	Islwyn	F4044	4
8	876	Nicci HAINES-JONES	Lliswerry	F4549	1
9	418	Louise SUMMERS	Chepstow	F4549	2
10	766	Maria RICHARDS	Islwyn	F3539	1
11	432	Becky COMINS	Chepstow	F4044	5
12	227	Jacky MILES,	Parc Bryn Bach	F6099	1
13	538	Rebecca REYNOLDS	Fairwater	F1734	4
14	57	Alison SCRIVENS,	Caerleon	F4044	6
15	502	Julie ROCHE,	Fairwater	F4044	7
16	603	Daniela WOODBRIDGE	Griffithstown	F4044	8
17	222	Susan TAGG	Parc Bryn Bach	F4549	3
18	5	Karen PAYNE	Caerleon	F4044	9
19	916	Emma SOWREY	Pont-Y-Pwl	F3539	2
20	M18	Emma DAVIES	Monmouth	F4044	10
21	109	Berna CANTWELL	Chepstow	F4549	4
22	M04	Lucy ALLEN	Monmouth	F4549	5
23	614	Amanda WATERS	Griffithstown	F1734	5
24	758	Lowri WILLIAMS	Islwyn	F1734	6
25	911	Julie DAVIES	Pont-Y-Pwl	F4044	11
26	826	Ceri JONES	Lliswerry	F4044	12
27	M01	Emma KING	Monmouth	F1734	7
28	51	Helen THOMAS	Caerleon	F5054	1
29	52	Shelagh ADKINS,	Caerleon	F6099	2
30	114	Joc DODD	Chepstow	F5559	1
31	511	Stella SYMONS	Fairwater	F4549	6
32	797	Rachel PRANGLEY	Islwyn	F1734	8
33	M36	Jo MARSH	Monmouth	F4044	13
34	900	Christine VORRÉS	Pont-Y-Pwl	F5054	2
35	908	Hayley PIERCE	Pont-Y-Pwl	F1734	9
36	216	Michelle JAYNE	Parc Bryn Bach	F3539	3
37	523	Helen GWILLIAM	Fairwater	F4549	7
38	515	Jeanette JENKINS,	Fairwater	F5054	3
39	919	Sarah WAKEFIELD	Pont-Y-Pwl	F3539	4
40	817	Linda SPILLANE	Lliswerry	F6099	3

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Race position	Number	NAME	Club	Category	Category position
41	729	Jackie LAMBETH,	Islwyn	F4044	14
42	734	Ruth TREHARNE	Islwyn	F4549	8
43	104	Jayne BAYLISS,	Chepstow	F6099	4
44	429	Jane RYMER	Chepstow	F4549	9
45	767	Clair WILLIAMS	Islwyn	F3539	5
46	302	Yvonne FORSEY,	Lliswerry	F5054	4
47	831	Sinead THOMSON	Lliswerry	F1734	10
48	19	Gwyn HOWELLS,	Caerleon	F6099	5
49	399	Deb WOOD	Lliswerry	F4044	15
50	3	Debbie CUMMINGS	Caerleon	F4549	10

TEAM RACE RESULT :

MENS TEAM :

(6 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	LLISWERRY	6	5909	9
2	ISLWYN	6	5880	8
3	FAIRWATER	6	5864	7
4	CHEPSTOW	6	5847	6
5	PARC BRYN BACH	6	5835	5
6	PONT-Y-PWL	6	5830	4
7	CAERLEON	6	5825	3
8	GRIFFITHSTOWN	5	4869	2
9	MONMOUTH	4	3781	1

LADIES TEAM :

(4 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	4	3979	9
2	FAIRWATER	4	3943	8
3	PARC BRYN BACH	4	3936	7
4	ISLWYN	4	3931	6
5	LLISWERRY	4	3925	5
6	PONT-Y-PWL	4	3920	4
7	CAERLEON	4	3915	3
8	MONMOUTH	4	3902	2
9	GRIFFITHSTOWN	2	1963	1