

GLCL 2013~14 COMBINED CROSS COUNTRY and ROAD RACE SERIES.

ALL MALE RUNNERS.

FINAL POSTIONS BASED ON BEST 4 OF 5 XC RACES + BEST 4 OF 5 ROAD RACES

	#	NAME	CLUB	race 1	race 2	race 3	race 4	race 5	best 4 of 1~5	race 6	race 7	race 8	race 9	race 10	best 4 of 6~10	Best 4 + Best 4 TOTAL	
1	530	Daryll	BARNBY	Fairwater	999	998	998	999	0	3994	1000	1000	999	1000	999	3999	7993
2	193	James	BLORE	Chepstow	998	995	997	998	997	3990	993	994	993	995	996	3978	7968
3	988	Richard	JOHNSON	Pont-Y-Pwl	1000	992	995	0	985	3972	998	997	996	993	990	3984	7956
4	381	Matthew	GRANTHAM	Lliswerry	0	994	996	995	996	3981	997	993	991	989	0	3970	7951
5	956	Steve	DAVIES	Pont-Y-Pwl	994	988	990	988	994	3966	991	986	987	985	987	3951	7917
6	719	Dafydd	LAMBETH	Islwyn	989	982	992	991	0	3954	0	992	990	987	986	3955	7909
7	U001	Mark	BALCH	Usk	969	984	994	990	995	3963	982	989	988	986	0	3945	7908
8	799	Haydn	HARTNELL	Islwyn	977	965	979	983	0	3904	972	988	981	979	979	3927	7831
9	7711	Martin	JONES	Islwyn	968	971	971	982	980	3904	978	0	980	981	980	3919	7823
10	710	Philip	WILLIAMS	Islwyn	0	972	968	974	971	3885	979	979	984	976	978	3920	7805
11	7718	Alun	WOOD	Islwyn	972	960	969	960	972	3873	970	982	983	982	976	3923	7796
12	135	Mathew	LAWSON	Chepstow	992	973	986	0	991	3942	963	968	970	951	952	3853	7795
13	659	Gerard	GORMLEY	Griffithstown	958	961	970	967	975	3873	968	973	967	972	965	3880	7753
14	974	Ricci	WATTS	Pont-Y-Pwl	944	936	967	977	952	3840	957	967	966	968	957	3858	7698
15	7740	Steve	LANE	Islwyn	0	956	956	951	963	3826	936	954	960	955	0	3805	7631
16	679	Nick	WALSH	Griffithstown	941	0	950	971	965	3827	951	957	0	948	941	3797	7624
17	2	Howard	MASON	Caerleon	0	952	958	953	946	3809	914	934	937	946	944	3761	7570
18	U053	Adrian	BULL	Usk	0	940	957	944	958	3799	907	940	947	947	0	3741	7540
19	674	Mathew	SMART	Griffithstown	0	931	933	975	970	3809	940	901	928	913	908	3689	7498
20	968	Andrew	DICKENS	Pont-Y-Pwl	942	918	926	940	957	3765	929	933	926	0	907	3695	7460
21	525	Richard	BOWIE	Fairwater	924	932	934	942	944	3752	904	911	913	916	899	3644	7396
22	238	David	SMOUT	Parc Bryn Bach	0	928	942	937	929	3736	875	914	919	920	906	3659	7395
23	44	Peter	RODGER	Caerleon	0	946	946	935	941	3768	877	894	881	897	910	3582	7350
24	979	Keith	LANGLEY	Pont-Y-Pwl	934	926	937	921	0	3718	893	888	903	0	917	3601	7319
25	545	Martyn	JENKINS	Fairwater	935	917	941	933	936	3745	872	890	882	888	896	3556	7301
26	539	Adrian	GWILLIAM	Fairwater	938	0	918	918	943	3717	878	899	893	893	897	3582	7299
27	315	Paul	DURSLEY	Lliswerry	933	924	924	928	0	3709	876	889	888	880	883	3540	7249
28	8810	David	GATES	Lliswerry	0	909	932	917	927	3685	866	881	897	892	882	3552	7237
29	M38	Jeremy	CREASEY	Monmouth	911	925	939	934	0	3709	883	0	878	840	892	3493	7202
30	198	Kevin	MCENTEE	Chepstow	915	916	925	923	0	3679	845	891	873	870	884	3518	7197
31	713	Glyn	HICKS	Islwyn	922	908	905	913	0	3648	842	871	880	875	879	3505	7153
32	U042	Neil	WILLIAMS	Usk	901	902	913	906	0	3622	851	0	895	858	894	3498	7120
33	959	Brian	WILLIAMS	Pont-Y-Pwl	981	974	982	984	988	3935	981	978	0	0	968	2927	6862
34	682	Jonathan	SLICZNY	Griffithstown	978	0	974	0	977	2929	960	963	959	962	961	3846	6775
35	745	Chris	LLOYD	Islwyn	0	0	959	949	966	2874	973	972	968	973	973	3891	6765
36	884	Simon	GILL	Lliswerry	967	975	966	950	0	3858	953	962	972	0	0	2887	6745
37	73	Mike	DAVIES	Caerleon	964	955	0	941	0	2860	946	944	935	0	943	3768	6628
38	542	Matthew	LLOYD	Fairwater	927	930	949	0	0	2806	0	932	975	961	953	3821	6627
39	211	Phillip	MILES	Parc Bryn Bach	0	0	953	952	953	2858	928	935	941	0	933	3737	6595
40	699	Rhys	THOMAS	Griffithstown	951	0	943	0	937	2831	901	904	0	904	912	3621	6452
41	775	Terry	LEWIS	Islwyn	932	0	931	932	931	3726	0	879	884	899	0	2662	6388
42	528	Steve	MORGAN	Fairwater	0	899	921	938	945	3703	873	895	899	0	0	2667	6370
43	M37	David	MATHER	Monmouth	907	0	919	901	918	3645	887	887	0	0	887	2661	6306
44	204	Brian	MOFFET	Parc Bryn Bach	0	0	914	911	924	2749	853	884	877	866	893	3520	6269
45	137	Stuart	DUNCAN	Chepstow	918	905	0	912	0	2735	855	880	883	884	880	3527	6262

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46	1	Andrew	TAYLOR	Caerleon	0	0	912	914	919	2745	852	861	865	883	881	3490	6235
47	964	Dave	TIMSON	Pont-Y-Pwl	919	911	0	908	0	2738	0	876	869	873	873	3491	6229
48	879	Michael	BONNETT	Lliswerry	916	906	915	905	920	3657	839	0	861	0	863	2563	6220
49	8802	Matthew	REES	Lliswerry	905	894	910	907	0	3616	830	853	852	0	0	2535	6151
50	777	Colin	DIXON	Islwyn	893	895	900	898	0	3586	0	0	842	845	848	2535	6121
51	322	Chris	CHOULS	Lliswerry	0	889	902	899	0	2690	823	852	850	0	866	3391	6081
52	307	Neil	CHIPPER	Lliswerry	0	891	903	891	0	2685	821	842	839	848	0	3350	6035
53	118	Mathew	STOTT	Chepstow	0	997	0	0	998	1995	999	998	997	996	997	3991	5986
54	195	Paul	MURRIN	Chepstow	0	0	1000	0	999	1999	994	0	994	991	993	3972	5971
55	128	Richard	MATTHEWS	Chepstow	0	993	0	996	0	1989	992	991	0	988	988	3959	5948
56	955	Ray	MORGAN	Pont-Y-Pwl	991	976	972	979	990	3936	984	0	0	0	966	1950	5886
57	950	Dimitri	VORRÉS	Pont-Y-Pwl	993	981	987	989	993	3962	0	0	958	0	951	1909	5871
58	351	Mark	ENGLISH	Lliswerry	983	966	0	0	0	1949	962	0	962	966	962	3852	5801
59	214	Daman	JUKES	Parc Bryn Bach	0	0	975	976	938	2889	956	974	0	0	974	2904	5793
60	509	Richard	LLOYD	Fairwater	974	0	948	0	0	1922	944	956	971	970	969	3866	5788
61	891	James	PEARCE	Lliswerry	963	0	978	0	0	1941	954	960	974	957	955	3846	5787
62	678	Andrew	PEARCE	Griffithstown	0	0	0	972	982	1954	947	953	957	965	0	3822	5776
63	194	Mark	HARVEY (jr)	Chepstow	0	968	0	0	949	1917	922	931	963	950	967	3811	5728
64	377	Steve	HARRHY	Lliswerry	962	949	952	965	968	3847	933	936	0	0	0	1869	5716
65	230	Martin	CHAMMINGS	Parc Bryn Bach	0	0	0	955	956	1911	930	951	961	953	0	3795	5706
66	123	Neil	GRANT	Chepstow	959	947	944	956	950	3812	927	948	0	0	0	1875	5687
67	957	Luke	DAVIES	Pont-Y-Pwl	0	0	0	963	961	1924	943	916	945	937	0	3741	5665
68	112	Rob	BEVES	Chepstow	957	959	0	969	951	3836	0	0	894	0	927	1821	5657
69	535	Rob	SYMONS	Fairwater	937	950	945	948	932	3780	912	0	0	935	0	1847	5627
70	30	Justin	POCKNELL	Caerleon	0	0	962	961	939	2862	926	905	927	0	0	2758	5620
71	317	Paul	DAY	Lliswerry	0	935	951	0	0	1886	923	943	930	922	925	3721	5607
72	708	Jason	DIXON	Islwyn	928	933	938	0	933	3732	915	0	0	925	0	1840	5572
73	M21	Russell	FINCH	Monmouth	943	929	0	931	0	2803	892	929	0	0	945	2766	5569
74	354	Christopher	MATTHEWS	Lliswerry	929	934	940	0	0	2803	918	927	0	901	0	2746	5549
75	527	Roger	MILLS	Fairwater	0	943	0	924	940	2807	0	0	902	907	932	2741	5548
76	U019	Brian	JONES	Usk	925	0	927	929	0	2781	908	0	922	936	0	2766	5547
77	335	Nick	PRINGLE	Lliswerry	0	942	0	946	935	2823	0	897	906	889	0	2692	5515
78	881	Nigel	FOULKES-NOCK	Lliswerry	914	920	0	0	0	1834	886	907	910	895	909	3621	5455
79	329	Howard	ATTWOOD	Lliswerry	920	919	923	922	0	3684	0	868	0	0	865	1733	5417
80	675	Peter	ROBERTS	Griffithstown	912	910	0	0	0	1822	0	877	871	878	888	3514	5336
81	U038	Tom	SOUTHWELL	Usk	895	898	906	0	0	2699	826	855	845	0	0	2526	5225
82	766	Gwilyn	PARR	Islwyn	0	885	897	892	915	3589	805	0	827	0	0	1632	5221
83	859	Nick	JACKSON	Lliswerry	902	0	898	897	0	2697	0	840	833	0	840	2513	5210
84	108	Andy	BRAY	Chepstow	892	0	0	896	0	1788	829	836	855	853	858	3402	5190
85	54	David	DAVIES	Caerleon	0	886	0	0	916	1802	0	844	841	843	844	3372	5174
86	105	Geoff	BAYLISS	Chepstow	898	0	0	888	0	1786	0	841	844	847	843	3375	5161
87	520	Mark	JENNINGS	Fairwater	0	999	0	0	0	999	988	999	1000	999	1000	3998	4997
88	706	Mike	DURY	Islwyn	0	987	0	0	0	987	996	995	992	990	994	3977	4964
89	657	Andrew	WALSH	Griffithstown	990	985	991	997	0	3963	0	977	0	0	0	977	4940
90	207	Simon	LEWIS	Parc Bryn Bach	995	983	993	992	0	3963	0	0	0	0	956	956	4919

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91	151	Andrew	MATHIAS	Chepstow	953	964	984	986	992	3926	990	0	0	0	990	4916	
92	301	Tom	BLAND	Llswerry	0	967	0	0	0	967	989	987	982	984	0	3942	4909
93	U022	Gareth	JONES	Usk	979	977	976	980	987	3923	0	969	0	0	0	969	4892
94	744	Robert	DAVIES	Islwyn	954	979	0	0	0	1933	986	980	0	0	971	2937	4870
95	111	Paul	LIDGETT	Chepstow	996	978	961	957	976	3911	0	0	0	0	947	947	4858
96	97	Dan	ARTHUR	Caerleon	0	0	0	962	0	962	966	961	976	978	975	3895	4857
97	220	Damian	WILLIAMS	Parc Bryn Bach	971	962	973	0	986	3892	0	0	0	0	950	950	4842
98	9	Tom	EVANS	Caerleon	950	0	0	0	964	1914	964	971	979	0	0	2914	4828
99	53	Chris	MORGAN	Caerleon	970	0	954	968	974	3866	0	928	0	0	0	928	4794
100	250	Richard	BRACHER	Parc Bryn Bach	948	0	955	0	955	2858	955	965	0	0	0	1920	4778
101	965	Paul	DONOVAN	Pont-Y-Pwl	949	948	947	959	0	3803	0	0	953	0	0	953	4756
102	882	James	FOULKES-NOCK	Llswerry	956	953	0	0	0	1909	0	0	943	940	949	2832	4741
103	878	Paul	CHICK	Llswerry	939	951	0	947	948	3785	949	0	0	0	0	949	4734
104	U050	Jon	HANCOCK	Usk	960	958	960	939	942	3820	0	0	0	882	0	882	4702
105	98	Graeme	VINER	Caerleon	0	954	0	0	0	954	906	924	0	923	913	3666	4620
106	686	Paul	MASON	Griffithstown	0	0	0	0	954	954	917	892	932	910	0	3651	4605
107	680	Ashley	COOPER	Griffithstown	0	0	0	0	910	910	925	917	929	905	0	3676	4586
108	7743	Daffyd	WEETMAN	Islwyn	0	0	920	0	0	920	899	0	886	887	904	3576	4496
109	M47	Martin	BLAKEBROUGH	Monmouth	0	944	0	0	0	944	850	882	890	896	0	3518	4462
110	186	Andy	CREBER	Chepstow	0	0	0	0	925	925	910	849	923	842	0	3524	4449
111	829	Paul	WATTS	Llswerry	900	0	907	903	0	2710	835	0	0	854	0	1689	4399
112	133	Dave	ANDREWS	Chepstow	0	0	0	893	0	893	0	850	851	863	852	3416	4309
113	7739	Harry	SENIOR	Islwyn	894	887	0	0	0	1781	828	833	826	0	0	2487	4268
114	141	Paul	MAYO	Chepstow	0	0	0	890	0	890	832	0	832	836	846	3346	4236
115	861	Mervyn	WEIGHTMAN-BENT	Llswerry	0	884	0	0	0	884	804	831	825	846	0	3306	4190
116	952	Matthew	SYMES	Pont-Y-Pwl	0	0	0	1000	1000	2000	0	0	998	997	0	1995	3995
117	986	Terry	WATKINS	Pont-Y-Pwl	0	0	0	0	0	0	980	985	989	992	992	3958	3958
118	M35	Gareth	JONES	Monmouth	0	0	0	0	0	0	0	976	986	983	989	3934	3934
119	110	Laurie	CARTER	Chepstow	986	969	985	978	979	3928	0	0	0	0	0	0	3928
120	71	Jim	KING	Caerleon	980	980	983	985	0	3928	0	0	0	0	0	0	3928
121	M13	Allan	MEEK	Monmouth	0	0	0	0	0	0	974	983	985	975	977	3920	3920
122	35	Mike	HARRIS	Caerleon	0	0	0	0	0	0	975	970	977	0	981	3903	3903
123	132	Simon	DURY	Chepstow	987	0	0	981	983	2951	0	937	0	0	0	937	3888
124	M25	George	SMITH	Monmouth	0	0	0	0	0	0	969	975	969	974	970	3888	3888
125	444	Paul	DODD	Chepstow	0	0	0	0	0	0	961	966	973	971	972	3882	3882
126	8804	Christopher	MORRIS	Llswerry	946	0	0	0	978	1924	967	0	0	964	0	1931	3855
127	43	Keith	GITTINS	Caerleon	0	0	0	0	0	0	945	959	964	960	0	3828	3828
128	125	Rob	HOOK	Chepstow	961	0	0	0	0	961	0	0	946	963	954	2863	3824
129	7746	Richard	MORRIS	Islwyn	0	0	0	0	0	0	948	942	954	956	959	3817	3817
130	8854	Mike	RIDD	Llswerry	0	0	0	0	0	0	950	950	944	933	911	3777	3777
131	654	Andrew	SPENCER	Griffithstown	0	0	963	0	0	963	941	0	938	934	0	2813	3776
132	661	Thomas	GUY	Griffithstown	0	0	0	0	0	0	931	941	948	954	930	3774	3774
133	7722	Russell	WAREHAM	Islwyn	0	0	0	0	0	0	911	947	940	945	939	3771	3771
134	670	Mark	ROBBINS	Griffithstown	0	0	0	0	0	0	935	938	936	943	942	3759	3759
135	550	Peter	EDWARDS	Fairwater	0	0	0	0	0	0	932	946	951	917	0	3746	3746

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136	350	Christopher	JONES	Lliswerry	926	921	0	925	0	2772	0	0	0	942	0	942	3714
137	163	Andy	STOTT	Chepstow	947	938	0	0	0	1885	0	903	0	912	0	1815	3700
138	165	Allan	McCALL	Chepstow	910	915	929	930	0	3684	0	0	0	0	0	0	3684
139	7716	David	WATERS	Islwyn	0	0	935	0	0	935	896	922	0	930	0	2748	3683
140	506	David	GRIFFITHS	Fairwater	908	914	0	920	926	3668	0	0	0	0	0	0	3668
141	168	Gareth	JONES	Chepstow	0	0	0	0	0	0	895	912	924	921	901	3658	3658
142	725	Kerry	PRICE	Islwyn	0	0	0	0	0	0	909	919	920	909	0	3657	3657
143	M54	Robert	NELSON	Monmouth	0	0	0	0	0	0	882	902	925	911	914	3652	3652
144	31	Richard	PERRY	Caerleon	0	0	0	0	0	0	881	0	907	927	937	3652	3652
145	206	Rob	KING	Parc Bryn Bach	0	0	0	0	0	0	880	921	915	932	0	3648	3648
146	96	Peter	BURROWS	Caerleon	0	0	0	0	0	0	903	898	908	915	0	3624	3624
147	412	Alan	DOBBS	Chepstow	0	0	911	915	930	2756	0	0	0	862	0	862	3618
148	989	Carl	URQUHART	Pont-Y-Pwl	0	0	0	0	0	0	897	896	0	894	922	3609	3609
149	543	Garry	WOODS	Fairwater	904	897	904	900	0	3605	0	0	0	0	0	0	3605
150	101	Gerry	ASHTON	Chepstow	931	0	0	895	923	2749	0	0	853	0	0	853	3602
151	723	Paul	HARVEY	Islwyn	0	913	0	0	0	913	894	0	901	0	885	2680	3593
152	U040	Gary	WILCOX	Usk	897	893	0	0	917	2707	0	835	0	0	0	835	3542
153	U011	Neil	WALKER	Usk	0	0	0	0	0	0	864	0	870	886	902	3522	3522
154	684	Steve	MATTHEWS	Griffithstown	0	0	0	0	0	0	868	869	905	874	0	3516	3516
155	32	Ian	PRICE	Caerleon	0	0	0	0	0	0	856	878	875	876	0	3485	3485
156	201	Andrew	WILLIAMS	Parc Bryn Bach	0	0	0	0	0	0	841	874	876	885	0	3476	3476
157	368	Steve	WILLIAMS	Lliswerry	0	904	0	902	0	1806	825	0	837	0	0	1662	3468
158	985	Darren	SAMUEL	Pont-Y-Pwl	0	0	0	0	0	0	849	862	872	0	874	3457	3457
159	655	Malcolm	COX	Griffithstown	0	0	0	0	0	0	848	0	868	868	871	3455	3455
160	668	Anthony	PHILIPS	Griffithstown	0	0	0	0	0	0	0	863	863	867	861	3454	3454
161	7742	Jay	LEACH	Islwyn	0	890	0	0	0	890	0	0	830	856	864	2550	3440
162	8867	Andy	HILLIS	Lliswerry	0	0	0	0	0	0	0	847	867	857	862	3433	3433
163	984	Carl	ROBERTS	Pont-Y-Pwl	0	0	0	0	0	0	824	854	862	0	859	3399	3399
164	7753	Aiden	DAVIES	Islwyn	0	0	0	0	0	0	827	839	848	859	0	3373	3373
165	862	Chris	GENTLE	Lliswerry	899	0	0	0	0	899	810	832	831	0	0	2473	3372
166	8856	Neil	SIDNEY	Lliswerry	0	0	0	0	0	0	818	845	836	849	841	3371	3371
167	U016	Matthew	GOBBET	Usk	0	0	0	0	0	0	822	851	838	855	0	3366	3366
168	196	Brett	REGULSKI	Chepstow	0	0	0	0	0	0	812	838	828	838	839	3343	3343
169	531	Andrew	JAMES	Fairwater	0	0	0	0	0	0	808	0	829	841	842	3320	3320
170	8864	Nick	JOHNSON	Lliswerry	0	0	0	0	0	0	995	996	995	0	0	2986	2986
171	895	Alun	KING	Lliswerry	0	0	989	993	0	1982	976	0	0	0	0	976	2958
172	7744	Billy	McINTOSH	Islwyn	0	0	0	0	989	989	977	0	0	0	985	1962	2951
173	7733	Lee	SHANKLAND	Islwyn	984	0	981	966	0	2931	0	0	0	0	0	0	2931
174	U013	Richie	HILL	Usk	0	0	980	987	960	2927	0	0	0	0	0	0	2927
175	8866	Tom	HENRY	Lliswerry	0	0	0	0	0	0	0	958	978	980	0	2916	2916
176	967	Paul	NEWTON	Pont-Y-Pwl	975	963	0	0	969	2907	0	0	0	0	0	0	2907
177	M16	Richard	NEWHOUSE	Monmouth	0	0	965	970	959	2894	0	0	0	0	0	0	2894
178	961	Gary	JONES	Pont-Y-Pwl	965	0	0	954	973	2892	0	0	0	0	0	0	2892
179	37	Peter	THOMAS	Caerleon	966	0	0	958	967	2891	0	0	0	0	0	0	2891
180	210	Julian	WILLIAMS	Parc Bryn Bach	0	0	0	0	962	962	0	964	965	0	0	1929	2891

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	#	NAME	CLUB	race 1	race 2	race 3	race 4	race 5	best 4 of 1~5	race 6	race 7	race 8	race 9	race 10	best 4 of 6~10	Best 4 + Best 4 TOTAL	
181	M51	Oliver	MASTERS	Monmouth	982	0	0	0	0	982	0	0	956	952	0	1908	2890
182	241	Nigel	LAWRENCE	Parc Bryn Bach	0	945	977	943	0	2865	0	0	0	0	0	0	2865
183	863	Richard	ELGAR	Lliswerry	930	941	0	973	0	2844	0	0	0	0	0	0	2844
184	963	James	DAY	Pont-Y-Pwl	921	0	0	0	0	921	0	0	0	959	963	1922	2843
185	8801	Oliver	HARRIS	Lliswerry	0	0	0	0	0	0	937	949	0	0	946	2832	2832
186	827	Geraint	HEATH	Lliswerry	0	0	0	0	0	0	934	945	942	0	0	2821	2821
187	990	Archie	DAVIES	Pont-Y-Pwl	0	0	0	0	0	0	939	0	0	928	936	2803	2803
188	544	David	STANDING	Fairwater	0	0	0	0	0	0	952	0	0	881	960	2793	2793
189	676	Andrew	THOMPSON	Griffithstown	0	0	0	0	0	0	913	0	0	941	934	2788	2788
190	962	Chris	SILVESTER	Pont-Y-Pwl	0	0	0	0	0	0	0	915	939	918	0	2772	2772
191	701	Paul	THOMAS	Islwyn	0	0	0	926	934	1860	0	0	0	0	900	900	2760
192	730	Chris	GAPPER	Islwyn	0	0	0	0	0	0	916	0	0	924	919	2759	2759
193	992	Matt	WEB	Pont-Y-Pwl	0	0	0	0	0	0	0	0	892	929	935	2756	2756
194	8817	Geoff	ROYNON	Lliswerry	0	0	0	927	0	927	900	926	0	0	0	1826	2753
195	M20	Richard	RAWLINGS	Monmouth	0	0	0	0	0	0	902	923	921	0	0	2746	2746
196	158	Tom	RIDDINGTON	Chepstow	0	0	0	0	0	0	0	906	916	0	918	2740	2740
197	U025	Peter	LYONS	Usk	909	907	0	0	921	2737	0	0	0	0	0	0	2737
198	874	Rob	DAVIES	Lliswerry	0	0	0	0	0	0	0	0	900	903	923	2726	2726
199	8811	Scott	HAYDEN	Lliswerry	0	0	917	916	0	1833	0	886	0	0	0	886	2719
200	191	Andy	OST	Chepstow	0	0	0	0	0	0	862	918	0	938	0	2718	2718
201	966	Stewart	THOMSON	Pont-Y-Pwl	945	0	0	0	0	945	859	0	912	0	0	1771	2716
202	8843	Adrian	HAYWARD	Lliswerry	0	0	0	0	0	0	891	908	914	0	0	2713	2713
203	M52	Nick	LLOYD	Monmouth	0	0	0	0	0	0	0	893	904	908	0	2705	2705
204	119	Dick	FINCH	Chepstow	913	896	0	894	0	2703	0	0	0	0	0	0	2703
205	981	Simon	FISH	Pont-Y-Pwl	0	0	0	0	0	0	889	0	909	900	0	2698	2698
206	8836	Tomas	FORSEY	Lliswerry	0	0	0	0	0	0	0	909	0	906	872	2687	2687
207	505	Gary	ADAMS	Fairwater	896	927	0	0	0	1823	860	0	0	0	0	860	2683
208	9902	Owen	HAGGER	Pont-Y-Pwl	0	0	0	0	0	0	0	0	889	890	886	2665	2665
209	313	Chris	DAVIES	Lliswerry	0	912	0	0	0	912	863	875	0	0	0	1738	2650
210	975	Paul	GRAINGER JONES	Pont-Y-Pwl	0	0	922	0	0	922	0	864	0	0	855	1719	2641
211	854	Andrew	JOHNSON	Lliswerry	0	0	899	0	0	899	0	0	0	871	868	1739	2638
212	169	Ian	WADE	Chepstow	0	0	0	0	0	0	861	0	0	877	895	2633	2633
213	8853	Richard	POWELL	Lliswerry	0	0	0	0	0	0	857	883	885	0	0	2625	2625
214	U043	Thomas	WILLIAMS	Usk	0	0	0	0	0	0	884	0	887	851	0	2622	2622
215	208	Ian	LINE	Parc Bryn Bach	0	0	0	0	0	0	854	870	891	0	0	2615	2615
216	M14	Stephen	BARRATT	Monmouth	0	0	0	0	0	0	846	0	0	872	889	2607	2607
217	M11	Lee	JAMES	Monmouth	0	0	0	0	0	0	0	858	864	0	878	2600	2600
218	U017	Gareth	HOWELLS	Usk	0	0	0	889	0	889	833	0	858	0	0	1691	2580
219	U003	Russel	CARTER	Usk	0	888	0	0	0	888	0	0	840	850	0	1690	2578
220	176	Jack	MADLEY	Chepstow	0	0	0	0	0	0	838	873	0	865	0	2576	2576
221	8812	Ron	DAVIES	Lliswerry	0	0	901	0	0	901	815	0	0	0	853	1668	2569
222	8865	Chris	HILL	Lliswerry	0	0	0	0	0	0	844	860	860	0	0	2564	2564
223	7708	Jordan	KIBBLE	Islwyn	0	0	0	0	0	0	843	859	856	0	0	2558	2558
224	126	Geoff	CRAM	Chepstow	0	0	0	0	0	0	0	846	849	0	845	2540	2540
225	969	Lee	DURKEE	Pont-Y-Pwl	891	0	0	0	0	891	809	0	824	0	0	1633	2524

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226	953	Christopher	SIMMS	Pont-Y-Pwl	0	0	0	0	0	0	837	834	852	0	2523	2523
227	809	Dave	WESTLEY	Lliswerry	0	0	0	0	0	820	848	847	0	0	2515	2515
228	691	Dan	BARIBEAULT	Griffithstown	0	0	0	0	0	819	0	835	860	0	2514	2514
229	8847	Desmond	JONES	Lliswerry	0	0	0	0	0	0	0	843	833	838	2514	2514
230	184	Ian	JONES	Chepstow	0	0	0	0	0	803	830	0	0	835	2468	2468
231	231	Lee	AHERNE	Parc Bryn Bach	0	0	0	0	0	0	0	0	998	998	1996	1996
232	7702	Aled	JONES	Islwyn	0	0	999	0	0	999	0	0	0	991	991	1990
233	187	Duncan	BELL	Chepstow	0	0	0	0	0	0	0	0	994	995	1989	1989
234	384	Oliver	ANTHONY	Lliswerry	988	0	0	0	0	988	0	990	0	0	990	1978
235	130	Stuart	PENNY	Chepstow	0	0	0	994	0	994	0	0	0	984	984	1978
236	828	Miles	THOMAS	Lliswerry	0	990	0	0	984	1974	0	0	0	0	0	1974
237	389	Eddie	HISCOCKS	Lliswerry	985	986	0	0	0	1971	0	0	0	0	0	1971
238	379	Andrew	DAWE	Lliswerry	973	0	0	0	981	1954	0	0	0	0	0	1954
239	692	Davy	CHALLENGER	Griffithstown	0	0	0	0	0	0	0	0	969	983	1952	1952
240	839	Gareth	BECK	Lliswerry	976	970	0	0	0	1946	0	0	0	0	0	1946
241	982	Mark	HURFORD	Pont-Y-Pwl	0	0	0	0	0	959	0	0	977	0	1936	1936
242	386	Matt	CREED	Lliswerry	0	957	0	0	0	957	971	0	0	0	971	1928
243	180	James	TUCKER	Chepstow	0	0	0	0	0	0	0	0	967	958	1925	1925
244	619	Josh	JONES	Griffithstown	0	0	0	0	0	0	0	0	958	964	1922	1922
245	835	Bleddyn	JONES	Lliswerry	0	0	0	964	0	964	0	0	950	0	950	1914
246	358	Steve	PEMBERTON	Lliswerry	0	0	0	0	0	0	952	955	0	0	1907	1907
247	179	Matt	KITCHING	Chepstow	0	0	0	0	0	965	0	0	0	928	1893	1893
248	534	Shane	ROBERTS	Fairwater	0	0	0	0	0	938	955	0	0	0	1893	1893
249	8868	Peter	OVEY	Lliswerry	0	0	0	0	0	0	939	0	944	0	1883	1883
250	724	Kim	WEHDEN	Islwyn	952	0	0	0	0	952	0	0	0	926	926	1878
251	704	Paul	NOLVACZEK	Islwyn	0	0	0	936	0	936	0	0	934	0	934	1870
252	65	Mike	THURGOOD	Caerleon	0	0	0	0	0	0	930	0	939	0	1869	1869
253	7701	Gary	JONES	Islwyn	0	0	0	0	0	0	0	933	0	929	1862	1862
254	8816	Kevin	RUSSEL	Lliswerry	0	0	0	945	0	945	0	0	911	0	911	1856
255	842	Martyn	BIDWELL	Lliswerry	923	0	928	0	0	1851	0	0	0	0	0	1851
256	7754	Keith	JAMES	Islwyn	0	0	0	0	0	920	0	931	0	0	1851	1851
257	513	Michael	SKYRME	Fairwater	0	0	0	0	0	0	0	0	926	924	1850	1850
258	131	Peter	HUTTON	Chepstow	0	0	0	0	0	924	925	0	0	0	1849	1849
259	8803	Richard	DUNKERTON	Lliswerry	917	0	0	0	928	1845	0	0	0	0	0	1845
260	223	Julian	PRICE	Parc Bryn Bach	955	0	0	0	0	955	885	0	0	0	885	1840
261	90	Gareth	HART	Caerleon	0	922	0	0	0	922	0	913	0	0	913	1835
262	665	Terry	SCREEN	Griffithstown	0	0	0	0	0	0	910	918	0	0	1828	1828
263	416	Leo	COHEN	Chepstow	0	0	0	0	0	905	920	0	0	0	1825	1825
264	541	Jon	WILLIAMS	Fairwater	0	0	0	0	0	898	0	917	0	0	1815	1815
265	847	Jamie	DAVIES	Lliswerry	0	937	0	0	0	937	865	0	0	0	865	1802
266	188	Dean	BARNETT	Chepstow	0	0	0	0	0	0	0	0	879	920	1799	1799
267	739	Rusel	DOBBS	Islwyn	0	0	0	0	0	0	0	0	914	875	1789	1789
268	24	Ben	MORSE	Caerleon	0	0	0	0	0	858	0	0	931	0	1789	1789
269	722	Neil	PARKER	Islwyn	0	0	0	0	0	890	0	0	891	0	1781	1781
270	993	Chris	CAREY	Pont-Y-Pwl	0	0	0	0	0	0	0	874	0	903	1777	1777

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271	855	Martyn	JONES	Lliswerry	0	0	0	0	0	0	885	0	0	891	1776	1776
272	673	Rhys	DOOLAN	Griffithstown	906	0	0	0	906	869	0	0	0	0	869	1775
273	743	Michael	BUNSTON	Islwyn	0	0	0	0	0	870	900	0	0	0	1770	1770
274	846	Nick	DAVIES	Lliswerry	0	0	0	0	0	0	867	879	0	0	1746	1746
275	437	Mike	EVANS	Chepstow	0	0	0	0	0	871	866	0	0	0	1737	1737
276	518	Peter	JONES	Fairwater	0	0	0	0	0	888	0	846	0	0	1734	1734
277	8820	Ray	ELLINGHAM	Lliswerry	0	0	0	0	0	0	865	866	0	0	1731	1731
278	9903	Andrew	THOMAS	Pont-Y-Pwl	0	0	0	0	0	0	0	0	861	869	1730	1730
279	113	Colin	PROSSER	Chepstow	0	0	0	0	0	0	857	0	0	870	1727	1727
280	709	Roger	FAWKES	Islwyn	0	0	0	0	0	0	0	854	0	849	1703	1703
281	973	Shaw	JONES	Pont-Y-Pwl	0	0	0	0	0	837	0	0	0	860	1697	1697
282	721	Malcolm	PARKER	Islwyn	0	0	0	0	0	0	0	0	837	836	1673	1673
283	170	Syd	WHEELER	Chepstow	0	0	0	0	0	0	0	0	835	834	1669	1669
284	7761	Lewis	MORGAN	Islwyn	0	0	0	0	0	0	0	0	834	833	1667	1667
285	524	Richard	THOMAS	Fairwater	0	0	0	0	0	814	843	0	0	0	1657	1657
286	820	Matthew	EDMONDS	Lliswerry	0	1000	0	0	0	1000	0	0	0	0	0	1000
287	142	Mike	LOVELL	Chepstow	0	996	0	0	0	996	0	0	0	0	0	996
288	870	Michael	GRIFFITHS	Lliswerry	0	991	0	0	0	991	0	0	0	0	0	991
289	438	David	WILLIAMS	Chepstow	0	0	988	0	0	988	0	0	0	0	0	988
290	219	James	HEATON	Parc Bryn Bach	0	0	0	0	0	0	987	0	0	0	987	987
291	199	Steve	CALDWELL	Chepstow	0	0	0	0	0	0	985	0	0	0	985	985
292	360	Robin	SMOULT	Lliswerry	0	0	0	0	0	0	984	0	0	0	984	984
293	791	Mark	SAUNDERS	Islwyn	0	0	0	0	0	0	983	0	0	0	983	983
294	9905	Josh	MALONEY	Pont-Y-Pwl	0	0	0	0	0	0	0	0	0	982	982	982
295	421	Steven	HARRIS	Chepstow	0	0	0	0	0	0	981	0	0	0	981	981
296	980	Mark	CASON	Pont-Y-Pwl	0	0	964	0	0	964	0	0	0	0	0	964
297	954	Rob	WIGGINGTON	Pont-Y-Pwl	0	0	0	0	0	0	958	0	0	0	958	958
298	8870	Gavin	BRACE	Lliswerry	0	0	0	0	0	0	0	952	0	0	952	952
299	75	Osamah	AL-RASBI	Caerleon	0	0	0	0	0	0	0	949	0	0	949	949
300	148	Rob	BRADLEY	Chepstow	0	0	0	0	0	0	0	0	949	0	949	949
301	445	Aaron	KITTS	Chepstow	0	0	0	0	0	0	0	0	0	948	948	948
302	972	Peter	TOWNSEND	Pont-Y-Pwl	0	0	0	0	947	947	0	0	0	0	0	947
303	172	David	SOMERSALL	Chepstow	0	0	0	0	0	0	942	0	0	0	942	942
304	720	Adam	FLETCHER	Islwyn	940	0	0	0	0	940	0	0	0	0	0	940
305	7765	Andrew	PHILLIPS	Islwyn	0	0	0	0	0	0	0	0	0	940	940	940
306	314	Martin	DAVIES	Lliswerry	0	939	0	0	0	939	0	0	0	0	0	939
307	83	Andrew	ARTHUR	Caerleon	0	0	0	0	0	0	0	0	0	938	938	938
308	7738	Richard	BEASLEY	Islwyn	936	0	0	0	0	936	0	0	0	0	0	936
309	753	Jonathan	DAVIES	Islwyn	0	0	936	0	0	936	0	0	0	0	0	936
310	235	Darryl	COOK	Parc Bryn Bach	0	0	0	0	0	0	0	0	0	931	931	931
311	671	Ben	JENKINS	Griffithstown	0	0	930	0	0	930	0	0	0	0	0	930
312	171	David	HAYWARD	Chepstow	0	923	0	0	0	923	0	0	0	0	0	923
313	7766	Steve	DURY	Islwyn	0	0	0	0	0	0	0	0	0	921	921	921
314	178	Ivan	TEED	Chepstow	0	0	0	0	0	0	921	0	0	0	921	921
315	156	Dave	AUSTIN	Chepstow	0	0	0	0	0	0	0	0	919	0	919	919

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316	50	Andy	DESMOND	Caerleon	0	0	0	0	0	919	0	0	0	0	919	919
317	122	Andy	GREEN	Chepstow	0	0	0	919	0	919	0	0	0	0	0	919
318	352	Paul	HARRIS	Lliswerry	0	0	0	0	0	0	0	0	0	916	916	916
319	306	Stuart	LUKINS	Lliswerry	0	0	0	0	0	0	0	0	0	915	915	915
320	651	Daniel	PAYTON	Griffithstown	0	0	0	909	0	909	0	0	0	0	0	909
321	M30	Will	THOMAS	Monmouth	0	0	909	0	0	909	0	0	0	0	0	909
322	8806	David	MANLEY	Lliswerry	0	0	908	0	0	908	0	0	0	0	0	908
323	308	Gareth	JENKINS	Lliswerry	0	0	0	0	0	0	0	0	0	905	905	905
324	402	Andy	SILK	Chepstow	0	0	0	904	0	904	0	0	0	0	0	904
325	U052	Charlie	RISK	Usk	0	903	0	0	0	903	0	0	0	0	0	903
326	501	Nud	REHMAN	Fairwater	0	0	0	0	0	0	0	0	902	0	902	902
327	801	Andrew	RALPH	Lliswerry	0	901	0	0	0	901	0	0	0	0	0	901
328	551	Darren	ARNOLD	Fairwater	0	0	0	0	0	0	0	0	0	898	898	898
329	7726	Paul	FISHER	Islwyn	0	0	0	0	0	0	0	898	0	0	898	898
330	M17	Stuart	KRAMER	Monmouth	0	0	0	0	0	0	0	0	898	0	898	898
331	9901	Sean	DUNSDON	Pont-Y-Pwl	0	0	0	0	0	0	0	896	0	0	896	896
332	U054	Steve	McNICHOLAS	Usk	0	892	0	0	0	892	0	0	0	0	0	892
333	7710	Garfield	JONES	Islwyn	0	0	0	0	0	0	0	0	0	890	890	890
334	960	Rhys	PARFITT	Pont-Y-Pwl	0	0	0	0	0	879	0	0	0	0	879	879
335	7763	Rob	PRICE	Islwyn	0	0	0	0	0	0	0	0	0	877	877	877
336	234	James	WILLIAMS	Parc Bryn Bach	0	0	0	0	0	0	0	0	0	876	876	876
337	690	Matt	JORDAN	Griffithstown	0	0	0	0	0	874	0	0	0	0	874	874
338	991	Sean	STUNDON	Pont-Y-Pwl	0	0	0	0	0	0	872	0	0	0	872	872
339	80	Lyndon	McFARLAINE	Caerleon	0	0	0	0	0	0	0	0	869	0	869	869
340	233	Richard	CREW	Parc Bryn Bach	0	0	0	0	0	0	0	0	0	867	867	867
341	663	Peter	WELBIRG	Griffithstown	0	0	0	0	0	867	0	0	0	0	867	867
342	22	Philip	HYATT	Caerleon	0	0	0	0	0	0	0	0	864	0	864	864
343	790	Sean	LEWIS	Islwyn	0	0	0	0	0	0	0	859	0	0	859	859
344	858	Andy	COCKERAM	Lliswerry	0	0	0	0	0	0	0	0	0	857	857	857
345	7758	Gary	LEIGH-BROOKE	Islwyn	0	0	0	0	0	0	0	857	0	0	857	857
346	367	Rob	ANDERSON	Lliswerry	0	0	0	0	0	0	0	0	0	856	856	856
347	8832	Jason	CONIBEER	Lliswerry	0	0	0	0	0	0	856	0	0	0	856	856
348	771	Jamie	DAVIES	Islwyn	0	0	0	0	0	0	0	0	0	854	854	854
349	327	Jeremy	DICKSON	Lliswerry	0	0	0	0	0	0	0	0	0	851	851	851
350	446	Gareth	KING	Chepstow	0	0	0	0	0	0	0	0	0	850	850	850
351	769	Ian	LEWIS	Islwyn	0	0	0	0	0	847	0	0	0	0	847	847
352	48	Peter	OLIVER	Caerleon	0	0	0	0	0	0	0	0	0	847	847	847
353	789	James	McPHERSON	Islwyn	0	0	0	0	0	0	0	0	844	0	844	844
354	687	James	SMITH	Griffithstown	0	0	0	0	0	840	0	0	0	0	840	840
355	106	Bill	BEWG	Chepstow	0	0	0	0	0	0	0	0	839	0	839	839
356	9906	Hywel	JONES	Pont-Y-Pwl	0	0	0	0	0	0	0	0	0	837	837	837
357	M33	Neil	GRIFFITHS	Monmouth	0	0	0	0	0	836	0	0	0	0	836	836
358	M32	Peter	DAVIES	Monmouth	0	0	0	0	0	0	834	0	0	0	834	834
359	860	Jeff	UNSWORTH	Lliswerry	0	0	0	0	0	834	0	0	0	0	834	834
360	7717	Ken	OLIVER	Islwyn	0	0	0	0	0	831	0	0	0	0	831	831

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ALL MALE RUNNERS.

FINAL POSTIONS BASED ON BEST 4 OF 5 XC RACES + BEST 4 OF 5 ROAD RACES

	#	NAME	CLUB	race 1	race 2	race 3	race 4	race 5	best 4 of 1~5	race 6	race 7	race 8	race 9	race 10	best 4 of 6~10	Best 4 + Best 4 TOTAL	
361	537	Max	ADAMS	Fairwater	0	0	0	0	0	0	817	0	0	0	0	817	817
362	662	Barrie	DESMOND	Griffithstown	0	0	0	0	0	0	816	0	0	0	0	816	816
363	507	John	FRY	Fairwater	0	0	0	0	0	0	813	0	0	0	0	813	813
364	M10	Tony	HARDY	Monmouth	0	0	0	0	0	0	811	0	0	0	0	811	811
365	983	Clifford	PERRY	Pont-Y-Pwl	0	0	0	0	0	0	807	0	0	0	0	807	807
366	334	Carl	ELLIOTT	Lliswerry	0	0	0	0	0	0	806	0	0	0	0	806	806

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ALL FEMALE RUNNERS.

FINAL POSTIONS BASED ON BEST 4 OF 5 XC RACES + BEST 4 OF 5 ROAD RACES

	#	NAME	CLUB	race 1	race 2	race 3	race 4	race 5	best 4 of 1~5	race 6	race 7	race 8	race 9	race 10	best 4 of 6~10	Best 4 + Best 4 TOTAL	
1	215	Nichola	GETHING	Parc Bryn Bach	999	998	998	1000	996	3995	998	997	997	0	999	3991	7986
2	124	Niki	MORGAN	Chepstow	997	997	997	999	998	3991	999	998	998	999	997	3994	7985
3	765	Kelly	WAITE	Islwyn	986	984	988	993	990	3957	981	0	982	984	986	3933	7890
4	532	Deb	COCKRAM	Fairwater	979	0	986	989	984	3938	982	982	965	974	965	3903	7841
5	13	Liz	RICHARDS	Caerleon	982	976	982	982	985	3931	963	0	970	977	977	3887	7818
6	M01	Emma	KING	Monmouth	977	966	978	983	0	3904	970	980	923	969	972	3891	7795
7	152	Teresa	TRANTER	Chepstow	972	975	979	979	978	3911	972	972	964	966	970	3880	7791
8	502	Julie	ROCHE	Fairwater	973	968	970	975	979	3897	935	963	971	975	968	3877	7774
9	648	Elizabeth	STOKES	Griffithstown	948	963	965	960	969	3857	975	979	979	0	983	3916	7773
10	703	Julie	LEWIS	Islwyn	975	0	969	981	974	3899	956	948	961	973	0	3838	7737
11	526	Julie	LEES	Fairwater	981	977	980	980	0	3918	916	0	954	962	974	3806	7724
12	512	Bev	BRADBURY JONES	Fairwater	976	967	0	968	983	3894	939	0	930	954	967	3790	7684
13	515	Jeanette	JENKINS	Fairwater	963	955	968	970	975	3876	0	933	941	934	948	3756	7632
14	838	Lisa	BATEMAN	Llswerry	955	944	956	963	0	3818	0	943	913	946	942	3744	7562
15	7737	Kay	DIXON	Islwyn	959	951	963	962	0	3835	868	0	951	940	951	3710	7545
16	203	Kath	JERVIS	Parc Bryn Bach	945	942	955	946	959	3805	0	926	922	923	936	3707	7512
17	511	Stella	SYMONS	Fairwater	956	953	959	961	954	3830	919	916	904	926	0	3665	7495
18	216	Michelle	JAYNE	Parc Bryn Bach	944	0	958	953	955	3810	0	922	927	905	929	3683	7493
19	346	Karen	EMMOTT	Llswerry	936	946	943	949	0	3774	920	932	920	920	924	3696	7470
20	323	Elizabeth	PARKER	Llswerry	947	947	945	943	951	3790	913	931	907	904	926	3677	7467
21	8805	Cara	GATES	Llswerry	938	940	946	942	946	3774	908	927	917	922	921	3687	7461
22	M42	Carol Anne	USHER	Monmouth	953	0	952	952	961	3818	874	0	919	914	935	3642	7460
23	900	Christine	VORRÉS	Pont-Y-Pwl	939	930	931	937	950	3757	864	910	895	911	918	3634	7391
24	19	Gwyn	HOWELLS	Caerleon	933	926	930	936	948	3747	867	902	885	896	912	3595	7342
25	166	Georgie	PRIOR	Chepstow	0	994	994	998	999	3985	995	0	0	997	996	2988	6973
26	913	Louise	SUMMERS	Pont-Y-Pwl	0	0	993	994	992	2979	997	996	994	996	0	3983	6962
27	915	Samantha	TOOP	Pont-Y-Pwl	993	989	991	0	989	3962	994	993	0	998	0	2985	6947
28	932	Louise	BRIGHT	Pont-Y-Pwl	0	0	964	978	977	2919	990	988	0	980	992	3950	6869
29	605	Rose	CHARLES	Griffithstown	0	956	0	988	982	2926	986	945	985	965	980	3916	6842
30	930	Emma	MORGAN	Pont-Y-Pwl	954	960	961	959	971	3851	965	970	968	0	0	2903	6754
31	5	Karen	PAYNE	Caerleon	0	972	977	967	0	2916	923	951	955	932	0	3761	6677
32	875	Leanne	PHILLIPS	Llswerry	966	961	967	965	0	3859	912	0	936	0	939	2787	6646
33	104	Jane	BAYLISS	Chepstow	960	0	0	954	958	2872	0	936	928	918	931	3713	6585
34	7712	Mel	SENIOR	Islwyn	962	934	951	945	957	3815	889	919	899	0	0	2707	6522
35	926	Kay	MORGAN	Pont-Y-Pwl	937	927	933	934	943	3747	0	905	888	895	0	2688	6435
36	376	Emma	WOOKEY	Llswerry	1000	999	0	0	0	1999	1000	999	999	0	1000	3998	5997
37	136	Vanessa	LAWSON	Chepstow	996	991	995	997	997	3985	0	989	988	0	0	1977	5962
38	885	Sarah	LAUDER	Llswerry	990	996	0	0	0	1986	979	977	989	991	0	3936	5922
39	408	Judith	AUSTERBERRY	Chepstow	0	995	996	995	993	3979	0	946	991	0	0	1937	5916
40	222	Susan	TAGG	Parc Bryn Bach	0	981	0	986	0	1967	980	984	0	986	981	3931	5898

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	#	NAME	CLUB	race 1	race 2	race 3	race 4	race 5	best 4 of 1~5	race 6	race 7	race 8	race 9	race 10	best 4 of 6~10	Best 4 + Best 4 TOTAL	
41	797	Rachel	PRANGLEY	Islwyn	965	0	0	0	972	1937	966	973	0	967	971	3877	5814
42	U051	Danielle	HILL	Usk	949	0	973	969	963	3854	942	0	963	0	0	1905	5759
43	888	Ceri	JENKINS	Lliswerry	968	954	0	958	966	3846	950	0	0	955	0	1905	5751
44	100	Roberta	HAVERS	Chepstow	941	952	0	957	962	3812	909	0	0	943	0	1852	5664
45	319	Vicky	FEAR	Lliswerry	931	0	926	0	949	2806	930	0	0	950	944	2824	5630
46	7720	Sara	ARNOLD	Islwyn	0	0	950	0	953	1903	894	0	938	936	952	3720	5623
47	752	Helen	WILLIAMS	Islwyn	0	0	954	0	952	1906	884	0	942	941	943	3710	5616
48	302	Yvonne	FORSEY	Lliswerry	942	933	944	941	947	3774	0	917	0	0	920	1837	5611
49	523	Helen	GWILLIAM	Fairwater	0	936	940	0	0	1876	905	913	894	907	927	3652	5528
50	947	Maxine	RHODES	Pont-Y-Pwl	926	921	924	0	0	2771	866	0	0	893	907	2666	5437
51	3	Debbie	CUMMING	Caerleon	930	929	0	932	0	2791	855	0	881	0	909	2645	5436
52	U039	Vivienne	TUCK	Usk	927	922	0	0	0	1849	871	911	897	890	0	3569	5418
53	146	Daphne	AUSTERBERRY	Chepstow	0	920	0	0	939	1859	852	0	874	886	898	3510	5369
54	330	Antoinette	DUMAYNE	Lliswerry	994	993	0	0	0	1987	991	994	0	993	0	2978	4965
55	185	Helen	DUFFIELD	Chepstow	0	990	0	0	0	990	993	995	0	992	994	3974	4964
56	305	Sandra	CHIPPER	Lliswerry	0	988	992	996	0	2976	989	0	992	0	0	1981	4957
57	826	Keri	JONES	Lliswerry	992	986	983	991	986	3955	0	0	0	0	993	993	4948
58	611	Tara	PAISEY	Griffithstown	988	985	989	992	987	3956	984	0	0	0	0	984	4940
59	850	Janet	RICHARDS	Lliswerry	0	983	0	984	0	1967	977	0	975	983	0	2935	4902
60	U048	Laura	POWELL	Usk	0	970	0	0	0	970	961	986	987	0	990	3924	4894
61	M62	Nerys	CHAPLIN	Monmouth	0	0	0	0	967	967	960	978	967	968	978	3891	4858
62	844	Stephanie	RHODES	Lliswerry	0	0	0	977	0	977	953	971	978	972	0	3874	4851
63	218	Kelly	COLLINS	Parc Bryn Bach	980	0	0	0	0	980	952	967	973	956	962	3858	4838
64	415	Karen	ELVERS	Chepstow	0	0	0	944	0	944	962	969	977	964	973	3883	4827
65	440	Denise	EVANS	Chepstow	0	0	0	973	970	1943	941	952	944	0	0	2837	4780
66	914	Nadine	DONOVAN	Pont-Y-Pwl	0	938	960	971	0	2869	944	950	0	0	0	1894	4763
67	114	Joc	DODD	Chepstow	0	0	972	972	0	1944	943	0	933	0	941	2817	4761
68	905	Zoe	ELVER	Pont-Y-Pwl	951	0	0	947	0	1898	940	0	943	0	949	2832	4730
69	522	Suzanne	WILLIAMS	Fairwater	997	0	0	0	0	997	910	924	901	899	922	3657	4654
70	10	Jade	WAKLEY	Caerleon	0	0	985	0	0	985	927	925	902	0	905	3659	4644
71	8818	Pam	GRANTHAM	Lliswerry	0	0	0	951	956	1907	898	0	908	917	0	2723	4630
72	M63	Tracey	BURNS	Monmouth	0	0	0	0	941	941	0	908	880	888	916	3592	4533
73	159	Katherine	MATTHEWS	Chepstow	0	1000	1000	0	0	2000	0	1000	1000	0	0	2000	4000
74	609	Claire	THOMPSON	Griffithstown	0	0	0	0	0	0	987	992	993	995	995	3975	3975
75	129	Jan	MORRIS	Chepstow	989	0	0	987	0	1976	0	987	0	0	989	1976	3952
76	887	Ruth	PHILLIPS	Lliswerry	983	982	0	0	995	2960	992	0	0	0	0	992	3952
77	103	Sophie	GILBERT	Chepstow	0	0	0	0	0	0	973	985	983	990	991	3949	3949
78	432	Becky	COMINS	Chepstow	991	980	987	990	0	3948	0	0	0	0	0	0	3948
79	7749	Kelly	FELSTEAD	Islwyn	0	0	0	0	0	0	988	990	986	978	0	3942	3942
80	183	Danielle	SAPSFORD	Chepstow	0	0	0	0	0	0	976	975	0	982	988	3921	3921

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81	344	Peta DANIELS	Lliswerry	0	0	0	0	0	0	968	981	981	981	975	3918	3918
82	996	Danielle PHILLIPS	Pont-Y-Pwl	0	0	0	0	0	0	971	976	976	0	982	3905	3905
83	920	Fiona CROSS	Pont-Y-Pwl	0	0	0	0	0	0	947	961	980	976	985	3902	3902
84	943	Sharon NEWELL	Pont-Y-Pwl	0	0	0	0	0	0	969	974	974	0	976	3893	3893
85	538	Rebecca POOLE	Fairwater	987	978	0	0	973	2938	955	0	0	0	0	955	3893
86	M18	Emma DAVIES	Monmouth	0	0	0	0	0	0	964	960	972	961	961	3858	3858
87	51	Helen THOMAS	Caerleon	967	0	0	966	976	2909	0	0	0	948	0	948	3857
88	729	Jackie LAMBETH	Islwyn	974	959	957	956	965	3855	0	0	0	0	0	0	3855
89	603	Daniela GORMLEY	Griffithstown	970	962	0	0	980	2912	926	0	0	0	0	926	3838
90	M29	Sian STROUD	Monmouth	0	0	0	0	0	0	958	968	0	951	958	3835	3835
91	212	Margrett MONK	Parc Bryn Bach	0	0	0	0	0	0	0	956	962	957	959	3834	3834
92	994	Nicola SMITH	Pont-Y-Pwl	0	0	0	0	0	0	0	949	948	963	969	3829	3829
93	616	Nanette VIRGO	Griffithstown	0	0	0	0	0	0	0	953	953	953	964	3823	3823
94	M05	Karen BARRATT	Monmouth	0	0	0	0	0	0	917	957	952	947	960	3816	3816
95	7745	Michelle JOHNSON	Islwyn	0	0	0	0	960	960	957	0	0	933	966	2856	3816
96	63	Paula WILLIAMS	Caerleon	0	0	0	0	0	0	936	0	960	958	957	3811	3811
97	8823	Gemma ACREMAN	Lliswerry	0	0	0	0	0	0	945	962	957	944	0	3808	3808
98	160	Caroline LIDGETT	Chepstow	961	949	947	950	0	3807	0	0	0	0	0	0	3807
99	848	Ceri DONOVAN	Lliswerry	0	950	0	0	0	950	929	939	946	0	0	2814	3764
100	549	Rebecca JENKINS	Fairwater	0	0	0	0	0	0	928	0	947	942	947	3764	3764
101	604	Rachel REES	Griffithstown	0	0	0	0	0	0	902	937	931	938	956	3762	3762
102	8857	Juliet SIDNEY	Lliswerry	0	0	0	0	0	0	914	941	935	929	955	3760	3760
103	936	Keri HAMER	Pont-Y-Pwl	0	0	0	0	0	0	893	934	932	924	938	3728	3728
104	632	Wendy REES	Griffithstown	0	945	949	0	0	1894	0	921	905	0	0	1826	3720
105	8862	Clare ANDERSON	Lliswerry	0	0	0	0	0	0	918	944	926	928	0	3716	3716
106	7750	Lisa LAWFORD	Islwyn	0	0	0	0	0	0	895	0	934	935	946	3710	3710
107	536	Sarah ROBERTS	Fairwater	0	0	0	0	0	0	911	935	924	0	934	3704	3704
108	U033	Susan REES	Usk	0	0	0	0	0	0	900	929	911	927	932	3699	3699
109	865	Tracy BURTON	Lliswerry	0	939	938	0	0	1877	906	915	0	0	0	1821	3698
110	548	Sheree MANN	Fairwater	935	931	929	0	0	2795	0	0	0	887	0	887	3682
111	173	Becca LANE	Chepstow	0	0	939	938	0	1877	888	0	916	0	0	1804	3681
112	70	Natalie WALKER	Caerleon	0	0	0	0	0	0	896	912	939	930	0	3677	3677
113	898	Karen PENNY	Lliswerry	0	0	0	0	944	944	901	923	906	0	0	2730	3674
114	8839	Sarah GIMBLETT	Lliswerry	0	0	0	0	0	0	890	930	918	916	0	3654	3654
115	921	Sarah EVANS	Pont-Y-Pwl	928	0	0	0	945	1873	876	0	0	901	0	1777	3650
116	902	Sam HAWKSWORTH	Pont-Y-Pwl	929	0	0	0	942	1871	875	0	0	902	0	1777	3648
117	8808	Diane POTTER	Lliswerry	0	925	936	0	0	1861	885	0	898	0	0	1783	3644
118	997	Sian SKILBECK	Pont-Y-Pwl	0	0	0	0	0	0	886	918	914	919	0	3637	3637
119	7751	Louise SADLER	Islwyn	0	0	0	0	0	0	869	909	900	903	919	3631	3631
120	64	Claire DOUGLAS	Caerleon	0	0	0	0	0	0	877	903	891	897	923	3614	3614

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121	72	Jo	DAVISS	Caerleon	0	0	0	0	0	862	901	883	891	906	3581	3581
122	7747	Ruth	POWELL	Islwyn	0	0	0	0	0	865	907	882	0	914	3568	3568
123	615	Yvonne	WALKER	Griffithstown	0	0	0	0	0	851	896	0	889	901	3537	3537
124	414	Jane	HORLER	Chepstow	0	0	999	0	1000	1999	0	0	0	1000	1000	2999
125	702	Ceri	BARTLEY	Islwyn	998	0	0	0	0	998	0	0	0	994	998	2990
126	916	Emma	SOWREY	Pont-Y-Pwl	984	987	990	0	0	2961	0	0	0	0	0	2961
127	U004	Hayley	DODD	Usk	0	0	0	0	0	978	0	990	985	0	2953	2953
128	927	Maria	RICHARDS	Pont-Y-Pwl	0	979	0	0	988	1967	0	965	0	0	965	2932
129	27	Emma	WILLIAMS	Caerleon	0	0	971	974	0	1945	985	0	0	0	985	2930
130	144	Caroline	HUGHES	Chepstow	0	0	0	0	0	967	983	0	979	0	2929	2929
131	911	Julie	DAVIES	Pont-Y-Pwl	978	974	974	0	0	2926	0	0	0	0	0	2926
132	202	Lauri	COWDELL	Parc Bryn Bach	0	0	976	0	981	1957	951	0	0	0	951	2908
133	831	Sinead	THOMSON	Llswerry	964	969	975	0	0	2908	0	0	0	0	0	2908
134	U041	Joanne	WILLIAMS	Usk	0	0	0	0	0	974	964	0	970	0	2908	2908
135	153	Gemma	BEVES	Chepstow	971	965	0	0	0	1936	0	966	0	0	966	2902
136	933	Amberely	MORGAN	Pont-Y-Pwl	958	0	0	964	0	1922	959	0	0	0	959	2881
137	747	Helen	LEWIS	Islwyn	0	0	0	0	968	968	0	0	956	0	940	2864
138	340	Claire	DUNKERTON	Llswerry	950	0	0	948	964	2862	0	0	0	0	0	2862
139	740	Coleen	BIRCH	Islwyn	952	941	948	0	0	2841	0	0	0	0	0	2841
140	56	Nikki	HARDING	Caerleon	0	0	966	0	0	966	933	940	0	0	0	2839
141	533	Helen	WILLIAMS	Fairwater	0	0	0	0	0	0	0	950	931	953	2834	2834
142	U007	Janet	EVANS	Usk	0	0	0	0	0	932	954	940	0	0	2826	2826
143	M04	Lucy	ALLEN	Monmouth	0	0	0	0	0	922	947	0	945	0	2814	2814
144	7755	Kirsty	HOLTHAM-MORGAN	Islwyn	0	0	0	0	0	0	0	921	937	945	2803	2803
145	779	Helen	MEREDITH	Islwyn	0	0	0	955	0	955	924	0	0	913	0	2792
146	161	Jackie	WEBB	Chepstow	0	0	941	935	0	1876	881	0	0	0	881	2757
147	U005	Trisha	EDWARDS	Usk	0	0	0	0	0	0	920	912	909	0	2741	2741
148	20	Kim	HOWELL	Caerleon	0	0	0	0	0	897	0	896	0	917	2710	2710
149	631	Claire	SUTTON	Griffithstown	0	0	0	0	0	0	904	886	0	915	2705	2705
150	309	Linda	DURSLEY	Llswerry	0	924	0	0	0	924	872	906	0	0	0	2702
151	7756	Kath	GLADWYN	Islwyn	0	0	0	0	0	0	0	890	894	910	2694	2694
152	150	Virginia	STONE	Chepstow	0	0	0	0	0	878	898	915	0	0	2691	2691
153	934	Kate	ALLEN	Pont-Y-Pwl	0	0	0	0	0	879	900	0	0	908	2687	2687
154	919	Sarah	WAKEFIELD	Pont-Y-Pwl	0	0	0	0	940	940	853	0	893	0	0	2686
155	600	Lauren	REES	Griffithstown	0	0	0	0	0	870	0	887	0	928	2685	2685
156	514	Kate	PALFREY	Fairwater	0	0	0	0	0	863	0	889	898	0	2650	2650
157	871	Louise	HOWELLS	Llswerry	0	992	0	0	0	992	0	0	996	0	0	1988
158	M61	Fran	BULLOCK	Monmouth	0	0	0	0	991	991	996	0	0	0	996	1987
159	115	Esther	BARRETT	Chepstow	995	0	0	0	0	995	0	0	984	0	0	1979
160	189	Sally	GRANT	Chepstow	0	0	0	0	0	0	0	0	987	987	1974	1974

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FINAL POSTIONS BASED ON BEST 4 OF 5 XC RACES + BEST 4 OF 5 ROAD RACES

	#	NAME	CLUB	race 1	race 2	race 3	race 4	race 5	best 4 of 1~5	race 6	race 7	race 8	race 9	race 10	best 4 of 6~10	Best 4 + Best 4 TOTAL
161	227	Jacky MILES	Parc Bryn Bach	0	0	984	985	0	1969	0	0	0	0	0	0	1969
162	M31	Simone THOMAS	Monmouth	0	0	0	0	0	0	0	0	0	960	979	1939	1939
163	57	Alison SCRIVENS	Caerleon	969	964	0	0	0	1933	0	0	0	0	0	0	1933
164	109	Berna CANTWELL	Chepstow	0	0	0	976	0	976	0	0	0	952	0	952	1928
165	M34	Ali PHILLIPS	Monmouth	0	0	0	0	0	0	0	958	966	0	0	1924	1924
166	225	Katherine COLLINS	Parc Bryn Bach	0	0	0	0	0	0	0	0	958	0	963	1921	1921
167	8	Julie TWIST	Caerleon	0	0	0	0	0	0	948	0	969	0	0	1917	1917
168	58	Joanne PEACOCK	Caerleon	0	0	0	0	0	0	954	959	0	0	0	1913	1913
169	886	Ruth OVEY	Llswerry	957	0	953	0	0	1910	0	0	0	0	0	0	1910
170	613	Leonie ROBERTS	Griffithstown	946	0	0	0	0	946	0	0	959	0	0	959	1905
171	M26	Lisa EVANS	Monmouth	0	0	0	0	0	0	0	955	945	0	0	1900	1900
172	625	Natalie HERN	Griffithstown	0	0	0	0	0	0	946	0	949	0	0	1895	1895
173	9904	Linda THOMAS	Pont-Y-Pwl	0	0	0	0	0	0	0	0	0	939	950	1889	1889
174	40	Niamh MAGUIRE	Caerleon	940	943	0	0	0	1883	0	0	0	0	0	0	1883
175	U006	Debbie DAVIES	Usk	934	932	0	0	0	1866	0	0	0	0	0	0	1866
176	7736	Coral REES	Islwyn	0	0	0	0	0	0	0	0	929	0	937	1866	1866
177	892	Sue WILLIAMS	Llswerry	0	937	0	0	0	937	0	928	0	0	0	928	1865
178	321	Hayley EDWARDS	Llswerry	0	928	932	0	0	1860	0	0	0	0	0	0	1860
179	899	Morwenna PHILLIPS	Llswerry	0	923	927	0	0	1850	0	0	0	0	0	0	1850
180	931	Lucie COCHRANE	Pont-Y-Pwl	0	0	937	0	0	937	0	0	910	0	0	910	1847
181	618	Gemma THOMAS	Griffithstown	0	0	0	0	0	0	921	0	0	925	0	1846	1846
182	M60	Madeleine NEWCOMB	Monmouth	0	0	0	0	0	0	0	0	0	908	933	1841	1841
183	177	Anne JENNER	Chepstow	0	0	0	933	0	933	0	899	0	0	0	899	1832
184	429	Jane RYMER	Chepstow	0	0	942	0	0	942	0	0	884	0	0	884	1826
185	8813	Roni MARGERISON	Llswerry	0	0	925	0	0	925	0	0	0	0	899	899	1824
186	M39	Lauretta JONES	Monmouth	0	0	0	0	0	0	0	0	903	906	0	1809	1809
187	940	Kate KELYNACK	Pont-Y-Pwl	0	0	0	0	0	0	899	0	909	0	0	1808	1808
188	776	Hailey STEPHENS	Islwyn	0	0	0	0	0	0	0	0	0	892	913	1805	1805
189	8846	Eleanor JOHNSTON	Llswerry	0	0	0	0	0	0	880	0	0	921	0	1801	1801
190	8863	Elinor PHILLIPS	Llswerry	0	0	0	0	0	0	887	914	0	0	0	1801	1801
191	767	Linda JONES	Islwyn	0	0	0	931	0	931	860	0	0	0	0	860	1791
192	M07	Phobe WILLIAMS	Monmouth	0	0	0	0	0	0	0	897	879	0	0	1776	1776
193	7759	Sian FISHER	Islwyn	0	0	0	0	0	0	0	0	875	885	0	1760	1760
194	998	Amy FLINN	Pont-Y-Pwl	0	0	0	0	0	0	859	0	892	0	0	1751	1751
195	945	Diane PARSONS	Pont-Y-Pwl	0	0	0	0	0	0	856	0	878	0	0	1734	1734
196	906	Emma BAYLISS	Pont-Y-Pwl	0	0	0	0	0	0	0	0	995	0	0	995	995
197	504	Angela JONES	Fairwater	0	0	0	0	994	994	0	0	0	0	0	0	994
198	519	Jenna ROBERTS	Fairwater	0	0	0	0	0	0	0	991	0	0	0	991	991
199	197	Lisa JEFFREY	Chepstow	0	0	0	0	0	0	0	0	0	989	0	989	989
200	400	Sarah BELL	Chepstow	0	0	0	0	0	0	0	0	0	988	0	988	988

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	#	NAME	CLUB	race 1	race 2	race 3	race 4	race 5	best 4 of 1~5	race 6	race 7	race 8	race 9	race 10	best 4 of 6~10	Best 4 + Best 4 TOTAL
201	901	Sharon WOODS	Pont-Y-Pwl	985	0	0	0	0	985	0	0	0	0	0	0	985
202	880	Stacey OWEN	Lliswerry	0	0	0	0	0	0	0	0	0	0	984	984	984
203	840	Nicola BECK	Lliswerry	0	0	0	0	0	0	983	0	0	0	0	983	983
204	8815	Raven TIMMS	Lliswerry	0	0	981	0	0	981	0	0	0	0	0	0	981
205	15	Sian JONES	Caerleon	0	973	0	0	0	973	0	0	0	0	0	0	973
206	82	Nicola BOYCOTT	Caerleon	0	0	0	0	0	0	0	0	0	971	0	971	971
207	8807	Cathy TURNER	Lliswerry	0	971	0	0	0	971	0	0	0	0	0	0	971
208	420	Sian GRIFFITH	Chepstow	0	0	962	0	0	962	0	0	0	0	0	0	962
209	7760	Rhian BILSBY	Islwyn	0	0	0	0	0	0	0	0	0	959	0	959	959
210	369	Carol WOODFORD	Lliswerry	0	958	0	0	0	958	0	0	0	0	0	0	958
211	52	Shelagh ADKINS	Caerleon	0	957	0	0	0	957	0	0	0	0	0	0	957
212	232	Riannon GRIFFIN	Parc Bryn Bach	0	0	0	0	0	0	0	0	0	0	954	954	954
213	8871	Michelle CURRIM	Lliswerry	0	0	0	0	0	0	0	0	0	949	0	949	949
214	612	Sarah KEDWARD	Griffithstown	0	0	0	0	0	0	949	0	0	0	0	949	949
215	8809	Shannel SPRUCE	Lliswerry	0	948	0	0	0	948	0	0	0	0	0	0	948
216	209	Michelle BATES	Parc Bryn Bach	943	0	0	0	0	943	0	0	0	0	0	0	943
217	M02	Rowena CHRISTMAS	Monmouth	0	0	0	0	0	0	0	942	0	0	0	942	942
218	8819	Claire ROYNON	Lliswerry	0	0	0	940	0	940	0	0	0	0	0	0	940
219	116	Carol DUNSBEE	Chepstow	0	0	0	939	0	939	0	0	0	0	0	0	939
220	908	Hayley PIERCE	Pont-Y-Pwl	0	0	0	0	0	0	0	938	0	0	0	938	938
221	946	Bethan POWELL	Pont-Y-Pwl	0	0	0	0	0	0	938	0	0	0	0	938	938
222	8830	Rachael BURKE	Lliswerry	0	0	0	0	0	0	0	0	937	0	0	937	937
223	876	Nicci HAINES-JONES	Lliswerry	0	0	0	0	0	0	937	0	0	0	0	937	937
224	7741	Angela BURT	Islwyn	0	935	0	0	0	935	0	0	0	0	0	0	935
225	8814	Angela PARFITT	Lliswerry	0	0	935	0	0	935	0	0	0	0	0	0	935
226	995	Heidi DAVIES	Pont-Y-Pwl	0	0	0	0	0	0	934	0	0	0	0	934	934
227	192	Sue OST	Chepstow	0	0	934	0	0	934	0	0	0	0	0	0	934
228	608	Clara McCOOL	Griffithstown	932	0	0	0	0	932	0	0	0	0	0	0	932
229	889	Suzie PRZESLAK	Lliswerry	0	0	0	0	0	0	931	0	0	0	0	931	931
230	552	Jane LEWIS	Fairwater	0	0	0	0	0	0	0	0	0	0	930	930	930
231	62	Natalie WALDEN	Caerleon	0	0	0	930	0	930	0	0	0	0	0	0	930
232	U037	Elizabeth SWAIN	Usk	0	0	928	0	0	928	0	0	0	0	0	0	928
233	107	Jenny BELL	Chepstow	0	0	0	0	0	0	0	0	0	0	925	925	925
234	601	Kelly WALKER	Griffithstown	0	0	0	0	0	0	925	0	0	0	0	925	925
235	758	Lowri WILLIAMS	Islwyn	0	0	0	0	0	0	0	0	925	0	0	925	925
236	U020	Clara JONES	Usk	0	0	0	0	0	0	915	0	0	0	0	915	915
237	7762	Christine WOOD	Islwyn	0	0	0	0	0	0	0	0	0	915	0	915	915
238	79	Frances TAYLOR	Caerleon	0	0	0	0	0	0	0	0	0	912	0	912	912
239	229	Samantha STANDERWICK	Parc Bryn Bach	0	0	0	0	0	0	0	0	0	0	911	911	911
240	620	Mair WEST	Griffithstown	0	0	0	0	0	0	0	0	0	910	0	910	910

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FINAL POSTIONS BASED ON BEST 4 OF 5 XC RACES + BEST 4 OF 5 ROAD RACES

	#	NAME	CLUB	race 1	race 2	race 3	race 4	race 5	best 4 of 1~5	race 6	race 7	race 8	race 9	race 10	best 4 of 6~10	Best 4 + Best 4 TOTAL
241	8826	Hannah BLACKABY	Lliswerry	0	0	0	0	0	0	907	0	0	0	0	907	907
242	439	Helen CLANCY	Chepstow	0	0	0	0	0	0	904	0	0	0	0	904	904
243	621	Charlotte REES	Griffithstown	0	0	0	0	0	0	0	0	0	0	904	904	904
244	M40	Nicola ALLAN	Monmouth	0	0	0	0	0	0	0	0	0	0	903	903	903
245	715	Kate ROWLANDS	Islwyn	0	0	0	0	0	0	903	0	0	0	0	903	903
246	910	Rachel WATERS	Pont-Y-Pwl	0	0	0	0	0	0	0	0	0	0	902	902	902
247	731	Elaine HICKS	Islwyn	0	0	0	0	0	0	0	0	0	0	900	900	900
248	872	Nicola MURRAY	Lliswerry	0	0	0	0	0	0	0	0	0	900	0	900	900
249	60	Emily WOOD	Caerleon	0	0	0	0	0	0	0	0	0	0	897	897	897
250	8848	Sian JONES	Lliswerry	0	0	0	0	0	0	0	0	0	0	896	896	896
251	155	Suzie SHEPHERD	Chepstow	0	0	0	0	0	0	0	895	0	0	0	895	895
252	181	Gill ELLIS	Chepstow	0	0	0	0	0	0	0	894	0	0	0	894	894
253	939	Sarah JENKINS	Pont-Y-Pwl	0	0	0	0	0	0	892	0	0	0	0	892	892
254	607	Daune GREEN	Griffithstown	0	0	0	0	0	0	891	0	0	0	0	891	891
255	7752	Suzanne DAVISON	Islwyn	0	0	0	0	0	0	883	0	0	0	0	883	883
256	941	Ceri KNIGHT	Pont-Y-Pwl	0	0	0	0	0	0	882	0	0	0	0	882	882
257	8852	Zowie PARKER	Lliswerry	0	0	0	0	0	0	0	0	877	0	0	877	877
258	8869	Lesley PARRATT	Lliswerry	0	0	0	0	0	0	0	0	876	0	0	876	876
259	705	Nicola HAWKESFORD	Islwyn	0	0	0	0	0	0	873	0	0	0	0	873	873
260	7757	Joanne JONES	Islwyn	0	0	0	0	0	0	0	0	873	0	0	873	873
261	M22	Vicky EVANS	Monmouth	0	0	0	0	0	0	861	0	0	0	0	861	861
262	7748	Amy Louise BROWNE	Islwyn	0	0	0	0	0	0	858	0	0	0	0	858	858
263	935	Sonia CAVILL	Pont-Y-Pwl	0	0	0	0	0	0	857	0	0	0	0	857	857
264	M06	Diane SMITH	Monmouth	0	0	0	0	0	0	854	0	0	0	0	854	854
265	M23	Susan LLOYD	Monmouth	0	0	0	0	0	0	850	0	0	0	0	850	850