

GLCL X/C RACE SERIES 2013/14 ; RACE 4/5 ; FAIRWATER (Llantarnam) 2nd Feb. 2014
(confirmed results)

MENS RACE RESULT :

| Race position | (finish token) | Number | NAME | Club | Category | Category position |
|----------------------|-----------------------|---------------|------------------|----------------|-----------------|--------------------------|
| 1 | 11 | 952 | Matthew SYMES | Pont-Y-Pwl | M1739 | 1 |
| 2 | 15 | 530 | Daryll BARNBY | Fairwater | M1739 | 2 |
| 3 | 17 | 193 | James BLORE | Chepstow | M1739 | 3 |
| 4 | 25 | 657 | Andrew WALSH | Griffithstown | M1739 | 4 |
| 5 | 28 | 128 | Richard MATTHEWS | Chepstow | M1739 | 5 |
| 6 | 29 | 381 | Matthew GRANTHAM | Lliswerry | M1739 | 6 |
| 7 | 31 | 130 | Stuart PENNY | Chepstow | M5054 | 1 |
| 8 | 33 | 895 | Alun KING | Lliswerry | M1739 | 7 |
| 9 | 34 | 207 | Simon LEWIS | Parc Bryn Bach | M4549 | 1 |
| 10 | 36 | 719 | Dafydd LAMBETH | Islwyn | M4044 | 1 |
| 11 | 38 | U001 | Mark BALCH | Usk | M4549 | 2 |
| 12 | 48 | 950 | Dimitri VORRÉS | Pont-Y-Pwl | M5054 | 2 |
| 13 | 51 | 956 | Steve DAVIES | Pont-Y-Pwl | M5054 | 3 |
| 14 | 55 | U013 | Richie HILL | Usk | M1739 | 8 |
| 15 | 56 | 151 | Andrew MATHIAS | Chepstow | M1739 | 9 |
| 16 | 57 | 71 | Jim KING | Caerleon | M1739 | 10 |
| 17 | 61 | 959 | Brian WILLIAMS | Pont-Y-Pwl | M1739 | 11 |
| 18 | 62 | 799 | Haydn HARTNELL | Islwyn | M5054 | 4 |
| 19 | 63 | 7711 | Martin JONES | Islwyn | M1739 | 12 |
| 20 | 64 | 132 | Simon DURY | Chepstow | M1739 | 13 |
| 21 | 65 | U022 | Gareth JONES | Usk | M1739 | 14 |
| 22 | 66 | 955 | Ray MORGAN | Pont-Y-Pwl | M1739 | 15 |
| 23 | 67 | 110 | Laurie CARTER | Chepstow | M5559 | 1 |
| 24 | 68 | 974 | Ricci WATTS | Pont-Y-Pwl | M1739 | 16 |
| 25 | 71 | 214 | Daman JUKES | Parc Bryn Bach | M4044 | 2 |
| 26 | 73 | 674 | Mathew SMART | Griffithstown | M1739 | 17 |
| 27 | 74 | 710 | Philip WILLIAMS | Islwyn | M1739 | 18 |
| 28 | 75 | 863 | Richard ELGAR | Lliswerry | M1739 | 19 |
| 29 | 76 | 678 | Andrew PEARCE | Griffithstown | M1739 | 20 |
| 30 | 77 | 679 | Nick WALSH | Griffithstown | M4044 | 3 |
| 31 | 78 | M16 | Richard NEWHOUSE | Monmouth | M4044 | 4 |
| 32 | 79 | 112 | Rob BEVES | Chepstow | M4549 | 3 |
| 33 | 81 | 53 | Chris MORGAN | Caerleon | M1739 | 21 |
| 34 | 82 | 659 | Gerard GORMLEY | Griffithstown | M4549 | 4 |
| 35 | 83 | 7733 | Lee SHANKLAND | Islwyn | M4549 | 5 |
| 36 | 84 | 377 | Steve HARRHY | Lliswerry | M5054 | 5 |
| 37 | 87 | 835 | Bleddyn JONES | Lliswerry | M1739 | 22 |
| 38 | 90 | 957 | Luke DAVIES | Pont-Y-Pwl | M1739 | 23 |
| 39 | 91 | 97 | Dan ARTHUR | Caerleon | M1739 | 24 |
| 40 | 93 | 30 | Justin POCKNELL | Caerleon | M4549 | 6 |

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MENS RACE RESULT (cont.):

| Race position | (finish token) | Number | NAME | Club | Category | Category position |
|----------------------|-----------------------|---------------|-------------------|----------------|-----------------|--------------------------|
| 41 | 97 | 7718 | Alun WOOD | Islwyn | M1739 | 25 |
| 42 | 98 | 965 | Paul DONOVAN | Pont-Y-Pwl | M4549 | 7 |
| 43 | 99 | 37 | Peter THOMAS | Caerleon | M5054 | 6 |
| 44 | 100 | 111 | Paul LIDGETT | Chepstow | M4549 | 8 |
| 45 | 101 | 123 | Neil GRANT | Chepstow | M6064 | 1 |
| 46 | 105 | 230 | Martin CHAMMINGS | Parc Bryn Bach | M1739 | 26 |
| 47 | 106 | 961 | Gary JONES | Pont-Y-Pwl | M5054 | 7 |
| 48 | 107 | 2 | Howard MASON | Caerleon | M4549 | 9 |
| 49 | 108 | 211 | Phillip MILES | Parc Bryn Bach | M6064 | 2 |
| 50 | 109 | 7740 | Steve LANE | Islwyn | M4044 | 5 |
| 51 | 111 | 884 | Simon GILL | Lliswerry | M1739 | 27 |
| 52 | 113 | 745 | Chris LLOYD | Islwyn | M1739 | 28 |
| 53 | 114 | 535 | Rob SYMONS | Fairwater | M4549 | 10 |
| 54 | 115 | 878 | Paul CHICK | Lliswerry | M4044 | 6 |
| 55 | 116 | 335 | Nick PRINGLE | Lliswerry | M5054 | 8 |
| 56 | 117 | 8816 | Kevin RUSSEL | Lliswerry | M5054 | 9 |
| 57 | 119 | U053 | Adrian BULL | Usk | M1739 | 29 |
| 58 | 120 | 241 | Nigel LAWRENCE | Parc Bryn Bach | M4549 | 11 |
| 59 | 121 | 525 | Richard BOWIE | Fairwater | M5054 | 10 |
| 60 | 122 | 73 | Mike DAVIES | Caerleon | M5054 | 11 |
| 61 | 123 | 968 | Andrew DICKENS | Pont-Y-Pwl | M4044 | 7 |
| 62 | 124 | U050 | Jon HANCOCK | Usk | M5559 | 2 |
| 63 | 126 | 528 | Steve MORGAN | Fairwater | M4044 | 8 |
| 64 | 127 | 238 | David SMOUT | Parc Bryn Bach | M6064 | 3 |
| 65 | 129 | 704 | Paul NOLVACZEK | Islwyn | M4044 | 9 |
| 66 | 130 | 44 | Peter RODGER | Caerleon | M5559 | 3 |
| 67 | 131 | M38 | Jeremy CREASEY | Monmouth | M4549 | 12 |
| 68 | 132 | 545 | Martyn JENKINS | Fairwater | M5054 | 12 |
| 69 | 133 | 775 | Terry LEWIS | Islwyn | M5054 | 13 |
| 70 | 134 | M21 | Russell FINCH | Monmouth | M4549 | 13 |
| 71 | 137 | 165 | Allan McCALL | Chepstow | M4549 | 14 |
| 72 | 138 | U019 | Brian JONES | Usk | M5054 | 14 |
| 73 | 139 | 315 | Paul DURSLEY | Lliswerry | M6064 | 4 |
| 74 | 140 | 8817 | Geoff ROYNON | Lliswerry | M4044 | 10 |
| 75 | 141 | 701 | Paul THOMAS | Islwyn | M1739 | 30 |
| 76 | 142 | 350 | Christopher JONES | Lliswerry | M5054 | 15 |
| 77 | 145 | 527 | Roger MILLS | Fairwater | M4044 | 11 |
| 78 | 149 | 198 | Kevin MCENTEE | Chepstow | M5559 | 4 |
| 79 | 150 | 329 | Howard ATTWOOD | Lliswerry | M6064 | 5 |
| 80 | 151 | 979 | Keith LANGLEY | Pont-Y-Pwl | M5559 | 5 |

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MENS RACE RESULT (cont.):

| Race position | (finish token) | Number | NAME | Club | Category | Category position |
|---------------|----------------|--------|-----------------|----------------|----------|-------------------|
| 81 | 152 | 506 | David GRIFFITHS | Fairwater | M1739 | 31 |
| 82 | 153 | 122 | Andy GREEN | Chepstow | M4549 | 15 |
| 83 | 154 | 539 | Adrian GWILLIAM | Fairwater | M4549 | 16 |
| 84 | 155 | 8810 | David GATES | Lliswerry | M5054 | 16 |
| 85 | 156 | 8811 | Scott HAYDEN | Lliswerry | M1739 | 32 |
| 86 | 158 | 412 | Alan DOBBS | Chepstow | M1739 | 33 |
| 87 | 159 | 1 | Andrew TAYLOR | Caerleon | M5559 | 6 |
| 88 | 160 | 713 | Glyn HICKS | Islwyn | M6064 | 6 |
| 89 | 161 | 137 | Stuart DUNCAN | Chepstow | M5054 | 17 |
| 90 | 162 | 204 | Brian MOFFET | Parc Bryn Bach | M6064 | 7 |
| 91 | 163 | 680 | Ashley COOPER | Griffithstown | M1739 | 34 |
| 92 | 164 | 651 | Daniel PAYTON | Griffithstown | M1739 | 35 |
| 93 | 165 | 964 | Dave TIMSON | Pont-Y-Pwl | M4549 | 17 |
| 94 | 166 | 8802 | Matthew REES | Lliswerry | M1739 | 36 |
| 95 | 167 | U042 | Neil WILLIAMS | Usk | M5054 | 18 |
| 96 | 168 | 879 | Michael BONNETT | Lliswerry | M5559 | 7 |
| 97 | 169 | 402 | Andy SILK | Chepstow | M5559 | 8 |
| 98 | 170 | 829 | Paul WATTS | Lliswerry | M5054 | 19 |
| 99 | 172 | 368 | Steve WILLIAMS | Lliswerry | M5559 | 9 |
| 100 | 173 | M37 | David MATHER | Monmouth | M4549 | 18 |
| 101 | 174 | 543 | Garry WOODS | Fairwater | M5054 | 20 |
| 102 | 175 | 322 | Chris CHOULS | Lliswerry | M4044 | 12 |
| 103 | 176 | 777 | Colin DIXON | Islwyn | M6064 | 8 |
| 104 | 177 | 859 | Nick JACKSON | Lliswerry | M4549 | 19 |
| 105 | 178 | 108 | Andy BRAY | Chepstow | M5559 | 10 |
| 106 | 179 | 101 | Gerry ASHTON | Chepstow | M5559 | 11 |
| 107 | 180 | 119 | Dick FINCH | Chepstow | M6569 | 1 |
| 108 | 181 | 133 | Dave ANDREWS | Chepstow | M6569 | 2 |
| 109 | 182 | 766 | Gwilyn PARR | Islwyn | M5054 | 21 |
| 110 | 183 | 307 | Neil CHIPPER | Lliswerry | M5054 | 22 |
| 111 | 184 | 141 | Paul MAYO | Chepstow | M1739 | 37 |
| 112 | 185 | U017 | Gareth HOWELLS | Usk | M1739 | 38 |
| 113 | 186 | 105 | Geoff BAYLISS | Chepstow | M6569 | 3 |

OVER 70 MENS RACE RESULT :

| Race position | (finish token) | Number | NAME | Club |
|---------------|----------------|--------|---------------|----------------|
| 1 | 45 | 367 | Rob ANDERSON | Lliswerry |
| 2 | 59 | 200 | Clive COOKSEY | Parc Bryn Bach |

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LADIES RACE RESULT :

| Race position | (finish token) | Number | NAME | Club | Category | Category position |
|---------------|----------------|--------|--------------------|----------------|----------|-------------------|
| 1 | 1 | 215 | Nichola GETHING | Parc Bryn Bach | F4044 | 1 |
| 2 | 2 | 124 | Niki MORGAN | Chepstow | F4549 | 1 |
| 3 | 3 | 166 | Georgie PARNELL | Chepstow | F1734 | 1 |
| 4 | 4 | 136 | Vanessa LAWSON | Chepstow | F4044 | 2 |
| 5 | 5 | 305 | Sandra CHIPPER | Llswerry | F4044 | 3 |
| 6 | 6 | 408 | Judith AUSTERBERRY | Chepstow | F3539 | 1 |
| 7 | 7 | 913 | Louise SUMMERS | Pont-Y-Pwl | F4549 | 2 |
| 8 | 8 | 765 | Kelly WAITE | Islwyn | F1734 | 2 |
| 9 | 9 | 611 | Tara PAISEY | Griffithstown | F1734 | 3 |
| 10 | 10 | 826 | Keri JONES | Llswerry | F4044 | 4 |
| 11 | 12 | 432 | Becky COMINS | Chepstow | F4044 | 5 |
| 12 | 13 | 532 | Deb COCKRAM | Fairwater | F4549 | 3 |
| 13 | 14 | 605 | Rose CHARLES | Griffithstown | F1734 | 4 |
| 14 | 16 | 129 | Jan MORRIS | Chepstow | F4549 | 4 |
| 15 | 18 | 222 | Susan TAGG | Parc Bryn Bach | F4549 | 5 |
| 16 | 19 | 227 | Jacky MILES | Parc Bryn Bach | F6099 | 1 |
| 17 | 20 | 850 | Janet RICHARDS | Llswerry | F4549 | 6 |
| 18 | 21 | M01 | Emma KING | Monmouth | F1734 | 5 |
| 19 | 22 | 13 | Liz RICHARDS | Caerleon | F4549 | 7 |
| 20 | 23 | 703 | Julie LEWIS | Islwyn | F4549 | 8 |
| 21 | 24 | 526 | Julie LEES | Fairwater | F3539 | 2 |
| 22 | 26 | 152 | Teresa TRANTER | Chepstow | F6099 | 2 |
| 23 | 27 | 932 | Louise BRIGHT | Pont-Y-Pwl | F1734 | 6 |
| 24 | 30 | 844 | Stephanie RHODES | Llswerry | F3539 | 3 |
| 25 | 32 | 109 | Berna CANTWELL | Chepstow | F4549 | 9 |
| 26 | 35 | 502 | Julie ROCHE | Fairwater | F4549 | 10 |
| 27 | 37 | 27 | Emma WILLIAMS | Caerleon | F1734 | 7 |
| 28 | 39 | 440 | Denise EVANS | Chepstow | F4549 | 11 |
| 29 | 40 | 114 | Joc DODD | Chepstow | F5559 | 1 |
| 30 | 41 | 914 | Nadine DONOVAN | Pont-Y-Pwl | F4044 | 6 |
| 31 | 42 | 515 | Jeanette JENKINS | Fairwater | F5054 | 1 |
| 32 | 43 | U051 | Danielle HILL | Usk | F1734 | 8 |
| 33 | 44 | 512 | Bev BRADBURY JONES | Fairwater | F4044 | 7 |
| 34 | 46 | 5 | Karen PAYNE | Caerleon | F4044 | 8 |
| 35 | 47 | 51 | Helen THOMAS | Caerleon | F5054 | 2 |
| 36 | 49 | 875 | Leanne PHILLIPS | Llswerry | F4044 | 9 |
| 37 | 50 | 933 | Amberely MORGAN | Pont-Y-Pwl | F1734 | 9 |
| 38 | 52 | 838 | Lisa BATEMAN | Llswerry | F4549 | 12 |
| 39 | 53 | 7737 | Kay DIXON | Islwyn | F4044 | 10 |
| 40 | 54 | 511 | Stella SYMONS | Fairwater | F4549 | 13 |

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LADIES RACE RESULT (cont.) :

| Race position | (finish token) | Number | NAME | Club | Category | Category position |
|----------------------|-----------------------|---------------|-------------------------|-----------------------|-----------------|--------------------------|
| 41 | 58 | 648 | Elizabeth STOKES | Griffithstown | F4044 | 11 |
| 42 | 60 | 930 | Emma MORGAN | Pont-Y-Pwl | F3539 | 4 |
| 43 | 69 | 888 | Ceri JENKINS | Lliswerry | F3539 | 5 |
| 44 | 70 | 100 | Roberta HAVERS | Chepstow | F1734 | 10 |
| 45 | 72 | 729 | Jackie LAMBETH | Islwyn | F4044 | 12 |
| 46 | 80 | 779 | Helen MEREDITH | Islwyn | F4549 | 14 |
| 47 | 85 | 104 | Jane BAYLISS | Chepstow | F6099 | 3 |
| 48 | 86 | 216 | Michelle JAYNE | Parc Bryn Bach | F3539 | 6 |
| 49 | 88 | M42 | Carol Anne USHER | Monmouth | F5054 | 3 |
| 50 | 89 | 8818 | Pam GRANTHAM | Lliswerry | F4549 | 15 |
| 51 | 92 | 160 | Caroline LIDGETT | Chepstow | F4549 | 16 |
| 52 | 94 | 346 | Karen EMMOTT | Lliswerry | F4549 | 17 |
| 53 | 95 | 340 | Claire DUNKERTON | Lliswerry | F1734 | 11 |
| 54 | 96 | 905 | Zoe ELVER | Pont-Y-Pwl | F4044 | 13 |
| 55 | 102 | 203 | Kath JERVIS | Parc Bryn Bach | F5559 | 2 |
| 56 | 103 | 7712 | Mel SENIOR | Islwyn | F4044 | 14 |
| 57 | 104 | 415 | Karen ELVERS | Chepstow | F4044 | 15 |
| 58 | 110 | 323 | Elizabeth PARKER | Lliswerry | F4044 | 16 |
| 59 | 112 | 8805 | Cara GATES | Lliswerry | F4044 | 17 |
| 60 | 118 | 302 | Yvonne FORSEY | Lliswerry | F5559 | 3 |
| 61 | 125 | 8819 | Claire ROYNON | Lliswerry | F5054 | 4 |
| 62 | 128 | 116 | Carol DUNSBEE | Chepstow | F4044 | 18 |
| 63 | 135 | 173 | Becca LANE | Chepstow | F3539 | 7 |
| 64 | 136 | 900 | Christine VORRÉS | Pont-Y-Pwl | F5054 | 5 |
| 65 | 143 | 19 | Gwyn HOWELLS | Caerleon | F6099 | 4 |
| 66 | 144 | 161 | Jackie WEBB | Chepstow | F5054 | 6 |
| 67 | 146 | 926 | Kay MORGAN | Pont-Y-Pwl | F3539 | 8 |
| 68 | 147 | 177 | Anne JENNER | Chepstow | F5054 | 7 |
| 69 | 148 | 3 | Debbie CUMMING | Caerleon | F4549 | 18 |
| 70 | 157 | 767 | Linda JONES | Islwyn | F4549 | 19 |
| 71 | 171 | 62 | Natalie WALDEN | Caerleon | F1734 | 12 |

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RACE SUMMARY.

| NUMBER OF RUNNERS BY CATEGORY | | | |
|-------------------------------|----|------------|-----|
| F1734 | 12 | M1739 | 38 |
| F3539 | 8 | M4044 | 12 |
| F4044 | 18 | M4549 | 19 |
| F4549 | 19 | M5054 | 22 |
| F5054 | 7 | M5559 | 11 |
| F5559 | 3 | M6064 | 8 |
| F6099 | 4 | M6569 | 3 |
| | | M7099 | 2 |
| LADIES TOTAL | 71 | MENS TOTAL | 115 |

| NUMBER OF RUNNERS BY CLUB | | | |
|---------------------------|--------|-----|-------|
| CLUB | LADIES | MEN | TOTAL |
| CAERLEON | 7 | 9 | 16 |
| CHEPSTOW | 18 | 21 | 39 |
| FAIRWATER | 6 | 9 | 15 |
| GRIFFITHSTOWN | 3 | 7 | 10 |
| ISLWYN | 7 | 14 | 21 |
| LLISWERRY | 14 | 23 | 37 |
| MONMOUTH | 2 | 4 | 6 |
| PARC BRYN BACH | 5 | 8 | 13 |
| PONTYPOOL | 8 | 12 | 20 |
| USK | 1 | 8 | 9 |
| TOTAL | 71 | 115 | 186 |

TEAM RACE RESULT :

MENS TEAM :

(6 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

| Position | TEAM | RUNNERS SCORING | Score | Points |
|----------|-----------------------|-----------------|-------------|-----------|
| 1 | CHEPSTOW | 6 | 5933 | 10 |
| 2 | PONT-Y-PWL | 6 | 5917 | 9 |
| 3 | ISLWYN | 6 | 5856 | 8 |
| 4 | LLISWERRY | 6 | 5840 | 7 |
| 5 | GRIFFITHSTOWN | 6 | 5792 | 6 |
| 6 | CAERLEON | 6 | 5787 | 5 |
| 7 | USK | 6 | 5769 | 4 |
| 8 | PARC BRYN BACH | 6 | 5755 | 3 |
| 9 | FAIRWATER | 6 | 5684 | 2 |
| 10 | MONMOUTH | 4 | 3736 | 1 |

LADIES TEAM :

(4 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

| Position | TEAM | RUNNERS SCORING | Score | Points |
|----------|-----------------------|-----------------|-------------|-----------|
| 1 | CHEPSTOW | 4 | 3989 | 10 |
| 2 | LLISWERRY | 4 | 3948 | 9 |
| 3 | PARC BRYN BACH | 4 | 3924 | 8 |
| 4 | FAIRWATER | 4 | 3914 | 7 |
| 5 | PONT-Y-PWL | 4 | 3902 | 6 |
| 6 | ISLWYN | 4 | 3892 | 5 |
| 7 | CAERLEON | 4 | 3889 | 4 |
| 8 | GRIFFITHSTOWN | 3 | 2940 | 3 |
| 9 | MONMOUTH | 2 | 1935 | 2 |
| 10 | USK | 1 | 969 | 1 |