

**GLCL X/C RACE SERIES 2013/14 ; RACE 5/5 ; GRIFFITHSTOWN (Pentwyn) 9th Mar. 2014**  
**(confirmed results)**

**MENS RACE RESULT :**

<b>Race position</b>	<b>(finish token)</b>	<b>number</b>	<b>NAME</b>	<b>Club</b>	<b>Category</b>	<b>Category position</b>
1	1	952	Matthew SYMES	Pont-Y-Pwl	M1739	1
2	2	195	Paul MURRIN	Chepstow	M4044	1
3	5	118	Mathew STOTT	Chepstow	M1739	2
4	7	193	James BLORE	Chepstow	M1739	3
5	14	381	Matthew GRANTHAM	Llswerry	M1739	4
6	15	U001	Mark BALCH	Usk	M4549	1
7	19	956	Steve DAVIES	Pont-Y-Pwl	M5054	1
8	21	950	Dimitri VORRÉS	Pont-Y-Pwl	M5054	2
9	22	151	Andrew MATHIAS	Chepstow	M1739	5
10	23	135	Mathew LAWSON	Chepstow	M4044	2
11	24	955	Ray MORGAN	Pont-Y-Pwl	M1739	6
12	25	7744	Billy McINTOSH	Islwyn	M4549	2
13	28	959	Brian WILLIAMS	Pont-Y-Pwl	M1739	7
14	30	U022	Gareth JONES	Usk	M1739	8
15	31	220	Damian WILLIAMS	Parc Bryn Bach	M4549	3
16	32	741	Richard JOHNSON	Islwyn	M4044	3
17	33	828	Miles THOMAS	Llswerry	M1739	9
18	34	132	Simon DURY	Chepstow	M1739	10
19	35	678	Andrew PEARCE	Griffithstown	M1739	11
20	36	379	Andrew DAWE	Llswerry	M4549	4
21	37	7711	Martin JONES	Islwyn	M1739	12
22	38	110	Laurie CARTER	Chepstow	M5559	1
23	39	8804	Christopher MORRIS	Llswerry	M1739	13
24	40	682	Jonathan SLICZNY	Griffithstown	M1739	14
25	41	111	Paul LIDGETT	Chepstow	M4549	5
26	42	659	Gerard GORMLEY	Griffithstown	M4549	6
27	44	53	Chris MORGAN	Caerleon	M1739	15
28	45	961	Gary JONES	Pont-Y-Pwl	M5054	3
29	47	7718	Alun WOOD	Islwyn	M1739	16
30	48	710	Philip WILLIAMS	Islwyn	M1739	17
31	49	674	Mathew SMART	Griffithstown	M1739	18
32	50	967	Paul NEWTON	Pont-Y-Pwl	M1739	19
33	52	377	Steve HARRHY	Llswerry	M5054	4
34	53	37	Peter THOMAS	Caerleon	M5054	5
35	55	745	Chris LLOYD	Islwyn	M1739	20
36	57	679	Nick WALSH	Griffithstown	M4044	4
37	58	9	Tom EVANS	Caerleon	M1739	21
38	59	7740	Steve LANE	Islwyn	M4044	5
39	61	210	Julian WILLIAMS	Parc Bryn Bach	M1739	22
40	62	957	Luke DAVIES	Pont-Y-Pwl	M1739	23

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**MENS RACE RESULT (cont.):**

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41	63	U013	Richie HILL	Usk	M1739	24
42	64	M16	Richard NEWHOUSE	Monmouth	M4044	6
43	65	U053	Adrian BULL	Usk	M1739	25
44	66	968	Andrew DICKENS	Pont-Y-Pwl	M4044	7
45	68	230	Martin CHAMMINGS	Parc Bryn Bach	M1739	26
46	70	250	Richard BRACHER	Parc Bryn Bach	M1739	27
47	71	686	Paul MASON	Griffithstown	M1739	28
48	72	211	Phillip MILES	Parc Bryn Bach	M6064	1
49	74	974	Ricci WATTS	Pont-Y-Pwl	M1739	29
50	75	112	Rob BEVES	Chepstow	M4549	7
51	76	123	Neil GRANT	Chepstow	M6064	2
52	80	194	Mark HARVEY (jr)	Chepstow	M1739	30
53	82	878	Paul CHICK	Lliswerry	M4044	8
54	85	972	Peter TOWNSEND	Pont-Y-Pwl	M1739	31
55	86	2	Howard MASON	Caerleon	M4549	8
56	87	528	Steve MORGAN	Fairwater	M4044	9
57	91	525	Richard BOWIE	Fairwater	M5054	6
58	92	539	Adrian GWILLIAM	Fairwater	M4549	9
59	93	U050	Jon HANCOCK	Usk	M5559	2
60	94	44	Peter RODGER	Caerleon	M5559	3
61	95	527	Roger MILLS	Fairwater	M4044	10
62	96	30	Justin POCKNELL	Caerleon	M4549	10
63	97	214	Daman JUKES	Parc Bryn Bach	M4044	11
64	99	699	Rhys THOMAS	Griffithstown	M1739	32
65	101	545	Martyn JENKINS	Fairwater	M5054	7
66	102	335	Nick PRINGLE	Lliswerry	M5054	8
67	105	701	Paul THOMAS	Islwyn	M1739	33
68	106	708	Jason DIXON	Islwyn	M4044	12
69	108	535	Rob SYMONS	Fairwater	M4549	11
70	110	775	Terry LEWIS	Islwyn	M5054	9
71	117	412	Alan DOBBS	Chepstow	M1739	34
72	118	238	David SMOUT	Parc Bryn Bach	M6064	3
73	120	8803	Richard DUNKERTON	Lliswerry	M1739	35
74	121	8810	David GATES	Lliswerry	M5054	10
75	126	506	David GRIFFITHS	Fairwater	M1739	36
76	128	186	Andy CREBER	Chepstow	M5559	4
77	132	204	Brian MOFFET	Parc Bryn Bach	M6064	4
78	133	101	Gerry ASHTON	Chepstow	M5559	5
79	136	818	Richard LOWCOCK JAMES	Lliswerry	M1739	37
80	139	U025	Peter LYONS	Usk	M4044	13

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<b>Race position</b>	<b>(finish token)</b>	<b>Number</b>	<b>NAME</b>	<b>Club</b>	<b>Category</b>	<b>Category position</b>
81	142	879	Michael BONNETT	Llswerry	M5559	6
82	143	1	Andrew TAYLOR	Caerleon	M5559	7
83	145	M37	David MATHER	Monmouth	M4549	12
84	146	U040	Gary WILCOX	Usk	M5054	11
85	147	54	David DAVIES	Caerleon	M4549	13
86	149	766	Gwilyn PARR	Islwyn	M5054	12

**OVER 70 MENS RACE RESULT :**

<b>Race position</b>	<b>(finish token)</b>	<b>Number</b>	<b>NAME</b>	<b>Club</b>
1	10	367	Rob ANDERSON	Llswerry
2	98	200	Clive COOKSEY	Parc Bryn Bach

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**LADIES RACE RESULT :**

Race position	(finish token)	Number	NAME	Club	Category	Category position
1	3	414	Jane HORLER	Chepstow	F4044	1
2	4	166	Georgie PARNELL	Chepstow	F1734	1
3	6	124	Niki MORGAN	Chepstow	F4549	1
4	8	136	Vanessa LAWSON	Chepstow	F4044	2
5	9	215	Nichola GETHING	Parc Bryn Bach	F4044	3
6	11	887	Ruth PHILLIPS	Lliswerry	F1734	2
7	12	504	Angela JONES	Fairwater	F4549	2
8	13	408	Judith AUSTERBERRY	Chepstow	F3539	1
9	16	913	Louise SUMMERS	Pont-Y-Pwl	F4549	3
10	17	M61	Fran BULLOCK	Monmouth	F1734	3
11	18	765	Kelly WAITE	Islwyn	F1734	4
12	20	915	Samantha TOOP	Pont-Y-Pwl	F1734	5
13	26	927	Maria RICHARDS	Pont-Y-Pwl	F4044	4
14	27	611	Tara PAISEY	Griffithstown	F1734	6
15	29	826	Keri JONES	Lliswerry	F4044	5
16	43	13	Liz RICHARDS	Caerleon	F4549	4
17	46	532	Deb COCKRAM	Fairwater	F4549	5
18	51	512	Bev BRADBURY JONES	Fairwater	F4044	6
19	54	605	Rose CHARLES	Griffithstown	F1734	7
20	56	202	Lauri COWDELL	Parc Bryn Bach	F1734	8
21	60	603	Daniela GORMLEY	Griffithstown	F4044	7
22	67	502	Julie ROCHE	Fairwater	F4549	6
23	69	152	Teresa TRANTER	Chepstow	F6099	1
24	73	932	Louise BRIGHT	Pont-Y-Pwl	F1734	9
25	77	51	Helen THOMAS	Caerleon	F5054	1
26	78	515	Jeanette JENKINS	Fairwater	F5054	2
27	79	703	Julie LEWIS	Islwyn	F4549	7
28	81	538	Rebecca POOLE	Fairwater	F1734	10
29	83	797	Rachel PRANGLEY	Islwyn	F1734	11
30	84	930	Emma MORGAN	Pont-Y-Pwl	F3539	2
31	88	440	Denise EVANS	Chepstow	F4549	8
32	89	648	Elizabeth STOKES	Griffithstown	F4044	8
33	90	747	Helen LEWIS	Islwyn	F1734	12
34	100	M62	Nerys CHAPLIN	Monmouth	F1734	13
35	103	888	Ceri JENKINS	Lliswerry	F3539	3
36	104	729	Jackie LAMBETH	Islwyn	F4044	9
37	107	340	Claire DUNKERTON	Lliswerry	F1734	14
38	109	U051	Danielle HILL	Usk	F1734	15
39	111	100	Roberta HAVERS	Chepstow	F1734	16
40	112	M42	Carol Anne USHER	Monmouth	F5054	3

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**LADIES RACE RESULT (cont.) :**

<b>Race position</b>	<b>(finish token)</b>	<b>Number</b>	<b>NAME</b>	<b>Club</b>	<b>Category</b>	<b>Category position</b>
41	113	7745	Michelle JOHNSON	Islwyn	F1734	17
42	114	203	Kath JERVIS	Parc Bryn Bach	F5559	1
43	115	104	Jane BAYLISS	Chepstow	F6099	2
44	116	7712	Mel SENIOR	Islwyn	F4044	10
45	119	8818	Pam GRANTHAM	Lliswerry	F4549	9
46	122	216	Michelle JAYNE	Parc Bryn Bach	F3539	4
47	123	511	Stella SYMONS	Fairwater	F4549	10
48	124	7720	Sara ARNOLD	Islwyn	F4044	11
49	125	752	Helen WILLIAMS	Islwyn	F1734	18
50	127	323	Elizabeth PARKER	Lliswerry	F4044	12
51	129	900	Christine VORRÉS	Pont-Y-Pwl	F5054	4
52	130	319	Vicky FEAR	Lliswerry	F1734	19
53	131	19	Gwyn HOWELLS	Caerleon	F6099	3
54	134	302	Yvonne FORSEY	Lliswerry	F5559	2
55	135	8805	Cara GATES	Lliswerry	F4044	13
56	137	921	Sarah EVANS	Pont-Y-Pwl	F4044	14
57	138	898	Karen PENNY	Lliswerry	F4549	11
58	140	926	Kay MORGAN	Pont-Y-Pwl	F3539	5
59	141	902	Sam HAWKSWORTH	Pont-Y-Pwl	F3539	6
60	144	M63	Tracey BURNS	Monmouth	F1734	20
61	148	919	Sarah WAKEFIELD	Pont-Y-Pwl	F3539	7
62	150	146	Daphne AUSTERBERRY	Chepstow	F6099	4

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**RACE SUMMARY.**

NUMBER OF RUNNERS BY CATEGORY			
F1734	20	M1739	37
F3539	7	M4044	13
F4044	14	M4549	13
F4549	11	M5054	12
F5054	4	M5559	7
F5559	2	M6064	4
F6099	4	M6569	0
		M7099	2
LADIES TOTAL	62	MENS TOTAL	88

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	3	8	11
CHEPSTOW	10	14	24
FAIRWATER	7	7	14
GRIFFITHSTOWN	4	7	11
ISLWYN	9	11	20
LLISWERRY	10	12	22
MONMOUTH	4	2	6
PARC BRYN BACH	4	9	13
PONTYPOOL	10	11	21
USK	1	7	8
TOTAL	62	88	150

**TEAM RACE RESULT :**

**MENS TEAM :**

**(6 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)**

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	5960	10
2	PONT-Y-PWL	6	5938	9
3	ISLWYN	6	5863	8
4	LLISWERRY	6	5855	7
5	GRIFFITHSTOWN	6	5823	6
6	USK	6	5763	5
7	PARC BRYN BACH	6	5750	4
8	CAERLEON	6	5731	3
9	FAIRWATER	6	5640	2
10	MONMOUTH	2	1877	1

**LADIES TEAM :**

**(4 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)**

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	4	3994	10
2	PONT-Y-PWL	4	3946	9
3	FAIRWATER	4	3940	8
4	GRIFFITHSTOWN	4	3918	7
5	LLISWERRY	4	3911	6
6	ISLWYN	4	3904	5
7	PARC BRYN BACH	4	3891	4
8	MONMOUTH	4	3860	3
9	CAERLEON	3	2909	2
10	USK	1	963	1