

**GLCL X/C RACE SERIES 2013/14 ; RACE 1/5 ; PONTYPOOL 17th Nov. 2013**  
**(confirmed results)**

**MENS RACE RESULT :**

<b>Race position</b>	<b>(finish token)</b>	<b>Number</b>	<b>NAME</b>	<b>Club</b>	<b>Category</b>	<b>Category position</b>
1	12	741	Richard JOHNSON	Islwyn	M4044	1
2	16	530	Daryll BARNBY	Fairwater	M1739	1
3	18	193	James BLORE	Chepstow	M1739	2
4	23	522	Grant LEWIS	Fairwater	M1739	3
5	24	111	Paul LIDGETT	Chepstow	M4549	1
6	25	207	Simon LEWIS	Parc Bryn Bach	M4549	2
7	27	956	Steve DAVIES	Pont-Y-Pwl	M5054	1
8	28	950	Dimitri VORRÉS	Pont-Y-Pwl	M5054	2
9	29	135	Mathew LAWSON	Chepstow	M4044	2
10	30	955	Ray MORGAN	Pont-Y-Pwl	M1739	4
11	31	657	Andrew WALSH	Griffithstown	M1739	5
12	34	719	Dafydd LAMBETH	Islwyn	M4044	3
13	38	384	Oliver ANTHONY	Lliswerry	M1739	6
14	40	132	Simon DURY	Chepstow	M1739	7
15	41	110	Laurie CARTER	Chepstow	M5559	1
16	42	389	Eddie HISCOCKS	Lliswerry	M1739	8
17	46	7733	Lee SHANKLAND	Islwyn	M4549	3
18	47	351	Mark ENGLISH	Lliswerry	M4044	4
19	51	M51	Oliver MASTERS	Monmouth	M1739	9
20	53	959	Brian WILLIAMS	Pont-Y-Pwl	M1739	10
21	54	71	Jim KING	Caerleon	M1739	11
22	57	U022	Gareth JONES	Usk	M1739	12
23	61	682	Jonathan SLICZNY	Griffithstown	M1739	13
24	62	799	Haydn HARTNELL	Islwyn	M5054	3
25	63	839	Gareth BECK	Lliswerry	M4549	4
26	64	967	Paul NEWTON	Pont-Y-Pwl	M1739	14
27	67	509	Richard LLOYD	Fairwater	M1739	15
28	68	379	Andrew DAWE	Lliswerry	M4549	5
29	69	7718	Alun WOOD	Islwyn	M1739	16
30	70	220	Damian WILLIAMS	Parc Bryn Bach	M4549	6
31	71	53	Chris MORGAN	Caerleon	M1739	17
32	74	U001	Mark BALCH	Usk	M4549	7
33	77	7711	Martin JONES	Islwyn	M1739	18
34	78	884	Simon GILL	Lliswerry	M1739	19
35	79	37	Peter THOMAS	Caerleon	M5054	4
36	81	961	Gary JONES	Pont-Y-Pwl	M5054	5
37	82	73	Mike DAVIES	Caerleon	M5054	6
38	83	891	James PEARCE	Lliswerry	M1739	20
39	84	377	Steve HARRHY	Lliswerry	M5054	7
40	85	125	Rob HOOK	Chepstow	M4549	8

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<b>Race position</b>	<b>(finish token)</b>	<b>Number</b>	<b>NAME</b>	<b>Club</b>	<b>Category</b>	<b>Category position</b>
41	87	<b>U050</b>	<b>Jon HANCOCK</b>	<b>Usk</b>	<b>M5559</b>	<b>2</b>
42	88	<b>123</b>	<b>Neil GRANT</b>	<b>Chepstow</b>	<b>M6064</b>	<b>1</b>
43	93	<b>659</b>	<b>Gerard GORMLEY</b>	<b>Griffithstown</b>	<b>M4549</b>	<b>9</b>
44	95	<b>112</b>	<b>Rob BEVES</b>	<b>Chepstow</b>	<b>M4549</b>	<b>10</b>
45	97	<b>882</b>	<b>James FOULKES-NOCK</b>	<b>Lliswerry</b>	<b>M1739</b>	<b>21</b>
46	98	<b>223</b>	<b>Julian PRICE</b>	<b>Parc Bryn Bach</b>	<b>M4549</b>	<b>11</b>
47	99	<b>744</b>	<b>Robert DAVIES</b>	<b>Islwyn</b>	<b>M4044</b>	<b>5</b>
48	100	<b>151</b>	<b>Andrew MATHIAS</b>	<b>Chepstow</b>	<b>M1739</b>	<b>22</b>
49	101	<b>724</b>	<b>Kim WEHDEN</b>	<b>Islwyn</b>	<b>M5054</b>	<b>8</b>
50	102	<b>699</b>	<b>Rhys THOMAS</b>	<b>Griffithstown</b>	<b>M1739</b>	<b>23</b>
51	104	<b>9</b>	<b>Tom EVANS</b>	<b>Caerleon</b>	<b>M1739</b>	<b>24</b>
52	106	<b>965</b>	<b>Paul DONOVAN</b>	<b>Pont-Y-Pwl</b>	<b>M4549</b>	<b>12</b>
53	107	<b>250</b>	<b>Richard BRACHER</b>	<b>Parc Bryn Bach</b>	<b>M1739</b>	<b>25</b>
54	111	<b>163</b>	<b>Andy STOTT</b>	<b>Chepstow</b>	<b>M5054</b>	<b>9</b>
55	112	<b>8804</b>	<b>Christopher MORRIS</b>	<b>Lliswerry</b>	<b>M1739</b>	<b>26</b>
56	113	<b>966</b>	<b>Stewart THOMSON</b>	<b>Pont-Y-Pwl</b>	<b>M5054</b>	<b>10</b>
57	114	<b>974</b>	<b>Ricci WATTS</b>	<b>Pont-Y-Pwl</b>	<b>M1739</b>	<b>27</b>
58	119	<b>M21</b>	<b>Russell FINCH</b>	<b>Monmouth</b>	<b>M4549</b>	<b>13</b>
59	120	<b>968</b>	<b>Andrew DICKENS</b>	<b>Pont-Y-Pwl</b>	<b>M4044</b>	<b>6</b>
60	121	<b>679</b>	<b>Nick WALSH</b>	<b>Griffithstown</b>	<b>M4044</b>	<b>7</b>
61	122	<b>720</b>	<b>Adam FLETCHER</b>	<b>Islwyn</b>	<b>M1739</b>	<b>28</b>
62	123	<b>878</b>	<b>Paul CHICK</b>	<b>Lliswerry</b>	<b>M4044</b>	<b>8</b>
63	124	<b>539</b>	<b>Adrian GWILLIAM</b>	<b>Fairwater</b>	<b>M4549</b>	<b>14</b>
64	125	<b>535</b>	<b>Rob SYMONS</b>	<b>Fairwater</b>	<b>M4549</b>	<b>15</b>
65	126	<b>7738</b>	<b>Richard BEASLEY</b>	<b>Islwyn</b>	<b>M4549</b>	<b>16</b>
66	129	<b>545</b>	<b>Martyn JENKINS</b>	<b>Fairwater</b>	<b>M5054</b>	<b>11</b>
67	130	<b>979</b>	<b>Keith LANGLEY</b>	<b>Pont-Y-Pwl</b>	<b>M5559</b>	<b>3</b>
68	131	<b>315</b>	<b>Paul DURSLEY</b>	<b>Lliswerry</b>	<b>M6064</b>	<b>2</b>
69	135	<b>775</b>	<b>Terry LEWIS</b>	<b>Islwyn</b>	<b>M5054</b>	<b>12</b>
70	136	<b>101</b>	<b>Gerry ASHTON</b>	<b>Chepstow</b>	<b>M5559</b>	<b>4</b>
71	137	<b>863</b>	<b>Richard ELGAR</b>	<b>Lliswerry</b>	<b>M1739</b>	<b>29</b>
72	138	<b>354</b>	<b>Christopher MATTHEWS</b>	<b>Lliswerry</b>	<b>M5054</b>	<b>13</b>
73	139	<b>708</b>	<b>Jason DIXON</b>	<b>Islwyn</b>	<b>M4044</b>	<b>9</b>
74	140	<b>542</b>	<b>Matthew LLOYD</b>	<b>Fairwater</b>	<b>M1739</b>	<b>30</b>
75	141	<b>350</b>	<b>Christopher JONES</b>	<b>Lliswerry</b>	<b>M5054</b>	<b>14</b>

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**MENS RACE RESULT (cont.):**

Race position	(finish token)	Number	NAME	Club	Category	Category position
76	144	U019	Brian JONES	Usk	M5054	15
77	147	525	Richard BOWIE	Fairwater	M5054	16
78	148	842	Martyn BIDWELL	Lliswerry	M4549	17
79	149	713	Glyn HICKS	Islwyn	M6064	3
80	150	963	James DAY	Pont-Y-Pwl	M1739	31
81	151	329	Howard ATTWOOD	Lliswerry	M6064	4
82	152	964	Dave TIMSON	Pont-Y-Pwl	M4549	18
83	155	137	Stuart DUNCAN	Chepstow	M5054	17
84	156	8803	Richard DUNKERTON	Lliswerry	M1739	32
85	157	879	Michael BONNETT	Lliswerry	M5559	5
86	158	198	Kevin MCENTEE	Chepstow	M5559	6
87	161	881	Nigel FOULKES-NOCK	Lliswerry	M4044	10
88	162	119	Dick FINCH	Chepstow	M6569	1
89	163	675	Peter ROBERTS	Griffithstown	M5559	7
90	164	M38	Jeremy CREASEY	Monmouth	M4549	19
91	165	165	Allan McCALL	Chepstow	M4549	20
92	167	U025	Peter LYONS	Usk	M4044	11
93	170	506	David GRIFFITHS	Fairwater	M1739	33
94	171	M37	David MATHER	Monmouth	M4549	21
95	172	673	Rhys DOOLAN	Griffithstown	M1739	34
96	173	8802	Matthew REES	Lliswerry	M1739	35
97	175	543	Garry WOODS	Fairwater	M5054	18
98	176	818	Richard LOWCOCK JAMES	Lliswerry	M1739	36
99	177	859	Nick JACKSON	Lliswerry	M4549	22
100	178	U042	Neil WILLIAMS	Usk	M5054	19
101	179	829	Paul WATTS	Lliswerry	M5054	20
102	180	862	Chris GENTLE	Lliswerry	M4549	23
103	181	105	Geoff BAYLISS	Chepstow	M6569	2
104	182	U040	Gary WILCOX	Usk	M5054	21
105	183	505	Gary ADAMS	Fairwater	M1739	37
106	184	U038	Tom SOUTHWELL	Usk	M1739	38
107	185	7739	Harry SENIOR	Islwyn	M1739	39
108	186	777	Colin DIXON	Islwyn	M6064	5
109	187	108	Andy BRAY	Chepstow	M5559	8
110	188	969	Lee DURKEE	Pont-Y-Pwl	M1739	40

**OVER 70 MENS RACE RESULT :**

Race position	(finish token)	Number	NAME	Club
1	52	200	Clive COOKSEY	Parc Bryn Bach
2	66	367	Rob ANDERSON	Lliswerry

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**LADIES RACE RESULT :**

Race position	(finish token)	Number	NAME	Club	Category	Category position
1	1	376	Emma WOOKEY	Lliswerry	F1734	1
2	2	215	Nichola GETHING	Parc Bryn Bach	F4044	1
3	3	702	Ceri BARTLEY	Islwyn	F1734	2
4	4	124	Niki MORGAN	Chepstow	F4549	1
5	5	136	Vanessa LAWSON	Chepstow	F4044	2
6	6	115	Esther BARRETT	Chepstow	F4044	3
7	7	330	Antoinette DUMAYNE	Lliswerry	F1734	3
8	8	915	Samantha TOOP	Pont-Y-Pwl	F1734	4
9	9	826	Keri JONES	Lliswerry	F4044	4
10	10	432	Becky COMINS	Chepstow	F4044	5
11	11	885	Sarah LAUDER	Lliswerry	F1734	5
12	13	129	Jan MORRIS	Chepstow	F4549	2
13	14	611	Tara PAISEY	Griffithstown	F1734	6
14	15	538	Rebecca POOLE	Fairwater	F1734	7
15	17	765	Kelly WAITE	Islwyn	F1734	8
16	19	901	Sharon WOODS	Pont-Y-Pwl	F5054	1
17	20	916	Emma SOWREY	Pont-Y-Pwl	F3539	1
18	21	887	Ruth PHILLIPS	Lliswerry	F1734	9
19	22	13	Liz RICHARDS	Caerleon	F4549	3
20	26	526	Julie LEES	Fairwater	F3539	2
21	32	218	Kelly COLLINS	Parc Bryn Bach	F1734	10
22	33	532	Deb COCKRAM	Fairwater	F4549	4
23	35	911	Julie DAVIES	Pont-Y-Pwl	F4044	6
24	36	M01	Emma KING	Monmouth	F1734	11
25	37	512	Bev BRADBURY JONES	Fairwater	F4044	7
26	39	703	Julie LEWIS	Islwyn	F4549	5
27	43	729	Jackie LAMBETH	Islwyn	F4044	8
28	44	502	Julie ROCHE	Fairwater	F4549	6
29	45	152	Teresa TRANTER	Chepstow	F6099	1
30	48	153	Gemma BEVES	Chepstow	F1734	12
31	49	603	Daniela GORMLEY	Griffithstown	F4044	9
32	50	57	Alison SCRIVENS	Caerleon	F4549	7
33	55	888	Ceri JENKINS	Lliswerry	F3539	3
34	56	51	Helen THOMAS	Caerleon	F5054	2
35	59	875	Leanne PHILLIPS	Lliswerry	F4044	10
36	60	797	Rachel PRANGLEY	Islwyn	F1734	13
37	65	831	Sinead THOMSON	Lliswerry	F1734	14
38	72	515	Jeanette JENKINS	Fairwater	F5054	3
39	73	7712	Mel SENIOR	Islwyn	F4044	11
40	75	160	Caroline LIDGETT	Chepstow	F4549	8

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**LADIES RACE RESULT (cont.) :**

<b>Race position</b>	<b>(finish token)</b>	<b>Number</b>	<b>NAME</b>	<b>Club</b>	<b>Category</b>	<b>Category position</b>
41	76	<b>104</b>	Jane BAYLISS	Chepstow	F6099	2
42	80	<b>7737</b>	Kay DIXON	Islwyn	F4044	12
43	86	<b>U027</b>	Amberley MORGAN	Usk	F1734	15
44	89	<b>886</b>	Ruth OVEY	Lliswerry	F3539	4
45	90	<b>511</b>	Stella SYMONS	Fairwater	F4549	9
46	91	<b>838</b>	Lisa BATEMAN	Lliswerry	F4549	10
47	92	<b>930</b>	Emma MORGAN	Pont-Y-Pwl	F3539	5
48	94	<b>M42</b>	Carol Anne USHER	Monmouth	F5054	4
49	96	<b>740</b>	Coleen BIRCH	Islwyn	F4044	13
50	103	<b>905</b>	Zoe ELVER	Pont-Y-Pwl	F4044	14
51	105	<b>340</b>	Claire DUNKERTON	Lliswerry	F1734	16
52	108	<b>U051</b>	Danielle HILL	Usk	F1734	17
53	109	<b>648</b>	Elizabeth STOKES	Griffithstown	F4044	15
54	110	<b>323</b>	Elizabeth PARKER	Lliswerry	F4044	16
55	115	<b>613</b>	Leonie ROBERTS	Griffithstown	F3539	6
56	116	<b>203</b>	Kath JERVIS	Parc Bryn Bach	F5559	1
57	117	<b>216</b>	Michelle JAYNE	Parc Bryn Bach	F3539	7
58	118	<b>209</b>	Michelle BATES	Parc Bryn Bach	F4549	11
59	127	<b>302</b>	Yvonne FORSEY	Lliswerry	F5559	2
60	128	<b>100</b>	Roberta HAVERS	Chepstow	F1734	18
61	132	<b>40</b>	Niamh MAGUIRE	Caerleon	F1734	19
62	133	<b>900</b>	Christine VORRÉS	Pont-Y-Pwl	F5054	5
63	134	<b>8805</b>	Cara GATES	Lliswerry	F4044	17
64	142	<b>926</b>	Kay MORGAN	Pont-Y-Pwl	F3539	8
65	143	<b>346</b>	Karen EMMOTT	Lliswerry	F4549	12
66	145	<b>548</b>	Sheree MANN	Fairwater	F4549	13
67	146	<b>U006</b>	Debbie DAVIES	Usk	F3539	9
68	153	<b>19</b>	Gwyn HOWELLS	Caerleon	F6099	3
69	154	<b>608</b>	Clara McCOOL	Griffithstown	F1734	20
70	159	<b>319</b>	Vicky FEAR	Lliswerry	F1734	21
71	160	<b>3</b>	Debbie CUMMING	Caerleon	F4549	14
72	166	<b>902</b>	Sam HAWKSWORTH	Pont-Y-Pwl	F3539	10
73	168	<b>921</b>	Sarah EVANS	Pont-Y-Pwl	F4044	18
74	169	<b>U039</b>	Vivienne TUCK	Usk	F4549	15
75	174	<b>896</b>	Maxine RHODES	Lliswerry	F4549	16

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**RACE SUMMARY.**

NUMBER OF RUNNERS BY CATEGORY			
F1734	21	M1739	40
F3539	10	M4044	11
F4044	18	M4549	23
F4549	16	M5054	21
F5054	5	M5559	8
F5559	2	M6064	5
F6099	3	M6569	2
		M7099	2
LADIES TOTAL	75	MENS TOTAL	112

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	6	5	11
CHEPSTOW	10	17	27
FAIRWATER	8	11	19
GRIFFITHSTOWN	5	7	12
ISLWYN	8	15	23
LLISWERRY	17	26	43
MONMOUTH	2	4	6
PARC BRYN BACH	5	5	10
PONTYPOOL	10	14	24
USK	4	8	12
TOTAL	75	112	187

**TEAM RACE RESULT :**

**MENS TEAM :**

**(6 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)**

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	5919	10
2	PONT-Y-PWL	6	5899	9
3	ISLWYN	6	5890	8
4	LLISWERRY	6	5872	7
5	FAIRWATER	6	5783	6
6	GRIFFITHSTOWN	6	5734	5
7	USK	6	5647	4
8	CAERLEON	5	4831	3
9	PARC BRYN BACH	4	3871	2
10	MONMOUTH	4	3746	1

**LADIES TEAM :**

**(4 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)**

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	4	3979	10
2	LLISWERRY	4	3976	9
3	PONT-Y-PWL	4	3940	8
4	ISLWYN	4	3933	7
5	FAIRWATER	4	3923	6
6	PARC BRYN BACH	4	3868	5
7	CAERLEON	4	3858	4
8	GRIFFITHSTOWN	4	3852	3
9	USK	4	3768	2
10	MONMOUTH	2	1930	1