

**GLCL X/C RACE SERIES 2013/14 ; RACE 2/5 ; LLISWERRY (Rogerstone) 1<sup>st</sup> Dec. 2013**  
**(confirmed results)**

**MENS RACE RESULT :**

<b>Race position</b>	<b>(finish token)</b>	<b>Number</b>	<b>NAME</b>	<b>Club</b>	<b>Category</b>	<b>Category position</b>
1	18	820	Matthew EDMONDS	Lliswerry	M1739	1
2	20	520	Mark JENNINGS	Fairwater	M1739	2
3	25	530	Daryll BARNBY	Fairwater	M1739	3
4	27	118	Mathew STOTT	Chepstow	M1739	4
5	29	142	Mike LOVELL	Chepstow	M1739	5
6	34	193	James BLORE	Chepstow	M1739	6
7	37	381	Matthew GRANTHAM	Lliswerry	M1739	7
8	39	128	Richard MATTHEWS	Chepstow	M1739	8
9	40	741	Richard JOHNSON	Islwyn	M4044	1
10	41	870	Michael GRIFFITHS	Lliswerry	M1739	9
11	44	828	Miles THOMAS	Lliswerry	M1739	10
12	45	201	Simon A LEWIS	Parc Bryn Bach	M1739	11
13	51	956	Steve DAVIES	Pont-Y-Pwl	M5054	1
14	52	706	Mike DURY	Islwyn	M1739	12
15	54	389	Eddie HISCOCKS	Lliswerry	M1739	13
16	55	657	Andrew WALSH	Griffithstown	M1739	14
17	56	U001	Mark BALCH	Usk	M4549	1
18	58	207	Simon LEWIS	Parc Bryn Bach	M4549	2
19	59	719	Dafydd LAMBETH	Islwyn	M4044	2
20	63	950	Dimitri VORRÉS	Pont-Y-Pwl	M5054	2
21	65	71	Jim KING	Caerleon	M1739	15
22	66	744	Robert DAVIES	Islwyn	M4044	3
23	67	111	Paul LIDGETT	Chepstow	M4549	3
24	68	U022	Gareth JONES	Usk	M1739	16
25	70	955	Ray MORGAN	Pont-Y-Pwl	M1739	17
26	72	884	Simon GILL	Lliswerry	M1739	18
27	73	959	Brian WILLIAMS	Pont-Y-Pwl	M1739	19
28	76	135	Mathew LAWSON	Chepstow	M4044	4
29	78	710	Philip WILLIAMS	Islwyn	M1739	20
30	80	7711	Martin JONES	Islwyn	M1739	21
31	83	839	Gareth BECK	Lliswerry	M4549	4
32	84	110	Laurie CARTER	Chepstow	M5559	1
33	86	194	Mark HARVEY (jr)	Chepstow	M1739	22
34	88	301	Tom BLAND	Lliswerry	M1739	23
35	89	351	Mark ENGLISH	Lliswerry	M4044	5
36	92	799	Haydn HARTNELL	Islwyn	M5054	3
37	93	151	Andrew MATHIAS	Chepstow	M1739	24
38	94	967	Paul NEWTON	Pont-Y-Pwl	M1739	25
39	95	220	Damian WILLIAMS	Parc Bryn Bach	M4549	5
40	99	659	Gerard GORMLEY	Griffithstown	M4549	6

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**MENS RACE RESULT (cont.):**

Race position	(finish token)	Number	NAME	Club	Category	Category position
41	100	7718	Alun WOOD	Islwyn	M1739	26
42	101	112	Rob BEVES	Chepstow	M4549	7
43	103	U050	Jon HANCOCK	Usk	M5559	2
44	104	386	Matt CREED	Lliswerry	M1739	27
45	106	7740	Steve LANE	Islwyn	M4044	6
46	107	73	Mike DAVIES	Caerleon	M5054	4
47	110	98	Graeme VINER	Caerleon	M5054	5
48	113	882	James FOULKES-NOCK	Lliswerry	M1739	28
49	114	2	Howard MASON	Caerleon	M4549	8
50	115	878	Paul CHICK	Lliswerry	M4044	7
51	117	535	Rob SYMONS	Fairwater	M4549	9
52	118	377	Steve HARRHY	Lliswerry	M5054	6
53	119	965	Paul DONOVAN	Pont-Y-Pwl	M4549	10
54	120	123	Neil GRANT	Chepstow	M6064	1
55	122	44	Peter RODGER	Caerleon	M5559	3
56	125	241	Nigel LAWRENCE	Parc Bryn Bach	M4549	11
57	126	m47	Martin BLAKEBROUGH	Monmouth	M4549	12
58	128	527	Roger MILLS	Fairwater	M4044	8
59	129	335	Nick PRINGLE	Lliswerry	M5054	7
60	130	863	Richard ELGAR	Lliswerry	M1739	29
61	132	U053	Adrian BULL	Usk	M1739	30
62	133	314	Martin DAVIES	Lliswerry	M5054	8
63	134	163	Andy STOTT	Chepstow	M5054	9
64	137	847	Jamie DAVIES	Lliswerry	M1739	31
65	139	974	Ricci WATTS	Pont-Y-Pwl	M1739	32
66	140	317	Paul DAY	Lliswerry	M6064	2
67	141	354	Christopher MATTHEWS	Lliswerry	M5054	10
68	142	708	Jason DIXON	Islwyn	M4044	9
69	143	525	Richard BOWIE	Fairwater	M5054	11
70	145	674	Mathew SMART	Griffithstown	M1739	33
71	146	542	Matthew LLOYD	Fairwater	M1739	34
72	147	m21	Russell FINCH	Monmouth	M4549	13
73	148	238	David SMOUT	Parc Bryn Bach	M6064	3
74	149	505	Gary ADAMS	Fairwater	M1739	35
75	151	979	Keith LANGLEY	Pont-Y-Pwl	M5559	4
76	152	m38	Jeremy CREASEY	Monmouth	M4549	14
77	153	315	Paul DURSLEY	Lliswerry	M6064	4
78	155	171	David HAYWARD	Chepstow	M6064	5
79	156	90	Gareth HART	Caerleon	M4044	10
80	157	350	Christopher JONES	Lliswerry	M5054	12

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**MENS RACE RESULT (cont.):**

Race position	(finish token)	Number	NAME	Club	Category	Category position
81	158	881	Nigel FOULKES-NOCK	Lliswerry	M4044	11
82	160	329	Howard ATTWOOD	Lliswerry	M6064	6
83	161	968	Andrew DICKENS	Pont-Y-Pwl	M4044	12
84	163	545	Martyn JENKINS	Fairwater	M5054	13
85	164	198	Kevin MCENTEE	Chepstow	M5559	5
86	165	165	Allan McCALL	Chepstow	M4549	15
87	166	506	David GRIFFITHS	Fairwater	M1739	36
88	167	723	Paul HARVEY	Islwyn	M1739	37
89	169	313	Chris DAVIES	Lliswerry	M5559	6
90	170	964	Dave TIMSON	Pont-Y-Pwl	M4549	16
91	171	675	Peter ROBERTS	Griffithstown	M5559	7
92	172	8810	David GATES	Lliswerry	M5054	14
93	174	713	Glyn HICKS	Islwyn	M6064	7
94	175	U025	Peter LYONS	Usk	M4044	13
95	177	879	Michael BONNETT	Lliswerry	M5559	8
96	178	137	Stuart DUNCAN	Chepstow	M5054	15
97	179	368	Steve WILLIAMS	Lliswerry	M5559	9
98	180	U052	Charlie RISK	Usk	M1739	38
99	181	U042	Neil WILLIAMS	Usk	M5054	16
100	182	801	Andrew RALPH	Lliswerry	M5054	17
101	183	818	Richard LOWCOCK JAMES	Lliswerry	M1739	39
102	184	528	Steve MORGAN	Fairwater	M4044	14
103	185	U038	Tom SOUTHWELL	Usk	M1739	40
104	186	543	Garry WOODS	Fairwater	M5054	18
105	188	119	Dick FINCH	Chepstow	M6569	1
106	189	777	Colin DIXON	Islwyn	M6064	8
107	191	8802	Matthew REES	Lliswerry	M1739	41
108	192	U040	Gary WILCOX	Usk	M5054	19
109	193	U054	Steve McNICHOLAS	Usk	M6064	9
110	194	307	Neil CHIPPER	Lliswerry	M5054	20
111	195	7742	Jay LEACH	Islwyn	M4044	15
112	196	322	Chris CHOULS	Lliswerry	M4044	16
113	197	U003	Russel CARTER	Usk	M4549	17
114	198	7739	Harry SENIOR	Islwyn	M1739	42
115	199	54	David DAVIES	Caerleon	M4549	18
116	200	766	Gwilyn PARR	Islwyn	M5054	21
117	201	861	Mervyn WEIGHTMAN-BENT	Lliswerry	M5559	10

**OVER 70 MENS RACE RESULT :**

Race position	(finish token)	Number	NAME	Club
1	62	200	Clive COOKSEY	Parc Bryn Bach

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**LADIES RACE RESULT :**

Race position	(finish token)	Number	NAME	Club	Category	Category position
1	1	159	Katherine MATTHEWS	Chepstow	F3539	1
2	2	376	Emma WOOKEY	Llisbury	F1734	1
3	3	215	Nichola GETHING	Parc Bryn Bach	F4044	1
4	4	124	Niki MORGAN	Chepstow	F4549	1
5	5	885	Sarah LAUDER	Llisbury	F1734	2
6	6	408	Judith AUSTERBERRY	Chepstow	F3539	2
7	7	166	Georgie PARNELL	Chepstow	F1734	3
8	8	330	Antoinette DUMAYNE	Llisbury	F1734	4
9	9	871	Louise HOWELLS	Llisbury	F3539	3
10	10	136	Vanessa LAWSON	Chepstow	F4044	2
11	11	185	Helen DUFFIELD	Chepstow	F4044	3
12	12	915	Samantha TOOP	Pont-Y-Pwl	F1734	5
13	13	305	Sandra CHIPPER	Llisbury	F4044	4
14	14	916	Emma SOWREY	Pont-Y-Pwl	F3539	4
15	15	826	Keri JONES	Llisbury	F4044	5
16	16	611	Tara PAISEY	Griffithstown	F1734	6
17	17	765	Kelly WAITE	Islwyn	F1734	7
18	19	850	Janet RICHARDS	Llisbury	F4549	2
19	21	887	Ruth PHILLIPS	Llisbury	F1734	8
20	22	222	Susan TAGG	Parc Bryn Bach	F4549	3
21	23	432	Becky COMINS	Chepstow	F4044	6
22	24	927	Maria RICHARDS	Pont-Y-Pwl	F4044	7
23	26	538	Rebecca POOLE	Fairwater	F1734	9
24	28	526	Julie LEES	Fairwater	F3539	5
25	30	13	Liz RICHARDS	Caerleon	F4549	4
26	33	152	Teresa TRANTER	Chepstow	F6099	1
27	35	911	Julie DAVIES	Pont-Y-Pwl	F4044	8
28	36	15	Sian JONES	Caerleon	F1734	10
29	38	5	Karen PAYNE	Caerleon	F4044	9
30	42	8807	Cathy TURNER	Llisbury	F4549	5
31	43	U048	Laura POWELL	Usk	F1734	11
32	46	831	Sinead THOMSON	Llisbury	F1734	12
33	47	502	Julie ROCHE	Fairwater	F4549	6
34	48	512	Bev BRADBURY JONES	Fairwater	F4044	10
35	49	m01	Emma KING	Monmouth	F1734	13
36	50	153	Gemma BEVES	Chepstow	F1734	14
37	53	57	Alison SCRIVENS	Caerleon	F4549	7
38	57	648	Elizabeth STOKES	Griffithstown	F4044	11
39	60	603	Daniela GORMLEY	Griffithstown	F4044	12
40	61	875	Leanne PHILLIPS	Llisbury	F4044	13

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**LADIES RACE RESULT (cont.) :**

Race position	(finish token)	Number	NAME	Club	Category	Category position
41	64	930	Emma MORGAN	Pont-Y-Pwl	F3539	6
42	69	729	Jackie LAMBETH	Islwyn	F4044	14
43	71	369	Carol WOODFORD	Llswerry	F5054	1
44	74	52	Shelagh ADKINS	Caerleon	F6099	2
45	75	605	Rose CHARLES	Griffithstown	F1734	15
46	77	515	Jeanette JENKINS	Fairwater	F5054	2
47	79	888	Ceri JENKINS	Llswerry	F3539	7
48	81	511	Stella SYMONS	Fairwater	F4549	8
49	82	100	Roberta HAVERS	Chepstow	F1734	16
50	85	7737	Kay DIXON	Islwyn	F4044	15
51	87	848	Ceri DONOVAN	Llswerry	F4044	16
52	90	160	Caroline LIDGETT	Chepstow	F4549	9
53	91	8809	Shannel SPRUCE	Llswerry	F1734	17
54	96	323	Elizabeth PARKER	Llswerry	F4044	17
55	97	346	Karen EMMOTT	Llswerry	F4549	10
56	98	632	Wendy REES	Griffithstown	F5054	3
57	102	838	Lisa BATEMAN	Llswerry	F4549	11
58	105	40	Niamh MAGUIRE	Caerleon	F1734	18
59	108	203	Kath JERVIS	Parc Bryn Bach	F5559	1
60	109	740	Coleen BIRCH	Islwyn	F4044	18
61	111	8805	Cara GATES	Llswerry	F4044	19
62	112	865	Tracy BURTON	Llswerry	F6099	3
63	116	914	Nadine DONOVAN	Pont-Y-Pwl	F4044	20
64	121	892	Sue WILLIAMS	Llswerry	F3539	8
65	123	523	Helen GWILLIAM	Fairwater	F4549	12
66	124	7741	Angela BURT	Islwyn	F4549	13
67	127	7712	Mel SENIOR	Islwyn	F4044	21
68	131	302	Yvonne FORSEY	Llswerry	F5559	2
69	135	U006	Debbie DAVIES	Usk	F3539	9
70	136	548	Sheree MANN	Fairwater	F4549	14
71	138	900	Christine VORRÉS	Pont-Y-Pwl	F5054	4
72	144	3	Debbie CUMMING	Caerleon	F4549	15
73	150	321	Hayley EDWARDS	Llswerry	F1734	19
74	154	926	Kay MORGAN	Pont-Y-Pwl	F3539	10
75	159	19	Gwyn HOWELLS	Caerleon	F6099	4
76	162	8808	Diane POTTER	Llswerry	F4549	16
77	168	309	Linda DURSLEY	Llswerry	F5054	5
78	173	899	Morwenna PHILLIPS	Llswerry	F1734	20
79	176	U039	Vivienne TUCK	Usk	F4549	17
80	187	896	Maxine RHODES	Llswerry	F4549	18
81	190	146	Daphne AUSTERBERRY	Chepstow	F6099	5

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**RACE SUMMARY.**

NUMBER OF RUNNERS BY CATEGORY			
F1734	20	M1739	42
F3539	10	M4044	16
F4044	21	M4549	18
F4549	18	M5054	21
F5054	5	M5559	10
F5559	2	M6064	9
F6099	5	M6569	1
		M7099	1
LADIES TOTAL	81	MENS TOTAL	118

(2 guest runners took finish tokens)

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	8	7	15
CHEPSTOW	12	17	29
FAIRWATER	8	11	19
GRIFFITHSTOWN	5	4	9
ISLWYN	6	16	22
LLISWERRY	27	33	60
MONMOUTH	1	3	4
PARC BRYN BACH	3	6	9
PONTYPOOL	8	10	18
USK	3	11	14
TOTAL	81	118	199

**TEAM RACE RESULT :**

**MENS TEAM :**

**(6 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)**

Position	TEAM	RUNNERS SCORING	Score	Points
1	LLISWERRY	6	5936	10
2	CHEPSTOW	6	5932	9
3	ISLWYN	6	5883	8
4	PONT-Y-PWL	6	5830	7
5	FAIRWATER	6	5752	6
6	CAERLEON	6	5709	5
7	USK	6	5669	4
8	PARC BRYN BACH	5	4807	3
9	GRIFFITHSTOWN	4	3787	2
10	MONMOUTH	3	2798	1

**LADIES TEAM :**

**(4 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)**

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	4	3986	10
2	LLISWERRY	4	3980	9
3	PONT-Y-PWL	4	3929	8
4	FAIRWATER	4	3890	7
5	CAERLEON	4	3885	6
6	GRIFFITHSTOWN	4	3866	5
7	ISLWYN	4	3835	4
8	PARC BRYN BACH	3	2921	3
9	USK	3	2824	2
10	MONMOUTH	1	966	1