

CONFIRMED RESULTS

GLCL 2015 ROAD RACE SERIES
RACE 5 of 5
CHEPSTOW (Undy F.C.) 18th AUGUST 2015
(5.2 miles)

10:03
21/08/2015

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place
1	0:28:40	4532	Lee	AHERNE	Parc Bryn Bach	M4549	MEN	1
2	0:29:11	3578	Matthew	GRANTHAM	Lliswerry	M1739	MEN	2
3	0:29:17	1519	Mathew	STOTT	Chepstow	M1739	MEN	3
4	0:29:58	1596	Paul	MURRIN	Chepstow	M4044	MEN	4
5	0:30:03	3007	Mike	DURY	Islwyn	M1739	MEN	5
6	0:30:09	3615	Miles	THOMAS	Lliswerry	M1739	MEN	6
7	0:30:13	5089	Richard	JOHNSON	Pont-y-Pwl	M4044	MEN	7
8	0:30:16	3601	Paul	BRUTON	Lliswerry	M1739	MEN	8
9	0:30:18	3191	Lee	MILLS	Islwyn	M1739	MEN	9
10	0:30:26	2519	Josh	JONES	Griffithstown	M1739	MEN	10
11	0:30:32	3748	Tom	HENRY	Lliswerry	M1739	MEN	11
12	0:30:33	1560	Katherine	MATTHEWS	Chepstow	F3539	LADIES	1
13	0:30:50	5135	Iestyn	RHODES	Pont-y-Pwl	M1739	MEN	12
14	0:30:51	1654	Karie	ATKINS	Chepstow	M1739	MEN	13
15	0:31:02	5170	Alun	WOOD	Pont-y-Pwl	M1739	MEN	14
16	0:31:02	5083	Mark	HURFORD	Pont-y-Pwl	M1739	MEN	15
17	0:31:03	5057	Steve	DAVIES	Pont-y-Pwl	M5559	MEN	16
18	0:31:07	1594	James	BLORE	Chepstow	M1739	MEN	17
19	0:31:13	5148	Simon	FAIRCLOUGH	Pont-y-Pwl	M1739	MEN	18
20	0:31:19	3011	Philip	WILLIAMS	Islwyn	M1739	MEN	19
21	0:31:31	3020	Dafydd	LAMBETH	Islwyn	M4044	MEN	20
22	0:31:32	1103	Rhys	KNIGHT	Caerleon	M1739	MEN	21
23	0:31:33	3795	Jon	BELCHER	Lliswerry	M1739	MEN	22
24	0:31:34	5136	Paul	WHITE	Pont-y-Pwl	M1739	MEN	23
25	0:31:36	1090	Dan	ARTHUR	Caerleon	M1739	MEN	24
26	0:31:46	3044	Robert	DAVIES	Islwyn	M4044	MEN	25
27	0:31:51	3687	Christopher	MORRIS	Lliswerry	M1739	MEN	26
28	0:31:55	5052	Adrian	WOODS	Pont-y-Pwl	M5054	MEN	27
29	0:31:59	2568	Davy	CHALLENGER	Griffithstown	M1739	MEN	28
30	0:32:01	3658	Louise	HOWELLS	Lliswerry	F3539	LADIES	2
31	0:32:04	3109	Martin	JONES	Islwyn	M1739	MEN	29
32	0:32:08	1655	Martyn	WINSER	Chepstow	M1739	MEN	30
33	0:32:10	3634	Jamie	DAVIES	Lliswerry	M1739	MEN	31
34	0:32:14	3677	James	PEARCE	Lliswerry	M1739	MEN	32
35	0:32:15	3670	Simon	GILL	Lliswerry	M1739	MEN	33
36	0:32:22	1595	Mark	HARVEY (jr)	Chepstow	M1739	MEN	34
37	0:32:30	1631	Jonathan	CARTER	Chepstow	M4549	MEN	35
38	0:32:39	2042	David	STANDING	Fairwater	M1739	MEN	36
39	0:32:42	5544	Adrian	BULL	Usk	M1739	MEN	37
40	0:32:43	5093	Matt	WEBB	Pont-y-Pwl	M1739	MEN	38
41	0:32:46	3152	Keith	JAMES	Islwyn	M4044	MEN	39
42	0:32:48	3710	Phil	BOORMAN	Lliswerry	M4549	MEN	40
43	0:32:50	4516	Nichola	GETHING	Parc Bryn Bach	F4044	LADIES	3
44	0:32:55	3184	Dewi	LLOYD	Islwyn	M1739	MEN	41
45	0:33:03	2559	Jonathan	SLICZNY	Griffithstown	M1739	MEN	42

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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place
46	0:33:05	5115	Gareth DAVIES	Pont-y-Pwl	M1739	MEN	43	33
47	0:33:08	3098	Haydn HARTNELL	Islwyn	M5054	MEN	44	2
48	0:33:12	3661	Rob DAVIES	Lliswerry	M4044	MEN	45	6
49	0:33:14	4562	Neil LLOYD	Parc Bryn Bach	M6064	MEN	46	1
50	0:33:15	3138	Steve LANE	Islwyn	M4044	MEN	47	7
51	0:33:20	1581	James TUCKER	Chepstow	M1739	MEN	48	34
52	0:33:22	1043	Keith GITTINS	Caerleon	M5054	MEN	49	3
53	0:33:24	1580	Matt KITCHING	Chepstow	M4044	MEN	50	8
54	0:33:27	1624	Paul DODD	Chepstow	M5559	MEN	51	2
55	0:33:29	2539	Gerard GORMLEY	Griffithstown	M4549	MEN	52	4
56	0:33:33	1512	Paul LIDGETT	Chepstow	M4549	MEN	53	5
57	0:33:41	3614	Geraint HEATH	Lliswerry	M1739	MEN	54	35
58	0:33:45	5073	Peter TOWNSEND	Pont-y-Pwl	M1739	MEN	55	36
59	0:33:46	2583	Adrian SMITH	Griffithstown	M4044	MEN	56	9
60	0:33:48	3190	Paul HAYWARD	Islwyn	M1739	MEN	57	37
61	0:33:51	5007	Emma BAYLISS	Pont-y-Pwl	F1734	LADIES	4	1
62	0:33:51	3752	Gavin BRACE	Lliswerry	M1739	MEN	58	38
63	0:33:52	5133	Sean TAYLOR	Pont-y-Pwl	M1739	MEN	59	39
64	0:33:53	1010	Jade WAKLEY	Caerleon	F1734	LADIES	5	2
65	0:33:58	1002	Howard MASON	Caerleon	M5054	MEN	60	4
66	0:34:02	4569	Shane ROBERTS	Parc Bryn Bach	M4044	MEN	61	10
67	0:34:04	3120	Russell WAREHAM	Islwyn	M4044	MEN	62	11
68	0:34:09	1532	Peter HUTTON	Chepstow	M5559	MEN	63	3
69	0:34:11	1134	Rob BICKEL	Caerleon	M4044	MEN	64	12
70	0:34:17	3684	Oliver HARRIS	Lliswerry	M1739	MEN	65	40
71	0:34:18	5016	Samantha TOOP	Pont-y-Pwl	F1734	LADIES	6	3
72	0:34:26	3164	Steve DURY	Islwyn	M4044	MEN	66	13
73	0:34:30	5014	Louise SUMMERS	Pont-y-Pwl	F4549	LADIES	7	1
74	0:34:34	1637	Jamie GODDARD	Chepstow	M4044	MEN	67	14
75	0:34:38	1092	Andrew ROSEN	Caerleon	M1739	MEN	68	41
76	0:34:42	1536	Mathew LAWSON	Chepstow	M4549	MEN	69	6
77	0:34:47	5069	Andrew DICKENS	Pont-y-Pwl	M4044	MEN	70	15
78	0:34:47	2553	Andrew THOMPSON	Griffithstown	M5559	MEN	71	4
79	0:34:50	2034	Rob SYMONS	Fairwater	M5054	MEN	72	5
80	0:34:51	5149	Steve HARRHY	Pont-y-Pwl	M5054	MEN	73	6
81	0:35:05	4578	Sean TOMASSON	Parc Bryn Bach	M1739	MEN	74	42
82	0:35:06	1569	Gareth JONES	Chepstow	M6569	MEN	75	1
83	0:35:07	2582	James DESMOND	Griffithstown	M1739	MEN	76	43
84	0:35:07	1601	Sarah BELL	Chepstow	F3539	LADIES	8	3
85	0:35:10	5090	Carl URQUHART	Pont-y-Pwl	M5054	MEN	77	7
86	0:35:12	3114	David WATERS	Islwyn	M4044	MEN	78	16
87	0:35:13	4065	Brian EVANS	Monmouth	M4044	MEN	79	17
88	0:35:14	2548	Mark ROBINS	Griffithstown	M4549	MEN	80	7
89	0:35:15	1027	Emma WILLIAMS	Caerleon	F1734	LADIES	9	4
90	0:35:16	5139	Chris O'BRIEN	Pont-y-Pwl	M4044	MEN	81	18

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91	0:35:17	1031	Richard PERRY	Caerleon	M1739	MEN	82	44
92	0:35:18	3773	Rebecca ROTHWELL	Lliswerry	F1734	LADIES	10	5
93	0:35:20	3517	Tim REESE	Lliswerry	M5054	MEN	83	8
94	0:35:24	1525	Niki MORGAN	Chepstow	F4549	LADIES	11	2
95	0:35:29	1567	Georgie PRIOR	Chepstow	F1734	LADIES	12	6
96	0:35:30	1044	Peter RODGER	Caerleon	M5559	MEN	84	5
97	0:35:36	2534	Andrew SPENCER	Griffithstown	M5054	MEN	85	9
98	0:35:39	1667	Alex CARTER	Chepstow	M1739	MEN	86	45
99	0:35:42	1564	Andy STOTT	Chepstow	M5559	MEN	87	6
100	0:35:43	5541	Jon HANCOCK	Usk	M5559	MEN	88	7
101	0:35:50	4509	Ian LINE	Parc Bryn Bach	M4044	MEN	89	19
102	0:35:52	4050	Robert NELSON	Monmouth	M4044	MEN	90	20
103	0:35:54	2545	Colin WILMOTT	Griffithstown	M5559	MEN	91	8
104	0:35:56	1127	Ian DAVIES	Caerleon	M4044	MEN	92	21
105	0:36:01	1599	Kevin MCENTEE	Chepstow	M5559	MEN	93	9
106	0:36:05	5178	Steve BRYANT	Pont-y-Pwl	M5054	MEN	94	10
107	0:36:10	1114	Simon TANG	Caerleon	M1739	MEN	95	46
108	0:36:13	4048	Nick LLOYD	Monmouth	M1739	MEN	96	47
109	0:36:14	3506	Sandra CHIPPER	Lliswerry	F4044	LADIES	13	2
110	0:36:21	2024	Richard BOWIE	Fairwater	M5054	MEN	97	11
111	0:36:23	3009	Jason DIXON	Islwyn	M4044	MEN	98	22
112	0:36:29	4072	Jeremy MASTERS	Monmouth	M4044	MEN	99	23
113	0:36:30	1091	Grahame VINER	Caerleon	M5559	MEN	100	10
114	0:36:40	4535	James WILLIAMS	Parc Bryn Bach	M1739	MEN	101	48
115	0:36:45	5174	Lubi MECIAROVA	Pont-y-Pwl	F1734	LADIES	14	7
116	0:36:46	1111	Michael REEVES	Caerleon	M1739	MEN	102	49
117	0:36:46	3671	Sarah LAUDER	Lliswerry	F3539	LADIES	15	4
118	0:36:47	2012	Michael SKYRME	Fairwater	M4549	MEN	103	8
119	0:36:51	5080	Keith LANGLEY	Pont-y-Pwl	M5559	MEN	104	11
120	0:36:54	4051	Kirk HILL	Monmouth	M4044	MEN	105	24
121	0:37:00	3841	Ian WHATMOUGH	Lliswerry	M5054	MEN	106	12
122	0:37:04	3750	Peter OVEY	Lliswerry	M4549	MEN	107	9
123	0:37:05	4502	Andrew WILLIAMS	Parc Bryn Bach	M1739	MEN	108	50
124	0:37:14	3667	Nigel FOULKES-NOCK	Lliswerry	M4549	MEN	109	10
125	0:37:17	4017	Stuart KRAMER	Monmouth	M5054	MEN	110	13
126	0:37:18	3040	Russel DOBBS	Islwyn	M4044	MEN	111	25
127	0:37:21	1586	Helen DUFFIELD	Chepstow	F4044	LADIES	16	3
128	0:37:21	1606	Alan DOBBS	Chepstow	M1739	MEN	112	51
129	0:37:23	3141	Daffyd WEETMAN	Islwyn	M4044	MEN	113	26
130	0:37:25	1538	Stuart DUNCAN	Chepstow	M5054	MEN	114	14
131	0:37:27	3641	Andrew JOHNSON	Lliswerry	M5054	MEN	115	15
132	0:37:31	2027	Steve MORGAN	Fairwater	M4044	MEN	116	27
133	0:37:34	4044	Martin BLAKEBROUGH	Monmouth	M5054	MEN	117	16
134	0:37:38	3513	Chris DAVIES	Lliswerry	M5559	MEN	118	12
135	0:37:42	5535	Neil WILLIAMS	Usk	M5054	MEN	119	17

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136	0:37:43	3849	Ian	HARHHY	Lliswerry	M5559	MEN	120	13
137	0:37:44	1666	James	BOYLE	Chepstow	M5054	MEN	121	18
138	0:37:48	2586	Dennis	BREMAN	Griffithstown	M5054	MEN	122	19
139	0:37:51	3515	Paul	DURSLEY	Lliswerry	M6064	MEN	123	2
140	0:37:52	1112	Jason	PRITCHARD	Caerleon	M1739	MEN	124	52
141	0:37:56	4553	Danielle	PHILLIPS	Parc Bryn Bach	F1734	LADIES	17	8
142	0:37:57	2017	Peter	JONES	Fairwater	M1739	MEN	125	53
143	0:37:57	4011	Lee	JAMES	Monmouth	M4044	MEN	126	28
144	0:38:13	1063	Paula	WILLIAMS	Caerleon	F4549	LADIES	18	3
145	0:38:15	1566	Allan	McCALL	Chepstow	M4549	MEN	127	11
146	0:38:18	4537	David	SMOUT	Parc Bryn Bach	M6569	MEN	128	2
147	0:38:19	5094	Chris	CAREY	Pont-y-Pwl	M4549	MEN	129	12
148	0:38:19	1559	Tom	RIDDINGTON	Chepstow	M4044	MEN	130	29
149	0:38:24	2569	Rhys	THOMAS	Griffithstown	M1739	MEN	131	54
150	0:38:26	5536	Thomas	WILLIAMS	Usk	M5559	MEN	132	14
151	0:38:27	1022	Philip	HYATT	Caerleon	M5054	MEN	133	20
152	0:38:31	3147	Kelly	FELSTEAD	Islwyn	F3539	LADIES	19	5
153	0:38:32	3210	Andrew	COLLINS	Islwyn	M1739	MEN	134	55
154	0:38:36	2542	Peter	WELBIRG	Griffithstown	M6064	MEN	135	3
155	0:38:38	3758	Rachel	BOWEN	Lliswerry	F3539	LADIES	20	6
156	0:38:39	1089	Peter	BURROWS	Caerleon	M1739	MEN	136	56
157	0:38:39	2067	Reg	KING	Fairwater	M4044	MEN	137	30
158	0:38:47	4046	Luke	BLAKEBROUGH	Monmouth	M1739	MEN	138	57
159	0:38:47	2070	Adam	PERRY	Fairwater	M1739	MEN	139	58
160	0:38:49	4069	Toby	WALES	Monmouth	M4549	MEN	140	13
161	0:38:50	4037	David	MATHER	Monmouth	M5054	MEN	141	21
162	0:38:51	1570	Ian	WADE	Chepstow	M5054	MEN	142	22
163	0:38:54	2043	Martyn	JENKINS	Fairwater	M5559	MEN	143	15
164	0:38:55	3835	Marina	WRIGHT	Lliswerry	F3539	LADIES	21	7
165	0:38:55	3786	Sarah	FRANCIS	Lliswerry	F3539	LADIES	22	8
166	0:38:57	1101	Gethin	DENT	Caerleon	M4044	MEN	144	31
167	0:38:58	3850	Jordan	DUBOCK	Lliswerry	M1739	MEN	145	59
168	0:39:00	4058	Nerys	CHAPLIN	Monmouth	F1734	LADIES	23	9
169	0:39:02	1510	Berna	CANTWELL	Chepstow	F5054	LADIES	24	1
170	0:39:05	4001	Emma	KING	Monmouth	F1734	LADIES	25	10
171	0:39:08	2529	Elizabeth	STOKES	Griffithstown	F4044	LADIES	26	4
172	0:39:09	1658	Sian	STROUD	Chepstow	F5054	LADIES	27	2
173	0:39:12	3840	Matthew	PHILLIPS	Lliswerry	M4044	MEN	146	32
174	0:39:17	1555	Chris	REES	Chepstow	M5054	MEN	147	23
175	0:39:22	4038	Jeremy	CREASEY	Monmouth	M4549	MEN	148	14
176	0:39:23	2552	Peter	ROBERTS	Griffithstown	M5559	MEN	149	16
177	0:39:26	4559	Lee	PHILLIPS	Parc Bryn Bach	M4044	MEN	150	33
178	0:39:28	3637	Janet	RICHARDS	Lliswerry	F5054	LADIES	28	3
179	0:39:33	2031	Deb	COCKRAM	Fairwater	F5054	LADIES	29	4
180	0:39:35	4519	Kelly	COLLINS	Parc Bryn Bach	F3539	LADIES	30	9

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181	0:39:40	5038	Anne Marie HARRIS	Pont-y-Pwl	F4044	LADIES	31	5
182	0:39:41	GUEST	Joanne HANCOCK	#N/A	#N/A	LADIES	0	0
183	0:39:48	1665	Steve OWEN	Chepstow	M6064	MEN	151	4
184	0:39:51	4548	Ceri WHENT NELMES	Parc Bryn Bach	F3539	LADIES	32	10
185	0:39:52	1657	Barry EVANS	Chepstow	M4549	MEN	152	15
186	0:39:53	3509	Gareth JENKINS	Lliswerry	M4044	MEN	153	34
187	0:39:55	1535	Brenda AVERY	Chepstow	F6099	LADIES	33	1
188	0:39:56	3693	David GATES	Lliswerry	M5559	MEN	154	17
189	0:39:58	2535	Malcolm COX	Griffithstown	M6569	MEN	155	3
190	0:40:01	3527	Howard ATTWOOD	Lliswerry	M6569	MEN	156	4
191	0:40:02	1032	Ian PRICE	Caerleon	M4549	MEN	157	16
192	0:40:06	4551	Kevin BRADFIELD	Parc Bryn Bach	M4549	MEN	158	17
193	0:40:07	1656	Rachel HIPKISS	Chepstow	F1734	LADIES	34	11
194	0:40:15	1001	Andrew TAYLOR	Caerleon	M5559	MEN	159	18
195	0:40:21	5107	Dean ARNOLD	Pont-y-Pwl	M4549	MEN	160	18
196	0:40:28	1113	Peter HARDING	Caerleon	M1739	MEN	161	60
197	0:40:29	1619	Mike EVANS	Chepstow	M5559	MEN	162	19
198	0:40:30	2030	Andrew JAMES	Fairwater	M4044	MEN	163	35
199	0:40:30	1668	Rich MILLIKEN	Chepstow	M5559	MEN	164	20
200	0:40:33	1669	Joanne MILLIKEN	Chepstow	F5559	LADIES	35	1
201	0:40:35	3186	Ryan LAMBETH	Islwyn	M1739	MEN	165	61
202	0:40:38	3143	Michelle JOHNSON	Islwyn	F1734	LADIES	36	12
203	0:40:49	2585	Liz CHAMBERLAIN	Griffithstown	F1734	LADIES	37	13
204	0:40:50	2506	Rose CHARLES	Griffithstown	F1734	LADIES	38	14
205	0:40:57	4539	Rachel LEWIS	Parc Bryn Bach	F3539	LADIES	39	11
206	0:41:01	1126	Chris ELLIOT	Caerleon	M1739	MEN	166	62
207	0:41:04	3176	Samantha METHUEN	Islwyn	F3539	LADIES	40	12
208	0:41:05	3526	Jeremy DICKSON	Lliswerry	M5054	MEN	167	24
209	0:41:06	5143	Nigel BAKER	Pont-y-Pwl	M6569	MEN	168	5
210	0:41:08	3189	Mark DUDDRIDGE	Islwyn	M1739	MEN	169	63
211	0:41:09	5550	Graham SIMPSON	Usk	M5054	MEN	170	25
212	0:41:13	2025	Julie LEES	Fairwater	F4044	LADIES	41	6
213	0:41:15	1608	Karen ELVERS	Chepstow	F4044	LADIES	42	7
214	0:41:19	2523	Natalie HERN	Griffithstown	F4549	LADIES	43	4
215	0:41:22	3838	Gayle SHEPPARD	Lliswerry	F4044	LADIES	44	8
216	0:41:25	2055	Tim MURPHY	Fairwater	M5559	MEN	171	21
217	0:41:30	2011	Bev BRADBURY JONES	Fairwater	F4044	LADIES	45	9
218	0:41:30	2032	Helen WILLIAMS	Fairwater	F4044	LADIES	46	10
219	0:41:32	5554	Karen POTTER	Usk	F5054	LADIES	47	5
220	0:41:34	1123	Mike TUNE	Caerleon	M4549	MEN	172	19
221	0:41:36	4513	Margrett MONK	Parc Bryn Bach	F6099	LADIES	48	2
222	0:41:37	1018	Rachel DOREL	Caerleon	F1734	LADIES	49	15
223	0:41:40	1130	Dan FOSTER	Caerleon	M1739	MEN	173	64
224	0:41:41	3207	Dean LITTLE	Islwyn	M1739	MEN	174	65
225	0:41:44	3842	Simeon LOLIN	Lliswerry	M4549	MEN	175	20

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226	0:41:47	1597	Brett	REGULSKI	Chepstow	M5559	MEN	176	22
227	0:41:54	4547	Hayley	JACKSON	Parc Bryn Bach	F4044	LADIES	50	11
228	0:42:05	3200	Demi	HUGHES	Islwyn	F1734	LADIES	51	16
229	0:42:13	3738	Neil	SIDNEY	Lliswerry	M4044	MEN	177	36
230	0:42:18	3645	Andy	COCKERAM	Lliswerry	M4549	MEN	178	21
231	0:42:23	2002	Julie	ROCHE	Fairwater	F4549	LADIES	52	5
232	0:42:26	1106	Emma	LYNCH	Caerleon	F1734	LADIES	53	17
233	0:42:31	3665	Michael	BONNETT	Lliswerry	M5559	MEN	179	23
234	0:42:35	5006	Zoe	ELVER	Pont-y-Pwl	F4044	LADIES	54	12
235	0:42:36	2065	Sian	HOBBS	Fairwater	F1734	LADIES	55	18
236	0:42:37	2579	Andrew	MEANEY	Griffithstown	M5054	MEN	180	26
237	0:42:42	1009	Tom	EVANS	Caerleon	M1739	MEN	181	66
238	0:42:50	1662	Kim	CARWARDINE	Chepstow	F1734	LADIES	56	19
239	0:42:57	4561	Wayne	CANIFF	Parc Bryn Bach	M5559	MEN	182	24
240	0:42:58	3187	Samuel Evan	JONES	Islwyn	M1739	MEN	183	67
241	0:43:00	3010	Roger	FAWKES	Islwyn	M6064	MEN	184	5
242	0:43:03	5054	Christopher	SIMMS	Pont-y-Pwl	M6569	MEN	185	6
243	0:43:04	2066	Hannah	KING	Fairwater	F1734	LADIES	57	20
244	0:43:15	4517	Michelle	JAYNE	Parc Bryn Bach	F3539	LADIES	58	13
245	0:43:16	3198	Clive	WATERS	Islwyn	M5054	MEN	186	27
246	0:43:17	4004	Lucy	ALLEN	Monmouth	F5054	LADIES	59	6
247	0:43:19	3749	Andy	HILLIS	Lliswerry	M5054	MEN	187	28
248	0:43:21	1501	Roberta	HAINES	Chepstow	F1734	LADIES	60	21
249	0:43:25	3118	Sara	ARNOLD	Islwyn	F4044	LADIES	61	13
250	0:43:27	5172	Hannah	KILLICK	Pont-y-Pwl	F1734	LADIES	62	22
251	0:43:28	2050	Jane	LEWIS	Fairwater	F4549	LADIES	63	6
252	0:43:30	GUEST	David	JAMES	#N/A	#N/A	MEN	0	0
253	0:43:38	1509	Andy	BRAY	Chepstow	M5559	MEN	188	25
254	0:43:39	4581	Phillip	MATTHEWS	Parc Bryn Bach	M6064	MEN	189	6
255	0:43:44	3172	Kelly	JACKA	Islwyn	F3539	LADIES	64	14
256	0:43:51	3606	Steve	MARSH	Lliswerry	M5559	MEN	190	26
257	0:43:52	3706	Gemma	ACREMAN	Lliswerry	F1734	LADIES	65	23
258	0:44:02	1135	Sarah	MILES	Caerleon	F1734	LADIES	66	24
259	0:44:04	GUEST	Sarah	?	#N/A	#N/A	LADIES	0	0
260	0:44:04	5002	Sharon	WOODS	Pont-y-Pwl	F5559	LADIES	67	2
261	0:44:07	3148	Lisa	LAWFORD	Islwyn	F4044	LADIES	68	14
262	0:44:08	3076	Colin	DIXON	Islwyn	M6064	MEN	191	7
263	0:44:18	5114	Michelle	GOOCH	Pont-y-Pwl	F4549	LADIES	69	7
264	0:44:18	4580	Anthony	LEWIS	Parc Bryn Bach	M4549	MEN	192	22
265	0:44:24	1079	Frances	TAYLOR	Caerleon	F1734	LADIES	70	25
266	0:44:25	4059	Tracey	BURNS	Monmouth	F1734	LADIES	71	26
267	0:44:32	5035	Kate	ALLEN	Pont-y-Pwl	F4044	LADIES	72	15
268	0:44:35	4042	Nick	PARK	Monmouth	M5054	MEN	193	29
269	0:44:36	1133	Adrian	BRIDGWAY	Caerleon	M4549	MEN	194	23
270	0:44:39	5531	Tom	SOUTHWELL	Usk	M1739	MEN	195	68

CONFIRMED RESULTS

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(5.2 miles)

10:03
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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	
271	0:44:40	4036	Jo	MARSH	Monmouth	F4549	LADIES	73	8
272	0:44:43	5151	Donna	HEWITT	Pont-y-Pwl	F3539	LADIES	74	15
273	0:44:45	3153	Kirsty	HOLTHAM-MORGAN	Islwyn	F3539	LADIES	75	16
274	0:44:53	5099	Amy	FLINN	Pont-y-Pwl	F1734	LADIES	76	27
275	0:45:07	3149	Louise	SADLER	Islwyn	F4044	LADIES	77	16
276	0:45:08	4530	Samantha	STANDERWICK	Parc Bryn Bach	F4044	LADIES	78	17
277	0:45:09	3166	Tracy	SMITH	Islwyn	F4044	LADIES	79	18
278	0:45:13	5015	Nadine	DONOVAN	Pont-y-Pwl	F4044	LADIES	80	19
279	0:45:17	3787	Rachel	KENNEDY	Lliswerry	F4549	LADIES	81	9
280	0:45:21	4504	Kath	JERVIS	Parc Bryn Bach	F5559	LADIES	82	3
281	0:45:31	1105	Steve	HOUGHTON	Caerleon	M1739	MEN	196	69
282	0:45:34	1503	Sue	ASHTON	Chepstow	F6099	LADIES	83	3
283	0:45:39	4582	Julie	CASHELL	Parc Bryn Bach	F3539	LADIES	84	17
284	0:45:42	4566	Jillian	MATTHEWS	Parc Bryn Bach	F6099	LADIES	85	4
285	0:45:48	3192	Fiona	WALKLEY	Islwyn	F4044	LADIES	86	20
286	0:45:52	2584	Angharrad	SLICZNY	Griffithstown	F3539	LADIES	87	18
287	0:45:55	1632	Helen	CLANCY	Chepstow	F4549	LADIES	88	10
288	0:45:56	5159	Anna	RICHARDS	Pont-y-Pwl	F1734	LADIES	89	28
289	0:46:07	1096	Mary	SCOURFIELD	Caerleon	F4549	LADIES	90	11
290	0:46:10	3180	Vicki	JONES	Islwyn	F4044	LADIES	91	21
291	0:46:11	5128	Kirsty	RHODES	Pont-y-Pwl	F1734	LADIES	92	29
292	0:46:23	1121	Charlotte	LEIGH	Caerleon	F3539	LADIES	93	19
293	0:46:35	1505	Jane	BAYLISS	Chepstow	F6099	LADIES	94	5
294	0:46:37	1020	Kim	HOWELL	Caerleon	F5559	LADIES	95	4
295	0:46:40	2069	Jennifer	LILLEY	Fairwater	F1734	LADIES	96	30
296	0:46:40	2010	Stella	SYMONS	Fairwater	F5054	LADIES	97	7
297	0:46:58	3688	Cara	GATES	Lliswerry	F4549	LADIES	98	12
298	0:47:06	3004	Julie	LEWIS	Islwyn	F4549	LADIES	99	13
299	0:47:12	5048	Maxine	RHODES	Pont-y-Pwl	F4549	LADIES	100	14
300	0:47:16	3625	Lisa	BATEMAN	Lliswerry	F4549	LADIES	101	15
301	0:47:17	3532	Carl	ELLIOTT	Lliswerry	M7099	MEN	197	1
302	0:47:19	3790	Nigel	RICHARDS	Lliswerry	M4549	MEN	198	24
303	0:47:28	1540	Becca	WADE	Chepstow	F5054	LADIES	102	8
304	0:47:34	3209	Erik	MOONS	Islwyn	M4549	MEN	199	25
305	0:47:41	2516	Nanette	VIRGO	Griffithstown	F4044	LADIES	103	22
306	0:47:46	5027	Kay	MORGAN	Pont-y-Pwl	F3539	LADIES	104	20
307	0:47:47	3701	Pam	GRANTHAM	Lliswerry	F4549	LADIES	105	16
308	0:47:48	3771	Laura	RENDELL	Lliswerry	F1734	LADIES	106	31
309	0:47:49	3503	Yvonne	FORSEY	Lliswerry	F5559	LADIES	107	5
310	0:47:52	3803	Julie	DAVIES	Lliswerry	F5054	LADIES	108	9
311	0:47:52	3183	Helen	DAVIES	Islwyn	F4549	LADIES	109	17
312	0:47:58	3747	Chris	HILL	Lliswerry	M4549	MEN	200	26
313	0:48:04	GUEST	Anne	RICE-JONES	#N/A	#N/A	LADIES	0	0
314	0:48:07	3646	Nick	JACKSON	Lliswerry	M5054	MEN	201	30
315	0:48:34	1507	Bill	BEWG	Chepstow	M7099	MEN	202	2

CONFIRMED RESULTS

**GLCL 2015 ROAD RACE SERIES
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CHEPSTOW (Undy F.C.) 18th AUGUST 2015
(5.2 miles)**

10:03
21/08/2015

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place
316	0:48:42	4579	Terry VAUGHAN	Parc Bryn Bach	M4044	MEN	203	37
317	0:48:43	5044	Sharon NEWELL	Pont-y-Pwl	F4549	LADIES	110	18
318	0:48:43	5140	Kelvin HENLEY	Pont-y-Pwl	M4549	MEN	204	27
319	0:48:44	5037	Keri HAMER	Pont-y-Pwl	F3539	LADIES	111	21
320	0:49:01	1136	Ruth SMITH	Caerleon	F5559	LADIES	112	6
321	0:49:02	1072	Jo DAVISS	Caerleon	F4044	LADIES	113	23
322	0:49:04	3729	Desmond JONES	Lliswerry	M4044	MEN	205	38
323	0:49:16	5533	Gary WILCOX	Usk	M5054	MEN	206	31
324	0:49:23	4041	Carol Anne USHER	Monmouth	F5054	LADIES	114	10
325	0:49:24	1664	Jen HARDING	Chepstow	F1734	LADIES	115	32
326	0:49:25	1026	Amy RACKHAM	Caerleon	F1734	LADIES	116	33
327	0:49:25	4075	Sally GILSON	Monmouth	F4044	LADIES	117	24
328	0:49:28	1131	Phil BISHOP	Caerleon	M5559	MEN	207	27
329	0:49:30	4071	Claire JONES	Monmouth	F3539	LADIES	118	22
330	0:49:35	4584	Rhian WHITE	Parc Bryn Bach	F1734	LADIES	119	34
331	0:49:36	4585	Pamela BROWNING	Parc Bryn Bach	F4549	LADIES	120	19
332	0:49:41	GUEST	Emma THOMAS	#N/A	#N/A	LADIES	0	0
333	0:49:50	1649	Lisa RIDDINGTON	Chepstow	F4044	LADIES	121	25
334	0:50:11	3789	Amanda RICHARDS	Lliswerry	F4549	LADIES	122	20
335	0:50:12	3510	Linda DURSLEY	Lliswerry	F5054	LADIES	123	11
336	0:50:39	2021	Suzanne WILLIAMS	Fairwater	F4549	LADIES	124	21
337	0:50:42	0	UNKNOWN	0	0	0	0	0
338	0:50:47	1661	Amanda RAMSHAW	Chepstow	F4044	LADIES	125	26
339	0:50:54	1019	Gwyn HOWELLS	Caerleon	F6099	LADIES	126	6
340	0:51:10	1571	Syd WHEELER	Chepstow	M7099	MEN	208	3
341	0:51:17	4010	Tony HARDY	Monmouth	M5054	MEN	209	32
342	0:51:45	1107	Aisling MORGAN	Caerleon	F1734	LADIES	127	35
343	0:51:53	4064	Sarah RICHARDS	Monmouth	F3539	LADIES	128	23
344	0:51:55	5157	Anna PARRY	Pont-y-Pwl	F3539	LADIES	129	24
345	0:52:04	4040	Nicola ALLAN	Monmouth	F4549	LADIES	130	22
346	0:52:19	4510	Sally-Anne ATKINSON	Parc Bryn Bach	F4044	LADIES	131	27
347	0:52:25	3659	Nicola MURRAY	Lliswerry	F4549	LADIES	132	23
348	0:52:28	3170	Helen SIMMONDS	Islwyn	F1734	LADIES	133	36
349	0:52:42	2521	Charlotte REES	Griffithstown	F1734	LADIES	134	37
350	0:52:43	2525	Wendy REES	Griffithstown	F5054	LADIES	135	12
351	0:52:43	5040	Sarah JENKINS	Pont-y-Pwl	F1734	LADIES	136	38
352	0:52:49	5121	Lee JENKINS	Pont-y-Pwl	M4044	MEN	210	39
353	0:53:01	4077	Sian BURNS	Monmouth	F4549	LADIES	137	24
354	0:53:02	4066	Julia DAVIES	Monmouth	F4044	LADIES	138	28
355	0:53:23	1117	Stuart DOMINY	Caerleon	M1739	MEN	211	70
356	0:53:46	5173	Vicky JEFFS	Pont-y-Pwl	F1734	LADIES	139	39
357	0:53:50	4062	Trish BICKNELL	Monmouth	F5054	LADIES	140	13
358	0:53:52	4076	Hannah HILL	Monmouth	F1734	LADIES	141	40
359	0:53:55	5120	Susan JEFFS	Pont-y-Pwl	F5054	LADIES	142	14
360	0:53:56	3206	Danielle WARD	Islwyn	F1734	LADIES	143	41

CONFIRMED RESULTS**GLCL 2015 ROAD RACE SERIES
RACE 5 of 5
CHEPSTOW (Undy F.C.) 18th AUGUST 2015
(5.2 miles)**10:03
21/08/2015

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	
361	0:54:04	4078	Helen	PROCTOR	Monmouth	F4549	LADIES	144	25
362	0:54:04	4079	Louise	INGLETON	Monmouth	F5054	LADIES	145	15
363	0:54:05	4080	Sally	WILLIAMS	Monmouth	F4044	LADIES	146	29
364	0:54:06	3179	Juli	WILLIAMS	Islwyn	F4044	LADIES	147	30
365	0:55:23	2581	Catherine	SPENCER	Griffithstown	F4549	LADIES	148	26
366	0:57:38	2515	Yvonne	WALKER	Griffithstown	F6099	LADIES	149	7
367	0:58:44	1547	Daphne	AUSTERBERRY	Chepstow	F6099	LADIES	150	8

CONFIRMED RESULTS

GLCL 2015 ROAD RACE SERIES
RACE 5 of 5
CHEPSTOW (Undy F.C.) 18th AUGUST 2015

10:03
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TEAM RESULTS

<u>MALE "A" TEAM</u>				<u>FEMALE "A" TEAM</u>			
	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY	9799	10	1	CHEPSTOW	5934	10
2	PONT-Y-PWL	9797	9	2	LLISWERRY	5925	9
3	ISLWYN	9732	8	3	PONT-Y-PWL	5890	8
4	CHEPSTOW	9725	7	4	PARC BRYN BACH	5837	7
5	GRIFFITHSTOWN	9419	6	5	CAERLEON	5806	6
6	CAERLEON	9371	5	6	FAIRWATER	5738	5
7	PARC BRYN BACH	9094	4	7	ISLWYN	5735	4
8	MONMOUTH	8910	3	8	GRIFFITHSTOWN	5672	3
9	FAIRWATER	8879	2	9	MONMOUTH	5641	2
10	USK	6060	1	10	USK	954	1

<u>MALE TEAM "B&C" TEAM</u>			<u>FEMALE "B&C" TEAM</u>	
	<u>RUNNERS</u>	<u>SCORE</u>	<u>RUNNERS</u>	<u>SCORE</u>
1	CHEPSTOW(B)	9191	6	5779
2	LLISWERRY(B)	9150	6	5668
3	PONT-Y-PWL(B)	9108	6	5586
4	ISLWYN(B)	8957	6	5569
5	CAERLEON(B)	8628	6	5530
6	CHEPSTOW(C)	8538	6	5464
7	LLISWERRY(C)	8494	6	5433
8	CAERLEON(C)	5673	6	5431
9	GRIFFITHSTOWN(B)	5134	6	5357
10	ISLWYN(C)	4889	6	5238
11	MONMOUTH(B)	3313	5	4568
12	PARC BRYN BACH(B)	3238	5	4374
13	PONT-Y-PWL(C)	3237	5	4289
14	FAIRWATER(B)	830	4	3438
	FAIRWATER(C)	0	3	2634
	GRIFFITHSTOWN(C)	0	3	2633
	MONMOUTH(C)	0	0	0
	PARC BRYN BACH(C)	0	0	0
	USK(B)	0	0	0
	USK(C)	0	0	0

**Race 5 of 5
CHEPSTOW
18th August**

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	41	M1739	70
F3539	24	M4044	39
F4044	30	M4549	27
F4549	26	M5054	32
F5054	15	M5559	27
F5559	6	M6064	7
F6099	8	M6569	6
Guests (F)	4	M7099	3
unknown	1	Guests (M)	1
LADIES TOTAL	155	MENS TOTAL	212

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	15	27	42
CHEPSTOW	21	33	54
FAIRWATER	11	11	22
GRIFFITHSTOWN	10	16	26
ISLWYN	17	26	43
LLISWERRY	20	39	59
MONMOUTH	17	14	31
PARC BRYN BACH	15	14	29
PONTYPOOL	23	24	47
USK	1	7	8
Guests/Unknown	5	1	6
TOTAL	155	212	367