

GLCL 2014~15 XC SERIES
RACE 2 of 5
USK CAMPUS
SUNDAY 16th NOV. 2014

PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points	
1	1	3573	Emma	WOOKEY	Lliswerry	F1734	1	1000	100
2	2	1607	Jane	HORLER	Chepstow	F4044	1	999	100
3	3	4516	Nichola	GETHING	Parc Bryn Bach	F4044	2	998	99
4	4	2003	Angela	JONES	Fairwater	F4549	1	997	100
5	5	1525	Niki	MORGAN	Chepstow	F4549	2	996	99
6	6	2018	Jenna	ROBERTS	Fairwater	F1734	2	995	99
7	7	5014	Louise	SUMMERS	Pont-y-Pwl	F4549	3	994	98
8	8	3773	Rebecca	ROTHWELL	Lliswerry	F1734	3	993	98
9	9	5007	Emma	BAYLISS	Pont-y-Pwl	F1734	4	992	97
10	10	3671	Sarah	LAUDER	Lliswerry	F1734	5	991	96
11	11	3528	Antoinette	DUMAYNE	Lliswerry	F1734	6	990	95
12	12	5016	Samantha	TOOP	Pont-y-Pwl	F1734	7	989	94
13	13	1537	Vanessa	LAWSON	Chepstow	F4044	3	988	98
14	14	1567	Georgie	PRIOR	Chepstow	F1734	8	987	93
15	15	5119	Holly	JANES-THOMAS	Pont-y-Pwl	F1734	9	986	92
16	16	5033	Louise	BRIGHT	Pont-y-Pwl	F3539	1	985	100
17	17	2510	Claire	THOMPSON	Griffithstown	F1734	10	984	91
18	18	1601	Sarah	BELL	Chepstow	F3539	2	983	99
19	19	1057	Alison	SCRIVENS	Caerleon	F4549	4	982	97
20	20	5017	Emma	SOWREY	Pont-y-Pwl	F3539	3	981	98
21	21	1530	Jan	MORRIS	Chepstow	F4549	5	980	96
22	22	3065	Kelly	WALL	Islwyn	F1734	11	979	90
23	23	1510	Berna	CANTWELL	Chepstow	F5054	1	978	100
24	24	2031	Deb	COCKRAM	Fairwater	F5054	2	977	99
25	25	3613	Keri	JONES	Lliswerry	F4044	4	976	97
26	26	1598	Lisa	JEFFREY	Chepstow	F4044	5	975	96
27	27	1013	Liz	RICHARDS	Caerleon	F4549	6	974	95
28	28	3663	Nicci	HAINES-JONES	Lliswerry	F4549	7	973	94
29	29	4001	Emma	KING	Monmouth	F1734	12	972	89
30	30	1063	Paula	WILLIAMS	Caerleon	F4549	8	971	93
31	31	2025	Julie	LEES	Fairwater	F4044	6	970	95
32	32	5021	Fiona	CROSS	Pont-y-Pwl	F1734	13	969	88
33	33	1504	Sophie	GILBERT	Chepstow	F4044	7	968	94
34	34	1584	Danielle	SAPSFORD	Chepstow	F3539	4	967	97
35	35	3698	Raven	TIMMS	Lliswerry	F3539	5	966	96
36	36	4519	Kelly	COLLINS	Parc Bryn Bach	F1734	14	965	87
37	37	4533	Riannon	GRIFFIN	Parc Bryn Bach	F3539	6	964	95
38	38	4526	Katherine	COLLINS	Parc Bryn Bach	F1734	15	963	86
39	39	2037	Rebecca	POOLE	Fairwater	F1734	16	962	85
40	40	1553	Teresa	TRANter	Chepstow	F6099	1	961	100
41	41	1027	Emma	WILLIAMS	Caerleon	F1734	17	960	84
42	42	2011	Bev	BRADBURY JONES	Fairwater	F4044	8	959	93
43	43	5031	Emma	MORGAN	Pont-y-Pwl	F4044	9	958	92
44	44	5539	Laura	POWELL	Usk	F1734	18	957	83
45	45	2032	Helen	WILLIAMS	Fairwater	F4044	10	956	91
46	46	2014	Jeanette	JENKINS	Fairwater	F5054	3	955	98
47	47	4539	Rachel	LEWIS	Parc Bryn Bach	F3539	7	954	94
48	48	2504	Daniela	GORMLEY	Griffithstown	F4044	11	953	90
49	49	1515	Joc	DODD	Chepstow	F6099	2	952	99
50	50	5044	Sharon	NEWELL	Pont-y-Pwl	F4044	12	951	89
51	51	4541	Sian	PRICE	Parc Bryn Bach	F1734	19	950	82
52	52	5553	Sally	STRONG	Usk	F4044	13	949	88
53	53	4018	Emma	DAVIES	Monmouth	F4044	14	948	87
54	54	1005	Karen	PAYNE	Caerleon	F4044	15	947	86
55	55	5554	Karen	POTTER	Usk	F5054	4	946	97
56	57	3625	Lisa	BATEMAN	Lliswerry	F4549	9	945	92
57	58	3775	Nicola	SINCLAIR	Lliswerry	F3539	8	944	93
58	60	3753	Michelle	JOHNSTON	Lliswerry	F3539	9	943	92
59	61	1501	Roberta	HAVERS	Chepstow	F1734	20	942	81
60	63	5095	Nicola	SMITH	Pont-y-Pwl	F4549	10	941	91
61	64	2002	Julie	ROCHE	Fairwater	F4549	11	940	90
62	66	2516	Nanette	VIRGO	Griffithstown	F4044	16	939	85
63	67	3744	Clare	ANDERSON	Lliswerry	F5054	5	938	96

PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points	
64	68	4517	Michelle	JAYNE	Parc Bryn Bach	F3539	10	937	91
65	70	5137	Nicole	DAVIES	Pont-y-Pwl	F1734	21	936	80
66	72	2047	Rebecca	JENKINS	Fairwater	F1734	22	935	79
67	73	3674	Ceri	JENKINS	Lliswerry	F3539	11	934	90
68	76	3004	Julie	LEWIS	Islwyn	F4549	12	933	89
69	77	3518	Vicky	FEAR	Lliswerry	F1734	23	932	78
70	79	2050	Jane	LEWIS	Fairwater	F4549	13	931	88
71	80	1070	Natalie	WALKER	Caerleon	F3539	12	930	89
72	81	1563	Gill	STOTT	Chepstow	F5559	1	929	100
73	83	3785	Joanna	WHITTAKER	Lliswerry	F1734	24	928	77
74	85	3153	Kirsty	HOLTHAM-MORGAN	Islwyn	F3539	13	927	88
75	87	5037	Keri	HAMER	Pont-y-Pwl	F3539	14	926	87
76	89	3652	Tracy	BURTON	Lliswerry	F5054	6	925	95
77	90	1505	Jane	BAYLISS	Chepstow	F6099	3	924	98
78	91	3721	Sarah	GIMBLETT	Lliswerry	F4044	17	923	84
79	95	3102	Sian	RICHARDSON	Islwyn	F3539	15	922	86
80	97	1503	Sue	ASHTON	Chepstow	F6099	4	921	97
81	99	2501	Lauren	REES	Griffithstown	F1734	25	920	76
82	102	4504	Kath	JERVIS	Parc Bryn Bach	F5559	2	919	99
83	103	1617	Jane	RYMER	Chepstow	F4549	14	918	87
84	104	2522	Helen	DESMOND	Griffithstown	F5054	7	917	94
85	106	5099	Amy	FLINN	Pont-y-Pwl	F1734	26	916	75
0	107	GUEST	Victoria	REYNOLDS	0	0	0	0	0
86	108	3728	Eleanor	JOHNSTON	Lliswerry	F3539	16	915	85
87	110	4545	Alison	HOLTON	Parc Bryn Bach	F4044	18	914	83
0	112	GUEST	Vicky	BAYLISS	0	0	0	0	0
88	114	3739	Juliet	SIDNEY	Lliswerry	F4549	15	913	86
89	116	3701	Pam	GRANTHAM	Lliswerry	F4549	16	912	85
90	118	5532	Vivienne	TUCK	Usk	F4549	17	911	84
91	120	2021	Suzanne	WILLIAMS	Fairwater	F4549	18	910	83
92	121	3782	Sue	COTTRELL	Lliswerry	F4549	19	909	82
93	124	4544	Rebecca	COOKSEY	Parc Bryn Bach	F3539	17	908	84
94	128	2010	Stella	SYMONS	Fairwater	F5054	8	907	93
95	131	1578	Anne	JENNER	Chepstow	F5054	9	906	92
96	132	1019	Gwyn	HOWELLS	Caerleon	F6099	5	905	96
97	133	4546	Claire	SULLIVAN	Parc Bryn Bach	F1734	27	904	74
98	135	2521	Charlotte	REES	Griffithstown	F1734	28	903	73
99	136	3503	Yvonne	FORSEY	Lliswerry	F5559	3	902	98
100	137	5506	Debbie	DAVIES	Usk	F4044	19	901	82
101	140	2525	Wendy	REES	Griffithstown	F5054	10	900	91
102	142	4062	Trish	BICKNELL	Monmouth	F4549	20	899	81
103	145	3101	Pat	RICHARDSON	Islwyn	F6099	6	898	95
104	149	3682	Karen	PENNY	Lliswerry	F4549	21	897	80
105	153	5001	Christine	VORRÉS	Pont-y-Pwl	F5559	4	896	97
106	156	3544	Lynne	ROSSITER	Lliswerry	F6099	7	895	94
107	157	1517	Carol	DUNSBEE	Chepstow	F4549	22	894	79
108	162	4022	Vicky	EVANS	Monmouth	F4044	20	893	81
109	168	2013	Kate	PALFREY	Fairwater	F1734	29	892	72
0	174	GUEST	Shayla	WILLIAMS	0	0	0	0	0
110	181	3559	Annette	EXLEY	Lliswerry	F4549	23	891	78
111	188	2058	Karensa	ARNOLD	Fairwater	F4044	21	890	80
112	192	5120	Susan	JEFFS	Pont-y-Pwl	F5054	11	889	90
113	214	4003	Sarah	CLIFTON	Monmouth	F3539	18	888	83

	FEMALE TEAM	RUNNERS	SCORE	POINTS
1	LLISWERRY	4	3974	10
2	CHEPSTOW	4	3970	9
3	PONT-Y-PWL	4	3961	8
4	FAIRWATER	4	3939	7
5	PARC BRYN BACH	4	3890	6
6	CAERLEON	4	3887	5
7	GRIFFITHSTOWN	4	3796	4
8	USK	4	3763	3
9	ISLWYN	4	3761	2
10	MONMOUTH	4	3712	1

PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	59	5053	Matthew SYMES	Pont-y-Pwl	M1739	1	1000	100
2	62	4532	Lee AHERNE	Parc Bryn Bach	M4549	1	999	100
3	65	2029	Daryll BARNBY	Fairwater	M1739	2	998	99
4	69	2019	Mark JENNINGS	Fairwater	M4044	1	997	100
5	71	5133	Sean TAYLOR	Pont-y-Pwl	M1739	3	996	98
6	74	1522	Pete WARD	Chepstow	M4044	2	995	99
7	75	3578	Matthew GRANTHAM	Lliswerry	M1739	4	994	97
8	78	1594	James BLORE	Chepstow	M1739	5	993	96
0	82	GUEST	Andrew STEPHENS	0	0	0	0	0
9	84	5089	Richard JOHNSON	Pont-y-Pwl	M4044	3	992	98
10	86	1588	Duncan BELL	Chepstow	M4549	2	991	99
11	88	1519	Mathew STOTT	Chepstow	M1739	6	990	95
12	92	5501	Mark BALCH	Usk	M4549	3	989	98
13	93	3590	James ELGAR	Lliswerry	M1739	7	988	94
14	94	1654	Karie ATKINS	Chepstow	M1739	8	987	93
15	96	5136	Paul WHITE	Pont-y-Pwl	M1739	9	986	92
0	98	GUEST	Ben SINCLAIR	0	0	0	0	0
16	100	5057	Steve DAVIES	Pont-y-Pwl	M5559	1	985	100
17	101	4521	Damian WILLIAMS	Parc Bryn Bach	M4549	4	984	97
18	105	3044	Robert DAVIES	Islwyn	M4044	4	983	97
19	109	4508	Simon LEWIS	Parc Bryn Bach	M4549	5	982	96
20	111	2008	Richard LLOYD	Fairwater	M1739	10	981	91
21	113	3116	Alun WOOD	Islwyn	M1739	11	980	90
22	115	1512	Paul LIDGETT	Chepstow	M4549	6	979	95
23	117	1071	Jim KING	Caerleon	M4044	5	978	96
24	122	2519	Josh JONES	Griffithstown	M1739	12	977	89
25	123	3680	Alun KING	Lliswerry	M1739	13	976	88
26	125	1624	Paul DODD	Chepstow	M5559	2	975	99
27	126	5083	Mark HURFORD	Pont-y-Pwl	M1739	14	974	87
28	127	3626	Gareth BECK	Lliswerry	M4549	7	973	94
29	129	4515	Daman JUKES	Parc Bryn Bach	M4044	6	972	95
30	130	2575	Leighton WEBB	Griffithstown	M1739	15	971	86
31	134	1536	Mathew LAWSON	Chepstow	M4549	8	970	93
32	138	1090	Dan ARTHUR	Caerleon	M1739	16	969	85
33	139	4542	Sam LEWIS-JONES	Parc Bryn Bach	M1739	17	968	84
34	141	2540	Thomas GUY	Griffithstown	M4044	7	967	94
35	143	5056	Ray MORGAN	Pont-y-Pwl	M1739	18	966	83
36	144	3670	Simon GILL	Lliswerry	M1739	19	965	82
37	146	5522	Gareth JONES	Usk	M1739	20	964	81
38	147	3098	Haydn HARTNELL	Islwyn	M5054	1	963	100
39	148	4511	Julian WILLIAMS	Parc Bryn Bach	M1739	21	962	80
40	150	1552	Andrew MATHIAS	Chepstow	M1739	22	961	79
41	151	5051	Dimitri VORRÉS	Pont-y-Pwl	M5054	2	960	99
42	152	3169	Micheal RICHARDSON	Islwyn	M1739	23	959	78
43	154	1526	Rob HOOK	Chepstow	M5054	3	958	98
44	155	5093	Matt WEBB	Pont-y-Pwl	M1739	24	957	77
45	158	5062	Gary JONES	Pont-y-Pwl	M5054	4	956	97
46	159	3548	Mark ENGLISH	Lliswerry	M4549	9	955	92
47	160	1053	Chris MORGAN	Caerleon	M1739	25	954	76
48	161	3025	Kim WEHDEN	Islwyn	M5054	5	953	96
49	163	2033	Shane ROBERTS	Fairwater	M4044	8	952	93
50	164	5509	Lee DEAN	Usk	M4549	10	951	91
51	165	2004	Gary ADAMS	Fairwater	M4044	9	950	92
52	166	3700	Geoff ROYNON	Lliswerry	M4549	11	949	90
53	167	5544	Adrian BULL	Usk	M1739	26	948	75
54	169	2576	Matthew GRIFFITHS	Griffithstown	M1739	27	947	74
55	170	3664	Paul CHICK	Lliswerry	M4549	12	946	89

PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
56	171	1524	Neil GRANT	Chepstow	M6064	1	945	100
57	172	3138	Steve LANE	Islwyn	M4044	10	944	91
58	173	1002	Howard MASON	Caerleon	M4549	13	943	88
59	175	5069	Andrew DICKENS	Pont-y-Pwl	M4044	11	942	90
60	176	3021	Adam FLETCHER	Islwyn	M1739	28	941	73
61	177	3661	Rob DAVIES	Lliswerry	M4044	12	940	89
62	178	4021	Russell FINCH	Monmouth	M4549	14	939	87
63	179	2534	Andrew SPENCER	Griffithstown	M5054	6	938	95
64	180	4531	Martin CHAMMINGS	Parc Bryn Bach	M1739	29	937	72
65	182	2573	Phil WATERS	Griffithstown	M5559	3	936	98
66	183	4512	Phillip MILES	Parc Bryn Bach	M6064	2	935	99
67	184	2556	Nick WALSH	Griffithstown	M4044	13	934	88
68	185	2012	Michael SKYRME	Fairwater	M4549	15	933	86
69	186	1044	Peter RODGER	Caerleon	M5559	4	932	97
70	187	1564	Andy STOTT	Chepstow	M5559	5	931	96
71	189	1599	Kevin MCENTEE	Chepstow	M5559	6	930	95
72	190	5519	Brian JONES	Usk	M5054	7	929	94
73	191	1009	Tom EVANS	Caerleon	M1739	30	928	71
74	193	3760	Lloyd COTTRELL	Lliswerry	M1739	31	927	70
75	194	4507	Rob KING	Parc Bryn Bach	M1739	32	926	69
76	195	2057	Robert JOHN	Fairwater	M4044	14	925	87
77	196	3767	Adrian JENKINS	Lliswerry	M5054	8	924	93
78	197	2001	Nud REHMAN	Fairwater	M1739	33	923	68
79	198	4543	Christopher GITTINGS	Parc Bryn Bach	M1739	34	922	67
0	199	GUEST	James FLETCHER	0	0	0	0	0
80	200	1557	Dave AUSTIN	Chepstow	M4044	15	921	86
81	201	1653	Steve CHAVE	Chepstow	M5559	7	920	94
82	202	4537	David SMOUT	Parc Bryn Bach	M6569	1	919	100
83	203	3551	Christopher MATTHEWS	Lliswerry	M5054	9	918	92
84	204	5094	Chris CAREY	Pont-y-Pwl	M4549	16	917	85
85	205	2027	Steve MORGAN	Fairwater	M4044	16	916	85
86	206	4044	Martin BLAKEBROUGH	Monmouth	M5054	10	915	91
87	207	2038	Adrian GWILLIAM	Fairwater	M4549	17	914	84
88	208	2563	Paul MASON	Griffithstown	M1739	35	913	66
89	209	5080	Keith LANGLEY	Pont-y-Pwl	M5559	8	912	93
90	210	2574	Ellis REES	Griffithstown	M1739	36	911	65
91	211	1606	Alan DOBBS	Chepstow	M1739	37	910	64
92	212	3515	Paul DURSLEY	Lliswerry	M6064	3	909	98
93	213	2056	Lee HAMMOND	Fairwater	M4044	17	908	84
94	215	3650	Richard ELGAR	Lliswerry	M1739	38	907	63
95	216	3141	Daffyd WEETMAN	Islwyn	M4044	18	906	83
96	217	3533	Nick PRINGLE	Lliswerry	M5559	9	905	92
97	218	2569	Rhys THOMAS	Griffithstown	M1739	39	904	62
98	219	2039	Jon WILLIAMS	Fairwater	M4549	18	903	83
99	220	2545	Colin WILMOTT	Griffithstown	M5559	10	902	91
100	221	2043	Martyn JENKINS	Fairwater	M5054	11	901	90
101	222	5535	Neil WILLIAMS	Usk	M5054	12	900	89
102	223	3069	Ian LEWIS	Islwyn	M4044	19	899	82
103	224	4505	Brian MOFFET	Parc Bryn Bach	M6064	4	898	97
104	225	3527	Howard ATTWOOD	Lliswerry	M6064	5	897	96
105	226	3784	Gareth BARRINGTON	Lliswerry	M4044	20	896	81
106	227	1001	Andrew TAYLOR	Caerleon	M5559	11	895	90
107	228	5065	Dave TIMSON	Pont-y-Pwl	M4549	19	894	82
108	229	4038	Jeremy CREASEY	Monmouth	M4549	20	893	81
109	230	3783	Mark FAULKNER	Lliswerry	M5559	12	892	89
110	231	3770	Wayne RAYNER	Lliswerry	M4044	21	891	80
111	232	3024	Paul HARVEY	Islwyn	M1739	40	890	61

PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
112	233	4037	David MATHER	Monmouth	M5054	13	889	88
113	234	1538	Stuart DUNCAN	Chepstow	M5054	14	888	87
114	235	2552	Peter ROBERTS	Griffithstown	M5559	13	887	88
115	236	2055	Tim MURPHY	Fairwater	M5559	14	886	87
116	237	3526	Jeremy DICKSON	Lliswerry	M5054	15	885	86
117	238	5086	Darren SAMUEL	Pont-y-Pwl	M4044	22	884	79
118	239	5524	Peter LYONS	Usk	M4044	23	883	78
119	240	2547	Anthony PHILIPS	Griffithstown	M5559	15	882	86
120	241	5107	Dean ARNOLD	Pont-y-Pwl	M4549	21	881	80
121	242	1088	Tony KEAR	Caerleon	M4549	22	880	79
122	243	1527	Geoff CRAM	Chepstow	M6569	2	879	99
123	244	4011	Lee JAMES	Monmouth	M4044	24	878	77
124	245	5555	Gareth SIMPSON	Usk	M5054	16	877	85
125	246	1054	David DAVIES	Caerleon	M4549	23	876	78
126	247	2041	Garry WOODS	Fairwater	M5054	17	875	84
127	248	3014	Glyn HICKS	Islwyn	M6569	3	874	98
128	249	3695	Ron DAVIES	Lliswerry	M4044	25	873	76
129	250	5531	Tom SOUTHWELL	Usk	M1739	41	872	60
130	251	1509	Andy BRAY	Chepstow	M5559	16	871	85
131	252	5054	Christopher SIMMS	Pont-y-Pwl	M6569	4	870	97
132	253	2541	Barrie DESMOND	Griffithstown	M5054	18	869	83
133	254	3076	Colin DIXON	Islwyn	M6064	6	868	95
134	255	3685	Matthew REES	Lliswerry	M1739	42	867	59
135	256	3508	Neil CHIPPER	Lliswerry	M5054	19	866	82
136	257	1506	Geoff BAYLISS	Chepstow	M6569	5	865	96
137	258	3738	Neil SIDNEY	Lliswerry	M4044	26	864	75
138	259	3646	Nick JACKSON	Lliswerry	M5054	20	863	81
139	260	3165	Louis MORGAN	Islwyn	M1739	43	862	58
140	261	4010	Tony HARDY	Monmouth	M5054	21	861	80

OVER 70 MALE

1	56	4501	Clive COOKSEY	Parc Bryn Bach	M7099	1	0	100
2	119	1571	Syd WHEELER	Chepstow	M7099	2	0	99

	MALE TEAM	RUNNERS	SCORE	POINTS
1	CHEPSTOW	6	5935	10
2	PONT-Y-PWL	6	5933	9
3	PARC BRYN BACH	6	5867	8
4	LLISWERRY	6	5851	7
5	FAIRWATER	6	5811	6
6	ISLWYN	6	5782	5
7	GRIFFITHSTOWN	6	5736	4
8	CAERLEON	6	5704	3
9	USK	6	5681	2
10	MONMOUTH	6	5375	1

NUMBER OF RUNNERS BY CATEGORY			
F1734	29	M1739	43
F3539	18	M4044	26
F4044	21	M4549	23
F4549	23	M5054	21
F5054	11	M5559	16
F5559	4	M6064	6
F6099	7	M6569	5
Guests	3	M7099	2
		Guests	3
LADIES TOTAL	116	MENS TOTAL	145

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	7	9	16
CHEPSTOW	19	21	40
FAIRWATER	15	15	30
GRIFFITHSTOWN	7	14	21
ISLWYN	5	13	18
LLISWERRY	24	25	49
MONMOUTH	5	6	11
PARC BRYN BACH	11	13	24
PONTYPOOL	15	17	32
USK	5	9	14
Guests	3	3	6
TOTAL	116	145	261