

PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	1	1560	Katherine MATTHEWS	Chepstow	F3539	1	1000	100
2	2	2003	Angela JONES	Fairwater	F4549	1	999	100
3	3	4063	Caroline JONES	Monmouth	F3539	2	998	99
4	4	4516	Nichola GETHING	Parc Bryn Bach	F4044	1	997	100
5	5	1607	Jane HORLER	Chepstow	F4044	2	996	99
6	6	3528	Antoinette DUMAYNE	Lliswerry	F1734	1	995	100
7	7	1525	Niki MORGAN	Chepstow	F4549	2	994	99
8	8	5014	Louise SUMMERS	Pont-y-Pwl	F4549	3	993	98
9	9	1537	Vanessa LAWSON	Chepstow	F4044	3	992	98
10	10	3773	Rebecca ROTHWELL	Lliswerry	F1734	2	991	99
11	11	3506	Sandra CHIPPER	Lliswerry	F4044	4	990	97
12	12	5119	Holly JANES-THOMAS	Pont-y-Pwl	F1734	3	989	98
13	13	3613	Keri JONES	Lliswerry	F4044	5	988	96
14	14	1057	Alison SCRIVENS	Caerleon	F4549	4	987	97
15	15	1530	Jan MORRIS	Chepstow	F4549	5	986	96
16	16	5017	Emma SOWREY	Pont-y-Pwl	F3539	3	985	98
17	17	3182	Ffion DAVIES	Islwyn	F1734	4	984	97
18	18	2510	Claire THOMPSON	Griffithstown	F1734	5	983	96
19	19	5033	Louise BRIGHT	Pont-y-Pwl	F3539	4	982	97
20	20	3065	Kelly WALL	Islwyn	F1734	6	981	95
21	24	1598	Lisa JEFFREY	Chepstow	F4044	6	980	95
22	27	5028	Maria RICHARDS	Pont-y-Pwl	F4044	7	979	94
23	30	4548	Ceri WHENT NELMES	Parc Bryn Bach	F3539	5	978	96
24	31	4001	Emma KING	Monmouth	F1734	7	977	94
25	33	4539	Rachel LEWIS	Parc Bryn Bach	F3539	6	976	95
26	34	1510	Berna CANTWELL	Chepstow	F5054	1	975	100
27	35	1504	Sophie GILBERT	Chepstow	F4044	8	974	93
28	36	4533	Riannon GRIFFIN	Parc Bryn Bach	F3539	7	973	94
29	37	2506	Rose CHARLES	Griffithstown	F1734	8	972	93
30	40	3637	Janet RICHARDS	Lliswerry	F4549	6	971	95
31	41	1656	Rachel HIPKISS	Chepstow	F1734	9	970	92
32	43	4528	Jacky MILES	Parc Bryn Bach	F6099	1	969	100
33	44	5031	Emma MORGAN	Pont-y-Pwl	F4044	9	968	92
34	46	1622	Denise EVANS	Chepstow	F5054	2	967	99
35	52	2529	Elizabeth STOKES	Griffithstown	F4044	10	966	91
36	54	4503	Lauri COWDELL	Parc Bryn Bach	F1734	10	965	91
37	57	5095	Nicola SMITH	Pont-y-Pwl	F4549	7	964	94
38	58	3004	Julie LEWIS	Islwyn	F4549	8	963	93
39	60	1005	Karen PAYNE	Caerleon	F4044	11	962	90
40	62	2523	Natalie HERN	Griffithstown	F4549	9	961	92
41	63	2516	Nanette VIRGO	Griffithstown	F4044	12	960	89
42	64	1515	Joc DODD	Chepstow	F6099	2	959	99

**GLCL 2014~15 XC SERIES
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LLISWERRY (Rogerstone School)
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PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
43	66	1052	Shelagh ADKINS	Caerleon	F6099	3	958	98
44	67	3102	Sian RICHARDSON	Islwyn	F3539	8	957	93
45	71	2014	Jeanette JENKINS	Fairwater	F5054	3	956	98
46	72	5021	Fiona CROSS	Pont-y-Pwl	F1734	11	955	90
47	76	5006	Zoe ELVER	Pont-y-Pwl	F4044	13	954	88
48	77	4547	Hayley JACKSON	Parc Bryn Bach	F4044	14	953	87
49	79	4517	Michelle JAYNE	Parc Bryn Bach	F3539	9	952	92
50	81	3096	Rachel PRANGLEY	Islwyn	F1734	12	951	89
51	84	3787	Rachel KENNEDY	Llisbury	F4549	10	950	91
52	86	1501	Roberta HAVERS	Chepstow	F1734	13	949	88
53	90	1503	Sue ASHTON	Chepstow	F6099	4	948	97
54	92	3153	Kirsty HOLTHAM-MORGAN	Islwyn	F3539	10	947	91
55	95	3180	Vicki JONES	Islwyn	F4044	15	946	86
56	97	1505	Jane BAYLISS	Chepstow	F6099	5	945	96
57	103	3522	Elizabeth PARKER	Llisbury	F4044	16	944	85
58	108	5048	Maxine RHODES	Pont-y-Pwl	F4549	11	943	90
59	113	4041	Carol Anne USHER	Monmouth	F5054	4	942	97
60	116	5128	Kirsty RHODES	Pont-y-Pwl	F1734	14	941	87
61	119	4545	Alison HOLTON	Parc Bryn Bach	F4044	17	940	84
62	120	3503	Yvonne FORSEY	Llisbury	F5559	1	939	100
63	121	5027	Kay MORGAN	Pont-y-Pwl	F3539	11	938	90
64	123	4504	Kath JERVIS	Parc Bryn Bach	F5559	2	937	99
65	127	2021	Suzanne WILLIAMS	Fairwater	F4549	12	936	89
66	129	3782	Sue COTTRELL	Llisbury	F4549	13	935	88
67	130	3170	Helen SIMMONDS	Islwyn	F1734	15	934	86
68	133	3701	Pam GRANTHAM	Llisbury	F4549	14	933	87
69	134	3788	Julie GIBSON	Llisbury	F4549	15	932	86
70	136	5001	Christine VORRÉS	Pont-y-Pwl	F5559	3	931	98
71	141	3183	Helen DAVIES	Islwyn	F4549	16	930	85
72	142	3101	Pat RICHARDSON	Islwyn	F6099	6	929	95
73	143	4062	Trish BICKNELL	Monmouth	F4549	17	928	84
74	146	2010	Stella SYMONS	Fairwater	F5054	5	927	96
75	156	3172	Kelly JACKA	Islwyn	F3539	12	926	89
76	157	3175	Cheryl FRANCIS	Islwyn	F3539	13	925	88
77	158	3520	Hayley EDWARDS	Llisbury	F1734	16	924	85
78	160	4022	Vicky EVANS	Monmouth	F4044	18	923	83
79	161	3688	Cara GATES	Llisbury	F4549	18	922	83
80	164	4064	Sarah RICHARDS	Monmouth	F1734	17	921	84
81	166	1019	Gwyn HOWELLS	Caerleon	F6099	7	920	94
82	170	3789	Amanda RICHARDS	Llisbury	F4549	19	919	82
83	175	4060	Emma SKIPP	Monmouth	F3539	14	918	87
84	182	3504	Ally DAVIES	Llisbury	F1734	18	917	83

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LLISWERRY (Rogerstone School)
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PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
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	FEMALE CLUB A TEAM	RUNNERS	SCORE	POINTS
1	CHEPSTOW	4	3982	10
2	LLISWERRY	4	3964	9
3	PONT-Y-PWL	4	3949	8
4	PARC BRYN BACH	4	3924	7
5	ISLWYN	4	3885	6
6	GRIFFITHSTOWN	4	3882	5
7	MONMOUTH	4	3845	4
8	CAERLEON	4	3827	3
9	FAIRWATER	4	3818	2
10	USK	0	0	0

	FEMALE B&C TEAMS	RUNNERS	SCORE
1	CHEPSTOW(B)	4	3915
2	PONT-Y-PWL(B)	4	3866
3	CHEPSTOW(C)	4	3845
4	PARC BRYN BACH(B)	4	3839
5	LLISWERRY(B)	4	3804
6	ISLWYN(B)	4	3778
7	PONT-Y-PWL(C)	4	3776
8	LLISWERRY(C)	4	3724
9	ISLWYN(C)	4	3710
10	MONMOUTH(B)	3	2762
11	PARC BRYN BACH(C)	2	1877
12	GRIFFITHSTOWN(B)	1	960
	CAERLEON(B)	0	0
	CAERLEON(C)	0	0
	FAIRWATER(B)	0	0
	FAIRWATER(C)	0	0
	GRIFFITHSTOWN(C)	0	0
	MONMOUTH(C)	0	0
	USK(B)	0	0
	USK(C)	0	0

**CONFIRMED
RESULTS
(mens race)**

**GLCL 2014~15 XC SERIES
RACE 5 of 5
LLISWERRY (Rogerstone School)
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PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points	
1	21	4532	Lee	AHERNE	Parc Bryn Bach	M4549	1	1000	100
2	22	5133	Sean	TAYLOR	Pont-y-Pwl	M1739	1	999	100
3	23	1596	Paul	MURRIN	Chepstow	M4044	1	998	100
4	25	5053	Matthew	SYMES	Pont-y-Pwl	M1739	2	997	99
5	26	1588	Duncan	BELL	Chepstow	M4549	2	996	99
6	28	3578	Matthew	GRANTHAM	Lliswerry	M1739	3	995	98
7	29	2029	Daryll	BARNBY	Fairwater	M1739	4	994	97
8	32	5089	Richard	JOHNSON	Pont-y-Pwl	M4044	2	993	99
9	38	1594	James	BLORE	Chepstow	M1739	5	992	96
10	39	1529	Richard	MATTHEWS	Chepstow	M1739	6	991	95
11	42	5087	Terry	WATKINS	Pont-y-Pwl	M4044	3	990	98
12	45	5136	Paul	WHITE	Pont-y-Pwl	M1739	7	989	94
13	47	1654	Karie	ATKINS	Chepstow	M1739	8	988	93
14	48	4521	Damian	WILLIAMS	Parc Bryn Bach	M4549	3	987	98
15	49	5083	Mark	HURFORD	Pont-y-Pwl	M1739	9	986	92
16	50	5135	Iestyn	RHODES	Pont-y-Pwl	M1739	10	985	91
17	51	3680	Alun	KING	Lliswerry	M1739	11	984	90
18	53	5057	Steve	DAVIES	Pont-y-Pwl	M5559	1	983	100
19	55	2519	Josh	JONES	Griffithstown	M1739	12	982	89
20	56	3007	Mike	DURY	Islwyn	M1739	13	981	88
21	59	5056	Ray	MORGAN	Pont-y-Pwl	M1739	14	980	87
22	61	3044	Robert	DAVIES	Islwyn	M4044	4	979	97
23	65	3116	Alun	WOOD	Islwyn	M1739	15	978	86
24	69	5123	Andrew	LEE	Pont-y-Pwl	M4044	5	977	96
25	70	1531	Stuart	PENNY	Chepstow	M5054	1	976	100
26	73	3184	Dewi	LLOYD	Islwyn	M1739	16	975	85
27	74	1624	Paul	DODD	Chepstow	M5559	2	974	99
28	75	3760	Lloyd	COTTRELL	Lliswerry	M1739	17	973	84
29	78	3011	Philip	WILLIAMS	Islwyn	M1739	18	972	83
30	80	4542	Sam	LEWIS-JONES	Parc Bryn Bach	M1739	19	971	82
31	82	5093	Matt	WEBB	Pont-y-Pwl	M1739	20	970	81
32	83	3670	Simon	GILL	Lliswerry	M1739	21	969	80
33	85	5051	Dimitri	VORRÉS	Pont-y-Pwl	M5054	2	968	99
34	87	4515	Daman	JUKES	Parc Bryn Bach	M4044	6	967	95
35	88	2057	Robert	JOHN	Fairwater	M4044	7	966	94
36	89	1536	Mathew	LAWSON	Chepstow	M4549	4	965	97
37	91	5075	Ricci	WATTS	Pont-y-Pwl	M1739	22	964	79
38	93	1526	Rob	HOOK	Chepstow	M5054	3	963	98
39	94	3547	Christopher	JONES	Lliswerry	M5559	3	962	98
40	96	2534	Andrew	SPENCER	Griffithstown	M5054	4	961	97

**CONFIRMED
RESULTS
(mens race)**

**GLCL 2014~15 XC SERIES
RACE 5 of 5
LLISWERRY (Rogerstone School)
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PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
41	98	4549	Cathal O'HARA	Parc Bryn Bach	M1739	23	960	78
42	99	4540	Richard BRACHER	Parc Bryn Bach	M1739	24	959	77
43	100	1512	Paul LIDGETT	Chepstow	M4549	5	958	96
44	101	3574	Steve HARRHY	Lliswerry	M5054	5	957	96
GUEST	102	0	Harri ROBERTS	0	0	0	0	0
45	104	5069	Andrew DICKENS	Pont-y-Pwl	M4044	8	956	93
46	105	3152	Keith JAMES	Islwyn	M4044	9	955	92
47	106	3634	Jamie DAVIES	Lliswerry	M1739	25	954	76
48	107	3138	Steve LANE	Islwyn	M4044	10	953	91
49	109	4512	Phillip MILES	Parc Bryn Bach	M6064	1	952	100
50	111	1002	Howard MASON	Caerleon	M4549	6	951	95
51	112	3025	Kim WEHDEN	Islwyn	M5054	6	950	95
52	114	2026	Roger MILLS	Fairwater	M4044	11	949	90
53	115	1065	Mike THURGOOD	Caerleon	M4549	7	948	94
54	117	1599	Kevin MCENTEE	Chepstow	M5559	4	947	97
55	118	5139	Chris O'BRIEN	Pont-y-Pwl	M4044	12	946	89
56	122	1044	Peter RODGER	Caerleon	M5559	5	945	96
57	124	2540	Thomas GUY	Griffithstown	M4044	13	944	88
58	125	3617	Paul HARMES	Lliswerry	M4549	8	943	93
59	126	4537	David SMOUT	Parc Bryn Bach	M6569	1	942	100
60	128	3002	Paul THOMAS	Islwyn	M1739	26	941	75
61	131	3784	Gareth BARRINGTON	Lliswerry	M4044	14	940	87
62	132	2027	Steve MORGAN	Fairwater	M4044	15	939	86
63	135	3764	Paul GONCALVES	Lliswerry	M1739	27	938	74
64	137	5067	Stewart THOMSON	Pont-y-Pwl	M5054	7	937	94
65	138	4065	Brian EVANS	Monmouth	M1739	28	936	73
66	139	1589	Dean BARNETT	Chepstow	M1739	29	935	72
67	140	2056	Lee HAMMOND	Fairwater	M4044	16	934	85
68	144	2024	Richard BOWIE	Fairwater	M5054	8	933	93
69	145	4044	Martin BLAKEBROUGH	Monmouth	M5054	9	932	92
70	147	3515	Paul DURSLEY	Lliswerry	M6064	2	931	99
71	148	2545	Colin WILMOTT	Griffithstown	M5559	6	930	95
72	149	2569	Rhys THOMAS	Griffithstown	M1739	30	929	71
73	150	5535	Neil WILLIAMS	Usk	M5054	10	928	91
74	151	2038	Adrian GWILLIAM	Fairwater	M4549	9	927	92
75	152	3024	Paul HARVEY	Islwyn	M1739	31	926	70
76	153	3527	Howard ATTWOOD	Lliswerry	M6064	3	925	98
77	154	2034	Rob SYMONS	Fairwater	M5054	11	924	90
78	159	2043	Martyn JENKINS	Fairwater	M5054	12	923	89
79	162	4038	Jeremy CREASEY	Monmouth	M4549	10	922	91

PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points	
80	163	5076	Paul	GRAINGER JONES	Pont-y-Pwl	M4044	17	921	84
81	165	3151	Aiden	DAVIES	Islwyn	M1739	32	920	69
82	167	3693	David	GATES	Lliswerry	M5054	13	919	88
83	168	2552	Peter	ROBERTS	Griffithstown	M5559	7	918	94
84	169	4505	Brian	MOFFET	Parc Bryn Bach	M6064	4	917	97
85	171	3783	Mark	FAULKNER	Lliswerry	M5559	8	916	93
86	172	1088	Tony	KEAR	Caerleon	M4549	11	915	90
87	173	3665	Michael	BONNETT	Lliswerry	M5559	9	914	92
88	174	2055	Tim	MURPHY	Fairwater	M5559	10	913	91
89	176	3729	Desmond	JONES	Lliswerry	M4044	18	912	83
90	177	5550	Graham	SIMPSON	Usk	M5054	14	911	87
91	178	3187	Samuel Evan	JONES	Islwyn	M1739	33	910	68
92	179	1054	David	DAVIES	Caerleon	M4549	12	909	89
93	180	3508	Neil	CHIPPER	Lliswerry	M5054	15	908	86
94	181	3747	Chris	HILL	Lliswerry	M4549	13	907	88
95	183	3685	Matthew	REES	Lliswerry	M1739	34	906	67
96	184	3076	Colin	DIXON	Islwyn	M6064	5	905	96
97	185	4010	Tony	HARDY	Monmouth	M5054	16	904	85
98	186	5054	Christopher	SIMMS	Pont-y-Pwl	M6569	2	903	99
99	187	1509	Andy	BRAY	Chepstow	M5559	11	902	90
100	188	5142	Mike	BRUNNOCK	Pont-y-Pwl	M4549	14	901	87
101	189	3646	Nick	JACKSON	Lliswerry	M5054	17	900	84
102	190	3165	Louis	MORGAN	Islwyn	M1739	35	899	66
103	191	1506	Geoff	BAYLISS	Chepstow	M6569	3	898	98
104	192	4061	Tom	JONES	Monmouth	M1739	36	897	65
105	193	3790	Nigel	RICHARDS	Lliswerry	M4549	15	896	86

OVER 70 MALE

1	68	4501	Clive	COOKSEY	Parc Bryn Bach	M7099	1	0	100
2	110	3564	Rob	ANDERSON	Lliswerry	M7099	2	0	99
3	155	1571	Syd	WHEELER	Chepstow	M7099	3	0	98

GLCL 2014~15 XC SERIES
RACE 5 of 5
LLISWERRY (Rogerstone School)
SUNDAY 15th MAR. 2015

PLACE	(token)	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
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	MALE CLUB A TEAM	RUNNERS	SCORE	POINTS
1	PONT-Y-PWL	6	5954	10
2	CHEPSTOW	6	5941	9
3	PARC BRYN BACH	6	5844	8
=4	ISLWYN	6	5840	6.5
=4	LLISWERRY	6	5840	6.5
6	FAIRWATER	6	5715	5
7	GRIFFITHSTOWN	6	5664	4
8	CAERLEON	5	4668	3
9	MONMOUTH	5	4591	2
10	USK	2	1839	1

	MALE B&C TEAMS	RUNNERS	SCORE
1	PONT-Y-PWL(B)	6	5863
2	CHEPSTOW(B)	6	5742
3	LLISWERRY(B)	6	5631
4	PONT-Y-PWL(C)	6	5627
5	ISLWYN(B)	6	5600
6	LLISWERRY(C)	6	5476
7	FAIRWATER(B)	4	3687
8	PARC BRYN BACH(B)	3	2811
9	ISLWYN(C)	2	1804
10	CHEPSTOW(C)	2	1800
	CAERLEON(B)	0	0
	CAERLEON(C)	0	0
	FAIRWATER(C)	0	0
	GRIFFITHSTOWN(B)	0	0
	GRIFFITHSTOWN(C)	0	0
	MONMOUTH(B)	0	0
	MONMOUTH(C)	0	0
	PARC BRYN BACH(C)	0	0
	USK(B)	0	0
	USK(C)	0	0

NUMBER OF RUNNERS BY CATEGORY			
F1734	18	M1739	36
F3539	14	M4044	18
F4044	18	M4549	15
F4549	19	M5054	17
F5054	5	M5559	11
F5559	3	M6064	5
F6099	7	M6569	3
Guests (F)	0	M7099	3
		Guests (M)	1
LADIES TOTAL	84	MENS TOTAL	109

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	4	5	9
CHEPSTOW	14	15	29
FAIRWATER	4	10	14
GRIFFITHSTOWN	5	6	11
ISLWYN	12	14	26
LLISWERRY	15	22	37
MONMOUTH	7	5	12
PARC BRYN BACH	10	10	20
PONTYPOOL	13	19	32
USK	0	2	2
Guests	0	1	1
TOTAL	84	109	193