

CONFIRMED RESULTS

GLCL 2016 ROAD RACE SERIES
RACE 1 of 5
GRIFFITHSTOWN (The Olive Tree Cwmbran) 17th MAY 2016

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	gender & team points	category points
1		3715	Neil EVANS	Lliswerry	M1739	MEN	1	1	1000	100
2		1656	Duncan BELL	Chepstow	M4549	MEN	2	1	999	100
3		3152	Lee MILLS	Islwyn	M1739	MEN	3	2	998	99
4		4573	Stephen MATHERS	Parc Bryn Bach	M1739	MEN	4	3	997	98
5		4568	Sam LEWIS-JONES	Parc Bryn Bach	M1739	MEN	5	4	996	97
6		1625	Rich MATTHEWS	Chepstow	M1739	MEN	6	5	995	96
7		1621	Paul MURRIN	Chepstow	M4044	MEN	7	1	994	100
8		4045	Gareth JONES	Monmouth	M1739	MEN	8	6	993	95
9		3162	Mike DURY	Islwyn	M1739	MEN	9	7	992	94
10		2539	Andrew WALSH	Griffithstown	M1739	MEN	10	8	991	93
11		1612	Matthew STOTT	Chepstow	M1739	MEN	11	9	990	92
12		2563	Leighton WEBB	Griffithstown	M1739	MEN	12	10	989	91
13		3119	Dafydd LAMBETH	Islwyn	M4044	MEN	13	2	988	99
14		1606	Mark HARVEY(jnr)	Chepstow	M1739	MEN	14	11	987	90
15		5113	Iestyn RHODES	Pont-y-Pwl	M1739	MEN	15	12	986	89
16		1636	Stephen CALDWELL	Chepstow	M4044	MEN	16	3	985	98
17		1593	James BLORE	Chepstow	M1739	MEN	17	13	984	88
18		4077	Alice TAYLOR	Monmouth	F1734	LADIES	1	1	1000	100
19		5153	Steve DAVIES	Pont-y-Pwl	M5559	MEN	18	1	983	100
20		3678	Jamie DAVIES	Lliswerry	M1739	MEN	19	14	982	87
21		2552	Davy CHALLENGER	Griffithstown	M1739	MEN	20	15	981	86
22		5085	Andrew LEE	Pont-y-Pwl	M4044	MEN	21	4	980	97
23		3725	Paul BRUTON	Lliswerry	M4044	MEN	22	5	979	96
24		3760	Tom HENRY	Lliswerry	M1739	MEN	23	16	978	85
25		5156	Terry WATKINS	Pont-y-Pwl	M4044	MEN	24	6	977	95
26		1600	Karie ATKINS	Chepstow	M4044	MEN	25	7	976	94
27		2588	Mark MOGFORD	Griffithstown	M1739	MEN	26	17	975	84
28		3627	Alun KING	Lliswerry	M1739	MEN	27	18	974	83
29		1599	Jonathan CARTER	Chepstow	M4549	MEN	28	2	973	99
30		3803	James KERSHAW-NAYLOR	Lliswerry	M1739	MEN	29	19	972	82
31		4601	Gavin PATTERSON	Parc Bryn Bach	M1739	MEN	30	20	971	81
32		4597	Stephen WILLIAMS	Parc Bryn Bach	M5559	MEN	31	2	970	99
33		1094	Richard HUGHES	Caerleon	M1739	MEN	32	21	969	80
34		1610	Matthew KITCHING	Chepstow	M4044	MEN	33	8	968	93
35		1631	Robert BEVES	Chepstow	M5054	MEN	34	1	967	100
36		1093	Rhys KNIGHT	Caerleon	M1739	MEN	35	22	966	79
37		5138	Ray MORGAN	Pont-y-Pwl	M1739	MEN	36	23	965	78
38		3746	Simon GILL	Lliswerry	M1739	MEN	37	24	964	77
39		5527	Adrian BULL	Usk	M1739	MEN	38	25	963	76
40		4537	Ceri YOUNG	Parc Bryn Bach	M1739	MEN	39	26	962	75
41		5173	Craig CHEEDY	Pont-y-Pwl	M1739	MEN	40	27	961	74
42		4046	George SMITH	Monmouth	M1739	MEN	41	28	960	73
43		4004	Caroline JONES	Monmouth	F3539	LADIES	2	1	999	100
44		4559	Neil LLOYD	Parc Bryn Bach	M6064	MEN	42	1	959	100
45		4569	Sean TOMASSON	Parc Bryn Bach	M1739	MEN	43	29	958	72
46		3676	James PEARCE	Lliswerry	M4044	MEN	44	9	957	92
47		1097	Rob BICKEL	Caerleon	M4044	MEN	45	10	956	91
48		1115	Laurence MORAN	Caerleon	M1739	MEN	46	30	955	71
49		3167	Paul HAYWARD	Islwyn	M1739	MEN	47	31	954	70
50		3643	Christopher JONES	Lliswerry	M5559	MEN	48	3	953	98

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51		4563	Richard BRACHER	Parc Bryn Bach	M1739	MEN	49	32	952	69
52		3134	Haydn HARTNELL	Islwyn	M5054	MEN	50	2	951	99
53		2586	Thomas GUY	Griffithstown	M4044	MEN	51	11	950	90
54		4570	Shane ROBERTS	Parc Bryn Bach	M4044	MEN	52	12	949	89
55		5115	James DAY	Pont-y-Pwl	M1739	MEN	53	33	948	68
56		4598	Jonathon ASTLEY	Parc Bryn Bach	M1739	MEN	54	34	947	67
57		3739	Rob DAVIES	Lliswerry	M4044	MEN	55	13	946	88
58		5192	Faye JOHNSON	Pont-y-Pwl	F1734	LADIES	3	2	998	99
59		1609	Martyn WINSER	Chepstow	M1739	MEN	56	35	945	66
60		1060	Dan ARTHUR	Caerleon	M1739	MEN	57	36	944	65
61		1542	Niki MORGAN	Chepstow	F4549	LADIES	4	1	997	100
62		3187	Steve LANE	Islwyn	M4044	MEN	58	14	943	87
63		1053	Andrew ROSEN	Caerleon	M1739	MEN	59	37	942	64
64		3788	Mark ENGLISH	Lliswerry	M4549	MEN	60	3	941	98
65		2572	Nick WALSH	Griffithstown	M4044	MEN	61	15	940	86
66		3726	Paul CHICK	Lliswerry	M4549	MEN	62	4	939	97
67		1116	Gareth HOWELLS	Caerleon	M1739	MEN	63	38	938	63
68		5081	Adrian WOODS	Pont-y-Pwl	M5559	MEN	64	4	937	97
69		1073	Keith GITTINS	Caerleon	M5559	MEN	65	5	936	96
70		4577	Lauren COOPER	Parc Bryn Bach	F1734	LADIES	5	3	996	98
71		4600	Paul OLIVER	Parc Bryn Bach	M1739	MEN	66	39	935	62
72		5123	Matt WEBB	Pont-y-Pwl	M1739	MEN	67	40	934	61
73		2037	Lee HAMMOND	Fairwater	M4044	MEN	68	16	933	85
74		3804	Daniel REILLY	Lliswerry	M1739	MEN	69	41	932	60
75		1643	Tom RIDDINGTON	Chepstow	M4044	MEN	70	17	931	84
76		3667	Gavin BRACE	Lliswerry	M1739	MEN	71	42	930	59
77		2560	Jonathan SLICZNY	Griffithstown	M1739	MEN	72	43	929	58
78		3669	Geraint HEATH	Lliswerry	M1739	MEN	73	44	928	57
79		5084	Andrew DICKENS	Pont-y-Pwl	M4549	MEN	74	5	927	96
80		3122	David WATERS	Islwyn	M4044	MEN	75	18	926	83
81		1096	Richard PERRY	Caerleon	M1739	MEN	76	45	925	56
82		3752	Steve PEMBERTON	Lliswerry	M1739	MEN	77	46	924	55
83		1088	Peter RODGER	Caerleon	M5559	MEN	78	6	923	95
84		4590	Matthew TRINDER	Parc Bryn Bach	M1739	MEN	79	47	922	54
85		1022	Jade WAKLEY	Caerleon	F1734	LADIES	6	4	995	97
86		4049	Jeremy MASTERS	Monmouth	M4044	MEN	80	19	921	82
87		3112	Chris LLOYD	Islwyn	M1739	MEN	81	48	920	53
88		5044	Lubi MECIAROVA	Pont-y-Pwl	F1734	LADIES	7	5	994	96
89		3151	Kim WEHDEN	Islwyn	M5054	MEN	82	3	919	98
90		2537	Andrew SPENCER	Griffithstown	M5054	MEN	83	4	918	97
91		2573	Paul MASON	Griffithstown	M1739	MEN	84	49	917	52
92		3186	Steve DURY	Islwyn	M4044	MEN	85	20	916	81
93		1589	Glen MEEK	Chepstow	M4044	MEN	86	21	915	80
94		3805	Richard BASHAM	Lliswerry	M4044	MEN	87	22	914	79
95		4075	Robert NICHOLLS	Monmouth	M1739	MEN	88	50	913	51
96		3793	Victoria HOBBS	Lliswerry	F1734	LADIES	8	6	993	95
97		5043	Louise SUMMERS	Pont-y-Pwl	F4549	LADIES	9	2	992	99
98		4584	Hannah WILLIAMS	Parc Bryn Bach	F1734	LADIES	10	7	991	94
99		4582	Andrew JONES	Parc Bryn Bach	M4044	MEN	89	23	912	78
100		4043	Brian EVANS	Monmouth	M4549	MEN	90	6	911	95

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101		1611	Matthew	LAWSON	Chepstow	M4549	MEN	91	7	910	94
102		5140	Ricci	WATTS	Pont-y-Pwl	M1739	MEN	92	51	909	50
103		5090	Carl	URQUHART	Pont-y-Pwl	M5054	MEN	93	5	908	96
104		4580	James	THOMAS	Parc Bryn Bach	M1739	MEN	94	52	907	49
105		5165	Stephen	COCORAN	Pont-y-Pwl	M4044	MEN	95	24	906	77
106		3009	Ceri	BARTLEY	Islwyn	F3539	LADIES	11	2	990	99
107		1615	Neil	GRANT	Chepstow	M6064	MEN	96	2	905	99
108		5093	Chris	O'BRIEN	Pont-y-Pwl	M4044	MEN	97	25	904	76
109		3595	Sandra	CHIPPER	Lliswerry	F4044	LADIES	12	1	989	100
110		2040	Michael	SKYRME	Fairwater	M4549	MEN	98	8	903	93
111		1067	Howard	MASON	Caerleon	M5054	MEN	99	6	902	95
112		4588	Matthew	ELLIS	Parc Bryn Bach	M1739	MEN	100	53	901	48
113		2565	Mark	ROBINS	Griffithstown	M5054	MEN	101	7	900	94
114		1548	Sarah	BELL	Chepstow	F3539	LADIES	13	3	988	98
115		4583	Ian	KENT	Parc Bryn Bach	M1739	MEN	102	54	899	47
116		1637	Stephen	OWEN	Chepstow	M6064	MEN	103	3	898	98
117		3630	Andrew	JOHNSON	Lliswerry	M5054	MEN	104	8	897	93
118		1086	Peter	BURROWS	Caerleon	M1739	MEN	105	55	896	46
119		3710	Mike	ANTHONY	Lliswerry	M5559	MEN	106	7	895	94
120		1068	Ian	DAVIES	Caerleon	M4044	MEN	107	26	894	75
121		3103	Andrew	COLLINS	Islwyn	M1739	MEN	108	56	893	45
122		3109	Carl	DAVIES	Islwyn	M1739	MEN	109	57	892	44
123		5152	Steve	BRYANT	Pont-y-Pwl	M5054	MEN	110	9	891	92
124		1594	James	BOYLE	Chepstow	M5054	MEN	111	10	890	91
125		2538	Andrew	THOMPSON	Griffithstown	M5559	MEN	112	8	889	93
126		5157	John	BARNE	Pont-y-Pwl	M4044	MEN	113	27	888	74
127		1658	Ben	SMITH	Chepstow	M1739	MEN	114	58	887	43
128		2590	Shaun	STYLES	Griffithstown	M1739	MEN	115	59	886	42
129		1099	Simon	TANG	Caerleon	M1739	MEN	116	60	885	41
130		1092	Philip	HYATT	Caerleon	M5559	MEN	117	9	884	92
131		2547	Colin	WILMOTT	Griffithstown	M5559	MEN	118	10	883	91
132		2533	Adrian	SMITH	Griffithstown	M4044	MEN	119	28	882	73
133		5071	Sharon	NEWELL	Pont-y-Pwl	F4549	LADIES	14	3	987	98
134		4064	Russell	FINCH	Monmouth	M5054	MEN	120	11	881	90
135		3160	Michael	BUNSTON	Islwyn	M4549	MEN	121	9	880	92
136		2049	Rob	SYMONS	Fairwater	M5054	MEN	122	12	879	89
137		3675	Ian	WHATMOUGH	Lliswerry	M5559	MEN	123	11	878	90
138		2065	Steve	DREWITT	Fairwater	M1739	MEN	124	61	877	40
139		5193	Richard	APPLEBY	Pont-y-Pwl	M1739	MEN	125	62	876	39
140		1066	Grahame	VINER	Caerleon	M5559	MEN	126	12	875	89
141		4065	Stephen	BARRATT	Monmouth	M4549	MEN	127	10	874	91
142		4544	David	SMOUT	Parc Bryn Bach	M6569	MEN	128	1	873	100
143		4063	Robert	NELSON	Monmouth	M4549	MEN	129	11	872	90
144		5018	Emma	BAYLISS	Pont-y-Pwl	F1734	LADIES	15	8	986	93
145		3644	Christopher	MATTHEWS	Lliswerry	M5054	MEN	130	13	871	88
146		5041	Lisa	ERICKSON	Pont-y-Pwl	F3539	LADIES	16	4	985	97
147		3140	Jason	DIXON	Islwyn	M4549	MEN	131	12	870	89
148		5178	Ieuan	KINGSTON	Pont-y-Pwl	M1739	MEN	132	63	869	38
149		5541	Jon	HANCOCK	Usk	M5559	MEN	133	13	868	88
150		1113	Lloyd	HUGHES	Caerleon	M1739	MEN	134	64	867	37

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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	gender & team points	category points	
151		2060	Darren	WEAVING	Fairwater	M4549	MEN	135	13	866	88
152		3207	Craig	ELLIS	Islwyn	M1739	MEN	136	65	865	36
153		3740	Robert	TUDHOPE	Lliswerry	M4044	MEN	137	29	864	72
154		2584	Terry	SCREEN	Griffithstown	M6064	MEN	138	4	863	97
155		2577	Peter	WELBIRG	Griffithstown	M6064	MEN	139	5	862	96
156		3806	Bob	WATSON	Lliswerry	M4549	MEN	140	14	861	87
157		5547	Neil	WILLIAMS	Usk	M5054	MEN	141	14	860	87
158		5117	Keith	LANGLEY	Pont-y-Pwl	M6064	MEN	142	6	859	95
159		4557	Martin	CHAMMINGS	Parc Bryn Bach	M1739	MEN	143	66	858	35
160		3191	Tony	FRANCIS	Islwyn	M5054	MEN	144	15	857	86
161		2047	Richard	BOWIE	Fairwater	M5054	MEN	145	16	856	85
162		3566	Marina	WRIGHT	Lliswerry	F3539	LADIES	17	5	984	96
163		4566	Richard	SHEEHY	Parc Bryn Bach	M1739	MEN	146	67	855	34
164		3634	Andy	JAMES	Lliswerry	M4549	MEN	147	15	854	86
165		3674	Ian	HARHHY	Lliswerry	M5559	MEN	148	14	853	87
166		3185	Simon	PETERSON	Islwyn	M4549	MEN	149	16	852	85
167		1076	Michael	REEVES	Caerleon	M1739	MEN	150	68	851	33
168		4574	Terry	VAUGHAN	Parc Bryn Bach	M4044	MEN	151	30	850	71
169		3065	Michelle	JOHNSON	Islwyn	F1734	LADIES	18	9	983	92
170		2009	Jeanette	JENKINS	Fairwater	F5559	LADIES	19	1	982	100
171		1568	Andy	STOTT	Chepstow	M5559	MEN	152	15	849	86
172		1070	Jason	PRITCHARD	Caerleon	M4044	MEN	153	31	848	70
173		4526	Rachel	LEWIS	Parc Bryn Bach	F4044	LADIES	20	2	981	99
174		3233	Grant	WAKEMAN	Islwyn	M4044	MEN	154	32	847	69
175		3150	Kerry	PRICE	Islwyn	M5559	MEN	155	16	846	85
176		3051	Kelly	FELSTEAD	Islwyn	F3539	LADIES	21	6	980	95
177		3807	Gareth	BRUNNOCK	Lliswerry	M1739	MEN	156	69	845	32
178		1569	Barry	EVANS	Chepstow	M4549	MEN	157	17	844	84
179		1043	Paula	WILLIAMS	Caerleon	F4549	LADIES	22	4	979	97
180		1547	Sally	GRANT	Chepstow	F4044	LADIES	23	3	978	98
181		1514	Esther	BARRETT	Chepstow	F4044	LADIES	24	4	977	97
182		5155	Stewart	THOMSON	Pont-y-Pwl	M5054	MEN	158	17	843	84
183		3606	Stephanie	RHODES	Lliswerry	F3539	LADIES	25	7	976	94
184		4532	Sian	PRICE	Parc Bryn Bach	F1734	LADIES	26	10	975	91
185		3212	Gareth	BAKER	Islwyn	M1739	MEN	159	70	842	31
186		1639	Stuart	DUNCAN	Chepstow	M5559	MEN	160	17	841	84
187		2589	Luke	STYLES	Griffithstown	M1739	MEN	161	71	840	30
188		3118	Daffyd	WEETMAN	Islwyn	M4044	MEN	162	33	839	68
189		2530	Tara	PAISEY	Griffithstown	F1734	LADIES	27	11	974	90
190		5059	Nicola	SMITH	Pont-y-Pwl	F5054	LADIES	28	1	973	100
191		2553	Dennis	BREMAN	Griffithstown	M5054	MEN	163	18	838	83
192		2522	Liz	CHAMBERLAIN	Griffithstown	F1734	LADIES	29	12	972	89
193		4079	Laura	GREY	Monmouth	F3539	LADIES	30	8	971	93
194		5082	Alistair	CUMMINGS	Pont-y-Pwl	M1739	MEN	164	72	837	29
195		3512	Charlotte	RALPH	Lliswerry	F1734	LADIES	31	13	970	88
196		5021	Emma	SOWREY	Pont-y-Pwl	F4044	LADIES	32	5	969	96
197		4033	Simone	THOMAS	Monmouth	F1734	LADIES	33	14	968	87
198		1543	Rachel	HIPKISS	Chepstow	F3539	LADIES	34	9	967	92
199		4505	Danielle	PHILLIPS	Parc Bryn Bach	F1734	LADIES	35	15	966	86
200		5091	Chris	CAREY	Pont-y-Pwl	M4549	MEN	165	18	836	83

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201		5047	Maria RICHARDS	Pont-y-Pwl	F4044	LADIES	36	6	965	95
202		3717	Nick DAVIES	Lliswerry	M5054	MEN	166	19	835	82
203		1648	Andrew OLIVER	Chepstow	M4549	MEN	167	19	834	82
204		1003	Alice RICHARDS	Caerleon	F1734	LADIES	37	16	964	85
205		3053	Kelly WALL	Islwyn	F1734	LADIES	38	17	963	84
206		1605	Mark HARVEY(snr)	Chepstow	M5054	MEN	168	20	833	81
207		5169	Robert DAVIES	Pont-y-Pwl	M1739	MEN	169	73	832	28
208		3721	Nigel FOULKES-NOCK	Lliswerry	M4549	MEN	170	20	831	81
209		3808	Brian PHILLIPS	Lliswerry	M1739	MEN	171	74	830	27
210		1613	Mike EVANS	Chepstow	M6064	MEN	172	7	829	94
211		1654	Mooch WILLIAMS	Chepstow	F3539	LADIES	39	10	962	91
212		4023	Nerys CHAPLIN	Monmouth	F1734	LADIES	40	18	961	83
213		1118	Morris URQUAHART	Caerleon	M4044	MEN	173	34	828	67
214		1523	Jan MORRIS	Chepstow	F4549	LADIES	41	5	960	96
215		2052	Steve MORGAN	Fairwater	M4044	MEN	174	35	827	66
216		5067	Sarah COOTE	Pont-y-Pwl	F1734	LADIES	42	19	959	82
217		3809	Tom WATKINS	Lliswerry	M1739	MEN	175	75	826	26
218		2512	Elizabeth STOKES	Griffithstown	F4044	LADIES	43	7	958	94
219		3196	Hannah DAVIES	Islwyn	F1734	LADIES	44	20	957	81
220		2058	Guto AARON	Fairwater	M1739	MEN	176	76	825	25
221		5133	Paul GRAINGER JONES	Pont-y-Pwl	M4044	MEN	177	36	824	65
222		0	Ben DAVIES	GUEST	0	0	0	0	0	0
223		2038	Martyn JENKINS	Fairwater	M5559	MEN	178	18	823	83
224		4082	Vinny DUFFIN	Monmouth	M1739	MEN	179	77	822	24
225		5554	Thomas WILLIAMS	Usk	M5559	MEN	180	19	821	82
226		3663	Gareth JENKINS	Lliswerry	M4044	MEN	181	37	820	64
227		3681	Jeremy DICKSON	Lliswerry	M5054	MEN	182	21	819	80
228		1034	Liz RICHARDS	Caerleon	F5054	LADIES	45	2	956	99
229		3693	Mark FAULKNER	Lliswerry	M5559	MEN	183	20	818	81
230		1087	Peter OLIVIER	Caerleon	M5054	MEN	184	22	817	79
231		3628	Andrew BARRY	Lliswerry	M5054	MEN	185	23	816	78
232		2017	Liz WALSH	Fairwater	F4044	LADIES	46	8	955	93
233		1090	Peter HARDING	Caerleon	M1739	MEN	186	78	815	23
234		3745	Simeon LOLIN	Lliswerry	M4549	MEN	187	21	814	80
235		3235	Carl JOHNSON	Islwyn	M4044	MEN	188	38	813	63
236		1117	Richard CLAY	Caerleon	M1739	MEN	189	79	812	22
237		5101	Dean ARNOLD	Pont-y-Pwl	M4549	MEN	190	22	811	79
238		2521	Leonie ROBERTS	Griffithstown	F3539	LADIES	47	11	954	90
239		3236	Steven PHILLIPS	Islwyn	M1739	MEN	191	80	810	21
240		3214	Ian WILLIAMS	Islwyn	M1739	MEN	192	81	809	20
241		2027	Adrian GWILLIAM	Fairwater	M5054	MEN	193	24	808	77
242		3672	Howard ATTWOOD	Lliswerry	M6569	MEN	194	2	807	99
243		3791	Angharad HODGSON	Lliswerry	F1734	LADIES	48	21	953	80
244		3225	Phillip JONES	Islwyn	M4044	MEN	195	39	806	62
245		1536	Kim CARWARDINE	Chepstow	F1734	LADIES	49	22	952	79
246		4556	Lee PHILLIPS	Parc Bryn Bach	M4044	MEN	196	40	805	61
247		4533	Andrew WILLIAMS	Parc Bryn Bach	M1739	MEN	197	82	804	19
248		3505	Angela POTTER-COLLINS	Lliswerry	F4549	LADIES	50	6	951	95
249		5006	Anne Marie HARRIS	Pont-y-Pwl	F4549	LADIES	51	7	950	94
250		3530	Gayle SHEPPARD	Lliswerry	F4044	LADIES	52	9	949	92

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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	gender & team points	category points	
251		3066	Nic	HOWLS	Islwyn	F3539	LADIES	53	12	948	89
252		3728	Paul	DURSLEY	Lliswerry	M6064	MEN	198	8	803	93
253		3058	Lisa	FORAY	Islwyn	F3539	LADIES	54	13	947	88
254		3537	Janet	RICHARDS	Lliswerry	F5054	LADIES	55	3	946	98
255		1507	Brenda	AVERY	Chepstow	F6599	LADIES	56	1	945	100
256		1130	Jamiee	GITTINS	Caerleon	F1734	LADIES	57	23	944	78
257		1054	Andrew	TAYLOR	Caerleon	M5559	MEN	199	21	802	80
258		3794	Joanne	JOHNSON	Lliswerry	F5054	LADIES	58	4	943	97
259		5008	Bethan	POWELL	Pont-y-Pwl	F1734	LADIES	59	24	942	77
260		5100	Dave	TIMSON	Pont-y-Pwl	M5054	MEN	200	25	801	76
261		5185	Andrew	PRICE	Pont-y-Pwl	M1739	MEN	201	83	800	18
262		3742	Ron	DAVIES	Lliswerry	M4044	MEN	202	41	799	60
263		2527	Rose	CHARLES	Griffithstown	F1734	LADIES	60	25	941	76
264		1659	Mark	BATTEN	Chepstow	M4549	MEN	203	23	798	78
265		1530	Joanne	MILLIKEN	Chepstow	F5054	LADIES	61	5	940	96
266		2066	Fiona	CROSS	Fairwater	F3539	LADIES	62	14	939	87
267		5042	Louise	BRIGHT	Pont-y-Pwl	F3539	LADIES	63	15	938	86
268		1058	Chris	ELLIOT	Caerleon	M1739	MEN	204	84	797	17
269		1655	Toni	ASHWORTH	Chepstow	F4044	LADIES	64	10	937	91
270		4564	Richard	CREW	Parc Bryn Bach	M1739	MEN	205	85	796	16
271		1627	Richard	MILLIKEN	Chepstow	M5559	MEN	206	22	795	79
272		4576	Wayne	CANIFF	Parc Bryn Bach	M6064	MEN	207	9	794	92
273		3100	Aiden	DAVIES	Islwyn	M1739	MEN	208	86	793	15
274		1566	Andy	CREBER	Chepstow	M5559	MEN	209	23	792	78
275		3157	Mark	DUDDRIDGE	Islwyn	M1739	MEN	210	87	791	14
276		3238	Matt	CHICKEN	Islwyn	M1739	MEN	211	88	790	13
277		1021	Helen	THOMAS	Caerleon	F5054	LADIES	65	6	936	95
278		3123	Dean	LITTLE	Islwyn	M1739	MEN	212	89	789	12
279		2028	Andrew	JAMES	Fairwater	M4044	MEN	213	42	788	59
280		5089	Carl	ROBERTS	Pont-y-Pwl	M1739	MEN	214	90	787	11
281		2053	Tim	MURPHY	Fairwater	M5559	MEN	215	24	786	77
282		1114	Mike	DODD	Caerleon	M1739	MEN	216	91	785	10
283		1105	Steve	SMITH	Caerleon	M4549	MEN	217	24	784	77
284		2525	Natalie	HERN	Griffithstown	F4549	LADIES	66	8	935	93
285		1120	Wesley	HARRIS	Caerleon	M1739	MEN	218	92	783	9
286		5002	Ambereley	MORGAN	Pont-y-Pwl	F3539	LADIES	67	16	934	85
287		1563	Andrew	BRAY	Chepstow	M5559	MEN	219	25	782	76
288		4080	Eleanor	KITE	Monmouth	F1734	LADIES	68	26	933	75
289		4507	Hayley	JACKSON	Parc Bryn Bach	F4044	LADIES	69	11	932	90
290		3083	Sara	ARNOLD	Islwyn	F4044	LADIES	70	12	931	89
291		4016	Karen	BARRATT	Monmouth	F4044	LADIES	71	13	930	88
292		3180	Ryan	LAMBETH	Islwyn	M1739	MEN	220	93	781	8
293		1025	Joanne	PEACOCK	Caerleon	F5054	LADIES	72	7	929	94
294		3526	Elinor	PHILLIPS	Lliswerry	F1734	LADIES	73	27	928	74
295		4591	Ruth	BUTTERFIELD	Parc Bryn Bach	F3539	LADIES	74	17	927	84
296		3028	Ffion	DAVIES	Islwyn	F1734	LADIES	75	28	926	73
297		2594	Natalie	MEYRICK	Griffithstown	F1734	LADIES	76	29	925	72
298		3714	Neil	CHIPPER	Lliswerry	M5559	MEN	221	26	780	75
299		3716	Neil	SIDNEY	Lliswerry	M4549	MEN	222	25	779	76
300		3589	Roni	MARGERISON	Lliswerry	F4044	LADIES	77	14	924	87

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301		1558	Wendy SHARPE-NASH	Chepstow	F5054	LADIES	78	8	923	93
302		3531	Gemma ACREMAN	Lliswerry	F1734	LADIES	79	30	922	71
303		4596	Cyril WILLIAMS	Parc Bryn Bach	M6064	MEN	223	10	778	91
304		2063	Malgorzata PIOTROSKA	Fairwater	F3539	LADIES	80	18	921	83
305		3753	Steve WILLIAMS	Lliswerry	M5559	MEN	224	27	777	74
306		5098	Daniel NEWTON	Pont-y-Pwl	M4044	MEN	225	43	776	58
307		4521	Margrett MONK	Parc Bryn Bach	F6599	LADIES	81	2	920	99
308		1539	Louise CROCKETT	Chepstow	F5054	LADIES	82	9	919	92
309		3220	Laura GIBBONS	Islwyn	F1734	LADIES	83	31	918	70
310		1519	Hayley HARVEY	Chepstow	F4549	LADIES	84	9	917	92
311		3149	Ken OLIVER	Islwyn	M5559	MEN	226	28	775	73
312		5537	Graham SIMPSON	Usk	M5054	MEN	227	26	774	75
313		1528	Jenni BELL	Chepstow	F4044	LADIES	85	15	916	86
314		3735	Ray ELLINGHAM	Lliswerry	M5559	MEN	228	29	773	72
315		3633	Andy HILLIS	Lliswerry	M5054	MEN	229	27	772	74
316		2013	Julie ROCHE	Fairwater	F4549	LADIES	86	10	915	91
317		3706	Michael BONNETT	Lliswerry	M5559	MEN	230	30	771	71
318		2595	Miar DAVIES	Griffithstown	F3539	LADIES	87	19	914	82
319		2003	Bev BRADBURY JONES	Fairwater	F4044	LADIES	88	16	913	85
320		2012	Julie LEES	Fairwater	F4044	LADIES	89	17	912	84
321		5033	Kate ALLEN	Pont-y-Pwl	F4044	LADIES	90	18	911	83
322		3240	Sharon CARRAFA	Islwyn	F4044	LADIES	91	19	910	82
323		3511	Ceri JENKINS	Lliswerry	F4044	LADIES	92	20	909	81
324		1069	Ian PRICE	Caerleon	M4549	MEN	231	26	770	75
325		4534	Anthony LEWIS	Parc Bryn Bach	M4549	MEN	232	27	769	74
326		1527	Jen HARDING	Chepstow	F1734	LADIES	93	32	908	69
327		1531	Joyce DODD	Chepstow	F6064	LADIES	94	1	907	100
328		5175	Lorna ELLIOTT	Pont-y-Pwl	F3539	LADIES	95	20	906	81
329		5555	Tom SOUTHWELL	Usk	M1739	MEN	233	94	768	7
330		2025	Victoria REYNOLDS	Fairwater	F1734	LADIES	96	33	905	68
331		3054	Kirsty HOLTHAM-MORGAN	Islwyn	F3539	LADIES	97	21	904	80
332		3052	Kelly JACKA	Islwyn	F3539	LADIES	98	22	903	79
333		3656	David UNSWORTH	Lliswerry	M1739	MEN	234	95	767	6
334		3616	Vicky FEAR	Lliswerry	F1734	LADIES	99	34	902	67
335		1127	Rosie DAVEY	Caerleon	F1734	LADIES	100	35	901	66
336		1047	Sarah MILES	Caerleon	F3539	LADIES	101	23	900	78
337		5022	Emma WEAVING	Pont-y-Pwl	F3539	LADIES	102	24	899	77
338		2564	Malcolm COX	Griffithstown	M6569	MEN	235	3	766	98
339		4603	Gabby SIDOLI	Parc Bryn Bach	F1734	LADIES	103	36	898	65
340		3581	Peta DANIELS	Lliswerry	F4549	LADIES	104	11	897	90
341		1044	Rachel DOREL	Caerleon	F1734	LADIES	105	37	896	64
342		3561	Lisa BATEMAN	Lliswerry	F4549	LADIES	106	12	895	89
343		4522	Michelle JAYNE	Parc Bryn Bach	F3539	LADIES	107	25	894	76
344		5048	Marie HURFORD	Pont-y-Pwl	F1734	LADIES	108	38	893	63
345		3592	Ruth OVEY	Lliswerry	F4044	LADIES	109	21	892	80
346		5053	Michele DEAL	Pont-y-Pwl	F5054	LADIES	110	10	891	91
347		3556	Leanne PHILLIPS	Lliswerry	F4044	LADIES	111	22	890	79
348		5502	Claire McCLUSKEY	Usk	F1734	LADIES	112	39	889	62
349		5558	Gemma WELSHER	Usk	F3539	LADIES	113	26	888	75
350		3234	Nathan RICHARDS	Islwyn	M4044	MEN	236	44	765	57

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351		2011	Jennifer LILLEY	Fairwater	F1734	LADIES	114	40	887	61
352		1029	Karen PAYNE	Caerleon	F4044	LADIES	115	23	886	78
353		5019	Emma MORGAN	Pont-y-Pwl	F4044	LADIES	116	24	885	77
354		5016	Donna HEWITT	Pont-y-Pwl	F3539	LADIES	117	27	884	74
355		3061	Louise SADLER	Islwyn	F4044	LADIES	118	25	883	76
356		3243	Cassie JONES	Islwyn	F1734	LADIES	119	41	882	60
357		5167	Ceri CREWE	Pont-y-Pwl	F4044	LADIES	120	26	881	75
358		4510	Jillian MATTHEWS	Parc Bryn Bach	F6064	LADIES	121	2	880	99
359		3204	Caren PARKER	Islwyn	F4044	LADIES	122	27	879	74
360		5168	Ron GODFREY	Pont-y-Pwl	M5054	MEN	237	28	764	73
361		3648	Darren WILLIAMS	Lliswerry	M4044	MEN	238	45	763	56
362		4083	Rod WYATT	Monmouth	M4044	MEN	239	46	762	55
363		4531	Samantha STANDERWICK	Parc Bryn Bach	F4044	LADIES	123	28	878	73
364		3050	Kay DIXON	Islwyn	F4044	LADIES	124	29	877	72
365		3195	Anne RICE-JONES	Islwyn	F5054	LADIES	125	11	876	90
366		5095	Christopher SIMMS	Pont-y-Pwl	M6569	MEN	240	4	761	97
367		2542	Barrie DESMOND	Griffithstown	M5054	MEN	241	29	760	72
368		3535	Jacqui TUDHOPE	Lliswerry	F4044	LADIES	126	30	875	71
369		1123	Charlene HENSHALL	Caerleon	F1734	LADIES	127	42	874	59
370		1037	Natalie WALKER	Caerleon	F3539	LADIES	128	28	873	73
371		0	Dean MORGAN	GUEST	0	0	0	0	0	0
372		3795	Colleen BOWEN	Lliswerry	F1734	LADIES	129	43	872	58
373		5176	Rebecca GLEDHILL	Pont-y-Pwl	F1734	LADIES	130	44	871	57
374		2596	Karen BEARD	Griffithstown	F4549	LADIES	131	13	870	88
375		5182	Dawn PARFITT	Pont-y-Pwl	F3539	LADIES	132	29	869	72
376		1128	Beth KERSHAW-NAYLOR	Caerleon	F1734	LADIES	133	45	868	56
377		5055	Michelle GOOCH	Pont-y-Pwl	F4549	LADIES	134	14	867	87
378		1546	Roberta HAVERS	Chepstow	F3539	LADIES	135	30	866	71
379		3796	Moira WOOLLES	Lliswerry	F1734	LADIES	136	46	865	55
380		4070	Tony HARDY	Monmouth	M5054	MEN	242	30	759	71
381		1121	Jonathan GALLINAGH	Caerleon	M1739	MEN	243	96	758	5
382		2008	Jane LEWIS	Fairwater	F4549	LADIES	137	15	864	86
383		1524	Jane BAYLISS	Chepstow	F6064	LADIES	138	3	863	98
384		3241	Yvonne DURY	Islwyn	F4044	LADIES	139	31	862	70
385		4514	Kath JERVIS	Parc Bryn Bach	F5559	LADIES	140	2	861	99
386		3089	Suzanne DAVISON	Islwyn	F4044	LADIES	141	32	860	69
387		2591	Lyn KENNEY	Griffithstown	M5559	MEN	244	31	757	70
388		5180	Suzanne MCCARTHY	Pont-y-Pwl	F4044	LADIES	142	33	859	68
389		1010	Claire DOUGLAS	Caerleon	F4044	LADIES	143	34	858	67
390		5538	Gary WILCOX	Usk	M5559	MEN	245	32	756	69
391		1036	Mary SCOURFIELD	Caerleon	F4549	LADIES	144	16	857	85
392		1126	Michelle CLATON	Caerleon	F5054	LADIES	145	12	856	89
393		2059	Chris ZIDANI	Fairwater	M4044	MEN	246	47	755	54
394		4579	Louise KIRBY	Parc Bryn Bach	F4549	LADIES	146	17	855	84
395		1587	Geoffrey BAYLISS	Chepstow	M6569	MEN	247	5	754	96
396		5158	Lyndsay POULSOM	Pont-y-Pwl	F1734	LADIES	147	47	854	54
397		3039	Helen WILLIAMS	Islwyn	F3539	LADIES	148	31	853	70
398		3527	Elizabeth PARKER	Lliswerry	F4044	LADIES	149	35	852	66
399		3023	Denise HADIGATE	Islwyn	F4044	LADIES	150	36	851	65
400		2509	Daune GREEN	Griffithstown	F4044	LADIES	151	37	850	64

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401		1520	Helen CLANCY	Chepstow	F4549	LADIES	152	18	849	83
402		1119	Eddie McDAID	Caerleon	M6064	MEN	248	11	753	90
403		4593	Delphine JONES	Parc Bryn Bach	F3539	LADIES	153	32	848	69
404		3242	Rosie GREEN	Islwyn	F1734	LADIES	154	48	847	53
405		5029	Jayne WALTERS	Pont-y-Pwl	F4044	LADIES	155	38	846	63
406		4002	Anne HALL	Monmouth	F4044	LADIES	156	39	845	62
407		3765	Kristian SINCLAIR	Lliswerry	M1739	MEN	249	97	752	4
408		3029	Fiona WALKLEY	Islwyn	F4044	LADIES	157	40	844	61
409		5127	Mike BRUNNOCK	Pont-y-Pwl	M5054	MEN	250	31	751	70
410		3569	Michelle SHAPLAND	Lliswerry	F4044	LADIES	158	41	843	60
411		3780	Melanie SHIPTON	Lliswerry	F4549	LADIES	159	19	842	82
412		3642	Chris HILL	Lliswerry	M5054	MEN	251	32	750	69
413		3523	Diane POTTER	Lliswerry	F4549	LADIES	160	20	841	81
414		3200	Claire MORGAN	Islwyn	F4044	LADIES	161	42	840	59
415		3722	Nigel RICHARDS	Lliswerry	M5054	MEN	252	33	749	68
416		1129	Yangi VUNDAMINA	Caerleon	F4044	LADIES	162	43	839	58
417		5003	Amy FLINN	Pont-y-Pwl	F1734	LADIES	163	49	838	52
418		4501	Alison HOLTON	Parc Bryn Bach	F4044	LADIES	164	44	837	57
419		3598	Sarah BEAMISH	Lliswerry	F3539	LADIES	165	33	836	68
420		1657	Ian JONES	Chepstow	M5054	MEN	253	34	748	67
421		3680	Jeff UNSWORTH	Lliswerry	M5054	MEN	254	35	747	66
422		5525	Trisha EDWARDS	Usk	F5054	LADIES	166	13	835	88
423		5551	Russel CARTER	Usk	M4549	MEN	255	28	746	73
424		5070	Sarah WAKEFIELD	Pont-y-Pwl	F3539	LADIES	167	34	834	67
425		3797	Katija DEW	Lliswerry	F4549	LADIES	168	21	833	80
426		3614	Tracy BURTON	Lliswerry	F5054	LADIES	169	14	832	87
427		3540	Julie DAVIES	Lliswerry	F5054	LADIES	170	15	831	86
428		3199	Jayne A JONES	Islwyn	F4549	LADIES	171	22	830	79
429		2034	John FRY	Fairwater	M7099	MEN	256	1	745	100
430		3174	Richard POWELL	Islwyn	M1739	MEN	257	98	744	3
431		3239	Gemma FINN	Islwyn	F1734	LADIES	172	50	829	51
432		3094	Vicki JONES	Islwyn	F4044	LADIES	173	45	828	56
433		3064	Mel SENIOR	Islwyn	F4549	LADIES	174	23	827	78
434		1122	Joanne HENSHALL	Caerleon	F4044	LADIES	175	46	826	55
435		3798	Trudy HURFORD	Lliswerry	F4044	LADIES	176	47	825	54
436		3799	Claire SCOTT	Lliswerry	F1734	LADIES	177	51	824	50
437		1111	Vanessa PRITCHARD	Caerleon	F4044	LADIES	178	48	823	53
438		5037	Kirsty RHODES	Pont-y-Pwl	F1734	LADIES	179	52	822	49
439		5004	Anna PARRY	Pont-y-Pwl	F3539	LADIES	180	35	821	66
440		1572	Brett REGULSKI	Chepstow	M5559	MEN	258	33	743	68
441		5557	Annette EXLEY	Usk	F5054	LADIES	181	16	820	85
442		5507	Esther DAWSON	Usk	F4044	LADIES	182	49	819	52
443		3553	Laura RENDELL	Lliswerry	F1734	LADIES	183	53	818	48
444		5191	Francis NEWTON	Pont-y-Pwl	F4044	LADIES	184	50	817	51
445		1046	Ruth SMITH	Caerleon	F5559	LADIES	185	3	816	98
446		1101	Steve HOUGHTON	Caerleon	M1739	MEN	259	99	742	2
447		3232	Jason RUSSELL	Islwyn	M1739	MEN	260	100	741	1
448		4562	Rhys LEWIS	Parc Bryn Bach	M4044	MEN	261	48	740	53
449		5005	Anna RICHARDS	Pont-y-Pwl	F3539	LADIES	186	36	815	65
450		4528	Rhian WHITE	Parc Bryn Bach	F1734	LADIES	187	54	814	47

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451		3638	Carl ELLIOTT	Lliswerry	M7099	MEN	262	2	739	99
452		3033	Helen DAVIES	Islwyn	F4549	LADIES	188	24	813	77
453		1007	Bernadette DAVIES	Caerleon	F4549	LADIES	189	25	812	76
454		1133	Sharon DRISCOLL	Caerleon	F4044	LADIES	190	51	811	50
455		5186	Jenny PRICE	Pont-y-Pwl	F3539	LADIES	191	37	810	64
456		1588	Gerry ASHTON	Chepstow	M6064	MEN	263	12	738	89
457		4604	Suzanne COURT	Parc Bryn Bach	F4044	LADIES	192	52	809	49
458		3800	Megan SMITH	Lliswerry	F4044	LADIES	193	53	808	48
459		4072	David RUTTER	Monmouth	M6569	MEN	264	6	737	95
460		3718	Nick JACKSON	Lliswerry	M5054	MEN	265	36	736	65
461		3193	Andrea THOMAS	Islwyn	F4044	LADIES	194	54	807	47
462		1586	Geoff CRAM	Chepstow	M6569	MEN	266	7	735	94
463		2592	Cath EDWARD	Griffithstown	F5054	LADIES	195	17	806	84
464		2021	Sheree MANN	Fairwater	F4549	LADIES	196	26	805	75
465		2593	Lena EVANS	Griffithstown	F4549	LADIES	197	27	804	74
466		5509	Hayley DODD	Usk	F1734	LADIES	198	55	803	46
467		2504	Charlotte REES	Griffithstown	F1734	LADIES	199	56	802	45
468		3761	Tomas FORSEY	Lliswerry	M1739	MEN	267	101	734	1
469		1008	Charlotte LEIGH	Caerleon	F3539	LADIES	200	38	801	63
470		1102	Stuart DOMINY	Caerleon	M4549	MEN	268	29	733	72
471		2535	Andrew MEANEY	Griffithstown	M5054	MEN	269	37	732	64
472		1132	Claire CROSS	Caerleon	F5054	LADIES	201	18	800	83
473		4006	Diane SMITH	Monmouth	F6064	LADIES	202	4	799	97
474		3226	Ross KEELING	Islwyn	M1739	MEN	270	102	731	1
475		3219	Kelly HILLIARD	Islwyn	F3539	LADIES	203	39	798	62
476		0	Sarah BUCKLEY	GUEST	0	0	0	0	0	0
477		2006	Helen GWILLIAM	Fairwater	F4549	LADIES	204	28	797	73
478		5035	Kay MORGAN	Pont-y-Pwl	F3539	LADIES	205	40	796	61
479		0	Mandy DESMOND	GUEST	0	0	0	0	0	0
480		0	Rachel MORGAN	GUEST	0	0	0	0	0	0
481		1001	Aisling MORGAN	Caerleon	F1734	LADIES	206	57	795	44
482		2502	Barbara GRAHAM	Griffithstown	F6064	LADIES	207	5	794	96
483		2024	Suzanne WILLIAMS	Fairwater	F5054	LADIES	208	19	793	82
484		1124	Joanne COOK	Caerleon	F4549	LADIES	209	29	792	72
485		1503	Anne JENNER	Chepstow	F5054	LADIES	210	20	791	81
486		5077	Susan JEFFS	Pont-y-Pwl	F5054	LADIES	211	21	790	80
487		5079	Vicky JEFFS	Pont-y-Pwl	F1734	LADIES	212	58	789	43
488		3229	Sian JOHNSON	Islwyn	F1734	LADIES	213	59	788	42
489		3801	Gemma DRAPER	Lliswerry	F1734	LADIES	214	60	787	41
490		1020	Gwyn HOWELLS	Caerleon	F6599	LADIES	215	3	786	98
491		1131	Claire ORFORD	Caerleon	F4044	LADIES	216	55	785	46
492		4081	Emma GRIFFITHS	Monmouth	F3539	LADIES	217	41	784	60
493		3570	Michelle UNSWORTH	Lliswerry	F4549	LADIES	218	30	783	71
494		3779	Karen RALPH	Lliswerry	F4549	LADIES	219	31	782	70
495		2532	Yvonne WALKER	Griffithstown	F6599	LADIES	220	4	781	97
496		3503	Amanda RICHARDS	Lliswerry	F4549	LADIES	221	32	780	69
497		1629	Rob BROWN	Chepstow	M6569	MEN	271	8	730	93
498		3223	Nicola RICHARDS	Islwyn	F4044	LADIES	222	56	779	45
499		1641	Syd WHEELER	Chepstow	M7099	MEN	272	3	729	98
500		2055	Jessica KENT	Fairwater	F1734	LADIES	223	61	778	40

CONFIRMED RESULTS

**GLCL 2016 ROAD RACE SERIES
RACE 1 of 5
GRIFFITHSTOWN (The Olive Tree Cwmbran) 17th MAY 2016**

5:53 PM
23-05-16

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	gender & team points	category points
501		3802	Andrea HALL	Lliswerry	F4044	LADIES	224	57	777	44
502		4524	Nicola LEWIS	Parc Bryn Bach	F3539	LADIES	225	42	776	59
503		3008	Angela PRICE	Islwyn	F4044	LADIES	226	58	775	43
504		1512	Daphne AUSTERBERRY	Chepstow	F6599	LADIES	227	5	774	96
505		1125	Kath DOMINY	Caerleon	F5559	LADIES	228	4	773	97
506		2057	Bethan DAVIES	Fairwater	F3539	LADIES	229	43	772	58

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	61	M1739	102
F3539	43	M4044	48
F4044	58	M4549	29
F4549	32	M5054	37
F5054	21	M5559	33
F5559	4	M6064	12
F6064	5	M6569	8
F6599	5	M7099	3
Guests (F)	3	Guests (M)	2
LADIES TOTAL	232	MENS TOTAL	274

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	30	33	63
CHEPSTOW	22	36	58
FAIRWATER	15	14	29
GRIFFITHSTOWN	15	22	37
ISLWYN	35	35	70
LLISWERRY	39	53	92
MONMOUTH	10	12	22
PARC BRYN BACH	19	27	46
PONTYPOOL	38	32	70
USK	6	8	14
Guests	3	2	5
TOTAL	232	274	506

GRIFFITHSTOWN (The Olive Tree Cwmbran) 17th MAY 2016

TEAM RESULTS

<u>MALE "A" TEAM</u>				<u>FEMALE "A" TEAM</u>					
	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		
1	CHEPSTOW	10	9851	10	1	PONT-Y-PWL	6	5942	10
2	LLISWERRY	10	9705	9	2	CHEPSTOW	6	5869	9
3	PARC BRYN BACH	10	9661	8	3	LLISWERRY	6	5865	8
4	PONT-Y-PWL	10	9598	7	4	PARC BRYN BACH	6	5841	7
5	ISLWYN	10	9507	6	5	MONMOUTH	6	5832	6
6	GRIFFITHSTOWN	10	9490	5	6	ISLWYN	6	5821	5
7	CAERLEON	10	9454	4	7	CAERLEON	6	5774	4
8	MONMOUTH	10	8909	3	8	GRIFFITHSTOWN	6	5734	3
9	FAIRWATER	10	8597	2	9	FAIRWATER	6	5625	2
10	USK	8	6556	1	10	USK	6	5054	1

<u>MALE TEAM "B&C" TEAM</u>			<u>FEMALE "B&C" TEAM</u>				
	<u>RUNNERS</u>	<u>SCORE</u>		<u>RUNNERS</u>	<u>SCORE</u>		
1	LLISWERRY(B)	10	9178	1	PONT-Y-PWL(B)	6	5758
2	CHEPSTOW(B)	10	9097	2	CHEPSTOW(B)	6	5657
3	PARC BRYN BACH(B)	10	8912	3	LLISWERRY(B)	6	5641
4	PONT-Y-PWL(B)	10	8853	4	ISLWYN(B)	6	5536
5	CAERLEON(B)	10	8730	5	PONT-Y-PWL(C)	6	5481
6	ISLWYN(B)	10	8644	6	CHEPSTOW(C)	6	5433
7	LLISWERRY(C)	10	8470	7	LLISWERRY(C)	6	5417
8	GRIFFITHSTOWN(B)	10	8469	8	PARC BRYN BACH(B)	6	5397
9	CHEPSTOW(C)	10	8102	9	CAERLEON(B)	6	5386
10	PONT-Y-PWL(C)	10	8068	10	ISLWYN(C)	6	5300
11	ISLWYN(C)	10	8021	11	FAIRWATER(B)	6	5170
12	CAERLEON(C)	10	7923	12	GRIFFITHSTOWN(B)	6	5169
13	PARC BRYN BACH(C)	7	5486	13	CAERLEON(C)	6	5151
14	FAIRWATER(B)	4	3074	14	PARC BRYN BACH(C)	6	5024
15	MONMOUTH(B)	2	1496	15	MONMOUTH(B)	4	3358
16	GRIFFITHSTOWN(C)	2	1489	16	GRIFFITHSTOWN(C)	3	2377
	FAIRWATER(C)	0	0	17	FAIRWATER(C)	3	2343
	MONMOUTH(C)	0	0		MONMOUTH(C)	0	0
	USK(B)	0	0		USK(B)	0	0
	USK(C)	0	0		USK(C)	0	0