

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS
1		1656	Duncan BELL	Chepstow	M4549	MEN	1	1	1000	100
2		4555	Lee AHERNE	Parc Bryn Bach	M4549	MEN	2	2	999	99
3		4045	Gareth JONES	Monmouth	M1739	MEN	3	1	998	100
4		2561	Josh JONES	Griffithstown	M1739	MEN	4	2	997	99
5		3152	Lee MILLS	Islwyn	M1739	MEN	5	3	996	98
6		5113	Iestyn RHODES	Pont-y-Pwl	M1739	MEN	6	4	995	97
7		5156	Terry WATKINS	Pont-y-Pwl	M4044	MEN	7	1	994	100
8		4568	Sam LEWIS-JONES	Parc Bryn Bach	M1739	MEN	8	5	993	96
9		1533	Katherine MATTHEWS	Chepstow	F3539	LADIES	1	1	1000	100
10		3760	Tom HENRY	Lliswerry	M1739	MEN	9	6	992	95
11		1593	James BLORE	Chepstow	M1739	MEN	10	7	991	94
12		4573	Stephen MATHERS	Parc Bryn Bach	M1739	MEN	11	8	990	93
13		3119	Dafydd LAMBETH	Islwyn	M4044	MEN	12	2	989	99
14		4088	Warren HULSEN	Monmouth	M4044	MEN	13	3	988	98
15		5195	Dave RICHARDSON	Pont-y-Pwl	M1739	MEN	14	9	987	92
16		3678	Jamie DAVIES	Lliswerry	M1739	MEN	15	10	986	91
17		1666	Douglas BRIGGS	Chepstow	M4549	MEN	16	3	985	98
18		3667	Gavin BRACE	Lliswerry	M1739	MEN	17	11	984	90
19		1670	Alex TUCK	Chepstow	M1739	MEN	18	12	983	89
20		1619	Paul LIDGETT	Chepstow	M4549	MEN	19	4	982	97
21		5153	Steve DAVIES	Pont-y-Pwl	M5559	MEN	20	1	981	100
22		5122	Mark HURFORD	Pont-y-Pwl	M1739	MEN	21	13	980	88
23		5085	Andrew LEE	Pont-y-Pwl	M4044	MEN	22	4	979	97
24		3803	James KERSHAW-NAYLOR	Lliswerry	M1739	MEN	23	14	978	87
25		4598	Jonathon ASTLEY	Parc Bryn Bach	M1739	MEN	24	15	977	86
26		1094	Richard HUGHES	Caerleon	M1739	MEN	25	16	976	85
27		1631	Robert BEVES	Chepstow	M5054	MEN	26	1	975	100
28		1609	Martyn WINSER	Chepstow	M1739	MEN	27	17	974	84
29		5149	Simon FAIRCLOUGH	Pont-y-Pwl	M1739	MEN	28	18	973	83
30		3733	Phil BOORMAN	Lliswerry	M4549	MEN	29	5	972	96
31		3676	James PEARCE	Lliswerry	M4044	MEN	30	5	971	96
32		1610	Matthew KITCHING	Chepstow	M4044	MEN	31	6	970	95
33		3192	Matthew PIZEY	Islwyn	M1739	MEN	32	19	969	82
34		1073	Keith GITTINS	Caerleon	M5559	MEN	33	2	968	99
35		3167	Paul HAYWARD	Islwyn	M1739	MEN	34	20	967	81
36		3125	Dewi LLOYD	Islwyn	M1739	MEN	35	21	966	80
37		4569	Sean TOMASSON	Parc Bryn Bach	M1739	MEN	36	22	965	79
38		1599	Jonathan CARTER	Chepstow	M4549	MEN	37	6	964	95
39		3134	Haydn HARTNELL	Islwyn	M5054	MEN	38	2	963	99
40		5140	Ricci WATTS	Pont-y-Pwl	M1739	MEN	39	23	962	78
41		4608	Michael COPE	Parc Bryn Bach	M4044	MEN	40	7	961	94
42		3187	Steve LANE	Islwyn	M4044	MEN	41	8	960	93
43		4537	Ceri YOUNG	Parc Bryn Bach	M1739	MEN	42	24	959	77
44		3122	David WATERS	Islwyn	M4044	MEN	43	9	958	92
45		2560	Jonathan SLICZNY	Griffithstown	M1739	MEN	44	25	957	76
46		3258	Aaron THOMAS	Islwyn	M1739	MEN	45	26	956	75
47		4577	Lauren COOPER	Parc Bryn Bach	F1734	LADIES	2	1	999	100
48		4563	Richard BRACHER	Parc Bryn Bach	M1739	MEN	46	27	955	74
49		3629	Andrew DAWE	Lliswerry	M4549	MEN	47	7	954	94
50		5102	Dimitri VORRÉS	Pont-y-Pwl	M5054	MEN	48	3	953	98

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51		4615	Damian CASWELL	Parc Bryn Bach	M4044	MEN	49	10	952	91
52		1630	Rob HOOK	Chepstow	M5054	MEN	50	4	951	97
53		1141	Matthew MULCAHY	Caerleon	M4044	MEN	51	11	950	90
54		3739	Rob DAVIES	Llswerry	M4044	MEN	52	12	949	89
55		3261	Craig THOMAS	Islwyn	M1739	MEN	53	28	948	73
56		2544	Ben JENKINS	Griffithstown	M1739	MEN	54	29	947	72
57		4584	Hannah WILLIAMS	Parc Bryn Bach	F1734	LADIES	3	2	998	99
58		4049	Jeremy MASTERS	Monmouth	M4044	MEN	55	13	946	88
59		1097	Rob BICKEL	Caerleon	M4044	MEN	56	14	945	87
60		1611	Matthew LAWSON	Chepstow	M4549	MEN	57	8	944	93
61		1542	Niki MORGAN	Chepstow	F4549	LADIES	4	1	997	100
62		4582	Andrew JONES	Parc Bryn Bach	M4044	MEN	58	15	943	86
63		3804	Daniel REILLY	Llswerry	M1739	MEN	59	30	942	71
64		1660	Dickie HUDD	Chepstow	M4044	MEN	60	16	941	85
65		3726	Paul CHICK	Llswerry	M4549	MEN	61	9	940	92
66		2547	Colin WILMOTT	Griffithstown	M5559	MEN	62	3	939	98
67		5152	Steve BRYANT	Pont-y-Pwl	M5054	MEN	63	5	938	96
68		4588	Matthew ELLIS	Parc Bryn Bach	M1739	MEN	64	31	937	70
69		3817	Nick REES	Llswerry	M5559	MEN	65	4	936	97
70		5044	Lubi MECIAROVA	Pont-y-Pwl	F1734	LADIES	5	3	996	98
71		2061	Simon BURNS	Fairwater	M1739	MEN	66	32	935	69
72		3112	Chris LLOYD	Islwyn	M1739	MEN	67	33	934	68
73		1086	Peter BURROWS	Caerleon	M1739	MEN	68	34	933	67
74		1096	Richard PERRY	Caerleon	M1739	MEN	69	35	932	66
75		2537	Andrew SPENCER	Griffithstown	M5054	MEN	70	6	931	95
76		3788	Mark ENGLISH	Llswerry	M4549	MEN	71	10	930	91
77		5154	Steve HARRHY	Pont-y-Pwl	M5054	MEN	72	7	929	94
78		1092	Philip HYATT	Caerleon	M5559	MEN	73	5	928	96
79		1093	Rhys KNIGHT	Caerleon	M1739	MEN	74	36	927	65
80		3711	Mike RIDD	Llswerry	M1739	MEN	75	37	926	64
81		4583	Ian KENT	Parc Bryn Bach	M1739	MEN	76	38	925	63
82		1637	Stephen OWEN	Chepstow	M6064	MEN	77	1	924	100
83		3260	Luke HURLEY	Islwyn	M1739	MEN	78	39	923	62
84		2040	Michael SKYRME	Fairwater	M4549	MEN	79	11	922	90
85		4505	Danielle PHILLIPS	Parc Bryn Bach	F1734	LADIES	6	4	995	97
86		4043	Brian EVANS	Monmouth	M4549	MEN	80	12	921	89
87		1068	Ian DAVIES	Caerleon	M4044	MEN	81	17	920	84
88		4557	Martin CHAMMINGS	Parc Bryn Bach	M1739	MEN	82	40	919	61
89		3687	Keith JAMES	Llswerry	M4044	MEN	83	18	918	83
90		3506	Antoinette DUMAYNE	Llswerry	F1734	LADIES	7	5	994	96
91		3178	Russel DOBBS	Islwyn	M4044	MEN	84	19	917	82
92		1067	Howard MASON	Caerleon	M5054	MEN	85	8	916	93
93		3674	Ian HARHHY	Llswerry	M5559	MEN	86	6	915	95
94		1099	Simon TANG	Caerleon	M1739	MEN	87	41	914	60
95		1615	Neil GRANT	Chepstow	M6064	MEN	88	2	913	99
96		1548	Sarah BELL	Chepstow	F3539	LADIES	8	2	993	99
97		3640	Chris DAVIES	Llswerry	M5559	MEN	89	7	912	94
98		1088	Peter RODGER	Caerleon	M5559	MEN	90	8	911	93
99		3793	Victoria HOBBS	Llswerry	F1734	LADIES	9	6	992	95
100		3259	Neil PROFFIT	Islwyn	M1739	MEN	91	42	910	59

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101		1066	Grahame VINER	Caerleon	M5559	MEN	92	9	909	92
102		5071	Sharon NEWELL	Pont-y-Pwl	F4549	LADIES	10	2	991	99
103		1594	James BOYLE	Chepstow	M5054	MEN	93	9	908	92
104		5041	Lisa ERICKSON	Pont-y-Pwl	F3539	LADIES	11	3	990	98
105		4566	Richard SHEEHY	Parc Bryn Bach	M1739	MEN	94	43	907	58
106		2565	Mark ROBINS	Griffithstown	M5054	MEN	95	10	906	91
107		3169	Paul THOMAS	Islwyn	M4044	MEN	96	20	905	81
108		3103	Andrew COLLINS	Islwyn	M1739	MEN	97	44	904	57
109		4039	Trish CHALK	Monmouth	F3539	LADIES	12	4	989	97
110		5178	Ieuan KINGSTON	Pont-y-Pwl	M1739	MEN	98	45	903	56
111		5155	Stewart THOMSON	Pont-y-Pwl	M5054	MEN	99	11	902	90
112		4512	Julie CASHELL	Parc Bryn Bach	F4044	LADIES	13	1	988	100
113		3822	David JACOB	Llswerry	M1739	MEN	100	46	901	55
114		2049	Rob SYMONS	Fairwater	M5054	MEN	101	12	900	89
115		1601	Kevin MCENTEE	Chepstow	M5559	MEN	102	10	899	91
116		3109	Carl DAVIES	Islwyn	M1739	MEN	103	47	898	54
117		3185	Simon PETERSON	Islwyn	M4549	MEN	104	13	897	88
118		5165	Stephen COCORAN	Pont-y-Pwl	M4044	MEN	105	21	896	80
119		1566	Andy CREBER	Chepstow	M5559	MEN	106	11	895	90
120		3140	Jason DIXON	Islwyn	M4549	MEN	107	14	894	87
121		2577	Peter WELBIRG	Griffithstown	M6064	MEN	108	3	893	98
122		4590	Matthew TRINDER	Parc Bryn Bach	M1739	MEN	109	48	892	53
123		3644	Christopher MATTHEWS	Llswerry	M5054	MEN	110	13	891	88
124		3634	Andy JAMES	Llswerry	M4549	MEN	111	15	890	86
125		1537	Lisa JEFFREY	Chepstow	F4549	LADIES	14	3	987	98
126		5164	Paul HARVEY	Pont-y-Pwl	M1739	MEN	112	49	889	52
127		3806	Bob WATSON	Llswerry	M4549	MEN	113	16	888	85
128		1043	Paula WILLIAMS	Caerleon	F4549	LADIES	15	4	986	97
129		4053	Martin BLAKEBROUGH	Monmouth	M5054	MEN	114	14	887	87
130		5082	Alistair CUMMINGS	Pont-y-Pwl	M1739	MEN	115	50	886	51
131		3150	Kerry PRICE	Islwyn	M5559	MEN	116	12	885	89
132		3051	Kelly FELSTEAD	Islwyn	F3539	LADIES	16	5	985	96
133		4532	Sian PRICE	Parc Bryn Bach	F1734	LADIES	17	7	984	94
134		3191	Tony FRANCIS	Islwyn	M5054	MEN	117	15	884	86
135		3066	Nic HOWLS	Islwyn	F3539	LADIES	18	6	983	95
136		5118	Kelvin HENLEY	Pont-y-Pwl	M5054	MEN	118	16	883	85
137		2047	Richard BOWIE	Fairwater	M5054	MEN	119	17	882	84
138		3100	Aiden DAVIES	Islwyn	M1739	MEN	120	51	881	50
139		1648	Andrew OLIVER	Chepstow	M4549	MEN	121	17	880	84
140		1523	Jan MORRIS	Chepstow	F4549	LADIES	19	5	982	96
141		5547	Neil WILLIAMS	Usk	M5054	MEN	122	18	879	83
142		3186	Steve DURY	Islwyn	M4044	MEN	123	22	878	79
143		3233	Grant WAKEMAN	Islwyn	M4044	MEN	124	23	877	78
144		2555	Gerard GORMLEY	Griffithstown	M4549	MEN	125	18	876	83
145		3709	Michael TITLEY	Llswerry	M5054	MEN	126	19	875	82
146		2052	Steve MORGAN	Fairwater	M4044	MEN	127	24	874	77
147		3675	Ian WHATMOUGH	Llswerry	M5559	MEN	128	13	873	88
148		3212	Gareth BAKER	Islwyn	M1739	MEN	129	52	872	49
149		3053	Kelly WALL	Islwyn	F1734	LADIES	20	8	981	93
150		4023	Nerys CHAPLIN	Monmouth	F1734	LADIES	21	9	980	92

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151		1084	Paul ADAMS	Caerleon	M4044	MEN	130	25	871	76
152		5006	Anne Marie HARRIS	Pont-y-Pwl	F4549	LADIES	22	6	979	95
153		3249	John DARLINGTON	Islwyn	M5054	MEN	131	20	870	81
154		3128	Garfield JONES	Islwyn	M5559	MEN	132	14	869	87
155		2009	Jeanette JENKINS	Fairwater	F5559	LADIES	23	1	978	100
156		3197	Lee RICHARDS	Islwyn	M4549	MEN	133	19	868	82
157		3512	Charlotte RALPH	Llswerry	F1734	LADIES	24	10	977	91
158		3807	Gareth BRUNNOCK	Llswerry	M1739	MEN	134	53	867	48
159		4549	James WILLIAMS	Parc Bryn Bach	M1739	MEN	135	54	866	47
160		4048	Jeremy CREASEY	Monmouth	M4549	MEN	136	20	865	81
161		5117	Keith LANGLEY	Pont-y-Pwl	M6064	MEN	137	4	864	97
162		3207	Craig ELLIS	Islwyn	M1739	MEN	138	55	863	46
163		3720	Nick PRINGLE	Llswerry	M5559	MEN	139	15	862	86
164		3633	Andy HILLIS	Llswerry	M5054	MEN	140	21	861	80
165		1646	Tim BUCKLEY	Chepstow	M4549	MEN	141	21	860	80
166		3784	Claire WEBSTER	Llswerry	F1734	LADIES	25	11	976	90
167		3235	Carl JOHNSON	Islwyn	M4044	MEN	142	26	859	75
168		4574	Terry VAUGHAN	Parc Bryn Bach	M4044	MEN	143	27	858	74
169		5036	Keri YOUNG	Pont-y-Pwl	F3539	LADIES	26	7	975	94
170		3237	Keith DAVIES	Islwyn	M5559	MEN	144	16	857	85
171		2027	Adrian GWILLIAM	Fairwater	M5054	MEN	145	22	856	79
172		3528	Ella BOORMAN	Llswerry	F1734	LADIES	27	12	974	89
173		3214	Ian WILLIAMS	Islwyn	M1739	MEN	146	56	855	45
174		5133	Paul GRAINGER JONES	Pont-y-Pwl	M4044	MEN	147	28	854	73
175		3628	Andrew BARRY	Llswerry	M5054	MEN	148	23	853	78
176		3728	Paul DURSLEY	Llswerry	M6064	MEN	149	5	852	96
177		3240	Sharon CARRAFA	Islwyn	F4044	LADIES	28	2	973	99
178		4585	Lee GRIFFITHS	Parc Bryn Bach	M1739	MEN	150	57	851	44
179		1090	Peter HARDING	Caerleon	M1739	MEN	151	58	850	43
180		3225	Phillip JONES	Islwyn	M1739	MEN	152	59	849	42
181		4612	Gareth WILLIAMS	Parc Bryn Bach	M5054	MEN	153	24	848	77
182		1009	Charlotte MORAN	Caerleon	F3539	LADIES	29	8	972	93
183		3734	Phil PRICE	Llswerry	M6569	MEN	154	1	847	100
184		1054	Andrew TAYLOR	Caerleon	M5559	MEN	155	17	846	84
185		3196	Hannah DAVIES	Islwyn	F1734	LADIES	30	13	971	88
186		3632	Andy COCKERAM	Llswerry	M4549	MEN	156	22	845	79
187		3190	Terry LEWIS	Islwyn	M5559	MEN	157	18	844	83
188		1560	Alan DOBBS	Chepstow	M1739	MEN	158	60	843	41
189		4007	Emma KING	Monmouth	F3539	LADIES	31	9	970	92
190		1659	Mark BATTEN	Chepstow	M4549	MEN	159	23	842	78
191		1591	Ian WADE	Chepstow	M5559	MEN	160	19	841	82
192		5101	Dean ARNOLD	Pont-y-Pwl	M4549	MEN	161	24	840	77
193		5089	Carl ROBERTS	Pont-y-Pwl	M1739	MEN	162	61	839	40
194		3530	Gayle SHEPPARD	Llswerry	F4044	LADIES	32	3	969	98
195		2056	Rob LEWIS	Fairwater	M5054	MEN	163	25	838	76
196		1588	Gerry ASHTON	Chepstow	M6064	MEN	164	6	837	95
197		3791	Angharad HODGSON	Llswerry	F1734	LADIES	33	14	968	87
198		1604	Leo COHEN	Chepstow	M4044	MEN	165	29	836	72
199		2028	Andrew JAMES	Fairwater	M4044	MEN	166	30	835	71
200		3681	Jeremy DICKSON	Llswerry	M5054	MEN	167	26	834	75

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201		5059	Nicola SMITH	Pont-y-Pwl	F5054	LADIES	34	1	967	100
202		2525	Natalie HERN	Griffithstown	F4549	LADIES	35	7	966	94
203		2017	Liz WALSH	Fairwater	F4044	LADIES	36	4	965	97
204		3548	Kathryn MANLEY	Llswerry	F1734	LADIES	37	15	964	86
205		3256	David LIMBRICK	Islwyn	M5054	MEN	168	27	833	74
206		1109	Matt GOBBETT	Caerleon	M1739	MEN	169	62	832	39
207		4613	Kimberley PRICE	Parc Bryn Bach	F1734	LADIES	38	16	963	85
208		3659	Desmond JONES	Llswerry	M4044	MEN	170	31	831	70
209		1130	Jamiee GITTINS	Caerleon	F1734	LADIES	39	17	962	84
210		1507	Brenda AVERY	Chepstow	F6599	LADIES	40	1	961	100
211		5008	Bethan POWELL	Pont-y-Pwl	F1734	LADIES	41	18	960	83
212		3180	Ryan LAMBETH	Islwyn	M1739	MEN	171	63	830	38
213		3236	Steven PHILLIPS	Islwyn	M1739	MEN	172	64	829	37
214		1069	Ian PRICE	Caerleon	M4549	MEN	173	25	828	76
215		1138	Anthony DERRICK	Caerleon	M4549	MEN	174	26	827	75
216		4596	Cyril WILLIAMS	Parc Bryn Bach	M6064	MEN	175	7	826	94
217		3083	Sara ARNOLD	Islwyn	F4044	LADIES	42	5	959	96
218		1021	Helen THOMAS	Caerleon	F5054	LADIES	43	2	958	99
219		2564	Malcolm COX	Griffithstown	M6569	MEN	176	2	825	99
220		3672	Howard ATTWOOD	Llswerry	M6569	MEN	177	3	824	98
221		4079	Laura GREY	Monmouth	F3539	LADIES	44	10	957	91
222		1123	Charlene HENSHALL	Caerleon	F1734	LADIES	45	19	956	82
223		3616	Vicky FEAR	Llswerry	F1734	LADIES	46	20	955	81
224		4521	Margrett MONK	Parc Bryn Bach	F6599	LADIES	47	2	954	99
225		3716	Neil SIDNEY	Llswerry	M4549	MEN	178	27	823	74
226		5537	Graham SIMPSON	Usk	M5054	MEN	179	28	822	73
227		2013	Julie ROCHE	Fairwater	F4549	LADIES	48	8	953	93
228		2038	Martyn JENKINS	Fairwater	M5559	MEN	180	20	821	81
229		3149	Ken OLIVER	Islwyn	M5559	MEN	181	21	820	80
230		3208	Darren PRICE	Islwyn	M4044	MEN	182	32	819	69
231		3141	Jay LEACH	Islwyn	M4549	MEN	183	28	818	73
232		2012	Julie LEES	Fairwater	F4044	LADIES	49	6	952	95
233		3767	Belinda CHANNING	Llswerry	F5054	LADIES	50	3	951	98
234		3115	Colin DIXON	Islwyn	M6569	MEN	184	4	817	97
235		1531	Joyce DODD	Chepstow	F6064	LADIES	51	1	950	100
236		1110	Neil DAVEY	Caerleon	M5054	MEN	185	29	816	72
237		3234	Nathan RICHARDS	Islwyn	M4044	MEN	186	33	815	68
238		1118	Morris URQUAHART	Caerleon	M4044	MEN	187	34	814	67
239		5095	Christopher SIMMS	Pont-y-Pwl	M6569	MEN	188	5	813	96
240		5048	Marie HURFORD	Pont-y-Pwl	F1734	LADIES	52	21	949	80
241		3238	Matt CHICKEN	Islwyn	M1739	MEN	189	65	812	36
242		3683	John HILL	Llswerry	M6064	MEN	190	8	811	93
243		5175	Lorna ELLIOTT	Pont-y-Pwl	F3539	LADIES	53	11	948	90
244		5019	Emma MORGAN	Pont-y-Pwl	F4044	LADIES	54	7	947	94
245		3510	Ceri DONOVAN	Llswerry	F4549	LADIES	55	9	946	92
246		3765	Kristian SINCLAIR	Llswerry	M1739	MEN	191	66	810	35
247		1563	Andrew BRAY	Chepstow	M5559	MEN	192	22	809	79
248		3651	Dave WESTLEY	Llswerry	M5559	MEN	193	23	808	78
249		3511	Ceri JENKINS	Llswerry	F4044	LADIES	56	8	945	93
250		4560	Phillip MATTHEWS	Parc Bryn Bach	M6064	MEN	194	9	807	92

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS
251		4593	Delphine JONES	Parc Bryn Bach	F3539	LADIES	57	12	944	89
252		3648	Darren WILLIAMS	Lliswerry	M4044	MEN	195	35	806	66
253		3189	Steve WALSH	Islwyn	M1739	MEN	196	67	805	34
254		3082	Samantha METHUEN	Islwyn	F3539	LADIES	58	13	943	88
255		0	Jamiee FAULSTON	GUEST	0	0	0	0	0	0
256		4517	Katie HAMER	Parc Bryn Bach	F4044	LADIES	59	9	942	92
257		3823	John NEALE	Lliswerry	M1739	MEN	197	68	804	33
258		3251	Gareth POPE	Islwyn	M4044	MEN	198	36	803	65
259		4507	Hayley JACKSON	Parc Bryn Bach	F4044	LADIES	60	10	941	91
260		4559	Neil LLOYD	Parc Bryn Bach	M6064	MEN	199	10	802	91
261		4501	Alison HOLTON	Parc Bryn Bach	F4044	LADIES	61	11	940	90
262		3698	Martyn JONES	Lliswerry	M5054	MEN	200	30	801	71
263		3195	Anne RICE-JONES	Islwyn	F5054	LADIES	62	4	939	97
264		3262	Rebecca MORGAN	Islwyn	F1734	LADIES	63	22	938	79
265		3796	Moira WOOLLES	Lliswerry	F1734	LADIES	64	23	937	78
266		1058	Chris ELLIOT	Caerleon	M1739	MEN	201	69	800	32
267		2025	Victoria REYNOLDS	Fairwater	F1734	LADIES	65	24	936	77
268		4510	Jillian MATTHEWS	Parc Bryn Bach	F6064	LADIES	66	2	935	99
269		3232	Jason RUSSELL	Islwyn	M1739	MEN	202	70	799	31
270		0	Neil THOMAS	GUEST	0	0	0	0	0	0
271		1029	Karen PAYNE	Caerleon	F4044	LADIES	67	12	934	89
272		3039	Helen WILLIAMS	Islwyn	F3539	LADIES	68	14	933	87
273		5003	Amy FLINN	Pont-y-Pwl	F1734	LADIES	69	25	932	76
274		1036	Mary SCOURFIELD	Caerleon	F4549	LADIES	70	10	931	91
275		4579	Louise KIRBY	Parc Bryn Bach	F4549	LADIES	71	11	930	90
276		3561	Lisa BATEMAN	Lliswerry	F4549	LADIES	72	12	929	89
277		4514	Kath JERVIS	Parc Bryn Bach	F5559	LADIES	73	2	928	99
278		3568	Michelle JOHNSTON	Lliswerry	F3539	LADIES	74	15	927	86
279		3526	Elinor PHILLIPS	Lliswerry	F1734	LADIES	75	26	926	75
280		1128	Beth KERSHAW-NAYLOR	Caerleon	F1734	LADIES	76	27	925	74
281		3798	Trudy HURFORD	Lliswerry	F4044	LADIES	77	13	924	88
282		3638	Carl ELLIOTT	Lliswerry	M7099	MEN	203	1	798	100
283		4614	Ceri CASWELL	Parc Bryn Bach	F3539	LADIES	78	16	923	85
284		3023	Denise HADIGATE	Islwyn	F4044	LADIES	79	14	922	87
285		3244	Lisa DAVIES	Islwyn	F4044	LADIES	80	15	921	86
286		3815	Sarah KEMBREY	Lliswerry	F3539	LADIES	81	17	920	84
287		1126	Michelle CLABON	Caerleon	F5054	LADIES	82	5	919	96
288		1129	Yangi VUNDAMINA	Caerleon	F4044	LADIES	83	16	918	85
289		2008	Jane LEWIS	Fairwater	F4549	LADIES	84	13	917	88
290		3540	Julie DAVIES	Lliswerry	F5054	LADIES	85	6	916	95
291		1530	Joanne MILLIKEN	Chepstow	F5054	LADIES	86	7	915	94
292		2023	Stella SYMONS	Fairwater	F5054	LADIES	87	8	914	93
293		5502	Claire McCLUSKEY	Usk	F1734	LADIES	88	28	913	73
294		4531	Samantha STANDERWICK	Parc Bryn Bach	F4044	LADIES	89	17	912	84
295		3641	Chris GENTLE	Lliswerry	M4549	MEN	204	29	797	72
296		3093	Tracy SMITH	Islwyn	F4549	LADIES	90	14	911	87
297		4539	Clive COOKSEY	Parc Bryn Bach	M7099	MEN	205	2	796	99
298		3210	Emma THOMAS	Islwyn	F3539	LADIES	91	18	910	83
299		3797	Katija DEW	Lliswerry	F4549	LADIES	92	15	909	86
300		5538	Gary WILCOX	Usk	M5559	MEN	206	24	795	77

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS
301		3050	Kay DIXON	Islwyn	F4044	LADIES	93	18	908	83
302		2596	Keren BEARD	Griffithstown	F4549	LADIES	94	16	907	85
303		3213	Hannah BROWN	Islwyn	F3539	LADIES	95	19	906	82
304		2034	John FRY	Fairwater	M7099	MEN	207	3	794	98
305		2597	Richard COOK	Griffithstown	M1739	MEN	208	71	793	30
306		1583	Dick FINCH	Chepstow	M7099	MEN	209	4	792	97
307		3811	Mirka VIRTANEN	Llswerry	F1734	LADIES	96	29	905	72
308		2063	Malgorzata PIOTROSKA	Fairwater	F3539	LADIES	97	20	904	81
309		3782	Susan WEBSTER	Llswerry	F5054	LADIES	98	9	903	92
310		5158	Lyndsay POULSOM	Pont-y-Pwl	F1734	LADIES	99	30	902	71
311		5168	Ron GODFREY	Pont-y-Pwl	M5054	MEN	210	31	791	70
312		1613	Mike EVANS	Chepstow	M6064	MEN	211	11	790	90
313		1122	Joanne HENSHELL	Caerleon	F4044	LADIES	100	19	901	82
314		4030	Sarah CLIFTON	Monmouth	F3539	LADIES	101	21	900	80
315		1137	Anna HERRON	Caerleon	F3539	LADIES	102	22	899	79
316		3618	Yvonne FORSEY	Llswerry	F5559	LADIES	103	3	898	98
317		3820	Louise QUATERMASS	Llswerry	F3539	LADIES	104	23	897	78
318		3614	Tracy BURTON	Llswerry	F5054	LADIES	105	10	896	91
319		5186	Jenny PRICE	Pont-y-Pwl	F3539	LADIES	106	24	895	77
320		3193	Andrea THOMAS	Islwyn	F4044	LADIES	107	20	894	81
321		3221	Lynne CARTER	Islwyn	F4549	LADIES	108	17	893	84
322		5507	Esther DAWSON	Usk	F4044	LADIES	109	21	892	80
323		5561	Kathy EVANS	Usk	F5054	LADIES	110	11	891	90
324		3553	Laura RENDELL	Llswerry	F1734	LADIES	111	31	890	70
325		3718	Nick JACKSON	Llswerry	M5054	MEN	212	32	789	69
326		2006	Helen GWILLIAM	Fairwater	F4549	LADIES	112	18	889	83
327		5035	Kay MORGAN	Pont-y-Pwl	F3539	LADIES	113	25	888	76
328		1008	Charlotte LEIGH	Caerleon	F3539	LADIES	114	26	887	75
329		3558	Linda DURSLEY	Llswerry	F5559	LADIES	115	4	886	97
330		3821	Janine LANE	Llswerry	F3539	LADIES	116	27	885	74
331		1020	Gwyn HOWELLS	Caerleon	F6599	LADIES	117	3	884	98
332		1131	Claire ORFORD	Caerleon	F4044	LADIES	118	22	883	79
333		3252	Elizabeth JONES	Islwyn	F4549	LADIES	119	19	882	82
334		3229	Sian JOHNSON	Islwyn	F1734	LADIES	120	32	881	69
335		2024	Suzanne WILLIAMS	Fairwater	F5054	LADIES	121	12	880	89
336		3570	Michelle UNSWORTH	Llswerry	F4549	LADIES	122	20	879	81
337		3257	Anwen REES	Islwyn	F3539	LADIES	123	28	878	73
338		1001	Aisling MORGAN	Caerleon	F1734	LADIES	124	33	877	68
339		3226	Ross KEELING	Islwyn	M1739	MEN	213	72	788	29
340		3571	Morwenna PHILLIPS	Llswerry	F1734	LADIES	125	34	876	67
341		3524	Eleanor JOHNSTON	Llswerry	F3539	LADIES	126	29	875	72
342		1142	Jane DERRICK	Caerleon	F3539	LADIES	127	30	874	71
343		1641	Syd WHEELER	Chepstow	M7099	MEN	214	5	787	96
344		5077	Susan JEFFS	Pont-y-Pwl	F5054	LADIES	128	13	873	88
345		5079	Vicky JEFFS	Pont-y-Pwl	F1734	LADIES	129	35	872	66
346		2057	Bethan DAVIES	Fairwater	F3539	LADIES	130	31	871	70

GLCL 2016 ROAD RACE SERIES
 RACE 3 of 5
 ISLWYN (Penallta Parc) 19th JULY 2016

TEAM RESULTS

<u>MALE "A" TEAM</u>				<u>FEMALE "A" TEAM</u>					
	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		
1	CHEPSTOW	10	9775	10	1	PARC BRYN BACH	6	5927	10
2	PONT-Y-PWL	10	9742	9	2	CHEPSTOW	6	5920	9
3	PARC BRYN BACH	10	9694	8	3	PONT-Y-PWL	6	5898	8
4	ISLWYN	10	9672	7	4	LLISWERRY	6	5882	7
5	LLISWERRY	10	9668	6	5	ISLWYN	6	5852	6
6	CAERLEON	10	9395	5	6	CAERLEON	6	5768	5
7	GRIFFITHSTOWN	10	9064	4	7	FAIRWATER	6	5701	4
8	FAIRWATER	10	8657	3	8	MONMOUTH	5	4796	3
9	MONMOUTH	6	5605	2	9	USK	3	2696	2
10	USK	3	2496	1	10	GRIFFITHSTOWN	2	1873	1

<u>MALE TEAM "B&C" TEAM</u>			<u>FEMALE "B&C" TEAM</u>				
	<u>RUNNERS</u>	<u>SCORE</u>		<u>RUNNERS</u>	<u>SCORE</u>		
1	LLISWERRY(B)	10	9107	1	LLISWERRY(B)	6	5729
2	ISLWYN(B)	10	9067	2	PARC BRYN BACH(B)	6	5656
3	CHEPSTOW(B)	10	9007	3	PONT-Y-PWL(B)	6	5638
4	PONT-Y-PWL(B)	10	8846	4	ISLWYN(B)	6	5596
5	PARC BRYN BACH(B)	10	8829	5	LLISWERRY(C)	6	5563
6	ISLWYN(C)	10	8721	6	CAERLEON(B)	6	5493
7	CAERLEON(B)	10	8604	7	ISLWYN(C)	6	5422
8	LLISWERRY(C)	10	8569	8	FAIRWATER(B)	5	4458
9	CHEPSTOW(C)	8	6534	9	CAERLEON(C)	5	4405
10	PONT-Y-PWL(C)	3	2443	10	PARC BRYN BACH(C)	4	3693
11	PARC BRYN BACH(C)	3	2405	11	PONT-Y-PWL(C)	4	3528
12	CAERLEON(C)	2	1614	12	CHEPSTOW(B)	2	1865
	FAIRWATER(B)	0	0		CHEPSTOW(C)	0	0
	FAIRWATER(C)	0	0		FAIRWATER(C)	0	0
	GRIFFITHSTOWN(B)	0	0		GRIFFITHSTOWN(B)	0	0
	GRIFFITHSTOWN(C)	0	0		GRIFFITHSTOWN(C)	0	0
	MONMOUTH(B)	0	0		MONMOUTH(B)	0	0
	MONMOUTH(C)	0	0		MONMOUTH(C)	0	0
	USK(B)	0	0		USK(B)	0	0
	USK(C)	0	0		USK(C)	0	0

Race 3 of 5

ISLWYN (Penallta Parc)

19th July

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	35	M1739	72
F3539	31	M4044	36
F4044	22	M4549	29
F4549	20	M5054	32
F5054	13	M5559	24
F5559	4	M6064	11
F6064	2	M6569	5
F6599	3	M7099	5
Guests (F)	0	Guests (M)	2
LADIES TOTAL	130	MENS TOTAL	216

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	17	22	39
CHEPSTOW	8	28	36
FAIRWATER	11	10	21
GRIFFITHSTOWN	2	10	12
ISLWYN	21	47	68
LLISWERRY	31	42	73
MONMOUTH	5	6	11
PARC BRYN BACH	16	23	39
PONTYPOOL	16	23	39
USK	3	3	6
Guests	0	2	2
TOTAL	130	216	346