

**LADIES RACE
CONFIRMED
RESULTS**

**GLCL 2015~16 XC SERIES
RACE 1 of 5
PARC BRYN BACH
SUNDAY 27th SEP. 2015**

3:41 PM
28-09-15

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	1		3529	Emma WOOKEY	Lliswerry	F1734	1	1000	100
2	2		4523	Nichola GETHING	Parc Bryn Bach	F4549	1	999	100
3	3		4004	Caroline JONES	Monmouth	F3539	1	998	100
4	4		4505	Danielle PHILLIPS	Parc Bryn Bach	F1734	2	997	99
5	5		4577	Lauren COOPER	Parc Bryn Bach	F1734	3	996	98
6	6		5018	Emma BAYLISS	Pont-y-Pwl	F1734	4	995	97
7	7		3595	Sandra CHIPPER	Lliswerry	F4044	1	994	100
8	8		5043	Louise SUMMERS	Pont-y-Pwl	F4549	2	993	99
9	9		5044	Lubi MECIAROVA	Pont-y-Pwl	F1734	5	992	96
10	10		3551	Keri JONES	Lliswerry	F4044	2	991	99
11	11		5047	Maria RICHARDS	Pont-y-Pwl	F4044	3	990	98
12	12		1514	Esther BARRETT	Chepstow	F4044	4	989	97
13	13		3599	Sarah LAUDER	Lliswerry	F3539	2	988	99
14	14		1521	Helen DUFFIELD	Chepstow	F4044	5	987	96
15	15		2530	Tara PAISEY	Griffithstown	F1734	6	986	95
16	16		1544	Rebecca COMINS	Chepstow	F4549	3	985	98
17	17		3575	Nicola BECK	Lliswerry	F4549	4	984	97
18	18		1537	Lisa JEFFREY	Chepstow	F4044	6	983	95
19	19		5021	Emma SOWREY	Pont-y-Pwl	F4044	7	982	94
20	20		3574	Nicci HAINES-JONES	Lliswerry	F5054	1	981	100
21	21		1543	Rachel HIPKISS	Chepstow	F3539	3	980	98
22	22		1004	Alison SCRIVENS	Caerleon	F4549	5	979	96
23	24		5023	Fiona CROSS	Pont-y-Pwl	F3539	4	978	97
24	25		2527	Rose CHARLES	Griffithstown	F1734	7	977	94
25	26		1551	Sophie GILBERT	Chepstow	F4044	8	976	93
26	27		3051	Kelly FELSTEAD	Islwyn	F3539	5	975	96
27	28		2004	Deb COCKRAM	Fairwater	F5054	2	974	99
28	29		5006	Anne Marie HARRIS	Pont-y-Pwl	F4549	6	973	95
29	30		3566	Marina WRIGHT	Lliswerry	F3539	6	972	95
30	31		4508	Jacky MILES	Parc Bryn Bach	F6064	1	971	100
31	32		4529	Riannon GRIFFIN	Parc Bryn Bach	F3539	7	970	94
32	33		1506	Berna CANTWELL	Chepstow	F5054	3	969	98
33	35		2020	Rebecca POOLE	Fairwater	F1734	8	968	93
34	36		4526	Rachel LEWIS	Parc Bryn Bach	F3539	8	967	93
35	37		4502	Ceri WHENT NELMES	Parc Bryn Bach	F3539	9	966	92
36	38		3537	Janet RICHARDS	Lliswerry	F5054	4	965	97
37	43		1531	Joyce DODD	Chepstow	F6064	2	964	99
38	45		3530	Gayle SHEPPARD	Lliswerry	F4044	9	963	92
39	46		5071	Sharon NEWELL	Pont-y-Pwl	F4549	7	962	94
40	47		5072	Sharon WOODS	Pont-y-Pwl	F5559	1	961	100
41	48		3045	Julie LEWIS	Islwyn	F4549	8	960	93
42	49		1507	Brenda AVERY	Chepstow	F6599	1	959	100
43	53		1021	Helen THOMAS	Caerleon	F5054	5	958	96
44	54		2009	Jeanette JENKINS	Fairwater	F5054	6	957	95
45	55		2512	Elizabeth STOKES	Griffithstown	F4044	10	956	91

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PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
46	57	4512	Julie	CASHELL	Parc Bryn Bach	F3539	10	955	91
47	62	1555	Teresa	TRANTER	Chepstow	F6064	3	954	98
48	64	4507	Hayley	JACKSON	Parc Bryn Bach	F4044	11	953	90
49	65	5041	Lisa	ERICKSON	Pont-y-Pwl	F3539	11	952	90
50	70	3511	Ceri	JENKINS	Llswerry	F4044	12	951	89
51	71	2013	Julie	ROCHE	Fairwater	F4549	9	950	92
52	73	5059	Nicola	SMITH	Pont-y-Pwl	F4549	10	949	91
53	74	5036	Keri	HAMER	Pont-y-Pwl	F3539	12	948	89
54	83	1048	Shelagh	ADKINS	Caerleon	F6599	2	947	99
55	85	3578	Nicola	SINCLAIR	Llswerry	F3539	13	946	88
56	88	5033	Kate	ALLEN	Pont-y-Pwl	F4044	13	945	88
57	89	1513	Denise	EVANS	Chepstow	F5054	7	944	94
58	91	4531	Samantha	STANDERWICK	Parc Bryn Bach	F4044	14	943	87
59	95	1552	Sue	ASHTON	Chepstow	F6064	4	942	97
60	97	2008	Jane	LEWIS	Fairwater	F4549	11	941	90
61	98	4504	Claire	SULLIVAN	Parc Bryn Bach	F1734	9	940	92
62	99	4501	Alison	HOLTON	Parc Bryn Bach	F4044	15	939	86
63	102	5037	Kirsty	RHODES	Pont-y-Pwl	F1734	10	938	91
64	103	4514	Kath	JERVIS	Parc Bryn Bach	F5559	2	937	99
65	112	1007	Bernadette	DAVIES	Caerleon	F4044	16	936	85
66	117	1036	Mary	SCOURFIELD	Caerleon	F4549	12	935	89
67	122	2023	Stella	SYMONS	Fairwater	F5054	8	934	93
68	124	3580	Pam	GRANTHAM	Llswerry	F5054	9	933	92
69	125	3054	Kirsty	HOLTHAM-MORGAN	Islwyn	F3539	14	932	87
70	131	5035	Kay	MORGAN	Pont-y-Pwl	F3539	15	931	86
71	132	5011	Christine	VORRÉS	Pont-y-Pwl	F5559	3	930	98
72	136	2024	Suzanne	WILLIAMS	Fairwater	F4549	13	929	88
73	141	2006	Helen	GWILLIAM	Fairwater	F4549	14	928	87
74	142	1527	Jen	HARDING	Chepstow	F1734	11	927	90
75	144	3195	Anne	RICE-JONES	Islwyn	F5054	10	926	91
76	147	5557	Annette	EXLEY	Usk	F5054	11	925	90
77	152	3193	Andrea	THOMAS	Islwyn	F4044	17	924	84
78	153	3507	Cara	GATES	Llswerry	F4549	15	923	86
79	160	4031	Sarah	RICHARDS	Monmouth	F3539	16	922	85
80	161	4015	Julia	DAVIES	Monmouth	F4044	18	921	83
81	168	3534	Hayley	EDWARDS	Llswerry	F1734	12	920	89
82	174	3038	Helen	SIMMONDS	Islwyn	F1734	13	919	88
83	176	3194	Nic	RICHARDS	Islwyn	F4044	19	918	82
84	177	3044	Juli	WILLIAMS	Islwyn	F4044	20	917	81
85	179	2021	Sheree	MANN	Fairwater	F4549	16	916	85
86	182	3021	Danielle	WARD	Islwyn	F1734	14	915	87
87	186	5556	Camilla	LAING	Usk	F5054	12	914	89

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1	23		5146	Sean TAYLOR	Pont-y-Pwl	M1739	1	1000	100
2	34		3700	Matthew GRANTHAM	Lliswerry	M1739	2	999	99
3	39		5114	Iwan MORTON	Pont-y-Pwl	M1739	3	998	98
4	40		1612	Matthew STOTT	Chepstow	M1739	4	997	97
5	41		2561	Josh JONES	Griffithstown	M1739	5	996	96
6	42		5113	Iestyn RHODES	Pont-y-Pwl	M1739	6	995	95
7	44		5083	Alun WOOD	Pont-y-Pwl	M1739	7	994	94
8	50		2563	Leighton WEBB	Griffithstown	M1739	8	993	93
9	51		4541	Damian WILLIAMS	Parc Bryn Bach	M4549	1	992	100
10	52		5153	Steve DAVIES	Pont-y-Pwl	M5559	1	991	100
11	56		1600	Karie ATKINS	Chepstow	M4044	1	990	100
12	58		3176	Robert DAVIES	Islwyn	M4044	2	989	99
13	59		1593	James BLORE	Chepstow	M1739	9	988	92
14	60		3715	Neil EVANS	Lliswerry	M1739	10	987	91
15	61		5085	Andrew LEE	Pont-y-Pwl	M4044	3	986	98
16	63		5081	Adrian WOODS	Pont-y-Pwl	M5054	1	985	100
17	66		1617	Paul DODD	Chepstow	M5559	2	984	99
18	67		3119	Dafydd LAMBETH	Islwyn	M4044	4	983	97
19	68		1606	Mark HARVEY(jnr)	Chepstow	M1739	11	982	90
20	69		3171	Philip WILLIAMS	Islwyn	M1739	12	981	89
21	72		5544	Mark BALCH	Usk	M4549	2	980	99
22	75		3192	Matthew PIZEY	Islwyn	M1739	13	979	88
23	76		5136	Paul WHITE	Pont-y-Pwl	M1739	14	978	87
24	77		1609	Martyn WINSER	Chepstow	M1739	15	977	86
25	78		3746	Simon GILL	Lliswerry	M1739	16	976	85
26	79		1640	Stuart PENNY	Chepstow	M5054	2	975	99
27	80		2539	Andrew WALSH	Griffithstown	M1739	17	974	84
28	81		3162	Mike DURY	Islwyn	M1739	18	973	83
29	82		1630	Rob HOOK	Chepstow	M5054	3	972	98
30	84		5527	Adrian BULL	Usk	M1739	19	971	82
31	86		4568	Sam LEWIS-JONES	Parc Bryn Bach	M1739	20	970	81
32	87		3739	Rob DAVIES	Lliswerry	M4044	5	969	96
33	90		1599	Jonathan CARTER	Chepstow	M4549	3	968	98
34	92		4563	Richard BRACHER	Parc Bryn Bach	M1739	21	967	80
35	93		3661	Gareth BECK	Lliswerry	M4549	4	966	97
36	94		2537	Andrew SPENCER	Griffithstown	M5054	4	965	97
37	96		1619	Paul LIDGETT	Chepstow	M4549	5	964	96
38	100		5140	Ricci WATTS	Pont-y-Pwl	M1739	22	963	79
39	101		2546	Chris HADDOCK	Griffithstown	M1739	23	962	78
40	104		4566	Richard SHEEHY	Parc Bryn Bach	M1739	24	961	77
41	105		4569	Sean TOMASSON	Parc Bryn Bach	M1739	25	960	76
42	106		5084	Andrew DICKENS	Pont-y-Pwl	M4549	6	959	95
43	107		3187	Steve LANE	Islwyn	M4044	6	958	95
44	108		1615	Neil GRANT	Chepstow	M6064	1	957	100
45	109		1079	Mike THURGOOD	Caerleon	M4549	7	956	94

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46	110		1088	Peter	RODGER	Caerleon	M5559	3	955	98
47	111		1611	Matthew	LAWSON	Chepstow	M4549	8	954	93
48	113		4064	Russell	FINCH	Monmouth	M5054	5	953	96
49	114		5541	Jon	HANCOCK	Usk	M5559	4	952	97
50	115		5154	Steve	HARRHY	Pont-y-Pwl	M5054	6	951	95
51	116		4570	Shane	ROBERTS	Parc Bryn Bach	M4044	7	950	94
52	118		1089	Peter	THOMAS	Caerleon	M5559	5	949	96
53	119		3126	Erik	MOONS	Islwyn	M4549	9	948	92
54	120		3169	Paul	THOMAS	Islwyn	M1739	26	947	75
55	121		1561	Alex	CARTER	Chepstow	M1739	27	946	74
56	123		4538	Christopher	GITTINGS	Parc Bryn Bach	M1739	28	945	73
57	126		4043	Brian	EVANS	Monmouth	M4044	8	944	93
58	127		4547	Ian	LINE	Parc Bryn Bach	M4044	9	943	92
59	128		4063	Robert	NELSON	Monmouth	M4044	10	942	91
60	129		2040	Michael	SKYRME	Fairwater	M4549	10	941	91
61	130		5157	John	BARNE	Pont-y-Pwl	M4044	11	940	90
62	133		2052	Steve	MORGAN	Fairwater	M4044	12	939	89
63	134		5152	Steve	BRYANT	Pont-y-Pwl	M5054	7	938	94
64	135		2555	Gerard	GORMLEY	Griffithstown	M4549	11	937	90
65	137		4050	Kirk	HILL	Monmouth	M4044	13	936	88
66	138		5093	Chris	O'BRIEN	Pont-y-Pwl	M4044	14	935	87
67	139		4542	Darryl	COOK	Parc Bryn Bach	M1739	29	934	72
68	140		4551	Jason	NASH	Parc Bryn Bach	M4044	15	933	86
69	143		4053	Martin	BLAKEBROUGH	Monmouth	M5054	8	932	93
70	145		4549	James	WILLIAMS	Parc Bryn Bach	M1739	30	931	71
71	146		3166	Paul	HARVEY	Islwyn	M1739	31	930	70
72	148		2586	Thomas	GUY	Griffithstown	M4044	16	929	85
73	149		1099	Simon	TANG	Caerleon	M1739	32	928	69
74	150		5547	Neil	WILLIAMS	Usk	M5054	9	927	92
75	151		4544	David	SMOUT	Parc Bryn Bach	M6569	1	926	100
76	154		2038	Martyn	JENKINS	Fairwater	M5559	6	925	95
77	155		3140	Jason	DIXON	Islwyn	M4549	12	924	89
78	156		5117	Keith	LANGLEY	Pont-y-Pwl	M6064	2	923	99
79	157		3727	Paul	DAY	Lliswerry	M6064	3	922	98
80	158		5133	Paul	GRAINGER JONES	Pont-y-Pwl	M4044	17	921	84
81	159		3118	Daffyd	WEETMAN	Islwyn	M4044	18	920	83
82	162		3191	Tony	FRANCIS	Islwyn	M5054	10	919	91
83	163		4557	Martin	CHAMMINGS	Parc Bryn Bach	M1739	33	918	68
84	164		5091	Chris	CAREY	Pont-y-Pwl	M4549	13	917	88
85	165		4048	Jeremy	CREASEY	Monmouth	M4549	14	916	87
86	166		3190	Terry	LEWIS	Islwyn	M5054	11	915	90
87	167		5155	Stewart	THOMSON	Pont-y-Pwl	M5054	12	914	89
88	170		5529	Brian	JONES	Usk	M5054	13	913	88
89	171		3131	Glyn	HICKS	Islwyn	M6569	2	912	99
90	172		5089	Carl	ROBERTS	Pont-y-Pwl	M1739	34	911	67

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91	173		1054	Andrew TAYLOR	Caerleon	M5559	7	910	94
92	175		5539	Graham SIMPSON	Usk	M5054	14	909	87
93	178		3100	Aiden DAVIES	Islwyn	M1739	35	908	66
94	180		5098	Daniel NEWTON	Pont-y-Pwl	M4044	19	907	82
95	181		3654	David GATES	Lliswerry	M5559	8	906	93
96	183		1613	Mike EVANS	Chepstow	M6064	4	905	97
97	184		3630	Andrew JOHNSON	Lliswerry	M5054	15	904	86
98	185		4534	Anthony LEWIS	Parc Bryn Bach	M4549	15	903	86
99	187		1569	Barry EVANS	Chepstow	M4549	16	902	85
100	188		4564	Richard CREW	Parc Bryn Bach	M1739	36	901	65
101	189		3714	Neil CHIPPER	Lliswerry	M5559	9	900	92
102	190		2051	Roger MILLS	Fairwater	M4044	20	899	81
103	191		1575	Colin PROSSER	Chepstow	M5054	16	898	85
104	192		3115	Colin DIXON	Islwyn	M6064	5	897	96
105	193		3765	Christian SINCLAIR	Lliswerry	M1739	37	896	64
106	194		5538	Gary WILCOX	Usk	M5054	17	895	84
107	195		4574	Terry VAUGHAN	Parc Bryn Bach	M4044	21	894	80
108	196		4072	David RUTTER	Monmouth	M6569	3	893	98
OVER 70 MALE									
1	169		3638	Carl ELLIOTT	Lliswerry	M7099	1	0	100

RACE 1 of 5
PARC BRYN BACH
27th SEP 2015

TEAM RESULTS

<u>MALE "A" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	PONT-Y-PWL	6	5964	10
2	CHEPSTOW	6	5918	9
3	ISLWYN	6	5863	8
4	GRIFFITHSTOWN	6	5827	7
5	LLISWERRY	6	5819	6
6	PARC BRYN BACH	6	5800	5
7	USK	6	5652	4
8	MONMOUTH	6	5623	3
9	CAERLEON	5	4698	2
10	FAIRWATER	4	3704	1

<u>FEMALE "A" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY	4	3973	10
2	PONT-Y-PWL	4	3970	9
3	PARC BRYN BACH	4	3963	8
4	CHEPSTOW	4	3944	7
5	FAIRWATER	4	3849	6
6	CAERLEON	4	3820	5
7	ISLWYN	4	3793	4
8	GRIFFITHSTOWN	3	2919	3
9	MONMOUTH	3	2841	2
10	USK	2	1838	1

<u>MALE TEAM "B&C" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>
1	CHEPSTOW(B)	6	5790
2	PONT-Y-PWL(B)	6	5776
3	PARC BRYN BACH(B)	6	5612
4	ISLWYN(B)	6	5588
5	PONT-Y-PWL(C)	6	5548
6	CHEPSTOW(C)	4	3651
7	ISLWYN(C)	4	3632
8	PARC BRYN BACH(C)	4	3616
9	LLISWERRY(B)	4	3606
10	GRIFFITHSTOWN(B)	1	929
11	USK(B)	1	895
12	MONMOUTH(B)	1	893
	CAERLEON(B)	0	0
	CAERLEON(C)	0	0
	FAIRWATER(B)	0	0
	FAIRWATER(C)	0	0
	GRIFFITHSTOWN(C)	0	0
	LLISWERRY(C)	0	0
	MONMOUTH(C)	0	0
	USK(C)	0	0

<u>FEMALE "B&C" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>
1	LLISWERRY(B)	4	3902
2	PONT-Y-PWL(B)	4	3895
3	CHEPSTOW(B)	4	3889
4	PARC BRYN BACH(B)	4	3858
5	PONT-Y-PWL(C)	4	3810
6	CHEPSTOW(C)	4	3799
7	LLISWERRY(C)	4	3793
8	PARC BRYN BACH(C)	4	3775
9	FAIRWATER(B)	4	3732
10	ISLWYN(B)	4	3678
11	CAERLEON(B)	1	935
12	FAIRWATER(C)	1	916
13	ISLWYN(C)	1	915
	CAERLEON(C)	0	0
	GRIFFITHSTOWN(B)	0	0
	GRIFFITHSTOWN(C)	0	0
	MONMOUTH(B)	0	0
	MONMOUTH(C)	0	0
	USK(B)	0	0
	USK(C)	0	0

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	14	M1739	37
F3539	16	M4044	21
F4044	20	M4549	16
F4549	16	M5054	17
F5054	12	M5559	9
F5559	3	M6064	5
F6064	4	M6569	3
F6599	2	M7099	1
Guests (F)	0	Guests (M)	0
LADIES TOTAL	87	MENS TOTAL	109

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	5	5	10
CHEPSTOW	13	16	29
FAIRWATER	9	4	13
GRIFFITHSTOWN	3	7	10
ISLWYN	9	16	25
LLISWERRY	14	11	25
MONMOUTH	3	7	10
PARC BRYN BACH	13	16	29
PONTYPOOL	16	20	36
USK	2	7	9
Guests	0	0	0
TOTAL	87	109	196