

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	1		4004	Caroline JONES	Monmouth	F3539	1	1000	100
2	2		4577	Lauren COOPER	Parc Bryn Bach	F1734	1	999	100
3	3		3595	Sandra CHIPPER	Llswerry	F4044	1	998	100
4	4		1516	Georgie PRIOR	Chepstow	F1734	2	997	99
5	5		1542	Niki MORGAN	Chepstow	F4549	1	996	100
6	6		1537	Lisa JEFFREY	Chepstow	F4044	2	995	99
7	7		4505	Danielle PHILLIPS	Parc Bryn Bach	F1734	3	994	98
8	8		5044	Lubi MECIAROVA	Pont-y-Pwl	F1734	4	993	97
9	9		4584	Hannah WILLIAMS	Parc Bryn Bach	F1734	5	992	96
10	10		3551	Keri JONES	Llswerry	F4044	3	991	98
11	11		5066	Samantha TOOP	Pont-y-Pwl	F1734	6	990	95
12	12		1511	Danielle SAPSFORD	Chepstow	F3539	2	989	99
13	13		5021	Emma SOWREY	Pont-y-Pwl	F4044	4	988	97
14	14		1543	Rachel HIPKISS	Chepstow	F3539	3	987	98
15	15		5043	Louise SUMMERS	Pont-y-Pwl	F4549	2	986	99
16	16		3599	Sarah LAUDER	Llswerry	F3539	4	985	97
17	17		2527	Rose CHARLES	Griffithstown	F1734	7	984	94
18	18		1043	Paula WILLIAMS	Caerleon	F4549	3	983	98
19	19		2004	Deb COCKRAM	Fairwater	F5054	1	982	100
20	20		3784	Claire WEBSTER	Llswerry	F1734	8	981	93
21	21		1523	Jan MORRIS	Chepstow	F4549	4	980	97
22	22		4526	Rachel LEWIS	Parc Bryn Bach	F3539	5	979	96
23	23		3512	Charlotte RALPH	Llswerry	F1734	9	978	92
24	24		1531	Joyce DODD	Chepstow	F6064	1	977	100
25	25		4518	Kelly COLLINS	Parc Bryn Bach	F3539	6	976	95
26	26		2009	Jeanette JENKINS	Fairwater	F5054	2	975	99
27	27		3051	Kelly FELSTEAD	Islwyn	F3539	7	974	94
28	28		5072	Sharon WOODS	Pont-y-Pwl	F5559	1	973	100
29	29		3585	Raven TIMMS	Llswerry	F4044	5	972	96
30	30		4502	Ceri WHENT NELMES	Parc Bryn Bach	F3539	8	971	93
31	31		4007	Emma KING	Monmouth	F1734	10	970	91
32	32		4512	Julie CASHELL	Parc Bryn Bach	F3539	9	969	92
33	33		3196	Hanna DAVIES	Islwyn	F1734	11	968	90
34	34		1506	Berna CANTWELL	Chepstow	F5054	3	967	98
35	35		5071	Sharon NEWELL	Pont-y-Pwl	F4549	5	966	96
36	36		5047	Maria RICHARDS	Pont-y-Pwl	F4044	6	965	95
37	37		3530	Gayle SHEPPARD	Llswerry	F4044	7	964	94
38	38		3578	Nicola SINCLAIR	Llswerry	F3539	10	963	91
39	39		1029	Karen PAYNE	Caerleon	F4044	8	962	93
40	40		3596	Sarah FRANCIS	Llswerry	F3539	11	961	90
41	41		1009	Charlotte MORAN	Caerleon	F3539	12	960	89
42	42		1555	Teresa TRANTER	Chepstow	F6064	2	959	99
43	43		1034	Liz RICHARDS	Caerleon	F5054	4	958	97
44	44		3065	Michelle JOHNSON	Islwyn	F1734	12	957	89
45	46		4507	Hayley JACKSON	Parc Bryn Bach	F4044	9	956	92
46	48		1021	Helen THOMAS	Caerleon	F5054	5	955	96

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
47	49		5059	Nicola SMITH	Pont-y-Pwl	F4549	6	954	95
48	50		5036	Keri HAMER	Pont-y-Pwl	F3539	13	953	88
49	52		2512	Elizabeth STOKES	Griffithstown	F4044	10	952	91
50	53		3556	Leanne PHILLIPS	Llisbury	F4044	11	951	90
51	54		4014	Jo MARSH	Monmouth	F4549	7	950	94
52	55		1546	Roberta HAVERS	Chepstow	F1734	13	949	88
53	57		4579	Louise KIRBY	Parc Bryn Bach	F4549	8	948	93
54	61		1507	Brenda AVERY	Chepstow	F6599	1	947	100
55	63		4522	Michelle JAYNE	Parc Bryn Bach	F3539	14	946	87
56	65		3511	Ceri JENKINS	Llisbury	F4044	12	945	89
57	67		3576	Nicola GRAY	Llisbury	F4549	9	944	92
58	68		3094	Vicki JONES	Islwyn	F4044	13	943	88
59	69		2013	Julie ROCHE	Fairwater	F4549	10	942	91
60	71		3195	Anne RICE-JONES	Islwyn	F5054	6	941	95
61	72		5033	Kate ALLEN	Pont-y-Pwl	F4044	14	940	87
62	76		2008	Jane LEWIS	Fairwater	F4549	11	939	90
63	77		4504	Claire SULLIVAN	Parc Bryn Bach	F1734	14	938	87
64	78		1513	Denise EVANS	Chepstow	F5054	7	937	94
65	79		5076	Stephanie SWAIN	Pont-y-Pwl	F4044	15	936	86
66	84		1524	Jane BAYLISS	Chepstow	F6064	3	935	98
67	85		3054	Kirsty HOLTHAM-MORGAN	Islwyn	F3539	15	934	86
68	88		5080	Zoe ELVER	Pont-y-Pwl	F4044	16	933	85
69	89		5016	Donna HEWITT	Pont-y-Pwl	F3539	16	932	85
70	91		3073	Rachel Louise JONES	Islwyn	F1734	15	931	86
71	95		2023	Stella SYMONS	Fairwater	F5054	8	930	93
72	98		3773	Kim JOHNS	Llisbury	F4549	12	929	89
73	101		3039	Helen WILLIAMS	Islwyn	F3539	17	928	84
74	109		4030	Sarah CLIFTON	Monmouth	F3539	18	927	83
75	110		3064	Mel SENIOR	Islwyn	F4549	13	926	88
76	111		5029	Jayne WALTERS	Pont-y-Pwl	F4044	17	925	84
77	112		5035	Kay MORGAN	Pont-y-Pwl	F3539	19	924	82
78	121		1552	Sue ASHTON	Chepstow	F6064	4	923	97
79	122		5042	Louise BRIGHT	Pont-y-Pwl	F3539	20	922	81
80	124		5037	Kirsty RHODES	Pont-y-Pwl	F1734	16	921	85
81	125		5004	Anna PARRY	Pont-y-Pwl	F3539	21	920	80
82	131		4031	Sarah RICHARDS	Monmouth	F3539	22	919	79
83	139		4038	Trish BICKNELL	Monmouth	F5054	9	918	92
84	140		3069	Pat RICHARDSON	Islwyn	F6599	2	917	99
85	143		3198	Sian PEARCE	Islwyn	F3539	23	916	78
86	149		5003	Amy FLINN	Pont-y-Pwl	F1734	17	915	84
87	150		5005	Anna RICHARDS	Pont-y-Pwl	F3539	24	914	77
88	156		2024	Suzanne WILLIAMS	Fairwater	F4549	14	913	87
89	159		2055	Jessica KENT	Fairwater	F1734	18	912	83
90	161		3021	Danielle WARD	Islwyn	F1734	19	911	82
91	163		1001	Aisling MORGAN	Caerleon	F1734	20	910	81
92	170		1020	Gwyn HOWELLS	Caerleon	F6599	3	909	98

**MENS RACE
CONFIRMED
RESULTS**

**GLCL 2015~16 XC SERIES
RACE 3 of 5
PARC BRYN BACH
SUNDAY 10th JAN. 2016**

(updated)
4:09 PM
14-01-16

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	45		2036	Laurence HUMPHRIES	Fairwater	M1739	1	1000	100
2	47		3708	Michael GRIFFITHS	Lliswerry	M1739	2	999	99
3	51		2563	Leighton WEBB	Griffithstown	M1739	3	998	98
4	56		4555	Lee AHERNE	Parc Bryn Bach	M4549	1	997	100
5	58		5146	Sean TAYLOR	Pont-y-Pwl	M1739	4	996	97
6	59		2561	Josh JONES	Griffithstown	M1739	5	995	96
7	60		2539	Andrew WALSH	Griffithstown	M1739	6	994	95
8	62		5166	Ben SINCLAIR	Pont-y-Pwl	M1739	7	993	94
9	64		4573	Stephen MATHERS	Parc Bryn Bach	M1739	8	992	93
10	66		4541	Damian WILLIAMS	Parc Bryn Bach	M4549	2	991	99
11	70		3700	Matthew GRANTHAM	Lliswerry	M1739	9	990	92
12	73		3152	Lee MILLS	Islwyn	M1739	10	989	91
13	74		5083	Alun WOOD	Pont-y-Pwl	M1739	11	988	90
14	75		5085	Andrew LEE	Pont-y-Pwl	M4044	1	987	100
15	80		5113	Iestyn RHODES	Pont-y-Pwl	M1739	12	986	89
16	81		3161	Micheal RICHARDSON	Islwyn	M1739	13	985	88
17	82		5153	Steve DAVIES	Pont-y-Pwl	M5559	1	984	100
18	83		1609	Martyn WINSER	Chepstow	M1739	14	983	87
19	86		1593	James BLORE	Chepstow	M1739	15	982	86
20	87		3159	Martin JONES	Islwyn	M1739	16	981	85
21	90		3171	Philip WILLIAMS	Islwyn	M1739	17	980	84
22	92		4569	Sean TOMASSON	Parc Bryn Bach	M1739	18	979	83
23	93		1617	Paul DODD	Chepstow	M5559	2	978	99
24	94		5136	Paul WHITE	Pont-y-Pwl	M1739	19	977	82
25	96		5527	Adrian BULL	Usk	M1739	20	976	81
26	97		3733	Phil BOORMAN	Lliswerry	M4549	3	975	98
27	99		1599	Jonathan CARTER	Chepstow	M4549	4	974	97
28	100		1611	Matthew LAWSON	Chepstow	M4549	5	973	96
29	102		3635	Bleddyn JONES	Lliswerry	M1739	21	972	80
30	103		5140	Ricci WATTS	Pont-y-Pwl	M1739	22	971	79
31	104		3134	Haydn HARTNELL	Islwyn	M5054	1	970	100
32	105		3736	Richard ELGAR	Lliswerry	M1739	23	969	78
33	106		4074	Julian HOWE	Monmouth	M4549	6	968	95
34	107		3739	Rob DAVIES	Lliswerry	M4044	2	967	99
35	108		5081	Adrian WOODS	Pont-y-Pwl	M5054	2	966	99
36	113		5102	Dimitri VORRÉS	Pont-y-Pwl	M5054	3	965	98
37	114		5138	Ray MORGAN	Pont-y-Pwl	M1739	24	964	77
38	115		1603	Laurie CARTER	Chepstow	M5559	3	963	98
39	116		2572	Nick WALSH	Griffithstown	M4044	3	962	98
40	117		3167	Paul HAYWARD	Islwyn	M1739	25	961	76
41	118		1561	Alex CARTER	Chepstow	M1739	26	960	75
42	119		1652	Abe RUIZ	Chepstow	M1739	27	959	74
43	120		4075	Robert NICHOLLS	Monmouth	M1739	28	958	73
44	123		1637	Stephen OWEN	Chepstow	M6064	1	957	100
45	126		4578	Alan WILLIAMS	Parc Bryn Bach	M1739	29	956	72

**GLCL 2015~16 XC SERIES
RACE 3 of 5
PARC BRYN BACH
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PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points	
46	127		5090	Carl	URQUHART	Pont-y-Pwl	M5054	4	955	97
47	128		3187	Steve	LANE	Islwyn	M4044	4	954	97
48	129		3122	David	WATERS	Islwyn	M4044	5	953	96
49	130		4566	Richard	SHEEHY	Parc Bryn Bach	M1739	30	952	71
50	132		4582	Andrew	JONES	Parc Bryn Bach	M4044	6	951	95
51	133		4557	Martin	CHAMMINGS	Parc Bryn Bach	M1739	31	950	70
52	134		4561	Phillip	MILES	Parc Bryn Bach	M6064	2	949	99
53	135		1067	Howard	MASON	Caerleon	M5054	5	948	96
54	136		4043	Brian	EVANS	Monmouth	M4044	7	947	94
55	137		4053	Martin	BLAKEBROUGH	Monmouth	M5054	6	946	95
56	138		1615	Neil	GRANT	Chepstow	M6064	3	945	98
57	141		4570	Shane	ROBERTS	Parc Bryn Bach	M4044	8	944	93
58	142		1088	Peter	RODGER	Caerleon	M5559	4	943	97
59	145		2051	Roger	MILLS	Fairwater	M4044	9	942	92
60	146		3169	Paul	THOMAS	Islwyn	M1739	32	941	69
61	147		1630	Rob	HOOK	Chepstow	M5054	7	940	94
62	148		3112	Chris	LLOYD	Islwyn	M1739	33	939	68
63	151		3151	Kim	WEHDEN	Islwyn	M5054	8	938	93
64	152		1601	Kevin	MCENTEE	Chepstow	M5559	5	937	96
65	153		2049	Rob	SYMONS	Fairwater	M5054	9	936	92
66	154		3688	Kevin	RUSSEL	Lliswerry	M5559	6	935	95
67	155		5164	Paul	HARVEY	Pont-y-Pwl	M1739	34	934	67
68	157		5152	Steve	BRYANT	Pont-y-Pwl	M5054	10	933	91
69	160		4588	Matthew	ELLIS	Parc Bryn Bach	M1739	35	932	66
70	162		3727	Paul	DAY	Lliswerry	M6064	4	931	97
71	164		4580	James	THOMAS	Parc Bryn Bach	M1739	36	930	65
72	165		3762	Tony	FIDO	Lliswerry	M6064	5	929	96
73	166		4538	Christopher	GITTINGS	Parc Bryn Bach	M1739	37	928	64
74	167		5093	Chris	O'BRIEN	Pont-y-Pwl	M4044	10	927	91
75	168		4064	Russell	FINCH	Monmouth	M5054	11	926	90
76	169		4544	David	SMOUT	Parc Bryn Bach	M6569	1	925	100
77	171		2547	Colin	WILMOTT	Griffithstown	M5559	7	924	94
78	172		1589	Glen	MEEK	Chepstow	M4044	11	923	90
79	173		1084	Paul	ADAMS	Caerleon	M1739	38	922	63
80	174		GUEST	James	BICKNELL	0	0	0	0	0
81	175		3644	Christopher	MATTHEWS	Lliswerry	M5054	12	921	89
82	176		4067	Stuart	KRAMER	Monmouth	M5054	13	920	88
83	177		1089	Peter	THOMAS	Caerleon	M5559	8	919	93
84	178		5541	Jon	HANCOCK	Usk	M5559	9	918	92
85	179		2038	Martyn	JENKINS	Fairwater	M5559	10	917	91
86	180		3103	Andrew	COLLINS	Islwyn	M1739	39	916	62
87	181		3185	Simon	PETERSON	Islwyn	M4549	7	915	94
88	182		5155	Stewart	THOMSON	Pont-y-Pwl	M5054	14	914	87
89	183		2047	Richard	BOWIE	Fairwater	M5054	15	913	86
90	184		3675	Ian	WHATMOUGH	Lliswerry	M5559	11	912	90

GLCL 2015~16 XC SERIES
RACE 3 of 5
PARC BRYN BACH
SUNDAY 10th JAN. 2016

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
91	185		2586	Thomas GUY	Griffithstown	M4044	12	911	89
92	186		3118	Daffyd WEETMAN	Islwyn	M4044	13	910	88
93	187		4051	Lee JAMES	Monmouth	M4044	14	909	87
94	188		2027	Adrian GWILLIAM	Fairwater	M4549	8	908	93
95	189		5117	Keith LANGLEY	Pont-y-Pwl	M6064	6	907	95
96	190		1560	Alan DOBBS	Chepstow	M1739	40	906	61
97	191		1569	Barry EVANS	Chepstow	M4549	9	905	92
98	192		4048	Jeremy CREASEY	Monmouth	M4549	10	904	91
99	193		3625	Adrian JENKINS	Lliswerry	M5054	16	903	85
100	194		1076	Michael REEVES	Caerleon	M1739	41	902	60
101	195		3197	Lee RICHARDS	Islwyn	M4549	11	901	90
102	196		5089	Carl ROBERTS	Pont-y-Pwl	M1739	42	900	59
103	197		5547	Neil WILLIAMS	Usk	M5054	17	899	84
104	198		3693	Mark FAULKNER	Lliswerry	M5559	12	898	89
105	199		2053	Tim MURPHY	Fairwater	M5559	13	897	88
106	200		3672	Howard ATTWOOD	Lliswerry	M6569	2	896	99
107	201		2037	Lee HAMMOND	Fairwater	M4044	15	895	86
108	202		3681	Jeremy DICKSON	Lliswerry	M5054	18	894	83
109	203		1054	Andrew TAYLOR	Caerleon	M5559	14	893	87
110	204		3131	Glyn HICKS	Islwyn	M6569	3	892	98
111	205		5118	Kelvin HENLEY	Pont-y-Pwl	M5054	19	891	82
112	206		5091	Chris CAREY	Pont-y-Pwl	M4549	12	890	89
113	207		3659	Desmond JONES	Lliswerry	M4044	16	889	85
114	208		1613	Mike EVANS	Chepstow	M6064	7	888	94
115	209		5537	Gareth SIMPSON	Usk	M5054	20	887	81
116	210		4543	David KEMPTON	Parc Bryn Bach	M5559	15	886	86
117	211		1563	Andrew BRAY	Chepstow	M5559	16	885	85
118	212		4554	Kevin BRADFIELD	Parc Bryn Bach	M5054	21	884	80
119	213		5126	Michael SWAIN	Pont-y-Pwl	M4549	13	883	88
120	214		4574	Terry VAUGHAN	Parc Bryn Bach	M4044	17	882	84
121	215		3714	Neil CHIPPER	Lliswerry	M5559	17	881	84
122	216		4587	Stephan AYLETT	Parc Bryn Bach	M6569	4	880	97
123	217		3787	Tim WRIGHT	Lliswerry	M5054	22	879	79
124	218		1104	Tony KEAR	Caerleon	M4549	14	878	87
125	219		1648	Andrew OLIVER	Chepstow	M4549	15	877	86
126	220		1572	Brett REGULSKI	Chepstow	M5559	18	876	83
127	221		3731	Paul WATTS	Lliswerry	M5559	19	875	82
128	222		3149	Ken OLIVER	Islwyn	M5559	20	874	81
129	223		3115	Colin DIXON	Islwyn	M6064	8	873	93
130	224		3126	Erik MOONS	Islwyn	M4549	16	872	85
131	225		3765	Kristian SINCLAIR	Lliswerry	M1739	43	871	58
132	226		4069	Tom JONES	Monmouth	M1739	44	870	57
133	227		1587	Geoffrey BAYLISS	Chepstow	M6569	5	869	96
134	228		3718	Nick JACKSON	Lliswerry	M5054	23	868	78
135	229		4070	Tony HARDY	Monmouth	M5054	24	867	77
OVER 70 MALE									
1	144		1583	Dick FINCH	Chepstow	M7099	1	0	100
2	158		1641	Syd WHEELER	Chepstow	M7099	2	0	99

RACE 3 of 5
PARC BRYN BACH
10th JAN 2016

TEAM RESULTS

<u>MALE "A" TEAM</u>				<u>FEMALE "A" TEAM</u>					
	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		
1	PONT-Y-PWL	6	5934	10	1	CHEPSTOW	4	3978	10
2	LLISWERRY	6	5872	9	2	PARC BRYN BACH	4	3961	9
3	PARC BRYN BACH	6	5867	8	3	PONT-Y-PWL	4	3958	8
4	ISLWYN	6	5866	7	4	LLISWERRY	4	3949	7
5	CHEPSTOW	6	5853	6	5	CAERLEON	4	3867	6
6	GRIFFITHSTOWN	6	5784	5	6	MONMOUTH	4	3850	5
7	MONMOUTH	6	5665	4	7	ISLWYN	4	3846	4
8	FAIRWATER	6	5616	3	8	FAIRWATER	4	3842	3
9	CAERLEON	6	5527	2	9	GRIFFITHSTOWN	2	1938	2
10	USK	4	3680	1	10	USK	0	0	0

<u>MALE TEAM "B&C" TEAM</u>			<u>FEMALE "B&C" TEAM</u>				
	<u>RUNNERS</u>	<u>SCORE</u>		<u>SCORE</u>			
1	PONT-Y-PWL(B)	6	5798	1	CHEPSTOW(B)	4	3911
2	CHEPSTOW(B)	6	5698	2	LLISWERRY(B)	4	3877
3	PARC BRYN BACH(B)	6	5656	3	PARC BRYN BACH(B)	4	3872
4	ISLWYN(B)	6	5641	4	PONT-Y-PWL(B)	4	3858
5	LLISWERRY(B)	6	5531	5	LLISWERRY(C)	4	3801
6	PONT-Y-PWL(C)	6	5515	6	CHEPSTOW(C)	4	3792
7	PARC BRYN BACH(C)	6	5385	7	PONT-Y-PWL(C)	4	3762
8	CHEPSTOW(C)	6	5384	8	ISLWYN(B)	4	3734
9	ISLWYN(C)	6	5365	9	ISLWYN(C)	4	3670
10	LLISWERRY(C)	6	5337	10	PARC BRYN BACH(C)	3	2832
10	MONMOUTH(B)	4	3550	11	CAERLEON(B)	3	2774
10	FAIRWATER(B)	2	1792	12	FAIRWATER(B)	3	2755
13	CAERLEON(B)	1	878	13	MONMOUTH(B)	2	1837
	CAERLEON(C)	0	0		CAERLEON(C)	0	0
	FAIRWATER(C)	0	0		FAIRWATER(C)	0	0
	GRIFFITHSTOWN(B)	0	0		GRIFFITHSTOWN(B)	0	0
	GRIFFITHSTOWN(C)	0	0		GRIFFITHSTOWN(C)	0	0
	MONMOUTH(C)	0	0		MONMOUTH(C)	0	0
	USK(B)	0	0		USK(B)	0	0
	USK(C)	0	0		USK(C)	0	0

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	20	M1739	44
F3539	24	M4044	17
F4044	17	M4549	16
F4549	14	M5054	24
F5054	9	M5559	20
F5559	1	M6064	8
F6064	4	M6569	5
F6599	3	M7099	2
Guests (F)	0	Guests (M)	1
LADIES TOTAL	92	MENS TOTAL	137

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	7	7	14
CHEPSTOW	14	22	36
FAIRWATER	7	8	15
GRIFFITHSTOWN	2	6	8
ISLWYN	12	19	31
LLISWERRY	13	21	34
MONMOUTH	6	10	16
PARC BRYN BACH	11	18	29
PONTYPOOL	20	21	41
USK	0	4	4
Guests	0	1	1
TOTAL	92	137	229