

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	1		4577	Lauren COOPER	Parc Bryn Bach	F1734	1	1000	100
2	2		3595	Sandra CHIPPER	Llisbury	F4044	1	999	100
3	3		4004	Caroline JONES	Monmouth	F3539	1	998	100
4	4		1548	Sarah BELL	Chepstow	F3539	2	997	99
5	5		1542	Niki MORGAN	Chepstow	F4549	1	996	100
6	6		5044	Lubi MECIAROVA	Pont-y-Pwl	F1734	2	995	99
7	7		4077	Alice TAYLOR	Monmouth	F1734	3	994	98
8	8		1516	Georgie PRIOR	Chepstow	F1734	4	993	97
9	9		4584	Hannah WILLIAMS	Parc Bryn Bach	F1734	5	992	96
10	10		4505	Danielle PHILLIPS	Parc Bryn Bach	F1734	6	991	95
11	11		3586	Rebecca ROTHWELL	Llisbury	F1734	7	990	94
12	12		1537	Lisa JEFFREY	Chepstow	F4044	2	989	99
13	13		5066	Samantha TOOP	Pont-y-Pwl	F1734	8	988	93
14	14		3566	Marina WRIGHT	Llisbury	F3539	3	987	98
15	15		5021	Emma SOWREY	Pont-y-Pwl	F4044	3	986	98
16	16		5043	Louise SUMMERS	Pont-y-Pwl	F4549	2	985	99
17	17		3599	Sarah LAUDER	Llisbury	F3539	4	984	97
18	18		1521	Helen DUFFIELD	Chepstow	F4044	4	983	97
19	19		1043	Paula WILLIAMS	Caerleon	F4549	3	982	98
20	20		1511	Danielle SAPSFORD	Chepstow	F3539	5	981	96
21	21		5041	Lisa ERICKSON	Pont-y-Pwl	F3539	6	980	95
22	22		1547	Sally GRANT	Chepstow	F4044	5	979	96
23	23		2009	Jeanette JENKINS	Fairwater	F5054	1	978	100
24	24		1523	Jan MORRIS	Chepstow	F4549	4	977	97
25	26		1543	Rachel HIPKISS	Chepstow	F3539	7	976	94
26	27		5071	Sharon NEWELL	Pont-y-Pwl	F4549	5	975	96
27	28		1514	Esther BARRETT	Chepstow	F4044	6	974	95
28	29		4023	Nerys CHAPLIN	Monmouth	F1734	9	973	92
29	30		2530	Tara PAISEY	Griffithstown	F1734	10	972	91
30	32		5006	Anne Marie HARRIS	Pont-y-Pwl	F4549	6	971	95
31	37		3051	Kelly FELSTEAD	Islwyn	F3539	8	970	93
32	39		1531	Joyce DODD	Chepstow	F6064	1	969	100
33	40		4526	Rachel LEWIS	Parc Bryn Bach	F3539	9	968	92
34	41		2004	Deb COCKRAM	Fairwater	F5054	2	967	99
35	44		1004	Alison SCRIVENS	Caerleon	F4549	7	966	94
36	47		4512	Julie CASHELL	Parc Bryn Bach	F3539	10	965	91
37	50		1654	Mooch WILLIAMS	Chepstow	F3539	11	964	90
38	51		3196	Hannah DAVIES	Islwyn	F1734	11	963	90
39	54		5059	Nicola SMITH	Pont-y-Pwl	F4549	8	962	93
40	58		1536	Kim CARWARDINE	Chepstow	F1734	12	961	89
41	60		3065	Michelle JOHNSON	Islwyn	F1734	13	960	88
42	62		4014	Jo MARSH	Monmouth	F4549	9	959	92
43	63		1555	Teresa TRANTER	Chepstow	F6064	2	958	99
44	64		1507	Brenda AVERY	Chepstow	F6599	1	957	100
45	66		3537	Janet RICHARDS	Llisbury	F5054	3	956	98

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
46	67		1506	Berna CANTWELL	Chepstow	F5054	4	955	97
47	69		3556	Leanne PHILLIPS	Lliswerry	F4044	7	954	94
48	70		1021	Helen THOMAS	Caerleon	F5054	5	953	96
49	71		4507	Hayley JACKSON	Parc Bryn Bach	F4044	8	952	93
50	72		1540	Lucy DAVIES	Chepstow	F3539	12	951	89
51	75		1527	Jen HARDING	Chepstow	F1734	14	950	87
52	76		3561	Lisa BATEMAN	Lliswerry	F4549	10	949	91
53	79		5033	Kate ALLEN	Pont-y-Pwl	F4044	9	948	92
54	80		3584	Rachel KENNEDY	Lliswerry	F4549	11	947	90
55	84		3045	Julie LEWIS	Islwyn	F4549	12	946	89
56	85		2587	Claire SHEPPARD	Griffithstown	F3539	13	945	88
57	88		1513	Denise EVANS	Chepstow	F5054	6	944	95
58	90		1524	Jane BAYLISS	Chepstow	F6064	3	943	98
59	92		3195	Anne RICE-JONES	Islwyn	F5054	7	942	94
60	94		1552	Sue ASHTON	Chepstow	F6064	4	941	97
61	96		4504	Claire SULLIVAN	Parc Bryn Bach	F1734	15	940	86
62	105		4501	Alison HOLTON	Parc Bryn Bach	F4044	10	939	91
63	107		3054	Kirsty HOLTHAM-MORGAN	Islwyn	F3539	14	938	87
64	110		3050	Kay DIXON	Islwyn	F4044	11	937	90
65	112		4514	Kath JERVIS	Parc Bryn Bach	F5559	1	936	100
66	115		5037	Kirsty RHODES	Pont-y-Pwl	F1734	16	935	85
67	123		2023	Stella SYMONS	Fairwater	F5054	8	934	93
68	137		3618	Yvonne FORSEY	Lliswerry	F5559	2	933	99
69	138		5005	Anna RICHARDS	Pont-y-Pwl	F3539	15	932	86
70	141		2006	Helen GWILLIAM	Fairwater	F4549	13	931	88
71	142		5035	Kay MORGAN	Pont-y-Pwl	F3539	16	930	85
72	144		1001	Aisling MORGAN	Caerleon	F1734	17	929	84
73	151		2021	Sheree MANN	Fairwater	F4549	14	928	87
74	158		4031	Sarah RICHARDS	Monmouth	F3539	17	927	84
75	163		1020	Gwyn HOWELLS	Caerleon	F6599	2	926	99
76	168		5079	Vicky JEFFS	Pont-y-Pwl	F1734	18	925	83
77	169		5077	Susan JEFFS	Pont-y-Pwl	F5054	9	924	92
78	173		4015	Julia DAVIES	Monmouth	F4044	12	923	89
79	175		3534	Hayley EDWARDS	Lliswerry	F1734	19	922	82

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	25		2036	Laurence HUMPHRIES	Fairwater	M1739	1	1000	100
2	31		1621	Paul MURRIN	Chepstow	M4044	1	999	100
3	33		1612	Matthew STOTT	Chepstow	M1739	2	998	99
4	34		1624	Peter WARD	Chepstow	M4549	1	997	100
5	35		3708	Michael GRIFFITHS	Lliswerry	M1739	3	996	98
6	36		3700	Matthew GRANTHAM	Lliswerry	M1739	4	995	97
7	38		1625	Rich MATTHEWS	Chepstow	M1739	5	994	96
8	42		2563	Leighton WEBB	Griffithstown	M1739	6	993	95
9	43		5083	Alun WOOD	Pont-y-Pwl	M1739	7	992	94
10	45		2539	Andrew WALSH	Griffithstown	M1739	8	991	93
11	46		5166	Ben SINCLAIR	Pont-y-Pwl	M1739	9	990	92
12	48		3152	Lee MILLS	Islwyn	M1739	10	989	91
13	49		1593	James BLORE	Chepstow	M1739	11	988	90
14	52		2561	Josh JONES	Griffithstown	M1739	12	987	89
15	53		5153	Steve DAVIES	Pont-y-Pwl	M5559	1	986	100
16	55		1609	Martyn WINSER	Chepstow	M1739	13	985	88
17	56		1599	Jonathan CARTER	Chepstow	M4549	2	984	99
18	57		1600	Karie ATKINS	Chepstow	M4044	2	983	99
19	59		3171	Philip WILLIAMS	Islwyn	M1739	14	982	87
20	61		1636	Stephen CALDWELL	Chepstow	M4044	3	981	98
21	65		4541	Damian WILLIAMS	Parc Bryn Bach	M4549	3	980	98
22	68		3746	Simon GILL	Lliswerry	M1739	15	979	86
23	73		3167	Paul HAYWARD	Islwyn	M1739	16	978	85
24	74		1617	Paul DODD	Chepstow	M5559	2	977	99
25	77		4569	Sean TOMASSON	Parc Bryn Bach	M1739	17	976	84
26	78		1640	Stuart PENNY	Chepstow	M5054	1	975	100
27	81		5527	Adrian BULL	Usk	M1739	18	974	83
28	82		5102	Dimitri VORRÉS	Pont-y-Pwl	M5054	2	973	99
29	83		3187	Steve LANE	Islwyn	M4044	4	972	97
30	86		2586	Thomas GUY	Griffithstown	M4044	5	971	96
31	87		1631	Robert BEVES	Chepstow	M5054	3	970	98
32	89		2572	Nick WALSH	Griffithstown	M4044	6	969	95
33	91		5084	Andrew DICKENS	Pont-y-Pwl	M4549	4	968	97
34	93		1597	Jeremy COWEN	Chepstow	M4044	7	967	94
35	95		4570	Shane ROBERTS	Parc Bryn Bach	M4044	8	966	93
36	97		4566	Richard SHEEHY	Parc Bryn Bach	M1739	19	965	82
37	98		1611	Matthew LAWSON	Chepstow	M4549	5	964	96
38	99		1067	Howard MASON	Caerleon	M5054	4	963	97
39	100		5137	Peter TOWNSEND	Pont-y-Pwl	M1739	20	962	81
40	101		4561	Phillip MILES	Parc Bryn Bach	M6064	1	961	100
41	102		1653	Andrew MATHIAS	Chepstow	M1739	21	960	80
42	103		4588	Matthew ELLIS	Parc Bryn Bach	M1739	22	959	79
43	104		1079	Mike THURGOOD	Caerleon	M4549	6	958	95
44	106		1601	Kevin MCENTEE	Chepstow	M5559	3	957	98
45	108		1088	Peter RODGER	Caerleon	M5559	4	956	97

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
46	109		1637	Stephen OWEN	Chepstow	M6064	2	955	99
47	111		4582	Andrew JONES	Parc Bryn Bach	M4044	9	954	92
48	113		1561	Alex CARTER	Chepstow	M1739	23	953	78
49	114		GUEST	Adam INMAN-WARD	0	0	0	0	0
50	116		2040	Michael SKYRME	Fairwater	M4549	7	952	94
51	117		5090	Carl URQUHART	Pont-y-Pwl	M5054	5	951	96
52	118		2052	Steve MORGAN	Fairwater	M4044	10	950	91
53	119		5140	Ricci WATTS	Pont-y-Pwl	M1739	24	949	77
54	120		4557	Martin CHAMMINGS	Parc Bryn Bach	M1739	25	948	76
55	121		2547	Colin WILMOTT	Griffithstown	M5559	5	947	96
56	122		5093	Chris O'BRIEN	Pont-y-Pwl	M4044	11	946	90
57	124		1619	Paul LIDGETT	Chepstow	M4549	8	945	93
58	125		4043	Brian EVANS	Monmouth	M4044	12	944	89
59	126		4064	Russell FINCH	Monmouth	M5054	6	943	95
60	127		5164	Paul HARVEY	Pont-y-Pwl	M1739	26	942	75
61	128		5541	Jon HANCOCK	Usk	M5559	6	941	95
62	129		4065	Stephen BARRATT	Monmouth	M4044	13	940	88
63	130		1560	Alan DOBBS	Chepstow	M1739	27	939	74
64	131		1076	Michael REEVES	Caerleon	M1739	28	938	73
65	132		4544	David SMOUT	Parc Bryn Bach	M6569	1	937	100
66	133		3727	Paul DAY	Lliswerry	M6064	3	936	98
67	134		4053	Martin BLAKEBROUGH	Monmouth	M5054	7	935	94
68	135		3660	Gareth BARRINGTON	Lliswerry	M4044	14	934	87
69	136		3675	Ian WHATMOUGH	Lliswerry	M5559	7	933	94
70	139		2049	Rob SYMONS	Fairwater	M5054	8	932	93
71	140		1639	Stuart DUNCAN	Chepstow	M5559	8	931	93
72	143		5155	Stewart THOMSON	Pont-y-Pwl	M5054	9	930	92
73	145		4048	Jeremy CREASEY	Monmouth	M4549	9	929	92
74	146		3140	Jason DIXON	Islwyn	M4549	10	928	91
75	147		4063	Robert NELSON	Monmouth	M4044	15	927	86
76	148		2027	Adrian GWILLIAM	Fairwater	M4549	11	926	90
77	149		3672	Howard ATTWOOD	Lliswerry	M6569	2	925	99
78	150		2060	Darren WEAVING	Fairwater	M4549	12	924	89
79	152		5529	Brian JONES	Usk	M5054	10	923	91
80	153		3118	Daffyd WEETMAN	Islwyn	M4044	16	922	85
81	154		1569	Barry EVANS	Chepstow	M4549	13	921	88
82	155		3659	Desmond JONES	Lliswerry	M4044	17	920	84
83	156		2038	Martyn JENKINS	Fairwater	M5559	9	919	92
84	157		1646	Tim BUCKLEY	Chepstow	M4549	14	918	87
85	159		3190	Terry LEWIS	Islwyn	M5054	11	917	90
86	160		5133	Paul GRAINGER JONES	Pont-y-Pwl	M4044	18	916	83
87	161		1648	Andrew OLIVER	Chepstow	M4549	15	915	86
88	162		4549	James WILLIAMS	Parc Bryn Bach	M1739	29	914	72
89	164		4587	Stephan AYLETT	Parc Bryn Bach	M6569	3	913	98
90	165		5130	Nigel BAKER	Pont-y-Pwl	M6569	4	912	97

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
91	166		1054	Andrew TAYLOR	Caerleon	M5559	10	911	91
92	167		5091	Chris CAREY	Pont-y-Pwl	M4549	16	910	85
93	170		1613	Mike EVANS	Chepstow	M6064	4	909	97
94	171		5098	Daniel NEWTON	Pont-y-Pwl	M4044	19	908	82
95	172		5539	Graham SIMPSON	Usk	M5054	12	907	89
96	174		4076	Matthew WOOD	Monmouth	M4549	17	906	84
97	176		3787	Tim WRIGHT	Lliswerry	M5054	13	905	88
98	177		4574	Terry VAUGHAN	Parc Bryn Bach	M4044	20	904	81
99	178		GUEST	Rob WOOD	0	0	0	0	0
100	179		3630	Andrew JOHNSON	Lliswerry	M5054	14	903	87
101	180		3115	Colin DIXON	Islwyn	M6064	5	902	96
102	181		1587	Geoffrey BAYLISS	Chepstow	M6569	5	901	96
103	182		1577	Dave ANDREWS	Chepstow	M6569	6	900	95
104	183		4069	Tom JONES	Monmouth	M1739	30	899	71
105	184		4070	Tony HARDY	Monmouth	M5054	15	898	86

GLCL 2015~16 XC RACE SERIES  
RACE 4 of 5  
CHEPSTOW  
21st FEB 2016

TEAM RESULTS

<u>MALE "A" TEAM</u>				<u>FEMALE "A" TEAM</u>					
	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		
1	CHEPSTOW	6	5961	10	1	CHEPSTOW	4	3975	10
2	PONT-Y-PWL	6	5871	9	2	LLISWERRY	4	3960	9
3	GRIFFITHSTOWN	6	5858	8	3	PONT-Y-PWL	4	3954	8
4	PARC BRYN BACH	6	5807	7	4	PARC BRYN BACH	4	3951	7
5	LLISWERRY	6	5773	6	5	MONMOUTH	4	3924	6
6	ISLWYN	6	5771	5	6	ISLWYN	4	3839	5
7	FAIRWATER	6	5684	4	7	CAERLEON	4	3830	4
8	MONMOUTH	6	5618	3	8	FAIRWATER	4	3810	3
9	CAERLEON	5	4726	2	9	GRIFFITHSTOWN	2	1917	2
10	USK	4	3745	1	10	USK	0	0	0

<u>MALE TEAM "B&amp;C" TEAM</u>			<u>FEMALE "B&amp;C" TEAM</u>				
	<u>RUNNERS</u>	<u>SCORE</u>		<u>RUNNERS</u>	<u>SCORE</u>		
1	CHEPSTOW(B)	6	5870	1	CHEPSTOW(B)	4	3920
2	CHEPSTOW(C)	6	5756	2	PONT-Y-PWL(B)	4	3888
3	PONT-Y-PWL(B)	6	5634	3	CHEPSTOW(C)	4	3883
4	PARC BRYN BACH(B)	6	5570	4	LLISWERRY(B)	4	3806
5	LLISWERRY(B)	4	3653	5	PARC BRYN BACH(B)	4	3796
6	PONT-Y-PWL(C)	3	2730	6	PONT-Y-PWL(C)	4	3745
7	MONMOUTH(B)	3	2703	7	ISLWYN(B)	3	2817
8	ISLWYN(B)	2	1819	8	LLISWERRY(C)	2	1855
9	FAIRWATER(B)	1	919	9	MONMOUTH(B)	2	1850
	CAERLEON(B)	0	0	10	PARC BRYN BACH(C)	1	936
	CAERLEON(C)	0	0	11	FAIRWATER(B)	1	928
	FAIRWATER(C)	0	0	12	CAERLEON(B)	1	926
	GRIFFITHSTOWN(B)	0	0		CAERLEON(C)	0	0
	GRIFFITHSTOWN(C)	0	0		FAIRWATER(C)	0	0
	ISLWYN(C)	0	0		GRIFFITHSTOWN(B)	0	0
	LLISWERRY(C)	0	0		GRIFFITHSTOWN(C)	0	0
	MONMOUTH(C)	0	0		ISLWYN(C)	0	0
	PARC BRYN BACH(C)	0	0		MONMOUTH(C)	0	0
	USK(B)	0	0		USK(B)	0	0
	USK(C)	0	0		USK(C)	0	0

## RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	19	M1739	30
F3539	17	M4044	20
F4044	12	M4549	17
F4549	14	M5054	15
F5054	9	M5559	10
F5559	2	M6064	5
F6064	4	M6569	6
F6599	2	M7099	0
Guests (F)	0	Guests (M)	2
LADIES TOTAL	79	MENS TOTAL	105

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	5	5	10
CHEPSTOW	21	27	48
FAIRWATER	5	7	12
GRIFFITHSTOWN	2	6	8
ISLWYN	7	8	15
LLISWERRY	10	10	20
MONMOUTH	6	9	15
PARC BRYN BACH	9	12	21
PONTYPOOL	14	15	29
USK	0	4	4
Guests	0	2	2
TOTAL	79	105	184