

**GLCL 2016 ROAD RACE SERIES**  
**RACE 5 of 5**  
**PARC BRYN BACH 23rd AUGUST 2016**

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GENDER & TEAM POINTS	CATEGORY POINTS
1		0	Graig WILLIAMS	GUEST	0	0	0	0	0	0
2	1656	Duncan	BELL	Chepstow	M4549	MEN	1	1	1000	100
3	3715	Neil	EVANS	Llswerry	M1739	MEN	2	1	999	100
4	4045	Gareth	JONES	Monmouth	M1739	MEN	3	2	998	99
5	1621	Paul	MURRIN	Chepstow	M4044	MEN	4	1	997	100
6	5092	Chris	HARRHY	Pont-y-Pwl	M4549	MEN	5	2	996	99
7	3760	Tom	HENRY	Llswerry	M1739	MEN	6	3	995	98
8	3162	Mike	DURY	Islwyn	M1739	MEN	7	4	994	97
9	5113	Iestyn	RHODES	Pont-y-Pwl	M1739	MEN	8	5	993	96
10	5156	Terry	WATKINS	Pont-y-Pwl	M4044	MEN	9	2	992	99
11	3152	Lee	MILLS	Islwyn	M1739	MEN	10	6	991	95
12	2561	Josh	JONES	Griffithstown	M1739	MEN	11	7	990	94
13	2552	Davy	CHALLENGER	Griffithstown	M1739	MEN	12	8	989	93
14	1670	Alex	TUCK	Chepstow	M1739	MEN	13	9	988	92
15	1600	Karie	ATKINS	Chepstow	M4044	MEN	14	3	987	98
16	1636	Stephen	CALDWELL	Chepstow	M4044	MEN	15	4	986	97
17	5122	Mark	HURFORD	Pont-y-Pwl	M1739	MEN	16	10	985	91
18	4042	Allan	MEEK	Monmouth	M5054	MEN	17	1	984	100
19	3743	Ryan	WHATLEY	Llswerry	M1739	MEN	18	11	983	90
20	5153	Steve	DAVIES	Pont-y-Pwl	M5559	MEN	19	1	982	100
21	3627	Alun	KING	Llswerry	M1739	MEN	20	12	981	89
22	4601	Gavin	PATTERSON	Parc Bryn Bach	M1739	MEN	21	13	980	88
23	3119	Dafydd	LAMBETH	Islwyn	M4044	MEN	22	5	979	96
24	2588	Mark	MOGFORD	Griffithstown	M1739	MEN	23	14	978	87
25	3803	James	KERSHAW-NAYLOR	Llswerry	M1739	MEN	24	15	977	86
26	3167	Paul	HAYWARD	Islwyn	M1739	MEN	25	16	976	85
27	1093	Rhys	KNIGHT	Caerleon	M1739	MEN	26	17	975	84
28	1595	James	TUCKER	Chepstow	M1739	MEN	27	18	974	83
29	4077	Alice	TAYLOR	Monmouth	F1734	LADIES	1	1	1000	100
30	4598	Jonathon	ASTLEY	Parc Bryn Bach	M1739	MEN	28	19	973	82
31	3125	Dewi	LLOYD	Islwyn	M1739	MEN	29	20	972	81
32	3192	Matthew	PIZEY	Islwyn	M1739	MEN	30	21	971	80
33	3723	Oliver	HARRIS	Llswerry	M1739	MEN	31	22	970	79
34	4573	Stephen	MATHERS	Parc Bryn Bach	M1739	MEN	32	23	969	78
35	4046	George	SMITH	Monmouth	M1739	MEN	33	24	968	77
36	5140	Ricci	WATTS	Pont-y-Pwl	M1739	MEN	34	25	967	76
37	4597	Stephen	WILLIAMS	Parc Bryn Bach	M5559	MEN	35	2	966	99
38	5085	Andrew	LEE	Pont-y-Pwl	M4044	MEN	36	6	965	95
39	1094	Richard	HUGHES	Caerleon	M1739	MEN	37	26	964	75
40	4589	Stephen	CARTER	Parc Bryn Bach	M4549	MEN	38	3	963	98
41	1599	Jonathan	CARTER	Chepstow	M4549	MEN	39	4	962	97
42	3733	Phil	BOORMAN	Llswerry	M4549	MEN	40	5	961	96
43	4569	Sean	TOMASSON	Parc Bryn Bach	M1739	MEN	41	27	960	74
44	3725	Paul	BRUTON	Llswerry	M4044	MEN	42	7	959	94
45	2061	Simon	BURNS	Fairwater	M1739	MEN	43	28	958	73
46	3134	Haydn	HARTNELL	Islwyn	M5054	MEN	44	2	957	99
47	1097	Rob	BICKEL	Caerleon	M4044	MEN	45	8	956	93
48	4600	Paul	OLIVER	Parc Bryn Bach	M1739	MEN	46	29	955	72
49	3112	Chris	LLOYD	Islwyn	M1739	MEN	47	30	954	71
50	5559	Angela	JONES	Usk	F4549	LADIES	2	1	999	100

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51		4590	Matthew	TRINDER	Parc Bryn Bach	M1739	MEN	48	31	953	70
52		4523	Nichola	GETHING	Parc Bryn Bach	F4549	LADIES	3	2	998	99
53		1643	Tom	RIDDINGTON	Chepstow	M4044	MEN	49	9	952	92
54		2547	Colin	WILMOTT	Griffithstown	M5559	MEN	50	3	951	98
55		1116	Gareth	HOWELLS	Caerleon	M1739	MEN	51	32	950	69
56		5169	Robert	DAVIES	Pont-y-Pwl	M1739	MEN	52	33	949	68
57		4563	Richard	BRACHER	Parc Bryn Bach	M1739	MEN	53	34	948	67
58		3746	Simon	GILL	Llswerry	M1739	MEN	54	35	947	66
59		1542	Niki	MORGAN	Chepstow	F4549	LADIES	4	3	997	98
60		2572	Nick	WALSH	Griffithstown	M4044	MEN	55	10	946	91
61		4584	Hannah	WILLIAMS	Parc Bryn Bach	F1734	LADIES	5	2	996	99
62		2560	Jonathan	SLICZNY	Griffithstown	M1739	MEN	56	36	945	65
63		2037	Lee	HAMMOND	Fairwater	M4044	MEN	57	11	944	90
64		5173	Craig	CHEEDY	Pont-y-Pwl	M1739	MEN	58	37	943	64
65		3804	Daniel	REILLY	Llswerry	M1739	MEN	59	38	942	63
66		3817	Nick	REES	Llswerry	M5559	MEN	60	4	941	97
67		1611	Matthew	LAWSON	Chepstow	M4549	MEN	61	6	940	95
68		3187	Steve	LANE	Islwyn	M4044	MEN	62	12	939	89
69		5084	Andrew	DICKENS	Pont-y-Pwl	M4549	MEN	63	7	938	94
70		2586	Thomas	GUY	Griffithstown	M4044	MEN	64	13	937	88
71		5152	Steve	BRYANT	Pont-y-Pwl	M5054	MEN	65	3	936	98
72		5123	Matt	WEBB	Pont-y-Pwl	M1739	MEN	66	39	935	62
73		4505	Danielle	PHILLIPS	Parc Bryn Bach	F1734	LADIES	6	3	995	98
74		1067	Howard	MASON	Caerleon	M5054	MEN	67	4	934	97
75		2590	Shaun	STYLES	Griffithstown	M1739	MEN	68	40	933	61
76		3833	Ieuan	SMITH	Llswerry	M1739	MEN	69	41	932	60
77		5102	Dimitri	VORRÉS	Pont-y-Pwl	M5054	MEN	70	5	931	96
78		3245	Rhodri	EVANS	Islwyn	M1739	MEN	71	42	930	59
79		5043	Louise	SUMMERS	Pont-y-Pwl	F4549	LADIES	7	4	994	97
80		4583	Ian	KENT	Parc Bryn Bach	M1739	MEN	72	43	929	58
81		1630	Rob	HOOK	Chepstow	M5054	MEN	73	6	928	95
82		1022	Jade	WAKLEY	Caerleon	F1734	LADIES	8	4	993	97
83		2538	Andrew	THOMPSON	Griffithstown	M5559	MEN	74	5	927	96
84		2544	Ben	JENKINS	Griffithstown	M1739	MEN	75	44	926	57
85		2040	Michael	SKYRME	Fairwater	M4549	MEN	76	8	925	93
86		1637	Stephen	OWEN	Chepstow	M6064	MEN	77	1	924	100
87		1068	Ian	DAVIES	Caerleon	M4044	MEN	78	14	923	87
88		5093	Chris	O'BRIEN	Pont-y-Pwl	M4044	MEN	79	15	922	86
89		2573	Paul	MASON	Griffithstown	M1739	MEN	80	45	921	56
90		4588	Matthew	ELLIS	Parc Bryn Bach	M1739	MEN	81	46	920	55
91		1088	Peter	RODGER	Caerleon	M5559	MEN	82	6	919	95
92		4557	Martin	CHAMMINGS	Parc Bryn Bach	M1739	MEN	83	47	918	54
93		4615	Damian	CASWELL	Parc Bryn Bach	M4044	MEN	84	16	917	85
94		5527	Adrian	BULL	Usk	M1739	MEN	85	48	916	53
95		1615	Neil	GRANT	Chepstow	M6064	MEN	86	2	915	99
96		3832	Michael	WENMAN	Llswerry	M1739	MEN	87	49	914	52
97		1070	Jason	PRITCHARD	Caerleon	M4044	MEN	88	17	913	84
98		5044	Lubi	MECIAROVA	Pont-y-Pwl	F1734	LADIES	9	5	992	96
99		3260	Luke	HURLEY	Islwyn	M1739	MEN	89	50	912	51
100		4043	Brian	EVANS	Monmouth	M4549	MEN	90	9	911	92

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101		5066	Samantha TOOP	Pont-y-Pwl	F1734	LADIES	10	6	991	95
102		1537	Lisa JEFFREY	Chepstow	F4549	LADIES	11	5	990	96
103		5041	Lisa ERICKSON	Pont-y-Pwl	F3539	LADIES	12	1	989	100
104		2537	Andrew SPENCER	Griffithstown	M5054	MEN	91	7	910	94
105		3793	Victoria HOBBS	Llswerry	F1734	LADIES	13	7	988	94
106		4512	Julie CASHELL	Parc Bryn Bach	F4044	LADIES	14	1	987	100
107		5165	Stephen COCORAN	Pont-y-Pwl	M4044	MEN	92	18	909	83
108		3185	Simon PETERSON	Islwyn	M4549	MEN	93	10	908	91
109		1525	Jane HORLER	Chepstow	F4549	LADIES	15	6	986	95
110		3805	Richard BASHAM	Llswerry	M4044	MEN	94	19	907	82
111		1594	James BOYLE	Chepstow	M5054	MEN	95	8	906	93
112		4619	Gez DODDS	Parc Bryn Bach	M4044	MEN	96	20	905	81
113		1086	Peter BURROWS	Caerleon	M1739	MEN	97	51	904	50
114		3669	Geraint HEATH	Llswerry	M1739	MEN	98	52	903	49
115		5178	Ieuan KINGSTON	Pont-y-Pwl	M1739	MEN	99	53	902	48
116		1601	Kevin MCENTEE	Chepstow	M5559	MEN	100	7	901	94
117		1043	Paula WILLIAMS	Caerleon	F4549	LADIES	16	7	985	94
118		3649	Dave PROFFITT	Llswerry	M6064	MEN	101	3	900	98
119		4609	Jamie HOWELLS	Parc Bryn Bach	M1739	MEN	102	54	899	47
120		1561	Alex CARTER	Chepstow	M1739	MEN	103	55	898	46
121		2049	Rob SYMONS	Fairwater	M5054	MEN	104	9	897	92
122		4580	James THOMAS	Parc Bryn Bach	M1739	MEN	105	56	896	45
123		3111	Chris GAPPER	Islwyn	M1739	MEN	106	57	895	44
124		1584	Gareth JONES	Chepstow	M6569	MEN	107	1	894	100
125		3103	Andrew COLLINS	Islwyn	M1739	MEN	108	58	893	43
126		4526	Rachel LEWIS	Parc Bryn Bach	F4044	LADIES	17	2	984	99
127		4574	Terry VAUGHAN	Parc Bryn Bach	M4044	MEN	109	21	892	80
128		5164	Paul HARVEY	Pont-y-Pwl	M1739	MEN	110	59	891	42
129		1076	Michael REEVES	Caerleon	M1739	MEN	111	60	890	41
130		1099	Simon TANG	Caerleon	M1739	MEN	112	61	889	40
131		1096	Richard PERRY	Caerleon	M1739	MEN	113	62	888	39
132		1541	Maria ANTHONY	Chepstow	F4549	LADIES	18	8	983	93
133		5541	Jon HANCOCK	Usk	M5559	MEN	114	8	887	93
134		3051	Kelly FELSTEAD	Islwyn	F3539	LADIES	19	2	982	99
135		3140	Jason DIXON	Islwyn	M4549	MEN	115	11	886	90
136		4061	Richard RAWLINGS	Monmouth	M4044	MEN	116	22	885	79
137		1066	Grahame VINER	Caerleon	M5559	MEN	117	9	884	92
138		5082	Alistair CUMMINGS	Pont-y-Pwl	M1739	MEN	118	63	883	38
139		3249	John DARLINGTON	Islwyn	M5054	MEN	119	10	882	91
140		3675	Ian WHATMOUGH	Llswerry	M5559	MEN	120	10	881	91
141		1639	Stuart DUNCAN	Chepstow	M5559	MEN	121	11	880	90
142		1521	Helen DUFFIELD	Chepstow	F4044	LADIES	20	3	981	98
143		3674	Ian HARHHY	Llswerry	M5559	MEN	122	12	879	89
144		3159	Martin JONES	Islwyn	M1739	MEN	123	64	878	37
145		4084	Luke FELTON	Monmouth	M1739	MEN	124	65	877	36
146		3197	Lee RICHARDS	Islwyn	M4549	MEN	125	12	876	89
147		1593	James BLORE	Chepstow	M1739	MEN	126	66	875	35
148		1605	Mark HARVEY(snr)	Chepstow	M5054	MEN	127	11	874	90
149		3266	Nathan PRIEST	Islwyn	M1739	MEN	128	67	873	34
150		1543	Rachel HIPKISS	Chepstow	F3539	LADIES	21	3	980	98

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151		3727	Paul DAY	Llswerry	M6064	MEN	129	4	872	97
152		2047	Richard BOWIE	Fairwater	M5054	MEN	130	12	871	89
153		3066	Nic HOWLS	Islwyn	F3539	LADIES	22	4	979	97
154		1523	Jan MORRIS	Chepstow	F4549	LADIES	23	9	978	92
155		3259	Neil PROFFIT	Islwyn	M1739	MEN	131	68	870	33
156		3720	Nick PRINGLE	Llswerry	M5559	MEN	132	13	869	88
157		3212	Gareth BAKER	Islwyn	M1739	MEN	133	69	868	32
158		3225	Phillip JONES	Islwyn	M1739	MEN	134	70	867	31
159		5547	Neil WILLIAMS	Usk	M5054	MEN	135	13	866	88
160		4554	Kevin BRADFIELD	Parc Bryn Bach	M5054	MEN	136	14	865	87
161		4044	David MATHER	Monmouth	M5054	MEN	137	15	864	86
162		3100	Aiden DAVIES	Islwyn	M1739	MEN	138	71	863	30
163		1084	Paul ADAMS	Caerleon	M4044	MEN	139	23	862	78
164		3065	Michelle JOHNSON	Islwyn	F1734	LADIES	24	8	977	93
165		3235	Carl JOHNSON	Islwyn	M4044	MEN	140	24	861	77
166		1514	Esther BARRETT	Chepstow	F4044	LADIES	25	4	976	97
167		3822	David JACOB	Llswerry	M1739	MEN	141	72	860	29
168		3628	Andrew BARRY	Llswerry	M5054	MEN	142	16	859	85
169		2009	Jeanette JENKINS	Fairwater	F5559	LADIES	26	1	975	100
170		3681	Jeremy DICKSON	Llswerry	M5054	MEN	143	17	858	84
171		3214	Ian WILLIAMS	Islwyn	M1739	MEN	144	73	857	28
172		1648	Andrew OLIVER	Chepstow	M4549	MEN	145	13	856	88
173		2052	Steve MORGAN	Fairwater	M4044	MEN	146	25	855	76
174		1566	Andy CREBER	Chepstow	M5559	MEN	147	14	854	87
175		3190	Terry LEWIS	Islwyn	M5559	MEN	148	15	853	86
176		3566	Marina WRIGHT	Llswerry	F3539	LADIES	27	5	974	96
177		1009	Charlotte MORAN	Caerleon	F3539	LADIES	28	6	973	95
178		3728	Paul DURSLEY	Llswerry	M6064	MEN	149	5	852	96
179		1532	Karen ELVERS	Chepstow	F4044	LADIES	29	5	972	96
180		4617	Darran KIPPEST	Parc Bryn Bach	M4044	MEN	150	26	851	75
181		2027	Adrian GWILLIAM	Fairwater	M5054	MEN	151	18	850	83
182		4585	Lee GRIFFITHS	Parc Bryn Bach	M1739	MEN	152	74	849	27
183		2589	Luke STYLES	Griffithstown	M1739	MEN	153	75	848	26
184		1654	Mooch WILLIAMS	Chepstow	F3539	LADIES	30	7	971	94
185		3644	Christopher MATTHEWS	Llswerry	M5054	MEN	154	19	847	82
186		1591	Ian WADE	Chepstow	M5559	MEN	155	16	846	85
187		3236	Steven PHILLIPS	Islwyn	M1739	MEN	156	76	845	25
188		2530	Tara PAISEY	Griffithstown	F1734	LADIES	31	9	970	92
189		1034	Liz RICHARDS	Caerleon	F5054	LADIES	32	1	969	100
190		4023	Nerys CHAPLIN	Monmouth	F1734	LADIES	33	10	968	91
191		4613	Kimberley PRICE	Parc Bryn Bach	F1734	LADIES	34	11	967	90
192		2056	Rob LEWIS	Fairwater	M5054	MEN	157	20	844	81
193		1563	Andrew BRAY	Chepstow	M5559	MEN	158	17	843	84
194		3528	Ella BOORMAN	Llswerry	F1734	LADIES	35	12	966	89
195		5089	Carl ROBERTS	Pont-y-Pwl	M1739	MEN	159	77	842	24
196		1054	Andrew TAYLOR	Caerleon	M5559	MEN	160	18	841	83
197		3530	Gayle SHEPPARD	Llswerry	F4044	LADIES	36	6	965	95
198		3753	Steve WILLIAMS	Llswerry	M5559	MEN	161	19	840	82
199		3131	Glyn HICKS	Islwyn	M6569	MEN	162	2	839	99
200		3240	Sharon CARRAFA	Islwyn	F4044	LADIES	37	7	964	94

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201		2038	Martyn JENKINS	Fairwater	M5559	MEN	163	20	838	81
202		1659	Mark BATTEN	Chepstow	M4549	MEN	164	14	837	87
203		4576	Wayne CANIFF	Parc Bryn Bach	M6064	MEN	165	6	836	95
204		3632	Andy COCKERAM	Llswerry	M4549	MEN	166	15	835	86
205		2012	Julie LEES	Fairwater	F4044	LADIES	38	8	963	93
206		1613	Mike EVANS	Chepstow	M6064	MEN	167	7	834	94
207		5133	Paul GRAINGER JONES	Pont-y-Pwl	M4044	MEN	168	27	833	74
208		4048	Jeremy CREASEY	Monmouth	M4549	MEN	169	16	832	85
209		4069	Tom JONES	Monmouth	M1739	MEN	170	78	831	23
210		1507	Brenda AVERY	Chepstow	F6599	LADIES	39	1	962	100
211		2013	Julie ROCHE	Fairwater	F4549	LADIES	40	10	961	91
212		2594	Natalie MEYRICK	Griffithstown	F1734	LADIES	41	13	960	88
213		2525	Natalie HERN	Griffithstown	F4549	LADIES	42	11	959	90
214		3083	Sara ARNOLD	Islwyn	F4044	LADIES	43	9	958	92
215		1090	Peter HARDING	Caerleon	M1739	MEN	171	79	830	22
216		3787	Tim WRIGHT	Llswerry	M5054	MEN	172	21	829	80
217		3184	Sean LEWIS	Islwyn	M1739	MEN	173	80	828	21
218		2564	Malcolm COX	Griffithstown	M6569	MEN	174	3	827	98
219		3526	Elinor PHILLIPS	Llswerry	F1734	LADIES	44	14	957	87
220		3537	Janet RICHARDS	Llswerry	F5054	LADIES	45	2	956	99
221		4596	Cyril WILLIAMS	Parc Bryn Bach	M6064	MEN	175	8	826	93
222		1087	Peter OLIVIER	Caerleon	M5054	MEN	176	22	825	79
223		2508	Daniela GORMLEY	Griffithstown	F4549	LADIES	46	12	955	89
224		3196	Hannah DAVIES	Islwyn	F1734	LADIES	47	15	954	86
225		4051	Lee JAMES	Monmouth	M4044	MEN	177	28	824	73
226		1138	Anthony DERRICK	Caerleon	M4549	MEN	178	17	823	84
227		1531	Joyce DODD	Chepstow	F6064	LADIES	48	1	953	100
228		1105	Steve SMITH	Caerleon	M4549	MEN	179	18	822	83
229		2524	Nanette VIRGO	Griffithstown	F4044	LADIES	49	10	952	91
230		4534	Anthony LEWIS	Parc Bryn Bach	M4549	MEN	180	19	821	82
231		3714	Neil CHIPPER	Llswerry	M5559	MEN	181	21	820	80
232		3274	Matthew TAYLOR	Islwyn	M1739	MEN	182	81	819	20
233		3208	Darren PRICE	Islwyn	M4044	MEN	183	29	818	72
234		1021	Helen THOMAS	Caerleon	F5054	LADIES	50	3	951	98
235		3589	Roni MARGERISON	Llswerry	F4044	LADIES	51	11	950	90
236		5059	Nicola SMITH	Pont-y-Pwl	F5054	LADIES	52	4	949	97
237		3561	Lisa BATEMAN	Llswerry	F4549	LADIES	53	13	948	88
238		5008	Bethan POWELL	Pont-y-Pwl	F1734	LADIES	54	16	947	85
239		5019	Emma MORGAN	Pont-y-Pwl	F4044	LADIES	55	12	946	89
240		1527	Jen HARDING	Chepstow	F1734	LADIES	56	17	945	84
241		3238	Matt CHICKEN	Islwyn	M1739	MEN	184	82	817	19
242		2535	Andrew MEANEY	Griffithstown	M5054	MEN	185	23	816	78
243		1506	Berna CANTWELL	Chepstow	F5054	LADIES	57	5	944	96
244		4521	Margrett MONK	Parc Bryn Bach	F6599	LADIES	58	2	943	99
245		5555	Tom SOUTHWELL	Usk	M1739	MEN	186	83	815	18
246		3796	Moira WOOLLES	Llswerry	F1734	LADIES	59	18	942	83
247		3082	Samantha METHUEN	Islwyn	F3539	LADIES	60	8	941	93
248		3123	Dean LITTLE	Islwyn	M1739	MEN	187	84	814	17
249		4543	David KEMPTON	Parc Bryn Bach	M5559	MEN	188	22	813	79
250		1069	Ian PRICE	Caerleon	M4549	MEN	189	20	812	81

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**CONFIRMED RESULTS**

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GENDER & TEAM POINTS	CATEGORY POINTS	
251		3115	Colin	DIXON	Islwyn	M6569	MEN	190	4	811	97
252		3765	Kristian	SINCLAIR	Liswerry	M1739	MEN	191	85	810	16
253		3531	Gemma	ACREMAN	Liswerry	F1734	LADIES	61	19	940	82
254		3220	Laura	GIBBONS	Islwyn	F1734	LADIES	62	20	939	81
255		4007	Emma	KING	Monmouth	F3539	LADIES	63	9	938	92
256		3616	Vicky	FEAR	Liswerry	F1734	LADIES	64	21	937	80
257		3648	Darren	WILLIAMS	Liswerry	M4044	MEN	192	30	809	71
258		3054	Kirsty	HOLTHAM-MORGAN	Islwyn	F3539	LADIES	65	10	936	91
259		4517	Katie	HAMER	Parc Bryn Bach	F4044	LADIES	66	13	935	88
260		2591	Lyn	KENNEY	Griffithstown	M5559	MEN	193	23	808	78
261		5175	Lorna	ELLIOTT	Pont-y-Pwl	F3539	LADIES	67	11	934	90
262		5196	Arran	VINCENT	Pont-y-Pwl	M1739	MEN	194	86	807	15
263		4504	Claire	SULLIVAN	Parc Bryn Bach	F1734	LADIES	68	22	933	79
264		4560	Phillip	MATTHEWS	Parc Bryn Bach	M6064	MEN	195	9	806	92
265		3141	Jay	LEACH	Islwyn	M4549	MEN	196	21	805	80
266		1103	Tom	EVANS	Caerleon	M1739	MEN	197	87	804	14
267		3189	Steve	WALSH	Islwyn	M1739	MEN	198	88	803	13
268		1572	Brett	REGULSKI	Chepstow	M5559	MEN	199	24	802	77
269		4618	Bobbie	SWIFT	Parc Bryn Bach	F4044	LADIES	69	14	932	87
270		5179	Jonathan	KNIGHT	Pont-y-Pwl	M4549	MEN	200	22	801	79
271		3683	John	HILL	Liswerry	M6064	MEN	201	10	800	91
272		1146	Hannah	LESLIE	Caerleon	F1734	LADIES	70	23	931	78
273		5168	Ron	GODFREY	Pont-y-Pwl	M5054	MEN	202	24	799	77
274		5158	Lyndsay	POULSOM	Pont-y-Pwl	F1734	LADIES	71	24	930	77
275		1152	Beth	GLEENSLADE	Caerleon	F1734	LADIES	72	25	929	76
276		4507	Hayley	JACKSON	Parc Bryn Bach	F4044	LADIES	73	15	928	86
277		3244	Lisa	DAVIES	Islwyn	F4044	LADIES	74	16	927	85
278		5080	Zoe	ELVER	Pont-y-Pwl	F4549	LADIES	75	14	926	87
279		4501	Alison	HOLTON	Parc Bryn Bach	F4044	LADIES	76	17	925	84
280		2597	Richard	COOK	Griffithstown	M1739	MEN	203	89	798	12
281		4522	Michelle	JAYNE	Parc Bryn Bach	F3539	LADIES	77	12	924	89
282		3798	Trudy	HURFORD	Liswerry	F4044	LADIES	78	18	923	83
283		2596	Keren	BEARD	Griffithstown	F4549	LADIES	79	15	922	86
284		4510	Jillian	MATTHEWS	Parc Bryn Bach	F6064	LADIES	80	2	921	99
285		2068	Sarah	ROBERTS	Fairwater	F3539	LADIES	81	13	920	88
286		4531	Samantha	STANDERWICK	Parc Bryn Bach	F4044	LADIES	82	19	919	82
287		5055	Michelle	GOOCH	Pont-y-Pwl	F4549	LADIES	83	16	918	85
288		3210	Emma	THOMAS	Islwyn	F3539	LADIES	84	14	917	87
289		4514	Kath	JERVIS	Parc Bryn Bach	F5559	LADIES	85	2	916	99
290		3265	Carl	GINGELL	Islwyn	M1739	MEN	204	90	797	11
291		5502	Claire	McCLUSKEY	Usk	F1734	LADIES	86	26	915	75
292		2023	Stella	SYMONS	Fairwater	F5054	LADIES	87	6	914	95
293		1036	Mary	SCOURFIELD	Caerleon	F4549	LADIES	88	17	913	84
294		5003	Amy	FLINN	Pont-y-Pwl	F1734	LADIES	89	27	912	74
295		5180	Suzanne	MCCARTHY	Pont-y-Pwl	F4044	LADIES	90	20	911	81
296		1119	Eddie	McDAID	Caerleon	M6064	MEN	205	11	796	90
297		4593	Delphine	JONES	Parc Bryn Bach	F3539	LADIES	91	15	910	86
298		1513	Denise	EVANS	Chepstow	F5054	LADIES	92	7	909	94
299		2008	Jane	LEWIS	Fairwater	F4549	LADIES	93	18	908	83
300		1121	Jonathan	GALLINAGH	Caerleon	M1739	MEN	206	91	795	10

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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GENDER & TEAM POINTS	CATEGORY POINTS
301		3269	Jo PLANT	Islwyn	F4044	LADIES	94	21	907	80
302		1520	Helen CLANCY	Chepstow	F4549	LADIES	95	19	906	82
303		3039	Helen WILLIAMS	Islwyn	F3539	LADIES	96	16	905	85
304		3232	Jason RUSSELL	Islwyn	M1739	MEN	207	92	794	9
305		4614	Ceri CASWELL	Parc Bryn Bach	F3539	LADIES	97	17	904	84
306		2034	John FRY	Fairwater	M7099	MEN	208	1	793	100
307		5538	Gary WILCOX	Usk	M5559	MEN	209	25	792	76
308		5095	Christopher SIMMS	Pont-y-Pwl	M6569	MEN	210	5	791	96
309		1524	Jane BAYLISS	Chepstow	F6064	LADIES	98	3	903	98
310		1577	Dave ANDREWS	Chepstow	M6569	MEN	211	6	790	95
311		4072	David RUTTER	Monmouth	M6569	MEN	212	7	789	94
312		3580	Pam GRANTHAM	Llswerry	F5054	LADIES	99	8	902	93
313		5185	Andrew PRICE	Pont-y-Pwl	M1739	MEN	213	93	788	8
314		3820	Louise QUATERMASS	Llswerry	F3539	LADIES	100	18	901	83
315		3638	Carl ELLIOTT	Llswerry	M7099	MEN	214	2	787	99
316		4070	Tony HARDY	Monmouth	M5054	MEN	215	25	786	76
317		1129	Yangi VUNDAMINA	Caerleon	F4044	LADIES	101	22	900	79
318		1583	Dick FINCH	Chepstow	M7099	MEN	216	3	785	98
319		3540	Julie DAVIES	Llswerry	F5054	LADIES	102	9	899	92
320		1508	Carol DUNSBEE	Chepstow	F4549	LADIES	103	20	898	81
321		4003	Carol Anne USHER	Monmouth	F5054	LADIES	104	10	897	91
322		4032	Sian BURNS	Monmouth	F5054	LADIES	105	11	896	90
323		4607	Sara WILKINSON	Parc Bryn Bach	F1734	LADIES	106	28	895	73
324		3268	Zoe HAYDON	Islwyn	F3539	LADIES	107	19	894	82
325		3722	Nigel RICHARDS	Llswerry	M5054	MEN	217	26	784	75
326		1503	Anne JENNER	Chepstow	F5054	LADIES	108	12	893	89
327		2512	Elizabeth STOKES	Griffithstown	F4044	LADIES	109	23	892	78
328		4528	Rhian WHITE	Parc Bryn Bach	F1734	LADIES	110	29	891	72
329		3618	Yvonne FORSEY	Llswerry	F5559	LADIES	111	3	890	98
330		3044	Juli WILLIAMS	Islwyn	F4549	LADIES	112	21	889	80
331		4525	Pamela BROWNING	Parc Bryn Bach	F4549	LADIES	113	22	888	79
332		1128	Beth KERSHAW-NAYLOR	Caerleon	F1734	LADIES	114	30	887	71
333		3503	Amanda RICHARDS	Llswerry	F4549	LADIES	115	23	886	78
334		3193	Andrea THOMAS	Islwyn	F4044	LADIES	116	24	885	77
335		2598	Rachel HOLLIDAY	Griffithstown	F4044	LADIES	117	25	884	76
336		2509	Daune GREEN	Griffithstown	F4044	LADIES	118	26	883	75
337		1538	Lisa RIDDINGTON	Chepstow	F4044	LADIES	119	27	882	74
338		3246	Lisa CHAPLIN	Islwyn	F3539	LADIES	120	20	881	81
339		3219	Kelly HILLIARD	Islwyn	F3539	LADIES	121	21	880	80
340		3558	Linda DURSLEY	Llswerry	F5559	LADIES	122	4	879	97
341		3273	Rhianne WILLIAMS	Islwyn	F3539	LADIES	123	22	878	79
342		5507	Esther DAWSON	Usk	F4044	LADIES	124	28	877	73
343		2006	Helen GWILLIAM	Fairwater	F4549	LADIES	125	24	876	77
344		5033	Kate ALLEN	Pont-y-Pwl	F4044	LADIES	126	29	875	72
345		5056	Nadine DONOVAN	Pont-y-Pwl	F4044	LADIES	127	30	874	71
346		1046	Ruth SMITH	Caerleon	F5559	LADIES	128	5	873	96
347		1587	Geoffrey BAYLISS	Chepstow	M6569	MEN	218	8	783	93
348		5035	Kay MORGAN	Pont-y-Pwl	F3539	LADIES	129	23	872	78
349		4030	Sarah CLIFTON	Monmouth	F3539	LADIES	130	24	871	77
350		3048	Kath GLADWYN	Islwyn	F4044	LADIES	131	31	870	70

**CONFIRMED RESULTS**

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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GENDER & TEAM POINTS	CATEGORY POINTS
351		3041	Joanne JONES	Islwyn	F4044	LADIES	132	32	869	69
352		3045	Julie LEWIS	Islwyn	F4549	LADIES	133	25	868	76
353		3263	William LEWIS	Islwyn	M6064	MEN	219	12	782	89
354		5079	Vicky JEFFS	Pont-y-Pwl	F1734	LADIES	134	31	867	70
355		2021	Sheree MANN	Fairwater	F4549	LADIES	135	26	866	75
356		3229	Sian JOHNSON	Islwyn	F1734	LADIES	136	32	865	69
357		3272	Teresa EVANS	Islwyn	F4044	LADIES	137	33	864	68
358		2592	Cath EDWARD	Griffithstown	F5054	LADIES	138	13	863	88
359		2600	Nikki SAUNDERS	Griffithstown	F1734	LADIES	139	33	862	68
360		4572	Stephen HAMER	Parc Bryn Bach	M4044	MEN	220	31	781	70
361		3226	Ross KEELING	Islwyn	M1739	MEN	221	94	780	7
362		3672	Howard ATTWOOD	Llswerry	M6569	MEN	222	9	779	92
363		1641	Syd WHEELER	Chepstow	M7099	MEN	223	4	778	97
364		1001	Aisling MORGAN	Caerleon	F1734	LADIES	140	34	861	67
365		2593	Lena EVANS	Griffithstown	F4549	LADIES	141	27	860	74
366		3270	Emily Jayne WELSH	Islwyn	F3539	LADIES	142	25	859	76
367		3094	Vicki JONES	Islwyn	F4044	LADIES	143	34	858	67
368		3831	Paul WILLIAMS	Llswerry	M6064	MEN	224	13	777	88



**Race 5 of 5  
PARC BRYN BACH  
23rd August**

**RACE SUMMARY**

NUMBER OF RUNNERS BY CATEGORY			
F1734	34	M1739	94
F3539	25	M4044	31
F4044	34	M4549	22
F4549	27	M5054	26
F5054	13	M5559	25
F5559	5	M6064	13
F6064	3	M6569	9
F6599	2	M7099	4
Guests (F)	0	Guests (M)	1
LADIES TOTAL	143	MENS TOTAL	225

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	12	23	35
CHEPSTOW	20	30	50
FAIRWATER	8	10	18
GRIFFITHSTOWN	12	17	29
ISLWYN	26	40	66
LLISWERRY	18	36	54
MONMOUTH	6	12	18
PARC BRYN BACH	21	26	47
PONTYPOOL	17	25	42
USK	3	5	8
Guests	0	1	1
TOTAL	143	225	368

**CONFIRMED  
RESULTS**

**GLCL 2016 ROAD RACE SERIES  
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**TEAM RESULTS**

<u>MALE "A" TEAM</u>				<u>FEMALE "A" TEAM</u>					
	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		
<b>=1</b>	<b>CHEPSTOW</b>	<b>10</b>	<b>9714</b>	<b>9.5</b>	<b>1</b>	<b>PARC BRYN BACH</b>	<b>6</b>	<b>5927</b>	<b>10</b>
<b>=1</b>	<b>LLISWERRY</b>	<b>10</b>	<b>9714</b>	<b>9.5</b>	<b>2</b>	<b>CHEPSTOW</b>	<b>6</b>	<b>5917</b>	<b>9</b>
<b>3</b>	<b>PONT-Y-PWL</b>	<b>10</b>	<b>9710</b>	<b>8</b>	<b>3</b>	<b>PONT-Y-PWL</b>	<b>6</b>	<b>5862</b>	<b>8</b>
<b>4</b>	<b>ISLWYN</b>	<b>10</b>	<b>9663</b>	<b>7</b>	<b>4</b>	<b>ISLWYN</b>	<b>6</b>	<b>5814</b>	<b>7</b>
<b>5</b>	<b>PARC BRYN BACH</b>	<b>10</b>	<b>9596</b>	<b>6</b>	<b>5</b>	<b>LLISWERRY</b>	<b>6</b>	<b>5806</b>	<b>6</b>
<b>6</b>	<b>GRIFFITHSTOWN</b>	<b>10</b>	<b>9522</b>	<b>5</b>	<b>6</b>	<b>CAERLEON</b>	<b>6</b>	<b>5802</b>	<b>5</b>
<b>7</b>	<b>CAERLEON</b>	<b>10</b>	<b>9328</b>	<b>4</b>	<b>7</b>	<b>GRIFFITHSTOWN</b>	<b>6</b>	<b>5718</b>	<b>4</b>
<b>8</b>	<b>MONMOUTH</b>	<b>10</b>	<b>8974</b>	<b>3</b>	<b>8</b>	<b>FAIRWATER</b>	<b>6</b>	<b>5641</b>	<b>3</b>
<b>9</b>	<b>FAIRWATER</b>	<b>10</b>	<b>8775</b>	<b>2</b>	<b>9</b>	<b>MONMOUTH</b>	<b>6</b>	<b>5570</b>	<b>2</b>
<b>10</b>	<b>USK</b>	<b>5</b>	<b>4276</b>	<b>1</b>	<b>10</b>	<b>USK</b>	<b>3</b>	<b>2791</b>	<b>1</b>

<u>MALE TEAM "B&amp;C" TEAM</u>			<u>FEMALE "B&amp;C" TEAM</u>				
	<u>RUNNERS</u>	<u>SCORE</u>		<u>RUNNERS</u>	<u>SCORE</u>		
<b>1</b>	<b>LLISWERRY(B)</b>	<b>10</b>	<b>8998</b>	<b>1</b>	<b>CHEPSTOW(B)</b>	<b>6</b>	<b>5812</b>
<b>2</b>	<b>PONT-Y-PWL(B)</b>	<b>10</b>	<b>8984</b>	<b>2</b>	<b>LLISWERRY(B)</b>	<b>6</b>	<b>5640</b>
<b>3</b>	<b>CHEPSTOW(B)</b>	<b>10</b>	<b>8923</b>	<b>3</b>	<b>PARC BRYN BACH(B)</b>	<b>6</b>	<b>5596</b>
<b>4</b>	<b>PARC BRYN BACH(B)</b>	<b>10</b>	<b>8912</b>	<b>4</b>	<b>ISLWYN(B)</b>	<b>6</b>	<b>5567</b>
<b>5</b>	<b>ISLWYN(B)</b>	<b>10</b>	<b>8873</b>	<b>5</b>	<b>PONT-Y-PWL(B)</b>	<b>6</b>	<b>5566</b>
<b>6</b>	<b>ISLWYN(C)</b>	<b>10</b>	<b>8500</b>	<b>6</b>	<b>CHEPSTOW(C)</b>	<b>6</b>	<b>5505</b>
<b>7</b>	<b>CAERLEON(B)</b>	<b>10</b>	<b>8476</b>	<b>7</b>	<b>PARC BRYN BACH(C)</b>	<b>6</b>	<b>5494</b>
<b>8</b>	<b>LLISWERRY(C)</b>	<b>10</b>	<b>8410</b>	<b>8</b>	<b>CAERLEON(B)</b>	<b>6</b>	<b>5363</b>
<b>9</b>	<b>CHEPSTOW(C)</b>	<b>10</b>	<b>8152</b>	<b>9</b>	<b>LLISWERRY(C)</b>	<b>6</b>	<b>5357</b>
<b>10</b>	<b>GRIFFITHSTOWN(B)</b>	<b>7</b>	<b>5928</b>	<b>10</b>	<b>ISLWYN(C)</b>	<b>6</b>	<b>5334</b>
<b>11</b>	<b>PARC BRYN BACH(C)</b>	<b>6</b>	<b>4883</b>	<b>11</b>	<b>GRIFFITHSTOWN(B)</b>	<b>6</b>	<b>5244</b>
<b>12</b>	<b>PONT-Y-PWL(C)</b>	<b>5</b>	<b>3986</b>	<b>12</b>	<b>PONT-Y-PWL(C)</b>	<b>5</b>	<b>4399</b>
<b>13</b>	<b>CAERLEON(C)</b>	<b>3</b>	<b>2395</b>	<b>13</b>	<b>FAIRWATER(B)</b>	<b>2</b>	<b>1742</b>
<b>14</b>	<b>MONMOUTH(B)</b>	<b>2</b>	<b>1575</b>		<b>CAERLEON(C)</b>	<b>0</b>	<b>0</b>
	<b>FAIRWATER(B)</b>	<b>0</b>	<b>0</b>		<b>FAIRWATER(C)</b>	<b>0</b>	<b>0</b>
	<b>FAIRWATER(C)</b>	<b>0</b>	<b>0</b>		<b>GRIFFITHSTOWN(C)</b>	<b>0</b>	<b>0</b>
	<b>GRIFFITHSTOWN(C)</b>	<b>0</b>	<b>0</b>		<b>MONMOUTH(B)</b>	<b>0</b>	<b>0</b>
	<b>MONMOUTH(C)</b>	<b>0</b>	<b>0</b>		<b>MONMOUTH(C)</b>	<b>0</b>	<b>0</b>
	<b>USK(B)</b>	<b>0</b>	<b>0</b>		<b>USK(B)</b>	<b>0</b>	<b>0</b>
	<b>USK(C)</b>	<b>0</b>	<b>0</b>		<b>USK(C)</b>	<b>0</b>	<b>0</b>