

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	1		4077	Alice TAYLOR	Monmouth	F1734	1	1000	100
2	2		3529	Emma WOOKEY	Lliswerry	F1734	2	999	99
3	3		4577	Lauren COOPER	Parc Bryn Bach	F1734	3	998	98
4	4		1516	Georgie PRIOR	Chepstow	F1734	4	997	97
5	5		3595	Sandra CHIPPER	Lliswerry	F4044	1	996	100
6	6		1542	Niki MORGAN	Chepstow	F4549	1	995	100
7	7		3586	Rebecca ROTHWELL	Lliswerry	F1734	5	994	96
8	8		1525	Jane HORLER	Chepstow	F4549	2	993	99
9	9		4584	Hannah WILLIAMS	Parc Bryn Bach	F1734	6	992	95
10	10		1548	Sarah BELL	Chepstow	F3539	1	991	100
11	11		4512	Julie CASHELL	Parc Bryn Bach	F4044	2	990	99
12	12		3810	Laura DAVIES	Lliswerry	F1734	7	989	94
13	13		5066	Samantha TOOP	Pont-y-Pwl	F3539	2	988	99
14	14		5043	Louise SUMMERS	Pont-y-Pwl	F4549	3	987	98
15	15		3551	Keri JONES	Lliswerry	F4549	4	986	97
16	16		5213	Bethan HAWKSLEY	Pont-y-Pwl	F1734	8	985	93
17	17		1537	Lisa JEFFREY	Chepstow	F4549	5	984	96
18	18		1043	Paula WILLIAMS	Caerleon	F4549	6	983	95
19	19		1151	Rosie HUNT	Caerleon	F1734	9	982	92
20	20		4079	Laura GREY	Monmouth	F3539	3	981	98
21	21		3053	Kelly WALL	Islwyn	F1734	10	980	91
22	22		1541	Maria ANTHONY	Chepstow	F5054	1	979	100
23	23		1514	Esther BARRETT	Chepstow	F4044	3	978	98
24	24		3066	Nic HOWLS	Islwyn	F3539	4	977	97
25	25		5041	Lisa ERICKSON	Pont-y-Pwl	F3539	5	976	96
26	26		1511	Danielle SAPSFORD	Chepstow	F3539	6	975	95
27	27		3583	Rachel BOWEN	Lliswerry	F3539	7	974	94
28	28		3566	Marina WRIGHT	Lliswerry	F3539	8	973	93
29	29		2527	Rose CHARLES	Griffithstown	F1734	11	972	90
30	30		5067	Sarah COOTE	Pont-y-Pwl	F3539	9	971	92
31	31		2009	Jeanette JENKINS	Fairwater	F5559	1	970	100
32	32		5006	Anne Marie HARRIS	Pont-y-Pwl	F4549	7	969	94
33	33		4627	Rebecca FOLEY	Parc Bryn Bach	F1734	12	968	89
34	34		2004	Deb COCKRAM	Fairwater	F5054	2	967	99
35	36		3784	Claire WEBSTER	Lliswerry	F1734	13	966	88
36	37		1523	Jan MORRIS	Chepstow	F4549	8	965	93
37	40		5021	Emma SOWREY	Pont-y-Pwl	F4044	4	964	97
38	41		1049	Sian JONES	Caerleon	F3539	10	963	91
39	43		3599	Sarah LAUDER	Lliswerry	F3539	11	962	90
40	48		5028	Holly JANES-THOMAS	Pont-y-Pwl	F1734	14	961	87
41	49		3065	Michelle JOHNSON	Islwyn	F1734	15	960	86
42	51		1531	Joyce DODD	Chepstow	F6064	1	959	100
43	52		3526	Elinor PHILLIPS	Lliswerry	F1734	16	958	85
44	56		4007	Emma KING	Monmouth	F3539	12	957	89
45	57		1034	Liz RICHARDS	Caerleon	F5054	3	956	98

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
46	58		3531	Gemma ACREMAN	Lliswerry	F1734	17	955	84
47	59		1021	Helen THOMAS	Caerleon	F5559	2	954	99
48	61		2017	Liz WALSH	Fairwater	F4044	5	953	96
49	62		3568	Michelle JOHNSTON	Lliswerry	F3539	13	952	88
50	63		3240	Sharon CARRAFA	Islwyn	F4044	6	951	95
51	64		3535	Jacqui TUDHOPE	Lliswerry	F4044	7	950	94
52	68		4613	Kimberley PRICE	Parc Bryn Bach	F3539	14	949	87
53	70		2521	Leonie ROBERTS	Griffithstown	F4044	8	948	93
54	72		4618	Bobbie SWIFT	Parc Bryn Bach	F4044	9	947	92
55	79		5056	Nadine DONOVAN	Pont-y-Pwl	F4044	10	946	91
56	83		4504	Claire SULLIVAN	Parc Bryn Bach	F1734	18	945	83
57	86		3262	Rebecca MORGAN	Islwyn	F1734	19	944	82
58	88		1527	Jen HARDING	Chepstow	F1734	20	943	81
59	91		4522	Michelle JAYNE	Parc Bryn Bach	F4044	11	942	90
60	93		1507	Brenda AVERY	Chepstow	F6599	1	941	100
61	98		4593	Delphine JONES	Parc Bryn Bach	F3539	15	940	86
62	99		3195	Anne RICE-JONES	Islwyn	F5054	4	939	97
63	108		3834	Sonja BREESE	Lliswerry	F4044	12	938	89
64	109		4514	Kath JERVIS	Parc Bryn Bach	F5559	3	937	98
65	113		1017	Fern HAYLES	Caerleon	F1734	21	936	80
66	114		5022	Emma WEAVING	Pont-y-Pwl	F3539	16	935	85
67	119		3511	Ceri JENKINS	Lliswerry	F4044	13	934	88
68	122		1524	Jane BAYLISS	Chepstow	F6064	2	933	99
69	127		1153	Maddy CLABON	Caerleon	F1734	22	932	79
70	128		4089	Sharon FINCH	Monmouth	F4549	9	931	92
71	134		5080	Zoe ELVER	Pont-y-Pwl	F4549	10	930	91
72	138		1007	Bernadette DAVIES	Caerleon	F4549	11	929	90
73	139		1036	Mary SCOURFIELD	Caerleon	F4549	12	928	89
74	145		1552	Sue ASHTON	Chepstow	F6064	3	927	98
75	154		5055	Michelle GOOCH	Pont-y-Pwl	F4549	13	926	88
76	155		3820	Louise QUATERMASS	Lliswerry	F3539	17	925	84
77	160		3039	Helen WILLIAMS	Islwyn	F3539	18	924	83
78	162		4030	Sarah CLIFTON	Monmouth	F4044	14	923	87
79	165		1126	Michelle CLABON	Caerleon	F5054	5	922	96
80	167		5076	Stephanie SWAIN	Pont-y-Pwl	F4549	14	921	87
81	171		5176	Rebecca GLEDHILL	Pont-y-Pwl	F1734	23	920	78
82	174		3069	Pat RICHARDSON	Islwyn	F6599	2	919	99
83	175		3198	Sian PEARCE	Islwyn	F3539	19	918	82
84	178		3782	Susan WEBSTER	Lliswerry	F5054	6	917	95
85	179		3798	Trudy HURFORD	Lliswerry	F4044	15	916	86
86	181		4607	Sara WILKINSON	Parc Bryn Bach	F1734	24	915	77
87	182		3615	Val CLARE	Lliswerry	F5559	4	914	97
88	197		3618	Yvonne FORSEY	Lliswerry	F5559	5	913	96
89	203		3835	Tracey BARRINGTON	Lliswerry	F4549	15	912	86
90	205		2021	Sheree MANN	Fairwater	F5054	7	911	94

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
91	207		3571	Morwenna PHILLIPS	Lliswerry	F1734	25	910	76
92	210		3837	Maria ATKIN	Lliswerry	F4549	16	909	85
93	211		1020	Gwyn HOWELLS	Caerleon	F6599	3	908	98
94	213		3836	Julia GROOMBRIDGE	Lliswerry	F5054	8	907	93
95	217		1131	Claire ORFORD	Caerleon	F4044	16	906	85
96	219		3562	Louise AHERN	Lliswerry	F4549	17	905	84
97	222		3821	Janine LANE	Lliswerry	F3539	20	904	81
98	223		3270	Emily Jayne WELSH	Islwyn	F3539	21	903	80
99	229		5077	Susan JEFFS	Pont-y-Pwl	F5054	9	902	92
100	242		3838	Debbie MORAN	Lliswerry	F4549	18	901	83
101	243		3826	Lisa NICHOLS	Lliswerry	F4549	19	900	82

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PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	35		3715	Neil EVANS	Lliswerry	M1739	1	1000	100
2	38		1670	Alex TUCK	Chepstow	M1739	2	999	99
3	39		5141	Richard JOHNSON	Pont-y-Pwl	M4044	1	998	100
4	42		4045	Gareth JONES	Monmouth	M1739	3	997	98
5	44		2561	Josh JONES	Griffithstown	M1739	4	996	97
6	45		3684	Jon BELCHER	Lliswerry	M4044	2	995	99
7	46		1609	Martyn WINSER	Chepstow	M1739	5	994	96
8	47		3152	Lee MILLS	Islwyn	M4044	3	993	98
9	50		2552	Davy CHALLENGER	Griffithstown	M1739	6	992	95
10	53		4625	Marc BLOOMFIELD	Parc Bryn Bach	M1739	7	991	94
11	54		1612	Matthew STOTT	Chepstow	M1739	8	990	93
12	55		1600	Karie ATKINS	Chepstow	M4044	4	989	97
13	60		4541	Damian WILLIAMS	Parc Bryn Bach	M5054	1	988	100
14	65		4608	Michael COPE	Parc Bryn Bach	M4044	5	987	96
15	66		3167	Paul HAYWARD	Islwyn	M1739	9	986	92
16	67		1664	Ross WALKER	Chepstow	M1739	10	985	91
17	69		4571	Simon LEWIS	Parc Bryn Bach	M5054	2	984	99
18	71		5206	Paul SLADE	Pont-y-Pwl	M1739	11	983	90
19	73		5138	Ray MORGAN	Pont-y-Pwl	M1739	12	982	89
20	74		1617	Paul DODD	Chepstow	M5559	1	981	100
21	75		1606	Mark HARVEY(jnr)	Chepstow	M1739	13	980	88
22	76		3839	Lee SMITH	Lliswerry	M5054	3	979	98
23	77		1631	Rob BEVES	Chepstow	M5054	4	978	97
24	78		1599	Jonathan CARTER	Chepstow	M4549	1	977	100
25	80		3629	Andrew DAWE	Lliswerry	M5054	5	976	96
26	81		1640	Stuart PENNY	Chepstow	M5054	6	975	95
27	82		4046	George SMITH	Monmouth	M4044	6	974	95
28	84		1097	Rob BICKEL	Caerleon	M4044	7	973	94
29	85		3733	Phil BOORMAN	Lliswerry	M4549	2	972	99
30	87		1593	James BLORE	Chepstow	M1739	14	971	87
31	89		5153	Steve DAVIES	Pont-y-Pwl	M5559	2	970	99
32	90		2560	Jonathan SLICZNY	Griffithstown	M1739	15	969	86
33	92		5173	Craig CHEEDY	Pont-y-Pwl	M1739	16	968	85
34	94		2590	Shaun STYLES	Griffithstown	M1739	17	967	84
35	95		3161	Micheal RICHARDSON	Islwyn	M1739	18	966	83
36	96		4626	Joshua CASHELL	Parc Bryn Bach	M1739	19	965	82
37	97		2547	Colin WILMOTT	Griffithstown	M5559	3	964	98
38	100		2582	Robert WITHERALL	Griffithstown	M1739	20	963	81
39	101		3134	Haydn HARTNELL	Islwyn	M5054	7	962	94
40	102		2061	Simon BURNS	Fairwater	M1739	21	961	80
41	103		4582	Andrew JONES	Parc Bryn Bach	M4549	3	960	98
42	104		4074	Julian HOWE	Monmouth	M4549	4	959	97
43	105		1675	Dickie HUDD	Chepstow	M4549	5	958	96
44	106		5140	Ricci WATTS	Pont-y-Pwl	M1739	22	957	79
45	107		3112	Chris LLOYD	Islwyn	M1739	23	956	78

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ROGERSTONE (Lliswerry)
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PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points	
46	110		4590	Matthew	TRINDER	Parc Bryn Bach	M1739	24	955	77
47	111		1630	Rob	HOOK	Chepstow	M5054	8	954	93
48	112		3804	Daniel	REILLY	Lliswerry	M1739	25	953	76
49	115		3187	Steve	LANE	Islwyn	M4044	8	952	93
50	116		5160	Andy	MILLARD	Pont-y-Pwl	M5054	9	951	92
51	117		1647	David	CLEGG	Chepstow	M5559	4	950	97
52	118		2573	Paul	MASON	Griffithstown	M1739	26	949	75
53	120		3122	David	WATERS	Islwyn	M4044	9	948	92
54	121		4542	Darryl	COOK	Parc Bryn Bach	M1739	27	947	74
55	123		4588	Matthew	ELLIS	Parc Bryn Bach	M1739	28	946	73
56	124		3151	Kim	WEHDEN	Islwyn	M5054	10	945	91
57	125		3643	Christopher	JONES	Lliswerry	M5559	5	944	96
58	126		4583	Ian	KENT	Parc Bryn Bach	M1739	29	943	72
59	129		5212	Gary	JONES	Pont-y-Pwl	M5054	11	942	90
60	130		4064	Russell	FINCH	Monmouth	M5054	12	941	89
61	131		3739	Rob	DAVIES	Lliswerry	M4549	6	940	95
62	132		3822	David	JACOB	Lliswerry	M1739	30	939	71
63	133		1088	Peter	RODGER	Caerleon	M6064	1	938	100
64	135		1079	Mike	THURGOOD	Caerleon	M4549	7	937	94
65	136		4043	Brian	EVANS	Monmouth	M4549	8	936	93
66	137		4624	Robert	GALE	Parc Bryn Bach	M1739	31	935	70
67	141		5084	Andrew	DICKENS	Pont-y-Pwl	M4549	9	934	92
68	142		1649	Toby	GARRATT	Chepstow	M1739	32	933	69
69	143		4580	James	THOMAS	Parc Bryn Bach	M1739	33	932	68
70	144		4615	Damian	CASWELL	Parc Bryn Bach	M4044	10	931	91
71	146		1637	Stephen	OWEN	Chepstow	M6064	2	930	99
72	147		1566	Andy	CREBER	Chepstow	M5559	6	929	95
73	148		1615	Neil	GRANT	Chepstow	M6569	1	928	100
74	149		4063	Robert	NELSON	Monmouth	M4549	10	927	91
75	150		3710	Mike	ANTHONY	Lliswerry	M5559	7	926	94
76	151		1568	Andy	STOTT	Chepstow	M5559	8	925	93
77	152		3634	Andy	JAMES	Lliswerry	M4549	11	924	90
78	153		1628	Richard	NEWHOUSE	Chepstow	M4549	12	923	89
79	156		1155	Kevin	DUPE	Caerleon	M5054	13	922	88
80	157		3805	Richard	BASHAM	Lliswerry	M4549	13	921	88
81	158		1141	Matthew	MULCAHY	Caerleon	M4044	11	920	90
82	161		3744	Scott	HAYDEN	Lliswerry	M1739	34	919	67
83	163		4570	Shane	ROBERTS	Parc Bryn Bach	M4044	12	918	89
84	164		3214	Ian	WILLIAMS	Islwyn	M1739	35	917	66
85	166		5164	Paul	HARVEY	Pont-y-Pwl	M1739	36	916	65
86	168		3185	Simon	PETERSON	Islwyn	M4549	14	915	87
87	169		3807	Gareth	BRUNNOCK	Lliswerry	M1739	37	914	64
88	170		4620	James	ASHLEY	Parc Bryn Bach	M4044	13	913	88
89	172		4547	Ian	LINE	Parc Bryn Bach	M4549	15	912	86
90	173		1099	Simon	TANG	Caerleon	M1739	38	911	63

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ROGERSTONE (Lliswerry)
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PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points	
91	176		3675	Ian	WHATMOUGH	Lliswerry	M5559	9	910	92
92	177		5541	Jon	HANCOCK	Usk	M5559	10	909	91
93	180		3644	Christopher	MATTHEWS	Lliswerry	M5054	14	908	87
94	183		3727	Paul	DAY	Lliswerry	M6569	2	907	99
95	184		4574	Terry	VAUGHAN	Parc Bryn Bach	M4044	14	906	87
96	185		3728	Paul	DURSLEY	Lliswerry	M6064	3	905	98
97	186		1154	Neil	WILLIAMS	Caerleon	M5054	15	904	86
98	187		1639	Stuart	DUNCAN	Chepstow	M5559	11	903	90
99	188		3640	Chris	DAVIES	Lliswerry	M5559	12	902	89
100	189		3783	Dave	WEBSTER	Lliswerry	M5054	16	901	85
101	190		4585	Lee	GRIFFITHS	Parc Bryn Bach	M1739	39	900	62
102	191		1588	Gerry	ASHTON	Chepstow	M6064	4	899	97
103	192		5089	Carl	ROBERTS	Pont-y-Pwl	M1739	40	898	61
104	194		3823	John	NEALE	Lliswerry	M1739	41	897	60
105	195		3233	Grant	WAKEMAN	Islwyn	M4044	15	896	86
106	196		4083	Rod	WYATT	Monmouth	M4549	16	895	85
107	198		3720	Nick	PRINGLE	Lliswerry	M5559	13	894	88
108	199		3737	Richard	POWELL	Lliswerry	M4549	17	893	84
109	200		1098	Sean	DAVEY	Caerleon	M5054	17	892	84
110	201		5196	Arran	VINCENT	Pont-y-Pwl	M1739	42	891	59
111	202		4065	Stephen	BARRATT	Monmouth	M4549	18	890	83
112	204		3703	Matthew	POTTER	Lliswerry	M4044	16	889	85
113	206		4544	David	SMOUT	Parc Bryn Bach	M6569	3	888	98
114	208		2038	Martyn	JENKINS	Fairwater	M5559	14	887	87
115	209		3660	Gareth	BARRINGTON	Lliswerry	M4044	17	886	84
116	212		3131	Glyn	HICKS	Islwyn	M6569	4	885	97
117	214		3742	Ron	DAVIES	Lliswerry	M4044	18	884	83
118	215		3236	Steven	PHILLIPS	Islwyn	M4044	19	883	82
119	216		1054	Andrew	TAYLOR	Caerleon	M6064	5	882	96
120	218		3237	Keith	DAVIES	Islwyn	M5559	15	881	86
121	220		3716	Neil	SIDNEY	Lliswerry	M4549	19	880	82
122	221		4534	Anthony	LEWIS	Parc Bryn Bach	M4549	20	879	81
123	224		3630	Andrew	JOHNSON	Lliswerry	M5054	18	878	83
124	225		3734	Phil	PRICE	Lliswerry	M6569	5	877	96
125	226		1563	Andrew	BRAY	Chepstow	M6064	6	876	95
126	227		2053	Tim	MURPHY	Fairwater	M5559	16	875	85
127	228		1138	Anthony	DERRICK	Caerleon	M4549	21	874	80
128	230		3787	Tim	WRIGHT	Lliswerry	M5054	19	873	82
129	231		3765	Kristian	SINCLAIR	Lliswerry	M1739	43	872	58
130	232		4596	Cyril	WILLIAMS	Parc Bryn Bach	M6064	7	871	94
131	233		3672	Howard	ATTWOOD	Lliswerry	M6569	6	870	95
132	234		5537	Graham	SIMPSON	Usk	M5559	17	869	84
133	235		5207	Thomas	WARWICK	Pont-y-Pwl	M1739	44	868	57
134	236		5126	Michael	SWAIN	Pont-y-Pwl	M5054	20	867	81
135	237		3840	Jonathan	KENDALL	Lliswerry	M4549	22	866	79

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ROGERSTONE (Lliswerry)
SUNDAY 23rd OCT. 2016**

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24-10-16

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
136	238		3731	Paul WATTS	Lliswerry	M5559	18	865	83
137	239		3683	John HILL	Lliswerry	M6064	8	864	93
138	240		3642	Chris HILL	Lliswerry	M5054	21	863	80
139	241		3659	Desmond JONES	Lliswerry	M4044	20	862	81
140	244		3641	Chris GENTLE	Lliswerry	M4549	23	861	78
141	245		3722	Nigel RICHARDS	Lliswerry	M5054	22	860	79
142	246		1674	Andrew HAYES	Chepstow	M5559	19	859	82
OVER 70 MALE									
1	140		1587	Geoffrey BAYLISS	Chepstow	M7099	1	0	100
2	159		1583	Dick FINCH	Chepstow	M7099	2	0	99
3	193		3638	Carl ELLIOTT	Lliswerry	M7099	3	0	98

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23rd OCT 2016

TEAM RESULTS

<u>MALE "A" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	CHEPSTOW	6	5938	10
=2	LLISWERRY	6	5875	8.5
=2	PARC BRYN BACH	6	5875	8.5
4	PONT-Y-PWL	6	5858	7
5	GRIFFITHSTOWN	6	5851	6
6	ISLWYN	6	5815	5
7	MONMOUTH	6	5734	4
8	CAERLEON	6	5601	3
9	FAIRWATER	3	2723	2
10	USK	2	1778	1

<u>FEMALE "A" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY	4	3978	10
2	CHEPSTOW	4	3976	9
3	PARC BRYN BACH	4	3948	8
4	PONT-Y-PWL	4	3936	7
5	CAERLEON	4	3884	6
6	MONMOUTH	4	3869	5
7	ISLWYN	4	3868	4
8	FAIRWATER	4	3801	3
9	GRIFFITHSTOWN	2	1920	2
10	USK	0	0	0

<u>MALE TEAM "B&C" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	CHEPSTOW(B)	6	5839	20
2	PARC BRYN BACH(B)	6	5658	19
3	CHEPSTOW(C)	6	5624	18
4	LLISWERRY(B)	6	5594	17
5	PONT-Y-PWL(B)	6	5532	16
6	ISLWYN(B)	6	5506	15
7	PARC BRYN BACH(C)	6	5480	14
8	LLISWERRY(C)	6	5463	13
9	CAERLEON(B)	4	3552	12
10	MONMOUTH(B)	2	1785	11
11	ISLWYN(C)	2	1764	10
12	PONT-Y-PWL(C)	2	1735	9
13	GRIFFITHSTOWN(B)	1	949	8
	CAERLEON(C)	0	0	0
	FAIRWATER(B)	0	0	0
	FAIRWATER(C)	0	0	0
	GRIFFITHSTOWN(C)	0	0	0
	MONMOUTH(C)	0	0	0
	USK(B)	0	0	0
	USK(C)	0	0	0

<u>FEMALE "B&C" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	CHEPSTOW(B)	4	3916	20
2	LLISWERRY(B)	4	3899	19
3	PONT-Y-PWL(B)	4	3865	18
4	LLISWERRY(C)	4	3827	17
5	CHEPSTOW(C)	4	3808	16
6	PARC BRYN BACH(B)	4	3783	15
7	CAERLEON(B)	4	3751	14
8	PONT-Y-PWL(C)	4	3737	13
9	ISLWYN(B)	4	3726	12
10	CAERLEON(C)	4	3664	11
11	PARC BRYN BACH(C)	3	2792	10
12	ISLWYN(C)	2	1821	9
13	MONMOUTH(B)	1	923	8
	FAIRWATER(B)	0	0	0
	FAIRWATER(C)	0	0	0
	GRIFFITHSTOWN(B)	0	0	0
	GRIFFITHSTOWN(C)	0	0	0
	MONMOUTH(C)	0	0	0
	USK(B)	0	0	0
	USK(C)	0	0	0

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	25	M1739	44
F3539	21	M4044	20
F4044	16	M4549	23
F4549	19	M5054	22
F5054	9	M5559	19
F5559	5	M6064	8
F6064	3	M6569	6
F6599	3	M7099	3
LADIES TOTAL	101	MENS TOTAL	145

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	12	10	22
CHEPSTOW	14	26	40
FAIRWATER	4	3	7
GRIFFITHSTOWN	2	7	9
ISLWYN	10	14	24
LLISWERRY	28	40	68
MONMOUTH	5	8	13
PARC BRYN BACH	11	21	32
PONTYPOOL	15	14	29
USK	0	2	2
TOTAL	101	145	246