

**CONFIRMED  
RESULTS**

**GLCL 2017 ROAD RACE SERIES  
RACE 3 of 5  
ISLWYN (Penalita Parc)  
6th JUNE 2017**

18:39  
09/06/2017

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS	
1		4555	Lee	AHERNE	Parc Bryn Bach	M5054	MEN	1	1	1000	100
2		5136	Paul	WHITE	Pont-y-Pwl	M1739	MEN	2	1	999	100
3		4568	Sam	LEWIS-JONES	Parc Bryn Bach	M1739	MEN	3	2	998	99
4		3920	Richard	FOSTER	Llswerry	M1739	MEN	4	3	997	98
5		3684	Jon	BELCHER	Llswerry	M4044	MEN	5	1	996	100
6		2588	Mark	MOGFORD	Griffithstown	M1739	MEN	6	4	995	97
7		4657	Jamie	PARRY	Parc Bryn Bach	M1739	MEN	7	5	994	96
8		5085	Andrew	LEE	Pont-y-Pwl	M4044	MEN	8	2	993	99
9		2603	Gareth	JONES	Griffithstown	M1739	MEN	9	6	992	95
10		1600	Karie	ATKINS	Chepstow	M4044	MEN	10	3	991	98
11		5141	Richard	JOHNSON	Pont-y-Pwl	M4044	MEN	11	4	990	97
12		4601	Gavin	PATTERSON	Parc Bryn Bach	M1739	MEN	12	7	989	94
13		3152	Lee	MILLS	Islwyn	M4044	MEN	13	5	988	96
14		3712	Miles	THOMAS	Llswerry	M1739	MEN	14	8	987	93
15		3822	David	JACOB	Llswerry	M1739	MEN	15	9	986	92
16		1636	Stephen	CALDWELL	Chepstow	M4549	MEN	16	1	985	100
17		5113	Iestyn	RHODES	Pont-y-Pwl	M1739	MEN	17	10	984	91
18		5083	Alun	WOOD	Pont-y-Pwl	M1739	MEN	18	11	983	90
19		3833	Ieuan	SMITH	Llswerry	M1739	MEN	19	12	982	89
20		3676	James	PEARCE	Llswerry	M4044	MEN	20	6	981	95
21		1670	Alex	TUCK	Chepstow	M1739	MEN	21	13	980	88
22		4577	Lauren	COOPER	Parc Bryn Bach	F1734	LADIES	1	1	1000	100
23		5195	Dave	RICHARDSON	Pont-y-Pwl	M1739	MEN	22	14	979	87
24		1093	Rhys	KNIGHT	Caerleon	M1739	MEN	23	15	978	86
25		5235	Jonathon	LIKE	Pont-y-Pwl	M1739	MEN	24	16	977	85
26		3760	Tom	HENRY	Llswerry	M1739	MEN	25	17	976	84
27		4542	Darryl	COOK	Parc Bryn Bach	M1739	MEN	26	18	975	83
28		4641	Terry Lee	WATKINS	Parc Bryn Bach	M4044	MEN	27	7	974	94
29		1599	Jonathan	CARTER	Chepstow	M4549	MEN	28	2	973	99
30		4541	Damian	WILLIAMS	Parc Bryn Bach	M5054	MEN	29	2	972	99
31		4659	Ricky	JONES	Parc Bryn Bach	M1739	MEN	30	19	971	82
32		2612	Paul	SLADE	Griffithstown	M1739	MEN	31	20	970	81
33		3733	Phil	BOORMAN	Llswerry	M4549	MEN	32	3	969	98
34		4597	Stephen	WILLIAMS	Parc Bryn Bach	M5559	MEN	33	1	968	100
35		3759	Tom	BLAND	Llswerry	M1739	MEN	34	21	967	80
36		3167	Paul	HAYWARD	Islwyn	M1739	MEN	35	22	966	79
37		4598	Jonathon	ASTLEY	Parc Bryn Bach	M1739	MEN	36	23	965	78
38		3192	Matthew	PIZEY	Islwyn	M4044	MEN	37	8	964	93
39		3739	Rob	DAVIES	Llswerry	M4549	MEN	38	4	963	97
40		5122	Mark	HURFORD	Pont-y-Pwl	M1739	MEN	39	24	962	77
41		3723	Oliver	HARRIS	Llswerry	M1739	MEN	40	25	961	76
42		4046	George	SMITH	Monmouth	M4044	MEN	41	9	960	92
43		3261	Craig	THOMAS	Islwyn	M1739	MEN	42	26	959	75
44		1094	Richard	HUGHES	Caerleon	M1739	MEN	43	27	958	74
45		3852	Jack	ROWLANDS	Llswerry	M1739	MEN	44	28	957	73
46		5153	Steve	DAVIES	Pont-y-Pwl	M5559	MEN	45	2	956	99
47		3847	Nicky	COLLIN	Llswerry	F1734	LADIES	2	2	999	99
48		5192	Faye	JOHNSON	Pont-y-Pwl	F1734	LADIES	3	3	998	98
49		5228	Thomas	MOLLEKIN	Pont-y-Pwl	M1739	MEN	46	29	955	72
50		5227	James	KEMP	Pont-y-Pwl	M1739	MEN	47	30	954	71

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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS
51		2065	Steve DREWITT	Fairwater	M1739	MEN	48	31	953	70
52		5137	Peter TOWNSEND	Pont-y-Pwl	M1739	MEN	49	32	952	69
53		5238	Ceri BARTLEY	Pont-y-Pwl	F3539	LADIES	4	1	997	100
54		2560	Jonathan SLICZNY	Griffithstown	M1739	MEN	50	33	951	68
55		1675	Dickie HUDD	Chepstow	M4549	MEN	51	5	950	96
56		1096	Richard PERRY	Caerleon	M1739	MEN	52	34	949	67
57		1516	Georgie PRIOR	Chepstow	F1734	LADIES	5	4	996	97
58		1141	Matthew MULCAHY	Caerleon	M4044	MEN	53	10	948	91
59		1542	Niki MORGAN	Chepstow	F5054	LADIES	6	1	995	100
60		2061	Simon BURNS	Fairwater	M1739	MEN	54	35	947	66
61		5214	Nathan KERSLEY	Pont-y-Pwl	M1739	MEN	55	36	946	65
62		3260	Luke HURLEY	Islwyn	M1739	MEN	56	37	945	64
63		3711	Mike RIDD	Llswerry	M1739	MEN	57	38	944	63
64		2590	Shaun STYLES	Griffithstown	M1739	MEN	58	39	943	62
65		3804	Daniel REILLY	Llswerry	M1739	MEN	59	40	942	61
66		4064	Russell FINCH	Monmouth	M5054	MEN	60	3	941	98
67		3844	Mike CLEAVER	Llswerry	M4044	MEN	61	11	940	90
68		4588	Matthew ELLIS	Parc Bryn Bach	M1739	MEN	62	41	939	60
69		4583	Ian KENT	Parc Bryn Bach	M1739	MEN	63	42	938	59
70		4505	Danielle PHILLIPS	Parc Bryn Bach	F1734	LADIES	7	5	994	96
71		4609	Jamie HOWELLS	Parc Bryn Bach	M1739	MEN	64	43	937	58
72		4523	Nicola JUKES	Parc Bryn Bach	F4549	LADIES	8	1	993	100
73		3643	Christopher JONES	Llswerry	M5559	MEN	65	3	936	98
74		5188	Justin ROSS	Pont-y-Pwl	M1739	MEN	66	44	935	57
75		3134	Haydn HARTNELL	Islwyn	M5054	MEN	67	4	934	97
76		1643	Tom RIDDINGTON	Chepstow	M4044	MEN	68	12	933	89
77		4559	Neil LLOYD	Parc Bryn Bach	M6064	MEN	69	1	932	100
78		3187	Steve LANE	Islwyn	M4044	MEN	70	13	931	88
79		5178	Ieuan KINGSTON	Pont-y-Pwl	M1739	MEN	71	45	930	56
80		3506	Antoinette DUMAYNE	Llswerry	F1734	LADIES	9	6	992	95
81		5090	Carl URQUHART	Pont-y-Pwl	M5054	MEN	72	5	929	96
82		3726	Paul CHICK	Llswerry	M4549	MEN	73	6	928	95
83		5123	Matt WEBB	Pont-y-Pwl	M1739	MEN	74	46	927	55
84		1548	Sarah BELL	Chepstow	F3539	LADIES	10	2	991	99
85		3179	Russell WAREHAM	Islwyn	M4549	MEN	75	7	926	94
86		3595	Sandra CHIPPER	Llswerry	F4549	LADIES	11	2	990	99
87		1630	Rob HOOK	Chepstow	M5054	MEN	76	6	925	95
88		1537	Lisa JEFFREY	Chepstow	F4549	LADIES	12	3	989	98
89		4566	Richard SHEEHY	Parc Bryn Bach	M1739	MEN	77	47	924	54
90		4570	Shane ROBERTS	Parc Bryn Bach	M4044	MEN	78	14	923	87
91		1073	Keith GITTINS	Caerleon	M5559	MEN	79	4	922	97
92		2538	Andrew THOMPSON	Griffithstown	M5559	MEN	80	5	921	96
93		3817	Nick REES	Llswerry	M5559	MEN	81	6	920	95
94		5216	Lisa GRIFFIN	Pont-y-Pwl	F3539	LADIES	13	3	988	98
95		3613	Tracie WILLIAMS-ROWE	Llswerry	F4549	LADIES	14	4	987	97
96		2602	Richard ROBERTS	Griffithstown	M1739	MEN	82	48	919	53
97		3320	Steve BRYANT	Islwyn	M5054	MEN	83	7	918	94
98		1594	James BOYLE	Chepstow	M5054	MEN	84	8	917	93
99		1113	Lloyd HUGHES	Caerleon	M1739	MEN	85	49	916	52
100		1070	Jason PRITCHARD	Caerleon	M4044	MEN	86	15	915	86

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101		1155	Kevin DUPE	Caerleon	M5054	MEN	87	9	914	92
102		5154	Steve HARRHY	Pont-y-Pwl	M5054	MEN	88	10	913	91
103		1637	Stephen OWEN	Chepstow	M6064	MEN	89	2	912	99
104		5084	Andrew DICKENS	Pont-y-Pwl	M4549	MEN	90	8	911	93
105		4624	Robert GALE	Parc Bryn Bach	M1739	MEN	91	50	910	51
106		3758	Tim REESE	Llswerry	M5054	MEN	92	11	909	90
107		4557	Martin CHAMMINGS	Parc Bryn Bach	M1739	MEN	93	51	908	50
108		3855	Owen DAVIES	Llswerry	M1739	MEN	94	52	907	49
109		1068	Ian DAVIES	Caerleon	M4549	MEN	95	9	906	92
110		2555	Gerard GORMLEY	Griffithstown	M5054	MEN	96	12	905	89
111		3178	Russel DOBBS	Islwyn	M4044	MEN	97	16	904	85
112		2544	Ben JENKINS	Griffithstown	M1739	MEN	98	53	903	48
113		4580	James THOMAS	Parc Bryn Bach	M1739	MEN	99	54	902	47
114		5093	Chris O'BRIEN	Pont-y-Pwl	M4044	MEN	100	17	901	84
115		4050	Kirk HILL	Monmouth	M4549	MEN	101	10	900	91
116		1566	Andy CREBER	Chepstow	M5559	MEN	102	7	899	94
117		3160	Michael BUNSTON	Islwyn	M4549	MEN	103	11	898	90
118		3806	Bob WATSON	Llswerry	M4549	MEN	104	12	897	89
119		3599	Sarah LAUDER	Llswerry	F3539	LADIES	15	4	986	97
120		3316	Andrew LAWRENCE	Islwyn	M1739	MEN	105	55	896	46
121		5041	Lisa ERICKSON	Pont-y-Pwl	F3539	LADIES	16	5	985	96
122		4063	Robert NELSON	Monmouth	M4549	MEN	106	13	895	88
123		1615	Neil GRANT	Chepstow	M6569	MEN	107	1	894	100
124		3644	Christopher MATTHEWS	Llswerry	M5054	MEN	108	13	893	88
125		4629	Ian DAVIES	Parc Bryn Bach	M5054	MEN	109	14	892	87
126		4043	Brian EVANS	Monmouth	M4549	MEN	110	14	891	87
127		4104	Mark DUNN	Monmouth	M5054	MEN	111	15	890	86
128		1511	Danielle SAPSFORD	Chepstow	F3539	LADIES	17	6	984	95
129		4563	Richard BRACHER	Parc Bryn Bach	M1739	MEN	112	56	889	45
130		1099	Simon TANG	Caerleon	M1739	MEN	113	57	888	44
131		2573	Paul MASON	Griffithstown	M1739	MEN	114	58	887	43
132		4526	Rachel LEWIS	Parc Bryn Bach	F4044	LADIES	18	1	983	100
133		3687	Keith JAMES	Llswerry	M4044	MEN	115	18	886	83
134		2581	Rhys THOMAS	Griffithstown	M1739	MEN	116	59	885	42
135		1088	Peter RODGER	Caerleon	M6064	MEN	117	3	884	98
136		3214	Ian WILLIAMS	Islwyn	M1739	MEN	118	60	883	41
137		4617	Darran KIPPEST	Parc Bryn Bach	M4044	MEN	119	19	882	82
138		5164	Paul HARVEY	Pont-y-Pwl	M1739	MEN	120	61	881	40
139		3793	Victoria HOBBS	Llswerry	F1734	LADIES	19	7	982	94
140		5541	Jon HANCOCK	Usk	M6064	MEN	121	4	880	97
141		3854	Tom ATKIN	Llswerry	M1739	MEN	122	62	879	39
142		1560	Alan DOBBS	Chepstow	M4044	MEN	123	20	878	81
143		1076	Michael REEVES	Caerleon	M1739	MEN	124	63	877	38
144		3818	Paul PRITCHARD	Llswerry	M4549	MEN	125	15	876	86
145		1067	Howard MASON	Caerleon	M5054	MEN	126	16	875	85
146		3051	Kelly FELSTEAD	Islwyn	F3539	LADIES	20	7	981	94
147		4532	Sian PRICE	Parc Bryn Bach	F1734	LADIES	21	8	980	93
148		3185	Simon PETERSON	Islwyn	M4549	MEN	127	16	874	85
149		4642	Sharon NEWELL	Parc Bryn Bach	F4549	LADIES	22	5	979	96
150		3740	Robert TUDHOPE	Llswerry	M4044	MEN	128	21	873	80

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS	
151		3688	Kevin	RUSSEL	Lliswerry	M5559	MEN	129	8	872	93
152		3053	Kelly	WALL	Islwyn	F1734	LADIES	23	9	978	92
153		1521	Helen	DUFFIELD	Chepstow	F4044	LADIES	24	2	977	99
154		3674	Ian	HARHHY	Lliswerry	M5559	MEN	130	9	871	92
155		5104	Gareth	DAVIES	Pont-y-Pwl	M1739	MEN	131	64	870	37
156		4053	Martin	BLAKEBROUGH	Monmouth	M5054	MEN	132	17	869	84
157		3675	Ian	WHATMOUGH	Lliswerry	M5559	MEN	133	10	868	91
158		4620	James	ASHLEY	Parc Bryn Bach	M4044	MEN	134	22	867	79
159		3287	James	LYNCH	Islwyn	M4044	MEN	135	23	866	78
160		1092	Philip	HYATT	Caerleon	M5559	MEN	136	11	865	90
161		5232	Harri	LIKE	Pont-y-Pwl	F1734	LADIES	25	10	976	91
162		1523	Jan	MORRIS	Chepstow	F4549	LADIES	26	6	975	95
163		5224	Jen	WATKINS	Pont-y-Pwl	F1734	LADIES	27	11	974	90
164		3151	Kim	WEHDEN	Islwyn	M5054	MEN	137	18	864	83
165		2585	Terry	WHITE	Griffithstown	M6064	MEN	138	5	863	96
166		4547	Ian	LINE	Parc Bryn Bach	M4549	MEN	139	17	862	84
167		1156	Matt	TOOBY	Caerleon	M1739	MEN	140	65	861	36
168		3259	Neil	PROFFIT	Islwyn	M1739	MEN	141	66	860	35
169		3630	Andrew	JOHNSON	Lliswerry	M5054	MEN	142	19	859	82
170		5546	Neil	WALKER	Usk	M4044	MEN	143	24	858	77
171		1166	Mark	HISLOP	Caerleon	M5054	MEN	144	20	857	81
172		4661	Neil	BEYNON	Parc Bryn Bach	M4549	MEN	145	18	856	83
173		5117	Keith	LANGLEY	Pont-y-Pwl	M6064	MEN	146	6	855	95
174		1567	Andy	OST	Chepstow	M1739	MEN	147	67	854	34
175		1043	Paula	WILLIAMS	Caerleon	F5054	LADIES	28	2	973	99
176		4612	Gareth	WILLIAMS	Parc Bryn Bach	M5054	MEN	148	21	853	80
177		5562	Robert	NOON	Usk	M5054	MEN	149	22	852	79
178		5082	Alistair	CUMMINGS	Pont-y-Pwl	M1739	MEN	150	68	851	33
179		3512	Charlotte	RALPH	Lliswerry	F1734	LADIES	29	12	972	89
180		4095	Leanne	MEEK	Monmouth	F3539	LADIES	30	8	971	93
181		3807	Gareth	BRUNNOCK	Lliswerry	M1739	MEN	151	69	850	32
182		2027	Adrian	GWILLIAM	Fairwater	M5054	MEN	152	23	849	78
183		3197	Lee	RICHARDS	Islwyn	M4549	MEN	153	19	848	82
184		3566	Marina	WRIGHT	Lliswerry	F3539	LADIES	31	9	970	92
185		2086	Emma	PRICE	Fairwater	F1734	LADIES	32	13	969	88
186		1089	Peter	THOMAS	Caerleon	M5559	MEN	154	12	847	89
187		3236	Steven	PHILLIPS	Islwyn	M4044	MEN	155	25	846	76
188		2049	Rob	SYMONS	Fairwater	M5054	MEN	156	24	845	77
189		2527	Rose	CHARLES	Griffithstown	F1734	LADIES	33	14	968	87
190		3606	Stephanie	RHODES	Lliswerry	F3539	LADIES	34	10	967	91
191		4048	Jeremy	CREASEY	Monmouth	M5054	MEN	157	25	844	76
192		3849	Kraig	JACKSON	Lliswerry	M1739	MEN	158	70	843	31
193		1180	Anthony	EVANS	Caerleon	M1739	MEN	159	71	842	30
194		4574	Terry	VAUGHAN	Parc Bryn Bach	M4044	MEN	160	26	841	75
195		3596	Sarah	FRANCIS	Lliswerry	F4044	LADIES	35	3	966	98
196		3099	Ade	WHITE	Islwyn	M5054	MEN	161	26	840	75
197		3225	Phillip	JONES	Islwyn	M1739	MEN	162	72	839	29
198		3528	Ella	BOORMAN	Lliswerry	F1734	LADIES	36	15	965	86
199		4534	Anthony	LEWIS	Parc Bryn Bach	M5054	MEN	163	27	838	74
200		3716	Neil	SIDNEY	Lliswerry	M4549	MEN	164	20	837	81

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201		2052	Steve MORGAN	Fairwater	M4549	MEN	165	21	836	80
202		1084	Paul ADAMS	Caerleon	M4044	MEN	166	27	835	74
203		3526	Elinor PHILLIPS	Llswerry	F1734	LADIES	37	16	964	85
204		1588	Gerry ASHTON	Chepstow	M6064	MEN	167	7	834	94
205		5091	Chris CAREY	Pont-y-Pwl	M4549	MEN	168	22	833	79
206		1648	Andrew OLIVER	Chepstow	M5054	MEN	169	28	832	73
207		5200	Andrew SMITH	Pont-y-Pwl	M1739	MEN	170	73	831	28
208		3659	Desmond JONES	Llswerry	M4044	MEN	171	28	830	73
209		3727	Paul DAY	Llswerry	M6569	MEN	172	2	829	99
210		2614	Aaron CARTER	Griffithstown	M4044	MEN	173	29	828	72
211		3681	Jeremy DICKSON	Llswerry	M5054	MEN	174	29	827	72
212		2009	Jeanette JENKINS	Fairwater	F5559	LADIES	38	1	963	100
213		5021	Emma SOWREY	Pont-y-Pwl	F4044	LADIES	39	4	962	97
214		1593	James BLORE	Chepstow	M1739	MEN	175	74	826	27
215		4549	James WILLIAMS	Parc Bryn Bach	M1739	MEN	176	75	825	26
216		3530	Gayle SHEPPARD	Llswerry	F4044	LADIES	40	5	961	96
217		3123	Dean LITTLE	Islwyn	M1739	MEN	177	76	824	25
218		2577	Peter WELBIRG	Griffithstown	M6064	MEN	178	8	823	93
219		4596	Cyril WILLIAMS	Parc Bryn Bach	M6064	MEN	179	9	822	92
220		4613	Kimberley PRICE	Parc Bryn Bach	F3539	LADIES	41	11	960	90
221		1514	Esther CALDWELL	Chepstow	F4044	LADIES	42	6	959	95
222		4007	Emma KING	Monmouth	F3539	LADIES	43	12	958	89
223		3714	Neil CHIPPER	Llswerry	M5559	MEN	180	13	821	88
224		1098	Sean DAVEY	Caerleon	M5054	MEN	181	30	820	71
225		4103	Emily HARRISON	Monmouth	F1734	LADIES	44	17	957	84
226		4621	Helen WILLIAMS	Parc Bryn Bach	F4044	LADIES	45	7	956	94
227		1034	Liz RICHARDS	Caerleon	F5054	LADIES	46	3	955	98
228		4544	David SMOUT	Parc Bryn Bach	M6569	MEN	182	3	819	98
229		4655	Melissa PEARCE	Parc Bryn Bach	F4549	LADIES	47	7	954	94
230		3787	Tim WRIGHT	Llswerry	M5054	MEN	183	31	818	70
231		4529	Riannon GRIFFIN	Parc Bryn Bach	F4044	LADIES	48	8	953	93
232		4515	Katherine COLLINS	Parc Bryn Bach	F3539	LADIES	49	13	952	88
233		3196	Hannah DAVIES	Islwyn	F1734	LADIES	50	18	951	83
234		3212	Gareth BAKER	Islwyn	M1739	MEN	184	77	817	24
235		3168	Paul NOLVACZEK	Islwyn	M4549	MEN	185	23	816	78
236		2038	Martyn JENKINS	Fairwater	M5559	MEN	186	14	815	87
237		5008	Bethan POWELL	Pont-y-Pwl	F1734	LADIES	51	19	950	82
238		5150	Simon FISH	Pont-y-Pwl	M4044	MEN	187	30	814	71
239		2004	Deb COCKRAM	Fairwater	F5054	LADIES	52	4	949	97
240		2047	Richard BOWIE	Fairwater	M5559	MEN	188	15	813	86
241		3728	Paul DURSLEY	Llswerry	M6064	MEN	189	10	812	91
242		5554	Thomas WILLIAMS	Usk	M5559	MEN	190	16	811	85
243		5221	Shane BAKER	Pont-y-Pwl	M1739	MEN	191	78	810	23
244		1009	Charlotte MORAN	Caerleon	F3539	LADIES	53	14	948	87
245		2594	Natalie MEYRICK	Griffithstown	F1734	LADIES	54	20	947	81
246		2003	Bev BRADBURY JONES	Fairwater	F4549	LADIES	55	8	946	93
247		3611	TC GODWIN	Llswerry	F3539	LADIES	56	15	945	86
248		3829	Chris WATKINS	Llswerry	M4044	MEN	192	31	809	70
249		3256	David LIMBRICK	Islwyn	M5054	MEN	193	32	808	69
250		2056	Rob LEWIS	Fairwater	M5054	MEN	194	33	807	68

**CONFIRMED  
RESULTS**

**GLCL 2017 ROAD RACE SERIES  
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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS	
251		5101	Dean	ARNOLD	Pont-y-Pwl	M4549	MEN	195	24	806	77
252		2082	Leonie	ROBERTS	Fairwater	F4044	LADIES	57	9	944	92
253		3531	Gemma	ACREMAN	Lliswerry	F1734	LADIES	58	21	943	80
254		4658	Gwyn	PALFREY	Parc Bryn Bach	M5054	MEN	196	34	805	67
255		4645	Beth	JONES	Parc Bryn Bach	F1734	LADIES	59	22	942	79
256		4585	Lee	GRIFFITHS	Parc Bryn Bach	M1739	MEN	197	79	804	22
257		3163	Neil	PARKER	Islwyn	M4549	MEN	198	25	803	76
258		4653	Marcus	SMITH	Parc Bryn Bach	M4549	MEN	199	26	802	75
259		3672	Howard	ATTWOOD	Lliswerry	M6569	MEN	200	4	801	97
260		4507	Hayley	JACKSON	Parc Bryn Bach	F4044	LADIES	60	10	941	91
261		3693	Mark	FAULKNER	Lliswerry	M5559	MEN	201	17	800	84
262		4593	Delphine	JONES	Parc Bryn Bach	F3539	LADIES	61	16	940	85
263		4643	Keri	YOUNG	Parc Bryn Bach	F3539	LADIES	62	17	939	84
264		5185	Andrew	PRICE	Pont-y-Pwl	M1739	MEN	202	80	799	21
265		4099	John	JENKINS	Monmouth	M7099	MEN	203	1	798	100
266		2028	Andrew	JAMES	Fairwater	M4044	MEN	204	32	797	69
267		4105	Ben	BURNETT	Monmouth	M4044	MEN	205	33	796	68
268		3100	Aiden	DAVIES	Islwyn	M1739	MEN	206	81	795	20
269		2017	Liz	WALSH	Fairwater	F4044	LADIES	63	11	938	90
270		1159	Jeff	PROSSER	Caerleon	M5054	MEN	207	35	794	66
271		2613	Rebecca	POOLE	Griffithstown	F1734	LADIES	64	23	937	78
272		3628	Andrew	BARRY	Lliswerry	M5559	MEN	208	18	793	83
273		5098	Daniel	NEWTON	Pont-y-Pwl	M4044	MEN	209	34	792	67
274		2525	Natalie	HERN	Griffithstown	F4549	LADIES	65	9	936	92
275		3083	Sara	ARNOLD	Islwyn	F4044	LADIES	66	12	935	89
276		3233	Grant	WAKEMAN	Islwyn	M4044	MEN	210	35	791	66
277		2587	Claire	SHEPPARD	Griffithstown	F4044	LADIES	67	13	934	88
278		2060	Darren	WEAVING	Fairwater	M4549	MEN	211	27	790	74
279		1112	Rebecca	ADAMS-SMITH	Caerleon	F3539	LADIES	68	18	933	83
280		1539	Louise	CROCKETT	Chepstow	F5054	LADIES	69	5	932	96
281		1054	Andrew	TAYLOR	Caerleon	M6064	MEN	212	11	789	90
282		4098	Linsey	HOLT	Monmouth	F3539	LADIES	70	19	931	82
283		3538	Joanna	WHITTAKER	Lliswerry	F3539	LADIES	71	20	930	81
284		3634	Andy	JAMES	Lliswerry	M4549	MEN	213	28	788	73
285		5168	Ron	GODFREY	Pont-y-Pwl	M5559	MEN	214	19	787	82
286		3234	Nathan	RICHARDS	Islwyn	M4044	MEN	215	36	786	65
287		4504	Claire	SULLIVAN	Parc Bryn Bach	F1734	LADIES	72	24	929	77
288		1021	Helen	THOMAS	Caerleon	F5559	LADIES	73	2	928	99
289		5207	Thomas	WARWICK	Pont-y-Pwl	M1739	MEN	216	82	785	19
290		3581	Peta	DANIELS	Lliswerry	F5054	LADIES	74	6	927	95
291		1171	Tim	SCOTT	Caerleon	M1739	MEN	217	83	784	18
292		1037	Natalie	WALKER	Caerleon	F3539	LADIES	75	21	926	80
293		5003	Amy	FLINN	Pont-y-Pwl	F1734	LADIES	76	25	925	76
294		3298	Ted	ADEY	Islwyn	M6064	MEN	218	12	783	89
295		3323	Paul	IRVIN	Islwyn	M1739	MEN	219	84	782	17
296		2075	Kelly	CAMERON	Fairwater	F3539	LADIES	77	22	924	79
297		5125	Michael	PROBERT	Pont-y-Pwl	M4549	MEN	220	29	781	72
298		5048	Marie	HURFORD	Pont-y-Pwl	F3539	LADIES	78	23	923	78
299		2564	Malcolm	COX	Griffithstown	M6569	MEN	221	5	780	96
300		3765	Kristian	SINCLAIR	Lliswerry	M1739	MEN	222	85	779	16

**CONFIRMED  
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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS
301		3251	Gareth POPE	Islwyn	M4044	MEN	223	37	778	64
302		3208	Darren PRICE	Islwyn	M4044	MEN	224	38	777	63
303		3561	Lisa BATEMAN	Llswerry	F4549	LADIES	79	10	922	91
304		5237	Alex JONES	Pont-y-Pwl	F1734	LADIES	80	26	921	75
305		2512	Elizabeth STOKES	Griffithstown	F4549	LADIES	81	11	920	90
306		3195	Anne RICE-JONES	Islwyn	F5054	LADIES	82	7	919	94
307		3244	Lisa DAVIES	Islwyn	F4044	LADIES	83	14	918	87
308		5537	Graham SIMPSON	Usk	M5559	MEN	225	20	776	81
309		3198	Sian PEARCE	Islwyn	F3539	LADIES	84	24	917	77
310		1507	Brenda AVERY	Chepstow	F6599	LADIES	85	1	916	100
311		4101	Vicky ROBERTS	Monmouth	F1734	LADIES	86	27	915	74
312		3633	Andy HILLIS	Llswerry	M5054	MEN	226	36	775	65
313		2540	Anthony PHILIPS	Griffithstown	M6064	MEN	227	13	774	88
314		4554	Kevin BRADFIELD	Parc Bryn Bach	M5054	MEN	228	37	773	64
315		3268	Zoe HEYDON	Islwyn	F3539	LADIES	87	25	914	76
316		5053	Michele DEAL	Pont-y-Pwl	F5054	LADIES	88	8	913	93
317		2008	Jane LEWIS	Fairwater	F4549	LADIES	89	12	912	89
318		3834	Sonja BREESE	Llswerry	F4044	LADIES	90	15	911	86
319		3796	Moirra WOOLLES	Llswerry	F3539	LADIES	91	26	910	75
320		4632	Lisa COOK	Parc Bryn Bach	F4044	LADIES	92	16	909	85
321		3276	Caren PARKER	Islwyn	F4549	LADIES	93	13	908	88
322		1563	Andrew BRAY	Chepstow	M6064	MEN	229	14	772	87
323		3510	Ceri DONOVAN	Llswerry	F4549	LADIES	94	14	907	87
324		4639	Sian MCGOLDRICK	Parc Bryn Bach	F5054	LADIES	95	9	906	92
325		4521	Margrett MONK	Parc Bryn Bach	F6599	LADIES	96	2	905	99
326		1101	Steve HOUGHTON	Caerleon	M5559	MEN	230	21	771	80
327		4660	Brian EVANS	Parc Bryn Bach	M4549	MEN	231	30	770	71
328		3283	Jemma REARDON	Islwyn	F1734	LADIES	97	28	904	73
329		4618	Bobbie SWIFT	Parc Bryn Bach	F4044	LADIES	98	17	903	84
330		4085	Helen DUNN	Monmouth	F5054	LADIES	99	10	902	91
331		3304	Tracey DAVIES	Islwyn	F3539	LADIES	100	27	901	74
332		2013	Julie ROCHE	Fairwater	F4549	LADIES	101	15	900	86
333		3616	Vicky FEAR	Llswerry	F3539	LADIES	102	28	899	73
334		3511	Ceri JENKINS	Llswerry	F4044	LADIES	103	18	898	83
335		1029	Karen PAYNE	Caerleon	F4044	LADIES	104	19	897	82
336		5230	Deborah SATCHELL	Pont-y-Pwl	F5054	LADIES	105	11	896	90
337		3288	Amanda HAM	Islwyn	F1734	LADIES	106	29	895	72
338		5225	Barry LLEWELYN	Pont-y-Pwl	M5559	MEN	232	22	769	79
339		2596	Keren BEARD	Griffithstown	F4549	LADIES	107	16	894	85
340		3707	Michael FAULDS	Llswerry	M1739	MEN	233	86	768	15
341		5080	Zoe ELVER	Pont-y-Pwl	F4549	LADIES	108	17	893	84
342		5055	Michelle GOOCH	Pont-y-Pwl	F5054	LADIES	109	12	892	89
343		4560	Phillip MATTHEWS	Parc Bryn Bach	M6064	MEN	234	15	767	86
344		4510	Jillian MATTHEWS	Parc Bryn Bach	F6064	LADIES	110	1	891	100
345		4647	Alan PRITCHARD	Parc Bryn Bach	M6064	MEN	235	16	766	85
346		3798	Trudy HURFORD	Llswerry	F4044	LADIES	111	20	890	81
347		2084	Peter COLBOURNE	Fairwater	M4549	MEN	236	31	765	70
348		1524	Jane BAYLISS	Chepstow	F6064	LADIES	112	2	889	99
349		4651	Kathryn PRICE	Parc Bryn Bach	F4549	LADIES	113	18	888	83
350		3054	Kirsty HOLTHAM-MORGAN	Islwyn	F3539	LADIES	114	29	887	72



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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS
351		3876	Gaynor LUGG	Llswerry	F5054	LADIES	115	13	886	88
352		1126	Michelle CLABON	Caerleon	F5054	LADIES	116	14	885	87
353		3052	Kelly JACKA	Islwyn	F3539	LADIES	117	30	884	71
354		3614	Tracy BURTON	Llswerry	F5559	LADIES	118	3	883	98
355		3885	Johanna SHERGOLD	Llswerry	F3539	LADIES	119	31	882	70
356		1119	Eddie McDAID	Caerleon	M6064	MEN	237	17	764	84
357		1129	Yangi VUNDAMINA	Caerleon	F4044	LADIES	120	21	881	80
358		3642	Chris HILL	Llswerry	M5054	MEN	238	38	763	63
359		3641	Chris GENTLE	Llswerry	M4549	MEN	239	32	762	69
360		3221	Lynne CARTER	Islwyn	F4549	LADIES	121	19	880	82
361		2023	Stella SYMONS	Fairwater	F5054	LADIES	122	15	879	86
362		2597	Richard COOK	Griffithstown	M1739	MEN	240	87	761	14
363		1111	Vanessa PRITCHARD	Caerleon	F4044	LADIES	123	22	878	79
364		1137	Anna HERRON	Caerleon	F3539	LADIES	124	32	877	69
365		4630	Teresa DAVIES	Parc Bryn Bach	F4549	LADIES	125	20	876	81
366		1587	Geoffrey BAYLISS	Chepstow	M7099	MEN	241	2	760	99
367		5231	Gary WILLCOX	Pont-y-Pwl	M5559	MEN	242	23	759	78
368		2504	Charlotte REES	Griffithstown	F1734	LADIES	126	30	875	71
369		4614	Ceri CASWELL	Parc Bryn Bach	F3539	LADIES	127	33	874	68
370		4664	Gaynor LEWIS	Parc Bryn Bach	F5559	LADIES	128	4	873	97
371		3141	Jay LEACH	Islwyn	M4549	MEN	243	33	758	68
372		3857	Sarah BENT	Llswerry	F4044	LADIES	129	23	872	78
373		3039	Helen WILLIAMS	Islwyn	F3539	LADIES	130	34	871	67
374		2605	Karen JAMES	Griffithstown	F4044	LADIES	131	24	870	77
375		3686	Keith ANDERSON	Llswerry	M5559	MEN	244	24	757	77
376		3265	Carl GINGELL	Islwyn	M1739	MEN	245	88	756	13
377		1158	Hannah PROSSER	Caerleon	F1734	LADIES	132	31	869	70
378		4564	Richard CREW	Parc Bryn Bach	M1739	MEN	246	89	755	12
379		4637	Alexandra THOMAS	Parc Bryn Bach	F1734	LADIES	133	32	868	69
380		3314	Aled WYNNE	Islwyn	M1739	MEN	247	90	754	11
381		1538	Lisa RIDDINGTON	Chepstow	F4044	LADIES	134	25	867	76
382		4032	Sian BURNS	Monmouth	F5054	LADIES	135	16	866	85
383		4650	Cerys SWIFT	Parc Bryn Bach	F1734	LADIES	136	33	865	68
384		3029	Fiona WALKLEY	Islwyn	F4044	LADIES	137	26	864	75
385		4662	Darren SWIFT	Parc Bryn Bach	M5054	MEN	248	39	753	62
386		4604	Suzanne COURT	Parc Bryn Bach	F4549	LADIES	138	21	863	80
387		2021	Sheree MANN	Fairwater	F5054	LADIES	139	17	862	84
388		3213	Hannah BROWN	Islwyn	F3539	LADIES	140	35	861	66
389		4665	Kiley TYLER	Parc Bryn Bach	F1734	LADIES	141	34	860	67
390		2015	Kate PALFREY	Fairwater	F1734	LADIES	142	35	859	66
391		2592	Cath EDWARD	Griffithstown	F5054	LADIES	143	18	858	83
392		3553	Laura RENDELL	Llswerry	F1734	LADIES	144	36	857	65
393		2515	Helen DESMOND	Griffithstown	F5054	LADIES	145	19	856	82
394		3193	Andrea THOMAS	Islwyn	F4044	LADIES	146	27	855	74
395		3273	Rhianne WILLIAMS	Islwyn	F3539	LADIES	147	36	854	65
396		1036	Mary SCOURFIELD	Caerleon	F4549	LADIES	148	22	853	79
397		3263	William LEWIS	Islwyn	M6064	MEN	249	18	752	83
398		4531	Samantha STANDERWICK	Parc Bryn Bach	F4044	LADIES	149	28	852	73
399		1552	Sue ASHTON	Chepstow	F6064	LADIES	150	3	851	98
400		2604	Jenny BRADFIELD	Griffithstown	F4044	LADIES	151	29	850	72



**CONFIRMED  
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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN POINTS	CAT POINTS
401		1122	Joanne HENSHALL	Caerleon	F4044	LADIES	152	30	849	71
402		3618	Yvonne FORSEY	Llswerry	F5559	LADIES	153	5	848	96
403		2531	Wendy REES	Griffithstown	F5559	LADIES	154	6	847	95
404		4535	Bernie MONK	Parc Bryn Bach	M7099	MEN	250	3	751	98
405		5033	Kate ALLEN	Pont-y-Pwl	F4044	LADIES	155	31	846	70
406		1553	Suzie WHITE	Chepstow	F4549	LADIES	156	23	845	78
407		4648	Samantha GEORGE	Parc Bryn Bach	F3539	LADIES	157	37	844	64
408		5199	Marisa BENJAMIN	Pont-y-Pwl	F1734	LADIES	158	37	843	64
409		4029	Sally WILLIAMS	Monmouth	F4549	LADIES	159	24	842	77
410		3705	Mervyn WEIGHTMAN-BENT	Llswerry	M5559	MEN	251	25	750	76
411		3836	Julia GROOMBRIDGE	Llswerry	F5054	LADIES	160	20	841	81
412		4517	Katie HAMER	Parc Bryn Bach	F4044	LADIES	161	32	840	69
413		3768	Mei CHEUNG	Llswerry	F4044	LADIES	162	33	839	68
414		3698	Martyn JONES	Llswerry	M5054	MEN	252	40	749	61
415		2076	Linda COLBOURNE	Fairwater	F4044	LADIES	163	34	838	67
416		4644	Johanna WILES	Parc Bryn Bach	F5054	LADIES	164	21	837	80
417		3322	Karolyn MORGAN	Islwyn	F4549	LADIES	165	25	836	76
418		4640	Lee-Anne TAYLOR	Parc Bryn Bach	F4044	LADIES	166	35	835	66
419		3571	Morwenna PHILLIPS	Llswerry	F1734	LADIES	167	38	834	63
420		1142	Jane DERRICK	Caerleon	F3539	LADIES	168	38	833	63
421		1150	Rachel MORGAN	Caerleon	F4549	LADIES	169	26	832	75
422		5226	Karen LLEWELYN	Pont-y-Pwl	F5559	LADIES	170	7	831	94
423		4086	Nicola PARKER	Monmouth	F3539	LADIES	171	39	830	62
424		2609	Frances BRENNAN-DAVIES	Griffithstown	F4044	LADIES	172	36	829	65
425		1153	Maddy CLABON	Caerleon	F1734	LADIES	173	39	828	62
426		3223	Nicola RICHARDS	Islwyn	F4044	LADIES	174	37	827	64
427		3718	Nick JACKSON	Llswerry	M5054	MEN	253	41	748	60
428		4572	Stephen HAMER	Parc Bryn Bach	M4044	MEN	254	39	747	62
429		4663	Emily SMITH	Parc Bryn Bach	F1734	LADIES	175	40	826	61
430		4038	Trish BICKNELL	Monmouth	F5054	LADIES	176	22	825	79
431		2083	Nick WILLIAMS	Fairwater	M1739	MEN	255	91	746	10
432		1679	Lynne BUCKLEY	Chepstow	F5054	LADIES	177	23	824	78
433		4015	Julia DAVIS	Monmouth	F4549	LADIES	178	27	823	74
434		4006	Diane SMITH	Monmouth	F6064	LADIES	179	4	822	97
435		2085	Sarah Jane KELLAND	Fairwater	F1734	LADIES	180	41	821	60
436		2024	Suzanne WILLIAMS	Fairwater	F5054	LADIES	181	24	820	77
437		4011	Hannah HILL	Monmouth	F1734	LADIES	182	42	819	59
438		1131	Claire ORFORD	Caerleon	F4044	LADIES	183	38	818	63
439		1161	Gwawr PARKER	Caerleon	F1734	LADIES	184	43	817	58
440		1691	Clare GRANT	Chepstow	F6064	LADIES	185	5	816	96
441		1020	Gwyn HOWELLS	Caerleon	F6599	LADIES	186	3	815	98
442		1586	Geoff CRAM	Chepstow	M7099	MEN	256	4	745	97
443		2055	Jessica KENT	Fairwater	F1734	LADIES	187	44	814	57
444		2610	Katie EDWARDS	Griffithstown	F1734	LADIES	188	45	813	56
445		2593	Lena EVANS	Griffithstown	F5054	LADIES	189	25	812	76
446		1641	Syd WHEELER	Chepstow	M7099	MEN	257	5	744	96

**CONFIRMED RESULTS****GLCL 2017 ROAD RACE SERIES****Race 3 of 5****ISLWYN (Penallta Parc)****6th June**18:39  
09/06/2017**RACE SUMMARY**

NUMBER OF RUNNERS BY CATEGORY			
F1734	45	M1739	91
F3539	39	M4044	39
F4044	38	M4549	33
F4549	27	M5054	41
F5054	25	M5559	25
F5559	7	M6064	18
F6064	5	M6569	5
F6599	3	M7099	5
LADIES TOTAL	189	MENS TOTAL	257

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	20	25	45
CHEPSTOW	16	20	36
FAIRWATER	16	12	28
GRIFFITHSTOWN	16	17	33
ISLWYN	22	37	59
LLISWERRY	33	53	86
MONMOUTH	13	10	23
PARC BRYN BACH	35	42	77
PONTYPOOL	18	36	54
USK	0	5	5
TOTAL	189	257	446

**CONFIRMED  
RESULTS**

**GLCL 2017 ROAD RACE SERIES  
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**TEAM RESULTS**

	<u>MALE "A" TEAM</u>	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	PARC BRYN BACH	10	9806	10
2	LLISWERRY	10	9804	9
3	PONT-Y-PWL	10	9778	8
4	CHEPSTOW	10	9465	7
5	ISLWYN	10	9435	6
6	GRIFFITHSTOWN	10	9386	5
7	CAERLEON	10	9294	4
8	MONMOUTH	10	8784	3
9	FAIRWATER	10	8452	2
10	USK	5	4177	1

	<u>FEMALE "A" TEAM</u>	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY	6	5936	10
2	CHEPSTOW	6	5932	9
3	PARC BRYN BACH	6	5929	8
4	PONT-Y-PWL	6	5918	7
5	FAIRWATER	6	5709	6
6	ISLWYN	6	5682	5
7	CAERLEON	6	5663	4
8	GRIFFITHSTOWN	6	5642	3
9	MONMOUTH	6	5634	2
10	USK	0	0	0

	<u>MALE TEAM "B&amp;C" TEAM</u>	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY(B)	10	9344	20
2	PONT-Y-PWL(B)	10	9298	19
3	PARC BRYN BACH(B)	10	9205	18
4	LLISWERRY(C)	10	8774	17
5	ISLWYN(B)	10	8675	16
6	CAERLEON(B)	10	8563	15
7	PARC BRYN BACH(C)	10	8535	14
8	PONT-Y-PWL(C)	10	8350	13
9	CHEPSTOW(B)	10	8139	12
10	ISLWYN(C)	10	8062	11
11	GRIFFITHSTOWN(B)	7	5714	10
12	CAERLEON(C)	5	3902	9
13	FAIRWATER(B)	2	1511	8
	CHEPSTOW(C)	0	0	0
	FAIRWATER(C)	0	0	0
	GRIFFITHSTOWN(C)	0	0	0
	MONMOUTH(B)	0	0	0
	MONMOUTH(C)	0	0	0
	USK(B)	0	0	0
	USK(C)	0	0	0

	<u>FEMALE "B&amp;C" TEAM</u>	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY(B)	6	5804	20
2	PARC BRYN BACH(B)	6	5717	19
3	LLISWERRY(C)	6	5628	18
4	PONT-Y-PWL(B)	6	5594	17
5	PARC BRYN BACH(C)	6	5564	16
6	CHEPSTOW(B)	6	5538	15
7	ISLWYN(B)	6	5439	14
8	FAIRWATER(B)	6	5336	13
9	CAERLEON(B)	6	5287	12
10	ISLWYN(C)	6	5247	11
11	GRIFFITHSTOWN(B)	6	5203	10
12	PONT-Y-PWL(C)	6	5201	9
13	CAERLEON(C)	6	5013	8
14	MONMOUTH(B)	6	5008	7
15	CHEPSTOW(C)	4	3336	6
16	GRIFFITHSTOWN(C)	4	3301	5
17	FAIRWATER(C)	4	3293	4
18	MONMOUTH(C)	1	819	3
	USK(B)	0	0	0
	USK(C)	0	0	0