

CONFIRMED RESULTS

GLCL 2017 ROAD RACE SERIES
RACE 5 of 5
CWMBRAN 1st AUGUST 2017

18:14
04/08/2017

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GENDER & TEAM POINTS	CATEGORY POINTS
1		4555	Lee	AHERNE	Parc Bryn Bach	M5054	MEN	1	1000	100
2		3708	Michael	GRIFFITHS	Liswerry	M1739	MEN	2	999	100
3		2588	Mark	MOGFORD	Griffithstown	M1739	MEN	3	998	99
4		2080	Michael	LEWIS	Fairwater	M1739	MEN	4	997	98
5		3152	Lee	MILLS	Islwyn	M4044	MEN	5	996	100
6		4657	Jamie	PARRY	Parc Bryn Bach	M1739	MEN	6	995	97
7		1609	Martyn	WINSER	Chepstow	M1739	MEN	7	994	96
8		4568	Sam	LEWIS-JONES	Parc Bryn Bach	M1739	MEN	8	993	95
9		5113	Iestyn	RHODES	Pont-y-Pwl	M1739	MEN	9	992	94
10		3918	John	BEVAN	Liswerry	M1739	MEN	10	991	93
11		5141	Richard	JOHNSON	Pont-y-Pwl	M4044	MEN	11	990	99
12		3743	Ryan	WHATLEY	Liswerry	M1739	MEN	12	989	92
13		2603	Gareth	JONES	Griffithstown	M1739	MEN	13	988	91
14		5136	Paul	WHITE	Pont-y-Pwl	M1739	MEN	14	987	90
15		3162	Mike	DURY	Islwyn	M4044	MEN	15	986	98
16		3822	David	JACOB	Liswerry	M1739	MEN	16	985	89
17		3833	Ieuan	SMITH	Liswerry	M1739	MEN	17	984	88
18		3816	Martin	NORTON	Liswerry	M1739	MEN	18	983	87
19		1621	Paul	MURRIN	Chepstow	M4044	MEN	19	982	97
20		4608	Michael	COPE	Parc Bryn Bach	M4044	MEN	20	981	96
21		3712	Miles	THOMAS	Liswerry	M1739	MEN	21	980	86
22		5235	Jonathon	LIKE	Pont-y-Pwl	M1739	MEN	22	979	85
23		5085	Andrew	LEE	Pont-y-Pwl	M4044	MEN	23	978	95
24		1636	Stephen	CALDWELL	Chepstow	M4549	MEN	24	977	100
25		1533	Katherine	MATTHEWS	Chepstow	F3539	LADIES	1	1000	100
26		4641	Terry Lee	WATKINS	Parc Bryn Bach	M4044	MEN	25	976	94
27		5195	Dave	RICHARDSON	Pont-y-Pwl	M1739	MEN	26	975	84
28		3839	Lee	SMITH	Liswerry	M5054	MEN	27	974	99
29		3725	Paul	BRUTON	Liswerry	M4044	MEN	28	973	93
30		3684	Jon	BELCHER	Liswerry	M4044	MEN	29	972	92
31		1670	Alex	TUCK	Chepstow	M1739	MEN	30	971	83
32		1157	Andrew	WRIGHT	Caerleon	M4549	MEN	31	970	99
33		1640	Stuart	PENNY	Chepstow	M5054	MEN	32	969	98
34		3676	James	PEARCE	Liswerry	M4044	MEN	33	968	91
35		3678	Jamie	DAVIES	Liswerry	M1739	MEN	34	967	82
36		1617	Paul	DODD	Chepstow	M5559	MEN	35	966	100
37		4598	Jonathon	ASTLEY	Parc Bryn Bach	M1739	MEN	36	965	81
38		3759	Tom	BLAND	Liswerry	M1739	MEN	37	964	80
39		3733	Phil	BOORMAN	Liswerry	M4549	MEN	38	963	98
40		5153	Steve	DAVIES	Pont-y-Pwl	M5559	MEN	39	962	99
41		3167	Paul	HAYWARD	Islwyn	M1739	MEN	40	961	79
42		3661	Gareth	BECK	Liswerry	M5054	MEN	41	960	97
43		3841	Christopher	NORMAN	Liswerry	M1739	MEN	42	959	78
44		3932	Antony	WRIGHT	Liswerry	M1739	MEN	43	958	77
45		4075	Robert	NICHOLLS	Monmouth	M1739	MEN	44	957	76
46		2037	Lee	HAMMOND	Fairwater	M4044	MEN	45	956	90
47		5140	Ricci	WATTS	Pont-y-Pwl	M1739	MEN	46	955	75
48		3723	Oliver	HARRIS	Liswerry	M1739	MEN	47	954	74
49		2572	Nick	WALSH	Griffithstown	M4549	MEN	48	953	97
50		5173	Craig	CHEEDY	Pont-y-Pwl	M1739	MEN	49	952	73

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51		3529	Emma	WOOKEY	Llswerry	F1734	LADIES	2	1	999	100
52		3736	Richard	ELGAR	Llswerry	M1739	MEN	50	29	951	72
53		1664	Ross	WALKER	Chepstow	M1739	MEN	51	30	950	71
54		1649	Toby	GARRATT	Chepstow	M1739	MEN	52	31	949	70
55		3595	Sandra	CHIPPER	Llswerry	F4549	LADIES	3	1	998	100
56		3852	Jack	ROWLANDS	Llswerry	M1739	MEN	53	32	948	69
57		4597	Stephen	WILLIAMS	Parc Bryn Bach	M5559	MEN	54	3	947	98
58		3159	Martin	JONES	Islwyn	M4044	MEN	55	12	946	89
59		4046	George	SMITH	Monmouth	M4044	MEN	56	13	945	88
60		2065	Steve	DREWITT	Fairwater	M1739	MEN	57	33	944	68
61		5149	Simon	FAIRCLOUGH	Pont-y-Pwl	M1739	MEN	58	34	943	67
62		4523	Nicola	JUKES	Parc Bryn Bach	F4549	LADIES	4	2	997	99
63		3847	Nicky	COLLIN	Llswerry	F1734	LADIES	5	2	996	99
64		4042	Allan	MEEK	Monmouth	M5054	MEN	59	5	942	96
65		5227	James	KEMP	Pont-y-Pwl	M1739	MEN	60	35	941	66
66		3134	Haydn	HARTNELL	Islwyn	M5054	MEN	61	6	940	95
67		4666	Richard	PRICE	Parc Bryn Bach	M1739	MEN	62	36	939	65
68		3260	Luke	HURLEY	Islwyn	M1739	MEN	63	37	938	64
69		4100	Allan	MATTHEWS	Monmouth	M5054	MEN	64	7	937	94
70		4566	Richard	SHEEHY	Parc Bryn Bach	M1739	MEN	65	38	936	63
71		1141	Matthew	MULCAHY	Caerleon	M4044	MEN	66	14	935	87
72		1542	Niki	MORGAN	Chepstow	F5054	LADIES	6	1	995	100
73		4609	Jamie	HOWELLS	Parc Bryn Bach	M1739	MEN	67	39	934	62
74		4589	Stephen	CARTER	Parc Bryn Bach	M4549	MEN	68	5	933	96
75		3805	Richard	BASHAM	Llswerry	M4549	MEN	69	6	932	95
76		4559	Neil	LLOYD	Parc Bryn Bach	M6064	MEN	70	1	931	100
77		3699	Matt	CREED	Llswerry	M1739	MEN	71	40	930	61
78		2538	Andrew	THOMPSON	Griffithstown	M5559	MEN	72	4	929	97
79		1610	Matthew	KITCHING	Chepstow	M4044	MEN	73	15	928	86
80		5066	Samantha	TOOP	Pont-y-Pwl	F3539	LADIES	7	2	994	99
81		3817	Nick	REES	Llswerry	M5559	MEN	74	5	927	96
82		5137	Peter	TOWNSEND	Pont-y-Pwl	M1739	MEN	75	41	926	60
83		3643	Christopher	JONES	Llswerry	M5559	MEN	76	6	925	95
84		1593	James	BLORE	Chepstow	M1739	MEN	77	42	924	59
85		4583	Ian	KENT	Parc Bryn Bach	M1739	MEN	78	43	923	58
86		4656	Andrew	GUNTER	Parc Bryn Bach	M1739	MEN	79	44	922	57
87		3711	Mike	RIDD	Llswerry	M1739	MEN	80	45	921	56
88		3187	Steve	LANE	Islwyn	M4044	MEN	81	16	920	85
89		2560	Jonathan	SLICZNY	Griffithstown	M1739	MEN	82	46	919	55
90		4588	Matthew	ELLIS	Parc Bryn Bach	M1739	MEN	83	47	918	54
91		3178	Russel	DOBBS	Islwyn	M4044	MEN	84	17	917	84
92		5216	Lisa	GRIFFIN	Pont-y-Pwl	F3539	LADIES	8	3	993	98
93		5214	Nathan	KERSLEY	Pont-y-Pwl	M1739	MEN	85	48	916	53
94		3855	Owen	DAVIES	Llswerry	M1739	MEN	86	49	915	52
95		3586	Rebecca	ROTHWELL	Llswerry	F1734	LADIES	9	3	992	98
96		3844	Mike	CLEAVER	Llswerry	M4044	MEN	87	18	914	83
97		1073	Keith	GITTINS	Caerleon	M5559	MEN	88	7	913	94
98		2536	Andrew	PEARCE	Griffithstown	M1739	MEN	89	50	912	51
99		3726	Paul	CHICK	Llswerry	M4549	MEN	90	7	911	94
100		3613	Tracie	WILLIAMS-ROWE	Llswerry	F4549	LADIES	10	3	991	98

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101		4634	Michael MATTHEWS	Parc Bryn Bach	M4549	MEN	91	8	910	93
102		5104	Gareth DAVIES	Pont-y-Pwl	M1739	MEN	92	51	909	50
103		1068	Ian DAVIES	Caerleon	M4549	MEN	93	9	908	92
104		5123	Matt WEBB	Pont-y-Pwl	M1739	MEN	94	52	907	49
105		3320	Steve BRYANT	Islwyn	M5054	MEN	95	8	906	93
106		1567	Andy OST	Chepstow	M1739	MEN	96	53	905	48
107		3599	Sarah LAUDER	Liswerry	F3539	LADIES	11	4	990	97
108		3285	Martin BUSSELL	Islwyn	M5054	MEN	97	9	904	92
109		2602	Richard ROBERTS	Griffithstown	M1739	MEN	98	54	903	47
110		4064	Russell FINCH	Monmouth	M5054	MEN	99	10	902	91
111		1637	Stephen OWEN	Chepstow	M6064	MEN	100	2	901	99
112		3746	Simon GILL	Liswerry	M1739	MEN	101	55	900	46
113		1537	Lisa JEFFREY	Chepstow	F4549	LADIES	12	4	989	97
114		4557	Martin CHAMMING	Parc Bryn Bach	M1739	MEN	102	56	899	45
115		5093	Chris O'BRIEN	Pont-y-Pwl	M4044	MEN	103	19	898	82
116		3851	Jack THOMAS	Liswerry	M1739	MEN	104	57	897	44
117		5178	Ieuan KINGSTON	Pont-y-Pwl	M1739	MEN	105	58	896	43
118		4580	James THOMAS	Parc Bryn Bach	M1739	MEN	106	59	895	42
119		1630	Rob HOOK	Chepstow	M5054	MEN	107	11	894	90
120		2581	Rhys THOMAS	Griffithstown	M1739	MEN	108	60	893	41
121		1611	Matthew LAWSON	Chepstow	M4549	MEN	109	10	892	91
122		1681	David WHEELER	Chepstow	M1739	MEN	110	61	891	40
123		4617	Darran KIPPEST	Parc Bryn Bach	M4044	MEN	111	20	890	81
124		4561	Phillip MILES	Parc Bryn Bach	M6569	MEN	112	1	889	100
125		1070	Jason PRITCHARD	Caerleon	M4044	MEN	113	21	888	80
126		3629	Andrew DAWE	Liswerry	M5054	MEN	114	12	887	89
127		1155	Kevin DUPE	Caerleon	M5054	MEN	115	13	886	88
128		3099	Ade WHITE	Islwyn	M5054	MEN	116	14	885	87
129		3259	Neil PROFFIT	Islwyn	M1739	MEN	117	62	884	39
130		3669	Geraint HEATH	Liswerry	M1739	MEN	118	63	883	38
131		4526	Rachel LEWIS	Parc Bryn Bach	F4044	LADIES	13	1	988	100
132		1594	James BOYLE	Chepstow	M5054	MEN	119	15	882	86
133		2573	Paul MASON	Griffithstown	M1739	MEN	120	64	881	37
134		1067	Howard MASON	Caerleon	M5054	MEN	121	16	880	85
135		1675	Dickie HUDD	Chepstow	M4549	MEN	122	11	879	90
136		4635	Samuel JACKSON	Parc Bryn Bach	M1739	MEN	123	65	878	36
137		2547	Colin WILMOTT	Griffithstown	M5559	MEN	124	8	877	93
138		5157	John BARNE	Pont-y-Pwl	M4044	MEN	125	22	876	79
139		3630	Andrew JOHNSON	Liswerry	M5054	MEN	126	17	875	84
140		3810	Laura DAVIES	Liswerry	F1734	LADIES	14	4	987	97
141		3186	Steve DURY	Islwyn	M4044	MEN	127	23	874	78
142		1560	Alan DOBBS	Chepstow	M4044	MEN	128	24	873	77
143		3909	David PHILLIPS	Liswerry	M4044	MEN	129	25	872	76
144		3772	Sophie HENSHALL	Liswerry	F1734	LADIES	15	5	986	96
145		1099	Simon TANG	Caerleon	M1739	MEN	130	66	871	35
146		3793	Victoria HOBBS	Liswerry	F1734	LADIES	16	6	985	95
147		4084	Luke FELTON	Monmouth	M1739	MEN	131	67	870	34
148		5084	Andrew DICKENS	Pont-y-Pwl	M4549	MEN	132	12	869	89
149		1615	Neil GRANT	Chepstow	M6569	MEN	133	2	868	99
150		4673	Ian MUNRO	Parc Bryn Bach	M4044	MEN	134	26	867	75

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151		1088	Peter	RODGER	Caerleon	M6064	MEN	135	3	866	98
152		5102	Dimitri	VORRÉS	Pont-y-Pwl	M5054	MEN	136	18	865	83
153		4629	Ian	DAVIES	Parc Bryn Bach	M5054	MEN	137	19	864	82
154		3640	Chris	DAVIES	Llswerry	M5559	MEN	138	9	863	92
155		4104	Mark	DUNN	Monmouth	M5054	MEN	139	20	862	81
156		3180	Ryan	LAMBETH	Islwyn	M1739	MEN	140	68	861	33
157		5546	Neil	WALKER	Usk	M4044	MEN	141	27	860	74
158		1113	Lloyd	HUGHES	Caerleon	M1739	MEN	142	69	859	32
159		3674	Ian	HARHHY	Llswerry	M5559	MEN	143	10	858	91
160		1671	Katy	ROY	Chepstow	F1734	LADIES	17	7	984	94
161		4068	Toby	WALES	Monmouth	M4549	MEN	144	13	857	88
162		2086	Emma	PRICE	Fairwater	F1734	LADIES	18	8	983	93
163		2544	Ben	JENKINS	Griffithstown	M1739	MEN	145	70	856	31
164		5541	Jon	HANCOCK	Usk	M6064	MEN	146	4	855	97
165		1076	Michael	REEVES	Caerleon	M1739	MEN	147	71	854	30
166		3652	David	BROWN	Llswerry	M4044	MEN	148	28	853	73
167		3160	Michael	BUNSTON	Islwyn	M4549	MEN	149	14	852	87
168		4095	Leanne	MEEK	Monmouth	F3539	LADIES	19	5	982	96
169		4532	Sian	PRICE	Parc Bryn Bach	F1734	LADIES	20	9	981	92
170		1516	Georgie	PRIOR	Chepstow	F1734	LADIES	21	10	980	91
171		1089	Peter	THOMAS	Caerleon	M5559	MEN	150	11	851	90
172		2051	Roger	MILLS	Fairwater	M4044	MEN	151	29	850	72
173		5164	Paul	HARVEY	Pont-y-Pwl	M1739	MEN	152	72	849	29
174		4661	Neil	BEYNON	Parc Bryn Bach	M4549	MEN	153	15	848	86
175		3214	Ian	WILLIAMS	Islwyn	M1739	MEN	154	73	847	28
176		4053	Martin	BLAKEBROUGH	Monmouth	M5054	MEN	155	21	846	80
177		3849	Kraig	JACKSON	Llswerry	M1739	MEN	156	74	845	27
178		4549	James	WILLIAMS	Parc Bryn Bach	M1739	MEN	157	75	844	26
179		2585	Terry	WHITE	Griffithstown	M6064	MEN	158	5	843	96
180		4671	Brian	WILES	Parc Bryn Bach	M5559	MEN	159	12	842	89
181		2049	Rob	SYMONS	Fairwater	M5054	MEN	160	22	841	79
182		2553	Dennis	BRENNAN	Griffithstown	M5559	MEN	161	13	840	88
183		1064	Gareth	HART	Caerleon	M4549	MEN	162	16	839	85
184		4649	Mike	WILLIAMS	Parc Bryn Bach	M5054	MEN	163	23	838	78
185		5232	Harri	LIKE	Pont-y-Pwl	F1734	LADIES	22	11	979	90
186		4642	Sharon	NEWELL	Parc Bryn Bach	F4549	LADIES	23	5	978	96
187		1601	Kevin	MCENTEE	Chepstow	M6064	MEN	164	6	837	95
188		4620	James	ASHLEY	Parc Bryn Bach	M4044	MEN	165	30	836	71
189		1521	Helen	DUFFIELD	Chepstow	F4044	LADIES	24	2	977	99
190		3512	Charlotte	RALPH	Llswerry	F1734	LADIES	25	12	976	89
191		3634	Andy	JAMES	Llswerry	M4549	MEN	166	17	835	84
192		5067	Sarah	COOTE	Pont-y-Pwl	F3539	LADIES	26	6	975	95
193		2577	Peter	WELBIRG	Griffithstown	M6064	MEN	167	7	834	94
194		2072	Chris	BAKER	Fairwater	M1739	MEN	168	76	833	25
195		1172	Ryan	JONES	Caerleon	M1739	MEN	169	77	832	24
196		1043	Paula	WILLIAMS	Caerleon	F5054	LADIES	27	2	974	99
197		5043	Louise	SUMMERS	Pont-y-Pwl	F4549	LADIES	28	6	973	95
198		3628	Andrew	BARRY	Llswerry	M5559	MEN	170	14	831	87
199		3053	Kelly	WALL	Islwyn	F1734	LADIES	29	13	972	88
200		3675	Ian	WHATMOUGH	Llswerry	M5559	MEN	171	15	830	86

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201		1180	Anthony EVANS	Caerleon	M1739	MEN	172	78	829	23
202		2537	Andrew SPENCER	Griffithstown	M5054	MEN	173	24	828	77
203		4612	Gareth WILLIAMS	Parc Bryn Bach	M5054	MEN	174	25	827	76
204		2052	Steve MORGAN	Fairwater	M4549	MEN	175	18	826	83
205		3225	Phillip JONES	Islwyn	M1739	MEN	176	79	825	22
206		3660	Gareth BARRINGTON	Llswerry	M4044	MEN	177	31	824	70
207		4090	Jane BERESFORD	Monmouth	F5054	LADIES	30	3	971	98
208		3236	Steven PHILLIPS	Islwyn	M4044	MEN	178	32	823	69
209		3644	Christopher MATTHEWS	Llswerry	M5054	MEN	179	26	822	75
210		3526	Elinor PHILLIPS	Llswerry	F1734	LADIES	31	14	970	87
211		5224	Jen WATKINS	Pont-y-Pwl	F1734	LADIES	32	15	969	86
212		4007	Emma KING	Monmouth	F3539	LADIES	33	7	968	94
213		4544	David SMOUT	Parc Bryn Bach	M6569	MEN	180	3	821	98
214		1514	Esther CALDWELL	Chepstow	F4044	LADIES	34	3	967	98
215		3787	Tim WRIGHT	Llswerry	M5054	MEN	181	27	820	74
216		5021	Emma SOWREY	Pont-y-Pwl	F4044	LADIES	35	4	966	97
217		3681	Jeremy DICKSON	Llswerry	M5054	MEN	182	28	819	73
218		2009	Jeanette JENKINS	Fairwater	F5559	LADIES	36	1	965	100
219		2060	Darren WEAVING	Fairwater	M4549	MEN	183	19	818	82
220		1098	Sean DAVEY	Caerleon	M5054	MEN	184	29	817	72
221		2535	Andrew MEANEY	Griffithstown	M5054	MEN	185	30	816	71
222		3190	Terry LEWIS	Islwyn	M5559	MEN	186	16	815	85
223		3693	Mark FAULKNER	Llswerry	M5559	MEN	187	17	814	84
224		5200	Andrew SMITH	Pont-y-Pwl	M1739	MEN	188	80	813	21
225		1569	Barry EVANS	Chepstow	M4549	MEN	189	20	812	81
226		5101	Dean ARNOLD	Pont-y-Pwl	M4549	MEN	190	21	811	80
227		3596	Sarah FRANCIS	Llswerry	F4044	LADIES	37	5	964	96
228		5082	Alistair CUMMINGS	Pont-y-Pwl	M1739	MEN	191	81	810	20
229		3809	Tom WATKINS	Llswerry	M1739	MEN	192	82	809	19
230		1639	Stuart DUNCAN	Chepstow	M5559	MEN	193	18	808	83
231		5150	Simon FISH	Pont-y-Pwl	M4044	MEN	194	33	807	68
232		4655	Melissa PEARCE	Parc Bryn Bach	F4549	LADIES	38	7	963	94
233		3566	Marina WRIGHT	Llswerry	F3539	LADIES	39	8	962	93
234		4534	Anthony LEWIS	Parc Bryn Bach	M5054	MEN	195	31	806	70
235		1034	Liz RICHARDS	Caerleon	F5054	LADIES	40	4	961	97
236		1109	Matt GOBBETT	Caerleon	M1739	MEN	196	83	805	18
237		1648	Andrew OLIVER	Chepstow	M5054	MEN	197	32	804	69
238		4621	Helen WILLIAMS	Parc Bryn Bach	F4044	LADIES	41	6	960	95
239		1009	Charlotte MORAN	Caerleon	F3539	LADIES	42	9	959	92
240		2075	Kelly CAMERON	Fairwater	F3539	LADIES	43	10	958	91
241		3280	Carys-Sian MALARCZYK	Islwyn	F1734	LADIES	44	16	957	85
242		5091	Chris CAREY	Pont-y-Pwl	M4549	MEN	198	22	803	79
243		3850	Daniel LANE	Llswerry	M4044	MEN	199	34	802	67
244		4574	Terry VAUGHAN	Parc Bryn Bach	M4044	MEN	200	35	801	66
245		2565	Mark ROBINS	Griffithstown	M5054	MEN	201	33	800	68
246		3930	Joe MULCAHY	Llswerry	M5559	MEN	202	19	799	82
247		5221	Shane BAKER	Pont-y-Pwl	M1739	MEN	203	84	798	17
248		4103	Emily HARRISON	Monmouth	F1734	LADIES	45	17	956	84
249		3632	Andy COCKERAM	Llswerry	M5054	MEN	204	34	797	67
250		1584	Gareth JONES	Chepstow	M6569	MEN	205	4	796	97

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GENDER & TEAM POINTS	CATEGORY POINTS
251		2082	Leonie ROBERTS	Fairwater	F4044	LADIES	46	7	955	94
252		3235	Carl JOHNSON	Islwyn	M4044	MEN	206	36	795	65
253		5125	Michael PROBERT	Pont-y-Pwl	M4549	MEN	207	23	794	78
254		1120	Wesley HARRIS	Caerleon	M1739	MEN	208	85	793	16
255		3530	Gayle SHEPPARD	Llswerry	F4044	LADIES	47	8	954	93
256		1659	Mark BATTEN	Chepstow	M4549	MEN	209	24	792	77
257		3921	Oliver HUGHES	Llswerry	M1739	MEN	210	86	791	15
258		2512	Elizabeth STOKES	Griffithstown	F4549	LADIES	48	8	953	93
259		1096	Richard PERRY	Caerleon	M1739	MEN	211	87	790	14
260		4065	Stephen BARRATT	Monmouth	M4549	MEN	212	25	789	76
261		2587	Claire SHEPPARD	Griffithstown	F4044	LADIES	49	9	952	92
262		4645	Beth JONES	Parc Bryn Bach	F1734	LADIES	50	18	951	83
263		3548	Kathryn MANLEY	Llswerry	F1734	LADIES	51	19	950	82
264		3727	Paul DAY	Llswerry	M6569	MEN	213	5	788	96
265		3237	Keith DAVIES	Islwyn	M5559	MEN	214	20	787	81
266		1112	Rebecca ADAMS-SMITH	Caerleon	F3539	LADIES	52	11	949	90
267		4105	Ben BURNETT	Monmouth	M4044	MEN	215	37	786	64
268		4063	Robert NELSON	Monmouth	M4549	MEN	216	26	785	75
269		5133	Paul GRAINGER JONES	Pont-y-Pwl	M4044	MEN	217	38	784	63
270		3856	Huw EVANS	Llswerry	M4044	MEN	218	39	783	62
271		3815	Sarah KEMBREY	Llswerry	F3539	LADIES	53	12	948	89
272		1181	Megan HOLMES	Caerleon	F1734	LADIES	54	20	947	81
273		3233	Grant WAKEMAN	Islwyn	M4044	MEN	219	40	782	61
274		1182	Avisa TALEMI	Caerleon	F3539	LADIES	55	13	946	88
275		4507	Hayley JACKSON	Parc Bryn Bach	F4044	LADIES	56	10	945	91
276		3728	Paul DURSLEY	Llswerry	M6064	MEN	220	8	781	93
277		5179	Jonathan KNIGHT	Pont-y-Pwl	M4549	MEN	221	27	780	74
278		2504	Charlotte REES	Griffithstown	F1734	LADIES	57	21	944	80
279		3611	TC GODWIN	Llswerry	F3539	LADIES	58	14	943	87
280		3672	Howard ATTWOOD	Llswerry	M6569	MEN	222	6	779	95
281		3256	David LIMBRICK	Islwyn	M5054	MEN	223	35	778	66
282		5185	Andrew PRICE	Pont-y-Pwl	M1739	MEN	224	88	777	13
283		4658	Gwyn PALFREY	Parc Bryn Bach	M5054	MEN	225	36	776	65
284		3633	Andy HILLIS	Llswerry	M5054	MEN	226	37	775	64
285		3794	Joanne JOHNSON	Llswerry	F5054	LADIES	59	5	942	96
286		2047	Richard BOWIE	Fairwater	M5559	MEN	227	21	774	80
287		3919	Randal JONES	Llswerry	M5559	MEN	228	22	773	79
288		3742	Ron DAVIES	Llswerry	M4549	MEN	229	28	772	73
289		3931	Mike POBJOY	Llswerry	M4549	MEN	230	29	771	72
290		4059	Paul McAFEE	Monmouth	M5054	MEN	231	38	770	63
291		2527	Rose CHARLES	Griffithstown	F1734	LADIES	60	22	941	79
292		4643	Keri YOUNG	Parc Bryn Bach	F3539	LADIES	61	15	940	86
293		2028	Andrew JAMES	Fairwater	M4044	MEN	232	41	769	60
294		3083	Sara ARNOLD	Islwyn	F4044	LADIES	62	11	939	90
295		3234	Nathan RICHARDS	Islwyn	M4044	MEN	233	42	768	59
296		5554	Thomas WILLIAMS	Usk	M5559	MEN	234	23	767	78
297		4112	Lucy MACDONALD	Monmouth	F1734	LADIES	63	23	938	78
298		4529	Riannon GRIFFIN	Parc Bryn Bach	F4044	LADIES	64	12	937	89
299		3791	Angharad HODGSON	Llswerry	F1734	LADIES	65	24	936	77
300		3745	Simeon LOLIN	Llswerry	M4549	MEN	235	30	766	71

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301		2067	Mark	PROSSER	Fairwater	M4044	MEN	236	43	765	58
302		1543	Rachel	HIPKISS	Chepstow	F3539	LADIES	66	16	935	85
303		3123	Dean	LITTLE	Islwyn	M1739	MEN	237	89	764	12
304		3709	Michael	TITLEY	Llswerry	M5054	MEN	238	39	763	62
305		1021	Helen	THOMAS	Caerleon	F5559	LADIES	67	2	934	99
306		1103	Tom	EVANS	Caerleon	M1739	MEN	239	90	762	11
307		2608	Paul	HANCOX	Griffithstown	M5559	MEN	240	24	761	77
308		4593	Delphine	JONES	Parc Bryn Bach	F3539	LADIES	68	17	933	84
309		3714	Neil	CHIPPER	Llswerry	M5559	MEN	241	25	760	76
310		5059	Nicola	SMITH	Pont-y-Pwl	F5054	LADIES	69	6	932	95
311		1165	Alice	BALAAM	Caerleon	F1734	LADIES	70	25	931	76
312		4591	Ruth	BUTTERFIELD	Parc Bryn Bach	F3539	LADIES	71	18	930	83
313		1183	Lowenna	TAYLOR	Caerleon	F1734	LADIES	72	26	929	75
314		4504	Claire	SULLIVAN	Parc Bryn Bach	F1734	LADIES	73	27	928	74
315		2053	Tim	MURPHY	Fairwater	M5559	MEN	242	26	759	75
316		1049	Sian	JONES	Caerleon	F3539	LADIES	74	19	927	82
317		3274	Matthew	TAYLOUR	Islwyn	M1739	MEN	243	91	758	10
318		1054	Andrew	TAYLOR	Caerleon	M6064	MEN	244	9	757	92
319		3065	Michelle	JOHNSON	Islwyn	F1734	LADIES	75	28	926	73
320		3072	Rachel	PRANGLEY	Islwyn	F1734	LADIES	76	29	925	72
321		2008	Jane	LEWIS	Fairwater	F4549	LADIES	77	9	924	92
322		2003	Bev	BRADBURY JONES	Fairwater	F4549	LADIES	78	10	923	91
323		3561	Lisa	BATEMAN	Llswerry	F4549	LADIES	79	11	922	90
324		2012	Julie	LEES	Fairwater	F4044	LADIES	80	13	921	88
325		3308	Tony	CARRAFA	Islwyn	M4549	MEN	245	31	756	70
326		1532	Karen	ELVERS	Chepstow	F4549	LADIES	81	12	920	89
327		3240	Sharon	CARRAFA	Islwyn	F4044	LADIES	82	14	919	87
328		5207	Thomas	WARWICK	Pont-y-Pwl	M1739	MEN	246	92	755	9
329		1063	David	DAVIES	Caerleon	M5054	MEN	247	40	754	61
330		3528	Ella	BOORMAN	Llswerry	F1734	LADIES	83	30	918	71
331		3581	Peta	DANIELS	Llswerry	F5054	LADIES	84	7	917	94
332		3163	Neil	PARKER	Islwyn	M4549	MEN	248	32	753	69
333		2564	Malcolm	COX	Griffithstown	M6569	MEN	249	7	752	94
334		1159	Jeff	PROSSER	Caerleon	M5054	MEN	250	41	751	60
335		3853	John	STONE	Llswerry	M4044	MEN	251	44	750	57
336		1694	Pamela	SUTER	Chepstow	F4044	LADIES	85	15	916	86
337		1119	Eddie	McDAID	Caerleon	M6064	MEN	252	10	749	91
338		1507	Brenda	AVERY	Chepstow	F6599	LADIES	86	1	915	100
339		3311	Michael	KELLY	Islwyn	M1739	MEN	253	93	748	8
340		5048	Marie	HURFORD	Pont-y-Pwl	F3539	LADIES	87	20	914	81
341		5237	Alex	JONES	Pont-y-Pwl	F1734	LADIES	88	31	913	70
342		2542	Barrie	DESMOND	Griffithstown	M5054	MEN	254	42	747	59
343		3765	Kristian	SINCLAIR	Llswerry	M1739	MEN	255	94	746	7
344		3830	Alex	BARNES	Llswerry	M1739	MEN	256	95	745	6
345		4618	Bobbie	SWIFT	Parc Bryn Bach	F4044	LADIES	89	16	912	85
346		2508	Daniela	GORMLEY	Griffithstown	F4549	LADIES	90	13	911	88
347		5168	Ron	GODFREY	Pont-y-Pwl	M5559	MEN	257	27	744	74
348		1123	Charlene	HENSHALL	Caerleon	F1734	LADIES	91	32	910	69
349		3905	Ian	McRORY	Llswerry	M4549	MEN	258	33	743	68
350		3567	Michaela	JOHNSON	Llswerry	F1734	LADIES	92	33	909	68

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351		1613	Mike	EVANS	Chepstow	M6064	MEN	259	11	742	90
352		1549	Sian	GRIFFITH	Chepstow	F4044	LADIES	93	17	908	84
353		1138	Anthony	DERRICK	Caerleon	M4549	MEN	260	34	741	67
354		1101	Steve	HOUGHTON	Caerleon	M5559	MEN	261	28	740	73
355		3309	Craig	DAVIES	Islwyn	M1739	MEN	262	96	739	5
356		2591	Lyn	KENNEY	Griffithstown	M5559	MEN	263	29	738	72
357		5537	Graham	SIMPSON	Usk	M5559	MEN	264	30	737	71
358		1531	Joyce	DODD	Chepstow	F6064	LADIES	94	1	907	100
359		4521	Margrett	MONK	Parc Bryn Bach	F6599	LADIES	95	2	906	99
360		1546	Roberta	HAVERS	Chepstow	F3539	LADIES	96	21	905	80
361		3585	Raven	TIMMS	Llswerry	F4044	LADIES	97	18	904	83
362		5225	Barry	LLEWELYN	Pont-y-Pwl	M5559	MEN	265	31	736	70
363		2013	Julie	ROCHE	Fairwater	F4549	LADIES	98	14	903	87
364		3276	Caren	PARKER	Islwyn	F4549	LADIES	99	15	902	86
365		3283	Jemma	REARDON	Islwyn	F1734	LADIES	100	34	901	67
366		4101	Vicky	ROBERTS	Monmouth	F1734	LADIES	101	35	900	66
367		3706	Michael	BONNETT	Llswerry	M6064	MEN	266	12	735	89
368		3538	Joanna	WHITTAKER	Llswerry	F3539	LADIES	102	22	899	79
369		3157	Mark	DUDDRIDGE	Islwyn	M1739	MEN	267	97	734	4
370		3505	Angela	POTTER-COLLINS	Llswerry	F4549	LADIES	103	16	898	85
371		4501	Alison	HOLTON	Parc Bryn Bach	F4549	LADIES	104	17	897	84
372		3589	Roni	MARGERISON	Llswerry	F4044	LADIES	105	19	896	82
373		3510	Ceri	DONOVAN	Llswerry	F4549	LADIES	106	18	895	83
374		3511	Ceri	JENKINS	Llswerry	F4044	LADIES	107	20	894	81
375		3298	Ted	ADEY	Islwyn	M6064	MEN	268	13	733	88
376		2501	Angharrad	SLICZNY	Griffithstown	F3539	LADIES	108	23	893	78
377		5222	Alun	JONES	Pont-y-Pwl	M5054	MEN	269	43	732	58
378		4560	Phillip	MATTHEWS	Parc Bryn Bach	M6064	MEN	270	14	731	87
379		1135	Tania	HALL	Caerleon	F4549	LADIES	109	19	892	82
380		3054	Kirsty	HOLTHAM-MORGAN	Islwyn	F3539	LADIES	110	24	891	77
381		3537	Janet	RICHARDS	Llswerry	F5054	LADIES	111	8	890	93
382		2596	Keren	BEARD	Griffithstown	F4549	LADIES	112	20	889	81
383		3884	Phoebe	RUSSELL	Llswerry	F1734	LADIES	113	36	888	65
384		3262	Rebecca	MORGAN	Islwyn	F1734	LADIES	114	37	887	64
385		3052	Kelly	JACKA	Islwyn	F3539	LADIES	115	25	886	76
386		4630	Teresa	DAVIES	Parc Bryn Bach	F4549	LADIES	116	21	885	80
387		5127	Mike	BRUNNOCK	Pont-y-Pwl	M5054	MEN	271	44	730	57
388		3115	Colin	DIXON	Islwyn	M6569	MEN	272	8	729	93
389		1129	Yangi	VUNDAMINA	Caerleon	F4044	LADIES	117	21	884	80
390		4672	Matthew	CROWLE	Parc Bryn Bach	M1739	MEN	273	98	728	3
391		4669	Elizabeth	BEYNON	Parc Bryn Bach	F4044	LADIES	118	22	883	79
392		4647	Alan	PRITCHARD	Parc Bryn Bach	M6064	MEN	274	15	727	86
393		5180	Suzanne	MCCARTHY	Pont-y-Pwl	F4044	LADIES	119	23	882	78
394		5513	Janet	EVANS	Usk	F5054	LADIES	120	9	881	92
395		5242	Kath	PARKINSON	Pont-y-Pwl	F4044	LADIES	121	24	880	77
396		4097	Leah	MORRIS	Monmouth	F1734	LADIES	122	38	879	63
397		3829	Chris	WATKINS	Llswerry	M4044	MEN	275	45	726	56
398		4510	Jill	MATTHEWS	Parc Bryn Bach	F6064	LADIES	123	2	878	99
399		3195	Anne	RICE-JONES	Islwyn	F5054	LADIES	124	10	877	91
400		4650	Cerys	SWIFT	Parc Bryn Bach	F1734	LADIES	125	39	876	62

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401		4595	Michael LEWIS	Parc Bryn Bach	M7099	MEN	276	1	725	100
402		5231	Gary WILLCOX	Pont-y-Pwl	M5559	MEN	277	32	724	69
403		3535	Jacqui TUDHOPE	Liswerry	F4044	LADIES	126	25	875	76
404		3740	Robert TUDHOPE	Liswerry	M4044	MEN	278	46	723	55
405		3296	Gareth POWELL	Islwyn	M4549	MEN	279	35	722	66
406		3722	Nigel RICHARDS	Liswerry	M5054	MEN	280	45	721	56
407		1126	Michelle CLABON	Caerleon	F5054	LADIES	127	11	874	90
408		3861	Alison CARTER	Liswerry	F5054	LADIES	128	12	873	89
409		3885	Johanna SHERGOLD	Liswerry	F3539	LADIES	129	26	872	75
410		3813	Brigitte WIDDASS	Liswerry	F5054	LADIES	130	13	871	88
411		3798	Trudy HURFORD	Liswerry	F4044	LADIES	131	26	870	75
412		3840	Jonathan KENDALL	Liswerry	M4549	MEN	281	36	720	65
413		2597	Richard COOK	Griffithstown	M1739	MEN	282	99	719	2
414		3651	Dave WESTLEY	Liswerry	M5559	MEN	283	33	718	68
415		1160	Carl PUGH	Caerleon	M5054	MEN	284	46	717	55
416		3834	Sonja BREESE	Liswerry	F4044	LADIES	132	27	869	74
417		3614	Tracy BURTON	Liswerry	F5559	LADIES	133	3	868	98
418		4662	Darren SWIFT	Parc Bryn Bach	M5054	MEN	285	47	716	54
419		1158	Hannah PROSSER	Caerleon	F1734	LADIES	134	40	867	61
420		1029	Karen PAYNE	Caerleon	F4044	LADIES	135	28	866	73
421		4637	Alexandra THOMAS	Parc Bryn Bach	F1734	LADIES	136	41	865	60
422		3797	Katija DEW	Liswerry	F4549	LADIES	137	22	864	79
423		1137	Anna HERRON	Caerleon	F3539	LADIES	138	27	863	74
424		2023	Stella SYMONS	Fairwater	F5054	LADIES	139	14	862	87
425		3263	William LEWIS	Islwyn	M6064	MEN	286	16	715	85
426		3600	Shannel MITCHEL	Liswerry	F3539	LADIES	140	28	861	73
427		1587	Geoffrey BAYLISS	Chepstow	M7099	MEN	287	2	714	99
428		4022	Madeleine NEWCOMB	Monmouth	F6064	LADIES	141	3	860	98
429		3915	Chris STEVENS	Liswerry	M1739	MEN	288	100	713	1
430		3638	Carl ELLIOTT	Liswerry	M7099	MEN	289	3	712	98
431		2015	Kate PALFREY	Fairwater	F1734	LADIES	142	42	859	59
432		5055	Michelle GOOCH	Pont-y-Pwl	F5054	LADIES	143	15	858	86
433		3876	Gaynor LUGG	Liswerry	F5054	LADIES	144	16	857	85
434		2592	Cath EDWARD	Griffithstown	F5054	LADIES	145	17	856	84
435		3659	Desmond JONES	Liswerry	M4044	MEN	290	47	711	54
436		3796	Moira WOOLLES	Liswerry	F3539	LADIES	146	29	855	72
437		3252	Elizabeth JONES	Islwyn	F4549	LADIES	147	23	854	78
438		3808	Brian PHILLIPS	Liswerry	M1739	MEN	291	101	710	1
439		1122	Joanne HENSHALL	Caerleon	F4044	LADIES	148	29	853	72
440		1524	Jane BAYLISS	Chepstow	F6064	LADIES	149	4	852	97
441		1111	Vanessa PRITCHARD	Caerleon	F4044	LADIES	150	30	851	71
442		3126	Erik MOONS	Islwyn	M4549	MEN	292	37	709	64
443		4110	Amanda ROBERTS	Monmouth	F5054	LADIES	151	18	850	83
444		3857	Sarah BENT	Liswerry	F4044	LADIES	152	31	849	70
445		2604	Jenny BRADFIELD	Griffithstown	F4044	LADIES	153	32	848	69
446		3571	Morwenna PHILLIPS	Liswerry	F1734	LADIES	154	43	847	58
447		1583	Dick FINCH	Chepstow	M7099	MEN	293	4	708	97
448		3569	Michelle SHAPLAND	Liswerry	F4549	LADIES	155	24	846	77
449		3923	Dave BATEMAN	Liswerry	M5054	MEN	294	48	707	53
450		2515	Helen DESMOND	Griffithstown	F5054	LADIES	156	19	845	82

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GENDER & TEAM POINTS	CATEGORY POINTS	
451		2609	Frances	BRENNAN-DAVIES	Griffithstown	F4044	LADIES	157	33	844	68
452		2606	Emma	SMITH	Griffithstown	F4549	LADIES	158	25	843	76
453		3527	Elizabeth	PARKER	Llswerry	F4044	LADIES	159	34	842	67
454		3865	Liz	DAVIS	Llswerry	F4549	LADIES	160	26	841	75
455		3524	Eleanor	JOHNSTON	Llswerry	F3539	LADIES	161	30	840	71
456		3929	Delilah	HOWELLS	Llswerry	F4549	LADIES	162	27	839	74
457		1134	Sally	SEIGNOT	Caerleon	F4044	LADIES	163	35	838	66
458		2615	Nikki	HANCOX	Griffithstown	F4549	LADIES	164	28	837	73
459		1164	Samantha	HOWELLS	Caerleon	F4044	LADIES	165	36	836	65
460		1178	Ann	TAI	Caerleon	F4549	LADIES	166	29	835	72
461		3928	Sheona	STUBBS	Llswerry	F4044	LADIES	167	37	834	64
462		3641	Chris	GENTLE	Llswerry	M4549	MEN	295	38	706	63
463		3768	Mei	CHEUNG	Llswerry	F4044	LADIES	168	38	833	63
464		3503	Amanda	RICHARDS	Llswerry	F4549	LADIES	169	30	832	71
465		3523	Diane	POTTER	Llswerry	F5054	LADIES	170	20	831	81
466		4085	Helen	DUNN	Monmouth	F5054	LADIES	171	21	830	80
467		1503	Anne	JENNER	Chepstow	F5559	LADIES	172	4	829	97
468		3825	Jackie	DAVIDGE	Llswerry	F5054	LADIES	173	22	828	79
469		3913	Stuart	SALVAGE	Llswerry	M4549	MEN	296	39	705	62
470		5199	Marisa	BENJAMIN	Pont-y-Pwl	F1734	LADIES	174	44	827	57
471		3539	Jodie	PONTIN	Llswerry	F3539	LADIES	175	31	826	70
472		3580	Pam	GRANTHAM	Llswerry	F5054	LADIES	176	23	825	78
473		1142	Jane	DERRICK	Caerleon	F3539	LADIES	177	32	824	69
474		3039	Helen	WILLIAMS	Islwyn	F3539	LADIES	178	33	823	68
475		3609	Sue	HOTCHKISS	Llswerry	F5559	LADIES	179	5	822	96
476		3705	Mervyn	WEIGHTMAN-BENT	Llswerry	M5559	MEN	297	34	704	67
477		3210	Emma	THOMAS	Islwyn	F3539	LADIES	180	34	821	67
478		3820	Louise	QUATERMASS	Llswerry	F3539	LADIES	181	35	820	66
479		3558	Linda	DURSLEY	Llswerry	F5559	LADIES	182	6	819	95
480		2034	John	FRY	Fairwater	M7099	MEN	298	5	703	96
481		4032	Sian	BURNS	Monmouth	F5054	LADIES	183	24	818	77
482		4531	Samantha	STANDERWICK	Parc Bryn Bach	F4044	LADIES	184	39	817	62
483		3064	Mel	SENIOR	Islwyn	F4549	LADIES	185	31	816	70
484		1153	Maddy	CLABON	Caerleon	F1734	LADIES	186	45	815	56
485		4668	Susan	GRAY	Parc Bryn Bach	F4549	LADIES	187	32	814	69
486		3836	Julia	GROOMBRIDGE	Llswerry	F5054	LADIES	188	25	813	76
487		4638	Caroline	MATTHEWS	Parc Bryn Bach	F4549	LADIES	189	33	812	68
488		5226	Karen	LLEWELYN	Pont-y-Pwl	F5559	LADIES	190	7	811	94
489		4006	Diane	SMITH	Monmouth	F6064	LADIES	191	5	810	96
490		1508	Carol	DUNSBEЕ	Chepstow	F4549	LADIES	192	34	809	67
491		1545	Rebekah	LANE	Chepstow	F4044	LADIES	193	40	808	61
492		4113	Debby	BLAKEBROUGH	Monmouth	F5054	LADIES	194	26	807	75
493		4644	Johanna	WILES	Parc Bryn Bach	F5054	LADIES	195	27	806	74
494		3540	Julie	DAVIES	Llswerry	F5054	LADIES	196	28	805	73
495		3618	Yvonne	FORSEY	Llswerry	F5559	LADIES	197	8	804	93
496		5194	Sarah	HIRONS	Pont-y-Pwl	F3539	LADIES	198	36	803	65
497		3314	Aled	WYNNE	Islwyn	M1739	MEN	299	102	702	1
498		5190	Pam	WILLIAMS	Pont-y-Pwl	F5559	LADIES	199	9	802	92
499		3553	Laura	RENDELL	Llswerry	F1734	LADIES	200	46	801	55
500		1168	Pauline	BECKETT	Caerleon	F5559	LADIES	201	10	800	91

CONFIRMED RESULTS

**GLCL 2017 ROAD RACE SERIES
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CWMBRAN 1st AUGUST 2017**

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PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GENDER & TEAM POINTS	CATEGORY POINTS
501		5158	Lyndsay POULSOM	Pont-y-Pwl	F1734	LADIES	202	47	799	54
502		3094	Vicki JONES	Islwyn	F4044	LADIES	203	41	798	60
503		2085	Sarah Jane KELLAND	Fairwater	F1734	LADIES	204	48	797	53
504		3925	Roger GODWIN	Llswerry	M4549	MEN	300	40	701	61
505		4029	Sally WILLIAMS	Monmouth	F4549	LADIES	205	35	796	66
506		1015	Emma LYNCH	Caerleon	F3539	LADIES	206	37	795	64
507		1128	Beth KERSHAW-NAYLOR	Caerleon	F1734	LADIES	207	49	794	52
508		1663	Lyndsay PATTERSON	Chepstow	F1734	LADIES	208	50	793	51
509		3045	Julie LEWIS	Islwyn	F4549	LADIES	209	36	792	65
510		2087	Sammi BULLEY	Fairwater	F3539	LADIES	210	38	791	63
511		2021	Sheree MANN	Fairwater	F5054	LADIES	211	29	790	72
512		5079	Vicky JEFFS	Pont-y-Pwl	F1734	LADIES	212	51	789	50
513		3307	Clare BARRETT	Islwyn	F3539	LADIES	213	39	788	62
514		1586	Geoff CRAM	Chepstow	M7099	MEN	301	6	700	95
515		5128	Nick CARD	Pont-y-Pwl	M5559	MEN	302	35	699	66
516		3509	Celia MARSH	Llswerry	F3539	LADIES	214	40	787	61
517		5029	Jayne WALTERS	Pont-y-Pwl	F4549	LADIES	215	37	786	64
518		1184	Katy JONES	Caerleon	F1734	LADIES	216	52	785	49
519		3821	Janine LANE	Llswerry	F3539	LADIES	217	41	784	60
520		3570	Michelle UNSWORTH	Llswerry	F5054	LADIES	218	30	783	71
521		1020	Gwyn HOWELLS	Caerleon	F6599	LADIES	219	3	782	98
522		4535	Bernie MONK	Parc Bryn Bach	M7099	MEN	303	7	698	94
523		4524	Nicola LEWIS	Parc Bryn Bach	F3539	LADIES	220	42	781	59
524		5239	Leanne WITCOMBE	Pont-y-Pwl	F4044	LADIES	221	42	780	59
525		1641	Syd WHEELER	Chepstow	M7099	MEN	304	8	697	93
526		3044	Juli WILLIAMS	Islwyn	F4549	LADIES	222	38	779	63
527		3229	Sian JOHNSON	Islwyn	F1734	LADIES	223	53	778	48
528		3838	Debbie MORAN	Llswerry	F4549	LADIES	224	39	777	62
529		3826	Lisa NICHOLS	Llswerry	F4549	LADIES	225	40	776	61
530		1131	Claire ORFORD	Caerleon	F4044	LADIES	226	43	775	58
531		2532	Yvonne WALKER	Griffithstown	F6599	LADIES	227	4	774	97
532		3562	Louise AHERN	Llswerry	F5054	LADIES	228	31	773	70
533		1008	Charlotte LEIGH	Caerleon	F3539	LADIES	229	43	772	58
534		3831	Paul WILLIAMS	Llswerry	M6064	MEN	305	17	696	84
535		1102	Stuart DOMINY	Caerleon	M4549	MEN	306	41	695	60
536		1691	Clare GRANT	Chepstow	F6064	LADIES	230	6	771	95
537		1513	Denise EVANS	Chepstow	F5054	LADIES	231	32	770	69
538		4070	Tony HARDY	Monmouth	M5054	MEN	307	49	694	52
539		3916	Chris STEWART	Llswerry	M5054	MEN	308	50	693	51
540		2070	Steve JAMES	Fairwater	M4549	MEN	309	42	692	59
541		3270	Emily Jayne WELSH	Islwyn	F3539	LADIES	232	44	769	57
542		3927	Kelly CHOWN	Llswerry	F3539	LADIES	233	45	768	56
543		3926	Helen NEWTON	Llswerry	F3539	LADIES	234	46	767	55
544		3534	Hayley EDWARDS	Llswerry	F1734	LADIES	235	54	766	47
545		1162	Angela JONES-EVANS	Caerleon	F5054	LADIES	236	33	765	68
546		3292	Jaye PRICE	Islwyn	F1734	LADIES	237	55	764	46
547		1512	Daphne AUSTERBERRY	Chepstow	F6599	LADIES	238	5	763	96
548		2618	Kerry BUDDEN	Griffithstown	F3539	LADIES	239	47	762	54

**Race 5 of 5
CWMBRAN
1st August**

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	55	M1739	102
F3539	47	M4044	47
F4044	43	M4549	42
F4549	40	M5054	50
F5054	33	M5559	35
F5559	10	M6064	17
F6064	6	M6569	8
F6599	5	M7099	8
LADIES TOTAL	239	MENS TOTAL	309

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	32	28	60
CHEPSTOW	22	30	52
FAIRWATER	13	14	27
GRIFFITHSTOWN	15	22	37
ISLWYN	23	37	60
LLISWERRY	72	83	155
MONMOUTH	14	14	28
PARC BRYN BACH	26	39	65
PONTYPOOL	21	38	59
USK	1	4	5
TOTAL	239	309	548

**CONFIRMED
RESULTS**

**GLCL 2017 ROAD RACE SERIES
RACE 5 of 5
CWMBRAN 1st AUGUST 2017**

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TEAM RESULTS

	MALE "A" TEAM	RUNNERS	SCORE	POINTS
1	LLISWERRY	10	9830	10
2	PONT-Y-PWL	10	9713	9
3	PARC BRYN BACH	10	9666	8
4	CHEPSTOW	10	9610	7
5	ISLWYN	10	9414	6
6	GRIFFITHSTOWN	10	9253	5
7	CAERLEON	10	8976	4
8	MONMOUTH	10	8907	3
9	FAIRWATER	10	8608	2
10	USK	4	3219	1

	FEMALE "A" TEAM	RUNNERS	SCORE	POINTS
1	LLISWERRY	6	5966	10
2	CHEPSTOW	6	5925	9
3	PONT-Y-PWL	6	5883	8
4	PARC BRYN BACH	6	5867	7
5	CAERLEON	6	5736	6
6	MONMOUTH	6	5715	5
7	FAIRWATER	6	5708	4
8	ISLWYN	6	5638	3
9	GRIFFITHSTOWN	6	5594	2
10	USK	1	881	1

	MALE TEAM "B&C" TEAM	RUNNERS	SCORE	POINTS
1	LLISWERRY(B)	10	9592	20
2	LLISWERRY(C)	10	9172	19
3	PARC BRYN BACH(B)	10	9110	18
4	PONT-Y-PWL(B)	10	9003	17
5	CHEPSTOW(B)	10	8822	16
6	PARC BRYN BACH(C)	10	8465	15
7	ISLWYN(B)	10	8461	14
8	CAERLEON(B)	10	8172	13
9	GRIFFITHSTOWN(B)	10	8077	12
10	PONT-Y-PWL(C)	10	8049	11
11	ISLWYN(C)	10	7633	10
12	CHEPSTOW(C)	10	7573	9
13	CAERLEON(C)	8	5904	8
14	MONMOUTH(B)	4	3035	7
15	FAIRWATER(B)	4	2919	6
16	GRIFFITHSTOWN(C)	2	1457	5
	FAIRWATER(C)	0	0	
	MONMOUTH(C)	0	0	
	USK(B)	0	0	
	USK(C)	0	0	

	FEMALE "B&C" TEAM	RUNNERS	SCORE	POINTS
1	LLISWERRY(B)	6	5868	20
2	LLISWERRY(C)	6	5699	19
3	PARC BRYN BACH(B)	6	5636	18
4	CHEPSTOW(B)	6	5561	17
5	CAERLEON(B)	6	5523	16
6	PONT-Y-PWL(B)	6	5487	15
7	PARC BRYN BACH(C)	6	5411	14
8	ISLWYN(B)	6	5344	13
9	CAERLEON(C)	6	5207	12
10	FAIRWATER(B)	6	5133	11
11	GRIFFITHSTOWN(B)	6	5125	10
12	CHEPSTOW(C)	6	5110	9
13	MONMOUTH(B)	6	5047	8
14	ISLWYN(C)	6	4904	7
15	PONT-Y-PWL(C)	6	4900	6
16	GRIFFITHSTOWN(C)	3	2373	5
17	MONMOUTH(C)	2	1603	4
18	FAIRWATER(C)	1	790	3
	USK(C)	0	0	
	USK(B)	0	0	