

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN & TEAM POINTS	CAT POINTS
1		4555	Lee	AHERNE	Parc Bryn Bach	M5054	MEN	1	1000	100
2		2080	Michael	LEWIS	Fairwater	M1739	MEN	2	999	100
3		4568	Sam	LEWIS-JONES	Parc Bryn Bach	M1739	MEN	3	998	99
4		2588	Mark	MOGFORD	Griffithstown	M1739	MEN	4	997	98
5		4657	Jamie	PARRY	Parc Bryn Bach	M1739	MEN	5	996	97
6		5141	Richard	JOHNSON	Pont-y-Pwl	M4044	MEN	6	995	100
7		1621	Paul	MURRIN	Chepstow	M4044	MEN	7	994	99
8		3684	Jon	BELCHER	Lliswerry	M4044	MEN	8	993	98
9		3152	Lee	MILLS	Islwyn	M4044	MEN	9	992	97
10		4641	Terry Lee	WATKINS	Parc Bryn Bach	M4044	MEN	10	991	96
11		1609	Martyn	WINSER	Chepstow	M1739	MEN	11	990	96
12		2539	Andrew	WALSH	Griffithstown	M4044	MEN	12	989	95
13		3918	John	BEVAN	Lliswerry	M1739	MEN	13	988	95
14		5085	Andrew	LEE	Pont-y-Pwl	M4044	MEN	14	987	94
15		2603	Gareth	JONES	Griffithstown	M1739	MEN	15	986	94
16		1600	Karie	ATKINS	Chepstow	M4044	MEN	16	985	93
17		4608	Michael	COPE	Parc Bryn Bach	M4044	MEN	17	984	92
18		3712	Miles	THOMAS	Lliswerry	M1739	MEN	18	983	93
19		1670	Alex	TUCK	Chepstow	M1739	MEN	19	982	92
20		5113	Iestyn	RHODES	Pont-y-Pwl	M1739	MEN	20	981	91
21		4577	Lauren	COOPER	Parc Bryn Bach	F1734	LADIES	1	1000	100
22		5235	Jonathon	LIKE	Pont-y-Pwl	M1739	MEN	21	980	90
23		3119	Dafydd	LAMBETH	Islwyn	M4044	MEN	22	979	91
24		1625	Rich	MATTHEWS	Chepstow	M1739	MEN	23	978	89
25		3676	James	PEARCE	Lliswerry	M4044	MEN	24	977	90
26		3833	Ieuan	SMITH	Lliswerry	M1739	MEN	25	976	88
27		2612	Paul	SLADE	Griffithstown	M1739	MEN	26	975	87
28		4042	Allan	MEEK	Monmouth	M5054	MEN	27	974	99
29		5081	Adrian	WOODS	Pont-y-Pwl	M5559	MEN	28	973	100
30		1097	Rob	BICKEL	Caerleon	M4044	MEN	29	972	89
31		3733	Phil	BOORMAN	Lliswerry	M4549	MEN	30	971	100
32		3847	Nicky	COLLIN	Lliswerry	F1734	LADIES	2	999	99
33		3159	Martin	JONES	Islwyn	M4044	MEN	31	970	88
34		3167	Paul	HAYWARD	Islwyn	M1739	MEN	32	969	86
35		2572	Nick	WALSH	Griffithstown	M4549	MEN	33	968	99
36		4598	Jonathon	ASTLEY	Parc Bryn Bach	M1739	MEN	34	967	85
37		1599	Jonathan	CARTER	Chepstow	M4549	MEN	35	966	98
38		5153	Steve	DAVIES	Pont-y-Pwl	M5559	MEN	36	965	99
39		2061	Simon	BURNS	Fairwater	M1739	MEN	37	964	84
40		3804	Daniel	REILLY	Lliswerry	M1739	MEN	38	963	83
41		5238	Ceri	BARTLEY	Pont-y-Pwl	F3539	LADIES	3	998	100
42		1094	Richard	HUGHES	Caerleon	M1739	MEN	39	962	82
43		1593	James	BLORE	Chepstow	M1739	MEN	40	961	81
44		3723	Oliver	HARRIS	Lliswerry	M1739	MEN	41	960	80
45		3922	Joe	BUTCHER	Lliswerry	M4044	MEN	42	959	87
46		5192	Faye	JOHNSON	Pont-y-Pwl	F1734	LADIES	4	997	98
47		3852	Jack	ROWLANDS	Lliswerry	M1739	MEN	43	958	79
48		3261	Craig	THOMAS	Islwyn	M1739	MEN	44	957	78
49		4523	Nicola	JUKES	Parc Bryn Bach	F4549	LADIES	5	996	100
50		1141	Matthew	MULCAHY	Caerleon	M4044	MEN	45	956	86

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51		5140	Ricci WATTS	Pont-y-Pwl	M1739	MEN	46	24	955	77
52		5106	Gareth REES	Pont-y-Pwl	M1739	MEN	47	25	954	76
53		5066	Samantha TOOP	Pont-y-Pwl	F3539	LADIES	6	2	995	99
54		1619	Paul LIDGETT	Chepstow	M5054	MEN	48	3	953	98
55		4597	Stephen WILLIAMS	Parc Bryn Bach	M5559	MEN	49	3	952	98
56		4058	Oliver MASTERS	Monmouth	M4044	MEN	50	16	951	85
57		5149	Simon FAIRCLOUGH	Pont-y-Pwl	M1739	MEN	51	26	950	75
58		4049	Jeremy MASTERS	Monmouth	M4549	MEN	52	4	949	97
59		1516	Georgie PRIOR	Chepstow	F1734	LADIES	7	4	994	97
60		4566	Richard SHEEHY	Parc Bryn Bach	M1739	MEN	53	27	948	74
61		5138	Ray MORGAN	Pont-y-Pwl	M1739	MEN	54	28	947	73
62		4666	Richard PRICE	Parc Bryn Bach	M1739	MEN	55	29	946	72
63		3134	Haydn HARTNELL	Islwyn	M5054	MEN	56	4	945	97
64		4609	Jamie HOWELLS	Parc Bryn Bach	M1739	MEN	57	30	944	71
65		4559	Neil LLOYD	Parc Bryn Bach	M6064	MEN	58	1	943	100
66		4588	Matthew ELLIS	Parc Bryn Bach	M1739	MEN	59	31	942	70
67		3844	Mike CLEAVER	Lliswerry	M4044	MEN	60	17	941	84
68		5214	Nathan KERSLEY	Pont-y-Pwl	M1739	MEN	61	32	940	69
69		1617	Paul DODD	Chepstow	M5559	MEN	62	4	939	97
70		3529	Emma WOOLEY	Lliswerry	F1734	LADIES	8	5	993	96
71		4583	Ian KENT	Parc Bryn Bach	M1739	MEN	63	33	938	68
72		1675	Dickie HUDD	Chepstow	M4549	MEN	64	5	937	96
73		3179	Russell WAREHAM	Islwyn	M4549	MEN	65	6	936	95
74		5216	Lisa GRIFFIN	Pont-y-Pwl	F3539	LADIES	9	3	992	98
75		3187	Steve LANE	Islwyn	M4044	MEN	66	18	935	83
76		1073	Keith GITTINS	Caerleon	M5559	MEN	67	5	934	96
77		4615	Damian CASWELL	Parc Bryn Bach	M4044	MEN	68	19	933	82
78		3595	Sandra CHIPPER	Lliswerry	F4549	LADIES	10	2	991	99
79		2538	Andrew THOMPSON	Griffithstown	M5559	MEN	69	6	932	95
80		3320	Steve BRYANT	Islwyn	M5054	MEN	70	5	931	96
81		5123	Matt WEBB	Pont-y-Pwl	M1739	MEN	71	34	930	67
82		1637	Stephen OWEN	Chepstow	M6064	MEN	72	2	929	99
83		2065	Steve DREWITT	Fairwater	M1739	MEN	73	35	928	66
84		3726	Paul CHICK	Lliswerry	M4549	MEN	74	7	927	94
85		4624	Robert GALE	Parc Bryn Bach	M1739	MEN	75	36	926	65
86		3122	David WATERS	Islwyn	M4044	MEN	76	20	925	81
87		2071	Alun WILLIAMS	Fairwater	M5054	MEN	77	6	924	95
88		3186	Steve DURY	Islwyn	M4044	MEN	78	21	923	80
89		3855	Owen DAVIES	Lliswerry	M1739	MEN	79	37	922	64
90		5173	Craig CHEEDY	Pont-y-Pwl	M1739	MEN	80	38	921	63
91		4590	Matthew TRINDER	Parc Bryn Bach	M1739	MEN	81	39	920	62
92		4100	Allan MATTHEWS	Monmouth	M5054	MEN	82	7	919	94
93		5090	Carl URQUHART	Pont-y-Pwl	M5054	MEN	83	8	918	93
94		4617	Darran KIPPEST	Parc Bryn Bach	M4044	MEN	84	22	917	79
95		2037	Lee HAMMOND	Fairwater	M4044	MEN	85	23	916	78
96		4634	Michael MATTHEWS	Parc Bryn Bach	M4549	MEN	86	8	915	93
97		1096	Richard PERRY	Caerleon	M1739	MEN	87	40	914	61
98		1155	Kevin DUPE	Caerleon	M5054	MEN	88	9	913	92
99		4557	Martin CHAMMINGS	Parc Bryn Bach	M1739	MEN	89	41	912	60
100		4656	Andrew GUNTER	Parc Bryn Bach	M1739	MEN	90	42	911	59

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101		1537	Lisa JEFFREY	Chepstow	F4549	LADIES	11	3	990	98
102		1594	James BOYLE	Chepstow	M5054	MEN	91	10	910	91
103		5157	John BARNE	Pont-y-Pwl	M4044	MEN	92	24	909	77
104		3851	Jack THOMAS	Lliswerry	M1739	MEN	93	43	908	58
105		5084	Andrew DICKENS	Pont-y-Pwl	M4549	MEN	94	9	907	92
106		4580	James THOMAS	Parc Bryn Bach	M1739	MEN	95	44	906	57
107		3762	Tony FIDO	Lliswerry	M6064	MEN	96	3	905	98
108		4635	Samuel JACKSON	Parc Bryn Bach	M1739	MEN	97	45	904	56
109		1611	Matthew LAWSON	Chepstow	M4549	MEN	98	10	903	91
110		1567	Andy OST	Chepstow	M1739	MEN	99	46	902	55
111		3099	Ade WHITE	Islwyn	M5054	MEN	100	11	901	90
112		4561	Phillip MILES	Parc Bryn Bach	M6569	MEN	101	1	900	100
113		4050	Kirk HILL	Monmouth	M4549	MEN	102	11	899	90
114		5041	Lisa ERICKSON	Pont-y-Pwl	F3539	LADIES	12	4	989	97
115		4526	Rachel LEWIS	Parc Bryn Bach	F4044	LADIES	13	1	988	100
116		1092	Philip HYATT	Caerleon	M5559	MEN	103	7	898	94
117		1070	Jason PRITCHARD	Caerleon	M4044	MEN	104	25	897	76
118		5178	Ieuan KINGSTON	Pont-y-Pwl	M1739	MEN	105	47	896	54
119		3805	Richard BASHAM	Lliswerry	M4549	MEN	106	12	895	89
120		1643	Tom RIDDINGTON	Chepstow	M4044	MEN	107	26	894	75
121		2581	Rhys THOMAS	Griffithstown	M1739	MEN	108	48	893	53
122		3793	Victoria HOBBS	Lliswerry	F1734	LADIES	14	6	987	95
123		4532	Sian PRICE	Parc Bryn Bach	F1734	LADIES	15	7	986	94
124		4064	Russell FINCH	Monmouth	M5054	MEN	109	12	892	89
125		3259	Neil PROFFIT	Islwyn	M1739	MEN	110	49	891	52
126		4547	Ian LINE	Parc Bryn Bach	M4549	MEN	111	13	890	88
127		1088	Peter RODGER	Caerleon	M6064	MEN	112	4	889	97
128		3506	Antoinette DUMAYNE	Lliswerry	F1734	LADIES	16	8	985	93
129		3810	Laura DAVIES	Lliswerry	F1734	LADIES	17	9	984	92
130		2544	Ben JENKINS	Griffithstown	M1739	MEN	113	50	888	51
131		2611	Mark BURCHELL	Griffithstown	M1739	MEN	114	51	887	50
132		3630	Andrew JOHNSON	Lliswerry	M5054	MEN	115	13	886	88
133		4629	Ian DAVIES	Parc Bryn Bach	M5054	MEN	116	14	885	87
134		3285	Martin BUSSELL	Islwyn	M5054	MEN	117	15	884	86
135		4043	Brian EVANS	Monmouth	M4549	MEN	118	14	883	87
136		4111	Alex WILSON	Monmouth	F3539	LADIES	18	5	983	96
137		3613	Tracie WILLIAMS-ROWE	Lliswerry	F4549	LADIES	19	4	982	97
138		5232	Harri LIKE	Pont-y-Pwl	F1734	LADIES	20	10	981	91
139		1511	Danielle SAPSFORD	Chepstow	F3539	LADIES	21	6	980	95
140		3287	James LYNCH	Islwyn	M4044	MEN	119	27	882	74
141		1099	Simon TANG	Caerleon	M1739	MEN	120	52	881	49
142		3675	Ian WHATMOUGH	Lliswerry	M5559	MEN	121	8	880	93
143		3644	Christopher MATTHEWS	Lliswerry	M5054	MEN	122	16	879	85
144		3806	Bob WATSON	Lliswerry	M4549	MEN	123	15	878	86
145		3051	Kelly FELSTEAD	Islwyn	F3539	LADIES	22	7	979	94
146		3151	Kim WEHDEN	Islwyn	M5054	MEN	124	17	877	84
147		3652	David BROWN	Lliswerry	M4044	MEN	125	28	876	73
148		5164	Paul HARVEY	Pont-y-Pwl	M1739	MEN	126	53	875	48
149		4084	Luke FELTON	Monmouth	M1739	MEN	127	54	874	47
150		4661	Neil BEYNON	Parc Bryn Bach	M4549	MEN	128	16	873	85

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151		1116	Gareth	HOWELLS	Caerleon	M1739	MEN	129	55	872	46
152		1671	Katy	ROY	Chepstow	F1734	LADIES	23	11	978	90
153		3551	Keri	JONES	Lliswerry	F4549	LADIES	24	5	977	96
154		3214	Ian	WILLIAMS	Islwyn	M1739	MEN	130	56	871	45
155		2051	Roger	MILLS	Fairwater	M4044	MEN	131	29	870	72
156		1043	Paula	WILLIAMS	Caerleon	F5054	LADIES	25	1	976	100
157		1067	Howard	MASON	Caerleon	M5054	MEN	132	18	869	83
158		2616	Phil	WATERS	Griffithstown	M6064	MEN	133	5	868	96
159		3909	David	PHILLIPS	Lliswerry	M4044	MEN	134	30	867	71
160		4063	Robert	NELSON	Monmouth	M4549	MEN	135	17	866	84
161		2086	Emma	PRICE	Fairwater	F1734	LADIES	26	12	975	89
162		3512	Charlotte	RALPH	Lliswerry	F1734	LADIES	27	13	974	88
163		3717	Nick	DAVIES	Lliswerry	M5054	MEN	136	19	865	82
164		4671	Brian	WILES	Parc Bryn Bach	M5559	MEN	137	9	864	92
165		5546	Neil	WALKER	Usk	M4044	MEN	138	31	863	70
166		4053	Martin	BLAKEBROUGH	Monmouth	M5054	MEN	139	20	862	81
167		1560	Alan	DOBBS	Chepstow	M4044	MEN	140	32	861	69
168		1521	Helen	DUFFIELD	Chepstow	F4044	LADIES	28	2	973	99
169		4612	Gareth	WILLIAMS	Parc Bryn Bach	M5054	MEN	141	21	860	80
170		2049	Rob	SYMONS	Fairwater	M5054	MEN	142	22	859	79
171		3180	Ryan	LAMBETH	Islwyn	M1739	MEN	143	57	858	44
172		2046	Reg	KING	Fairwater	M4549	MEN	144	18	857	83
173		2052	Steve	MORGAN	Fairwater	M4549	MEN	145	19	856	82
174		4534	Anthony	LEWIS	Parc Bryn Bach	M5054	MEN	146	23	855	78
175		5562	Robert	NOON	Usk	M5054	MEN	147	24	854	77
176		4095	Leanne	MEEK	Monmouth	F3539	LADIES	29	8	972	93
177		4090	Jane	BERESFORD	Monmouth	F5054	LADIES	30	2	971	99
178		3266	Nathan	PRIEST	Islwyn	M1739	MEN	148	58	853	43
179		3260	Luke	HURLEY	Islwyn	M1739	MEN	149	59	852	42
180		1523	Jan	MORRIS	Chepstow	F4549	LADIES	31	6	970	95
181		3066	Nic	HOWLS	Islwyn	F3539	LADIES	32	9	969	92
182		1098	Sean	DAVEY	Caerleon	M5054	MEN	150	25	851	76
183		1166	Mark	HISLOP	Caerleon	M5054	MEN	151	26	850	75
184		3720	Nick	PRINGLE	Lliswerry	M5559	MEN	152	10	849	91
185		3596	Sarah	FRANCIS	Lliswerry	F4044	LADIES	33	3	968	98
186		1561	Alex	CARTER	Chepstow	M1739	MEN	153	60	848	41
187		3649	Dave	PROFFITT	Lliswerry	M6064	MEN	154	6	847	95
188		4048	Jeremy	CREASEY	Monmouth	M5054	MEN	155	27	846	74
189		1514	Esther	CALDWELL	Chepstow	F4044	LADIES	34	4	967	97
190		3674	Ian	HARHHY	Lliswerry	M5559	MEN	156	11	845	90
191		4620	James	ASHLEY	Parc Bryn Bach	M4044	MEN	157	33	844	68
192		3236	Steven	PHILLIPS	Islwyn	M4044	MEN	158	34	843	67
193		2577	Peter	WELBIRG	Griffithstown	M6064	MEN	159	7	842	94
194		3606	Stephanie	RHODES	Lliswerry	F3539	LADIES	35	10	966	91
195		4544	David	SMOUT	Parc Bryn Bach	M6569	MEN	160	2	841	99
196		3197	Lee	RICHARDS	Islwyn	M4549	MEN	161	20	840	81
197		2614	Aaron	CARTER	Griffithstown	M4044	MEN	162	35	839	66
198		4596	Cyril	WILLIAMS	Parc Bryn Bach	M6064	MEN	163	8	838	93
199		3324	Lewis	DAVIES-PERCY	Islwyn	M1739	MEN	164	61	837	40
200		3721	Nigel	FOULKES-NOCK	Lliswerry	M4549	MEN	165	21	836	80

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201		5224	Jen WATKINS	Pont-y-Pwl	F1734	LADIES	36	14	965	87
202		3688	Kevin RUSSEL	Lliswerry	M5559	MEN	166	12	835	89
203		4574	Terry VAUGHAN	Parc Bryn Bach	M4044	MEN	167	36	834	65
204		4655	Melissa PEARCE	Parc Bryn Bach	F4549	LADIES	37	7	964	94
205		1066	Grahame VINER	Caerleon	M5559	MEN	168	13	833	88
206		3526	Elinor PHILLIPS	Lliswerry	F1734	LADIES	38	15	963	86
207		1536	Kim CARWARDINE	Chepstow	F1734	LADIES	39	16	962	85
208		1154	Neil WILLIAMS	Caerleon	M5054	MEN	169	28	832	73
209		1109	Matt GOBBETT	Caerleon	M1739	MEN	170	62	831	39
210		3807	Gareth BRUNNOCK	Lliswerry	M1739	MEN	171	63	830	38
211		3921	Oliver HUGHES	Lliswerry	M1739	MEN	172	64	829	37
212		2553	Dennis BRENNAN	Griffithstown	M5559	MEN	173	14	828	87
213		5117	Keith LANGLEY	Pont-y-Pwl	M6064	MEN	174	9	827	92
214		4007	Emma KING	Monmouth	F3539	LADIES	40	11	961	90
215		3727	Paul DAY	Lliswerry	M6569	MEN	175	3	826	98
216		1034	Liz RICHARDS	Caerleon	F5054	LADIES	41	3	960	98
217		5165	Stephen COCORAN	Pont-y-Pwl	M4549	MEN	176	22	825	79
218		1180	Anthony EVANS	Caerleon	M1739	MEN	177	65	824	36
219		3729	Paul HARMES	Lliswerry	M5054	MEN	178	29	823	72
220		2009	Jeanette JENKINS	Fairwater	F5559	LADIES	42	1	959	100
221		3681	Jeremy DICKSON	Lliswerry	M5054	MEN	179	30	822	71
222		2535	Andrew MEANEY	Griffithstown	M5054	MEN	180	31	821	70
223		4613	Kimberley PRICE	Parc Bryn Bach	F3539	LADIES	43	12	958	89
224		4642	Sharon NEWELL	Parc Bryn Bach	F4549	LADIES	44	8	957	93
225		2060	Darren WEAIVING	Fairwater	M4549	MEN	181	23	820	78
226		4621	Helen WILLIAMS	Parc Bryn Bach	F4044	LADIES	45	5	956	96
227		3632	Andy COCKERAM	Lliswerry	M5054	MEN	182	32	819	69
228		1547	Sally GRANT	Chepstow	F4044	LADIES	46	6	955	95
229		5091	Chris CAREY	Pont-y-Pwl	M4549	MEN	183	24	818	77
230		2594	Natalie MEYRICK	Griffithstown	F1734	LADIES	47	17	954	84
231		3566	Marina WRIGHT	Lliswerry	F3539	LADIES	48	13	953	88
232		5221	Shane BAKER	Pont-y-Pwl	M1739	MEN	184	66	817	35
233		3849	Kraig JACKSON	Lliswerry	M1739	MEN	185	67	816	34
234		3728	Paul DURSLEY	Lliswerry	M6064	MEN	186	10	815	91
235		1646	Tim BUCKLEY	Chepstow	M5054	MEN	187	33	814	68
236		4667	Sarah JEREMIAH	Parc Bryn Bach	F4044	LADIES	49	7	952	94
237		1648	Andrew OLIVER	Chepstow	M5054	MEN	188	34	813	67
238		3530	Gayle SHEPPARD	Lliswerry	F4044	LADIES	50	8	951	93
239		2047	Richard BOWIE	Fairwater	M5559	MEN	189	15	812	86
240		4068	Toby WALES	Monmouth	M4549	MEN	190	25	811	76
241		3237	Keith DAVIES	Islwyn	M5559	MEN	191	16	810	85
242		3235	Carl JOHNSON	Islwyn	M4044	MEN	192	37	809	64
243		3100	Aiden DAVIES	Islwyn	M1739	MEN	193	68	808	33
244		3212	Gareth BAKER	Islwyn	M1739	MEN	194	69	807	32
245		1171	Tim SCOTT	Caerleon	M1739	MEN	195	70	806	31
246		3531	Gemma ACREMAN	Lliswerry	F1734	LADIES	51	18	950	83
247		5101	Dean ARNOLD	Pont-y-Pwl	M4549	MEN	196	26	805	75
248		2004	Deb COCKRAM	Fairwater	F5054	LADIES	52	4	949	97
249		3280	Carys-Sian MALARCZYK	Islwyn	F1734	LADIES	53	19	948	82
250		1112	Rebecca ADAMS-SMITH	Caerleon	F3539	LADIES	54	14	947	87

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN & TEAM POINTS	CAT POINTS
251		3196	Hannah DAVIES	Islwyn	F1734	LADIES	55	20	946	81
252		2056	Rob LEWIS	Fairwater	M5054	MEN	197	35	804	66
253		3611	TC GODWIN	Lliswerry	F3539	LADIES	56	15	945	86
254		3225	Phillip JONES	Islwyn	M1739	MEN	198	71	803	30
255		3809	Tom WATKINS	Lliswerry	M1739	MEN	199	72	802	29
256		2082	Leonie ROBERTS	Fairwater	F4044	LADIES	57	9	944	92
257		3919	Randal JONES	Lliswerry	M5559	MEN	200	17	801	84
258		4645	Beth JONES	Parc Bryn Bach	F1734	LADIES	58	21	943	80
259		5179	Jonathan KNIGHT	Pont-y-Pwl	M4549	MEN	201	27	800	74
260		1566	Andy CREBER	Chepstow	M5559	MEN	202	18	799	83
261		4507	Hayley JACKSON	Parc Bryn Bach	F4044	LADIES	59	10	942	91
262		2525	Natalie HERN	Griffithstown	F4549	LADIES	60	9	941	92
263		2075	Kelly CAMERON	Fairwater	F3539	LADIES	61	16	940	85
264		3308	Tony CARRAFA	Islwyn	M4549	MEN	203	28	798	73
265		3693	Mark FAULKNER	Lliswerry	M5559	MEN	204	19	797	82
266		5169	Robert DAVIES	Pont-y-Pwl	M1739	MEN	205	73	796	28
267		5207	Thomas WARWICK	Pont-y-Pwl	M1739	MEN	206	74	795	27
268		3672	Howard ATTWOOD	Lliswerry	M6569	MEN	207	4	794	97
269		4653	Marcus SMITH	Parc Bryn Bach	M4549	MEN	208	29	793	72
270		3528	Ella BOORMAN	Lliswerry	F1734	LADIES	62	22	939	79
271		3794	Joanne JOHNSON	Lliswerry	F5054	LADIES	63	5	938	96
272		5118	Kelvin HENLEY	Pont-y-Pwl	M5054	MEN	209	36	792	65
273		3561	Lisa BATEMAN	Lliswerry	F4549	LADIES	64	10	937	91
274		4103	Emily HARRISON	Monmouth	F1734	LADIES	65	23	936	78
275		2587	Claire SHEPPARD	Griffithstown	F4044	LADIES	66	11	935	90
276		5125	Michael PROBERT	Pont-y-Pwl	M4549	MEN	210	30	791	71
277		2038	Martyn JENKINS	Fairwater	M5559	MEN	211	20	790	81
278		4643	Keri YOUNG	Parc Bryn Bach	F3539	LADIES	67	17	934	84
279		5554	Thomas WILLIAMS	Usk	M5559	MEN	212	21	789	80
280		4065	Stephen BARRATT	Monmouth	M4549	MEN	213	31	788	70
281		4658	Gwyn PALFREY	Parc Bryn Bach	M5054	MEN	214	37	787	64
282		2028	Andrew JAMES	Fairwater	M4044	MEN	215	38	786	63
283		4094	Rebecca FOSTER	Monmouth	F4044	LADIES	68	12	933	89
284		3323	Paul IRVIN	Islwyn	M1739	MEN	216	75	785	26
285		3083	Sara ARNOLD	Islwyn	F4044	LADIES	69	13	932	88
286		3065	Michelle JOHNSON	Islwyn	F1734	LADIES	70	24	931	77
287		5072	Sharon WOODS	Pont-y-Pwl	F5559	LADIES	71	2	930	99
288		1539	Louise CROCKETT	Chepstow	F5054	LADIES	72	6	929	95
289		4105	Ben BURNETT	Monmouth	M4044	MEN	217	39	784	62
290		1528	Jenni BELL	Chepstow	F4044	LADIES	73	14	928	87
291		1054	Andrew TAYLOR	Caerleon	M6064	MEN	218	11	783	90
292		5237	Alex JONES	Pont-y-Pwl	F1734	LADIES	74	25	927	76
293		3243	Cassie JONES	Islwyn	F1734	LADIES	75	26	926	75
294		2608	Paul HANCOX	Griffithstown	M5559	MEN	219	22	782	79
295		2508	Daniela GORMLEY	Griffithstown	F4549	LADIES	76	11	925	90
296		3714	Neil CHIPPER	Lliswerry	M5559	MEN	220	23	781	78
297		4098	Linsey HOLT	Monmouth	F3539	LADIES	77	18	924	83
298		4099	John JENKINS	Monmouth	M7099	MEN	221	1	780	100
299		2565	Mark ROBINS	Griffithstown	M5054	MEN	222	38	779	63
300		3163	Neil PARKER	Islwyn	M4549	MEN	223	32	778	69

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN & TEAM POINTS	CAT POINTS
301		3787	Tim WRIGHT	Lliswerry	M5054	MEN	224	39	777	62
302		3072	Rachel PRANGLEY	Islwyn	F1734	LADIES	78	27	923	74
303		1021	Helen THOMAS	Caerleon	F5559	LADIES	79	3	922	98
304		3853	John STONE	Lliswerry	M4044	MEN	225	40	776	61
305		4593	Delphine JONES	Parc Bryn Bach	F3539	LADIES	80	19	921	82
306		2013	Julie ROCHE	Fairwater	F4549	LADIES	81	12	920	89
307		4654	Delwyn TYLER	Parc Bryn Bach	M1739	MEN	226	76	775	25
308		5048	Marie HURFORD	Pont-y-Pwl	F3539	LADIES	82	20	919	81
309		5168	Ron GODFREY	Pont-y-Pwl	M5559	MEN	227	24	774	77
310		3815	Sarah KEMBREY	Lliswerry	F3539	LADIES	83	21	918	80
311		3234	Nathan RICHARDS	Islwyn	M4044	MEN	228	41	773	60
312		1507	Brenda AVERY	Chepstow	F6599	LADIES	84	1	917	100
313		3274	Matthew TAYLOUR	Islwyn	M1739	MEN	229	77	772	24
314		2017	Liz WALSH	Fairwater	F4044	LADIES	85	15	916	86
315		1506	Berna CANTWELL	Chepstow	F5054	LADIES	86	7	915	94
316		3616	Vicky FEAR	Lliswerry	F3539	LADIES	87	22	914	79
317		2564	Malcolm COX	Griffithstown	M6569	MEN	230	5	771	96
318		1549	Sian GRIFFITH	Chepstow	F4044	LADIES	88	16	913	85
319		3745	Simeon LOLIN	Lliswerry	M4549	MEN	231	33	770	68
320		2053	Tim MURPHY	Fairwater	M5559	MEN	232	25	769	76
321		3208	Darren PRICE	Islwyn	M4044	MEN	233	42	768	59
322		3599	Sarah LAUDER	Lliswerry	F3539	LADIES	89	23	912	78
323		3563	Louise HOWELLS	Lliswerry	F3539	LADIES	90	24	911	77
324		3711	Mike RIDD	Lliswerry	M1739	MEN	234	78	767	23
325		3568	Michelle JOHNSTON	Lliswerry	F3539	LADIES	91	25	910	76
326		3283	Jemma REARDON	Islwyn	F1734	LADIES	92	28	909	73
327		2008	Jane LEWIS	Fairwater	F4549	LADIES	93	13	908	88
328		3829	Chris WATKINS	Lliswerry	M4044	MEN	235	43	766	58
329		3311	Michael KELLY	Islwyn	M1739	MEN	236	79	765	22
330		2003	Bev BRADBURY JONES	Fairwater	F4549	LADIES	94	14	907	87
331		5022	Emma WEAVING	Pont-y-Pwl	F3539	LADIES	95	26	906	75
332		1063	David DAVIES	Caerleon	M5054	MEN	237	40	764	61
333		2012	Julie LEES	Fairwater	F4044	LADIES	96	17	905	84
334		4633	Suzanne TEW	Parc Bryn Bach	F4549	LADIES	97	15	904	86
335		2540	Anthony PHILIPS	Griffithstown	M6064	MEN	238	12	763	89
336		1101	Steve HOUGHTON	Caerleon	M5559	MEN	239	26	762	75
337		3905	Ian McRORY	Lliswerry	M4549	MEN	240	34	761	67
338		3190	Terry LEWIS	Islwyn	M5559	MEN	241	27	760	74
339		3276	Caren PARKER	Islwyn	F4549	LADIES	98	16	903	85
340		4660	Brian EVANS	Parc Bryn Bach	M4549	MEN	242	35	759	66
341		5225	Barry LLEWELYN	Pont-y-Pwl	M5559	MEN	243	28	758	73
342		3198	Sian PEARCE	Islwyn	F3539	LADIES	99	27	902	74
343		5537	Graham SIMPSON	Usk	M5559	MEN	244	29	757	72
344		4632	Lisa COOK	Parc Bryn Bach	F4044	LADIES	100	18	901	83
345		4112	Lucy MACDONALD	Monmouth	F1734	LADIES	101	29	900	72
346		5053	Michele DEAL	Pont-y-Pwl	F5054	LADIES	102	8	899	93
347		4101	Vicky ROBERTS	Monmouth	F1734	LADIES	103	30	898	71
348		3589	Roni MARGERISON	Lliswerry	F4044	LADIES	104	19	897	82
349		4652	Nathan HARPER	Parc Bryn Bach	M1739	MEN	245	80	756	21
350		2067	Mark PROSSER	Fairwater	M4044	MEN	246	44	755	57

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351		1682	Danella WEND	Chepstow	F3539	LADIES	105	28	896	73
352		1546	Roberta HAVERS	Chepstow	F3539	LADIES	106	29	895	72
353		3861	Alison CARTER	Lliswerry	F5054	LADIES	107	9	894	92
354		3706	Michael BONNETT	Lliswerry	M6064	MEN	247	13	754	88
355		4669	Elizabeth BEYNON	Parc Bryn Bach	F4044	LADIES	108	20	893	81
356		5127	Mike BRUNNOCK	Pont-y-Pwl	M5054	MEN	248	41	753	60
357		1029	Karen PAYNE	Caerleon	F4044	LADIES	109	21	892	80
358		4631	Laura HIRE	Parc Bryn Bach	F1734	LADIES	110	31	891	70
359		2591	Lyn KENNEY	Griffithstown	M5559	MEN	249	30	752	71
360		3834	Sonja BREESE	Lliswerry	F4044	LADIES	111	22	890	79
361		3858	Jayne BENTALL	Lliswerry	F4549	LADIES	112	17	889	84
362		3115	Colin DIXON	Islwyn	M6569	MEN	250	6	751	95
363		3796	Moira WOOLLES	Lliswerry	F3539	LADIES	113	30	888	71
364		4651	Kathryn PRICE	Parc Bryn Bach	F4549	LADIES	114	18	887	83
365		3195	Anne RICE-JONES	Islwyn	F5054	LADIES	115	10	886	91
366		4501	Alison HOLTON	Parc Bryn Bach	F4549	LADIES	116	19	885	82
367		3850	Daniel LANE	Lliswerry	M4044	MEN	251	45	750	56
368		3646	Clive CARTER	Lliswerry	M6064	MEN	252	14	749	87
369		1126	Michelle CLABON	Caerleon	F5054	LADIES	117	11	884	90
370		5080	Zoe ELVER	Pont-y-Pwl	F4549	LADIES	118	20	883	81
371		3651	Dave WESTLEY	Lliswerry	M5559	MEN	253	31	748	70
372		3052	Kelly JACKA	Islwyn	F3539	LADIES	119	31	882	70
373		1119	Eddie McDAID	Caerleon	M6064	MEN	254	15	747	86
374		1520	Helen CLANCY	Chepstow	F5054	LADIES	120	12	881	89
375		3659	Desmond JONES	Lliswerry	M4044	MEN	255	46	746	55
376		4510	Jillian MATTHEWS	Parc Bryn Bach	F6064	LADIES	121	1	880	100
377		1179	Michael TASKER	Caerleon	M4549	MEN	256	36	745	65
378		3244	Lisa DAVIES	Islwyn	F4044	LADIES	122	23	879	78
379		3614	Tracy BURTON	Lliswerry	F5559	LADIES	123	4	878	97
380		2596	Keren BEARD	Griffithstown	F4549	LADIES	124	21	877	80
381		5229	Anne BEARD	Pont-y-Pwl	F5054	LADIES	125	13	876	88
382		1524	Jane BAYLISS	Chepstow	F6064	LADIES	126	2	875	99
383		4564	Richard CREW	Parc Bryn Bach	M1739	MEN	257	81	744	20
384		5222	Alun JONES	Pont-y-Pwl	M5054	MEN	258	42	743	59
385		3054	Kirsty HOLTHAM-MORGAN	Islwyn	F3539	LADIES	127	32	874	69
386		1036	Mary SCOURFIELD	Caerleon	F4549	LADIES	128	22	873	79
387		3510	Ceri DONOVAN	Lliswerry	F4549	LADIES	129	23	872	78
388		4630	Teresa DAVIES	Parc Bryn Bach	F4549	LADIES	130	24	871	77
389		5236	Claire ORFORD	Pont-y-Pwl	F3539	LADIES	131	33	870	68
390		5055	Michelle GOOCH	Pont-y-Pwl	F5054	LADIES	132	14	869	87
391		3798	Trudy HURFORD	Lliswerry	F4044	LADIES	133	24	868	77
392		3840	Jonathan KENDALL	Lliswerry	M4549	MEN	259	37	742	64
393		2088	Amy RAPPELL	Fairwater	F1734	LADIES	134	32	867	69
394		1160	Carl PUGH	Caerleon	M5054	MEN	260	43	741	58
395		3876	Gaynor LUGG	Lliswerry	F5054	LADIES	135	15	866	86
396		1138	Anthony DERRICK	Caerleon	M4549	MEN	261	38	740	63
397		3580	Pam GRANTHAM	Lliswerry	F5054	LADIES	136	16	865	85
398		5167	Ceri CREWE	Pont-y-Pwl	F4044	LADIES	137	25	864	76
399		1137	Anna HERRON	Caerleon	F3539	LADIES	138	34	863	67
400		4097	Leah MORRIS	Monmouth	F1734	LADIES	139	33	862	68

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401		2597	Richard COOK	Griffithstown	M1739	MEN	262	82	739	19
402		1508	Carol DUNSBEE	Chepstow	F4549	LADIES	140	25	861	76
403		1503	Anne JENNER	Chepstow	F5559	LADIES	141	5	860	96
404		3157	Mark DUDDRIDGE	Islwyn	M1739	MEN	263	83	738	18
405		3123	Dean LITTLE	Islwyn	M1739	MEN	264	84	737	17
406		3740	Robert TUDHOPE	Lliswerry	M4044	MEN	265	47	736	54
407		1587	Geoffrey BAYLISS	Chepstow	M7099	MEN	266	2	735	99
408		3628	Andrew BARRY	Lliswerry	M5559	MEN	267	32	734	69
409		1163	Michelle HUGHES	Caerleon	F1734	LADIES	142	34	859	67
410		2606	Emma SMITH	Griffithstown	F4549	LADIES	143	26	858	75
411		3061	Louise SADLER	Islwyn	F4044	LADIES	144	26	857	75
412		4637	Alexandra THOMAS	Parc Bryn Bach	F1734	LADIES	145	35	856	66
413		3126	Erik MOONS	Islwyn	M4549	MEN	268	39	733	62
414		3295	Denise JONES	Islwyn	F5054	LADIES	146	17	855	84
415		3857	Sarah BENT	Lliswerry	F4044	LADIES	147	27	854	74
416		1024	Jo DAVISS	Caerleon	F4549	LADIES	148	27	853	74
417		1111	Vanessa PRITCHARD	Caerleon	F4044	LADIES	149	28	852	73
418		1164	Samantha HOWELLS	Caerleon	F4044	LADIES	150	29	851	72
419		1134	Sally SEIGNOT	Caerleon	F4044	LADIES	151	30	850	71
420		1150	Rachel MORGAN	Caerleon	F4549	LADIES	152	28	849	73
421		3221	Lynne CARTER	Islwyn	F4549	LADIES	153	29	848	72
422		3641	Chris GENTLE	Lliswerry	M4549	MEN	269	40	732	61
423		3825	Jackie DAVIDGE	Lliswerry	F5054	LADIES	154	18	847	83
424		3033	Helen DAVIES	Islwyn	F5054	LADIES	155	19	846	82
425		3924	Scott STOKES	Lliswerry	M1739	MEN	270	85	731	16
426		1142	Jane DERRICK	Caerleon	F3539	LADIES	156	35	845	66
427		2034	John FRY	Fairwater	M7099	MEN	271	3	730	98
428		3322	Karolyn MORGAN	Islwyn	F4549	LADIES	157	30	844	71
429		2515	Helen DESMOND	Griffithstown	F5054	LADIES	158	20	843	81
430		2531	Wendy REES	Griffithstown	F5559	LADIES	159	6	842	95
431		3273	Rhianne WILLIAMS	Islwyn	F3539	LADIES	160	36	841	65
432		3553	Laura RENDELL	Lliswerry	F1734	LADIES	161	36	840	65
433		3687	Keith JAMES	Lliswerry	M4044	MEN	272	48	729	53
434		3638	Carl ELLIOTT	Lliswerry	M7099	MEN	273	4	728	97
435		2615	Nikki HANCOX	Griffithstown	F4549	LADIES	162	31	839	70
436		3527	Elizabeth PARKER	Lliswerry	F4044	LADIES	163	31	838	70
437		3539	Jodie PONTIN	Lliswerry	F3539	LADIES	164	37	837	64
438		3768	Mei CHEUNG	Lliswerry	F4044	LADIES	165	32	836	69
439		3263	William LEWIS	Islwyn	M6064	MEN	274	16	727	85
440		3246	Lisa CHAPLIN	Islwyn	F3539	LADIES	166	38	835	63
441		3321	Lisa STOREY	Islwyn	F4549	LADIES	167	32	834	69
442		2084	Peter COLBOURNE	Fairwater	M4549	MEN	275	41	726	60
443		3252	Elizabeth JONES	Islwyn	F4549	LADIES	168	33	833	68
444		3923	Dave BATEMAN	Lliswerry	M5054	MEN	276	44	725	57
445		3577	Nicola MURRAY	Lliswerry	F5054	LADIES	169	21	832	80
446		5226	Karen LLEWELYN	Pont-y-Pwl	F5559	LADIES	170	7	831	94
447		4032	Sian BURNS	Monmouth	F5054	LADIES	171	22	830	79
448		5190	Pam WILLIAMS	Pont-y-Pwl	F5559	LADIES	172	8	829	93
449		3686	Keith ANDERSON	Lliswerry	M5559	MEN	277	33	724	68
450		2085	Sarah Jane KELLAND	Fairwater	F1734	LADIES	173	37	828	64

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451		2604	Jenny BRADFIELD	Griffithstown	F4044	LADIES	174	33	827	68
452		3618	Yvonne FORSEY	Lliswerry	F5559	LADIES	175	9	826	92
453		2605	Karen JAMES	Griffithstown	F4044	LADIES	176	34	825	67
454		3540	Julie DAVIES	Lliswerry	F5054	LADIES	177	23	824	78
455		3836	Julia GROOMBRIDGE	Lliswerry	F5054	LADIES	178	24	823	77
456		4644	Johanna WILES	Parc Bryn Bach	F5054	LADIES	179	25	822	76
457		2609	Frances BRENNAN-DAVIES	Griffithstown	F4044	LADIES	180	35	821	66
458		2076	Linda COLBOURNE	Fairwater	F4044	LADIES	181	36	820	65
459		4648	Samantha GEORGE	Parc Bryn Bach	F3539	LADIES	182	39	819	62
460		3705	Mervyn WEIGHTMAN-BENT	Lliswerry	M5559	MEN	278	34	723	67
461		3524	Eleanor JOHNSTON	Lliswerry	F3539	LADIES	183	40	818	61
462		3193	Andrea THOMAS	Islwyn	F4044	LADIES	184	37	817	64
463		4668	Susan GRAY	Parc Bryn Bach	F4549	LADIES	185	34	816	67
464		4029	Sally WILLIAMS	Monmouth	F4549	LADIES	186	35	815	66
465		3012	Cheryl FRANCIS	Islwyn	F3539	LADIES	187	41	814	60
466		3558	Linda DURSLEY	Lliswerry	F5559	LADIES	188	10	813	91
467		4638	Caroline MATTHEWS	Parc Bryn Bach	F4549	LADIES	189	36	812	65
468		5194	Sarah HIRONS	Pont-y-Pwl	F3539	LADIES	190	42	811	59
469		4113	Debby BLAKEBROUGH	Monmouth	F5054	LADIES	191	26	810	75
470		4006	Diane SMITH	Monmouth	F6064	LADIES	192	3	809	98
471		3571	Morwenna PHILLIPS	Lliswerry	F1734	LADIES	193	38	808	63
472		4086	Nicola PARKER	Monmouth	F3539	LADIES	194	43	807	58
473		1008	Charlotte LEIGH	Caerleon	F3539	LADIES	195	44	806	57
474		2087	Sammi BULLEY	Fairwater	F3539	LADIES	196	45	805	56
475		3044	Juli WILLIAMS	Islwyn	F4549	LADIES	197	37	804	64
476		3218	Kate CARDWELL	Islwyn	F4549	LADIES	198	38	803	63
477		2021	Sheree MANN	Fairwater	F5054	LADIES	199	27	802	74
478		1153	Maddy CLABON	Caerleon	F1734	LADIES	200	39	801	62
479		1131	Claire ORFORD	Caerleon	F4044	LADIES	201	38	800	63
480		3925	Roger GODWIN	Lliswerry	M4549	MEN	279	42	722	59
481		4003	Carol Anne USHER	Monmouth	F5054	LADIES	202	28	799	73
482		2593	Lena EVANS	Griffithstown	F5054	LADIES	203	29	798	72
483		1501	Amanda RAMSHAW	Chepstow	F4044	LADIES	204	39	797	62
484		3800	Megan SMITH	Lliswerry	F4549	LADIES	205	39	796	62
485		1679	Lynne BUCKLEY	Chepstow	F5054	LADIES	206	30	795	71
486		4038	Trish BICKNELL	Monmouth	F5054	LADIES	207	31	794	70
487		4114	Lyndsey BROWN	Monmouth	F5559	LADIES	208	11	793	90
488		3307	Clare BARRETT	Islwyn	F3539	LADIES	209	46	792	55
489		3570	Michelle UNSWORTH	Lliswerry	F5054	LADIES	210	32	791	69
490		3509	Celia MARSH	Lliswerry	F3539	LADIES	211	47	790	54
491		1663	Lyndsay PATTERSON	Chepstow	F1734	LADIES	212	40	789	61
492		1586	Geoff CRAM	Chepstow	M7099	MEN	280	5	721	96
493		3826	Lisa NICHOLS	Lliswerry	F4549	LADIES	213	40	788	61
494		3821	Janine LANE	Lliswerry	F3539	LADIES	214	48	787	53
495		3837	Maria ATKIN	Lliswerry	F4549	LADIES	215	41	786	60
496		3223	Nicola RICHARDS	Islwyn	F4044	LADIES	216	40	785	61
497		3319	Jo HARRIS	Islwyn	F3539	LADIES	217	49	784	52
498		3286	Jane HAWKESFORD	Islwyn	F4044	LADIES	218	41	783	60
499		3541	Julie GIBSON	Lliswerry	F5054	LADIES	219	33	782	68
500		2024	Suzanne WILLIAMS	Fairwater	F5054	LADIES	220	34	781	67

CONFIRMED RESULTS

**GLCL 2017 ROAD RACE SERIES
RACE 4 of 5
PONTYPOOL 4th JULY 2017**

CORRECTED/UPDATED
10:24
09/07/2017

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN & TEAM POINTS	CAT POINTS
501		3045	Julie LEWIS	Islwyn	F4549	LADIES	221	42	780	59
502		3838	Debbie MORAN	Lliswerry	F4549	LADIES	222	43	779	58
503		2532	Yvonne WALKER	Griffithstown	F6599	LADIES	223	2	778	99
504		1641	Syd WHEELER	Chepstow	M7099	MEN	281	6	720	95
505		3903	Ryland LLOYD	Lliswerry	M4044	MEN	282	49	719	52
506		3008	Angela PRICE	Islwyn	F4044	LADIES	224	42	777	59
507		3270	Emily Jayne WELSH	Islwyn	F3539	LADIES	225	50	776	51
508		3281	Michelle OWEN	Islwyn	F3539	LADIES	226	51	775	50
509		3325	Christina MORRIS	Islwyn	F1734	LADIES	227	41	774	60
510		3317	Karen DUMMETT	Islwyn	F4549	LADIES	228	44	773	57
511		3292	Jaye PRICE	Islwyn	F1734	LADIES	229	42	772	59

Race 4 of 5
PONTYPOOL
4th July

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	42	M1739	85
F3539	51	M4044	49
F4044	42	M4549	42
F4549	44	M5054	44
F5054	34	M5559	34
F5559	11	M6064	16
F6064	3	M6569	6
F6599	2	M7099	6
LADIES TOTAL	229	MENS TOTAL	282

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	18	26	44
CHEPSTOW	23	23	46
FAIRWATER	16	18	34
GRIFFITHSTOWN	14	20	34
ISLWYN	39	41	80
LLISWERRY	55	64	119
MONMOUTH	18	15	33
PARC BRYN BACH	26	39	65
PONTYPOOL	20	32	52
USK	0	4	4
TOTAL	229	282	511

RACE 4 of 5

PONTYPOOL 4th JULY 2017

TEAM RESULTS

<u>MALE "A" TEAM</u>				<u>FEMALE "A" TEAM</u>					
	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		
1	LLISWERRY	10	9728	10	1	PONT-Y-PWL	6	5952	10
2	PARC BRYN BACH	10	9726	9	2	LLISWERRY	6	5939	9
3	PONT-Y-PWL	10	9687	8	3	PARC BRYN BACH	6	5892	8
4	CHEPSTOW	10	9685	7	4	CHEPSTOW	6	5885	7
5	ISLWYN	10	9539	6	5	MONMOUTH	6	5756	6
6	GRIFFITHSTOWN	10	9383	5	6	ISLWYN	6	5705	5
7	CAERLEON	10	9216	4	7	FAIRWATER	6	5687	4
8	MONMOUTH	10	9069	3	8	CAERLEON	6	5581	3
9	FAIRWATER	10	8993	2	9	GRIFFITHSTOWN	6	5490	2
10	USK	4	3263	1	10	USK	0	0	0

<u>MALE TEAM "B&C" TEAM</u>				<u>FEMALE TEAM "B&C" TEAM</u>					
	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>		
1	PARC BRYN BACH(B)	10	9257	20	1	LLISWERRY(B)	6	5830	20
2	LLISWERRY(B)	10	9021	19	2	PARC BRYN BACH(B)	6	5684	19
3	PONT-Y-PWL(B)	10	8948	18	3	LLISWERRY(C)	6	5676	18
4	ISLWYN(B)	10	8792	17	4	CHEPSTOW(B)	6	5658	17
5	PARC BRYN BACH(C)	10	8781	16	5	PONT-Y-PWL(B)	6	5546	16
6	CHEPSTOW(B)	10	8673	15	6	ISLWYN(B)	6	5449	15
7	LLISWERRY(C)	10	8479	14	7	PARC BRYN BACH(C)	6	5397	14
8	CAERLEON(B)	10	8351	13	8	CHEPSTOW(C)	6	5375	13
9	ISLWYN(C)	10	8140	12	9	FAIRWATER(B)	6	5331	12
10	PONT-Y-PWL(C)	10	7946	11	10	MONMOUTH(B)	6	5229	11
11	GRIFFITHSTOWN(B)	10	7916	10	11	ISLWYN(C)	6	5195	10
12	FAIRWATER(B)	8	6172	9	12	PONT-Y-PWL(C)	6	5193	9
13	CAERLEON(C)	6	4499	8	13	CAERLEON(B)	6	5151	8
14	MONMOUTH(B)	5	4009	7	14	GRIFFITHSTOWN(B)	6	4997	7
15	CHEPSTOW(C)	3	2176	6	15	CAERLEON(C)	6	4951	6
	FAIRWATER(C)	0	0	0	16	MONMOUTH(C)	6	4812	5
	GRIFFITHSTOWN(C)	0	0	0	17	FAIRWATER(C)	4	3208	4
	MONMOUTH(C)	0	0	0	18	GRIFFITHSTOWN(C)	2	1576	3
	USK(B)	0	0	0		USK(B)	0	0	0
	USK(C)	0	0	0		USK(C)	0	0	0