

CONFIRMED RESULTS

**GLCL 2017 ROAD RACE SERIES
RACE 1 of 5
PARC BRYN BACH 2nd MAY 2017**

UPDATED / CORRECTED
11:03
06/05/2017

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	gender & team points	category points
1		4555	Lee	AHERNE	Parc Bryn Bach	M5054	MEN	1	1000	100
2		3715	Neil	EVANS	Lliswerry	M1739	MEN	2	999	100
3		4568	Sam	LEWIS-JONES	Parc Bryn Bach	M1739	MEN	3	998	99
4		2588	Mark	MOGFORD	Griffithstown	M1739	MEN	4	997	98
5		3684	Jon	BELCHER	Lliswerry	M4044	MEN	5	996	100
6		5136	Paul	WHITE	Pont-y-Pwl	M1739	MEN	6	995	97
7		4573	Stephen	MATHERS	Parc Bryn Bach	M1739	MEN	7	994	96
8		1621	Paul	MURRIN	Chepstow	M4044	MEN	8	993	99
9		2603	Gareth	JONES	Griffithstown	M1739	MEN	9	992	95
10		1600	Karie	ATKINS	Chepstow	M4044	MEN	10	991	98
11		5085	Andrew	LEE	Pont-y-Pwl	M4044	MEN	11	990	97
12		3725	Paul	BRUTON	Lliswerry	M4044	MEN	12	989	96
13		5141	Richard	JOHNSON	Pont-y-Pwl	M4044	MEN	13	988	95
14		3152	Lee	MILLS	Islwyn	M4044	MEN	14	987	94
15		3822	David	JACOB	Lliswerry	M1739	MEN	15	986	94
16		4601	Gavin	PATTERSON	Parc Bryn Bach	M1739	MEN	16	985	93
17		1533	Katherine	MATTHEWS	Chepstow	F3539	LADIES	1	1000	100
18		3712	Miles	THOMAS	Lliswerry	M1739	MEN	17	984	92
19		3119	Dafydd	LAMBETH	Islwyn	M4044	MEN	18	983	93
20		3833	Ieuan	SMITH	Lliswerry	M1739	MEN	19	982	91
21		4077	Alice	TAYLOR	Monmouth	F1734	LADIES	2	999	100
22		4042	Allan	MEEK	Monmouth	M5054	MEN	20	981	99
23		4571	Simon	LEWIS	Parc Bryn Bach	M5054	MEN	21	980	98
24		3918	John	BEVAN	Lliswerry	M1739	MEN	22	979	90
25		4541	Damian	WILLIAMS	Parc Bryn Bach	M5054	MEN	23	978	97
26		4608	Michael	COPE	Parc Bryn Bach	M4044	MEN	24	977	92
27		4577	Lauren	COOPER	Parc Bryn Bach	F1734	LADIES	3	998	99
28		3676	James	PEARCE	Lliswerry	M4044	MEN	25	976	91
29		1561	Alex	CARTER	Chepstow	M1739	MEN	26	975	89
30		5113	Iestyn	RHODES	Pont-y-Pwl	M1739	MEN	27	974	88
31		4641	Terry Lee	WATKINS	Parc Bryn Bach	M4044	MEN	28	973	90
32		1617	Paul	DODD	Chepstow	M5559	MEN	29	972	100
33		5195	Dave	RICHARDSON	Pont-y-Pwl	M1739	MEN	30	971	87
34		3759	Tom	BLAND	Lliswerry	M1739	MEN	31	970	86
35		1609	Martyn	WINSER	Chepstow	M1739	MEN	32	969	85
36		3760	Tom	HENRY	Lliswerry	M1739	MEN	33	968	84
37		5140	Ricci	WATTS	Pont-y-Pwl	M1739	MEN	34	967	83
38		4542	Darryl	COOK	Parc Bryn Bach	M1739	MEN	35	966	82
39		1097	Rob	BICKEL	Caerleon	M4044	MEN	36	965	89
40		1599	Jonathan	CARTER	Chepstow	M4549	MEN	37	964	100
41		1606	Mark	HARVEY(jnr)	Chepstow	M1739	MEN	38	963	81
42		1649	Toby	GARRATT	Chepstow	M1739	MEN	39	962	80
43		1093	Rhys	KNIGHT	Caerleon	M1739	MEN	40	961	79
44		3159	Martin	JONES	Islwyn	M4044	MEN	41	960	88
45		3167	Paul	HAYWARD	Islwyn	M1739	MEN	42	959	78
46		3733	Phil	BOORMAN	Lliswerry	M4549	MEN	43	958	99
47		3192	Matthew	PIZEY	Islwyn	M4044	MEN	44	957	87
48		4598	Jonathon	ASTLEY	Parc Bryn Bach	M1739	MEN	45	956	77
49		4075	Robert	NICHOLLS	Monmouth	M1739	MEN	46	955	76
50		5149	Simon	FAIRCLOUGH	Pont-y-Pwl	M1739	MEN	47	954	75

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51		5081	Adrian WOODS	Pont-y-Pwl	M5559	MEN	48	2	953	99
52		3847	Nicky COLLIN	Lliswerry	F1734	LADIES	4	3	997	98
53		3723	Oliver HARRIS	Lliswerry	M1739	MEN	49	27	952	74
54		5137	Peter TOWNSEND	Pont-y-Pwl	M1739	MEN	50	28	951	73
55		1542	Niki MORGAN	Chepstow	F5054	LADIES	5	1	996	100
56		4597	Stephen WILLIAMS	Parc Bryn Bach	M5559	MEN	51	3	950	98
57		4589	Stephen CARTER	Parc Bryn Bach	M4549	MEN	52	3	949	98
58		3852	Jack ROWLANDS	Lliswerry	M1739	MEN	53	29	948	72
59		1579	Dave SOMERSALL	Chepstow	M4549	MEN	54	4	947	97
60		1631	Rob BEVES	Chepstow	M5054	MEN	55	5	946	96
61		5192	Faye JOHNSON	Pont-y-Pwl	F1734	LADIES	6	4	995	97
62		5227	James KEMP	Pont-y-Pwl	M1739	MEN	56	30	945	71
63		3187	Steve LANE	Islwyn	M4044	MEN	57	15	944	86
64		2560	Jonathan SLICZNY	Griffithstown	M1739	MEN	58	31	943	70
65		3844	Mike CLEAVER	Lliswerry	M4044	MEN	59	16	942	85
66		3804	Daniel REILLY	Lliswerry	M1739	MEN	60	32	941	69
67		4046	George SMITH	Monmouth	M4044	MEN	61	17	940	84
68		4523	Nichola GETHING	Parc Bryn Bach	F4549	LADIES	7	1	994	100
69		3711	Mike RIDD	Lliswerry	M1739	MEN	62	33	939	68
70		1611	Matthew LAWSON	Chepstow	M4549	MEN	63	5	938	96
71		5104	Gareth DAVIES	Pont-y-Pwl	M1739	MEN	64	34	937	67
72		3506	Antoinette DUMAYNE	Lliswerry	F1734	LADIES	8	5	993	96
73		2061	Simon BURNS	Fairwater	M1739	MEN	65	35	936	66
74		3805	Richard BASHAM	Lliswerry	M4549	MEN	66	6	935	95
75		4505	Danielle PHILLIPS	Parc Bryn Bach	F1734	LADIES	9	6	992	95
76		4609	Jamie HOWELLS	Parc Bryn Bach	M1739	MEN	67	36	934	65
77		5214	Nathan KERSLEY	Pont-y-Pwl	M1739	MEN	68	37	933	64
78		2065	Steve DREWITT	Fairwater	M1739	MEN	69	38	932	63
79		4043	Brian EVANS	Monmouth	M4549	MEN	70	7	931	94
80		4064	Russell FINCH	Monmouth	M5054	MEN	71	6	930	95
81		2547	Colin WILMOTT	Griffithstown	M5559	MEN	72	4	929	97
82		4590	Matthew TRINDER	Parc Bryn Bach	M1739	MEN	73	39	928	62
83		1155	Kevin DUPE	Caerleon	M5054	MEN	74	7	927	94
84		3586	Rebecca ROTHWELL	Lliswerry	F1734	LADIES	10	7	991	94
85		4583	Ian KENT	Parc Bryn Bach	M1739	MEN	75	40	926	61
86		1548	Sarah BELL	Chepstow	F3539	LADIES	11	2	990	99
87		3726	Paul CHICK	Lliswerry	M4549	MEN	76	8	925	93
88		4626	Joshua CASHELL	Parc Bryn Bach	M1739	MEN	77	41	924	60
89		5084	Andrew DICKENS	Pont-y-Pwl	M4549	MEN	78	9	923	92
90		1068	Ian DAVIES	Caerleon	M4549	MEN	79	10	922	91
91		5216	Lisa GRIFFIN	Pont-y-Pwl	F3539	LADIES	12	3	989	98
92		1096	Richard PERRY	Caerleon	M1739	MEN	80	42	921	59
93		1630	Rob HOOK	Chepstow	M5054	MEN	81	8	920	93
94		1525	Jane HORLER	Chepstow	F4549	LADIES	13	2	988	99
95		1643	Tom RIDDINGTON	Chepstow	M4044	MEN	82	18	919	83
96		1073	Keith GITTINS	Caerleon	M5559	MEN	83	5	918	96
97		5154	Steve HARRHY	Pont-y-Pwl	M5054	MEN	84	9	917	92
98		3122	David WATERS	Islwyn	M4044	MEN	85	19	916	82
99		5066	Samantha TOOP	Pont-y-Pwl	F3539	LADIES	14	4	987	97
100		4559	Neil LLOYD	Parc Bryn Bach	M6064	MEN	86	1	915	100

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101		3186	Steve DURY	Islwyn	M4044	MEN	87	20	914	81
102		2037	Lee HAMMOND	Fairwater	M4044	MEN	88	21	913	80
103		3595	Sandra CHIPPER	Lliswerry	F4549	LADIES	15	3	986	98
104		1070	Jason PRITCHARD	Caerleon	M4044	MEN	89	22	912	79
105		4557	Martin CHAMMINGS	Parc Bryn Bach	M1739	MEN	90	43	911	58
106		4634	Michael MATTHEWS	Parc Bryn Bach	M4549	MEN	91	11	910	90
107		3099	Ade WHITE	Islwyn	M5054	MEN	92	10	909	91
108		2602	Richard ROBERTS	Griffithstown	M1739	MEN	93	44	908	57
109		1637	Stephen OWEN	Chepstow	M6064	MEN	94	2	907	99
110		5093	Chris O'BRIEN	Pont-y-Pwl	M4044	MEN	95	23	906	78
111		3855	Owen DAVIES	Lliswerry	M1739	MEN	96	45	905	56
112		5157	John BARNE	Pont-y-Pwl	M4044	MEN	97	24	904	77
113		1088	Peter RODGER	Caerleon	M6064	MEN	98	3	903	98
114		3793	Victoria HOBBS	Lliswerry	F1734	LADIES	16	8	985	93
115		3316	Andrew LAWRENCE	Islwyn	M1739	MEN	99	46	902	55
116		1537	Lisa JEFFREY	Chepstow	F4549	LADIES	17	4	984	97
117		3762	Tony FIDO	Lliswerry	M6064	MEN	100	4	901	97
118		4620	James ASHLEY	Parc Bryn Bach	M4044	MEN	101	25	900	76
119		3643	Christopher JONES	Lliswerry	M5559	MEN	102	6	899	95
120		4526	Rachel LEWIS	Parc Bryn Bach	F4044	LADIES	18	1	983	100
121		3644	Christopher MATTHEWS	Lliswerry	M5054	MEN	103	11	898	90
122		1615	Neil GRANT	Chepstow	M6569	MEN	104	1	897	100
123		5102	Dimitri VORRÉS	Pont-y-Pwl	M5054	MEN	105	12	896	89
124		4566	Richard SHEEHY	Parc Bryn Bach	M1739	MEN	106	47	895	54
125		5041	Lisa ERICKSON	Pont-y-Pwl	F3539	LADIES	19	5	982	96
126		1567	Andy OST	Chepstow	M1739	MEN	107	48	894	53
127		3160	Michael BUNSTON	Islwyn	M4549	MEN	108	12	893	89
128		4100	Allan MATTHEWS	Monmouth	M5054	MEN	109	13	892	88
129		3259	Neil PROFFIT	Islwyn	M1739	MEN	110	49	891	52
130		4079	Laura GREY	Monmouth	F3539	LADIES	20	6	981	95
131		1076	Michael REEVES	Caerleon	M1739	MEN	111	50	890	51
132		4588	Matthew ELLIS	Parc Bryn Bach	M1739	MEN	112	51	889	50
133		3551	Keri JONES	Lliswerry	F4549	LADIES	21	5	980	96
134		4624	Robert GALE	Parc Bryn Bach	M1739	MEN	113	52	888	49
135		4629	Ian DAVIES	Parc Bryn Bach	M5054	MEN	114	14	887	87
136		3854	Tom ATKIN	Lliswerry	M1739	MEN	115	53	886	48
137		1113	Lloyd HUGHES	Caerleon	M1739	MEN	116	54	885	47
138		3214	Ian WILLIAMS	Islwyn	M1739	MEN	117	55	884	46
139		4580	James THOMAS	Parc Bryn Bach	M1739	MEN	118	56	883	45
140		4063	Robert NELSON	Monmouth	M4549	MEN	119	13	882	88
141		3674	Ian HARHYY	Lliswerry	M5559	MEN	120	7	881	94
142		3730	Paul HARRIS	Lliswerry	M5054	MEN	121	15	880	86
143		1064	Gareth HART	Caerleon	M4549	MEN	122	14	879	87
144		4044	David MATHER	Monmouth	M5054	MEN	123	16	878	85
145		1511	Danielle SAPSFORD	Chepstow	F3539	LADIES	22	7	979	94
146		3185	Simon PETERSON	Islwyn	M4549	MEN	124	15	877	86
147		1671	Katy ROY	Chepstow	F1734	LADIES	23	9	978	92
148		5541	Jon HANCOCK	Usk	M6064	MEN	125	5	876	96
149		4547	Ian LINE	Parc Bryn Bach	M4549	MEN	126	16	875	85
150		3512	Charlotte RALPH	Lliswerry	F1734	LADIES	24	10	977	91

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151		3599	Sarah LAUDER	Lliswerry	F3539	LADIES	25	8	976	93
152		3287	James LYNCH	Islwyn	M4044	MEN	127	26	874	75
153		3721	Nigel FOULKES-NOCK	Lliswerry	M4549	MEN	128	17	873	84
154		3806	Bob WATSON	Lliswerry	M4549	MEN	129	18	872	83
155		4635	Samuel JACKSON	Parc Bryn Bach	M1739	MEN	130	57	871	44
156		3675	Ian WHATMOUGH	Lliswerry	M5559	MEN	131	8	870	93
157		5164	Paul HARVEY	Pont-y-Pwl	M1739	MEN	132	58	869	43
158		1116	Gareth HOWELLS	Caerleon	M1739	MEN	133	59	868	42
159		4053	Martin BLAKEBROUGH	Monmouth	M5054	MEN	134	17	867	84
160		4532	Sian PRICE	Parc Bryn Bach	F1734	LADIES	26	11	975	90
161		1523	Jan MORRIS	Chepstow	F4549	LADIES	27	6	974	95
162		3739	Rob DAVIES	Lliswerry	M4549	MEN	135	19	866	82
163		3150	Kerry PRICE	Islwyn	M5559	MEN	136	9	865	92
164		4050	Kirk HILL	Monmouth	M4549	MEN	137	20	864	81
165		3053	Kelly WALL	Islwyn	F1734	LADIES	28	12	973	89
166		1154	Neil WILLIAMS	Caerleon	M5054	MEN	138	18	863	83
167		1646	Tim BUCKLEY	Chepstow	M5054	MEN	139	19	862	82
168		4574	Terry VAUGHAN	Parc Bryn Bach	M4044	MEN	140	27	861	74
169		3236	Steven PHILLIPS	Islwyn	M4044	MEN	141	28	860	73
170		4090	Jane BERESFORD	Monmouth	F5054	LADIES	29	2	972	99
171		5178	Ieuan KINGSTON	Pont-y-Pwl	M1739	MEN	142	60	859	41
172		4617	Darran KIPPEST	Parc Bryn Bach	M4044	MEN	143	29	858	72
173		1066	Grahame VINER	Caerleon	M5559	MEN	144	10	857	91
174		3066	Nic HOWLS	Islwyn	F3539	LADIES	30	9	971	92
175		1156	Matt TOOBY	Caerleon	M1739	MEN	145	61	856	40
176		1166	Mark HISLOP	Caerleon	M5054	MEN	146	20	855	81
177		2074	Maixent GAILLARD	Fairwater	M4044	MEN	147	30	854	71
178		4068	Toby WALES	Monmouth	M4549	MEN	148	21	853	80
179		2577	Peter WELBIRG	Griffithstown	M6064	MEN	149	6	852	95
180		3197	Lee RICHARDS	Islwyn	M4549	MEN	150	22	851	79
181		5082	Alistair CUMMINGS	Pont-y-Pwl	M1739	MEN	151	62	850	39
182		4612	Gareth WILLIAMS	Parc Bryn Bach	M5054	MEN	152	21	849	80
183		1043	Paula WILLIAMS	Caerleon	F5054	LADIES	31	3	970	98
184		2049	Rob SYMONS	Fairwater	M5054	MEN	153	22	848	79
185		4095	Leanne MEEK	Monmouth	F3539	LADIES	32	10	969	91
186		2611	Mark BURCHELL	Griffithstown	M1739	MEN	154	63	847	38
187		1648	Andrew OLIVER	Chepstow	M5054	MEN	155	23	846	78
188		3740	Robert TUDHOPE	Lliswerry	M4044	MEN	156	31	845	70
189		3630	Andrew JOHNSON	Lliswerry	M5054	MEN	157	24	844	77
190		3596	Sarah FRANCIS	Lliswerry	F4044	LADIES	33	2	968	99
191		4067	Stuart KRAMER	Monmouth	M5054	MEN	158	25	843	76
192		5091	Chris CAREY	Pont-y-Pwl	M4549	MEN	159	23	842	78
193		5117	Keith LANGLEY	Pont-y-Pwl	M6064	MEN	160	7	841	94
194		3856	Huw EVANS	Lliswerry	M4044	MEN	161	32	840	69
195		4059	Paul McAFEE	Monmouth	M5054	MEN	162	26	839	75
196		3233	Grant WAKEMAN	Islwyn	M4044	MEN	163	33	838	68
197		3526	Elinor PHILLIPS	Lliswerry	F1734	LADIES	34	13	967	88
198		3100	Aiden DAVIES	Islwyn	M1739	MEN	164	64	837	37
199		3285	Martin BUSSELL	Islwyn	M5054	MEN	165	27	836	74
200		5059	Nicola SMITH	Pont-y-Pwl	F5054	LADIES	35	4	966	97

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201		5546	Neil WALKER	Usk	M4044	MEN	166	34	835	67
202		2038	Martyn JENKINS	Fairwater	M5559	MEN	167	11	834	90
203		2527	Rose CHARLES	Griffithstown	F1734	LADIES	36	14	965	87
204		2009	Jeanette JENKINS	Fairwater	F5559	LADIES	37	1	964	100
205		2535	Andrew MEANEY	Griffithstown	M5054	MEN	168	28	833	73
206		5008	Bethan POWELL	Pont-y-Pwl	F1734	LADIES	38	15	963	86
207		3681	Jeremy DICKSON	Lliswerry	M5054	MEN	169	29	832	72
208		4084	Luke FELTON	Monmouth	M1739	MEN	170	65	831	36
209		1084	Paul ADAMS	Caerleon	M4044	MEN	171	35	830	66
210		4534	Anthony LEWIS	Parc Bryn Bach	M5054	MEN	172	30	829	71
211		4048	Jeremy CREASEY	Monmouth	M5054	MEN	173	31	828	70
212		5179	Jonathan KNIGHT	Pont-y-Pwl	M4549	MEN	174	24	827	77
213		3566	Marina WRIGHT	Lliswerry	F3539	LADIES	39	11	962	90
214		2027	Adrian GWILLIAM	Fairwater	M5054	MEN	175	32	826	69
215		1613	Mike EVANS	Chepstow	M6064	MEN	176	8	825	93
216		3530	Gayle SHEPPARD	Lliswerry	F4044	LADIES	40	3	961	98
217		5232	Harri LIKE	Pont-y-Pwl	F1734	LADIES	41	16	960	85
218		1109	Matt GOBBETT	Caerleon	M1739	MEN	177	66	824	35
219		3828	Richard GOSLING	Lliswerry	M1739	MEN	178	67	823	34
220		3652	David BROWN	Lliswerry	M4044	MEN	179	36	822	65
221		4596	Cyril WILLIAMS	Parc Bryn Bach	M6064	MEN	180	9	821	92
222		4544	David SMOUT	Parc Bryn Bach	M6569	MEN	181	2	820	99
223		2072	Chris BAKER	Fairwater	M1739	MEN	182	68	819	33
224		4007	Emma KING	Monmouth	F3539	LADIES	42	12	959	89
225		3919	Randal JONES	Lliswerry	M5559	MEN	183	12	818	89
226		3065	Michelle JOHNSON	Islwyn	F1734	LADIES	43	17	958	84
227		3072	Rachel PRANGLEY	Islwyn	F1734	LADIES	44	18	957	83
228		4549	James WILLIAMS	Parc Bryn Bach	M1739	MEN	184	69	817	32
229		1120	Wesley HARRIS	Caerleon	M1739	MEN	185	70	816	31
230		2004	Deb COCKRAM	Fairwater	F5054	LADIES	45	5	956	96
231		2047	Richard BOWIE	Fairwater	M5559	MEN	186	13	815	88
232		3697	Martyn DURSLEY	Lliswerry	M1739	MEN	187	71	814	30
233		3606	Stephanie RHODES	Lliswerry	F3539	LADIES	46	13	955	88
234		3787	Tim WRIGHT	Lliswerry	M5054	MEN	188	33	813	68
235		1034	Liz RICHARDS	Caerleon	F5054	LADIES	47	6	954	95
236		4529	Riannon GRIFFIN	Parc Bryn Bach	F4044	LADIES	48	4	953	97
237		3280	Carys-Sian MALARCZYK	Islwyn	F1734	LADIES	49	19	952	82
238		4585	Lee GRIFFITHS	Parc Bryn Bach	M1739	MEN	189	72	812	29
239		2594	Natalie MEYRICK	Griffithstown	F1734	LADIES	50	20	951	81
240		2052	Steve MORGAN	Fairwater	M4549	MEN	190	25	811	76
241		5044	Lubi FORD	Pont-y-Pwl	F1734	LADIES	51	21	950	80
242		4627	Rebecca FOLEY	Parc Bryn Bach	F1734	LADIES	52	22	949	79
243		4613	Kimberley PRICE	Parc Bryn Bach	F3539	LADIES	53	14	948	87
244		3633	Andy HILLIS	Lliswerry	M5054	MEN	191	34	810	67
245		4094	Rebecca FOSTER	Monmouth	F4044	LADIES	54	5	947	96
246		2013	Julie ROCHE	Fairwater	F4549	LADIES	55	7	946	94
247		4504	Claire SULLIVAN	Parc Bryn Bach	F1734	LADIES	56	23	945	78
248		2082	Leonie ROBERTS	Fairwater	F4044	LADIES	57	6	944	95
249		5221	Shane BAKER	Pont-y-Pwl	M1739	MEN	192	73	809	28
250		4621	Helen WILLIAMS	Parc Bryn Bach	F4044	LADIES	58	7	943	94

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251		2075	Kelly CAMERON	Fairwater	F3539	LADIES	59	15	942	86
252		3581	Peta DANIELS	Lliswerry	F5054	LADIES	60	7	941	94
253		3308	Tony CARRAFA	Islwyn	M4549	MEN	193	26	808	75
254		3118	Daffyd WEETMAN	Islwyn	M4044	MEN	194	37	807	64
255		4507	Hayley JACKSON	Parc Bryn Bach	F4044	LADIES	61	8	940	93
256		5185	Andrew PRICE	Pont-y-Pwl	M1739	MEN	195	74	806	27
257		3109	Carl DAVIES	Islwyn	M4044	MEN	196	38	805	63
258		3251	Gareth POPE	Islwyn	M4044	MEN	197	39	804	62
259		5101	Dean ARNOLD	Pont-y-Pwl	M4549	MEN	198	27	803	74
260		2060	Darren WEAVING	Fairwater	M4549	MEN	199	28	802	73
261		3744	Scott HAYDEN	Lliswerry	M1739	MEN	200	75	801	26
262		5072	Sharon WOODS	Pont-y-Pwl	F5559	LADIES	62	2	939	99
263		2508	Daniela GORMLEY	Griffithstown	F4549	LADIES	63	8	938	93
264		2525	Natalie HERN	Griffithstown	F4549	LADIES	64	9	937	92
265		5022	Emma WEAVING	Pont-y-Pwl	F3539	LADIES	65	16	936	85
266		3235	Carl JOHNSON	Islwyn	M4044	MEN	201	40	800	61
267		4593	Delphine JONES	Parc Bryn Bach	F3539	LADIES	66	17	935	84
268		3716	Neil SIDNEY	Lliswerry	M4549	MEN	202	29	799	72
269		5089	Carl ROBERTS	Pont-y-Pwl	M1739	MEN	203	76	798	25
270		2504	Charlotte REES	Griffithstown	F1734	LADIES	67	24	934	77
271		1539	Louise CROCKETT	Chepstow	F5054	LADIES	68	8	933	93
272		2028	Andrew JAMES	Fairwater	M4044	MEN	204	41	797	60
273		3237	Keith DAVIES	Islwyn	M5559	MEN	205	14	796	87
274		3196	Hannah DAVIES	Islwyn	F1734	LADIES	69	25	932	76
275		3693	Mark FAULKNER	Lliswerry	M5559	MEN	206	15	795	86
276		3742	Ron DAVIES	Lliswerry	M4549	MEN	207	30	794	71
277		5118	Kelvin HENLEY	Pont-y-Pwl	M5054	MEN	208	35	793	66
278		2008	Jane LEWIS	Fairwater	F4549	LADIES	70	10	931	91
279		1021	Helen THOMAS	Caerleon	F5559	LADIES	71	3	930	98
280		2003	Bev BRADBURY JONES	Fairwater	F4549	LADIES	72	11	929	90
281		4554	Kevin BRADFIELD	Parc Bryn Bach	M5054	MEN	209	36	792	65
282		2587	Claire SHEPPARD	Griffithstown	F4044	LADIES	73	9	928	92
283		2017	Liz WALSH	Fairwater	F4044	LADIES	74	10	927	91
284		4522	Michelle JAYNE	Parc Bryn Bach	F4044	LADIES	75	11	926	90
285		3283	Jemma REARDON	Islwyn	F1734	LADIES	76	26	925	75
286		1507	Brenda AVERY	Chepstow	F6599	LADIES	77	1	924	100
287		2608	Paul HANCOX	Griffithstown	M5559	MEN	210	16	791	85
288		2591	Lyn KENNEY	Griffithstown	M5559	MEN	211	17	790	84
289		3578	Nicola SINCLAIR	Lliswerry	F3539	LADIES	78	18	923	83
290		3574	Nicci HAINES-JONES	Lliswerry	F5054	LADIES	79	9	922	92
291		2564	Malcolm COX	Griffithstown	M6569	MEN	212	3	789	98
292		1531	Joyce DODD	Chepstow	F6064	LADIES	80	1	921	100
293		3274	Matthew TAYLOUR	Islwyn	M1739	MEN	213	77	788	24
294		2067	Mark PROSSER	Fairwater	M4044	MEN	214	42	787	59
295		3531	Gemma ACREMAN	Lliswerry	F1734	LADIES	81	27	920	74
296		3256	David LIMBRICK	Islwyn	M5054	MEN	215	37	786	64
297		3794	Joanne JOHNSON	Lliswerry	F5054	LADIES	82	10	919	91
298		3225	Phillip JONES	Islwyn	M1739	MEN	216	78	785	23
299		4654	Delwyn TYLER	Parc Bryn Bach	M1739	MEN	217	79	784	22
300		2512	Elizabeth STOKES	Griffithstown	F4549	LADIES	83	12	918	89

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301		3234	Nathan RICHARDS	Islwyn	M4044	MEN	218	43	783	58
302		3103	Andrew COLLINS	Islwyn	M4044	MEN	219	44	782	57
303		3672	Howard ATTWOOD	Lliswerry	M6569	MEN	220	4	781	97
304		4653	Marcus SMITH	Parc Bryn Bach	M4549	MEN	221	31	780	70
305		4098	Linsey HOLT	Monmouth	F3539	LADIES	84	19	917	82
306		3905	Ian MACRORY	Lliswerry	M4549	MEN	222	32	779	69
307		5168	Ron GODFREY	Pont-y-Pwl	M5559	MEN	223	18	778	83
308		4646	Colin REES	Parc Bryn Bach	M5054	MEN	224	38	777	63
309		3310	Chris CURLEY	Islwyn	M1739	MEN	225	80	776	21
310		1029	Karen PAYNE	Caerleon	F4044	LADIES	85	12	916	89
311		4652	Nathan HARPER	Parc Bryn Bach	M1739	MEN	226	81	775	20
312		2053	Tim MURPHY	Fairwater	M5559	MEN	227	19	774	82
313		3510	Ceri DONOVAN	Lliswerry	F4549	LADIES	86	13	915	88
314		3511	Ceri JENKINS	Lliswerry	F4044	LADIES	87	13	914	88
315		3765	Kristian SINCLAIR	Lliswerry	M1739	MEN	228	82	773	19
316		4631	Laura HIRE	Parc Bryn Bach	F1734	LADIES	88	28	913	73
317		3224	Paul EVANS	Islwyn	M1739	MEN	229	83	772	18
318		1037	Natalie WALKER	Caerleon	F3539	LADIES	89	20	912	81
319		4099	John JENKINS	Monmouth	M7099	MEN	230	1	771	100
320		3304	Tracey DAVIES	Islwyn	F3539	LADIES	90	21	911	80
321		3262	Rebecca MORGAN	Islwyn	F1734	LADIES	91	29	910	72
322		3298	Ted ADEY	Islwyn	M6064	MEN	231	10	770	91
323		2596	Keren BEARD	Griffithstown	F4549	LADIES	92	14	909	87
324		3850	Daniel LANE	Lliswerry	M4044	MEN	232	45	769	56
325		1010	Claire DOUGLAS	Caerleon	F4044	LADIES	93	14	908	87
326		2542	Barrie DESMOND	Griffithstown	M5054	MEN	233	39	768	62
327		1566	Andy CREBER	Chepstow	M5559	MEN	234	20	767	81
328		3714	Neil CHIPPER	Lliswerry	M5559	MEN	235	21	766	80
329		5207	Thomas WARWICK	Pont-y-Pwl	M1739	MEN	236	84	765	17
330		4521	Margrett MONK	Parc Bryn Bach	F6599	LADIES	94	2	907	99
331		4645	Beth JONES	Parc Bryn Bach	F1734	LADIES	95	30	906	71
332		2012	Julie LEES	Fairwater	F4044	LADIES	96	15	905	86
333		3083	Sara ARNOLD	Islwyn	F4044	LADIES	97	16	904	85
334		1101	Steve HOUGHTON	Caerleon	M5559	MEN	237	22	764	79
335		5537	Graham SIMPSON	Usk	M5559	MEN	238	23	763	78
336		3796	Moira WOOLLES	Lliswerry	F3539	LADIES	98	22	903	79
337		5053	Michele DEAL	Pont-y-Pwl	F5054	LADIES	99	11	902	90
338		4639	Sian MCGOLDRICK	Parc Bryn Bach	F5054	LADIES	100	12	901	89
339		4514	Kath JERVIS	Parc Bryn Bach	F5559	LADIES	101	4	900	97
340		1129	Yangi VUNDAMINA	Caerleon	F4044	LADIES	102	17	899	84
341		5158	Lyndsay POULSOM	Pont-y-Pwl	F1734	LADIES	103	31	898	70
342		3243	Cassie JONES	Islwyn	F1734	LADIES	104	32	897	69
343		4097	Leah MORRIS	Monmouth	F1734	LADIES	105	33	896	68
344		4618	Bobbie SWIFT	Parc Bryn Bach	F4044	LADIES	106	18	895	83
345		3163	Neil PARKER	Islwyn	M4549	MEN	239	33	762	68
346		3195	Anne RICE-JONES	Islwyn	F5054	LADIES	107	13	894	88
347		4096	Poppy WALKER	Monmouth	F1734	LADIES	108	34	893	67
348		4560	Phillip MATTHEWS	Parc Bryn Bach	M6064	MEN	240	11	761	90
349		3268	Zoe HAYDON	Islwyn	F3539	LADIES	109	23	892	78
350		3198	Sian PEARCE	Islwyn	F3539	LADIES	110	24	891	77

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351		3212	Gareth BAKER	Islwyn	M1739	MEN	241	85	760	16
352		1126	Michelle CLABON	Caerleon	F5054	LADIES	111	14	890	87
353		3707	Michael FAULDS	Lliswerry	M1739	MEN	242	86	759	15
354		1165	Alice BALAAM	Caerleon	F1734	LADIES	112	35	889	66
355		5225	Barry LLEWELYN	Pont-y-Pwl	M5559	MEN	243	24	758	77
356		3616	Vicky FEAR	Lliswerry	F3539	LADIES	113	25	888	76
357		5080	Zoe ELVER	Pont-y-Pwl	F4549	LADIES	114	15	887	86
358		5019	Emma MORGAN	Pont-y-Pwl	F4044	LADIES	115	19	886	82
359		3288	Amanda HAM	Islwyn	F1734	LADIES	116	36	885	65
360		4562	Rhys LEWIS	Parc Bryn Bach	M4044	MEN	244	46	757	55
361		3309	Craig DAVIES	Islwyn	M1739	MEN	245	87	756	14
362		4510	Jillian MATTHEWS	Parc Bryn Bach	F6064	LADIES	117	2	884	99
363		3318	Rachel HENWOOD	Islwyn	F1734	LADIES	118	37	883	64
364		4501	Alison HOLTON	Parc Bryn Bach	F4549	LADIES	119	16	882	85
365		1177	Sophie BLAKE	Caerleon	F1734	LADIES	120	38	881	63
366		3861	Alison CARTER	Lliswerry	F5054	LADIES	121	15	880	86
367		3834	Sonja BREESE	Lliswerry	F4044	LADIES	122	20	879	81
368		3052	Kelly JACKA	Islwyn	F3539	LADIES	123	26	878	75
369		3054	Kirsty HOLTHAM-MORGAN	Islwyn	F3539	LADIES	124	27	877	74
370		3244	Lisa DAVIES	Islwyn	F4044	LADIES	125	21	876	80
371		4595	Michael LEWIS	Parc Bryn Bach	M7099	MEN	246	2	755	99
372		5234	Sam WILLIAMS	Pont-y-Pwl	F1734	LADIES	126	39	875	62
373		1520	Helen CLANCY	Chepstow	F5054	LADIES	127	16	874	85
374		3216	Joanne ROBINSON	Islwyn	F4044	LADIES	128	22	873	79
375		2598	Rachel HOLLIDAY	Griffithstown	F4044	LADIES	129	23	872	78
376		2606	Emma SMITH	Griffithstown	F4549	LADIES	130	17	871	84
377		1135	Tania HALL	Caerleon	F4549	LADIES	131	18	870	83
378		4632	Lisa COOK	Parc Bryn Bach	F4044	LADIES	132	24	869	77
379		4528	Rhian WHITE	Parc Bryn Bach	F1734	LADIES	133	40	868	61
380		1572	Brett REGULSKI	Chepstow	M5559	MEN	247	25	754	76
381		3061	Louise SADLER	Islwyn	F4044	LADIES	134	25	867	76
382		1119	Eddie McDAID	Caerleon	M6064	MEN	248	12	753	89
383		3220	Laura GIBBONS	Islwyn	F1734	LADIES	135	41	866	60
384		4002	Anne HALL	Monmouth	F4549	LADIES	136	19	865	82
385		5186	Jenny PRICE	Pont-y-Pwl	F3539	LADIES	137	28	864	73
386		3252	Elizabeth JONES	Islwyn	F4549	LADIES	138	20	863	81
387		5222	Alun JONES	Pont-y-Pwl	M5054	MEN	249	40	752	61
388		4614	Ceri CASWELL	Parc Bryn Bach	F3539	LADIES	139	29	862	72
389		4647	Alan PRITCHARD	Parc Bryn Bach	M6064	MEN	250	13	751	88
390		4517	Katie HAMER	Parc Bryn Bach	F4044	LADIES	140	26	861	75
391		2597	Richard COOK	Griffithstown	M1739	MEN	251	88	750	13
392		4531	Samantha STANDERWICK	Parc Bryn Bach	F4044	LADIES	141	27	860	74
393		3683	John HILL	Lliswerry	M6569	MEN	252	5	749	96
394		1681	David WHEELER	Chepstow	M1739	MEN	253	89	748	12
395		4651	Katherine PRICE	Parc Bryn Bach	F4549	LADIES	142	21	859	80
396		3798	Trudy HURFORD	Lliswerry	F4044	LADIES	143	28	858	73
397		1137	Anna HERRON	Caerleon	F3539	LADIES	144	30	857	71
398		1163	Michelle HUGHES	Caerleon	F1734	LADIES	145	42	856	59
399		4085	Helen DUNN	Monmouth	F5054	LADIES	146	17	855	84
400		3314	Aled WYNNE	Islwyn	M1739	MEN	254	90	747	11

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401		1024	Jo DAVISS	Caerleon	F4549	LADIES	147	22	854	79
402		3265	Carl GINGELL	Islwyn	M1739	MEN	255	91	746	10
403		3232	Jason RUSSELL	Islwyn	M1739	MEN	256	92	745	9
404		4564	Richard CREW	Parc Bryn Bach	M1739	MEN	257	93	744	8
405		4032	Sian BURNS	Monmouth	F5054	LADIES	148	18	853	83
406		3885	Johanna SHERGOLD	Lliswerry	F3539	LADIES	149	31	852	70
407		3311	Michael KELLY	Islwyn	M1739	MEN	258	94	743	7
408		3722	Nigel RICHARDS	Lliswerry	M5054	MEN	259	41	742	60
409		5231	Gary WILLCOX	Pont-y-Pwl	M5559	MEN	260	26	741	75
410		2023	Stella SYMONS	Fairwater	F5054	LADIES	150	19	851	82
411		1164	Samantha HOWELLS	Caerleon	F4044	LADIES	151	29	850	72
412		3876	Gaynor LUGG	Lliswerry	F5054	LADIES	152	20	849	81
413		1036	Mary SCOURFIELD	Caerleon	F4549	LADIES	153	23	848	78
414		5233	Helen WILLIAMS	Pont-y-Pwl	F1734	LADIES	154	43	847	58
415		1160	Carl PUGH	Caerleon	M5054	MEN	261	42	740	59
416		4648	Samantha GEORGE	Parc Bryn Bach	F3539	LADIES	155	32	846	69
417		3221	Lynne CARTER	Islwyn	F4549	LADIES	156	24	845	77
418		4650	Cerys SWIFT	Parc Bryn Bach	F1734	LADIES	157	44	844	57
419		1158	Hannah PROSSER	Caerleon	F1734	LADIES	158	45	843	56
420		1159	Jeff PROSSER	Caerleon	M5054	MEN	262	43	739	58
421		3039	Helen WILLIAMS	Islwyn	F3539	LADIES	159	33	842	68
422		3064	Mel SENIOR	Islwyn	F4549	LADIES	160	25	841	76
423		4637	Alexandra THOMAS	Parc Bryn Bach	F1734	LADIES	161	46	840	55
424		2592	Cath EDWARD	Griffithstown	F5054	LADIES	162	21	839	80
425		1503	Anne JENNER	Chepstow	F5559	LADIES	163	5	838	96
426		3033	Helen DAVIES	Islwyn	F5054	LADIES	164	22	837	79
427		3614	Tracy BURTON	Lliswerry	F5559	LADIES	165	6	836	95
428		1122	Joanne HENSHALL	Caerleon	F4044	LADIES	166	30	835	71
429		1153	Maddy CLABON	Caerleon	F1734	LADIES	167	47	834	54
430		1583	Dick FINCH	Chepstow	M7099	MEN	263	3	738	98
431		4070	Tony HARDY	Monmouth	M5054	MEN	264	44	737	57
432		2015	Kate PALFREY	Fairwater	F1734	LADIES	168	48	833	53
433		3156	Malcolm PARKER	Islwyn	M7099	MEN	265	4	736	97
434		3800	Megan SMITH	Lliswerry	F4549	LADIES	169	26	832	75
435		2609	Frances BRENNAN-DAVIES	Griffithstown	F4044	LADIES	170	31	831	70
436		4607	Sara WILKINSON	Parc Bryn Bach	F1734	LADIES	171	49	830	52
437		2515	Helen DESMOND	Griffithstown	F5054	LADIES	172	23	829	78
438		3295	Denise JONES	Islwyn	F5054	LADIES	173	24	828	77
439		2605	Karen JAMES	Griffithstown	F4044	LADIES	174	32	827	69
440		1686	Shari FINCH	Chepstow	F4044	LADIES	175	33	826	68
441		1538	Lisa RIDDINGTON	Chepstow	F4044	LADIES	176	34	825	67
442		3290	Abbie DARK	Islwyn	F1734	LADIES	177	50	824	51
443		1178	Ann TAI	Caerleon	F4549	LADIES	178	27	823	74
444		2531	Wendy REES	Griffithstown	F5559	LADIES	179	7	822	94
445		3012	Cheryl FRANCIS	Islwyn	F3539	LADIES	180	34	821	67
446		2604	Jenny BRADFIELD	Griffithstown	F4044	LADIES	181	35	820	66
447		3094	Vicki JONES	Islwyn	F4044	LADIES	182	36	819	65
448		3558	Linda DURSLEY	Lliswerry	F5559	LADIES	183	8	818	93
449		2076	Linda COLBOURNE	Fairwater	F4044	LADIES	184	37	817	64
450		1134	Sally SEIGNOT	Caerleon	F4044	LADIES	185	38	816	63

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451		1150	Rachel MORGAN	Caerleon	F4549	LADIES	186	28	815	73
452		3836	Julia GROOMBRIDGE	Lliswerry	F5054	LADIES	187	25	814	76
453		3825	Jackie DAVIDGE	Lliswerry	F5054	LADIES	188	26	813	75
454		4038	Trish BICKNELL	Monmouth	F5054	LADIES	189	27	812	74
455		3618	Yvonne FORSEY	Lliswerry	F5559	LADIES	190	9	811	92
456		2083	Nick WILLIAMS	Fairwater	M1739	MEN	266	95	735	6
457		5035	Kay MORGAN	Pont-y-Pwl	F3539	LADIES	191	35	810	66
458		5056	Nadine DONOVAN	Pont-y-Pwl	F4044	LADIES	192	39	809	62
459		3768	Mei CHEUNG	Lliswerry	F4044	LADIES	193	40	808	61
460		1168	Pauline BECKETT	Caerleon	F5559	LADIES	194	10	807	91
461		3246	Lisa CHAPLIN	Islwyn	F3539	LADIES	195	36	806	65
462		3271	Jo JONES	Islwyn	F4044	LADIES	196	41	805	60
463		4535	Bernie MONK	Parc Bryn Bach	M7099	MEN	267	5	734	96
464		3273	Rhianne WILLIAMS	Islwyn	F3539	LADIES	197	37	804	64
465		2021	Sheree MANN	Fairwater	F5054	LADIES	198	28	803	73
466		3821	Janine LANE	Lliswerry	F3539	LADIES	199	38	802	63
467		4640	Lee-Anne TAYLOR	Parc Bryn Bach	F4044	LADIES	200	42	801	59
468		5127	Mike BRUNNOCK	Pont-y-Pwl	M5054	MEN	268	45	733	56
469		3044	Juli WILLIAMS	Islwyn	F4549	LADIES	201	29	800	72
470		3193	Andrea THOMAS	Islwyn	F4044	LADIES	202	43	799	58
471		4638	Caroline MATTHEWS	Parc Bryn Bach	F4549	LADIES	203	30	798	71
472		4644	Johanna WILES	Parc Bryn Bach	F5054	LADIES	204	29	797	72
473		2024	Suzanne WILLIAMS	Fairwater	F5054	LADIES	205	30	796	71
474		4015	Julia DAVIES	Monmouth	F4549	LADIES	206	31	795	70
475		4006	Diane SMITH	Monmouth	F6064	LADIES	207	3	794	98
476		3199	Jayne A JONES	Islwyn	F4549	LADIES	208	32	793	69
477		1501	Amanda RAMSHAW	Chepstow	F4044	LADIES	209	44	792	57
478		3718	Nick JACKSON	Lliswerry	M5054	MEN	269	46	732	55
479		3263	William LEWIS	Islwyn	M6064	MEN	270	14	731	87
480		3903	Ryland LLOYD	Lliswerry	M4044	MEN	271	47	730	54
481		1008	Charlotte LEIGH	Caerleon	F3539	LADIES	210	39	791	62
482		3301	Siwan REES	Islwyn	F1734	LADIES	211	51	790	50
483		3289	Lisa DARK	Islwyn	F4549	LADIES	212	33	789	68
484		1679	Lynne BUCKLEY	Chepstow	F5054	LADIES	213	31	788	70
485		3126	Erik MOONS	Islwyn	M4549	MEN	272	34	729	67
486		3223	Nicola RICHARDS	Islwyn	F4044	LADIES	214	45	787	56
487		3229	Sian JOHNSON	Islwyn	F1734	LADIES	215	52	786	49
488		1641	Syd WHEELER	Chepstow	M7099	MEN	273	6	728	95
489		4524	Nicola LEWIS	Parc Bryn Bach	F3539	LADIES	216	40	785	61
490		1586	Geoff CRAM	Chepstow	M7099	MEN	274	7	727	94
491		2610	Katie EDWARDS	Griffithstown	F1734	LADIES	217	53	784	48
492		2593	Lena EVANS	Griffithstown	F5054	LADIES	218	32	783	69
493		3218	Kate CARDWELL	Islwyn	F4549	LADIES	219	34	782	67
494		3319	Jo HARRIS	Islwyn	F3539	LADIES	220	41	781	60
495		5079	Vicky JEFFS	Pont-y-Pwl	F1734	LADIES	221	54	780	47
496		4605	Aynsley CUMMINGS	Parc Bryn Bach	F1734	LADIES	222	55	779	46
497		4516	Katherine WILLIAMS	Parc Bryn Bach	F4044	LADIES	223	46	778	55
498		3038	Helen SIMMONDS	Islwyn	F1734	LADIES	224	56	777	45
499		3270	Emily Jayne WELSH	Islwyn	F3539	LADIES	225	42	776	59
500		3317	Karen DUMMETT	Islwyn	F4549	LADIES	226	35	775	66
501		3292	Jaye PRICE	Islwyn	F1734	LADIES	227	57	774	44
502		1512	Daphne AUSTERBERRY	Chepstow	F6599	LADIES	228	3	773	98

Race 1 of 5
PARC BRYN BACH
2nd May

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	57	M1739	95
F3539	42	M4044	47
F4044	46	M4549	34
F4549	35	M5054	46
F5054	32	M5559	26
F5559	10	M6064	14
F6064	3	M6569	5
F6599	3	M7099	7
LADIES TOTAL	228	MENS TOTAL	274

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	24	23	47
CHEPSTOW	18	25	43
FAIRWATER	14	15	29
GRIFFITHSTOWN	18	13	31
ISLWYN	47	45	92
LLISWERRY	35	53	88
MONMOUTH	15	17	32
PARC BRYN BACH	37	46	83
PONTYPOOL	20	34	54
USK	0	3	3
TOTAL	228	274	502

TEAM RESULTS

	MALE "A" TEAM	RUNNERS	SCORE	POINTS
1	LLISWERRY	10	9829	10
2	PARC BRYN BACH	10	9807	9
3	PONT-Y-PWL	10	9688	8
4	CHEPSTOW	10	9682	7
5	ISLWYN	10	9431	6
6	CAERLEON	10	9204	5
7	MONMOUTH	10	9120	4
8	GRIFFITHSTOWN	10	8882	3
9	FAIRWATER	10	8588	2
10	USK	3	2474	1

	FEMALE "A" TEAM	RUNNERS	SCORE	POINTS
1	CHEPSTOW	6	5937	10
2	LLISWERRY	6	5932	9
3	PARC BRYN BACH	6	5895	8
4	PONT-Y-PWL	6	5882	7
5	MONMOUTH	6	5827	6
6	ISLWYN	6	5743	5
7	FAIRWATER	6	5683	4
8	GRIFFITHSTOWN	6	5653	3
9	CAERLEON	6	5590	2
10	USK	0	0	0

	MALE TEAM "B&C" TEAM	RUNNERS	SCORE	POINTS
1	LLISWERRY(B)	10	9346	20
2	PARC BRYN BACH(B)	10	9247	19
3	PONT-Y-PWL(B)	10	8994	18
4	CHEPSTOW(B)	10	8775	17
5	LLISWERRY(C)	10	8770	16
6	PARC BRYN BACH(C)	10	8756	15
7	ISLWYN(B)	10	8670	14
8	CAERLEON(B)	10	8412	13
9	PONT-Y-PWL(C)	10	8062	12
10	ISLWYN(C)	10	8015	11
11	MONMOUTH(B)	7	5702	10
12	FAIRWATER(B)	5	3895	9
13	CHEPSTOW(C)	5	3695	8
14	GRIFFITHSTOWN(B)	3	2307	7
15	CAERLEON(C)	3	2232	6
	FAIRWATER(C)	0	0	0
	GRIFFITHSTOWN(C)	0	0	0
	MONMOUTH(C)	0	0	0
	USK(B)	0	0	0
	USK(C)	0	0	0

	FEMALE "B&C" TEAM	RUNNERS	SCORE	POINTS
1	LLISWERRY(B)	6	5811	20
2	PARC BRYN BACH(B)	6	5660	19
3	CHEPSTOW(B)	6	5604	18
4	PONT-Y-PWL(B)	6	5585	17
5	LLISWERRY(C)	6	5580	16
6	PARC BRYN BACH(C)	6	5453	15
7	ISLWYN(B)	6	5441	14
8	ISLWYN(C)	6	5306	13
9	CAERLEON(B)	6	5286	12
10	MONMOUTH(B)	6	5279	11
11	FAIRWATER(B)	6	5262	10
12	GRIFFITHSTOWN(B)	6	5240	9
13	PONT-Y-PWL(C)	6	5169	8
14	CAERLEON(C)	6	5086	7
15	GRIFFITHSTOWN(C)	6	4865	6
16	CHEPSTOW(C)	6	4842	5
17	MONMOUTH(C)	3	2401	4
18	FAIRWATER(C)	2	1599	3
	USK(B)	0	0	0
	USK(C)	0	0	0