

**GLCL 2018 ROAD RACE SERIES
RACE 4 of 5
MACHEN 3RD JULY 2018
(hosted by Lliswerry Runners)**

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN & TEAM POINTS	CAT POINTS
1		3706	Richard JONES	Lliswerry	M4549	MEN	1	1	1000	100
2		4538	Harry DAVIES	Parc Bryn Bach	M1739	MEN	2	1	999	100
3		4570	Sam JONES	Parc Bryn Bach	M1739	MEN	3	2	998	99
4		4501	Lee AHERNE	Parc Bryn Bach	M5054	MEN	4	1	997	100
5		2033	Michael LEWIS	Fairwater	M1739	MEN	5	3	996	98
6		4704	Lloyd OWEN	Parc Bryn Bach	M1739	MEN	6	4	995	97
7		5087	Andrew LEE	Pont-y-Pwl	M4549	MEN	7	2	994	99
8		4509	Marc BLOOMFIELD	Parc Bryn Bach	M1739	MEN	8	5	993	96
9		4604	Gavin PATTERSON	Parc Bryn Bach	M1739	MEN	9	6	992	95
10		4503	Jonathon ASTLEY	Parc Bryn Bach	M1739	MEN	10	7	991	94
11		3521	Jon BELCHER	Lliswerry	M4044	MEN	11	1	990	100
12		1587	Katherine MATTHEWS	Chepstow	F4044	LADIES	1	1	1000	100
13		3545	Paul BRUTON	Lliswerry	M4044	MEN	12	2	989	99
14		3210	Andrew PHILLIPS	Islwyn	M4044	MEN	13	3	988	98
15		5125	Iestyn RHODES	Pont-y-Pwl	M4044	MEN	14	4	987	97
16		3660	Oliver HARRIS	Lliswerry	M1739	MEN	15	8	986	93
17		3561	Sandra CHIPPER	Lliswerry	F4549	LADIES	2	1	999	100
18		1675	Tony MARSHALL	Chepstow	M5559	MEN	16	1	985	100
19		2546	Gareth JONES	Griffithstown	M1739	MEN	17	9	984	92
20		3099	Paul HAYWARD	Islwyn	M1739	MEN	18	10	983	91
21		4713	Martin THOMAS	Parc Bryn Bach	M1739	MEN	19	11	982	90
22		5029	Steve DAVIES	Pont-y-Pwl	M5559	MEN	20	2	981	99
23		2026	Paul JONES	Fairwater	M4044	MEN	21	5	980	96
24		4705	John EVANS	Parc Bryn Bach	M4044	MEN	22	6	979	95
25		4677	Daniel EVANS	Parc Bryn Bach	M1739	MEN	23	12	978	89
26		4541	Mathew ELLIS	Parc Bryn Bach	M1739	MEN	24	13	977	88
27		3530	Tom BLAND	Lliswerry	M1739	MEN	25	14	976	87
28		3883	Emma WOOKEY	Lliswerry	F1734	LADIES	3	1	998	100
29		4667	Calvin THOMAS	Parc Bryn Bach	M1739	MEN	26	15	975	86
30		1573	Dickie HUDD	Chepstow	M4549	MEN	27	3	974	98
31		3790	Daniel REILLY	Lliswerry	M1739	MEN	28	16	973	85
32		2596	Mark HOBBS	Griffithstown	M1739	MEN	29	17	972	84
33		4632	Sean THOMASSON	Parc Bryn Bach	M4044	MEN	30	7	971	94
34		3568	Mike CLEAVER	Lliswerry	M4044	MEN	31	8	970	93
35		3605	Antoinette DUMAYNE	Lliswerry	F1734	LADIES	4	2	997	99
36		4654	Stephen WILLIAMS	Parc Bryn Bach	M5559	MEN	32	3	969	98
37		3803	Jack ROWLANDS	Lliswerry	M1739	MEN	33	18	968	83
38		4059	Jeremy MASTERS	Monmouth	M4549	MEN	34	4	967	97
39		1141	Andrew WRIGHT	Caerleon	M4549	MEN	35	5	966	96
40		1594	Niki MORGAN	Chepstow	F5054	LADIES	5	1	996	100
41		3336	Dai GIBBINGS	Islwyn	M1739	MEN	36	19	965	82
42		1557	Toby GARRATT	Chepstow	M1739	MEN	37	20	964	81
43		4571	Nicola JUKES	Parc Bryn Bach	F4549	LADIES	6	2	995	99
44		3924	Chris POTTER	Lliswerry	M5054	MEN	38	2	963	99
45		4673	Haydn HARTNELL	Parc Bryn Bach	M5559	MEN	39	4	962	97
46		4618	Richard SHEEHY	Parc Bryn Bach	M1739	MEN	40	21	961	80
47		1547	Paul DODD	Chepstow	M6064	MEN	41	1	960	100
48		1580	Matthew LAWSON	Chepstow	M4549	MEN	42	6	959	95
49		3761	Steve PEMBERTON	Lliswerry	M1739	MEN	43	22	958	79
50		5182	Adrian MURKIN	Pont-y-Pwl	M5054	MEN	44	3	957	98

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51		2533	Gerard GORMLEY	Griffithstown	M5054	MEN	45	4	956	97
52		3717	Daniel LANE	Lliswerry	M4044	MEN	46	9	955	92
53		1086	Matthew MULCAHY	Caerleon	M4549	MEN	47	7	954	94
54		5187	Craig HOPKINS	Pont-y-Pwl	M4044	MEN	48	10	953	91
55		3149	Steve LANE	Islwyn	M4549	MEN	49	8	952	93
56		2571	Jonathan SLICZNY	Griffithstown	M1739	MEN	50	23	951	78
57		4557	Jamie HOWELLS	Parc Bryn Bach	M1739	MEN	51	24	950	77
58		1519	James BOYLE	Chepstow	M5054	MEN	52	5	949	96
59		3168	Dewi LLOYD	Islwyn	M1739	MEN	53	25	948	76
60		4573	Ian KENT	Parc Bryn Bach	M1739	MEN	54	26	947	75
61		3573	Lloyd COTTRELL	Lliswerry	M1739	MEN	55	27	946	74
62		5089	Harri LIKE	Pont-y-Pwl	F1734	LADIES	7	3	994	98
63		3570	Nicky COLLIN	Lliswerry	F1734	LADIES	8	4	993	97
64		3515	Richard BASHAM	Lliswerry	M4549	MEN	56	9	945	92
65		3788	Nick REES	Lliswerry	M5559	MEN	57	5	944	96
66		5082	Ieuan KINGSTON	Pont-y-Pwl	M1739	MEN	58	28	943	73
67		1060	Philip HYATT	Caerleon	M5559	MEN	59	6	942	95
68		1676	Chris GOODWIN	Chepstow	M4044	MEN	60	11	941	90
69		3889	Gavin PERKINS	Lliswerry	M1739	MEN	61	29	940	72
70		4617	Ethan SAYCE	Parc Bryn Bach	M1739	MEN	62	30	939	71
71		2074	Chris O'BRIEN	Fairwater	M4044	MEN	63	12	938	89
72		4700	Nick CHARD	Parc Bryn Bach	M4044	MEN	64	13	937	88
73		1135	Jade WAKLEY	Caerleon	F1734	LADIES	9	5	992	96
74		2073	David STANDING	Fairwater	M1739	MEN	65	31	936	70
75		1642	Mark BURBIDGE	Chepstow	M1739	MEN	66	32	935	69
76		5028	Gareth DAVIES	Pont-y-Pwl	M1739	MEN	67	33	934	68
77		4028	Brian EVANS	Monmouth	M4549	MEN	68	10	933	91
78		3134	Martin JONES	Islwyn	M4044	MEN	69	14	932	87
79		1602	Stephen OWEN	Chepstow	M6569	MEN	70	1	931	100
80		3661	Paul HARRIS	Lliswerry	M5054	MEN	71	6	930	95
81		4516	Stephen CARTER	Parc Bryn Bach	M4549	MEN	72	11	929	90
82		3899	Dan REES	Lliswerry	M1739	MEN	73	34	928	67
83		4026	Mark DUNN	Monmouth	M5054	MEN	74	7	927	94
84		4714	Carl AUSTIN	Parc Bryn Bach	M1739	MEN	75	35	926	66
85		4507	Neil BEYNON	Parc Bryn Bach	M4549	MEN	76	12	925	89
86		2579	Shaun STYLES	Griffithstown	M1739	MEN	77	36	924	65
87		1100	Jason PRITCHARD	Caerleon	M4044	MEN	78	15	923	86
88		3290	Kim WEHDEN	Islwyn	M5559	MEN	79	7	922	94
89		3211	Steven PHILLIPS	Islwyn	M4044	MEN	80	16	921	85
90		5153	Dimitri VORRES	Pont-y-Pwl	M5559	MEN	81	8	920	93
91		4681	Huw STEADMAN	Parc Bryn Bach	M4549	MEN	82	13	919	88
92		3719	Sarah LAUDER	Lliswerry	F3539	LADIES	10	1	991	100
93		5046	Lubica FORD	Pont-y-Pwl	F1734	LADIES	11	6	990	95
94		1035	Kevin DUPE	Caerleon	M5054	MEN	83	8	918	93
95		3852	Bob WATSON	Lliswerry	M4549	MEN	84	14	917	87
96		4068	Robert NELSON	Monmouth	M4549	MEN	85	15	916	86
97		2049	Rob SYMONS	Fairwater	M5054	MEN	86	9	915	92
98		4595	Phillip MILES	Parc Bryn Bach	M6569	MEN	87	2	914	99
99		3591	Owen DAVIES	Lliswerry	M1739	MEN	88	37	913	64
100		1130	Matt TOOBY	Caerleon	M1739	MEN	89	38	912	63

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101		3542	David BROWN	Lliswerry	M4549	MEN	90	16	911	85
102		1560	Neil GRANT	Chepstow	M6569	MEN	91	3	910	98
103		1574	Lisa JEFFREY	Chepstow	F4549	LADIES	12	3	989	98
104		5052	Steve HARRHY	Pont-y-Pwl	M5054	MEN	92	10	909	91
105		3676	Victoria HOBBS	Lliswerry	F1734	LADIES	13	7	988	94
106		1548	Helen DUFFIELD	Chepstow	F4549	LADIES	14	4	987	97
107		3596	Andrew DAWE	Lliswerry	M5054	MEN	93	11	908	90
108		4056	Lucy MACDONALD	Monmouth	F1734	LADIES	15	8	986	93
109		3781	Paul PRITCHARD	Lliswerry	M4549	MEN	94	17	907	84
110		3109	Nic HOWLS	Islwyn	F3539	LADIES	16	2	985	99
111		3658	Ian HARRHY	Lliswerry	M5559	MEN	95	9	906	92
112		3057	Jason DIXON	Islwyn	M4549	MEN	96	18	905	83
113		4607	Lee PHILLIPS	Parc Bryn Bach	M4549	MEN	97	19	904	82
114		3296	Ian WILLIAMS	Islwyn	M4044	MEN	98	17	903	84
115		5138	Andrew SMITH	Pont-y-Pwl	M1739	MEN	99	39	902	62
116		4642	Brian WILES	Parc Bryn Bach	M5559	MEN	100	10	901	91
117		4567	Siân JONES	Parc Bryn Bach	F1734	LADIES	17	9	984	92
118		3760	James PEARCE	Lliswerry	M4044	MEN	101	18	900	83
119		4568	Andrew JONES	Parc Bryn Bach	M4549	MEN	102	20	899	81
120		3331	Jackie HARTWELL	Islwyn	F4549	LADIES	18	5	983	96
121		5094	Andy MILLARD	Pont-y-Pwl	M5054	MEN	103	12	898	89
122		2574	Andrew SPENCER	Griffithstown	M5559	MEN	104	11	897	90
123		3118	Carl JOHNSON	Islwyn	M4549	MEN	105	21	896	80
124		3052	Lewis DAVIES-PERCY	Islwyn	M1739	MEN	106	40	895	61
125		5193	Martin STARK	Pont-y-Pwl	M5054	MEN	107	13	894	88
126		1001	Paul ADAMS	Caerleon	M4044	MEN	108	19	893	82
127		4065	Leanne MEEK	Monmouth	F3539	LADIES	19	3	982	98
128		5511	Jon HANCOCK	Usk	M6064	MEN	109	2	892	99
129		4645	Helen WILLIAMS	Parc Bryn Bach	F4044	LADIES	20	2	981	99
130		4535	Stephen DALLOW	Parc Bryn Bach	M6064	MEN	110	3	891	98
131		4098	Alex WILSON	Monmouth	F3539	LADIES	21	4	980	97
132		5004	Shane BAKER	Pont-y-Pwl	M1739	MEN	111	41	890	60
133		4709	Owain WILLIAMS	Parc Bryn Bach	M1739	MEN	112	42	889	59
134		1054	Gareth HOWELLS	Caerleon	M1739	MEN	113	43	888	58
135		4012	Ben BURNETT	Monmouth	M4044	MEN	114	20	887	81
136		3736	Christopher MATTHEWS	Lliswerry	M5054	MEN	115	14	886	87
137		4575	Darran KIPPEST	Parc Bryn Bach	M4549	MEN	116	22	885	79
138		1549	Stuart DUNCAN	Chepstow	M5559	MEN	117	12	884	89
139		4683	Nicky MORGAN	Parc Bryn Bach	M4549	MEN	118	23	883	78
140		3228	Kerry PRICE	Islwyn	M6064	MEN	119	4	882	97
141		4580	Anthony LEWIS	Parc Bryn Bach	M5054	MEN	120	15	881	86
142		3242	Lee RICHARDS	Islwyn	M5054	MEN	121	16	880	85
143		1038	Tom EVANS	Caerleon	M1739	MEN	122	44	879	57
144		3543	Gareth BRUNNOCK	Lliswerry	M1739	MEN	123	45	878	56
145		5183	Shane JAMES	Pont-y-Pwl	M1739	MEN	124	46	877	55
146		4665	Andrew MEADOWS	Parc Bryn Bach	M1739	MEN	125	47	876	54
147		4511	Kevin BRADFIELD	Parc Bryn Bach	M5054	MEN	126	17	875	84
148		2047	Michael SKYRME	Fairwater	M4549	MEN	127	24	874	77
149		5139	Nicola SMITH	Pont-y-Pwl	F5054	LADIES	22	2	979	99
150		2578	Luke STYLES	Griffithstown	M1739	MEN	128	48	873	53

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN & TEAM POINTS	CAT POINTS
151		3702	Martyn JONES	Lliswerry	M5054	MEN	129	18	872	83
152		3765	Elinor PHILLIPS	Lliswerry	F1734	LADIES	23	10	978	91
153		2037	Steve MORGAN	Fairwater	M4549	MEN	130	25	871	76
154		3590	Nick DAVIES	Lliswerry	M5559	MEN	131	13	870	88
155		4562	Sarah JEREMIAH	Parc Bryn Bach	F4044	LADIES	24	3	977	98
156		1595	Jan MORRIS	Chepstow	F5054	LADIES	25	3	976	98
157		5524	Wayne RUDALL	Usk	M5054	MEN	132	19	869	82
158		3708	Sarah KEMBREY	Lliswerry	F3539	LADIES	26	5	975	96
159		3324	Luc SHIDE	Islwyn	M1739	MEN	133	49	868	52
160		4652	James WILLIAMS	Parc Bryn Bach	M1739	MEN	134	50	867	51
161		4019	Jeremy CREASEY	Monmouth	M5054	MEN	135	20	866	81
162		3769	Mike POBJOY	Lliswerry	M5054	MEN	136	21	865	80
163		2045	Leonie ROBERTS	Fairwater	F4044	LADIES	27	4	974	97
164		4545	Roger FREEMAN	Parc Bryn Bach	M1739	MEN	137	51	864	50
165		1674	Gordon BRUCE	Chepstow	M1739	MEN	138	52	863	49
166		3792	Stephanie RHODES	Lliswerry	F4044	LADIES	28	5	973	96
167		3685	Kraig JACKSON	Lliswerry	M1739	MEN	139	53	862	48
168		2552	Andrew MEANEY	Griffithstown	M5559	MEN	140	14	861	87
169		4053	Emma KING	Monmouth	F3539	LADIES	29	6	972	95
170		3277	Grant WAKEMAN	Islwyn	M4549	MEN	141	26	860	75
171		4651	Gareth WILLIAMS	Parc Bryn Bach	M5559	MEN	142	15	859	86
172		3680	Oliver HUGHES	Lliswerry	M1739	MEN	143	54	858	47
173		5157	Jen WATKINS	Pont-y-Pwl	F1734	LADIES	30	11	971	90
174		4579	Rachel LEWIS	Parc Bryn Bach	F4044	LADIES	31	6	970	95
175		4528	Lauren COOPER	Parc Bryn Bach	F1734	LADIES	32	12	969	89
176		4649	Cyril WILLIAMS	Parc Bryn Bach	M6064	MEN	144	5	857	96
177		3620	Huw EVANS	Lliswerry	M4549	MEN	145	27	856	74
178		2061	Kerstin FITZPATRICK	Fairwater	F4549	LADIES	33	6	968	95
179		4039	Emily HARRISON	Monmouth	F1734	LADIES	34	13	967	88
180		3840	Michael TITTLE	Lliswerry	M5054	MEN	146	22	855	79
181		3886	Marina WRIGHT	Lliswerry	F3539	LADIES	35	7	966	94
182		3142	Michael KELLY	Islwyn	M1739	MEN	147	55	854	46
183		4097	Sophie WILLIAMS	Monmouth	F1734	LADIES	36	14	965	87
184		4671	David PARRY	Parc Bryn Bach	M4549	MEN	148	28	853	73
185		4610	Kimberley PRICE	Parc Bryn Bach	F3539	LADIES	37	8	964	93
186		3578	Peta DANIELS	Lliswerry	F5054	LADIES	38	4	963	97
187		3126	Garfield JONES	Islwyn	M6064	MEN	149	6	852	95
188		1150	Jon KERRY	Caerleon	M5559	MEN	150	16	851	85
189		3901	Steve CROWTHER	Lliswerry	M5559	MEN	151	17	850	84
190		5117	Michael PROBERT	Pont-y-Pwl	M5054	MEN	152	23	849	78
191		2539	Paul HANCOX	Griffithstown	M5559	MEN	153	18	848	83
192		3608	Paul DURSLEY	Lliswerry	M6064	MEN	154	7	847	94
193		2025	Martyn JENKINS	Fairwater	M5559	MEN	155	19	846	82
194		1081	Charlotte MORAN	Caerleon	F4044	LADIES	39	7	962	94
195		3817	Kristian SINCLAIR	Lliswerry	M1739	MEN	156	56	845	45
196		1576	Gareth JONES	Chepstow	M7099	MEN	157	1	844	100
197		3914	John MALONEY	Lliswerry	M5054	MEN	158	24	843	77
198		3818	Nicola SINCLAIR	Lliswerry	F4044	LADIES	40	8	961	93
199		1148	Steve HOGAN	Caerleon	M1739	MEN	159	57	842	44
200		3601	Jeremy DICKSON	Lliswerry	M5559	MEN	160	20	841	81

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201		3900	Adam ROWBOTHAM	Lliswerry	M4044	MEN	161	21	840	80
202		4031	Rebecca FOSTER	Monmouth	F4044	LADIES	41	9	960	92
203		1119	Avisa TALEMI	Caerleon	F3539	LADIES	42	9	959	92
204		2004	Bev BRADBURY JONES	Fairwater	F4549	LADIES	43	7	958	94
205		1569	Rachel HIPKISS	Chepstow	F3539	LADIES	44	10	957	91
206		3208	Sian ADEY	Islwyn	F3539	LADIES	45	11	956	90
207		2024	Jeanette JENKINS	Fairwater	F5559	LADIES	46	1	955	100
208		1145	Tammy FRY	Caerleon	F1734	LADIES	47	15	954	86
209		3334	Sarah DAVIES	Islwyn	F4044	LADIES	48	10	953	91
210		1132	Morris URQUAHART	Caerleon	M4549	MEN	162	29	839	72
211		1600	Andrew OLIVER	Chepstow	M5054	MEN	163	25	838	76
212		3034	Aiden DAVIES	Islwyn	M1739	MEN	164	58	837	43
213		4676	Rhianydd EVANS	Parc Bryn Bach	F3539	LADIES	49	12	952	89
214		2014	Maixent GAILLARD	Fairwater	M4044	MEN	165	22	836	79
215		1551	Karen ELVERS	Chepstow	F4549	LADIES	50	8	951	93
216		2046	Julie ROCHE	Fairwater	F5054	LADIES	51	5	950	96
217		3902	Emma MALONEY	Lliswerry	F1734	LADIES	52	16	949	85
218		4672	Stephen PRICE	Parc Bryn Bach	M5054	MEN	166	26	835	75
219		3174	Carys-Sian MALARCZYK	Islwyn	F1734	LADIES	53	17	948	84
220		3299	Lowri WILLIAMS	Islwyn	F1734	LADIES	54	18	947	83
221		4553	Nicola HAINES-JONES	Parc Bryn Bach	F5054	LADIES	55	6	946	95
222		3560	Neil CHIPPER	Lliswerry	M5559	MEN	167	21	834	80
223		4565	Delphine JONES	Parc Bryn Bach	F3539	LADIES	56	13	945	88
224		3569	Andy COCKERAM	Lliswerry	M5054	MEN	168	27	833	74
225		1151	Claire SWANN	Caerleon	F4549	LADIES	57	9	944	92
226		1122	Andrew TAYLOR	Caerleon	M6064	MEN	169	8	832	93
227		1539	Louise CROCKETT	Chepstow	F5054	LADIES	58	7	943	94
228		3243	Nathan RICHARDS	Islwyn	M4044	MEN	170	23	831	78
229		3514	Andrew BARRY	Lliswerry	M5559	MEN	171	22	830	79
230		3510	Howard ATTWOOD	Lliswerry	M6569	MEN	172	4	829	97
231		3320	Melissa MORGAN	Islwyn	F1734	LADIES	59	19	942	82
232		3908	Dee THOMAS	Lliswerry	F4549	LADIES	60	10	941	91
233		3001	Sara ARNOLD	Islwyn	F4044	LADIES	61	11	940	90
234		3021	Sharon CARRAFA	Islwyn	F4044	LADIES	62	12	939	89
235		3163	Terry LEWIS	Islwyn	M5559	MEN	173	23	828	78
236		4533	Matthew CROWLE	Parc Bryn Bach	M1739	MEN	174	59	827	42
237		3905	Leanne WESTACOTT	Lliswerry	F4549	LADIES	63	11	938	90
238		4524	Lisa COOK	Parc Bryn Bach	F4044	LADIES	64	13	937	88
239		3553	Alison CARTER	Lliswerry	F5054	LADIES	65	8	936	93
240		2016	Adrian GWILLIAM	Fairwater	M5054	MEN	175	28	826	73
241		4684	Peter HIRE	Parc Bryn Bach	M1739	MEN	176	60	825	41
242		3703	Randal JONES	Lliswerry	M5559	MEN	177	24	824	77
243		3925	Stuart HOWISON	Lliswerry	M1739	MEN	178	61	823	40
244		3909	Emily CHINN	Lliswerry	F4549	LADIES	66	12	935	89
245		3329	Sheryl CLARK	Islwyn	F4044	LADIES	67	14	934	87
246		1584	Barbara MADDISON	Chepstow	F5559	LADIES	68	2	933	99
247		1107	Liz RICHARDS	Caerleon	F5054	LADIES	69	9	932	92
248		1048	Charlene HENSHALL	Caerleon	F1734	LADIES	70	20	931	81
249		1121	Michael TASKER	Caerleon	M4549	MEN	179	30	822	71
250		3624	Vicky FEAR	Lliswerry	F3539	LADIES	71	14	930	87

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN & TEAM POINTS	CAT POINTS
251		3165	David LIMBRICK	Islwyn	M5559	MEN	180	25	821	76
252		5156	Thomas WARWICK	Pont-y-Pwl	M1739	MEN	181	62	820	39
253		2548	Lyn KENNEY	Griffithstown	M6064	MEN	182	9	819	92
254		2519	Malcolm COX	Griffithstown	M6569	MEN	183	5	818	96
255		3690	Ceri JENKINS	Lliswerry	F4044	LADIES	72	15	929	86
256		3709	Jonathan KENDALL	Lliswerry	M5054	MEN	184	29	817	72
257		3696	Michelle JOHNSTON	Lliswerry	F3539	LADIES	73	15	928	86
258		3539	Sonja BREESE	Lliswerry	F4549	LADIES	74	13	927	88
259		2522	Mair DAVIES	Griffithstown	F3539	LADIES	75	16	926	85
260		5003	Dean ARNOLD	Pont-y-Pwl	M4549	MEN	185	31	816	70
261		1053	Steve HOUGHTON	Caerleon	M5559	MEN	186	26	815	75
262		1510	Brenda AVERY	Chepstow	F6599	LADIES	76	1	925	100
263		2042	Mark PROSSER	Fairwater	M4549	MEN	187	32	814	69
264		4682	Alun GRAY	Parc Bryn Bach	M5054	MEN	188	30	813	71
265		4543	Brian EVANS	Parc Bryn Bach	M4549	MEN	189	33	812	68
266		1032	Rachel DOREL	Caerleon	F1734	LADIES	77	21	924	80
267		4555	Laura HIRE	Parc Bryn Bach	F1734	LADIES	78	22	923	79
268		4710	Lucy ATKIN-SMITH	Parc Bryn Bach	F1734	LADIES	79	23	922	78
269		3810	Claire SCOTT	Lliswerry	F1734	LADIES	80	24	921	77
270		3926	Chris LACEY	Lliswerry	M4044	MEN	190	24	811	77
271		3918	Louise MUTEHAM	Lliswerry	F1734	LADIES	81	25	920	76
272		3699	Desmond JONES	Lliswerry	M4549	MEN	191	34	810	67
273		1149	Alex GOBBETT	Caerleon	M1739	MEN	192	63	809	38
274		4556	Alison HOLTON	Parc Bryn Bach	F4549	LADIES	82	14	919	87
275		4694	Nick GREGORY	Parc Bryn Bach	M1739	MEN	193	64	808	37
276		4592	Phillip MATTHEWS	Parc Bryn Bach	M6064	MEN	194	10	807	91
277		4668	Georgina SEED	Parc Bryn Bach	F5559	LADIES	83	3	918	98
278		2022	Andrew JAMES	Fairwater	M4044	MEN	195	25	806	76
279		1024	David DAVIES	Caerleon	M5054	MEN	196	31	805	70
280		4590	Jill MATTHEWS	Parc Bryn Bach	F6064	LADIES	84	1	917	100
281		2504	Keren BEARD	Griffithstown	F4549	LADIES	85	15	916	86
282		1016	Michelle CLABON	Caerleon	F5054	LADIES	86	10	915	91
283		3906	Donna STAGG	Lliswerry	F4044	LADIES	87	16	914	85
284		4628	Lee-Anne TAYLOR	Parc Bryn Bach	F4044	LADIES	88	17	913	84
285		3809	Stuart SALVAGE	Lliswerry	M4549	MEN	197	35	804	66
286		3159	Julie LEWIS	Islwyn	F5054	LADIES	89	11	912	90
287		4101	Rod WYATT	Monmouth	M4549	MEN	198	36	803	65
288		2507	Jenny BRADFIELD	Griffithstown	F4044	LADIES	90	18	911	83
289		3748	Lisa NICHOLS	Lliswerry	F4549	LADIES	91	16	910	85
290		5523	Thomas WILLIAMS	Usk	M5559	MEN	199	27	802	74
291		4537	Teresa DAVIES	Parc Bryn Bach	F4549	LADIES	92	17	909	84
292		2603	Amanda HUGHES	Griffithstown	F4044	LADIES	93	19	908	82
293		5018	Michael BRUNNOCK	Pont-y-Pwl	M5054	MEN	200	32	801	69
294		3830	Sheona STUBBS	Lliswerry	F4044	LADIES	94	20	907	81
295		3513	Tracey BARRINGTON	Lliswerry	F4549	LADIES	95	18	906	83
296		5108	Kath PARKINSON	Pont-y-Pwl	F4044	LADIES	96	21	905	80
297		2072	Michael BARNES	Fairwater	M1739	MEN	201	65	800	36
298		4563	Kath JERVIS	Parc Bryn Bach	F6064	LADIES	97	2	904	99
299		4685	Jayne RIST	Parc Bryn Bach	F4549	LADIES	98	19	903	82
300		1070	Charlotte LEIGH	Caerleon	F3539	LADIES	99	17	902	84

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN & TEAM POINTS	CAT POINTS
301		2538	Nikki HANCOX	Griffithstown	F4549	LADIES	100	20	901	81
302		3550	Tracy BURTON	Lliswerry	F5559	LADIES	101	4	900	97
303		4519	Ceri CASWELL	Parc Bryn Bach	F4044	LADIES	102	22	899	79
304		1585	Simon MADDISON	Chepstow	M6569	MEN	202	6	799	95
305		4630	Alexandra THOMAS	Parc Bryn Bach	F1734	LADIES	103	26	898	75
306		4687	Beth JAMES	Parc Bryn Bach	F3539	LADIES	104	18	897	83
307		4712	Carl PEACOCK	Parc Bryn Bach	M5054	MEN	203	33	798	68
308		2598	Daniel SPENCER	Griffithstown	M1739	MEN	204	66	797	35
309		3917	Gareth YEOMAN	Lliswerry	M1739	MEN	205	67	796	34
310		5168	Pam WILLIAMS	Pont-y-Pwl	F5559	LADIES	105	5	896	96
311		5517	Graham SIMPSON	Usk	M5559	MEN	206	28	795	73
312		3919	Laura RICHARDS	Lliswerry	F3539	LADIES	106	19	895	82
313		3891	Louise HOPKINS	Lliswerry	F5054	LADIES	107	12	894	89
314		1513	Jane BAYLISS	Chepstow	F6599	LADIES	108	2	893	99
315		3595	Liz DAVIS	Lliswerry	F4549	LADIES	109	21	892	80
316		3146	Jackie LAMBETH	Islwyn	F4549	LADIES	110	22	891	79
317		3911	Tracy STRYDOM	Lliswerry	F5054	LADIES	111	13	890	88
318		3140	Vicki JONES	Islwyn	F4549	LADIES	112	23	889	78
319		2604	Rachel JONES	Griffithstown	F4044	LADIES	113	23	888	78
320		3867	Barry WILLIAMS	Lliswerry	M4549	MEN	207	37	794	64
321		2035	Sheree MANN	Fairwater	F5054	LADIES	114	14	887	87
322		4641	Johanna WILES	Parc Bryn Bach	F5054	LADIES	115	15	886	86
323		1512	Geoffrey BAYLISS	Chepstow	M7099	MEN	208	2	793	99
324		4690	Claire AHERNE	Parc Bryn Bach	F4549	LADIES	116	24	885	77
325		4013	Sian BURNS	Monmouth	F5054	LADIES	117	16	884	85
326		4091	Carol Ann USHER	Monmouth	F5559	LADIES	118	6	883	95
327		3295	Helen WILLIAMS	Islwyn	F3539	LADIES	119	20	882	81
328		3574	Sue COTTRELL	Lliswerry	F5054	LADIES	120	17	881	84
329		3203	Malcolm PARKER	Islwyn	M7099	MEN	209	3	792	98
330		3333	Claire LILLEY	Islwyn	F4044	LADIES	121	24	880	77
331		3340	Jodi PONTIN	Islwyn	F3539	LADIES	122	21	879	80
332		4018	Sarah CLIFTON	Monmouth	F4044	LADIES	123	25	878	76
333		4707	Stacey KNIGHT	Parc Bryn Bach	F1734	LADIES	124	27	877	74
334		4695	Leigh-Anne VOWLES	Parc Bryn Bach	F1734	LADIES	125	28	876	73
335		3920	Naomi HIBBERD	Lliswerry	F1734	LADIES	126	29	875	72
336		4647	Sarah WILLIAMS	Parc Bryn Bach	F4044	LADIES	127	26	874	75
337		4693	Melanie PHILLIPS	Parc Bryn Bach	F4044	LADIES	128	27	873	74
338		3718	Janine LANE	Lliswerry	F4044	LADIES	129	28	872	73
339		3921	Delilah HOWELLS	Lliswerry	F4549	LADIES	130	25	871	76
340		3695	Eleanor JOHNSTON	Lliswerry	F4044	LADIES	131	29	870	72
341		3724	Gaynor LUGG	Lliswerry	F5054	LADIES	132	18	869	83
342		3922	Vicky DAVIES	Lliswerry	F4549	LADIES	133	26	868	75
343		5154	Christine VORRES	Pont-y-Pwl	F5559	LADIES	134	7	867	94
344		3916	Gary BREWSTER	Lliswerry	M1739	MEN	210	68	791	33
345		1055	Gwyn HOWELLS	Caerleon	F6599	LADIES	135	3	866	98
346		3291	Emily Jayne WELSH	Islwyn	F3539	LADIES	136	22	865	79
347		2053	Suzanne WILLIAMS	Fairwater	F5054	LADIES	137	19	864	82
348		1152	Judy QUICK	Caerleon	F5559	LADIES	138	8	863	93
349		3508	Maria ATKIN	Lliswerry	F5054	LADIES	139	20	862	81
350		1134	Yangi VUNDAMINA	Caerleon	F4044	LADIES	140	30	861	71

**CONFIRMED
RESULTS****GLCL 2018 ROAD RACE SERIES
RACE 4 of 5
MACHEN 3RD JULY 2018
(hosted by Lliswerry Runners)**16:28
06/07/2018

PLACE	time (h:mm:ss)	#	NAME	CLUB	CATEGORY	GENDER	gender place	category place	GEN & TEAM POINTS	CAT POINTS
351		1049	Joanne HENSHALL	Caerleon	F4549	LADIES	141	27	860	74
352		1101	Vanessa PRITCHARD	Caerleon	F4044	LADIES	142	31	859	70
353		1637	Syd WHEELER	Chepstow	M7099	MEN	211	4	790	97
354		1015	Maddy CLABON	Caerleon	F1734	LADIES	143	30	858	71
355		1146	Tracy COOPER	Caerleon	F3539	LADIES	144	23	857	78
356		2588	Yvonne WALKER	Griffithstown	F6599	LADIES	145	4	856	97
357		3923	Kath CLEGG	Lliswerry	F3539	LADIES	146	24	855	77
358		4561	Maricel JENKINS-BELOHORSKA	Parc Bryn Bach	F1734	LADIES	147	31	854	70
359		3616	Carl ELLIOTT	Lliswerry	M7099	MEN	212	5	789	96

Race 4 of 5

MACHEN

3rd July

(hosted by Lliswerry Runners)

RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	31	M1739	68
F3539	24	M4044	25
F4044	31	M4549	37
F4549	27	M5054	33
F5054	20	M5559	28
F5559	8	M6064	10
F6064	2	M6569	6
F6599	4	M7099	5
LADIES TOTAL	147	MENS TOTAL	212

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	17	17	34
CHEPSTOW	11	17	28
FAIRWATER	7	13	20
GRIFFITHSTOWN	7	12	19
ISLWYN	17	23	40
LLISWERRY	41	53	94
MONMOUTH	10	7	17
PARC BRYN BACH	30	48	78
PONTYPOOL	7	18	25
USK	0	4	4
TOTAL	147	212	359

TEAM RESULTS

	<u>MALE "A" TEAM</u>	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	PARC BRYN BACH	10	9904	10
2	LLISWERRY	10	9773	9
3	CHEPSTOW	10	9508	8
4	PONT-Y-PWL	10	9480	7
5	ISLWYN	10	9419	6
6	CAERLEON	10	9126	5
7	GRIFFITHSTOWN	10	9085	4
8	FAIRWATER	10	9018	3
9	MONMOUTH	7	6299	2
10	USK	4	3358	1

	<u>FEMALE "A" TEAM</u>	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY	6	5966	10
2	CHEPSTOW	6	5905	9
3	PARC BRYN BACH	6	5876	8
4	MONMOUTH	6	5852	7
5	ISLWYN	6	5772	6
6	CAERLEON	6	5743	5
7	PONT-Y-PWL	6	5735	4
8	FAIRWATER	6	5692	3
9	GRIFFITHSTOWN	6	5450	2
10	USK	0	0	0

	<u>MALE TEAM "B&C" TEAM</u>	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	PARC BRYN BACH(B)	10	9588	20
2	LLISWERRY(B)	10	9329	19
3	PARC BRYN BACH(C)	10	9097	18
4	LLISWERRY(C)	10	8854	17
5	ISLWYN(B)	10	8655	16
6	PONT-Y-PWL(B)	8	6845	15
7	CHEPSTOW(B)	7	5811	14
8	CAERLEON(B)	7	5764	13
9	ISLWYN(C)	3	2441	12
10	FAIRWATER(B)	3	2420	11
11	GRIFFITHSTOWN(B)	2	1615	10
	PONT-Y-PWL(C)	0	0	0
	CAERLEON(C)	0	0	0
	MONMOUTH(B)	0	0	0
	CHEPSTOW(C)	0	0	0
	FAIRWATER(C)	0	0	0
	GRIFFITHSTOWN(C)	0	0	0
	MONMOUTH(C)	0	0	0
	USK(B)	0	0	0
	USK(C)	0	0	0

	<u>FEMALE TEAM "B&C" TEAM</u>	<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY(B)	6	5816	20
2	PARC BRYN BACH(B)	6	5667	19
3	LLISWERRY(C)	6	5629	18
4	ISLWYN(B)	6	5558	17
5	PARC BRYN BACH(C)	6	5498	16
6	CAERLEON(B)	6	5401	15
7	CHEPSTOW(B)	5	4645	14
8	ISLWYN(C)	5	4395	13
9	CAERLEON(C)	5	4295	12
10	MONMOUTH(B)	4	3605	11
11	PONT-Y-PWL(B)	1	867	10
12	FAIRWATER(B)	1	864	9
13	GRIFFITHSTOWN(B)	1	856	8
	CHEPSTOW(C)	0	0	0
	PONT-Y-PWL(C)	0	0	0
	MONMOUTH(C)	0	0	0
	FAIRWATER(C)	0	0	0
	GRIFFITHSTOWN(C)	0	0	0
	USK(B)	0	0	0
	USK(C)	0	0	0