

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	1	00:33:58	4528	Lauren COOPER	Parc Bryn Bach	F1734	1	1000	100
2	2	00:34:25	3561	Sandra CHIPPER	Llisbury	F4549	1	999	100
3	3	00:35:39	1608	Georgie PRIOR	Chepstow	F3539	1	998	100
4	4	00:35:55	5070	Faye JOHNSON	Pont-y-Pwl	F1734	2	997	99
5	5	00:36:48	3570	Nicky COLLIN	Llisbury	F1734	3	996	98
6	6	00:36:51	1572	Jane HORLER	Chepstow	F4549	2	995	99
7	7	00:36:56	1515	Sarah BELL	Chepstow	F4044	1	994	100
8	8	00:37:19	3883	Emma WOOKEY	Llisbury	F1734	4	993	97
9	9	00:37:45	4098	Alex WILSON	Monmouth	F3539	2	992	99
10	10	00:38:05	4644	Hannah WILLIAMS	Parc Bryn Bach	F1734	5	991	96
11	11	00:38:32	3605	Antoinette DUMAYNE	Llisbury	F1734	6	990	95
12	12	00:38:53	3676	Victoria HOBBS	Llisbury	F1734	7	989	94
13	13	00:39:07	5141	Louise SUMMERS	Pont-y-Pwl	F5054	1	988	100
14	14	00:39:37	1618	Danielle SAPSFORD	Chepstow	F3539	3	987	98
15	15	00:40:03	5089	Harri LIKE	Pont-y-Pwl	F1734	8	986	93
16	16	00:40:06	4034	Laura GREY	Monmouth	F3539	4	985	97
17	17	00:40:16	3279	Kelly WALL	Islwyn	F3539	5	984	96
18	18	00:40:16	2041	Emma PRICE	Fairwater	F1734	9	983	92
19	19	00:41:05	4579	Rachel LEWIS	Parc Bryn Bach	F4044	2	982	99
20	20	00:41:07	1052	Megan HOLMES	Caerleon	F1734	10	981	91
21	21	00:41:17	4529	Sarah COOTE	Parc Bryn Bach	F3539	6	980	95
22	24	00:41:48	3307	Rhianydd EVANS	Islwyn	F3539	7	979	94
23	25	00:41:55	3719	Sarah LAUDER	Llisbury	F3539	8	978	93
24	26	00:41:56	4065	Leanne MEEK	Monmouth	F3539	9	977	92
25	27	00:42:06	4600	Sharon NEWELL	Parc Bryn Bach	F4549	3	976	98
26	28	00:42:07	4053	Emma KING	Monmouth	F3539	10	975	91
27	29	00:42:10	5053	Anne Marie HARRIS	Pont-y-Pwl	F4549	4	974	97
28	30	00:42:16	1139	Paula WILLIAMS	Caerleon	F5054	2	973	99
29	31	00:42:18	4567	Siân JONES	Parc Bryn Bach	F1734	11	972	90
30	32	00:42:27	5140	Emma SOWREY	Pont-y-Pwl	F4044	3	971	98
31	33	00:42:49	3765	Elinor PHILLIPS	Llisbury	F1734	12	970	89
32	34	00:42:50	4562	Sarah JEREMIAH	Parc Bryn Bach	F4044	4	969	97
33	35	00:42:55	4039	Emily HARRISON	Monmouth	F1734	13	968	88
34	38	00:43:18	4517	Julie CASHELL	Parc Bryn Bach	F4044	5	967	96
35	39	00:43:23	4056	Lucy MACDONALD	Monmouth	F1734	14	966	87
36	40	00:43:27	3536	Rachel BOWEN	Llisbury	F4044	6	965	95
37	45	00:44:30	5139	Nicola SMITH	Pont-y-Pwl	F5054	3	964	98
38	47	00:44:42	1065	Sian JONES	Caerleon	F3539	11	963	90
39	49	00:44:44	4605	Melissa PEARCE	Parc Bryn Bach	F4549	5	962	96
40	52	00:45:05	4669	Alexandra EVANS	Parc Bryn Bach	F4044	7	961	94
41	55	00:45:32	3633	Sarah FRANCIS	Llisbury	F4044	8	960	93
42	56	00:45:35	5185	Clare PATTERSON	Pont-y-Pwl	F3539	12	959	89
43	58	00:46:10	1107	Liz RICHARDS	Caerleon	F5054	4	958	97
44	60	00:46:26	2064	Rebecca POOLE	Fairwater	F1734	15	957	86
45	61	00:46:27	2004	Bev BRADBURY JONES	Fairwater	F4549	6	956	95

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
46	65	00:47:03	3043	Hanna DAVIES	Islwyn	F1734	16	955	85
47	66	00:47:22	4565	Delphine JONES	Parc Bryn Bach	F3539	13	954	88
48	67	00:47:24	4031	Rebecca FOSTER	Monmouth	F4044	9	953	92
49	68	00:47:25	4619	Anna SMITH	Parc Bryn Bach	F3539	14	952	87
50	69	00:47:33	4079	Vicky ROBERTS	Monmouth	F1734	17	951	84
51	73	00:47:50	4097	Sophie WILLIAMS	Monmouth	F1734	18	950	83
52	78	00:48:21	3539	Sonja BREESE	Lliswerry	F4549	7	949	94
53	79	00:48:22	3818	Nicola SINCLAIR	Lliswerry	F4044	10	948	91
54	82	00:49:10	2577	Elizabeth STOKES	Griffithstown	F4549	8	947	93
55	86	00:49:38	2046	Julie ROCHE	Fairwater	F4549	9	946	92
56	87	00:49:51	4515	Liz CARPENTER-DAVIES	Parc Bryn Bach	F1734	19	945	82
57	90	00:50:05	4629	Suzanne TEW	Parc Bryn Bach	F4549	10	944	91
58	92	00:50:13	3140	Vicki JONES	Islwyn	F4044	11	943	90
59	95	00:50:31	2032	Jane LEWIS	Fairwater	F4549	11	942	90
60	104	00:51:22	4556	Alison HOLTON	Parc Bryn Bach	F4549	12	941	89
61	110	00:52:08	4519	Ceri CASWELL	Parc Bryn Bach	F4044	12	940	89
62	111	00:52:14	3101	Zoe HEYDON	Islwyn	F4044	13	939	88
63	114	00:52:32	4668	Georgina SEED	Parc Bryn Bach	F5559	1	938	100
64	120	00:53:11	4593	Siân MCGOLDRICK	Parc Bryn Bach	F5054	5	937	96
65	121	00:53:14	5112	Lucy PHILLIPS	Pont-y-Pwl	F1734	20	936	81
66	122	00:53:17	3856	Susan WEBSTER	Lliswerry	F5054	6	935	95
67	124	00:53:34	3690	Ceri JENKINS	Lliswerry	F4044	14	934	87
68	126	00:53:50	4625	Bobbie SWIFT	Parc Bryn Bach	F4044	15	933	86
69	127	00:54:09	5510	Annette EXLEY	Usk	F5054	7	932	94
70	129	00:54:15	2048	Stella SYMONS	Fairwater	F5054	8	931	93
71	130	00:54:16	3567	Val CLARE	Lliswerry	F6064	1	930	100
72	132	00:54:20	1513	Jane BAYLISS	Chepstow	F6599	1	929	100
73	133	00:54:30	4563	Kath JERVIS	Parc Bryn Bach	F6064	2	928	99
74	136	00:54:51	1505	Sue ASHTON	Chepstow	F6064	3	927	98
75	137	00:55:06	3525	Jayne BENTALL	Lliswerry	F4549	13	926	88
76	139	00:55:10	4537	Teresa DAVIES	Parc Bryn Bach	F4549	14	925	87
77	141	00:55:22	4091	Carol Ann USHER	Monmouth	F5559	2	924	99
78	144	00:55:38	3216	Sarah PONTIN	Islwyn	F3539	15	923	86
79	153	00:56:16	2504	Keren BEARD	Griffithstown	F4549	15	922	86
80	154	00:56:17	3312	Leigh GUY	Islwyn	F3539	16	921	85
81	160	00:56:52	5091	Karen LLEWELYN	Pont-y-Pwl	F5559	3	920	98
82	162	00:56:56	3650	Julia GROOMBRIDGE	Lliswerry	F5054	9	919	92
83	164	00:57:29	4548	Susan GRAY	Parc Bryn Bach	F5054	10	918	91
84	167	00:57:55	1575	Anne JENNER	Chepstow	F5559	4	917	97
85	168	00:58:02	5175	Sharon HERBERT	Pont-y-Pwl	F4549	16	916	85
86	171	00:58:17	5011	Marisa BENJAMIN	Pont-y-Pwl	F1734	21	915	80
87	173	00:58:23	4589	Caroline MATTHEWS	Parc Bryn Bach	F4549	17	914	84
88	177	00:58:44	2015	Helen GWILLIAM	Fairwater	F5054	11	913	90
89	178	00:58:55	2562	Wendy REES	Griffithstown	F5559	5	912	96
90	187	01:00:18	3748	Lisa NICHOLS	Lliswerry	F4549	18	911	83

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
91	188	01:00:20	3508	Maria ATKIN	Llswerry	F5054	12	910	89
92	192	01:01:19	2053	Suzanne WILLIAMS	Fairwater	F5054	13	909	88
93	196	01:02:17	5176	Shiree JONES	Pont-y-Pwl	F1734	22	908	79
94	197	01:02:24	3313	Leanne STEPHENS	Islwyn	F3539	17	907	84
95	199	01:02:36	3767	Morwenna PHILLIPS	Llswerry	F1734	23	906	78
96	203	01:03:48	3311	Sarah TUCKER	Islwyn	F4044	16	905	85
97	206	01:04:22	1055	Gwyn HOWELLS	Caerleon	F6599	2	904	99
98	207	01:04:34	1634	Jackie WEBB	Chepstow	F5559	6	903	95
99	212	01:05:20	3291	Emily Jayne WELSH	Islwyn	F3539	18	902	83
100	237	01:16:52	3227	Jaye PRICE	Islwyn	F1734	24	901	77

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
1	22	00:41:35	2021	Laurence HUMPHREYS	Fairwater	M1739	1	1000	100
2	23	00:41:47	3893	Jeff WHERLOCK	Lliswerry	M5054	1	999	100
3	36	00:42:56	1639	Martyn WINSER	Chepstow	M1739	2	998	99
4	37	00:43:12	4570	Sam JONES	Parc Bryn Bach	M1739	3	997	98
5	41	00:43:31	3750	Martin NORTON	Lliswerry	M1739	4	996	97
6	42	00:43:53	2033	Michael LEWIS	Fairwater	M1739	5	995	96
7	43	00:44:03	4661	Adam ROBERTS	Parc Bryn Bach	M1739	6	994	95
8	44	00:44:17	5087	Andrew LEE	Pont-y-Pwl	M4549	1	993	100
9	46	00:44:39	5162	Paul WHITE	Pont-y-Pwl	M4044	1	992	100
10	48	00:44:43	4103	Rich FOSTER	Monmouth	M1739	7	991	94
11	50	00:44:56	5069	Richard JOHNSON	Pont-y-Pwl	M4549	2	990	99
12	51	00:45:01	3820	Ieuan SMITH	Lliswerry	M1739	8	989	93
13	53	00:45:06	3545	Paul BRUTON	Lliswerry	M4044	2	988	99
14	54	00:45:32	3184	Lee MILLS	Islwyn	M4044	3	987	98
15	57	00:45:53	1069	Rhys KNIGHT	Caerleon	M1739	9	986	92
16	59	00:46:11	1518	James BLORE	Chepstow	M1739	10	985	91
17	62	00:46:37	5088	Jonathan LIKE	Pont-y-Pwl	M1739	11	984	90
18	63	00:46:52	3521	Jon BELCHER	Lliswerry	M4044	4	983	97
19	64	00:46:59	1529	Jonathan CARTER	Chepstow	M4549	3	982	98
20	70	00:47:39	3099	Paul HAYWARD	Islwyn	M1739	12	981	89
21	71	00:47:48	5179	Rhys PIPPARD	Pont-y-Pwl	M1739	13	980	88
22	72	00:47:49	3309	Bleddyn JONES	Islwyn	M4044	5	979	96
23	74	00:48:00	2569	Paul SLADE	Griffithstown	M1739	14	978	87
24	75	00:48:11	1632	Ross WALKER	Chepstow	M1739	15	977	86
25	76	00:48:16	3860	Ryan WHATLEY	Lliswerry	M1739	16	976	85
26	77	00:48:18	5080	James KEMP	Pont-y-Pwl	M1739	17	975	84
27	80	00:48:36	5029	Steve DAVIES	Pont-y-Pwl	M5559	1	974	100
28	81	00:49:07	1642	Mark BURBIDGE	Chepstow	M1739	18	973	83
29	83	00:49:17	3894	Michael RICHARDSON	Lliswerry	M4044	6	972	95
30	84	00:49:22	5180	David HUGHES	Pont-y-Pwl	M1739	19	971	82
31	85	00:49:29	3029	Andrew COLLINS	Islwyn	M4044	7	970	94
32	88	00:50:00	3096	Haydn HARTNELL	Islwyn	M5559	2	969	99
33	89	00:50:04	3713	James KERSHAW-NAYLOR	Lliswerry	M1739	20	968	81
34	91	00:50:11	4654	Stephen WILLIAMS	Parc Bryn Bach	M5559	3	967	98
35	93	00:50:14	4539	Ian DAVIES	Parc Bryn Bach	M5054	2	966	99
36	94	00:50:20	1141	Andrew WRIGHT	Caerleon	M4549	4	965	97
37	96	00:50:34	5502	Adrian BULL	Usk	M4044	8	964	93
38	97	00:50:36	4026	Mark DUNN	Monmouth	M5054	3	963	98
39	98	00:50:44	2590	Nick WALSH	Griffithstown	M4549	5	962	96
40	99	00:50:47	4541	Mathew ELLIS	Parc Bryn Bach	M1739	21	961	80
41	100	00:50:50	4618	Richard SHEEHY	Parc Bryn Bach	M1739	22	960	79
42	101	00:50:59	4102	Julian HOWE	Monmouth	M4549	6	959	95
43	102	00:51:03	1519	James BOYLE	Chepstow	M5054	4	958	97
44	105	00:51:30	1577	Matthew KITCHING	Chepstow	M4044	9	957	92
45	106	00:51:34	4520	Damian CASWELL	Parc Bryn Bach	M4044	10	956	91

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
46	107	00:51:37	5182	Adrian MURKIN	Pont-y-Pwl	M5054	5	955	96
47	108	00:51:43	3149	Steve LANE	Islwyn	M4044	11	954	90
48	109	00:51:50	5153	Dimitri VORRES	Pont-y-Pwl	M5559	4	953	97
49	112	00:52:18	3639	Simon GILL	Lliswerry	M1739	23	952	78
50	113	00:52:23	1086	Matthew MULCAHY	Caerleon	M4549	7	951	94
51	115	00:52:35	4507	Neil BEYNON	Parc Bryn Bach	M4549	8	950	93
52	116	00:52:40	1545	Alan DOBBS	Chepstow	M4044	12	949	89
53	117	00:52:49	4521	Martin CHAMMINGS	Parc Bryn Bach	M1739	24	948	77
54	118	00:52:56	1076	Howard MASON	Caerleon	M5054	6	947	95
55	119	00:52:57	4617	Ethan SAYCE	Parc Bryn Bach	M1739	25	946	76
56	123	00:53:28	5511	Jon HANCOCK	Usk	M6064	1	945	100
57	125	00:53:47	1602	Stephen OWEN	Chepstow	M6569	1	944	100
58	128	00:54:11	3687	Andy JAMES	Lliswerry	M4549	9	943	92
59	131	00:54:17	4028	Brian EVANS	Monmouth	M4549	10	942	91
60	134	00:54:35	5034	Andrew DICKENS	Pont-y-Pwl	M4549	11	941	90
61	135	00:54:41	1109	Peter RODGER	Caerleon	M6064	2	940	99
62	138	00:55:07	3134	Martin JONES	Islwyn	M4044	13	939	88
63	140	00:55:16	2596	Mark HOBBS	Griffithstown	M1739	26	938	75
64	142	00:55:24	4009	Martin BLAKEBROUGH	Monmouth	M5054	7	937	94
65	143	00:55:38	4540	Owen DAVIES	Parc Bryn Bach	M4044	14	936	87
66	145	00:55:49	4595	Phillip MILES	Parc Bryn Bach	M6569	2	935	99
67	146	00:55:51	3861	Ian WHATMOUGH	Lliswerry	M5559	5	934	96
68	147	00:55:55	3680	Oliver HUGHES	Lliswerry	M1739	27	933	74
69	148	00:55:56	4012	Ben BURNETT	Monmouth	M4044	15	932	86
70	149	00:56:01	2037	Steve MORGAN	Fairwater	M4549	12	931	89
71	150	00:56:03	5138	Andrew SMITH	Pont-y-Pwl	M1739	28	930	73
72	151	00:56:08	4019	Jeremy CREASEY	Monmouth	M5054	8	929	93
73	152	00:56:10	1047	Gareth HART	Caerleon	M4549	13	928	88
74	155	00:56:23	3211	Steven PHILLIPS	Islwyn	M4044	16	927	85
75	156	00:56:27	1511	Mark BATTEN	Chepstow	M4549	14	926	87
76	157	00:56:35	3509	Tom ATKIN	Lliswerry	M1739	29	925	72
77	158	00:56:42	5104	Chris O'BRIEN	Pont-y-Pwl	M4044	17	924	84
78	159	00:56:44	3658	Ian HARHHY	Lliswerry	M5559	6	923	95
79	161	00:56:53	3889	Gavin PERKINS	Lliswerry	M1739	30	922	71
80	163	00:57:18	3275	Paul THOMAS	Islwyn	M4044	18	921	83
81	166	00:57:37	3152	Andrew LAWRENCE	Islwyn	M1739	31	920	70
82	169	00:58:08	1504	Gerry ASHTON	Chepstow	M6064	3	919	98
83	170	00:58:13	4633	Matthew TRINDER	Parc Bryn Bach	M1739	32	918	69
84	172	00:58:18	4580	Anthony LEWIS	Parc Bryn Bach	M5054	9	917	92
85	174	00:58:29	4622	David SMOUT	Parc Bryn Bach	M6569	3	916	98
86	175	00:58:32	2014	Maixent GAILLARD	Fairwater	M4044	19	915	82
87	176	00:58:36	4660	Nicky OSMAN	Parc Bryn Bach	M4549	15	914	86
88	179	00:58:57	5525	Simon BRAY	Usk	M5054	10	913	91
89	180	00:59:07	5085	Keith LANGLEY	Pont-y-Pwl	M6064	4	912	97
90	181	00:59:13	1562	Andrew GREEN	Chepstow	M5054	11	911	90

PLACE	(token)	time h:mm:ss	#	NAME	CLUB	CATEGORY	category place	gender/team points	category points
91	182	00:59:22	3608	Paul DURSLEY	Lliswerry	M6064	5	910	96
92	183	00:59:41	5524	Wayne RUDALL	Usk	M5054	12	909	89
93	184	00:59:44	4545	Roger FREEMAN	Parc Bryn Bach	M1739	33	908	68
94	185	00:59:46	2025	Martyn JENKINS	Fairwater	M5559	7	907	94
95	186	01:00:03	2066	Andrew GOLDSTRAW	Fairwater	M1739	34	906	67
96	189	01:00:49	3052	Lewis DAVIES-PERCY	Islwyn	M1739	35	905	66
97	190	01:00:54	3855	Dave WEBSTER	Lliswerry	M5054	13	904	88
98	191	01:00:59	3510	Howard ATTWOOD	Lliswerry	M6569	4	903	97
99	193	01:01:29	3047	Keith DAVIES	Islwyn	M5559	8	902	93
100	194	01:01:47	3780	Nick PRINGLE	Lliswerry	M5559	9	901	92
101	195	01:02:02	3243	Nathan RICHARDS	Islwyn	M4044	20	900	81
102	198	01:02:30	4621	Marcus SMITH	Parc Bryn Bach	M4549	16	899	85
103	200	01:02:48	5082	Ieuan KINGSTON	Pont-y-Pwl	M1739	36	898	65
104	201	01:03:06	5103	Daniel NEWTON	Pont-y-Pwl	M4044	21	897	80
105	202	01:03:15	3620	Huw EVANS	Lliswerry	M4549	17	896	84
106	204	01:03:55	5520	Neil WALKER	Usk	M4044	22	895	79
107	205	01:04:19	4535	Stephen DALLOW	Parc Bryn Bach	M6064	6	894	95
108	208	01:04:43	1088	Peter OLIVIER	Caerleon	M5054	14	893	87
109	209	01:04:49	4671	David PARRY	Parc Bryn Bach	M4549	18	892	83
110	210	01:04:59	5004	Shane BAKER	Pont-y-Pwl	M1739	37	891	64
111	211	01:05:07	3315	Luke DAVIES	Islwyn	M1739	38	890	63
112	213	01:05:21	4572	David KEMPTON	Parc Bryn Bach	M5559	10	889	91
113	214	01:05:38	1612	Brett REGULSKI	Chepstow	M5559	11	888	90
114	215	01:05:39	3829	Jon STONES	Lliswerry	M4044	23	887	78
115	216	01:05:40	1643	Hamish HUGHSON	Chepstow	M4549	19	886	82
116	217	01:05:59	2042	Mark PROSSER	Fairwater	M4044	24	885	77
117	218	01:06:49	3316	Richard PARNELL	Islwyn	M4044	25	884	76
118	219	01:06:51	3269	Matthew TAYLOUR	Islwyn	M1739	39	883	62
119	220	01:06:54	3531	Michael BONNETT	Lliswerry	M6064	7	882	94
120	221	01:07:12	3763	Brian PHILLIPS	Lliswerry	M1739	40	881	61
121	222	01:07:56	1053	Steve HOUGHTON	Caerleon	M5559	12	880	89
122	223	01:08:08	2038	Tim MURPHY	Fairwater	M5559	13	879	88
123	224	01:08:10	3220	Richard POWELL	Islwyn	M4044	26	878	75
124	225	01:08:16	4101	Rod WYATT	Monmouth	M4549	20	877	81
125	226	01:08:24	1121	Michael TASKER	Caerleon	M4549	21	876	80
126	227	01:08:47	3314	Chris HOPE	Islwyn	M4549	22	875	79
127	228	01:10:08	5517	Graham SIMPSON	Usk	M5559	14	874	87
128	229	01:10:30	1067	Tony KEAR	Caerleon	M5054	15	873	86
129	230	01:11:10	1024	David DAVIES	Caerleon	M5054	16	872	85
130	231	01:11:27	4636	Terry VAUGHAN	Parc Bryn Bach	M4549	23	871	78
131	232	01:11:52	3560	Neil CHIPPER	Lliswerry	M5559	15	870	86
132	233	01:12:32	4670	Andrew MARLOG	Parc Bryn Bach	M1739	41	869	60
133	234	01:13:19	4627	Darren SWIFT	Parc Bryn Bach	M5054	17	868	84
134	235	01:13:42	5018	Michael BRUNNOCK	Pont-y-Pwl	M5054	18	867	83
135	236	01:14:49	1599	Mark NICOL	Chepstow	M4549	24	866	77

PLACE	(token)	time h:mm:ss	#	NAME		CLUB	CATEGORY	category place	gender/team points	category points
136	238	01:16:58	5186	Gary	WILCOX	Pont-y-Pwl	M5559	16	865	85
137	239	01:19:45	3164	William	LEWIS	Islwyn	M6064	8	864	93
<b>OVER 70 MALE</b>										
1	103	00:51:18	4048	Jonathan	JENKINS	Monmouth	M7099	1	0	100
2	165	00:57:36	1512	Geoffrey	BAYLISS	Chepstow	M7099	2	0	99

## RACE SUMMARY

NUMBER OF RUNNERS BY CATEGORY			
F1734	24	M1739	41
F3539	18	M4044	26
F4044	16	M4549	24
F4549	18	M5054	18
F5054	13	M5559	16
F5559	6	M6064	8
F6064	3	M6569	4
F6599	2	M7099	2
LADIES TOTAL	100	MENS TOTAL	139

NUMBER OF RUNNERS BY CLUB			
CLUB	LADIES	MEN	TOTAL
CAERLEON	5	11	16
CHEPSTOW	8	16	24
FAIRWATER	8	8	16
GRIFFITHSTOWN	3	3	6
ISLWYN	11	19	30
LLISWERRY	19	24	43
MONMOUTH	10	9	19
PARC BRYN BACH	23	24	47
PONTYPOOL	12	19	31
USK	1	6	7
TOTAL	100	139	239



GLCL 2017~18 XC RACE SERIES  
RACE 4 of 5  
USK  
4th FEB. 2018

TEAM RESULTS

<u>MALE "A" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY	6	5931	10
2	PONT-Y-PWL	6	5914	9
3	CHEPSTOW	6	5873	8
4	PARC BRYN BACH	6	5845	7
5	ISLWYN	6	5840	6
6	MONMOUTH	6	5724	5
7	CAERLEON	6	5717	4
8	FAIRWATER	6	5654	3
9	USK	6	5500	2
10	GRIFFITHSTOWN	3	2878	1

<u>FEMALE "A" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY	4	3978	10
2	CHEPSTOW	4	3974	9
3	PARC BRYN BACH	4	3953	8
4	PONT-Y-PWL	4	3945	7
5	MONMOUTH	4	3929	6
6	CAERLEON	4	3875	5
7	ISLWYN	4	3861	4
8	FAIRWATER	4	3842	3
9	GRIFFITHSTOWN	3	2781	2
10	USK	1	932	1

<u>MALE TEAM "B&amp;C" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	PONT-Y-PWL(B)	6	5724	20
2	LLISWERRY(B)	6	5702	19
3	PARC BRYN BACH(B)	6	5671	18
4	CHEPSTOW(B)	6	5606	17
5	ISLWYN(B)	6	5514	16
6	LLISWERRY(C)	6	5487	15
7	PARC BRYN BACH(C)	6	5472	14
8	PONT-Y-PWL(C)	6	5389	13
9	ISLWYN(C)	6	5310	12
10	CAERLEON(B)	5	4394	11
11	CHEPSTOW(C)	3	2640	10
12	MONMOUTH(B)	2	1806	9
13	FAIRWATER(B)	2	1764	8
	CAERLEON(C)	0	0	
	GRIFFITHSTOWN(B)	0	0	
	USK(B)	0	0	
	FAIRWATER(C)	0	0	
	GRIFFITHSTOWN(C)	0	0	
	MONMOUTH(C)	0	0	
	USK(C)	0	0	

<u>FEMALE "B&amp;C" TEAM</u>		<u>RUNNERS</u>	<u>SCORE</u>	<u>POINTS</u>
1	LLISWERRY(B)	4	3902	20
2	PARC BRYN BACH(B)	4	3884	19
3	MONMOUTH(B)	4	3838	18
4	PONT-Y-PWL(B)	4	3830	17
5	PARC BRYN BACH(C)	4	3829	16
6	LLISWERRY(C)	4	3792	15
7	FAIRWATER(B)	4	3695	14
8	ISLWYN(B)	4	3690	13
9	CHEPSTOW(B)	4	3676	12
10	PONT-Y-PWL(C)	4	3659	11
11	ISLWYN(C)	3	2708	10
12	MONMOUTH(C)	2	1874	9
13	CAERLEON(B)	1	904	8
	CHEPSTOW(C)	0	0	
	GRIFFITHSTOWN(B)	0	0	
	GRIFFITHSTOWN(C)	0	0	
	CAERLEON(C)	0	0	
	FAIRWATER(C)	0	0	
	USK(B)	0	0	
	USK(C)	0	0	