

LCL X/C RACE SERIES 2009/10 ; RACE 3/5 ; CHEPSTOW 21st FEB. 2010

LADIES RACE RESULT :

Race position	Number	NAME	Club	Category	Category position
1	189	Marianne GITTOES	Chepstow	F1734	1
2	159	Katherine MATTHEWS	Chepstow	F1734	2
3	422	Sam HARRIS	Chepstow	F1734	3
4	605	Julie DAVIES	Griffithstown	F3539	1
5	418	Louise SUMMERS	Chepstow	F4044	1
6	243	Caroline MORTON	Parc Bryn Bach	F4044	2
7	115	Esther BARRETT,	Chepstow	F3539	2
8	305	Sandra CHIPPER,	Lliswerry	F3539	3
9	124	Niki MORGAN,	Chepstow	F4044	3
10	166	Jane GREEN,	Chepstow	F3539	4
11	102	Sue ASHTON,	Chepstow	F5559	1
12	209	Anne Marie EVANS,	Parc Bryn Bach	F3539	5
13	129	Jan MORRIS,	Chepstow	F4044	4
14	136	Vanessa LAWSON,	Chepstow	F3539	6
15	603	Daniela WOODBRIDGE	Griffithstown	F3539	7
16	612	Janet RICHARDS	Griffithstown	F4044	5
17	52	Shelagh ADKINS,	Caerleon	F6099	1
18	515	Jeanette JENKINS,	Fairwater	F4549	1
19	100	Roberta HAVERS	Chepstow	F1734	4
20	355	Alison SHEEDY	Lliswerry	F4044	6
21	502	Julie ROCHE,	Fairwater	F4044	7
22	615	Christine VORRÉS	Griffithstown	F5054	1
23	302	Yvonne FORSEY,	Lliswerry	F5054	2
24	104	Jayne BAYLISS,	Chepstow	F5559	2
25	188	Sharon BLORE	Chepstow	F4549	2
26	19	Gwyn HOWELLS,	Caerleon	F5559	3
27	182	Elizabetha BATTERSBY,	Chepstow	F5054	3
28	374	Denise WOOD	Lliswerry	F4549	3
29	161	Jackie WEBB	Chepstow	F4549	4
30	312	Julia DAVIES,	Lliswerry	F5054	4
31	337	Ros BURGESS	Lliswerry	F4044	8

LADIES TEAM :

(4 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	4	393	7
2	GRIFFITHSTOWN	4	347	6
3	LLISWERRY	4	325	5
4	PARC BRYN BACH	2	184	4
5	FAIRWATER	2	163	3
6	CAERLEON	2	159	2
7	ISLWYN	0	0	0

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Race position	Number	NAME	Club	Category	Category position
1	673	Stefan SIMMS	Griffithstown	M4044	1
2	530	Daryll BARNBY	Fairwater	M1739	1
3	195	Paul MURRIN,	Chepstow	M1739	2
4	388	Joshua HARRIS,	Lliswerry	M1739	3
5	194	Mark HARVEY,	Chepstow	M1739	4
6	201	David WILLIAMS,	Parc Bryn Bach	M1739	5
7	320	John FOSTER,	Lliswerry	M5054	1
8	696	Sean TAYLOR	Griffithstown	M1739	6
9	31	Leighton RAWLINSON	Caerleon	M1739	7
10	207	Simon LEWIS,	Parc Bryn Bach	M4044	2
11	199	Steve CALDWELL,	Chepstow	M1739	8
12	678	Dimitri VORRÉS	Griffithstown	M4549	1
13	193	James BLORE	Chepstow	M1739	9
14	348	Lee SMITH,	Lliswerry	M4044	3
15	421	Steven HARRIS	Chepstow	M1739	10
16	110	Laurie CARTER	Chepstow	M5054	2
17	379	Andrew DAWE	Lliswerry	M4044	4
18	361	Gareth HALL	Lliswerry	M1739	11
19	512	Kyle HARVEY	Fairwater	M1739	12
20	178	Ivan TEED	Chepstow	M1739	13
21	657	Steve DAVIES	Griffithstown	M5054	3
22	135	Mathew LAWSON,	Chepstow	M4044	5
23	540	Alun WILLIAMS,	Fairwater	M4549	2
24	156	Dave AUSTIN	Chepstow	M4044	6
25	197	Jeremy COWEN,	Chepstow	M1739	14
26	241	Nigel LAWRENCE	Parc Bryn Bach	M4044	7
27	211	Phillip MILES,	Parc Bryn Bach	M5559	1
28	509	Richard LLOYD,	Fairwater	M1739	15
29	65	Mike THURGOOD	Caerleon	M4044	8
30	377	Steve HARRHY	Lliswerry	M4044	9
31	694	Richard NORTHCOTT	Griffithstown	M1739	16
32	238	David SMOUT	Parc Bryn Bach	M6099	1
33	386	Matt CREED	Lliswerry	M1739	17
34	724	Kim WEHDEN	Islwyn	M4549	3
35	659	Gerard GORMLEY	Griffithstown	M4044	10
36	317	Paul DAY,	Lliswerry	M5559	2
37	168	Michael GRAZ	Chepstow	M1739	18
38	107	Nick BATTERSBY,	Chepstow	M4549	4
39	524	Richard THOMAS	Fairwater	M1739	19
40	506	Andrew SPENCER,	Fairwater	M4549	5
41	2	Howard MASON,	Caerleon	M4044	11
42	123	Neil GRANT,	Chepstow	M5559	3
43	513	Michael SKYRME	Fairwater	M4044	12
44	541	John WILLIAMS,	Fairwater	M4044	13
45	508	Mark FRY,	Fairwater	M4549	6

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Race position	Number	NAME	Club	Category	Category position
46	198	Kevin MCENTEE,	Chepstow	M5054	4
47	315	Paul DURSLEY,	Lliswerry	M5559	4
48	350	Christopher JONES,	Lliswerry	M5054	5
49	101	Gerry ASHTON,	Chepstow	M5559	5
50	428	Rob SUMMERS	Chepstow	M4044	14
51	675	Peter ROBERTS	Griffithstown	M5054	6
52	539	Adrian GWILLIAM	Fairwater	M4044	15
53	119	Dick FINCH,	Chepstow	M6099	2
54	329	Howard ATTWOOD,	Lliswerry	M5559	6
55	116	Nick DAVIES	Chepstow	M1739	20
56	108	Andy BRAY,	Chepstow	M5054	7
57	687	Stewart THOMPSON	Griffithstown	M4549	7
58	367	Rob ANDERSON	Lliswerry	M6099	3
59	336	Bryn BURGESS	Lliswerry	M5054	8
60	339	Clive CARTER	Lliswerry	M5054	9
61	113	Colin PROSSER,	Chepstow	M4549	8
62	324	John HILL,	Lliswerry	M5559	7
63	798	Lyndon SUTTON,	Islwyn	M5559	8

MENS TEAM :

(6 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	543	7
2	LLISWERRY	6	516	6
3	GRIFFITHSTOWN	6	498	5
4	FAIRWATER	6	455	4
5	PARC BRYN BACH	5	404	3
6	CAERLEON	3	224	2
7	ISLWYN	2	105	1