

35th Snowdon International Mountain Race
TDL Event Services - Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Ascent	Position	Descent	Position	Gun Time	Position	Chip Time	Position	Club	Team
35	Robbie	Simpson	M	1	M-INT	1	00:44:38	3	0:23:21	2	01:07:59	1	01:07:59	1		Scotland
16	Alex	Baldaccini	M	2	M-INT	2	00:45:00	4	0:24:11	6	01:09:11	2	01:09:10	3		Italy
2	Ian	Homes	M	3	M-INT	3	00:46:02	8	0:23:09	1	01:09:11	3	01:09:09	2		England
20	Francesco	Dellatorre	M	4	M-INT	4	00:45:52	7	0:23:34	3	01:09:26	4	01:09:24	4		Italy
5	Richard	Baker	M	5	M-INT	5	00:45:31	5	0:24:08	5	01:09:39	5	01:09:36	5		England
3	Danny	Hope	M	6	M-INT	6	00:45:43	6	0:24:07	4	01:09:50	6	01:09:49	6		England
1	Wilson	Chemweno	M	7	M-INT	7	00:43:47	2	0:27:45	32	01:11:32	7	01:11:31	7		Kenya
9	Andrew	Davies	M	8	M-INT	8	00:46:22	9	0:25:13	9	01:11:35	8	01:11:35	8		Wales
99	Steven	Cale	M	9	MOPEN	1	00:46:33	10	0:25:48	14	01:12:21	9	01:12:19	9	Shrewsury Athletic club	
4	Graham	Pearce	M	10	M-INT	9	00:48:07	12	0:24:32	7	01:12:39	10	01:12:37	10		England
10	Richard	Roberts	M	11	M-INT	10	00:48:21	14	0:25:11	8	01:13:32	11	01:13:31	11		Wales
33	Alisdair	Anthony	M	12	M-INT	11	00:47:41	11	0:26:20	16	01:14:01	12	01:13:59	12		Scotland
338	Nick	Leigh	M	13	MOPEN	2	00:48:55	17	0:25:20	12	01:14:15	13	01:14:14	13	Pudsey & Bramley	
17	Rolando	Piana	M	14	M-INT	12	00:43:21	1	0:31:03	76	01:14:24	14	01:14:23	14		Italy
324	Michael	Kallenberg	M	15	MOPEN	3	00:49:39	23	0:25:13	10	01:14:52	15	01:14:51	15	carmarthen Harriers	
36	Matthew	Sullivan	M	16	M-INT	13	00:50:10	24	0:25:45	13	01:15:55	16	01:15:53	16		Scotland
34	Andrew	Fallas	M	17	M-INT	14	00:48:35	16	0:27:35	28	01:16:10	17	01:16:08	17		Scotland
12	Ifan	Richards	M	18	M-INT	15	00:50:55	28	0:25:20	11	01:16:15	18	01:16:13	18		Wales
21	Des	Woods	M	19	M-INT	16	00:49:33	21	0:26:45	20	01:16:18	19	01:16:17	19		N.Ireland
19	Francesco	Peyronel	M	20	M-INT	17	00:50:57	29	0:26:01	15	01:16:58	20	01:16:56	20		Italy
52	Hugh	Aggleton	M	21	MOPEN	4	00:49:34	22	0:27:45	31	01:17:19	21	01:17:17	21	Mynyddwyr De Cymru	
263	William	Horsley	M	22	MOPEN	5	00:50:38	26	0:27:11	24	01:17:49	22	01:17:45	22	Northumberland Fell Runners	
256	Pete	Hodges	M	23	MOPEN	6	00:49:07	19	0:29:24	51	01:18:31	23	01:18:29	23	Dark Peak FR	
31	Jason	Kehoe	M	24	M-INT	18	00:51:22	32	0:27:42	30	01:19:04	24	01:19:02	24		Ireland
11	Matthew	Roberts	M	25	M-INT	19	00:51:52	33	0:27:21	26	01:19:13	25	01:19:12	25		Wales
272	John	Hunt	M	26	M40+	1	00:51:08	31	0:28:07	37	01:19:15	26	01:19:13	26	Dark Peak Fell Runners	
29	John	Harkin	M	27	M-INT	20	00:50:21	25	0:29:07	45	01:19:28	27	01:19:26	27		Ireland
390	Hugh	O'Donnell	M	28	MOPEN	7	00:52:20	36	0:27:16	25	01:19:36	28	01:19:32	28	Ambleside	
439	Iain	Ridgway	M	29	MOPEN	8	00:53:18	41	0:26:20	17	01:19:38	29	01:19:36	29	Eryri Harriers	
313	Paul	Jones	M	30	M40+	2	00:53:24	43	0:26:24	19	01:19:48	30	01:19:46	30	Oswestry Olympians	
30	Aengus	Burke	M	31	M-INT	21	00:49:05	18	0:31:12	79	01:20:17	31	01:20:14	31		Ireland
24	David	O'Flaherty	M	32	M-INT	22	00:53:35	44	0:26:48	21	01:20:23	32	01:20:22	32		N.Ireland
505	Adam	Taylor	M	33	MOPEN	9	00:52:15	35	0:28:14	38	01:20:29	33	01:20:26	33	Saddleworth Runners	
32	Richard	Healy	M	34	M-INT	23	00:51:06	30	0:29:41	55	01:20:47	34	01:20:45	34		Ireland
546	Dave	Wilby	M	35	MOPEN	10	00:52:25	38	0:28:37	41	01:21:02	35	01:20:58	35	Ilkley Harriers	
136	Tom	Cringle	M	36	MOPEN	11	00:53:42	45	0:27:36	29	01:21:18	36	01:21:13	36	Manx Fell Runners	
37	Catriona	Buchanan	F	1	F-INT	1	00:52:23	37	0:28:56	43	01:21:19	37	01:21:15	37		Scotland
188	Jordan	Evans	M	37	MOPEN	12	00:55:09	54	0:26:22	18	01:21:31	38	01:21:30	38	Eryri Harriers	
6	Pippa	Jackson	F	2	F-INT	2	00:53:13	40	0:28:43	42	01:21:56	39	01:21:54	39		England
355	Matthew	Marston	M	38	MOPEN	13	00:52:03	34	0:30:00	59	01:22:03	40	01:22:00	40		
22	Kris	Muldoon	M	39	M-INT	24	00:55:11	55	0:26:56	22	01:22:07	41	01:22:03	41		N.Ireland
28	Kevin	English	M	40	M-INT	25	00:54:47	52	0:27:22	27	01:22:09	42	01:22:07	42		Ireland
242	Richard	Healy	M	41	MOPEN	14	00:53:53	47	0:28:31	40	01:22:24	43	01:22:22	43	Crusaders AC	
27	Robin	Bryson	M	42	M-INT	26	00:48:10	13	0:34:27	154	01:22:37	44	01:22:33	44		Ireland
198	Matthew	Fortes	M	43	MOPEN	15	00:55:41	60	0:27:06	23	01:22:47	45	01:22:42	45	Eryri Harriers	
125	Arthur	Connell	M	44	MOPEN	16	00:50:46	27	0:32:26	107	01:23:12	46	01:23:10	46	Eryri Harriers	
23	Alex	Brennan	M	45	M-INT	27	00:54:02	48	0:29:21	49	01:23:23	47	01:23:20	47		N.Ireland
115	Martin	Cliffe	M	46	MOPEN	17	00:54:04	50	0:29:22	50	01:23:26	48	01:23:18	47	Eryri Harriers	
360	Mark	Mcgoldrick	M	47	MOPEN	18	00:54:03	49	0:29:56	56	01:23:59	49	01:23:55	49	Wharfedale Harriers	
363	James	Mcqueen	M	48	M40+	3	00:56:17	67	0:27:49	33	01:24:06	50	01:24:01	50	Eryri Harriers	
226	Trystan	Gwilym	M	49	MOPEN	19	00:56:19	68	0:28:00	35	01:24:19	51	01:24:15	51	Clwb rugby C.Fon	
452	Tomos	Roberts	M	50	MOPEN	20	00:56:28	70	0:28:03	36	01:24:31	52	01:24:27	52	Meirionnydd RC	
8	Lauren	Jeska	F	3	F-INT	3	00:00:00	0	1:24:33	461	01:24:33	53	01:24:33	53		England
38	Jill	Mykura	F	4	F-INT	4	00:55:17	57	0:29:28	54	01:24:45	54	01:24:41	54		Scotland
492	Stephen	Smithies	M	51	M40+	4	00:56:54	73	0:27:55	34	01:24:49	55	01:24:46	55	Calder Valley FR	
563	Gwyn Arfon	Williams	M	52	MOPEN	21	00:53:19	42	0:32:07	98	01:25:26	56	01:25:22	56	Eryri Harriers	
134	Noel	Craine	M	53	M45+	1	00:55:33	59	0:30:00	57	01:25:33	57	01:25:31	57	Eryri Harriers	
440	Sarah	Ridgway	F	5	FOPEN	1	00:57:26	83	0:28:28	39	01:25:54	58	01:25:51	58	Eryri Harriers	
578	Andrew	Yapp	M	54	M45+	2	00:55:50	61	0:30:21	62	01:26:11	59	01:26:08	59	Mercia	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Ascent	Position	Descent	Position	Gun Time	Position	Chip Time	Position	Club	Team
472	David	Sargent	M	55	M45+	3	00:55:53	63	0:30:30	65	01:26:23	60	01:26:11	60	Eden Runners	
201	Kevin	Francis	M	56	M40+	5	00:56:00	65	0:30:37	70	01:26:37	61	01:26:34	61	Shrewsbury AC	
556	Dafydd	Williams	M	57	M40+	6	00:56:30	71	0:30:17	60	01:26:47	62	01:26:44	63	Eryri Harriers	
168	Aled	Edwards	M	58	MOPEN	22	00:56:11	66	0:30:40	72	01:26:51	63	01:26:39	62	Eryri Harriers	
389	Niall	O'Conno	M	59	MOPEN	23	00:54:46	51	0:32:31	109	01:27:17	64	01:27:09	64	Ranelagh Harriers	
340	Dylan	Lewis	M	60	MOPEN	24	00:57:11	78	0:30:20	61	01:27:31	65	01:27:25	65	UWA Harriers	
40	Kyle	Fowler	M	61	M-INT	28	00:49:29	20	0:38:09	255	01:27:38	66	01:27:36	66		Inter.Dev.Team
418	Martyn	Pollitt	M	62	M45+	4	00:58:20	90	0:29:26	52	01:27:46	67	01:27:41	68	burnden road runners	
41	Jamie	Stevenson	M	63	M-INT	29	00:48:27	15	0:39:19	284	01:27:46	68	01:27:45	71		Inter.Dev.Team
515	Nick	Thomas	M	64	M45+	5	00:55:08	53	0:32:42	113	01:27:50	69	01:27:44	69	TELFORD HARRIERS	
339	Arwel	Lewis	M	65	M50+	1	00:57:14	80	0:30:37	68	01:27:51	70	01:27:50	72	Eryri Harriers	
173	Simon	Edwards	M	66	MOPEN	25	00:58:25	92	0:29:26	53	01:27:51	71	01:27:44	70	Buckley Runners	
371	Gari	Morris	M	67	MOPEN	26	00:56:30	72	0:31:23	84	01:27:53	72	01:27:40	67		
255	Eamonn	Hodge	M	68	MOPEN	27	00:55:50	62	0:32:15	102	01:28:05	73	01:28:02	73	IMRA - Irish Mountain Running	
15	Jenny	Heming	F	6	F-INT	5	00:59:06	101	0:29:11	47	01:28:17	74	01:28:16	74		Wales
421	Adam	Preston	M	69	MOPEN	28	00:59:24	103	0:29:04	44	01:28:28	75	01:28:23	76	Meirionnydd RC	
523	Nick	Treith	M	70	MOPEN	29	00:58:00	85	0:30:31	66	01:28:31	76	01:28:22	75	Wharfedale Harriers	
56	David	Ashby	M	71	M40+	7	00:58:02	86	0:30:35	67	01:28:37	77	01:28:31	77	Wharfedale Harriers	
478	Robert	Shaw	M	72	M40+	8	00:58:41	94	0:30:25	64	01:29:06	78	01:29:00	79	Wharfedale Harriers	
480	Ian	Shelley	M	73	M40+	9	00:58:39	93	0:30:37	69	01:29:16	79	01:28:59	78	City of Salisbury AC	
159	Paul	Drabble	M	74	M45+	6	00:57:05	76	0:32:22	105	01:29:27	80	01:29:24	80	Buxton AC	
166	Paull	Edward	M	75	MOPEN	30	00:55:12	56	0:34:30	157	01:29:42	81	01:29:32	81	Running ForeverRC	
392	Rory	O'Donnell	M	76	MOPEN	31	00:58:25	91	0:31:22	82	01:29:47	82	01:29:43	82	Eryri Harriers	
386	Kevin	Oates	M	77	M45+	7	00:57:01	74	0:32:57	122	01:29:58	83	01:29:46	83	Dewsbury RR	
550	Adrian	Williams	M	78	MOPEN	32	00:59:32	105	0:30:37	71	01:30:09	84	01:29:58	84	Eryri Harriers	
545	Stephen	Whitaker	M	79	M45+	8	00:58:49	96	0:31:22	81	01:30:11	85	01:30:09	85	Clayton le moors harriers	
300	Graham	Jones	M	80	M50+	2	00:57:41	84	0:32:31	110	01:30:12	86	01:30:10	86	Shrewsbury AC	
308	Matthew	Jones	M	81	MOPEN	33	00:59:29	104	0:30:51	73	01:30:20	87	01:30:15	87	Ripley	
7	Emma	Clayton	F	7	F-INT	6	00:57:05	75	0:33:18	133	01:30:23	88	01:30:21	88		England
39	Sula	Young	F	8	F-INT	7	00:55:26	58	0:35:12	177	01:30:38	89	01:30:35	89		Scotland
260	Brian	Horrocks	M	82	M50+	3	00:58:47	95	0:32:05	97	01:30:52	90	01:30:46	90	Clayton le Moors Harriers	
162	Graham	Earlam	M	83	M50+	4	00:57:12	79	0:33:48	143	01:31:00	91	01:30:53	91	Ellesmere Port RC	
450	Richard Emlyn	Roberts	M	84	M45+	9	01:02:02	144	0:29:07	46	01:31:09	92	01:30:59	92	Rhedwyr Eryri	
312	Paul	Jones	M	85	MOPEN	34	00:59:58	111	0:31:11	78	01:31:09	93	01:31:03	93	Eryri Harriers	
169	Gethin	Edwards	M	86	MOPEN	35	00:58:11	88	0:33:07	127	01:31:18	94	01:31:07	94	Menai Track and Field	
87	Daniel	Brazier	M	87	MOPEN	36	01:01:21	131	0:30:00	58	01:31:21	95	01:31:16	96	Mercia FR	
484	Richard	Sille	M	88	MOPEN	37	01:00:22	116	0:31:02	75	01:31:24	96	01:31:19	97	Manx Fell Runners	
114	Phil	Clayton	M	89	M40+	10	01:00:25	117	0:31:10	77	01:31:35	97	01:31:31	99	FRA	
229	Simon	Hall	M	90	MOPEN	38	00:59:54	110	0:31:43	88	01:31:37	98	01:31:22	98	sarn helen	
233	Adam	Harper	M	91	MOPEN	39	00:57:09	77	0:34:28	155	01:31:37	99	01:31:12	95		
346	Bryan	Lomas	M	92	M40+	11	00:55:54	64	0:35:53	193	01:31:47	100	01:31:43	100	Congleton Harriers	
577	Amanda	Wright-Smith	F	9	F40+	1	00:56:26	69	0:35:33	186	01:31:59	101	01:31:56	101	Birchfield Harriers	
287	Craig	Jones	M	93	M40+	12	00:59:15	102	0:32:51	120	01:32:06	102	01:32:02	102	Eryri Harriers	
81	Rene	Borg	M	94	MOPEN	40	01:00:18	114	0:31:53	93	01:32:11	103	01:32:07	103	Crusaders AC	
408	Gary	Pearson	M	95	M40+	13	01:00:11	112	0:32:13	101	01:32:24	104	01:32:08	104	Croft Ambrey	
276	Shaun	Jackson	M	96	MOPEN	41	00:59:47	108	0:32:39	111	01:32:26	105	01:32:21	107	Altrincham	
236	William	Harries	M	97	M45+	10	01:01:11	128	0:31:16	80	01:32:27	106	01:32:15	106	Shropshire Shufflers	
210	Ian	Gladwell	M	98	M45+	11	00:59:03	100	0:33:25	136	01:32:28	107	01:32:14	105	West End Runners	
468	Mark	Salkild	M	99	M50+	5	01:01:46	140	0:30:56	74	01:32:42	108	01:32:28	108	Dark Peak FR	
321	Stephen	Jones	M	100	M40+	14	01:02:20	150	0:30:24	63	01:32:44	109	01:32:37	111	Clwydian Range R	
372	James	Morris	M	101	MOPEN	42	01:00:55	121	0:31:52	92	01:32:47	110	01:32:37	110	Dewsbury RR	
495	Katrina	Spinney	F	10	FOPEN	2	01:03:34	169	0:29:14	48	01:32:48	111	01:32:41	112	Eryri Harriers	
419	Gary	Porter-Jones	M	102	M40+	15	01:01:27	134	0:31:24	85	01:32:51	112	01:32:29	109	Eryri Harriers	
45	Gwynfor	Owen	M	103	M55+	1	00:57:24	82	0:35:40	188	01:33:04	113	01:33:01	114	Eryri Harriers	
13	Anna	Bartlett	F	11	F-INT	8	00:58:56	97	0:34:16	151	01:33:12	114	01:33:10	116		Wales
185	Christopher	Evans	M	104	MOPEN	43	01:01:21	130	0:31:54	94	01:33:15	115	01:33:11	117	Eryri Harriers	
345	Gwion	Llwyd	M	105	MOPEN	44	00:59:42	107	0:33:40	140	01:33:22	116	01:32:54	113		
370	Russell	Morgan	M	106	MOPEN	45	01:01:09	125	0:32:18	103	01:33:27	117	01:33:06	115	Wirksworth	
176	Neil Oliver	Elias	M	107	M40+	16	01:00:18	113	0:33:17	132	01:33:35	118	01:33:29	118	Eryri Harriers	
442	Paul	Rigden	M	108	M45+	12	00:58:08	87	0:35:44	191	01:33:52	119	01:33:39	119	Heathfield RR	
163	Lawrence	Eccles	M	109	MOPEN	46	01:01:09	127	0:33:05	125	01:34:14	120	01:33:53	120	Penny Lane Striders	
200	Lifon	Foulkes	M	110	MOPEN	47	01:01:35	139	0:32:42	114	01:34:17	121	01:34:07	121	Eryri Harriers	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Ascent	Position	Descent	Position	Gun Time	Position	Chip Time	Position	Club	Team
282	Andy	Jones	M	111	MOPEN	48	01:02:11	146	0:32:07	99	01:34:18	122	01:34:13	123	North Wales Road Runners	
462	Gwynndaf	Rowlands	M	112	MOPEN	49	01:02:04	145	0:32:18	104	01:34:22	123	01:34:12	122	Menai T&F	
333	Stephen	Laker	M	113	MOPEN	50	00:58:59	98	0:35:24	181	01:34:23	124	01:34:20	124	wirral ac	
341	Tammy	Lewis-Jones	F	12	F40+	2	00:58:59	99	0:35:43	190	01:34:42	125	01:34:38	126	Eryri Harriers	
53	John	Aggleton	M	114	M55+	2	01:01:32	137	0:33:15	131	01:34:47	126	01:34:39	128	Mynyddwy De Cymru	
415	Steven	Plummer	M	115	MOPEN	51	01:01:08	123	0:33:43	141	01:34:51	127	01:34:45	129	Wharfedale	
549	John	Willacy	M	116	M40+	17	01:01:56	143	0:32:58	123	01:34:54	128	01:34:38	127	Eryri Harriers	
529	Ashley	Wager	M	117	M45+	13	01:01:48	141	0:33:10	128	01:34:58	129	01:34:50	130	Eryri Harriers	
516	Steve	Thomas	M	118	MOPEN	52	01:01:53	142	0:33:06	126	01:34:59	130	01:34:54	131	3m gorseinon road runners	
280	Richard	Johnson	M	119	MOPEN	53	01:02:30	152	0:32:30	108	01:35:00	131	01:34:37	125	Clwb Rhedeg Islwyn	
302	Haydn	Jones	M	120	M45+	14	01:02:38	154	0:32:25	106	01:35:03	132	01:35:02	132	Maldwyn harriers	
327	Jim	Kelly	M	121	M45+	15	01:02:21	151	0:32:46	115	01:35:07	133	01:35:04	134	Eryri Harriers	
469	Matt	Sampson	M	122	MOPEN	54	01:00:19	115	0:34:51	166	01:35:10	134	01:35:04	133		
101	James	Carey	M	123	MOPEN	55	01:01:09	126	0:34:06	148	01:35:15	135	01:35:11	135		
74	Neil	Bevan	M	124	MOPEN	56	01:01:08	124	0:34:09	150	01:35:17	136	01:35:12	136	Oswestry Olympians	
257	John	Hodgson	M	125	M40+	18	01:01:26	133	0:33:52	145	01:35:18	137	01:35:12	137		
14	Andrea	Rowlands	F	13	F-INT	9	01:03:30	168	0:31:50	91	01:35:20	138	01:35:17	138		Wales
328	Michael	Kelly	M	126	M40+	19	01:02:54	157	0:32:48	118	01:35:42	139	01:35:18	139	Leighton Buzzard AC	
164	Iwan	Edgar	M	127	M50+	6	01:00:47	119	0:34:56	170	01:35:43	140	01:35:18	140	Eryri Harriers	
336	Rebecca-Jane	Law	F	14	FOPEN	3	01:02:58	160	0:32:48	117	01:35:46	141	01:35:39	141	Eryri Harriers	
274	Llion Tegai	Iwan	M	128	M40+	20	01:00:59	122	0:34:51	167	01:35:50	142	01:35:46	143	Eryri Harriers	
26	Diane	Wilson	F	15	F-INT	10	01:03:03	162	0:32:47	116	01:35:50	143	01:35:45	142		N.Ireland
498	Paul	Stead	M	129	MOPEN	57	01:04:09	178	0:31:49	90	01:35:58	144	01:35:50	144	Northbrook AC	
57	Charles	Ashley	M	130	M50+	7	00:59:38	106	0:36:28	205	01:36:06	145	01:35:59	146	Wrexham AC	
437	John	Richards	M	131	M45+	16	01:02:35	153	0:33:34	137	01:36:09	146	01:35:55	145	oswestry olympians	
253	Mike	Hobday	M	132	M50+	8	01:05:11	187	0:31:23	83	01:36:34	147	01:36:24	148	Mysteruns	
534	Pete	Walters	M	133	MOPEN	58	01:01:20	129	0:35:18	180	01:36:38	148	01:36:30	149	Stourbridge RC	
50	Ben	Abrahams	M	134	MOPEN	59	00:59:51	109	0:36:50	220	01:36:41	149	01:36:20	147		
69	Pat	Bartlett	M	135	M40+	21	01:05:45	197	0:31:24	86	01:37:09	150	01:37:00	153	Interlopers	
535	Chris	Wardle	M	136	MOPEN	60	01:05:26	191	0:31:45	89	01:37:11	151	01:36:50	150	Wirksworth RC	
288	Dafydd T	Jones	M	137	MOPEN	61	01:03:36	170	0:33:36	138	01:37:12	152	01:36:54	152	Eryri Harriers	
138	Jon	Cross	M	138	M40+	22	01:02:20	149	0:34:53	169	01:37:13	153	01:37:03	154	Forth Valley Orienteers	
522	Huw	Trainor	M	139	MOPEN	62	01:04:15	179	0:33:02	124	01:37:17	154	01:37:07	155	Eryri Harriers	
463	John Wyn	Rowley	M	140	MOPEN	63	01:00:51	120	0:36:31	210	01:37:22	155	01:36:51	151		
97	David	Burton	M	141	M50+	9	01:03:04	163	0:34:32	158	01:37:36	156	01:37:23	156	Stroud & District AC	
536	Peter	Warner	M	142	M45+	17	01:01:35	138	0:36:04	195	01:37:39	157	01:37:27	157	Napton Runners	
543	Martin Cf	Weston	M	143	M40+	23	01:02:42	156	0:34:58	172	01:37:40	158	01:37:28	158		
319	Sioned Elen	Jones	F	16	FOPEN	4	01:03:42	174	0:34:07	149	01:37:49	159	01:37:41	160		
307	Martin	Jones	M	144	M45+	18	01:03:19	166	0:34:34	159	01:37:53	160	01:37:39	159	Carneddau Tri	
526	Andrew	Turner	M	145	MOPEN	64	01:03:44	175	0:34:27	153	01:38:11	161	01:38:00	163	Taunton AC	
382	Toby	Newman	M	146	MOPEN	65	01:05:03	186	0:33:12	130	01:38:15	162	01:37:55	161		
314	Peter M W	Jones	M	147	M50+	10	01:06:18	209	0:31:58	95	01:38:16	163	01:38:08	164		
107	James	Clancy	M	148	MOPEN	66	01:03:18	165	0:35:00	173	01:38:18	164	01:37:57	162	IMRA	
105	Beverley	Chapman	F	17	F40+	3	01:04:16	180	0:34:04	146	01:38:20	165	01:38:14	166	Heathfield RR	
432	Ronald	Rees	M	149	M55+	3	01:03:27	167	0:34:58	171	01:38:25	166	01:38:21	167	Pennine FR	
506	Mark	Taylor	M	150	MOPEN	67	01:06:59	224	0:31:31	87	01:38:30	167	01:38:13	165	Clayton le Moors	
131	Benjamin	Cousen	M	151	MOPEN	68	01:06:33	217	0:32:10	100	01:38:43	168	01:38:31	170	Otley AC	
75	Nick	Biggs	M	152	MOPEN	69	01:02:17	147	0:36:32	211	01:38:49	169	01:38:25	168		
281	Dee	Jolly	F	18	FOPEN	5	01:06:09	205	0:32:41	112	01:38:50	170	01:38:29	169	Sarn Helen	
116	Lynne	Clough	F	19	F40+	4	01:03:39	171	0:35:24	182	01:39:03	171	01:39:00	172	Chorley Harriers	
334	Marcus	Lancastle	M	153	M40+	24	01:05:25	190	0:33:47	142	01:39:12	172	01:38:59	171	Lincoln and District Runners	
500	Matt	Strickland	M	154	M40+	25	01:03:49	176	0:35:42	189	01:39:31	173	01:39:21	174		
507	Morgan	Taylor	M	155	MOPEN	70	01:03:39	172	0:36:04	196	01:39:43	174	01:39:19	173		
575	Dave	Woodvine	M	156	MOPEN	71	01:05:57	200	0:33:49	144	01:39:46	175	01:39:39	175	Shropshire Shufflers	
153	William Stephen	Davies	M	157	M40+	26	01:00:44	118	0:39:05	278	01:39:49	176	01:39:44	177		
537	Tim	Watson	M	158	M45+	19	01:02:41	155	0:37:11	228	01:39:52	177	01:39:49	178		
530	Craig	Walker	M	159	MOPEN	72	01:05:12	188	0:34:45	163	01:39:57	178	01:39:51	179	FRA	
517	Martin	Thomerson	M	160	MOPEN	73	01:02:55	158	0:37:05	225	01:40:00	179	01:39:43	176		
230	Robin	Halliday	M	161	MOPEN	74	01:04:49	183	0:35:16	179	01:40:05	180	01:39:54	180		
228	Andrew	Hall	M	162	M60+	1	01:06:49	222	0:33:19	134	01:40:08	181	01:39:56	181	Portsmouth Joggers	
400	Rhys	Owen	M	163	MOPEN	75	01:03:51	177	0:36:43	217	01:40:34	182	01:40:31	183		
171	Philip	Edwards	M	164	M40+	27	01:01:30	136	0:39:12	281	01:40:42	183	01:40:28	182		

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Ascent	Position	Descent	Position	Gun Time	Position	Chip Time	Position	Club	Team
331	Clive	King	M	165	M40+	28	01:05:59	202	0:34:49	164	01:40:48	184	01:40:37	184	Eryri Harriers	
119	Jonathan	Cole	M	166	MOPEN	76	01:05:58	201	0:34:52	168	01:40:50	185	01:40:41	185	Ellesmere Port RC	
278	Paul	Jenkinson	M	167	M40+	29	00:57:15	81	0:43:37	370	01:40:52	186	01:40:46	186	Eryri Harriers	
451	Tegid	Roberts	M	168	M50+	11	00:58:14	89	0:42:46	355	01:41:00	187	01:40:57	190		
499	Paul	Stinton	M	169	MOPEN	77	01:06:23	213	0:34:42	161	01:41:05	188	01:40:56	188	Clwydian Range Runners	
60	Stephen	Bajic	M	170	M50+	12	01:02:58	161	0:38:10	256	01:41:08	189	01:40:54	187	telford harriers	
209	Karl	Garside	M	171	M40+	30	01:06:28	216	0:34:44	162	01:41:12	190	01:40:56	189		
203	Gus	French	M	172	M50+	13	01:07:01	225	0:34:18	152	01:41:19	191	01:41:06	191	Pennine FR	
511	Dean	Thomas	M	173	M40+	31	01:07:17	230	0:34:05	147	01:41:22	192	01:41:18	194		
65	Steve	Barnard	M	174	M50+	14	01:05:17	189	0:36:09	197	01:41:26	193	01:41:16	192	Rhedwyr eryri	
349	Phillip	Lynes	M	175	MOPEN	78	01:03:12	164	0:38:15	261	01:41:27	194	01:41:25	196		
247	Iain	Henderson	M	176	MOPEN	79	01:06:18	210	0:35:11	176	01:41:29	195	01:41:21	195	lochaber	
147	Graham	Davies	M	177	M45+	20	01:07:55	243	0:33:37	139	01:41:32	196	01:41:28	197	Colwyn Bay AC	
311	Nick	Jones	M	178	MOPEN	80	01:05:52	199	0:35:48	192	01:41:40	197	01:41:18	193	Eryri Harriers	
430	Ross	Quick	M	179	MOPEN	81	01:04:37	181	0:37:13	231	01:41:50	198	01:41:45	199		
216	Lee	Grant	M	180	M40+	32	01:04:44	182	0:37:11	229	01:41:55	199	01:41:31	198	Goyt Valley Striders	
170	Kevin	Edwards	M	181	MOPEN	82	01:09:06	262	0:32:54	121	01:42:00	200	01:41:53	202	Eryri Harriers	
241	Adrian	Hayward	M	182	M40+	33	01:02:55	159	0:39:07	279	01:42:02	201	01:41:46	200		
100	Debbie	Campbell	F	20	FOPEN	6	01:03:39	173	0:38:23	265	01:42:02	202	01:41:55	203	Skelmerdale Boundary Harriers	
102	Greg	Carns	M	183	M40+	34	01:06:37	219	0:35:30	185	01:42:07	203	01:41:47	201		
219	Andrew	Grenville	M	184	MOPEN	83	01:04:53	185	0:37:17	233	01:42:10	204	01:41:56	204		
139	Tony	Crossley	M	185	M55+	4	01:07:19	232	0:35:00	174	01:42:19	205	01:42:10	208	East Grinstead AC	
286	Christopher	Jones	M	186	M40+	35	01:06:27	215	0:35:57	194	01:42:24	206	01:42:10	206	clwydian range runners	
335	Ian	Landucci	M	187	M45+	21	01:06:05	203	0:36:21	199	01:42:26	207	01:42:10	207	Helsby	
352	David	Markham	M	188	M45+	22	01:07:06	227	0:35:25	183	01:42:31	208	01:42:07	205	Leighton Buzzard AC	
388	Cormac	O'Ceallaigh	M	189	MOPEN	84	01:06:14	206	0:36:25	204	01:42:39	209	01:42:33	210	Sli Cualann	
494	Christopher	Speight	M	190	M50+	15	01:02:17	148	0:40:23	304	01:42:40	210	01:42:36	211	Helm Hill R	
309	Michael	Jones	M	191	M45+	23	01:05:46	198	0:36:57	223	01:42:43	211	01:42:24	209		
79	Mike J	Blake	M	192	M60+	2	01:09:56	286	0:32:50	119	01:42:46	212	01:42:43	213	Eryri Harriers	
269	Isaline	Hughes	F	21	F40+	5	01:05:27	192	0:37:30	234	01:42:57	213	01:42:48	215	burden road runners	
177	Owain Arwel	Elias	M	193	MOPEN	85	01:06:20	211	0:36:40	216	01:43:00	214	01:42:47	214		
490	Sharron	Smith	F	22	FOPEN	7	01:06:36	218	0:36:24	202	01:43:00	215	01:42:42	212	Bingley	
567	Kirk	Williams	M	194	MOPEN	86	01:11:15	299	0:31:58	96	01:43:13	216	01:42:51	216	Trsport Epping	
369	John	Morgan	M	195	MOPEN	87	01:06:15	208	0:37:01	224	01:43:16	217	01:42:55	217	Vegan Runners	
374	Paul Tinner	Morris	M	196	M40+	36	01:06:05	204	0:37:16	232	01:43:21	218	01:43:04	218		
299	Glyn	Jones	M	197	M45+	24	01:08:01	247	0:35:26	184	01:43:27	219	01:43:22	219	Maldwyn Harriers	
43	Joan	Bryson	F	23	F-INT	11	01:05:39	195	0:38:03	251	01:43:42	220	01:43:24	220		Ireland
477	Richard	Shaw	M	198	M55+	5	01:09:20	269	0:34:28	156	01:43:48	221	01:43:40	223	anster haddies	
239	Andrew	Harwood	M	199	M45+	25	01:06:22	212	0:37:38	240	01:44:00	222	01:43:35	221	Fell Runners Association	
179	Andrew	Elms	M	200	MOPEN	88	01:09:30	271	0:34:36	160	01:44:06	223	01:43:58	225	Heathfield RR	
510	Dafydd Whiteside	Thomas	M	201	M60+	3	01:07:16	229	0:36:51	221	01:44:07	224	01:43:37	222	Eryri Harriers	
425	Shane	Price	M	202	MOPEN	89	01:07:37	238	0:36:30	207	01:44:07	225	01:43:57	224	North Wales Fire & Rescue	
106	Graham	Chapman	M	203	M45+	26	01:07:57	245	0:36:24	203	01:44:21	226	01:44:14	227	Heathfield RR	
132	Chris C	Crabtree	M	204	MOPEN	90	01:05:36	193	0:38:49	272	01:44:25	227	01:44:14	226	Trawden AC	
461	Dilwyn	Rowlands	M	205	MOPEN	91	01:09:12	266	0:35:14	178	01:44:26	228	01:44:15	228	Eryri Harriers	
244	Andrew	Hearle	M	206	M55+	6	01:07:55	244	0:36:33	212	01:44:28	229	01:44:23	230	Mercia FR	
347	Chris	Lord	M	207	M40+	37	01:05:40	196	0:39:02	276	01:44:42	230	01:44:17	229	Carneddai Tri	
542	John	Weston	M	208	M50+	16	01:05:37	194	0:39:10	280	01:44:47	231	01:44:31	231	Ipswich Jaffa	
569	Rhodri	Williams	M	209	M40+	38	01:07:09	228	0:37:52	245	01:45:01	232	01:44:38	232		
509	Ali	Thomas	F	24	F40+	6	01:09:23	270	0:35:39	187	01:45:02	233	01:44:42	233	Eryri Harriers	
467	Chris	Ryan	M	210	MOPEN	92	01:06:56	223	0:38:13	260	01:45:09	234	01:44:47	234		
261	David	Horrocks	M	211	M45+	27	01:08:40	254	0:36:30	208	01:45:10	235	01:45:02	237	Claton le Moors	
222	Sian Rhun	Griffiths	F	25	FOPEN	8	01:10:07	291	0:35:03	175	01:45:10	236	01:44:53	235		
298	Geraint	Jones	M	212	M40+	39	01:07:41	240	0:37:32	237	01:45:13	237	01:45:06	238	Eryri Harriers	
252	Rachel	Hill	F	26	FOPEN	9	01:10:33	293	0:34:51	165	01:45:24	238	01:45:15	239	fra	
84	Catherine	Bradley	F	27	FOPEN	10	01:09:11	265	0:36:15	198	01:45:26	239	01:45:18	240	Wharfedale Harriers	
224	Gary	Gunner	M	213	M60+	4	01:12:03	313	0:33:25	135	01:45:28	240	01:45:24	241	Croft Ambrey	
323	Mark	Kallenberg	M	214	M45+	28	01:08:58	260	0:36:31	209	01:45:29	241	01:45:02	236		
94	Richard	Bromley	M	215	M60+	5	01:09:15	268	0:36:56	222	01:46:11	242	01:45:59	244	Dursley & District AC	
566	Keith	Williams	M	216	M40+	40	01:09:33	275	0:36:40	214	01:46:13	243	01:45:59	243		
73	Roy	Betts	M	217	M45+	29	01:07:44	241	0:38:35	268	01:46:19	244	01:45:54	242	Evesham Vale RC	
514	Neil	Thomas	M	218	MOPEN	93	01:08:09	248	0:38:12	258	01:46:21	245	01:46:13	247	Sospan RR	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Ascent	Position	Descent	Position	Gun Time	Position	Chip Time	Position	Club	Team
398	Emlyn	Owen	M	219	MOPEN	94	01:09:38	276	0:36:44	218	01:46:22	246	01:46:07	245		
217	Miranda	Grant	F	28	FOPEN	11	01:13:14	325	0:33:10	129	01:46:24	247	01:46:16	249	Eryri Harriers	
93	Phil	Bromley	M	220	M45+	30	01:08:57	259	0:37:35	239	01:46:32	248	01:46:21	250	Twilight Home Running Club	
194	Tim	Felton	M	221	M55+	7	01:09:56	288	0:36:38	213	01:46:34	249	01:46:25	252	Tiverton Harriers	
246	Annie	Williams	F	29	F50+	1	01:09:55	284	0:36:40	215	01:46:35	250	01:46:30	254	Eryri Harriers	
377	Leo	Murray	M	222	MOPEN	95	01:07:40	239	0:38:58	275	01:46:38	251	01:46:09	246	Shrewsbury AC	
186	Darryl	Evans	M	223	M45+	31	01:09:54	282	0:36:47	219	01:46:41	252	01:46:22	251	Maldwyn Harriers	
96	Mark	Burgoyne	M	224	M45+	32	01:07:45	242	0:38:57	274	01:46:42	253	01:46:14	248		
424	Colin	Price	M	225	M50+	17	01:07:25	233	0:39:20	285	01:46:45	254	01:46:27	253	Corus Multi Sport Club	
496	Paul	Spurge	M	226	M55+	8	01:08:41	255	0:38:12	257	01:46:53	255	01:46:40	255	Portsmouth Joggers	
140	Clare	Dallimore	F	30	FOPEN	12	01:09:43	277	0:37:33	238	01:47:16	256	01:46:56	258		
570	Brian	Wills	M	227	MOPEN	96	01:07:30	236	0:39:48	298	01:47:18	257	01:46:54	256	Llanberis MRT	
330	Paul	Kerry	M	228	M45+	33	01:08:47	256	0:38:35	269	01:47:22	258	01:46:56	257		
148	Gwylm	Davies	M	229	MOPEN	97	01:09:06	263	0:38:17	262	01:47:23	259	01:47:15	260		
357	John	Mathews	M	230	M40+	41	01:08:00	246	0:39:27	288	01:47:27	260	01:47:22	261	Ambleside	
460	Ian M	Rothery	M	231	M55+	9	01:07:19	231	0:40:11	301	01:47:30	261	01:47:23	262	Cybi Striders	
350	Andrew	Macgillivray	M	232	MOPEN	98	01:08:30	250	0:39:02	277	01:47:32	262	01:47:05	259	Bridport R	
573	Michael	Wood	M	233	M45+	34	01:10:04	290	0:37:42	241	01:47:46	263	01:47:34	263	Almost Athletes	
448	Don	Williams	M	234	M60+	6	01:06:23	214	0:41:34	329	01:47:57	264	01:47:51	266	Eryri Harriers	
571	Chris	Wise	M	235	M45+	35	01:09:30	272	0:38:27	267	01:47:57	265	01:47:45	264	Bolton Harriers	
538	Graham	West	M	236	M50+	18	01:06:38	220	0:41:22	324	01:48:00	266	01:47:52	267	Heathfield Road Runners	
133	Andrew Stanley	Craig	M	237	M45+	36	01:10:10	292	0:38:03	250	01:48:13	267	01:47:48	265		
438	Luke	Richards	M	238	MOPEN	99	01:07:28	234	0:40:57	314	01:48:25	268	01:48:20	273		
214	Chris	Good	M	239	M50+	19	01:11:24	305	0:37:05	226	01:48:29	269	01:48:15	270	FRA	
250	Tim	Hicks	M	240	M50+	20	01:09:15	267	0:39:16	283	01:48:31	270	01:48:13	268	Haywards Heath Harriers	
406	Craig	Partridge	M	241	M40+	42	01:10:41	294	0:37:56	247	01:48:37	271	01:48:18	272	Altrincham	
502	Trevor	Symonds	M	242	M50+	21	01:11:28	307	0:37:12	230	01:48:40	272	01:48:16	271	FRA	
111	Lucy	Clarke	F	31	FOPEN	13	01:06:14	207	0:42:28	346	01:48:42	273	01:48:32	274	Somerset RC Tri	
249	Geoff	Hicks	M	243	MOPEN	100	01:09:30	273	0:39:12	282	01:48:42	274	01:48:13	269		
72	Stefan	Beine	M	244	M40+	43	01:07:33	237	0:41:13	321	01:48:46	275	01:48:42	275	TSV Kirchdorf	
110	Jennifer Michelle	Clarke	F	32	FOPEN	14	01:08:50	257	0:40:06	300	01:48:56	276	01:48:43	276		
342	Stephen	Littlewood	M	245	M55+	10	01:04:51	184	0:44:12	380	01:49:03	277	01:48:59	278	Hereford Couriers	
117	Alan	Coatsworth	M	246	M50+	22	01:11:25	306	0:37:48	243	01:49:13	278	01:49:08	281		
337	Richard	Lawson	M	247	MOPEN	101	01:08:31	251	0:40:43	311	01:49:14	279	01:48:58	277		
367	Joanne	Moore	F	33	FOPEN	15	01:09:56	285	0:39:21	286	01:49:17	280	01:49:11	282		
120	Paul	Colebatch	M	248	MOPEN	102	01:09:50	281	0:39:28	289	01:49:18	281	01:48:59	279		
503	Michael	Symons	M	249	M40+	44	01:09:56	287	0:39:24	287	01:49:20	282	01:49:05	280	Manchester YMCA Harriers	
167	Alan	Edwards	M	250	M40+	45	01:09:55	283	0:39:42	294	01:49:37	283	01:49:16	284	Eryri Harriers	
364	Danny	Mills	M	251	M50+	23	01:11:20	303	0:38:19	263	01:49:39	284	01:49:28	285	York Postal Harriers	
221	Tim	Griffith	M	252	MOPEN	103	01:09:10	264	0:40:31	305	01:49:41	285	01:49:14	283		
407	Danny	Patton	M	253	M40+	46	01:12:01	312	0:37:50	244	01:49:51	286	01:49:33	286		
180	Michael	Elms	M	254	M55+	11	01:09:45	280	0:40:13	303	01:49:58	287	01:49:49	287	Heathfield RR	
409	Mark	Pendlebury	M	255	M45+	37	01:09:33	274	0:40:33	306	01:50:06	288	01:49:54	288	Holmes Chapel Harriers	
453	Tony	Roberts	M	256	M45+	38	01:10:45	295	0:39:31	291	01:50:16	289	01:50:02	289		
444	Andrew	Roberts	M	257	M45+	39	01:07:05	226	0:43:27	366	01:50:32	290	01:50:21	290	abergele mysteruns	
251	Debbie	Hill	F	34	F50+	2	01:09:44	279	0:41:01	316	01:50:45	291	01:50:32	292	Congleton Harriers	
297	Geraint	Jones	M	258	MOPEN	104	01:12:56	323	0:38:04	253	01:51:00	292	01:50:28	291		
356	Jeremy	Martin	M	259	M50+	24	01:09:43	278	0:41:32	327	01:51:15	293	01:50:52	293	FRA	
508	Scott	Taylor	M	260	MOPEN	105	01:14:14	340	0:37:07	227	01:51:21	294	01:51:10	295	Westbury Harriers	
151	Robert	Davies	M	261	MOPEN	106	01:08:34	253	0:42:47	356	01:51:21	295	01:51:06	294		
223	Simon	Griffiths	M	262	MOPEN	107	01:15:07	353	0:36:21	200	01:51:28	296	01:51:11	296		
108	Donna	Claridge	F	35	F40+	7	01:13:29	327	0:38:12	259	01:51:41	297	01:51:25	297	Dark Peak FR	
541	Alison	Weston	F	36	F45+	1	01:13:52	331	0:37:56	248	01:51:48	298	01:51:34	299		
353	Keith	Markley	M	263	M50+	25	01:08:29	249	0:43:23	365	01:51:52	299	01:51:45	300	wigston phoenix rc	
77	Oliver	Bird	M	264	MOPEN	108	01:12:10	315	0:39:47	297	01:51:57	300	01:51:34	298		
156	Peter	Dooley	M	265	M50+	26	01:06:39	221	0:45:23	389	01:52:02	301	01:51:52	301		
325	Jason	Kaushal	M	266	M40+	47	01:14:03	336	0:38:04	252	01:52:07	302	01:51:59	303	HOLMFIRTH HARRIERS & AC	
527	Jean	Turner	F	37	F45+	2	01:11:21	304	0:40:55	313	01:52:16	303	01:51:57	302	TELFORD HARRIERS	
519	Stewart	Thomson	M	267	M45+	40	01:11:15	298	0:41:04	318	01:52:19	304	01:52:12	307	Griffithstown Harriers	
473	Paul	Satchell	M	268	M50+	27	01:12:35	319	0:39:46	296	01:52:21	305	01:52:18	308		
303	Hedd	Jones	M	269	MOPEN	109	01:14:15	341	0:38:07	254	01:52:22	306	01:52:02	304		
187	Ifan Richard	Evans	M	270	M40+	48	01:14:54	349	0:37:32	236	01:52:26	307	01:52:06	305		

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Ascent	Position	Descent	Position	Gun Time	Position	Chip Time	Position	Club	Team
174	Stephen	Edwards	M	271	MOPEN	110	01:16:08	363	0:36:24	201	01:52:32	308	01:52:08	306	Eryri Harriers	
215	David	Gould	M	272	M55+	12	01:14:13	339	0:38:25	266	01:52:38	309	01:52:20	309	WEST BROMWICH HARRIERS	
375	Ceri	Morton	F	38	FOPEN	16	01:14:03	335	0:38:40	270	01:52:43	310	01:52:26	311		
290	Dei	Jones	M	273	M55+	13	01:14:51	348	0:37:54	246	01:52:45	311	01:52:24	310	Eryri Harriers	
383	Peter	Nicholls	M	274	M55+	14	01:12:13	316	0:40:35	307	01:52:48	312	01:52:33	312	Meirionydd	
482	Michael	Shepherd	M	275	M40+	49	01:08:51	258	0:44:00	376	01:52:51	313	01:52:42	313	Medmenham RC	
391	Lucy	O'Donnell	F	39	FOPEN	17	01:11:19	301	0:41:42	331	01:53:01	314	01:52:44	314	Ambleside FC	
351	Martin	Mankowski	M	276	MOPEN	111	01:07:29	235	0:45:43	393	01:53:12	315	01:52:55	315	Sheen Shufflers	
160	Andrew	Dugdale	M	277	M45+	41	01:12:18	318	0:41:00	315	01:53:18	316	01:53:01	317	Clayton le moors	
531	David	Walker	M	278	M55+	15	01:15:03	352	0:38:21	264	01:53:24	317	01:53:07	318	Macclesfield harriers AC	
488	John D	Smith	M	279	M60+	7	01:12:04	314	0:41:21	323	01:53:25	318	01:53:11	319	meirionnydd running club	
71	Christopher	Bates	M	280	M40+	50	01:11:04	296	0:42:23	345	01:53:27	319	01:52:59	316		
411	Patrick	Phelan	M	281	M45+	42	01:11:13	297	0:42:29	347	01:53:42	320	01:53:30	322		
405	Dylan	Parry	M	282	M40+	51	01:14:55	350	0:38:49	273	01:53:44	321	01:53:17	320		
539	Dale	Western	M	283	MOPEN	112	01:14:05	338	0:39:42	295	01:53:47	322	01:53:18	321	Havant AC	
459	Desmond	Rothery	M	284	MOPEN	113	01:11:19	302	0:42:32	348	01:53:51	323	01:53:42	324	Cybi Striders	
564	Ian	Williams	M	285	M50+	28	01:11:59	311	0:41:58	335	01:53:57	324	01:53:35	323	Cybi Striders	
348	David	Luxton	M	286	M45+	43	01:12:59	324	0:41:01	317	01:54:00	325	01:53:48	326	Gillingham Trotters	
454	Ian	Robinson	M	287	M40+	52	01:12:40	321	0:41:32	328	01:54:12	326	01:53:44	325		
146	Glenda	Davies	F	40	F45+	3	01:13:44	330	0:40:39	309	01:54:23	327	01:54:03	327	Prestatyn RC	
64	Andrew	Bardsley	M	288	M45+	44	01:11:56	310	0:42:35	349	01:54:31	328	01:54:21	329	Glossopdale	
316	Philip	Jones	M	289	M50+	29	01:13:59	334	0:40:37	308	01:54:36	329	01:54:17	328	Calder Valley Fell Runners	
270	Peter	Hughes	M	290	M40+	53	00:00:00	0	1:55:01	463	01:55:01	330	01:55:01	332		
295	Gary	Jones	M	291	M45+	45	01:12:54	322	0:42:08	336	01:55:02	331	01:54:50	331	Bolton Utd Harriers	
489	Matt	Smith	M	292	MOPEN	114	01:12:17	317	0:42:58	359	01:55:15	332	01:54:46	330	Wirksworth RC	
275	Paul	Jackson	M	293	M40+	54	01:11:17	300	0:44:00	375	01:55:17	333	01:55:08	334	Chorley Harriers	
59	Patrick	Austin	M	294	M40+	55	01:17:38	383	0:37:43	242	01:55:21	334	01:55:09	335	Cambridge Harriers	
470	Paul	Samuels	M	295	MOPEN	115	01:09:59	289	0:45:26	390	01:55:25	335	01:55:02	333		
85	Gary	Bradley	M	296	M45+	46	01:15:52	360	0:39:34	293	01:55:26	336	01:55:11	336	Wharfedale Harriers	
397	Barry	Owen	M	297	MOPEN	116	01:14:04	337	0:41:27	326	01:55:31	337	01:55:12	337	Rhedwyr Emlyn	
208	Thomas	Galvin	M	298	MOPEN	117	01:13:42	329	0:41:52	333	01:55:34	338	01:55:24	339	Irish MRA	
118	Mark	Cochran	M	299	MOPEN	118	01:09:05	261	0:46:30	399	01:55:35	339	01:55:29	342	Bourne Town Harriers	
380	Mark	Newell	M	300	M50+	30	01:14:34	345	0:41:06	319	01:55:40	340	01:55:28	341	cambridge harriers	
292	Gareth	Jones	M	301	M40+	56	01:15:50	359	0:39:55	299	01:55:45	341	01:55:26	340	Sarn Helen	
362	Wayne	Mcperson	M	302	MOPEN	119	01:14:27	344	0:41:18	322	01:55:45	342	01:55:15	338		
399	Kevin	Owen	M	303	M40+	57	01:13:56	332	0:41:52	334	01:55:48	343	01:55:31	343		
142	Brian	Davies	M	304	M60+	8	01:16:31	366	0:39:31	290	01:56:02	344	01:55:56	346	Croft Ambrey RC	
384	John	Nightingale	M	305	MOPEN	120	01:19:46	404	0:36:28	206	01:56:14	345	01:55:44	344		
428	David	Prytherch	M	306	M40+	58	01:13:57	333	0:42:17	339	01:56:14	346	01:55:44	345	Eryri Harriers	
155	Stephen	Dixon	M	307	M55+	16	01:16:42	371	0:39:33	292	01:56:15	347	01:55:56	347	Valley Striders	
88	Kim	Braznell	F	41	F50+	3	01:08:32	252	0:47:49	406	01:56:21	348	01:55:57	348	Halesowen AC	
301	Gwen	Jones	F	42	FOPEN	18	01:14:47	347	0:41:49	332	01:56:36	349	01:56:11	350	Eryri Harriers	
126	Ken	Connor	M	308	M45+	47	01:13:31	328	0:43:06	361	01:56:37	350	01:56:11	349		
486	Paul	Smart	M	309	M50+	31	01:13:17	326	0:43:39	371	01:56:56	351	01:56:25	351	human energy weedon	
190	Maldwyn	Evans	M	310	M45+	48	01:15:57	361	0:41:22	325	01:57:19	352	01:56:58	352	Eryri Harriers	
485	Adam	Smart	M	311	MOPEN	121	01:14:22	342	0:43:23	363	01:57:45	353	01:57:14	353		
443	Brian	Robbins	M	312	M60+	9	01:11:51	308	0:45:55	395	01:57:46	354	01:57:34	355	Eryri Harriers	
524	Richard	Treitol	M	313	M55+	17	01:15:40	357	0:42:18	342	01:57:58	355	01:57:33	354	Clayton Le Moors Harriers	
265	Christopher	Hughes	M	314	M40+	59	01:17:18	378	0:40:45	312	01:58:03	356	01:57:49	356		
283	Anthony Glyn	Jones	M	315	MOPEN	122	01:15:39	356	0:42:45	353	01:58:24	357	01:57:52	357		
310	Nathan	Jones	M	316	MOPEN	123	01:15:43	358	0:42:41	352	01:58:24	358	01:57:52	358	Bournville harriers	
61	Alistair	Banfield	M	317	M40+	60	01:17:14	375	0:41:12	320	01:58:26	359	01:58:11	360	Tonbridge AC	
548	Joseph	Wilkinson	M	318	MOPEN	124	01:16:19	365	0:42:17	340	01:58:36	360	01:58:05	359		
322	Stephen Lloyd	Jones	M	319	M55+	18	01:12:35	320	0:46:06	397	01:58:41	361	01:58:32	362	Eryri Harriers	
381	Judith	Newham	F	43	F40+	8	01:20:48	418	0:37:57	249	01:58:45	362	01:58:29	361	Congleton Harriers	
175	Clint	Edwardson	M	320	MOPEN	125	01:18:42	390	0:40:13	302	01:58:55	363	01:58:52	366	Hailsham Harriers	
86	Sarah	Brassington	F	44	FOPEN	19	01:15:19	354	0:43:41	372	01:59:00	364	01:58:35	363		
90	Andy	Bridge	M	321	M45+	49	01:15:30	355	0:43:32	369	01:59:02	365	01:58:42	364	BARF	
149	Huw	Davies	M	322	M45+	50	01:21:44	425	0:37:31	235	01:59:15	366	01:58:52	365	Clwb Rhedeg Ardal Penlanffos	
332	Brian	Kirkdale	M	323	M50+	32	01:15:58	362	0:43:30	367	01:59:28	367	01:59:11	367	Hastings Runners	
412	Philip	Pilbeam	M	324	MOPEN	126	01:17:13	374	0:42:40	351	01:59:53	368	01:59:30	368	Eryri Harriers	
258	James	Holdaway	M	325	MOPEN	127	01:17:44	384	0:42:14	337	01:59:58	369	01:59:32	369	Royton Road Runners	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Ascent	Position	Descent	Position	Gun Time	Position	Chip Time	Position	Club	Team
455	Nathan	Robinson	M	326	MOPEN	128	01:16:33	367	0:43:30	368	02:00:03	370	01:59:42	370	bolton united harriers	
532	Martin	Walsh	M	327	M60+	10	01:19:35	401	0:40:39	310	02:00:14	371	01:59:59	372	Lytham St Annes RR	
143	Caryl	Davies	F	45	FOPEN	20	01:17:35	381	0:42:45	354	02:00:20	372	01:59:56	371	Sarn Helen	
553	Alwyn	Williams	M	328	MOPEN	129	01:21:44	426	0:38:47	271	02:00:31	373	01:59:59	373	Eryri Harriers	
354	Dene	Marshallsay	M	329	M45+	51	01:19:08	397	0:41:37	330	02:00:45	374	02:00:16	374		
572	Daniel	Wood	M	330	MOPEN	130	01:18:40	389	0:42:14	338	02:00:54	375	02:00:31	376		
373	Kevin	Morris	M	331	M45+	52	01:16:34	369	0:44:22	382	02:00:56	376	02:00:30	375		
557	Dan	Williams	M	332	M40+	61	01:16:48	372	0:44:12	379	02:01:00	377	02:00:41	377	Cranleigh Tortoise & Hare	
306	Malcolm R	Jones	M	333	M55+	19	01:17:34	380	0:43:51	374	02:01:25	378	02:01:13	379	Eryri Harriers	
127	Debbie	Cooper	F	46	FOPEN	21	01:18:45	391	0:42:48	357	02:01:33	379	02:01:10	378	Lytham St Annes Road Runners C	
416	Matt	Podd	M	334	M50+	33	01:19:50	407	0:42:18	341	02:02:08	380	02:01:47	380	Otley AC	
124	Cherry	Collison	F	47	FOPEN	22	01:16:55	373	0:45:15	387	02:02:10	381	02:02:00	383	Bolton harriers	
83	Simon	Bower	M	335	MOPEN	131	01:14:24	343	0:47:47	405	02:02:11	382	02:01:57	381		
204	Martin	French	M	336	M50+	34	01:16:42	370	0:45:30	392	02:02:12	383	02:02:03	384		
429	Colin	Pugh	M	337	M40+	62	01:18:39	388	0:43:43	373	02:02:22	384	02:02:20	387		
220	Adam	Grew	M	338	MOPEN	132	01:16:33	368	0:45:53	394	02:02:26	385	02:02:09	385		
67	Michael	Barry	M	339	MOPEN	133	01:19:14	398	0:43:14	362	02:02:28	386	02:02:00	382	Stockport Harriers	
196	Shawn	Fleming	M	340	MOPEN	134	01:19:57	410	0:42:39	350	02:02:36	387	02:02:11	386	Lochaber Athletic Club	
504	Frank	Szablewski	M	341	M50+	35	01:19:21	399	0:43:23	364	02:02:44	388	02:02:34	390		
268	Ian	Hughes	M	342	M40+	63	01:19:56	409	0:42:52	358	02:02:48	389	02:02:30	388		
112	Jorge	Clavijo	M	343	M45+	53	01:19:49	405	0:43:05	360	02:02:54	390	02:02:33	389	Wolds Vet. RC	
145	Eric	Davies	M	344	M50+	36	01:18:04	385	0:45:18	388	02:03:22	391	02:02:55	391		
82	Philip	Bowen	M	345	M50+	37	01:19:23	400	0:44:05	377	02:03:28	392	02:03:22	392		
206	Stuart	Fry	M	346	M40+	64	01:21:48	427	0:42:21	343	02:04:09	393	02:03:55	394	Wigston Phoenix RC	
235	Steven	Harper	M	347	M50+	38	01:19:43	403	0:44:38	384	02:04:21	394	02:03:55	393		
178	Gavin	Ellis	M	348	MOPEN	135	01:11:54	309	0:52:34	440	02:04:28	395	02:04:09	395	Real Buzz RC	
80	Ian	Blakemore	M	349	M50+	39	01:17:37	382	0:46:53	400	02:04:30	396	02:04:19	396	Eryri Harriers	
431	Paul	Raymond	M	350	MOPEN	136	01:18:53	393	0:45:56	396	02:04:49	397	02:04:22	397	Bridgend AC	
89	Mark	Brennan	M	351	M50+	40	01:14:56	351	0:49:54	423	02:04:50	398	02:04:26	398	fra	
183	Andrew	Evans	M	352	MOPEN	137	01:20:49	419	0:44:27	383	02:05:16	399	02:04:52	399		
189	Kevin	Evans	M	353	M45+	54	01:20:51	420	0:44:45	385	02:05:36	400	02:05:24	401	Meirionydd	
240	Edward Joseph	Hawliczek	M	354	M55+	20	01:20:44	416	0:44:56	386	02:05:40	401	02:05:13	400	Eryri Harriers	
404	Alan	Parry	M	355	MOPEN	138	01:24:21	442	0:42:22	344	02:06:43	402	02:06:20	402	Eryri Harriers	
441	Mike	Ridout	M	356	M55+	21	01:17:15	377	0:50:09	427	02:07:24	403	02:06:57	403	Brackla Harriers	
513	James	Thomas	M	357	M45+	55	01:17:14	376	0:50:10	428	02:07:24	404	02:06:57	404	Brackla Harriers	
558	David	Williams	M	358	MOPEN	139	01:20:06	413	0:47:54	407	02:08:00	405	02:07:40	405		
55	Gillian	Armstrong	F	48	F40+	9	01:20:52	421	0:47:21	403	02:08:13	406	02:07:59	408	Congleton Harriers	
158	Peter	Doyle	M	359	M50+	41	01:18:51	392	0:49:22	417	02:08:13	407	02:07:57	407	Congleton Harriers	
103	Richard	Cartwright	M	360	MOPEN	140	01:20:00	411	0:48:15	412	02:08:15	408	02:07:48	406		
379	Russell	Murray	M	361	M45+	56	01:18:31	387	0:50:05	426	02:08:36	409	02:08:10	409	WFRA	
211	Fiona	Glen	F	49	FOPEN	23	01:22:29	431	0:46:11	398	02:08:40	410	02:08:14	410	Accrington RR	
479	Adel	Sheikh	M	362	MOPEN	141	01:19:40	402	0:49:07	416	02:08:47	411	02:08:29	411		
144	Elizabeth Ruth	Davies	F	50	FOPEN	24	01:18:56	394	0:50:01	424	02:08:57	412	02:08:38	412		
267	Gareth	Hughes	M	363	M40+	65	01:21:17	424	0:47:57	409	02:09:14	413	02:09:06	414	mawr	
317	Rhian	Jones	F	51	F40+	10	01:23:56	439	0:45:26	391	02:09:22	414	02:09:07	415	Eryri Harriers	
277	Dorien	James	M	364	M45+	57	01:20:02	412	0:49:22	418	02:09:24	415	02:08:57	413	smoc	
135	Terry	Craven	M	365	M55+	22	01:20:44	415	0:48:49	414	02:09:33	416	02:09:15	417	Corus Multisport	
387	Andrzej	Oborski	M	366	M45+	58	01:17:19	379	0:52:22	437	02:09:41	417	02:09:15	416		
51	Paula	Ace	F	52	F40+	11	01:22:22	430	0:48:13	411	02:10:35	418	02:10:10	419	W.F.R.A.	
410	Dylan	Pepper	M	367	MOPEN	142	01:23:16	436	0:47:20	402	02:10:36	419	02:10:05	418		
225	Meilyr	Gwilym	M	368	MOPEN	143	01:26:20	449	0:44:20	381	02:10:40	420	02:10:20	420	Ryghi Caernarfon	
205	Martin	Frew	M	369	M45+	59	01:24:03	440	0:46:56	401	02:10:59	421	02:10:33	421		
182	Cath	Elsworth	F	53	FOPEN	25	01:19:01	395	0:52:30	439	02:11:31	422	02:11:14	422	Yeovil Town RC	
481	Prue	Shelley	F	54	FOPEN	26	01:23:55	438	0:48:00	410	02:11:55	423	02:11:32	423	FRA	
533	Paul	Walsh	M	370	M60+	11	01:20:24	414	0:51:34	434	02:11:58	424	02:11:48	425	Bowland FR	
304	Hugh	Jones	M	371	M55+	23	01:22:12	429	0:49:52	422	02:12:04	425	02:11:34	424	W.F.R.A.	
555	Caren	Williams	F	55	FOPEN	27	01:22:43	433	0:49:31	419	02:12:14	426	02:11:59	428	Eryri Harriers	
195	Claudette	Fleming	F	56	FOPEN	28	01:22:42	432	0:49:32	420	02:12:14	427	02:11:59	427		
413	Stephen	Pilbeam	M	372	M50+	42	01:24:40	446	0:47:39	404	02:12:19	428	02:11:57	426	Eryri Harriers	
271	Brian	Humphreys	M	373	M50+	43	01:24:21	443	0:48:52	415	02:13:13	429	02:12:52	430	Celtic Royal	
315	Phil	Jones	M	374	M60+	12	01:24:38	444	0:48:36	413	02:13:14	430	02:12:49	429		
497	Simon	Stacey	M	375	MOPEN	144	01:16:09	364	0:57:27	453	02:13:36	431	02:13:12	432		

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Ascent	Position	Descent	Position	Gun Time	Position	Chip Time	Position	Club	Team
212	John	Goddard	M	376	M55+	24	01:22:06	428	0:51:33	433	02:13:39	432	02:13:12	431		
109	Dean	Clarke	M	377	M45+	60	01:19:55	408	0:53:55	446	02:13:50	433	02:13:25	433	cranleigh tortoise and hare ru	
436	Janet	Richards	F	57	F45+	4	01:21:06	422	0:52:47	442	02:13:53	434	02:13:37	434	Griffithstown Harriers	
378	Mike	Murray	M	378	M60+	13	01:23:26	437	0:50:53	429	02:14:19	435	02:13:50	435	F.R.A.	
401	Ian	Owens	M	379	M45+	61	01:24:39	445	0:50:03	425	02:14:42	436	02:14:14	436		
184	Bryan	Evans	M	380	M40+	66	01:20:44	417	0:54:38	449	02:15:22	437	02:15:07	437		
343	Christine	Lloyd	F	58	F50+	4	01:23:07	434	0:52:43	441	02:15:50	438	02:15:25	438	Halesowen A & CC	
414	Sophie	Place	F	59	FOPEN	29	01:21:07	423	0:54:45	450	02:15:52	439	02:15:29	439		
368	Hugh	Morgan	M	381	MOPEN	145	01:24:52	447	0:51:19	432	02:16:11	440	02:15:53	440		
552	Alice	Williams	F	60	FOPEN	30	01:28:26	455	0:47:54	408	02:16:20	441	02:15:57	441	Lochaber Athletic Club	
465	Dorothea	Russell	F	61	F45+	5	01:24:19	441	0:52:53	443	02:17:12	442	02:17:04	442	Poole Runners	
568	Paul	Williams	M	382	M60+	14	01:28:24	454	0:49:37	421	02:18:01	443	02:17:37	443	Lochaber Athletic Club	
98	Kevin	Byrne	M	383	M55+	25	01:19:08	396	0:59:41	456	02:18:49	444	02:18:21	444	headington road runners	
540	Phillip Frederick	Western	M	384	M60+	15	01:18:14	386	1:00:43	458	02:18:57	445	02:18:27	445	Havant AC	
152	Tom	Davies	M	385	M60+	16	01:23:11	435	0:55:47	451	02:18:58	446	02:18:30	446	Croft Ambery	
66	Colin	Barnett	M	386	M55+	26	01:27:19	452	0:52:27	438	02:19:46	447	02:19:16	447	Denbigh Harriers	
560	Dewi Rees	Williams	M	387	M40+	67	01:25:19	448	0:54:31	447	02:19:50	448	02:19:18	448		
237	Christopher	Harris	M	388	M50+	44	01:19:50	406	1:00:01	457	02:19:51	449	02:19:33	449	Dudley and stourbridge harries	
262	Nichola	Horsfall	F	62	F50+	5	01:35:53	464	0:44:08	378	02:20:01	450	02:19:40	450	Clayton Le Moors	
475	Gerard	Sellek	M	389	MOPEN	146	01:26:49	451	0:53:35	445	02:20:24	451	02:19:57	452		
91	Mike	Briggs	M	390	M60+	17	01:29:15	456	0:51:11	431	02:20:26	452	02:19:57	451	Wirksworth RC	
191	Rhodri John	Evans	M	391	M40+	68	01:28:01	453	0:53:09	444	02:21:10	453	02:20:39	453		
54	Susan	Allen	F	63	F50+	6	01:26:45	450	0:54:33	448	02:21:18	454	02:20:56	454	Clayton le moors Harriers	
359	Kenny	Mccormick	M	392	M55+	27	01:30:40	457	0:51:45	435	02:22:25	455	02:22:06	455	Claremont RR	
285	Ceri	Jones	F	64	FOPEN	31	01:34:19	463	0:51:02	430	02:25:21	456	02:24:49	456	Valley Striders	
305	Jan	Jones	F	65	F45+	6	01:34:10	462	0:51:50	436	02:26:00	457	02:25:38	457	Sarn Helen	
518	John	Thompson	M	393	M60+	18	01:31:06	458	0:58:04	455	02:29:10	458	02:29:04	458		
417	Phil	Pollard	M	394	M60+	19	01:32:19	459	0:57:12	452	02:29:31	459	02:29:09	459	Portsmouth Joggers	
279	Alex	Johnson	M	395	MOPEN	147	01:32:20	460	1:02:41	459	02:35:01	460	02:34:31	460		
293	Gareth	Jones	M	396	M55+	28	01:42:12	465	0:57:33	454	02:39:45	461	02:39:13	461		
435	Dylan	Jones	M	397	MOPEN	148	01:01:22	132	1:40:21	462	02:41:43	462	02:41:38	462		
192	Tracey	Evans	F	66	FOPEN	32	01:43:22	466	1:05:17	460	02:48:39	463	02:48:24	463		
181	Bruce	Elsworth	M	DNF	MOPEN	DNF	00:52:47	39	00:00:00	0	DNF	DNF	DNF	DNF	Wharfedale Harriers	
296	Gary	Jones	M	DNF	MOPEN	DNF	00:53:50	46	00:00:00	0	DNF	DNF	DNF	DNF	Northumberland Fell Runners	
121	Dylan	Cole-Jones	M	DNF	MOPEN	DNF	01:01:28	135	00:00:00	0	DNF	DNF	DNF	DNF	Skelmersdale Boundary Harriers	
150	Paul	Davies	M	DNF	MOPEN	DNF	01:14:38	346	00:00:00	0	DNF	DNF	DNF	DNF		
422	Alan	Price	M	DNF	M60+	DNF	01:32:31	461	00:00:00	0	DNF	DNF	DNF	DNF	Birchfield Harriers	
227	Christopher	Hack	M	DNF	M60+	DNF	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF	Portsmouth Joggers	
574	Daniela	Woodbridge	F	DNF	FOPEN	DNF	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF	Griffithstown Harriers	
76	Phil	Bignell	M	DNF	M55+	DNF	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF	Human Energy A C	
218	Brian	Graves	M	DNF	M60+	DNF	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF	Marshall Milton Keynes AC	
420	Ross	Powell	M	DNF	M50+	DNF	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF	Mercia	
565	Jason	Williams	M	DNF	MOPEN	DNF	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF	owls ac leicester	