

SCENIC 7 WINNERS 90-PRESENT			
YEAR	NAME	CLUB	TIME
1990	DEREK RAINBIRD	CLUB 69	39.42
1991	GRAHAM BURKE	NEWPORT HARRIERS	38.29
1992	STEVE RHIND	CARDIFF A.A.C.	37.21
1993	MARK COOPER	BLAENAVON JOGGERS	38.37
1994	DAVID BOX	CLEVEDON	38.53
1995	STEVE RHIND	BRIDGEND	38.34
1996	MARK HEALY	BRIDGEND	38.14
1997	RICHARD SZADE	CARDIFF A.A.C.	37.03
1998	MATTHEW COLLINS	M.D.C.	40.11
1999	MATTHEW COLLINS	M.D.C.	41.05
2000	MARCUS JENKINS	SWANSEA HARRIERS	38.42
2001	ANDREW HUNT	CARDIFF A.A.C.	38.13
2002	MARK JENNINGS	CARDIFF A.A.C.	37.51
2003	MARK JENNINGS	CARDIFF A.A.C.	36.20 C.R.
2004	RICHARD GARDENER	CARDIFF A.A.C.	37.41
2005	RICHARD GARDENER	CARDIFF A.A.C.	36.58
2006	RICHARD GARDENER	CARDIFF A.A.C.	37.08
2007	MARK JENNINGS	CARDIFF A.A.C.	38.04
2008	MARTIN ALVEREZ	PALONIA DEPORTE	41.56
2009	PHILLIP MATTHEWS	SWANSEA HARRIERS	39.11
2010	MATTHEW COLLINS	CARDIFF A.A.C.	38.47
2011	MARK JENNINGS	FAIRWATER	39.44
2012	DARYLL BARNBY	FAIRWATER	41.58
2013	MARK JENNINGS	FAIRWATER	39.43
	FEMALE WINNERS		
1990	ANNE ROBBINS	CLUB 69	52.52
1991	DIANE HAYNES	U/A	46.33
1992	JOANNA CLARKSON	LES CROUPIERS	47.41
1993	BARBARA BOYLAND	CARDIFF A.A.C.	46.31
1994	GAYNOR AMBLER	CARDIFF A.A.C.	49.36
1995	JULIE COOPER	BLAENAVON JOGGERS	48.33
1996	JACKIE HUYBS	BLAENAVON JOGGERS	49.37
1997	ALICE BEDWELL	M.D.C.	48.35
1998	JAYNE WAITE	BLAENAVON JOGGERS	53.43
1999	ANGELA JONES	GRIFFITHSTOWN HARRIERS	46.21
2000	SANDRA CHIPPER	LLISWERRY	43.51 C.R.
2001	ANGELA JONES	GRIFFITHSTOWN HARRIERS	47.57

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2002	ANGELA JONES	GRIFFITHSTOWN HARRIERS	47.12
2003	EMMA TURNER	U/A	50.21
2004	JUDITH LLEWELLYN	CHEPSTOW HARRIERS	50.19
2005	HELEN LODDER	ISLWYN R.C.	50.09
2006	SUE TAGG	CLUB 69	50.03
2007	ANGELA JONES	BRECON A.C.	45.22
2008	GEMMA JONES	LLISWERRY	49.09
2009	MARIANNE GITTOES	CHEPSTOW HARRIERS	48.15
2010	ANGELA JONES	BRECON A.C.	49.39
2011	CAROLYNE MORTON	CLUB BRYN BACH	49.37
2012	SALLY WILDER	SAN DOM	46.15
2013	NATASHA COCKERAM	CWMBRAN	44.41
TEAM			
	RHYMNEY VALLEY		
	PONTYPRIDD		
	PONTYPRIDD		
	NEWPORT HARRIERS		
	GRIFFITHSTOWN HARRIERS		
	RHONNDA VALLEY		
	ISLWYN R.C.		
	CLUB 69		
	GRIFFITHSTOWN HARRIERS		
	SAN DOMINICO		
	ISLWYN R.C.		
	SAN DOMINICO		
	ISLWYN R.C.		
	SAN DOMINICO		
	ISLWYN R.C.		
	CARDIFF A.A.C.		
	ISLWYN R.C.		
	ISLWYN R.C.		
	ISLWYN R.C.		
	LLISWERRY		
	GRIFFITHSTOWN HARRIERS		
	SAN DOMINICO		
	SAN DOMINICO		

ISLWYN R.C.		
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