

SIRHOWY CHALLENGE RESULTS 2014

POSITION	TIME	NAME	CLUB	CAT:	BIB NO:
1	1.04.00	MARTIN BARWOOD	CHICHESTER	SM	36
2	1.04.14	MATTHEW WELLS	BRIDGEND	SM	67
3	1.04.25	MATTHEW HURFORD	LES CROUPIERS	MV	82
4	1.06.14	ANDREW HODGSON	BRIDGEND	MV	69
5	1.07.16	DUKES	LES CROUPIERS	SM	103
6	1.07.54	PETER WOODWARD	FOREST OF DEAN	SM	148
7	1.08.01	BEN SEARS		SM	140
8	1.08.26	DANIEL BODMAN	ABERDARE	SM	156
9	1.08.36	SIMON LEWIS	ABERDARE	SM	72
10	1.09.03	MARC SMERDON		SM	74
11	1.09.13	ANDREW BAKER	PONTYPRIDD ROADENTS	MV	62
12	1.09.28	GAVIN GATES	BRIDGEND	SM	52
13	1.10.27	TIM TAYLOR	HEREFORD COURIERS	MSV	66
14	1.10.55	PETER CRANE	NEATH HARRIERS	MSV	71
15	1.11.05	JAMES BRUCE	LES CROUPIERS	MV	9
16	1.12.13	GERAINT LEWIS	PORTHCAWL RUNNERS	SM	65
17	1.12.14	IAN OGILVIE	BRACKLA HARRIERS	MV	121
18	1.12.47	DAREN SMITH	FOREST OF DEAN	MV	150
19	1.13.05	STEVE DAVIES	PONTYPOOL & DISTRICT RUNNERS	MSV	96
20	1.13.13	JAMES DOBBING	FOREST OF DEAN	SM	88
21	1.13.35	PHIL WILLIAMS	ISLWYN	SM	10
22	1.14.22	JOHN RUSSELL	FOREST OF DEAN	MV	146
23	1.14.43	MARK ENGLISH	LLISWERRY RUNNERS	MV	147
24	1.15.05	JULIAN WILLIAMS	PARC BRYN BACH	SM	110
25	1.15.19	DAMAN JUKES	PARC BRYN BACH	MV	41
26	1.16.00	JULIAN BOON	FOREST OF DEAN	MV	141
27	1.16.08	NIKI MORGAN	CHEPSTOW HARRIERS	FSV	84
28	1.16.24	GAVIN BRACE	LLISWERRY RUNNERS	SM	111
29	1.16.36	GAFIN GRIFFITHS	LES CROUPIERS	SM	99
30	1.16.52	RHYS PIPPARD	SERPENTINE	SM	22
31	1.16.54	CERI SHAVE		SM	113
32	1.16.56	PHIL BOORMAN	LLISWERRY RUNNERS	MV	127
33	1.17.28	RICCI WATTS	PONTYPOOL & DISTRICT RUNNERS	SM	115
34	1.17.38	BRYCE DAVIES		SM	60
35	1.17.43	DAVID CRANE	NEATH HARRIERS	MSV	70
36	1.17.44	STEVE LANE	ISLWYN	MV	61
37	1.17.51	DAN SANDFORD	FOREST OF DEAN	MV	87
38	1.17.55	MATT CREED	LLISWERRY RUNNERS	SM	123
39	1.18.21	NICOLA GETHIN	PARC BRYN BACH	FV	42
40	1.18.32	GAVIN ROBERSTON		SM	132
41	1.18.37	JOHN MORGAN	BRIDGEND	MSV	68
42	1.18.48	ALEX BROWN	WE RUN TINGS	SM	77
43	1.19.42	PETER OVEY	LLISWERRY RUNNERS	mV	46
44	1.20.01	LUCY BAKER	MDC	SF	152
45	1.20.08	HOWARD KENT	LES CROUPIERS	MSV	24
46	1.20.10	JUSTIN POCKNELL	CAERLEON	MV	135
47	1.20.27	OLIVER HARRIS	LLISWERRY RUNNERS	SM	28
48	1.20.34	NEIL BROOKE-SMITH	PONTYPRIDD ROADENTS	MV	80
49	1.20.35	ANDREW DICKENS	PONTYPOOL & DISTRICT RUNNERS	MV	126

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50	1.20.55	CLIVE OSMOND	LES CROUPIERS	MSV	49
51	1.21.03	PAUL CHICK	LLISWERRY RUNNERS	MV	6
52	1.21.08	SCOTT BERRY	FOREST OF DEAN	SM	133
53	1.21.14	JONATHON MOORE		MV	155
54	1.21.31	MARCUS MEYRICK	LES CROUPIERS	MV	13
55	1.21.42	SIMON HAZEL	LES CROUPIERS	MV	108
56	1.22.20	MIKE DAVIES	CAERLEON	MSV	106
57	1.22.35	PAUL DAY	LLISWERRY RUNNERS	MSV	92
58	1.22.56	RUSSELL DOBBS	ISLWYN	SM	56
59	1.23.30	MATTHEW LLOYD	FAIRWATER RUNNERS	SM	12
60	1.23.30	RICHARD LLOYD	FAIRWATER RUNNERS	SM	63
61	1.24.12	DAVID SMOUT	PARC BRYN BACH	MSV	137
62	1.24.16	HOWARD MASON	CAERLEON	MV	122
63	1.24.24	PHILIP HUGHES	SAN DOMENICO	SM	131
64	1.24.29	CATHY TURNER	LLISWERRY RUNNERS	FSV	130
65	1.24.30	AILEEN LYONS	LES CROUPIERS	SF	112
66	1.24.43	NEALE WOOD	LLISWERRY RUNNERS	MSV	160
67	1.24.53	LOU SUMMERS	PONTYPOOL & DISTRICT RUNNERS	FSV	125
68	1.25.04	MICHAEL THOMAS		MSV	51
69	1.26.16	PAUL DURSLEY	LLISWERRY RUNNERS	MSV	34
70	1.26.24	MICHAEL DAVIES	LES CROUPIERS	MSV	76
71	1.26.48	ANTONY PHILLIPS	BRIDGEND	MV	64
72	1.26.50	CHRIS O'BRIEN		MV	3
73	1.26.52	ANDY DAVIES	PONTYPRIDD ROADENTS	MSV	104
74	1.26.56	PAUL HARMES	LLISWERRY RUNNERS	MV	57
75	1.26.59	DAFFYDD WEETMAN	ISLWYN	SM	55
76	1.27.29	MARINA WRIGHT		FV	143
77	1.27.53	TRACIE WILLIAMS	LLISWERRY RUNNERS	FV	30
78	1.27.55	BETH LEWIS	LES CROUPIERS	FV	40
79	1.28.13	ROSEMARY MOREHOUSE-GANN	MDC	SF	144
80	1.28.15	CHRIS JONES	LLISWERRY RUNNERS	MSV	159
81	1.28.21	NICHOLAS HARRIS	CWM OGWR RC	SM	47
82	1.28.36	SANDRA CHIPPER	LLISWERRY RUNNERS	FV	153
83	1.29.10	CHRIS MATTHEWS	LLISWERRY RUNNERS	MSV	11
84	1.29.16	GARY BOWEN-THOMSON	Outdoor fitness	MV	23
85	1.29.21	JULIE SCHOLEY	LES CROUPIERS	FSV	105
86	1.29.32	BOB WATSON	FERC	MV	124
87	1.29.51	PETA DANIELS	LLISWERRY RUNNERS	fsv	37
88	1.30.03	RAVEN TIMMS	LLISWERRY RUNNERS	FV	25
89	1.31.02	CLAIRE BIDDICOMBE	LLISWERRY RUNNERS	FV	129
90	1.31.24	CHRIS MOORE	FOREST OF DEAN	MSV	90
91	1.31.46	LIZ RICHARDS	CAERLEON	FSV	136
92	1.31.51	CAMERON CUMMING	PONTYPRIDD ROADENTS	MV	86
93	1.32.17	SCOTT HAYDEN	LLISWERRY RUNNERS	SM	8
94	1.32.18	ADRIAN HAYWARD	LLISWERRY RUNNERS	MV	89
95	1.32.24	TIM REESE	LLISWERRY RUNNERS	MSV	91
96	1.32.34	GWEN RICHARDS	PONTYPRIDD ROADENTS	SF	73
97	1.32.37	GARETH JONES	MDC	MSV	149
98	1.33.17	LOUISE BRIGHT	PONTYPOOL & DISTRICT RUNNERS	FV	114

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99	1.33.32	RICHARD BOARDMAN		SM	17
100	1.33.47	MICHAEL AFFLECK	SWINDON	MSv	33
101	1.33.48	SHARON NEWELL	PONTYPOOL & DISTRICT RUNNERS	FV	59
102	1.34.22	JULIE DAVIES	PONTYPOOL & DISTRICT RUNNERS	FV	139
103	1.34.45	JONATHON RIFFLART		SM	118
104	1.35.28	SUE TAGG	PARC BRYN BACH	FSV	138
105	1.35.36	DAVID E WILLIAMS	LES CROUPIERS	MSV	44
106	1.35.43	KATHERINE HUNTER		SF	145
107	1.36.11	RAY ELLINGHAM	LLISWERRY RUNNERS	MSV	128
108	1.36.16	KEVIN RUSSEL	LLISWERRY RUNNERS	MSV	161
109	1.36.33	KELLY COLLINS	PARC BRYN BACH	SF	48
110	1.37.44	MATT KEMPSON		SM	27
111	1.38.00	CERI FRAYNE		SF	117
112	1.38.34	COLIN PROSSER	CHEPSTOW HARRIERS	MSV	39
113	1.39.00	RUTH OVEY	LLISWERRY RUNNERS	FV	45
114	1.39.00	ANDREW JOHNSON	LLISWERRY RUNNERS	MSV	20
115	1.40.00	EMMA MORGAN	PONTYPOOL & DISTRICT RUNNERS	FV	95
116	1.40.17	ANDREW COCKERAM	LLISWERRY RUNNERS	MV	93
117	1.40.31	HANNAH WATSON		SF	97
118	1.41.08	CATH BRADLEY	WHITE ROCK RUNNERS	SF	119
119	1.41.30	HOWARD ATTWOOD	LLISWERRY RUNNERS	MSV	79
120	1.41.43	CERIANNE JENKINS	LLISWERRY RUNNERS	FV	4
121	1.42.15	STEFANIE FRANCIS	FOREST OF DEAN	FSV	102
122	1.42.20	MICHAEL MARKS	FOREST OF DEAN	MV	142
123	1.43.30	DAVID PROFFITT	NEWPORT HARRIERS	MSV	83
124	1.44.02	GRAEME DONNAN	LES CROUPIERS	MSV	75
125	1.44.10	CHRIS BOARDMAN		SM	18
126	1.44.24	NICK JACKSON	LLISWERRY RUNNERS	MV	5
127	1.44.33	STEPHEN QUIN	LES CROUPIERS	MV	154
128	1.45.00	CHRIS COULS	LLISWERRY RUNNERS	MV	43
129	1.45.32	CHRIS HAWKINS	FOREST OF DEAN	MSV	98
130	1.45.40	LISA BATEMAN	LLISWERRY RUNNERS	FSV	1
131	1.46.01	KIM JOHN-MICHAEL		FV	53
132	1.46.05	STEVE WILLIAMS	LLISWERRY RUNNERS	MSV	81
133	1.46.15	MATTHEW REES	LLISWERRY RUNNERS	SM	58
134	1.46.40	NICOLA GREY	LLISWERRY RUNNERS	FSV	29
135	1.46.51	MIKE MELHUIH	FOREST OF DEAN	MV	158
136	1.47.00	RICH BARNES	GWR RUNNERS	MSV	109
137	1.47.34	ANDREW RALPH	LLISWERRY RUNNERS	MSV	26
138	1.48.12	CHRIS WATKINS		SM	157
139	1.51.04	TERRY LEWIS	ISLWYN	MSV	54
140	1.51.04	AIDEN DAVIES	ISLWYN	SM	16
141	1.51.54	CATH BUFTON	DDMT	SF	151
142	1.52.12	ALYSSA DOYLE		SF	120
143	1.52.33	KERI HAMER	PONTYPOOL & DISTRICT RUNNERS	FV	85
144	1.52.43	VANESSA PEGLER	FOREST OF DEAN	FV	100
145	1.52.59	AMANDA THOMPSON	LES CROUPIERS	FSV	2
146	1.55.45	MIKE KING	NAILSEA RC	MSV	101
147	1.56.45	JO BABING	FOREST OF DEAN	SF	134

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148	1.58.42	GILL MURPHY	LES CROUPIERS	FSV	107
149	2.00.02	YVONNE FORSEY	LLISWERRY RUNNERS	FSV	78
150	2.01.44	GWYN HOWELLS	CAERLEON	FSV	116
151	2.01.47	LYNDA DURSLEY	LLISWERRY RUNNERS	FSV	35
152	2.01.53	ANGELA PARFITT	LLISWERRY RUNNERS	FSV	31
153	2.03.53	KAY MORGAN	PONTYPOOL & DISTRICT RUNNERS	FV	94
154	DNF	SINEAD THOMSON	LLISWERRY RUNNERS	SF	15